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# Residential Services

## STARK COUNTY

Auditor/Treasurer .....	(701) 456-7630
County Recorder .....	(701) 456-7645
<b>Emergency .....</b>	<b>911</b>
Emergency Services .....	(701) 456-7605
Human Resources .....	(701) 456-7653
ND Game & Fish Department .....	(701) 328-6300
NDSU Extension Service .....	(701) 456-7665
ND Tourism Department .....	(701) 328-2525
ND Parks & Recreation .....	(701) 328-5357
Road Department .....	(701) 456-7662
Rural Fire Department .....	(701) 456-7877
Sheriff .....	(701) 456-7610
Social Services .....	(701) 456-7675
Southwest District Health .....	(701) 483-0171
State's Attorney .....	(701) 456-7647
State Highway Patrol .....	(701) 662-2527
Tax Equalization & Zoning .....	(701) 456-7671
Veterans Services .....	(701) 456-7654
Weed Control .....	(701) 456-7665

## CITY OF BELFIELD

City Hall .....	(701) 575-4235
Fire Department .....	(701) 575-4235
Police Department .....	(701) 575-4485

## CITY OF DICKINSON

City Hall .....	(701) 456-7744
Fire Department .....	(701) 456-7625
Police Department .....	(701) 456-7759

## CITY OF RICHARDTON

City Hall .....	(701) 974-3399
Fire Department .....	(701) 974-2436
Police Department .....	(701) 974-3700

## CITY OF SOUTH HEART

City Hall .....	(701) 677-5550
Fire Department .....	(701) 677-5571
Police Department .....	(701) 677-5398

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# Annual Events

## JANUARY

North Dakota Coyote Classic | Dickinson

## FEBRUARY

API Gumbo Cook-Off | Dickinson

Ronald McDonald Cabin Fever Benefit | Dickinson

## MARCH

Spring Arts & Crafts Show | Dickinson

## APRIL

Home Show | Dickinson

## MAY

Classroom in the Badlands | Medora

Cowboy Poetry Gathering | Medora

Ribs & Bluegrass | Medora

## JUNE

Roughrider Days Fair & Expo | Dickinson

Antique Classic Car Show | Medora

Bully Run & Expedition | Medora

Burning Hills Worship Service | Medora

Flag Day & All Horse Parade | Medora

ND Wild West Barrel Racing | Medora

Pitchfork Steak Fondue | Medora

Theodore Roosevelt National Park Bird Walk | Medora

## JULY

Bakken Cook Fest | Belfield

Prairie Cruisers Rod Run | Dickinson

Roughriders Days Fair & Expo | Dickinson

Ukrainian Festival | Dickinson

Wendy's Big Classic Auto Show | Dickinson

National Day of the Cowboy | Medora

Taylor Horse Fest | Taylor

## AUGUST

Northern Plains Heritage Festival | Dickinson

Teddy Roosevelt Roughrider Classic | Dickinson

Badlands Trail Run | Medora

Day of the People | Medora

Founder's Day Celebration | Medora

Medora Fossil Dig | Medora

Medora to Deadwood Iron Horse Rally | Medora

Community Celebration | Medora

Sperry Horse Sale | Medora

## SEPTEMBER

Pride of Dakota Show | Dickinson

West River Rabbit Show | Dickinson

Badlands Appreciation Weekend | Medora

ND Cutting Horse Invitational | Medora

Wade Westin Music Fest | Medora

## OCTOBER

West River Livestock Show | Dickinson

Sports Persons Department Stag | Dickinson

Hawks Point Vendor Show | Dickinson

Treat Street | Dickinson

Malloween | Dickinson

Craft Show in the Badlands | Medora

Halloween Party for Kids | Medora

## NOVEMBER

Badlands Holiday Art Show | Dickinson

Holiday Gift & Craft Show Extravaganza | Dickinson

Wildlife Feed | Medora

## DECEMBER

AAUW Home Tour | Dickinson

Christmas Parade of Lights | Dickinson

Christmas in Prairie Outpost Village | Dickinson

Holiday Around the Town & Craft Show | Dickinson

Old Fashioned Cowboy Christmas | Medora



## ***Stark County History*** (Dickinson, County Seat)

Stark County was established in 1879 from segments of Williams and Howard Counties. It was organized in 1883 and named in honor of railroad Vice President, George Stark. Communities were founded near railway junctions and Dickinson was selected as the county seat. By 1890 its population reached 2,304 and the area continued to grow. Early industry was led by stock raising and agriculture with residents raising wheat, barley, oats, flax, corn and an assortment of crops. Clay deposits allowed for brick manufacturing and large amounts of lignite coal were shipped to nearby markets. Land annexations changed the boundaries of Stark County in 1908 as nearby Dunn County was organized. In 1910 the population of Stark County swelled to 12,504 and the area continued to prosper. The area now houses several buildings on the National Register of Historic Places including the Dickinson Public Library, the Stark County Courthouse, the Gerhardt Octagonal Pig House and several others. Today Stark County is home to approximately 24,199 residents.

### **CITIES:**

**BELFIELD** - pop. 800

**DICKINSON (COUNTY SEAT)** - pop. 17,787

**GLADSTONE** - pop. 239

**RICHARDTON** - pop. 529

**SOUTH HEART** - pop. 301

**TAYLOR** - pop. 148

*\*Populations are approximate.*

# ***Stark County Communities***

## **BELFIELD**

Belfield was established in 1883, northwest of Camp Houston, an old military post. There are several theories as to how it was named - some say it was named after a railroad official's daughter, others believe its name was French for beautiful fields and some speculate that it was named after bluebells found throughout the area. A post office was later established with Hugh McBirney serving as its first postmaster. The area grew slowly until 1897 when an influx of Ukrainian immigrants settled in the community. Today Belfield is home to approximately 800 residents.

## **DICKINSON (COUNTY SEAT)**

Dickinson was originally known as Pleasant Valley Siding when it was established in 1880. In 1881 the community was renamed in honor of Wells S. Dickinson who worked as a land agent and visited the area as it was founded. A post office was established with F.H. Longley serving as its first postmaster and in 1883 Dickinson was selected as the county seat. In 1899 Dickinson was incorporated as a village and as a city in 1900. Early businesses included flour mills, warehouses, hotels, factories and Dickinson quickly became a center for industry, education, trade and commerce. Today Dickinson is home to approximately 17,787 residents.

## **GLADSTONE**

Gladstone was established in 1882 and streets were platted the following year. The community was named in honor of British Prime Minister, William E. Gladstone. Oliver C. Bissell served as the area's first postmaster and in 1883 Gladstone battled Dickinson for the county seat, but was unsuccessful. By 1890 its population had reached 400 and in 1939 Gladstone was incorporated as a village. Today Gladstone is home to approximately 239 residents.



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# Stark County Communities

## RICHARDTON

In 1881 Richardton was settled and first known as Spring Valley. The community was renamed by Oscar L. Richard in honor of his family member C.B. Richard, who promoted settlement in the area. By 1883 a post office was established with Adolph Nordberg serving as its first postmaster. In 1906 Richardton was incorporated as a village and the community has continued to thrive. It is recognized as the home to Assumption Abbey, a Benedictine Monastery still active today. Today Richardton is home to approximately 529 residents.

## SOUTH HEART

South Heart was established one mile east of its current location in 1881 and named for the South Fork of the Heart River. In 1883 a post office was constructed with Bernard O. Finger serving as postmaster. The community began to grow and in 1908 streets were re-platted in its present location. Today South Heart is home to approximately 301 residents.

## TAYLOR

Taylor, first known as Antelope, was founded in 1881 and renamed the following year in honor of David R. Taylor, a railroad official. A post office was established with John M. Tracey serving as its first postmaster and the area began to grow. In 1912 Taylor was incorporated and by 1920 its population had soared to 285. The community is now recognized for its annual Horse Fest celebrated each July which draws visitors from around the state. Today Taylor is home to approximately 148 residents.

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# Parks & Recreation

## LITTLE MISSOURI NATIONAL GRASSLANDS

Medora | (701) 250-1494 | 503,000 Acres

Located in western North Dakota, the Little Missouri National Grasslands features campgrounds, a canoe launch, fishing access, picnic areas, access to the Maa Daa Hey Recreational Trail, wildlife viewing opportunities, public hunting areas and a variety of native plants. A daily \$6 fee for developed campsites is required. No fee is required for primitive campsites. Open year-round.

## LITTLE MISSOURI STATE PARK

Killdeer | (701) 794-3731 | 5,749 Acres

Located north of Killdeer, the Little Missouri State Park features campgrounds with a dump station, picnic areas, recreational trails, horse corrals and a concession service. A \$5 daily vehicle pass is required. A daily \$10 campsite fee for primitive campsites and a daily \$12 fee for campsites with electricity is required. Open year-round.

## PATTERSON LAKE RECREATION AREA

Dickinson | (701) 456-2056 | 1,438 Acres

Located south of Dickinson, the Patterson Lake Recreation area features campgrounds, a boat launch, fishing access, picnic areas and recreational trails. A \$3 daily vehicle pass is required. A daily \$12 fee for primitive campsites and a daily \$20 fee for sites with electricity is required. Open seasonally.

## SCHNELL RECREATION AREA

Richardton | (701) 227-7700 | 2,000 Acres

Located on the former Schnell cattle ranch, the Schnell Recreation Area was established in 1993 as a conservation area and features campground, picnic areas, recreational trails, wildlife viewing opportunities and a variety of native plants. A \$5 daily campsite fee is required. Open year-round.

## SULLY CREEK STATE PARK

Medora | (701) 623-2024 | 80 Acres

Located near the badlands, Sully Creek State Park features a campground with dump station, picnic areas, access to the Maa Daa Hey Recreational Trail, horse corrals and canoe access to the Little Missouri River. Open seasonally.

## THEODORE ROOSEVELT NATIONAL PARK

Medora | (701) 623-4466 | 70,446 acres

Located in western North Dakota, Theodore Roosevelt National Park features campgrounds, a canoe launch, fishing access, picnic areas, recreational trails, wildlife viewing, horse corrals and a concession service. A \$10 weekly vehicle fee is required. A \$5 weekly fee is required for individuals on foot. Additional campsite fees are required.

*\*For more information on parks and recreation throughout Stark County, call: (701) 328-5357.*

# Local Area Attractions

## ART DEPOT

3519 94th Ave. SW | Taylor | (701) 290-3275

## ASSUMPTION ABBEY

418 3rd Ave. W | Richardton | (701) 974-3315

## BADLANDS ACTIVITIES CENTER

398 State Ave. | Dickinson | (701) 483-1918

## BELFIELD THEATRE

113 1st Ave. NW | Belfield | (701) 575-8140

## CARMIKE 3

1681 3rd Ave. W | Dickinson | (701) 225-6801

## CIRCLE C GALLERY

345 3rd St. | Medora | (701) 623-4381

## CHATEAU DEMORES HISTORIC SITE

3426 Cheateau Rd. | Medora | (701) 623-4355

## CLASSIC LANES

1571 W Villard St. | Dickinson | (701) 225-5189

## COWBOY HALL OF FAME

250 Main St. | Medora | (701) 623-2000

## DAKOTA DINOSAUR MUSEUM

200 E Museum Dr. | Dickinson | (701) 225-3466

## DICKINSON MUSEUM CENTER

188 Museum Dr. E | Dickinson | (701) 456-6225

## DICKINSON RECREATION CENTER

1865 Empire Rd. | Dickinson | (701) 456-2074

## DICKINSON STATE UNIVERSITY ART GALLERY

P.O. Box 28 | Dickinson | (701) 483-2312

## FIELD OF SWINGS

2004 Fairway St. | Dickinson | (701) 483-2255

## HEART RIVER GOLF COURSE

2508 8th St. SW | Dickinson | (701) 456-2050

## INITIAL ROCK INTERPRETIVE SITE OF BELFIELD

99 23rd Ave. W | Dickinson | (701) 227-7800

## MEDORA COMMUNITY CENTER

465 Pacific Ave. | Medora | (701) 623-4834

## MEDORA DOLLHOUSE MUSEUM

485 Broadway St. | Medora | (701) 623-4444

## PARAGON BOWL

1125 W Villard St. | Dickinson | (701) 225-2345

## PATTERSON LAKE RECREATION AREA

2004 Fairway St. | Dickinson | (701) 456-2074

## PHEASANT COUNTRY GOLF COURSE

102 Pheasant Dr. | South Heart | (701) 677-4653

## PUTT 'N STUFF MINIATURE GOLF

930 Sims St. | Dickinson | (701) 290-2388

## SCHNELL RECREATION AREA

8590 36th St. SW | Richardton | (701) 227-7700

## SOUTHWEST SPEEDWAY

P.O. Box 264 | Dickinson | (701) 290-1566

## THEODORE ROOSEVELT CENTER

291 Campus Dr. | Dickinson | (701) 483-2814

## THEODORE ROOSEVELT NATIONAL PARK

315 2nd Ave. | Medora | (701) 623-4466

## UKRAINIAN CULTURAL INSTITUTE

1221 W Villard St. | Dickinson | (701) 483-1486

## WEST RIVER COMMUNITY CENTER

2004 Fairway St. | Dickinson | (701) 456-2070

# Hunting & Fishing License Vendors

*You can purchase hunting and fishing licenses, cross-country ski passes and snowmobile trail stickers through the Electronic License System.*

*Online: [www.gf.nd.gov](http://www.gf.nd.gov), By Phone: (701) 328-6335 or visit one of the ELS agents available throughout Stark County:*

## **BELFIELD**

### **SUPERPUMPER, INC.**

804 Hwy. 85 | Belfield | (701) 575-4216

## **DICKINSON**

### **ANDRUS OUTDOORS**

4434 3rd Ave. W | Dickinson | (701) 483-3474

## **COUNTY AUDITOR**

P.O. Box 130 | Dickinson | (701) 456-7630

## **FRANKIE'S WEST SIDE**

1554 W Villard St. | Dickinson | (701) 483-3922

## **HOLIDAY STATION STORE**

231 W 12th St. | Dickinson | (701) 225-6617

## **K-MART**

1761 3rd Ave. W | Dickinson | (701) 227-0810

## **DICKINSON, CONTD.**

### **MONDAK SPORTS CENTER**

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## **PIT STOP**

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## **ROSIE'S FOOD & GAS**

204 S Main St. | Dickinson | (701) 483-7860

## **RUNNINGS SUPPLY, INC.**

2003 3rd Ave. W | Dickinson | (701) 575-4216

## **WALMART**

2456 3rd Ave. W | Dickinson | (701) 225-8504

## **RICHARDTON**

### **CENEX C-STORE**

P.O. Box 339 | Richardton | (701) 974-3378

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# North Dakota Hunting Seasons

For general information on firearm safety training call 1 (888) 646-6367 or (701) 328-6615. Contact the North Dakota Game and Fish Department for specific zone areas. Online: [www.gf.nd.gov](http://www.gf.nd.gov), By Phone: (701) 328-6300.

## BIG GAME

### BIGHORN SHEEP

(Archery) 10/19/12 - 11/08/12  
10/26/12 - 11/08/12

### DEER\*

(Archery) 08/31/12 - 01/06/13  
(Firearm) 11/09/12 - 11/25/12  
(Muzzleloader) 11/30/12 - 12/16/12  
(Youth) 09/14/12 - 09/23/12  
(Youth Antlerless) Opens 09/14/12

### ELK\*

(Archery) 09/07/12 - 09/30/12  
10/05/12 - 10/31/12; 11/23/12 - 12/09/12;  
10/05/12 - 12/31/12; 09/07/12 - 12/31/12;

### PRONGHORN\*

Closed

### MOOSE\*

(Archery) 09/07/12 - 09/30/12  
10/05/12 - 10/28/12; 11/10/12 - 12/09/12

### SKUNK, RABBIT, GOPHER & PORCUPINE

## FURBEARER

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### MOUNTAIN LION\*

(Firearms & Archery) Opens 08/31/12  
(With Dogs) TBA

## UPLAND GAME

### CROW\*

03/12/12 - 04/24/12; Opens 08/11/12

### DUCKS, EARLY CANADA GOOSE, SNIPE & WOODCOCK\*

TBA

### DOVE\*

Opens 09/01/12

### PHEASANT\*

Opens 10/13/12

### SHARPTAIL, HUN, RUFFED GROUSE & TREE SQUIRREL\*

Opens 09/08/12

### SANDHILL CRANE\*

Opens 09/15/12

### SNIPE\*

TBA

### YOUTH PHEASANT\*

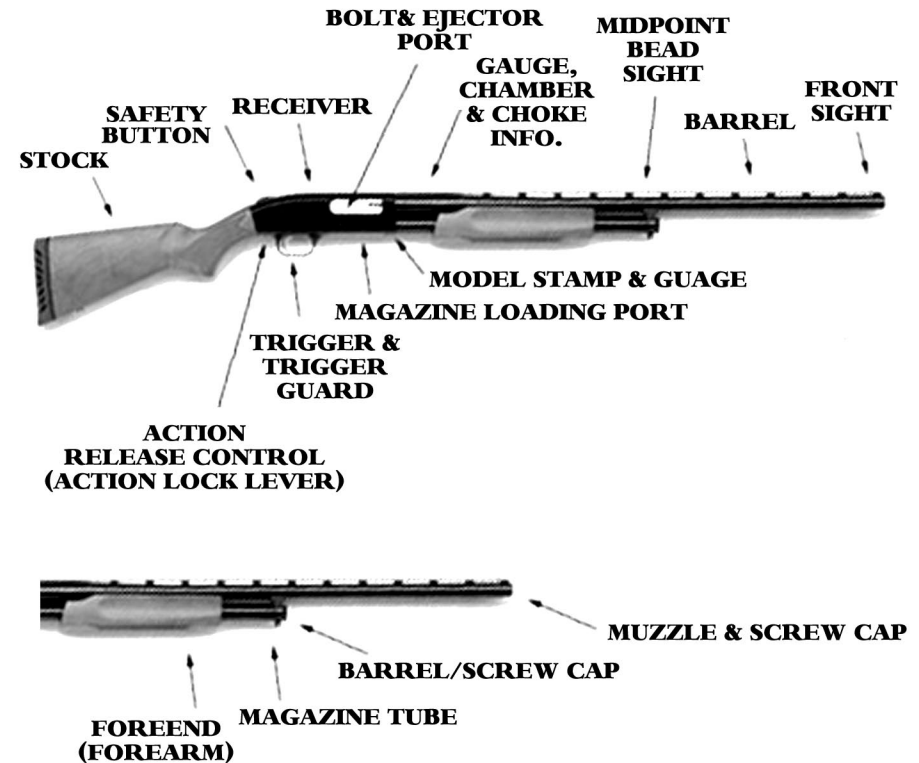
Opens 10/06/12

### TURKEY\*

Opens 10/13/12

\*Contact the ND GFD for specific zone and season information by calling: 1 (888) 646-6367.

# Hunting Safety



***All hunters should consider taking an advanced hunter education class to learn the latest hunting techniques along with tips on coming home alive.***

***Here are five suggestions for a safe and successful hunting experience:***

1. Get a detailed map of the area you are hunting, review it before you leave, and carry it with you in the field.
2. Carry a compass and know how to use it. Decide ahead of time the direction to head for if you get lost or disoriented.
3. Weather can change quickly in North Dakota, so hunters should carry a simple survival kit and be prepared for an unexpected overnight stay in the field. The survival kit should contain a rope, a knife, water, waterproof matches, an emergency shelter, and first aid supplies.
4. If you are on the water, make sure to wear a personal flotation device (life preserver).
5. Know your hunting partners' physical and emotional limitations, as well as your own, and don't push your partners or yourself beyond those limits.



# Boating Safety

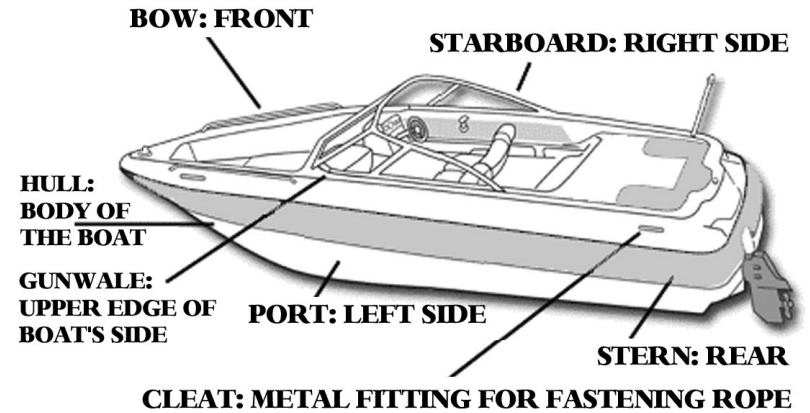
## Operating Watercraft

**Follow these guidelines to help prevent and prepare for capsizing, swamping, or someone falling overboard.**

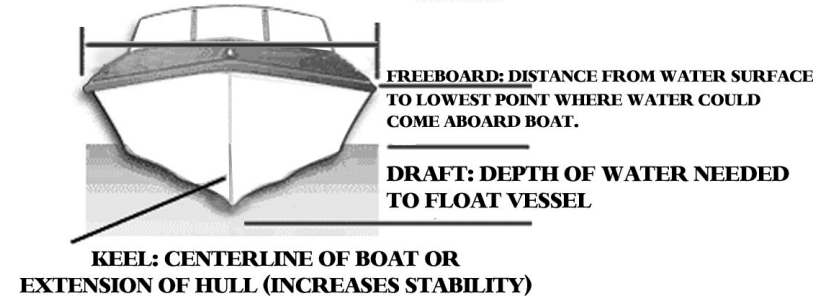
- Make sure that you and your passengers are wearing life jackets while the boat is moving.
- Attach the ignition safety lanyard to your wrist, clothes, or life jacket.
- Don't allow anyone to sit on the gunwale, bow, seat backs, motor cover, or areas not designed for seating. Also, don't let anyone sit on pedestal seats when craft is not in idle.
- Don't overload your boat. Balance the load of passengers and gear stored on-board.
- Keep your center of gravity low by not allowing people to stand up or move around while craft is in motion.
- In small boats, don't allow anyone to lean beyond the gunwale.
- Turn boat at slow rates of speed.
- Secure the anchor line to the bow, never to the stern.
- Don't risk operating water craft in rough conditions or bad weather.

# Boating Safety

## Know Your Craft



**BEAM: MAXIMUM WIDTH OF BOAT**



## Who May Operate a Motorboat (Other Than a Personal Watercraft)

### For engines 25 horsepower or less:

Those under age 12 may operate without restrictions.

### For engines over 25 horsepower through 75 horsepower:

Those under age 12 must have someone 21 years of age or older on board within reach of the controls.

### For engines over 75 horsepower:

No children under age 12 may operate, even with an adult on board.

### Other restrictions apply to boat operators 12 to 17 years old:

Operators from 12 to 17 years of age may operate engines of 25 horsepower or lower with no restrictions.

### For engines over 25 horsepower:

Operators 12 to 17 years of age must have:

A watercraft operator's permit, or someone age 21 years or older on board within reach of the controls.



# Boating Safety

## Flotation Devices



### **Offshore Life Jackets - Type 1:**

For rough or remote waters where rescue may take awhile. Provide the most buoyancy, excellent for flotation, turns most unconscious persons face up in the water.



### **Near-Shore Vests - Type 2:**

Good for calm waters when quick assistance or rescue is likely. Turns some unconscious wearers face up in the water, but not as efficiently as offshore life jackets.



### **Flotation Aids - Type 3:**

Vests or full-sleeved jackets good for calm waters when quick assistance is likely. Not for rough waters. They will not turn most unconscious persons face up. Used for sports, such as water-skiing. Some inflate in water.



### **Unwearable / Throwable Devices - Type 4:**

Cushions and ring buoys designed to be thrown to someone in trouble. Type 4 is not designed to be worn. Not for rough waters - not for anyone unable to hold on to it.



### **Special Use - Type 5:**

Vests, hybrids/others designed for specific activities, for example windsurfing, kayaking, water-skiing. Some Type 5 devices inflate when entering the water. To be acceptable, Type 5 must be used in compliance with their label instructions.

**All watercraft must have at least one** Coast Guard Approved Type 1, 2, 3 or 5 flotation device that is the proper size for each person on board or being towed.

**All devices must** be in good condition and easily accessible.

**Children under age 10 must wear a device** when on board a boat that is underway unless: in an enclosed cabin or below deck or on an anchored boat that is being used for swimming or diving or passenger craft with a licensed captain.

**Along with the above** at least one approved Type 4 must be on board boats 16 ft. or longer (except canoes and kayaks) and immediately available.

**A Coast Guard approved Type 5 device may be substituted** for any other Coast Guard approved device if it meets the same requirements and is noted on the label.

**Anyone riding a jet ski or other Personal Water Craft** must wear an approved -non inflating flotation device, as well as anyone being towed by a water craft.

# Bicycle Safety

Always wear a properly fitting bike helmet as most serious injuries are to the head.

Be sure your handlebars, seat and wheels fit snugly.

Keep your bike in good shape by checking and oiling your chain, making sure your brakes work properly and maintaining your tire pressure.

Always ride with both hands on the handlebars except when doing turn signals.

When leaving a driveway, curb or alleyway always stop and check for traffic in both directions.

Cross only at intersections.

Use the crosswalk to walk your bike across busy intersections and follow the traffic signals.

Never ride against traffic. Travel in the same direction as the cars.

Whenever you can, use bike routes and avoid busy streets.

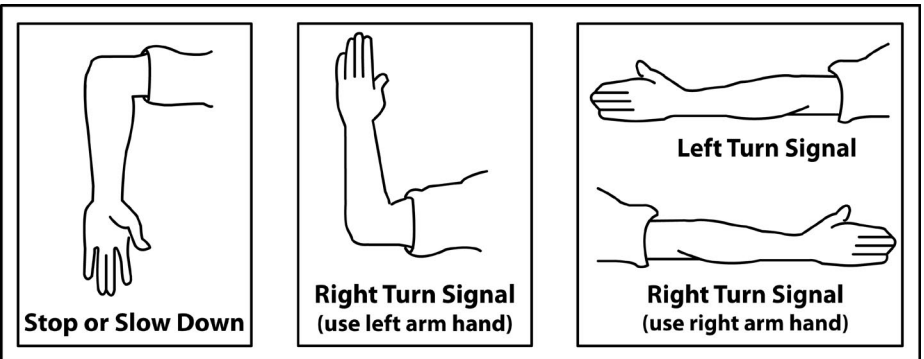
Don't ride near parked cars as doors can open and cause accidents.

Obey all traffic signs and traffic lights.

When biking with friends, ride in a single file.

Always pass other bikers or pedestrians on the left and say "On your left!" to make your presence known.

Always use bicycle hand signals to alert traffic of your changing direction.



# ATV Safety

- Read the owner's manual and know your vehicle thoroughly.
- Check your vehicle before you ride.
- Wear protective equipment and clothing.
- Don't lend your vehicle to unskilled riders.
- Supervise young or inexperienced riders.
- Never carry a passenger on vehicles meant for one rider.
- Do not operate under the influence of drugs or alcohol.
- Drive at speeds that are appropriate to trail conditions.
- Stay to the right on trails.
- Stay away from thin ice, open water and wetlands
- Know the weather forecast.
- Make sure headlights and taillights work properly.
- Maintain safe distances between other riders.
- Reduce your speed when riding at night.
- Yield to other motor vehicles and trail users.
- Young or beginning riders are encouraged to take a safety training course.



# Snowmobile Safety

Do not consume alcohol or take drugs prior to or during your snowmobile trip. Doing so increases your chances of injury or death.

Slow down and don't cut to the inside of the trail corners. It's dangerous and illegal.

If you snowmobile at night, don't override your lights.

Always use the buddy system. Never ride off alone.

Drowning is one of the causes of many snowmobile fatalities. Whenever possible, avoid the ice.

Wear sensible, protective clothing designed for operating a snowmobile.

Use a full size helmet, goggles, or visor to prevent injuries from twigs, stones, ice chips and other debris.

Avoid wearing long scarves. They may get caught in moving parts of the snowmobile.

Know the terrain you are going to ride. If unfamiliar to you, ask someone who has traveled over it before.

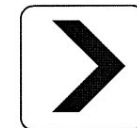
Know the weather forecast, especially the ice and snow conditions.

Be sure your snowmobile is in top-notch mechanical condition throughout the months of use.

Familiarize yourself with the snowmobile you are driving. Thoroughly read the manual that accompanies the snowmobile.

Do not pursue domestic or wild animals. That is not the conduct of a sportsman. Report such violations to the nearest law enforcement officer.

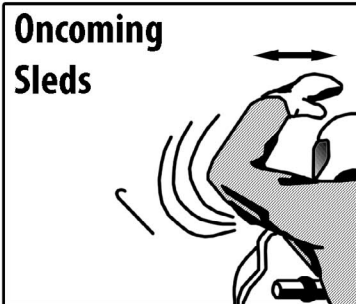
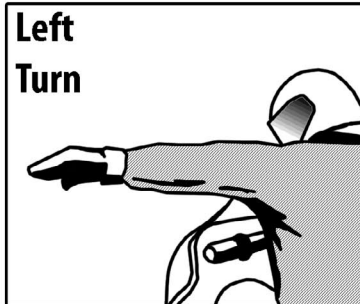
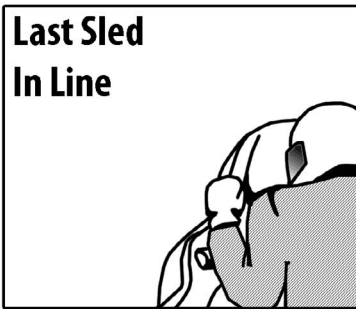
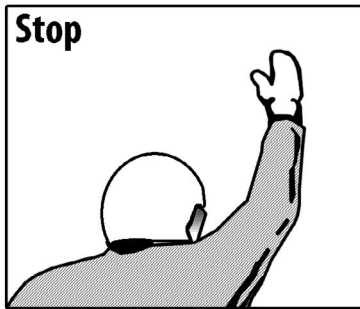
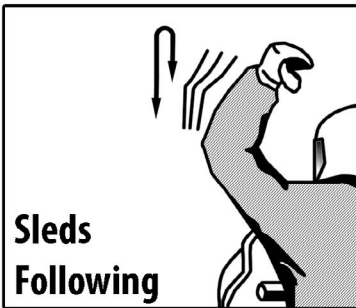
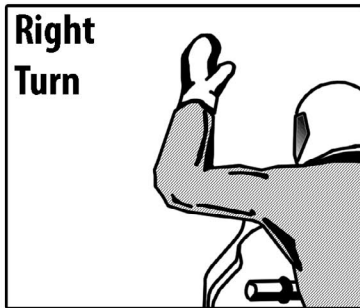
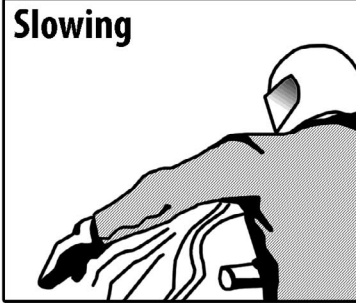
## Common Trail Signs



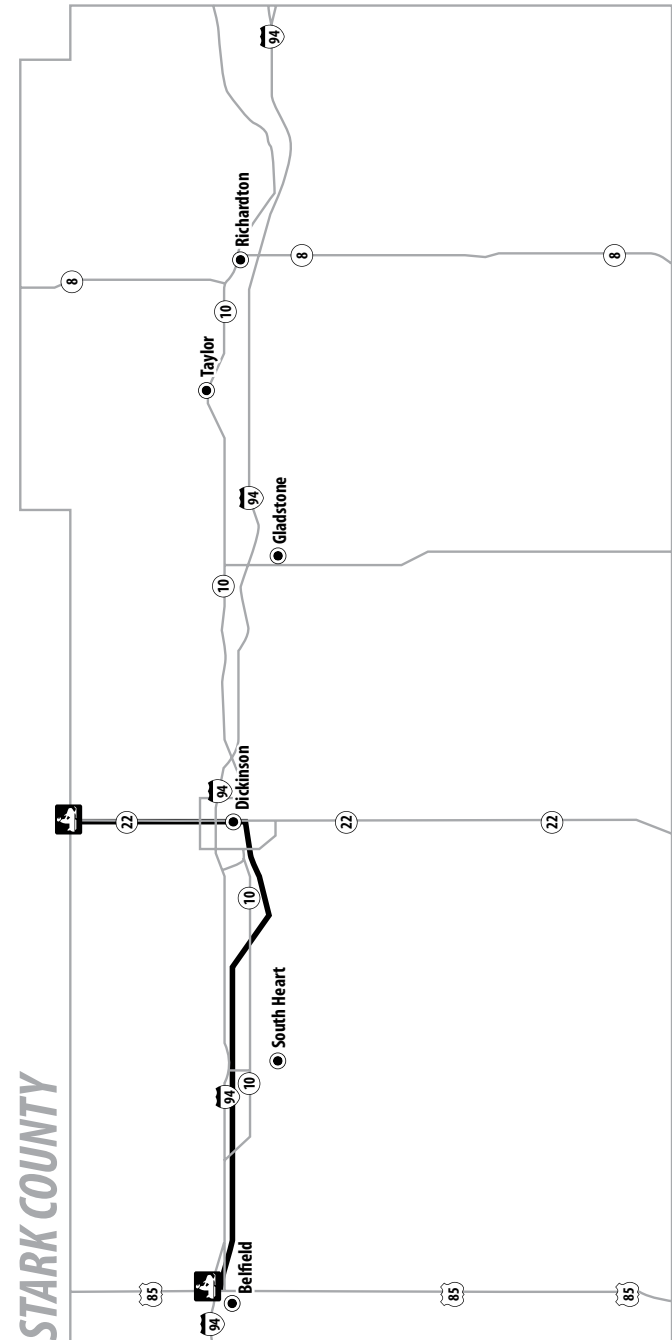
# Snowmobile Safety

Communication is an essential part of safe riding. Hand signals are a practical way to communicate between other riders and traffic.

Be sure to give easy to see and clear hand signals when snowmobiling. Hand signals should never be subtle, but always deliberate.



# Snowmobile Trails



# Home Safety

- Keep the outside of your home well-lit. Motion sensors and timers help deter burglars.
- Dead-bolts and peep-holes should be placed on all outside doors.
- Windows and sliding glass doors should have locks and be in good working order.
- Keep your garage door closed.
- Use an engraver to mark computers, cameras, stereos, TV's, tools, yard equipment, etc.
- Never leave valuables, expensive jewelry, or large amounts of cash at home. If you must, keep a list of your valuables with serial numbers to assist in insurance claims.
- Keep your car locked at all times and store all valuables out of sight.
- Guns should always be stored unloaded and with a gunlock.
- Become part of a neighborhood watch or program that is similar.
- Be suspicious of unusual people or vehicles in your neighborhood. Document the date, time, description and license plate number to give to law enforcement if needed.
- When on vacation, do not advertise your absence. Stop mail and newspaper delivery. Have a trusted friend or neighbor to give the impression you are home by stopping by to take out trash, shovel snow, mow the lawn, etc.



# Carbon Monoxide Safety

## PREVENTION

- Install carbon monoxide detectors near every bedroom, gas appliance and in your RV, camper or motor home and test them monthly.
- Have flues, chimneys and all fuel-burning appliances inspected by a professional annually.
- Make sure fireplaces, wood stoves, dryers, furnaces and water heaters are properly vented to the outside.
- Only burn clean and untreated wood.
- Never idle your car or gas powered vehicle in the garage, with or without the garage door open.
- Toxic fumes build up quickly and can easily contaminate your home.
- Never use gas-powered engines like weed trimmers, snow blowers, chain saws, lawnmowers or portable generators in enclosed areas.
- Never use a charcoal grill indoors or in any closed area.
- Never use a gas oven to heat your home.
- Never sleep in a room or area heated with a gas or kerosene space heater that does not have proper ventilation.

## SYMPTOMS

- Headaches, severe fatigue, vomiting, nausea, muscle and joint pain, dizziness, tingling, vertigo
- Attention and multi-tasking problems, short-term memory problems, word-finding problems
- Irritability, temper, loss of interest, sleep disturbance, anxiety, lack of motivation
- Eating and swallowing difficulties, vision problems, lack of muscular coordination, speaking difficulty, ringing in the ears
- Seizures, tremors, balancing problems, shortness of breath

***Carbon monoxide poisoning is easily confused with flu-like symptoms. Serious long-term health risks or death can result if warning signs are ignored. Carbon monoxide can affect you for days, weeks, months or years. High levels of carbon monoxide can be fatal within minutes.***

## TREATMENT

- Immediately take the victim out to fresh air.
- If the victim cannot be removed, open every window and door.
- All appliances should be turned off.
- Take the victim to an emergency room as quickly as fast as possible, or call 911.



# Emergency Planning

## ESCAPE ROUTES

Everyone in your family should know the best ways to exit the house in case of a disaster. Teach your young children how to open sliding doors, windows and other exits. Designate a meeting place where the family can gather after escaping from the house.

## FLASHLIGHTS

The whole family needs to know where to find flashlights. Periodically check the batteries.

## FULLY CHARGED CELL PHONES

All family members should keep their cell phones charged. Make a habit of charging them, while everyone is asleep. Cell phones can be lifesavers in emergencies.

## LIST OF VALUABLES

Keep this document listing your possessions (and if possible, a video of your home interior) in a fireproof safe, or in a safe deposit box at a bank.

## COMMUNITY EMERGENCY PLANS

Familiarize yourself with community evacuation plans and neighborhood escape routes. Post a copy of them in a highly visible place in your home.



### THUNDERSTORM/TORNADO

- Remove dead branches from trees beforehand to avoid injury or damage.
- After seeing lightning, if you hear thunder in less than 30 seconds, it is recommended that you stay inside for 30 minutes after the thunder has ceased.
- The inside of a car is safer than the outside, as a lightning strike will simply pass through the car as long as you aren't in contact with any metal.
- Unplug all major appliances, as a power surge can cause serious damage.
- Avoid all tall structures and elevated areas as well as large amounts of metal.



### FIRES

- Make sure that every level of your house has a smoke detector, and be sure to test them once a month. Have the family plan an emergency exit route.
- Always keep track of any stoves or high-temperature/high-voltage appliances that are running. Be sure to never leave any cooking unattended.
- Keep lighters and matches away from children.
- If a burn occurs, soak the skin in cool water. If the skin blisters, seek medical assistance.

# ⊕ Emergency First-Aid Tips ⊕

## FIRST AID FOR CPR & HEART ATTACK

### CPR

CPR is to be administered when a person is not breathing or has no pulse. Be quick to act by remembering the A,B,C's: Airway, Breathing & Circulation.

#### Airway:

Place the person on a firm surface, on their back. Kneel next to the person's neck and shoulders. Open the person's airway by tilting back the head and lifting the chin.

#### Breathing:

With the head tilted and chin lifted, pinch the nostrils shut and cover the person's mouth with yours. Give two slow breaths.

#### Circulation:

Find the hand position on the center of the breastbone. Place the heel of your hand on that position, with your other hand on top of the first hand. Use your upper body weight to push down. Give two compressions per second. Compress the chest at a rate equal to 100/minute. Perform 30 compressions at this rate. Repeat until an ambulance arrives.

### HEART ATTACK

Symptoms of a heart attack may include any of the following:

- Uncomfortable pressure, fullness or squeezing pain in the center of the chest.
- Expanded pain in the upper abdomen.
- Shortness of breath.
- Pain or numbness in either arms, shoulders, neck, jaw or teeth.
- Dizziness or fainting.
- Nausea and sweating.

**If you or someone else may be having a heart attack - follow these steps immediately:**

• **DIAL 911**

• **Chew and swallow Aspirin (unless you are allergic/not allowed to)**

• **Take Nitroglycerin (only if prescribed)**

• **Begin CPR if the person is unconscious**

**IN AN EMERGENCY, DIAL 911**

# ⊕ *Emergency First-Aid Tips* ⊕

## *FIRST AID FOR BURNS & CHOKING*

### **BURNS**

**For minor 1st and 2nd degree burns smaller than 3" in diameter:** Cool the Burn. Run cool water over the burned area for 5 minutes, or until the pain diminishes. Never put ice on a burn!

#### **Bandage the burn with sterile gauze:**

It is important to use loosely wrapped gauze. This will avoid pressure and the bandage protects blisters. NEVER put lotions, vaseline, ointments or butter on burn. Do not break any blisters, which can cause infection.

#### **Take Aspirin, Ibuprofen, Naproxen or Acetaminophen to relieve pain:**

Minor burns usually heal with these basic treatments. Be aware for signs of infection which may include: increased pain, redness, fever, swelling or oozing. If symptoms develop, seek medical help. Avoid tanning the burned area for at least a year. Protect the area with sunscreen outdoors. Avoid giving aspirin to children.

***For 3rd degree burns/all major burns - DIAL 911***

***DO NOT run cold water over large severe burns - this can cause shock.***

***DO NOT remove burnt clothing.***

***Check for signs of breathing/coughing/movement.***

***If there are no signs of breathing begin CPR.***

***Elevate burned areas above heart level, if possible.***

***Cover the burn(s) with cool, sterile, moist bandages, towels or cloth.***

### **CHOKING**

Most people clutch at their throats when choking, an obvious symbol for help. However, if a person isn't giving that signal, be alert for these indications. Inability to talk, difficulty breathing or noisy breathing, inability to cough forcefully, skin/lips/nails turning blue, loss of consciousness.

The Red Cross recommends a "five-and-five" method for first aid: First give five blows between the person's shoulders with the heel of your hand. Second, perform the Heimlich maneuver (abdominal thrusts) five times. Alternate between five back blows and five abdominal thrusts until the blockage is dislodged.

***IN AN EMERGENCY, DIAL 911***

# ⊕ *Emergency First-Aid Tips* ⊕

## *FIRST AID FOR INSECT BITES/ANAPHYLAXIS & POISON SAFETY*

### **INSECT BITES/ANAPHYLAXIS**

**Anaphylaxis is a severe allergic reaction from insect bites (latex, food and drug allergies can also cause Anaphylaxis). Typical symptoms include hives, the swelling of lips or eyes, swollen throat, drop in blood pressure, light headedness, confusion, nausea or diarrhea. If someone is having an allergic reaction from an insect bite with these symptoms:**

#### **CALL 911.**

**Administer emergency prescription medication.** See if the person is carrying special emergency allergy medicine and give it to them according to the directions.

#### **Loosen tight clothing.**

**Lay the person down.** The person should lay down on their back with feet elevated. Turn them on their side if they are vomiting or bleeding from their mouth to prevent them from choking.

**If they are not breathing - administer CPR.** Most insect bite reactions are mild and cause no allergic reaction. If stung by a bee, use a straight edged object, like a credit card, to scrape away the stinger. Don't use tweezers - they can pinch more venom out of the stinger. Apply an ice pack to the area and take an over the counter pain reliever.

### **POISON PREVENTION**

**Teach your children about poison and how it can look like a food or drink. They should always ask an adult before eating or drinking anything. Have them learn the poison control phone number: 1-800-222-1222 and keep it programmed or posted near all your phones. Here are some prevention tips.**

**Lock up your poisons and medications.** Keep them out of the reach of children, lock them up if possible. Make sure your children understand that medicine is not candy.

**Follow directions carefully.** Read your labels. Be sure to use and store all poisons and medications properly according to recommendations.

**Keep your pets safe from household chemicals, too.** Don't allow pets near areas that have just been cleaned with chemicals, such as freshly mopped floors or bleached bathtubs and sinks. Clean up any antifreeze/coolant spills. Pets like the flavor but they can die if they ingest it. Store poisonous foods or plants in areas that your pets cannot access. Call your local emergency veterinary hospital if you believe your pet has been poisoned.

***IN AN EMERGENCY, DIAL 911***

# Safety Tips for Parents & For Kids

## PARENTS:

Teach your kids that an emergency is when you need help from a doctor, a police officer or a firefighter.

Designate a safe place by your house that a child can go to if they need help right away.

Have your kids memorize your address and phone numbers. They should also know your full name and where you work.

## KIDS:

### FIRE SAFETY

If you or someone else is on fire - remember to STOP, DROP and ROLL. Wrap a blanket on the person to help put out the fire.

If there is a fire, leave the house as fast as you can! Crawl on the floor to avoid smoke and if the door is hot, don't open it - find another way out.

Learn all the fire exits in your house. Assign a safe place outside for everyone to meet in case of a fire emergency.

### HOME ALONE

Never tell anyone that you are home alone.

If someone calls and ask for your mom and dad, tell them "They cannot come to the phone right now, can you please call back later?"

Do not answer the door, unless it is someone that you know your parents have okay'd them to come over.

# Emergency Numbers For Kids

KEEP A COPY OF THIS LIST NEAR EACH PHONE IN YOUR HOUSE

MY ADDRESS: \_\_\_\_\_

\_\_\_\_\_

MY PHONE NUMBER: \_\_\_\_\_

MOM AT WORK: \_\_\_\_\_

MOM CELL PHONE: \_\_\_\_\_

DAD AT WORK: \_\_\_\_\_

DAD CELL PHONE: \_\_\_\_\_

NEIGHBOR: \_\_\_\_\_

EMERGENCY CONTACT: \_\_\_\_\_

POISON CONTROL: **1-800-222-1222**

**EMERGENCY DIAL**

**911**

# 2012 CALENDAR

JANUARY	FEBRUARY	MARCH	APRIL
S M T W T F S	S M T W T F S	S M T W T F S	S M T W T F S
1 2 3 4 5 6 7	1 2 3 4	1 2 3	1 2 3 4 5 6 7
8 9 10 11 12 13 14	5 6 7 8 9 10 11	4 5 6 7 8 9 10	8 9 10 11 12 13 14
15 16 17 18 19 20 21	12 13 14 15 16 17 18	11 12 13 14 15 16 17	15 16 17 18 19 20 21
22 23 24 25 26 27 28	19 20 21 22 23 24 25	18 19 20 21 22 23 24	22 23 24 25 26 27 28
29 30 31	26 27 28 29	25 26 27 28 29 30 31	29 30
MAY	JUNE	JULY	AUGUST
S M T W T F S	S M T W T F S	S M T W T F S	S M T W T F S
1 2 3 4 5	1 2	1 2 3 4 5 6 7	1 2 3 4
6 7 8 9 10 11 12	3 4 5 6 7 8 9	8 9 10 11 12 13 14	5 6 7 8 9 10 11
13 14 15 16 17 18 19	10 11 12 13 14 15 16	15 16 17 18 19 20 21	12 13 14 15 16 17 18
20 21 22 23 24 25 26	17 18 19 20 21 22 23	22 23 24 25 26 27 28	19 20 21 22 23 24 25
27 28 29 30 31	24 25 26 27 28 29 30	29 30 31	26 27 28 29 30 31
SEPTEMBER	OCTOBER	NOVEMBER	DECEMBER
S M T W T F S	S M T W T F S	S M T W T F S	S M T W T F S
1	1 2 3 4 5 6	1 2 3	1
2 3 4 5 6 7 8	7 8 9 10 11 12 13	4 5 6 7 8 9 10	2 3 4 5 6 7 8
9 10 11 12 13 14 15	14 15 16 17 18 19 20	11 12 13 14 15 16 17	9 10 11 12 13 14 15
16 17 18 19 20 21 22	21 22 23 24 25 26 27	18 19 20 21 22 23 24	16 17 18 19 20 21 22
23 24 25 26 27 28 29	28 29 30 31	25 26 27 28 29 30	23 24 25 26 27 28 29
30			30 31

# 2013 CALENDAR

JANUARY	FEBRUARY	MARCH	APRIL
S M T W T F S	S M T W T F S	S M T W T F S	S M T W T F S
1 2 3 4 5	1 2	1 2	1 2 3 4 5 6
6 7 8 9 10 11 12	3 4 5 6 7 8 9	3 4 5 6 7 8 9	7 8 9 10 11 12 13
13 14 15 16 17 18 19	10 11 12 13 14 15 16	10 11 12 13 14 15 16	14 15 16 17 18 19 20
20 21 22 23 24 25 26	17 18 19 20 21 22 23	17 18 19 20 21 22 23	21 22 23 24 25 26 27
27 28 29 30 31	24 25 26 27 28	24 25 26 27 28 29 30	28 29 30
MAY	JUNE	JULY	AUGUST
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1 2 3 4	1	1 2 3 4 5 6	1 2 3
5 6 7 8 9 10 11	2 3 4 5 6 7 8	7 8 9 10 11 12 13	4 5 6 7 8 9 10
12 13 14 15 16 17 18	9 10 11 12 13 14 15	14 15 16 17 18 19 20	11 12 13 14 15 16 17
19 20 21 22 23 24 25	16 17 18 19 20 21 22	21 22 23 24 25 26 27	18 19 20 21 22 23 24
26 27 28 29 30 31	23 24 25 26 27 28 29	28 29 30 31	25 26 27 28 29 30 31
SEPTEMBER	OCTOBER	NOVEMBER	DECEMBER
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22 23 24 25 26 27 28	20 21 22 23 24 25 26	17 18 19 20 21 22 23	22 23 24 25 26 27 28
29 30	27 28 29 30 31	24 25 26 27 28 29 30	29 30 31

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