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Scan the QR Codes to go to the individual county pages.

Cavalier County



Pembina County



Walsh County



Ramsey County



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# LOCAL AREA EVENTS

## JANUARY

Sportsman's Club Wildlife Feed | Pembina  
Annual DLVFD Ice Fishing Tournament | Devils Lake  
1st Day Hike | Cavalier  
Snowflake Ball - Father Daughter Dance | Cavalier

## FEBRUARY

ShiverFest | Devils Lake  
Annual Beer & Bacon Bash & Poker Run! | Cavalier  
ND State Snowmobile Ride | Langdon

## MARCH

Lake Region Skating Club Ice Show | Devils Lake

## APRIL

Bake Sale Fundraiser | Devils Lake  
Easter Egg Hunt! | Devils Lake, Langdon  
Annual Garage Sale Fundraiser | Devils Lake  
Hallson Church Nordic Arts Dedication & Community Arts Festival | Cavalier

## MAY

Rendezvous Region Art fair | Langdon  
Rendezvous Region Music Festival | Langdon  
Annual Celebration & Elgin Saddle Club Rodeo | Elgin  
Devils Run Car Show (May-June) | Devils Lake

## JUNE

Annual Cavalier Motorcycle Ride In  
Arts in the Park (June-Aug) | Devils Lake  
Chamber Walleye Fishing Tournament | Devils Lake  
Student Art Show | Devils Lake  
Night at Akra Hall | Cavalier  
National Trails Day | Cavalier  
City Wide Rummage Sales | Devils Lake  
Artfest | Devils Lake

## JULY

Music & Art in the Park | Cavalier  
Fireworks | Area Wide  
Pembina County Fair | Hamilton  
Drayton Riverfest | Drayton  
Arts in the Park and Chautauqua Olde Tyme Family Picnic with Devils Lake Elks Band | Devils Lake

## JULY (Contd.)

Farmer's Market (July-Oct.) | Devils Lake  
Ribfest | Devils Lake  
Hallson Church Pancake Breakfast | Cavalier

## AUGUST

Golf Tournament | Cavalier  
Kids Weekend at Icelandic State Park | Cavalier  
Off the Charts Music Festival | Cavalier  
Crazy Days / Junk Fest | Cavalier  
Corn Feed & Fish Fry | Devils Lake  
Devils Lake Kids Fishing Camp  
Fossil Dig | Walhalla  
International Geocaching Day Celebration | Walhalla

## SEPTEMBER

Annual Pembina County Historical Society Pioneer Machinery Show  
Scarecrow Alley | Cavalier  
Annual Wine Walk | Cavalier  
Great Pumpkin Fest | Walhalla

## OCTOBER

Annual Walsh County Fair | Park River

## NOVEMBER

Christmas Open House | Icelandic State Park | Cavalier  
Santa Parade | Cavalier  
Super Santa Saturday | Cavalier  
Old Fashioned Christmas (Nov.-Dec.) | Drayton  
Annual Neche Firemen's Smoker | Neche

## DECEMBER

Lights of Love | Cavalier  
Parade of Lights | Langdon

*\*Events are subject to change*

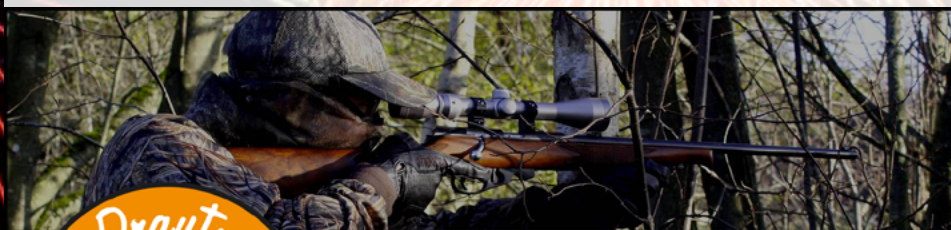


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## PEMBINA COUNTY

Auditor/Treasurer.....	(701) 265-4231
Commission .....	265-4231
<b>Emergency .....</b>	<b>911</b>
Emergency Management .....	265-4849
Highway Department .....	265-4208
IT/GIS .....	265-5111
NDSU Extension Office .....	265-8411
Public Health .....	265-4248
Recorder/County Clerk.....	265-4373
Sheriff .....	265-4122
Social Services .....	265-8441
State's Attorney .....	265-4334
Tax Equalization .....	265-4697
Treasurer .....	265-4231
Veterans Services .....	265-4460
Water Resources .....	265-4511

## WALSH COUNTY

Auditor .....	(701) 352-2851
Commission .....	331-0663
<b>Emergency .....</b>	<b>911</b>
Emergency Management .....	352-2311
Highway Department .....	352-1530
NDSU Extension Office .....	284-6248
Public Health/WIC .....	352-5139
Recorder .....	352-2380
Sheriff .....	352-2041
Social Services .....	352-5111
State's Attorney .....	352-1300
Superintendent of Schools .....	352-5080
Tax Equalization .....	352-1077
Treasurer .....	352-2541
Veterans Services .....	352-5030
Water Resources .....	352-0081

## RAMSEY COUNTY

Auditor .....	(701) 662-7025
<b>Emergency .....</b>	<b>911</b>
Emergency Management .....	662-7001
Highway Department .....	662-7015
IT/GIS .....	662-7013
NDSU Extension Office .....	662-7027
Public Health .....	662-7035
Recorder .....	662-7018
Sheriff .....	662-0708
Social Services .....	662-7050
State's Attorney .....	662-7077

## RAMSEY COUNTY (CONTD.)

Superintendent of Schools .....	662-7023
Tax Equalization .....	662-7012
Treasurer .....	662-7021
Veterans Services .....	662-7048
Water Resources .....	662-7003

## CAVALIER COUNTY

Auditor/Elections & Voting.....	(701) 256-2229
Clerk of Court.....	256-2124
Coroner.....	256-6100
County Recorder .....	256-2136
Director of Tax Equalization.....	256-2289
District Court Judge.....	256-2540
Emergency Manager.....	256-3911
Extension Agent NDSU.....	256-2560
Juvenile Supervisor.....	256-2540
Maintenance Office.....	256-2298
Motor Vehicle.....	256-2511
Public Health Nurse.....	256-2402
Sheriff .....	256-2555 / TDD 256-2311
Northern Valley Human Service Zone.....	
Langdon.....	256-2175
Cavalier .....	265-8441
Grafton.....	352-5111
Road Supervisor's Office.....	256-2161
States Attorney.....	256-5042
Superintendent of Schools.....	256-2229
Treasurer.....	256-2549
Veterans Services.....	256-2146

## MISCELLANEOUS

Game & Fish Department .....	(701) 227-7431
Poison Control .....	(800) 222-1222
Report Poaching .....	(701) 328-9921
Report Public Health Emergencies.....	(800) 472-2121
Department of Motor Vehicles .....	(701) 328-2725
Department of Transportation .....	(701) 328-2500
<b>Travel Information .....</b>	<b>511</b>
Forest Service .....	(701) 228-5422
Highway Patrol .....	(701) 328-2621
Parks & Recreation .....	(701) 328-5357

# Healthy & Environmentally Friendly Lawn

Choose a type of grass that thrives in your area. 3" is the optimal height for most grasses, it allows the roots to become strong and healthy. It also helps to absorb more water. Don't bag the lawn clippings, it's a natural fertilizer. Keep your mower blades sharp.



Don't water every day. Give your lawn a good soaking once or twice a week. Your lawn should get about an inch of water each week, whether it be from rain fall or a sprinkler. Water your lawn in the early morning, preferably before 10am. Watering at night time can create fungus growth.



Don't use pesticides. Correctly identify what the problem is and try a non-chemical method first. If you have to use a chemical based pesticide, try spot treating the problem area. All pesticides are toxic to some degree. Make sure to read all labels.



Fertilizers can harm the environment. Use natural organic or slow-release fertilizers. The best time to fertilize your lawn is in the fall.





Known for having rich, fruitful, soil, Pembina county was a huge glacial lake for around 5,000 years. The lake eventually dried up and left the sediments behind. Years later, after bison grazing and Native settlements, Pembina county was the first organized county of what was to become the state of North Dakota in 1867. Cass, Traill, Grand Forks, Steele, most of Nelson and Walsh and parts of Richland, Barnes and Ransom counties were all part of the original settlement. 1871, Pembina county nearly doubled in size acquiring land to the South and West. In 1873 Pembina county was downsized by almost one and a third of its size. Again in 1885 it lost land to Cavalier County and remains that size today. Pembina county was named after the Chippewa word for the high bush cranberry, which flourished along the Pembina river. The County Seat is Cavalier. Pembina county is now home to around 7,200 people.

**BATHGATE** - pop. 43  
**CANTON CITY** - pop. 45  
**CAVALIER (COUNTY SEAT)** - pop. 1,302  
**CRYSTAL** - pop. 138  
**DRAYTON** - pop. 824  
**HAMILTON** - pop. 61

**MOUNTAIN** - pop. 92  
**NECHE** - pop. 371  
**PEMBINA** - pop. 592  
**ST. THOMAS** - pop. 331  
**WALHALLA** - pop. 996  
*\*Populations are approximate.*

## Cavalier (County Seat)

Pembina county's county seat, Cavalier was founded in 1875 by Charles Cavileer. Years later, it became the county seat, in 1911. The city Motto is "4 seasons, many reasons". It is home to approximately 1,302 people.

## Drayton

Founded in 1878 Drayton has a total area of .65 sq miles. Drayton's nickname is "The baseball capitol of the North." In 1958, Governor John Davis declared Drayton the baseball capitol of North Dakota. From 1958-1963 the High School in Drayton won the State baseball championship. They also won the American Legion class A championship in 1958 & 1962 making Drayton the smallest town to win both state & regional class A titles. Drayton is now home to around 824 people.

## Pembina

Pembina (pronounced PEM-bih-naw) was first claimed by the French as a result of explorations by French-Canadian Pierre de la Verendrye and his sons who explored the area in 1738. It served as county seat from 1867 to 1911. The first firm date in history was in 1797, when a Northwest Company fur trader established the first trading post named Fort Panbian. In 1851 the US established its first post office in Pembina. A school was built in 1875 and remained in use until 1881. The city is home to around 592 residents.

## Walhalla

Walhalla is the second oldest town in North Dakota. Established in 1845 as a fur trading post. David Thompson built the North West Company fur trading company a mile Northeast of town in 1797. Four years later Thompson relocated a mile East of town and constructed a new building for his company. Also, Norman Kittson established the Kittson Trading Post in town in 1843, adding to the local industry. It is now the oldest building in North Dakota. Walhalla is now home to around 996 residents.





Walsh County was named in honor of George H. Walsh (1845–1913), a newspaperman and politician in Grand Forks. In 1881 Grafton became the county seat of Walsh. Walsh County's first settler was named Alexander Henry, an employee of the Northwest Fur Trading Company. They came to secure pelts from the Chippewa Indians in 1800. Beaver fur felt was in high demand in the East and in Europe because of its ability to shape well. Henry built the first settlement in Walsh County in 1801. Alexander Henry was the first to bring many things to Walsh County including horses, bridges, cultivated crops and British Flags. Henry married a Chippewa chief's daughter and later went on to build the Red River ox cart that became the Valley's freight wagons for over 50 years. As of 2010 Walsh County's population was 11,119.

**ADAMS** - pop. 127  
**ARDOCH** - pop. 67  
**CONWAY** - pop. 23  
**EDINBURG** - pop. 196  
**FAIRDALE** - pop. 38  
**FORDVILLE** - pop. 212  
**FOREST RIVER** - pop. 125

**GRAFTON (COUNTY SEAT)** - pop. 4,284  
**HOOPLE** - pop. 242  
**LANKIN** - pop. 98  
**MINTO** - pop. 604  
**PARK RIVER** - pop. 1,403  
**PISEK** - pop. 106  
*\*Populations are approximate.*

## Edinburg

Located in Northeast North Dakota, the town of Edinburg is a genuine "throw-back" to the 50's with modern day etiquette. All 196 citizens strive to maintain its pristine cleanliness, well-kept yards and beautiful homes.

## Grafton (County Seat)

Built off of the railroad that went through the territory, Grafton's foundation was laid in 1881. At this time Grafton was also named the county seat. The city was named after Grafton County in New Hampshire, where its early settlers were originally from. Grafton is home to approximately 4,284 residents making it the 13th largest city in North Dakota.

## Hoople

Hoople's nickname is "Tatertown" and was founded in 1889. Hoople was named after an early settler Alan Hoople. Hoople is currently home to approximately 242 residents.

## Park River

Park River was founded in 1884 and is located in the Red River Valley in Northeastern ND. Park River is known for its pride in agriculture. With lush fields of potatoes, small grains, sugar beets, edible beans, sunflowers, canola and corn, the area has some of the best agricultural land in the world. Park River is now home to approximately 1,403 residents.

## Pisek

Pisek means "sand" in Czech. The city was named after a sand ridge located nearby. It is home to approximately 106 residents and was founded in 1882.

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 Need, But May  
 Have Forgotten**



About one tenth of Ramsey County's surface is covered in water. The water is exceedingly clear and varies in great depth across the county. The greatest depths of these lakes reach 100 feet or more. The first occupation in the region was a military operation in 1865 that was led by General Sully. Sully arrived from Sioux City, Iowa with a force consisting of the Thirtieth Wisconsin Volunteer Infantry, the Sixth and Seventh Iowa Cavalry, as well as many others. In 1867 General Terry, who had been appointed commander of the Dakota department, arrived and started the construction of government buildings. At first these buildings were constructed of wood, but later were replaced with more substantial buildings made of brick. The post is considered to be one of the best constructed buildings of its time in the northwest, and presents a spectacular appearance. Devils Lake is the County Seat. Today Ramsey County is home to approximately 11,451 residents.

- BROCKET** - pop. 56
- CHURCHS FERRY** - pop. 12
- CRARY** - pop. 144
- DEVILS LAKE (COUNTY SEAT)** - pop. 7,231
- EDMORE** - pop. 181

- HAMPDEN** - pop. 48
  - LAWTON** - pop. 30
  - STARKWEATHER** - pop. 118
- \*Populations are approximate.*

### Churchs Ferry

Churchs Ferry was established in 1886. It has since been swallowed up by the expansion of Devils Lake. Churchs Ferry is the smallest City in Ramsey County. It is home to approximately 12 people.

### Crary

Crary is named after William Crary. He is the present owner of most of the encompassing land and is now home to approximately 144 residents.

### Devils Lake (County Seat)

Devils Lake is named after the nearby body of water, Devils Lake. The first house was constructed in 1882. After the survey in 1883 it was named Creelsburg and later changed to Creel City, named after the surveyor, Heber M. Creel. In 1884 it was renamed once again to Devils Lake and is now home to nearly 7, 231 people.

### Edmore

Edmore was founded in 1901. It is known to have large climate changes year round. There are no bodies of water in this region. Edmore is now home to approximately 181 residents.

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The area of Cavalier County, North Dakota was inhabited by Sioux ( Dakota / Lakota ) & Chippewa Indigenous tribes when in January of 1873, land was annexed by legislature from Pembina County, the organization of the County was affected in July of 1884. Named for an early settler, Charles Cavileer (Cavalier), who was a customs agent and the first postmaster. By popular vote in May 1885, Cavalier County received fifteen townships from Pembina County. At the time, there were 5,029 people residing in nine sizable townships, according to a census. The names of the nine townships from 1885 are still in use. Township names and the current boundaries were standardized in 1906. The first courthouse was erected in the fall of 1884. It was used for a short while before being abandoned in favor of warmer, more convenient accommodations in a downtown bank. On the current site, a sizable brick courthouse was constructed in 1895. Until the new courthouse was built in 1957–1958, this structure housed county officials. The fur trade was instrumental in relations between the Indigenous & European settlers.

**Alsen** - pop. 32  
**Calio** - pop. 8  
**Calvin** - pop. 15  
**Hannah** - pop. 8  
**Langdon ( County Seat)** - pop. 1,909  
**Loma** - pop. 10

**Milton** - pop. 39  
**Munich** - pop. 190  
**Nekoma** - pop. 31  
**Osnabrock** - pop. 105  
**Sarles** - pop. 16  
**Wales** - pop. 10

*\*Populations are approximate.*

## Alsen

In 1905, Alsen was established. 8 miles (13 km) west of Loma on State Route 66 is where you can reach Alsen. Alsen and adjacent Loma each have about the same amount of land within their limits as Minot, although having fewer population.

## Dresden

Founded in 1897, Dresden is home to the Cavalier County Museum. Numerous historic buildings in various stages of repair can be seen in Dresden, including the Dyer School, which was relocated there from Milton, the former Langdon Jail, and more.

## Langdon (County Seat)

Incorporated in 1885, Langdon was named the county seat in 1884. Since 1886, there has been a post office in Langdon. Robert Bruce Langdon, a politician and railroad administrator, was honored with the naming of the city. A tornado struck on the plains a mile to a mile and a half southeast of Langdon on Memorial Day (then called Decoration Day) 1909, and it later proceeded seven miles to the northwest. The tornado, known as The Vulcan locally, left five people dead and 29 injured. The Great Northern water tank, two elevators, numerous barns, and several feet of railroad track were all damaged by the tornado.

## Osnabrock

105 people called Osnabrock home as of the 2020 census. Incorporated as a village in 1903, Osnabrock was established in 1882. It was given the name Osnabruck, Ontario, after James T. Anderson, the town's first postmaster. (Osnabruck was named after the northwest German city of Osnabrück.) The city is entirely landlocked and has a total area of 0.30 square miles (0.78 km<sup>2</sup>), according to the United States Census Bureau.

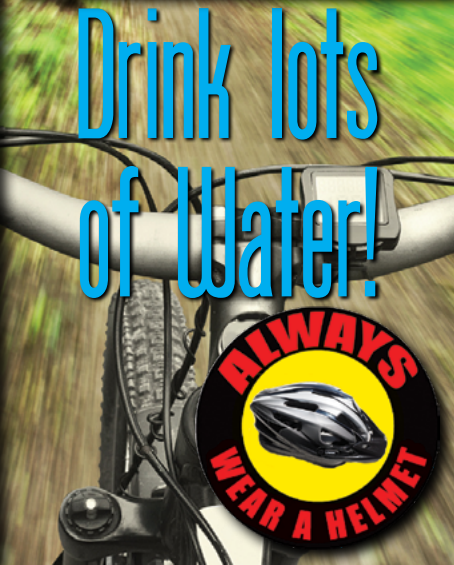
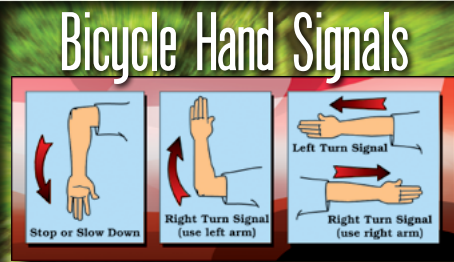
## Hoople Farmers Grain Company



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 Agronomy Department: 701-894-6117  
 Guy Phelps, General Manager

# Be Aware of your Surroundings

- Always wear a properly fitting bike helmet as most serious injuries are to the head.
- Be sure your handlebars, seat and wheels fit snugly.
- Keep your bike in good shape by checking and oiling your chain, making sure your brakes work properly and maintaining your tire pressure.
- Always ride with both hands on the handlebars except when doing turn signals.
- When leaving a driveway, curb or alleyway always stop and check for traffic in both directions.
- Cross only at intersections.
- Use the crosswalk to walk your bike across busy intersections and follow the traffic signals.
- Never ride against traffic. Travel in the same direction as the cars.
- Whenever you can, use bike routes and avoid busy streets.
- Don't ride near parked cars as doors can open and cause accidents.
- Obey all traffic signs and traffic lights.
- When biking with friends, ride in a single file.
- Always pass other bikers or pedestrians on the left and say "On your left!" to make your presence known.
- Always use bicycle hand signals to alert traffic of your changing direction.



# Know Your ATV

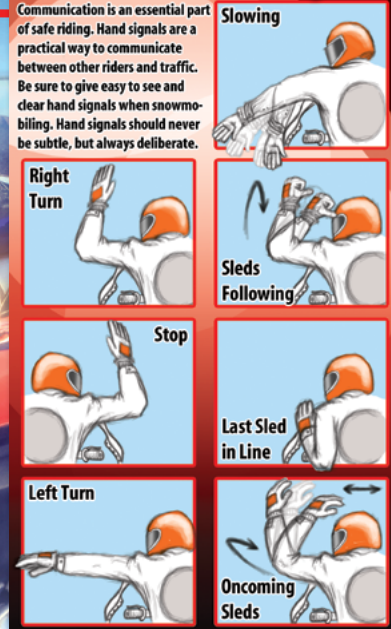
**Read the owner's manual** and know your vehicle thoroughly.

- Check your vehicle before you ride.
- Wear protective equipment and clothing.
- Don't lend your vehicle to unskilled riders.
- Supervise young or inexperienced riders.
- Never carry a passenger on vehicles meant for one rider.
- Do not operate under the influence of drugs or alcohol.
- Drive at speeds that are appropriate to trail conditions.
- Stay to the right on trails.
- Stay away from thin ice, open water and wetlands.
- Know the weather forecast.
- Make sure headlights and taillights work properly.
- Maintain safe distances between other riders.
- Reduce your speed when riding at night.
- Yield to other motor vehicles and trail users.
- Young or beginning riders are encouraged to take a safety training course.

# SNOWMOBILE SAFETY

- Do not consume alcohol or take drugs prior to or during your snowmobile trip. Doing so increases your chances of injury or death.
- Slow down and don't cut to the inside of the trail corners. It's dangerous and illegal.
- If you snowmobile at night, don't override your lights.
- Always use the buddy system. Never ride off alone.
- Drowning is one of the causes of many snowmobile fatalities. Whenever possible, avoid the ice.
- Wear sensible, protective clothing designed for operating a snowmobile.
- Use a full size helmet, goggles, or visor to prevent injuries from twigs, stones, ice chips and other debris.
- Avoid wearing long scarves. They may get caught in moving parts of the snowmobile.
- Know the terrain you are going to ride. If unfamiliar to you, ask someone who has traveled over it before.
- Know the weather forecast, especially the ice and snow conditions.
- Be sure your snowmobile is in top-notch mechanical condition throughout the months of use.
- Familiarize yourself with the snowmobile you are driving. Thoroughly read the manual that accompanies the snowmobile.
- Do not pursue domestic or wild animals. That is not the conduct of a sportsman. Report such violations to the nearest law enforcement officer.

# Snowmobile Hand Signals



**PRIVATE PROPERTY**  
**NO TRESPASSING**

Please respect private property and no trespassing signs. Stay on trails. Exercise extreme caution on all lakes and streams. Obey all state and local laws and ordinances. Do not operate snowmobiles/ATVs on county roads or state highways.

**BLESSING & OX CART TRAILS MUSEUM**  
201 Almeron Ave. | Drayton | (701) 454-6103

**CAVALIER CINEMA**  
104 Main St. W | Cavalier | (701) 265-8955

**CAVALIER COUNTRY CLUB**  
9355 135th Ave. | Cavalier | (701) 265-4506

**CAVALIER COUNTY MUSEUM**  
9742 Dresden Rd. | Langdon | (701) 256-5957

**DAKOTA SPIRIT HOCKEY ARENA**  
1801 11th Ave. | Langdon | (701) 256-5242

**DEVILS LAKE SPORTS COMPLEX**  
16th St. NW | Devils Lake | (701) 662-1205

**ELMWOOD HOUSE**  
251 Elmwood Ave. | Grafton | (701) 352-1842

**FAIR OAKS GOLF COURSE**  
30 Golf Course Rd. | Grafton | (701) 352-3956

**FORT TOTTEN LITTLE THEATRE**  
417 Calvary Cir. | Devils Lake | (701) 662-8888

**FORT TOTTEN STATE HISTORIC SITE**  
417 Calvary Cir. | Devils Lake | (701) 766-4441

**FROST FIRE PARK! SKI, MOUNTAIN BIKE & THEATRE**  
11950 Co. Hwy. 55 | Walhalla | (701) 549-3602

**GINGRAS TRADING POST STATE HISTORIC SITE**  
12899 105th St. NE | Walhalla | (701) 825-6840

**HAMPDEN HISTORY MUSEUM**  
321 Main St. | Hampden | (701) 868-3841

**HERITAGE VILLAGE AND JUGVILLE MUSEUM**  
695 W 12th St. | Grafton | (701) 360-0088

**HAYBALE HEIGHTS CAMPGROUND & RESORT**  
4355 87th Ave. NE | Devils Lake | (701) 351-3130

**LAKE REGION HERITAGE CENTER**  
502 4th St. NE | Devils Lake | (701) 662-3701

**LANGDON ACTIVITY CENTER**  
516 10th Ave. | Langdon | (701) 256-3318

**LANGDON COUNTRY CLUB**  
10650 95th St. NE | Langdon | (701) 256-5938

**LYRIC THEATRE**  
416 Briggs Ave. S | Park River | (701) 284-6199

**NORTH DAKOTA MARITIME MUSEUM**  
510 4th Ave. NE | Devils Lake | (701) 662-7031

**NOWESTA MEMORIAL GROVE**  
Co Rd. 11 | St. Thomas | (701) 288-5422

**PEMBINA COUNTY COURTHOUSE**  
310 Dakota St. W | Cavalier | (701) 265-4373

**PEMBINA COUNTY HISTORICAL MUSEUM & PIONEER MACHINERY GROUNDS**  
13572 ND-5 | Cavalier | (701) 265-4941

**PEMBINA STATE MUSEUM**  
805 Hwy. 59 | Pembina | (701) 825-6840

**PIONEER DAUGHTERS MUSEUM**  
417 Cavalry Circle | Fort Totten | (701) 766-4441

**PIONEER HERITAGE CENTER**  
13571 Hwy. 5 | Cavalier | (701) 265-4561

**QUENTIN N. BURDICK SPORTS ARENA**  
501 16th St. NW | Devils Lake | (701) 662-8418

**SHERIFF'S HOUSE MUSEUM**  
416 6th St. NE | Devils Lake | (701) 662-7080

**STRAND THEATRE**  
618 Hill Ave. | Grafton | (701) 331-0430

**THE ROXY THEATER**  
714 3rd St. | Langdon | (701) 256-2199

**WALHALLA COUNTRY CLUB**  
12114 Co. Hwy. 55 | Walhalla | (701) 549-2357

**WALSH COUNTY HISTORICAL MUSEUM**  
323 3rd St. | Minto | (701) 248-3237

**WHEATLAND MANOR**  
405 S. Grant St. | Edmore | (701) 644-2453

## DISC GOLF

Disc golf or frisbee golf is played a lot like traditional ball golf but instead of hitting a ball with a club into a hole the player throws a frisbee into a basket. Disc golf can be played by just about anyone at any age. It's also an inexpensive sport to get into. Specialized frisbees for disc golf cost around \$10-\$15 and a lot of courses are free. Playing disc golf is a great way to get out for some exercise, enjoy nature and have some fun.



# HUNTING SEASONS

For general information on firearm safety training call 1 (888) 646-6367 or (701) 328-6615. Contact the North Dakota Game and Fish Department for specific zone areas and dates: Online: [www.gf.nd.gov](http://www.gf.nd.gov), By Phone: (888) 646-6367 or scan the QR Code.



## 2024-25 TENTATIVE SEASON DATES

**Elk**  
Bow  
E1E, E1W, E2, E6 - Sun, 09/01/2024  
Tentative

**Elk**  
Regular  
E3, E4 - Sun, 09/01/2024  
Tentative

E5 - Sun, 09/01/2024  
Tentative  
E6 - Fri, 10/04/2024  
Tentative

E1E, E2, E1W - Fri, 10/04/2024  
Tentative  
E6 - Mon, 11/25/2024  
Tentative

**Deer, Mule & White-tailed**  
Bow  
Statewide - Sun, 09/01/2024  
Tentative

**Deer, Mule & White-tailed**  
Regular  
All Units - Fri, 11/08/2024  
Tentative  
Youth Season  
Statewide - Fri, 09/13/2024  
Tentative

**Deer, White-tailed only**  
Muzzleloader  
Statewide - Sun, 12/01/2024  
Tentative

**Bighorn Sheep**  
Regular  
B1, B3, B4, B5  
Sat, 11/02/2024  
Tentative

**Ruffed Grouse**  
Regular  
Restricted - Sat, 09/14/2024  
Tentative

**Turkey**  
Fall - Regular  
All open units - Sat, 10/12/2024  
Tentative

Spring - Regular  
All open units  
Sat, 04/13/2024 - Sun, 05/19/2024  
Tentative  
Spring - Youth  
All open units - Sat, 04/13/2024  
Tentative



# Embrace the Splendors of NORTH DAKOTA OUTDOORS

### THEODORE ROOSEVELT NATIONAL PARK:

Embodying the spirit of the legendary conservationist, Theodore Roosevelt National Park is a must-visit destination in North Dakota. Spanning over 70,000 acres, this park showcases the dramatic badlands scenery, wildlife diversity, and a rich cultural heritage. Hiking trails, scenic drives, and camping facilities allow visitors to immerse themselves in the rugged beauty of the park, encountering bison, wild horses, and other fascinating wildlife along the way.

### THE MAAH DAAH HEY TRAIL:

For avid hikers, the Maah Daah Hey Trail is an exhilarating experience. Stretching over 140 miles, this iconic trail winds through the Badlands, offering breathtaking vistas, unique rock formations, and a chance to witness the unspoiled beauty of North Dakota's backcountry. With camping opportunities and various access points, hikers can choose the section that best suits their skill level and immerse themselves in the untamed wilderness.

### LAKE SAKAKAWEA:

As one of the largest man-made reservoirs in the United States, Lake Sakakawea is a haven for water enthusiasts. The lake spans approximately 368,000 acres, providing ample opportunities for boating, fishing, and swimming. Anglers can cast their lines in search of walleye, northern pike, and salmon, while boaters can explore secluded coves and marinas. The surrounding scenery, including rugged cliffs and golden prairies, enhances the overall experience.

### SHEYENNE NATIONAL GRASSLAND:

For those seeking a peaceful retreat, Sheyenne National Grassland is an ideal destination. Encompassing over 70,000 acres, it is one of the largest remaining tracts of native grassland in the Midwest. Visitors can enjoy scenic drives, hiking trails, and picnic areas, immersing themselves in the tranquility of the prairie ecosystem. The unique flora and fauna, including wildflowers and prairie dogs, create a picturesque backdrop for nature enthusiasts and photographers.

### PEMBINA GORGE STATE RECREATION AREA:

Nestled along the Canadian border, Pembina Gorge State Recreation Area offers outdoor adventures in a woodland paradise. With over 2,800 acres of forests, river valleys, and rolling hills, this area is a haven for hikers, bikers, and horseback riders. The trail system spans nearly 30 miles, offering opportunities for exploration and wildlife spotting. During winter, cross-country skiing and snowmobiling become popular activities, adding a touch of winter wonder to the experience.

You can purchase hunting and fishing licenses, cross-country ski passes and snowmobile trail stickers only through the Electronic License System. Online <https://gf.nd.gov/licensing>, Toll Free: 1 (888) 646-6367  
A list of vendors participating in electronic licensing sales is below.

## ALEXANDER

### **Patriot Fuels DL, Inc.**

P.O. Box 421 | Alexander | (701) 862-3835

## DEVILS LAKE

### **Ed's Bar & Bait Shop**

1605 Hwy. 20 S | Devils Lake |  
(701) 662-8321

### **Gerrells Sports Center**

415 4th St. NE | Devils Lake | (701) 662-8133

### **GNF - Devils Lake**

7928 45th St. NE | Devils Lake |  
(701) 662-3617

### **Grahams Island State Park**

152 S Duncan Rd. | Devils Lake |  
(701) 766-4015

### **Holiday Station (#189)**

137 Hwy 2 West | Devils Lake |  
(701) 662-5512

## DEVILS LAKE (Contd)

### **Newby's Ace Hardware**

210 Hwy 2 W. Suite 16 | Devils Lake |  
(701) 662-9818

### **Patriot Fuels**

8685 Hwy. 2 E | Devils Lake | (701) 662-0890

### **Walmart Supercenter (# 1695)**

1424 Hwy 2 East | Devils Lake |  
(701) 662-5203

## DRAYTON

### **Catfish Capital Guns & Ammo**

406 Grant Ave. | Drayton | (701) 331-2885

## LANGDON

### **Langdon Hardware**

804 1st st. | Langdon | (701) 256-2120

Certain species licenses are issues by lottery & require additional application procedures. Contact the North Dakota Game and Fish Department for license availability & eligibility. Online: [www.gf.nd.gov](http://www.gf.nd.gov), By Phone: (701) 328-6300, or Scan The QR Code



## RESIDENT

### **FISHING, HUNTING, FURBEARER CERTIFICATE**

(Prerequisite for All Hunting/Fishing Licenses) \$1.00

### **GENERAL GAME & HABITAT LICENSE**

(Prerequisite for Hunting Licenses) \$20.00

### **COMBINATION**

(fishing, general game & habitat, small game & furbearer licenses.

(General Ages 16+) \$52.00

### **SMALL GAME LICENSE**

(General Ages 16+) \$10.00

### **SANDHILL CRANE PERMIT\***

\$10.00

### **DEER**

(Gun 1st Lottery) \$30.00

(Bow) \$30.00

(Youth Gun/Bow) (Ages 16 & Under) \$10.00

### **PRONGHORN**

(Gun) \$30.00

(Bow) \$30.00

(Youth Gun/Bow Ages 16 & Under) \$10.00

### **FURBEARER**

(Trapping/Hunting Ages 16+) \$15.00

### **WILD TURKEY\***

(Spring/Fall 1st Lottery) \$15.00

### **FISHING**

(General Ages 16+) \$18.00

(Married Couple) \$24.00

(Senior Citizen 65+ & Permanently Disabled) \$5.00

(Paddlefish) \$10.00

## NON-RESIDENT

### **FISHING, HUNTING, FURBEARER CERTIFICATE**

(Prerequisite for All Hunting/Fishing Licenses) \$2.00

### **GENERAL GAME & HABITAT LICENSE**

(Prerequisite for Hunting Licenses) \$20.00

### **SMALL GAME LICENSE**

(General) \$100.00

### **WATERFOWL**

(State-Wide) \$150.00

(Zone-Restricted) \$100.00

### **NON-GAME**

(General) \$15.00

### **SANDHILL CRANE PERMIT\***

\$30.00

### **DEER**

(Gun 1st Lottery) \$255.00

(Bow) \$250.00

### **BIGHORN SHEEP**

\$600

### **FALL WILD TURKEY\***

\$80.00

### **FISHING**

(General Ages 16+) \$48.00

(Husband/Wife) \$63.00

(3 Day) \$28.00

(10 Day) \$38.00

(Paddlefish Tag) \$25.50

\*Requires small game license in addition to permit.

# OUTDOOR

## Fun Facts

- 85% of plant life is found in the ocean
- Fire usually moves faster uphill than downhill
- Wildfires can reach speeds of 14 miles per hour
- For every human there are around 200 million insects
- The only continent with no active volcanoes is Australia
- You can only see a rainbow if you have your back to the sun
- Oak trees produce acorns when they are around 50 years old
- Parks run by the National Park Service have around 3 million campers per year
- The record high in the U.S. was in Death Valley, CA at 134F and the record low was in Prospect Creek, AK at -79F

## **BILLINGS LAKE NATIONAL WILDLIFE REFUGE**

100th Ave. NE & 82nd St. NE | Hampden

## **CAVALIER CITY PARK**

200 Park St. W | Cavalier

Features a kids play areas, tennis court, basketball court, 9-hole disc golf course, sand volleyball court, outdoor pool, picnic shelters & bathroom facilities.

## **GRAHAMS ISLAND STATE PARK & BLACK TIGER BAY STATE RECREATION AREA**

152 Duncan Rd. St. | Devils Lake | (701) 766-4015

Features an activity center, bait shop, boat ramp, dog park, fish cleaning station, gas pump, horseshoe courts, picnic shelters, playground, sewage dump station, sewer/electrical hookups, showers, flush toilets, swim beach, visitor center, and a volleyball court.

## **GUNLOGSON STATE NATURE PRESERVE/ ICELANDIC STATE PARK**

13571 Hwy. 5 | Cavalier | (701) 265-4561

Features an amphitheater, boat ramp, courtesy dock, dog park, electrical hookups, historical buildings, picnic shelters, playground, sewage dump station, shower, flush toilets, sledding hill, swim beach & 3 miles of walking trails.

### **Rentals :**

Canoe - \$8/hour or \$50/day

Kayak - \$8/hour or \$50/day

Kicksled - \$15/day

Stand-up Paddleboards - \$8/hour or \$50/day

## **LANGDON CITY PARK**

1316 7th St. | Langdon | (701) 256-2155

Features an outdoor heated swimming pool, tennis courts, picnic shelters, baseball diamonds, horseshoe pits and restrooms with showers.

## **LEISTIKOW PARK**

495 West 5th St. | Grafton | (701) 352-7842

Features hiking/walking trails, 18 hole disc golf course, outdoor swimming pool, basketball court, tennis courts, playground, fishing, shelters, and rentals for paddle boats, canoes, kayaks.

## **MOUNT CARMEL DAM RECREATION AREA**

10850 104th St. NE | Langdon |

(701) 256-3964

Provides for a variety of outdoor activities including fishing, boating and water skiing.

## **PEMBINA GORGE STATE RECREATION AREA**

101 5th St. | Walhalla | (701) 549-2444

Features horseback riding, hiking, kayaking (kayak rentals), mountain biking, off-highway vehicles (OHV), groomed trails in the winter season (non-motorized vehicles).

## **PEMBINA HILLS STATE GAME**

### **MANAGEMENT AREA**

Darling Rd. | Walhalla | (218) 219-8587

## **PUMPKIN PARK**

116 Burgamont Ave. | Grafton |

(701) 352-1842

Features a playground and tennis court.

## **RENDEZVOUS REGION SCENIC BACKWAY**

Hwy. 55 & 32 | Walhalla

This drive has lots of opportunities to enjoy and explore the outdoors. It has lush forests, stunning views, and expansive leisure areas.

## **SCHUMACHER PARK**

1596 Hill Ave. | Grafton | (701)352-1842

Features a playground, half basketball court, outdoor hockey rink with and warming house.

## **TURTLE RIVER STATE PARK**

3084 Park Ave. | Arvilla | (701) 795-3180

Features picnic shelters, playground, sewage dump station, showers, flush toilets, sled-ding area, visitor center, warming house.

## **TETRAULT WOODS STATE FOREST**

1.5 miles S along Hwy. 32 | Walhalla |

(701) 228-3700

Features picnic shelters, playground, sewage dump station, showers, flush toilets, sled-ding area, visitor center, warming house.



# Hiking Safety Tips

Before heading out on a hike, make sure you are prepared. Determine the length of the hike you're going on and the type of terrain you are going to traverse. Make sure to wear suitable footwear depending on the weather and terrain. Pack an appropriate size backpack and proper gear for your hike. Let a friend or family member know when and where you are going and how long you plan on being gone.

## Operating Watercraft

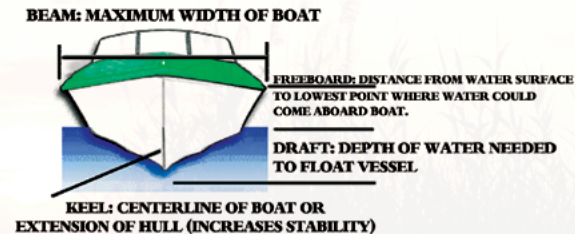
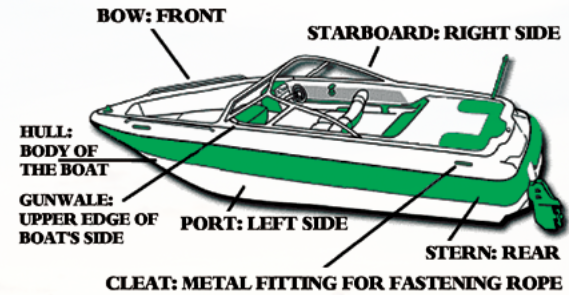
FOLLOW THESE GUIDELINES TO HELP PREVENT AND PREPARE FOR CAPSIZING, SWAMPING, OR SOMEONE FALLING OVERBOARD.

- MAKE SURE THAT YOU AND YOUR PASSENGERS ARE WEARING LIFE-JACKETS WHILE THE BOAT IS MOVING.
- ATTACH THE IGNITION SAFETY LANYARD TO YOUR WRIST, CLOTHES, OR LIFE JACKET.
- DON'T ALLOW ANYONE TO SIT ON THE GUN WALE, BOW, SEAT BACKS, MOTOR COVER, OR AREAS NOT DESIGNED FOR SEATING. ALSO, DON'T LET ANYONE SIT ON PEDESTAL SEATS WHEN CRAFT IS NOT IN IDLE.
- DON'T OVERLOAD YOUR BOAT. BALANCE THE LOAD OF PASSENGERS AND GEAR STORED ON-BOARD.
- KEEP YOUR CENTER OF GRAVITY LOW BY NOT ALLOWING PEOPLE TO STAND UP OR MOVE AROUND WHILE CRAFT IS IN MOTION.
- IN SMALL BOATS, DON'T ALLOW ANYONE TO LEAN BEYOND THE GUNWALE.
- TURN BOAT AT SLOW RATES OF SPEED.
- SECURE THE ANCHOR LINE TO THE BOW, NEVER TO THE STERN.
- DON'T RISK OPERATING WATER CRAFT IN ROUGH CONDITIONS OR BAD WEATHER.

## Who May Operate a Motorboat

(OTHER THAN A PERSONAL WATERCRAFT)

- **FOR ENGINES 25 HORSEPOWER OR LESS:**
  - THOSE UNDER AGE 12 MAY OPERATE WITHOUT RESTRICTIONS.
- **FOR ENGINES OVER 25 HORSEPOWER THROUGH 75 HORSEPOWER:**
  - THOSE UNDER AGE 12 MUST HAVE SOMEONE 21 YEARS OF AGE OR OLDER ON BOARD WITHIN REACH OF THE CONTROLS.
- **FOR ENGINES OVER 75 HORSEPOWER:**
  - NO CHILDREN UNDER AGE 12 MAY OPERATE, EVEN WITH AN ADULT ON BOARD.
  - OTHER RESTRICTIONS APPLY TO BOAT OPERATORS 12 TO 17 YEARS OLD:
    - OPERATORS FROM 12 TO 17 YEARS OF AGE MAY OPERATE ENGINES OF 25 HORSEPOWER OR LOWER WITH NO RESTRICTIONS.
- **FOR ENGINES OVER 25 HORSEPOWER:**
  - OPERATORS 12 TO 17 YEARS OF AGE MUST HAVE: A WATERCRAFT OPERATOR'S PERMIT, OR SOMEONE AGE 21 YEARS OR OLDER OLD ON BOARD WITHIN REACH OF THE CONTROLS.



## All Watercraft Must Have...

- AT LEAST ONE COAST GUARD APPROVED TYPE 1, 2, 3 OR 5 FLOTATION DEVICE THAT IS THE PROPER SIZE FOR EACH PERSON ON BOARD OR BEING TOWED.
- ALL DEVICES MUST BE IN GOOD CONDITION AND EASILY ACCESSIBLE.
- CHILDREN UNDER AGE 10 MUST WEAR A DEVICE WHEN ON BOARD A BOAT THAT IS UNDERWAY UNLESS:
  - IN AN ENCLOSED CABIN OR BELOW DECK OR ON AN ANCHORED BOAT THAT IS BEING USED FOR SWIMMING OR DIVING OR PASSENGER CRAFT WITH A LICENSED CAPTAIN.
- ALONG WITH THE ABOVE AT LEAST ONE APPROVED TYPE 4 MUST BE ON BOARD BOATS 16 FT. OR LONGER (EXCEPT CANOES AND KAYAKS) AND IMMEDIATELY AVAILABLE.
- A COAST GUARD APPROVED TYPE 5 DEVICE MAY BE SUBSTITUTED FOR ANY OTHER COAST GUARD APPROVED DEVICE IF IT MEETS THE SAME REQUIREMENTS AND IS NOTED ON THE LABEL.
- ANYONE RIDING A JET SKI OR OTHER PERSONAL WATER CRAFT MUST WEAR AN APPROVED -NON INFLATING FLOTATION DEVICE, AS WELL AS ANYONE BEING TOWED BY A WATER CRAFT.

# So, You have decided to get a pet... NOW WHAT??

**Commitment and Time:** Owning a pet is a long-term commitment. Before bringing a pet home, consider your lifestyle and ensure you have enough time to spend with your pet. Dogs, cats, and many other animals require attention, exercise, and mental stimulation.

**Choose the Right Pet for Your Lifestyle:** Different pets have varying needs, temperaments, and activity levels. Research and select a pet that fits well with your lifestyle, living situation, and family dynamics. Whether you choose a dog, cat, bird, fish, or any other animal, make sure you can provide for its specific needs.

**Proper Nutrition:** Feed your pet a balanced and nutritious diet suitable for their species and age. Consult with a veterinarian to determine the best food options for your pet's health and well-being.

**Regular Exercise:** Most pets need regular physical activity to stay healthy and happy. Engage in playtime and exercise with your pet daily, as it helps prevent obesity and provides mental stimulation.

**Routine Veterinary Care:** Schedule regular check-ups with a veterinarian to monitor your pet's health, get necessary vaccinations, and address any concerns. Early detection of health issues can often lead to better outcomes.

**Spaying/Neutering:** Consider spaying or neutering your pet if you don't plan on breeding. This helps control the pet population and can have health benefits for your pet.

**Training and Socialization:** Properly train your pet to follow basic commands and have good manners. Socialize them with other animals and people from a young age to prevent behavioral issues later on.

**Provide a Safe Environment:** Ensure that your home and yard are safe for your pet. Remove hazards, keep toxic substances out of reach, and provide appropriate shelter from extreme weather conditions.

**Grooming:** Regular grooming is essential for most pets. Brush their fur, trim nails, and clean their ears as needed to keep them comfortable and healthy.

**Identification and Microchipping:** Keep identification tags with your current contact information on your pet's collar. Consider microchipping your pet as an extra measure to ensure they can be identified if lost.

**Love and Attention:** Pets thrive on love and attention from their owners. Spend quality time with your pet, provide affection, and build a strong bond.

**Respect and Understanding:** Learn to understand your pet's body language and behavior. Respect their boundaries and feelings, and avoid forcing them into uncomfortable situations.



**Patience and Forgiveness:** Pets, especially young ones, can be mischievous or have accidents. Be patient with them during the training process and forgive any mistakes they make along the way.

**Emergency Preparedness:** Have a plan in place for emergencies, including natural disasters. Know how to evacuate with your pet safely if needed.

**If you have just rescued / adopted a new fur baby, please it is important to remember the 3-3-3 RULE:**

### 3 Days:

In the first 3 days being in its new home, they will be feeling overwhelmed, scared & unsure of what is going on. They may also be uncomfortable being "themselves", and may not want to eat or drink. They may want to "shut down" or hide under a bed or in a crate, and they will test boundaries.

### 3 Weeks:

At this point, they may be a lot more comfortable & settling in. Learning a new routine can be overwhelming, so please be patient. By now they may have figured out the new environment & accepted that this may be their FURever home. Their personality traits will start to show, as well as any behavior issue that may be present.

### 3 Months:

For most fur babies, 3 months is enough time to finally be comfortable and begin to build trust and a true bond. A sense of security may be present & a set routine will help this process.

Please know that this is not the rule with every rescued or adopted pet, as some may need 6 months to a year to adjust & adapt, depending on MANY factors. Age of animal, what type of an environment did they come from?

### Ruger Dog Park

501 14th St. NE | Devils Lake | (701) 662-8243

### Grahams Island State Park (dog park within)

152 S Duncan Rd. | Devils Lake | (701) 766-4015

### Happy Tails Bark Park

819 W 5th St. | Grafton | (701) 352-1842

### Icelandic State Park (dog park within)

13571 ND-5 | Cavalier | (701) 265-4561

## DOG PARKS





# GO GREEN



Reduce, Reuse,  
Recycle

reduce waste, reuse materials & recycle properly



Cut back on single-use plastics, conserve water, drive less



EVERY DAY is EARTH DAY



- Community/Home Gardens:** Really good at absorbing carbon dioxide. Cuts down on pesticides/fertilizers. Also benefits mental health and provides fresh food.
- Composting:** Decreases the amount of trash in landfills and reduces carbon emissions.
- Plant Trees:** Planting trees is a classic Earth Day activity.
- Local Food:** Buy local sustainable food.
- Clean-Up Events:** Organize or participate in local clean-up efforts.
- Upcycle Crafts:** Get creative by turning old items into new useful objects.



# Drayton North Dakota

Drayton, North Dakota. Other than being referred to as "Catfish Capital of the North", this TINY city holds a hefty title dubbed by the Governor, John Davis in 1958.

"Baseball Capital of North Dakota". If you are curious as to how such a small city ( only 0.66 square miles) got one of America's favorite pastimes titles, let me fill you in.

65 years ago, in 1958, the Drayton American Legion (Drayton High School) had a team that became unbeatable for years. These teen aged fellas typically played all class B teams but they plowed their way into class A.....and proceeded to win the Eastern division and then the state tournament in the city of Jamestown. Putting a whoopin' to Fargo, Jamestown & Grand Forks in the division tournament. They then proceeded to go 3-0, beating the home team twice as well as Williston at McElroy park.

That was the first of a 6 year dynasty, amassing a record of 73-1. They beat all of the state's best class A teams earning them a spot in the Legion Region 9 tournament, where they beat both Minneapolis Minnesota's team as well as Sioux Falls South Dakota's twice. This led to their advancement to the section tournament in Hobart, Oklahoma, being the first team in North Dakota to go since 1940.

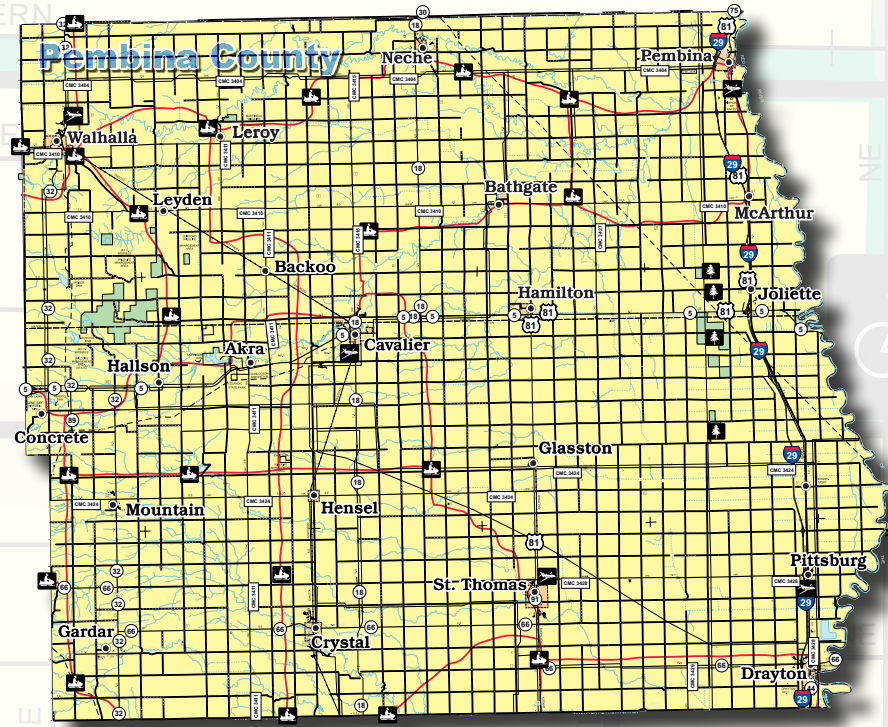
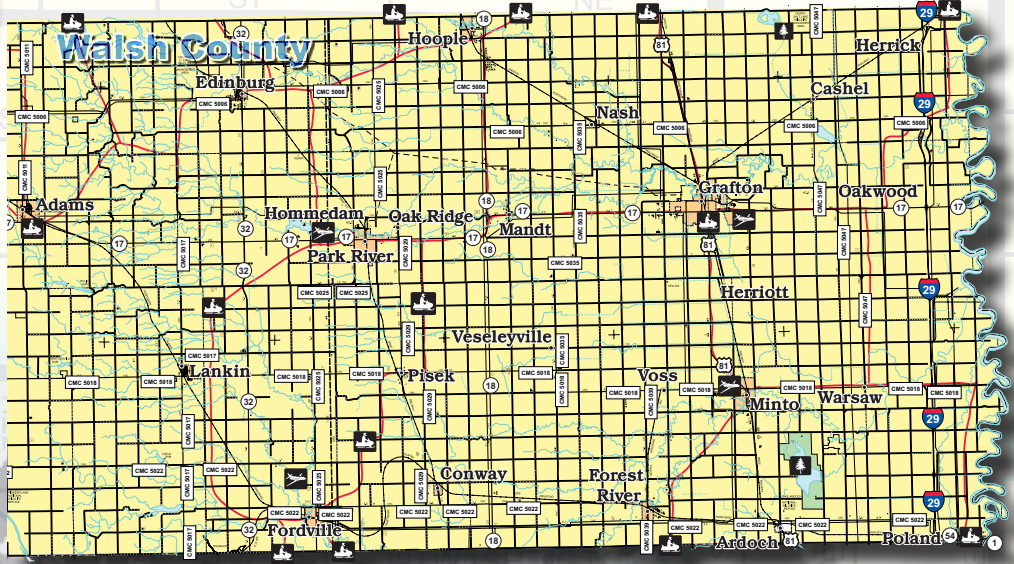
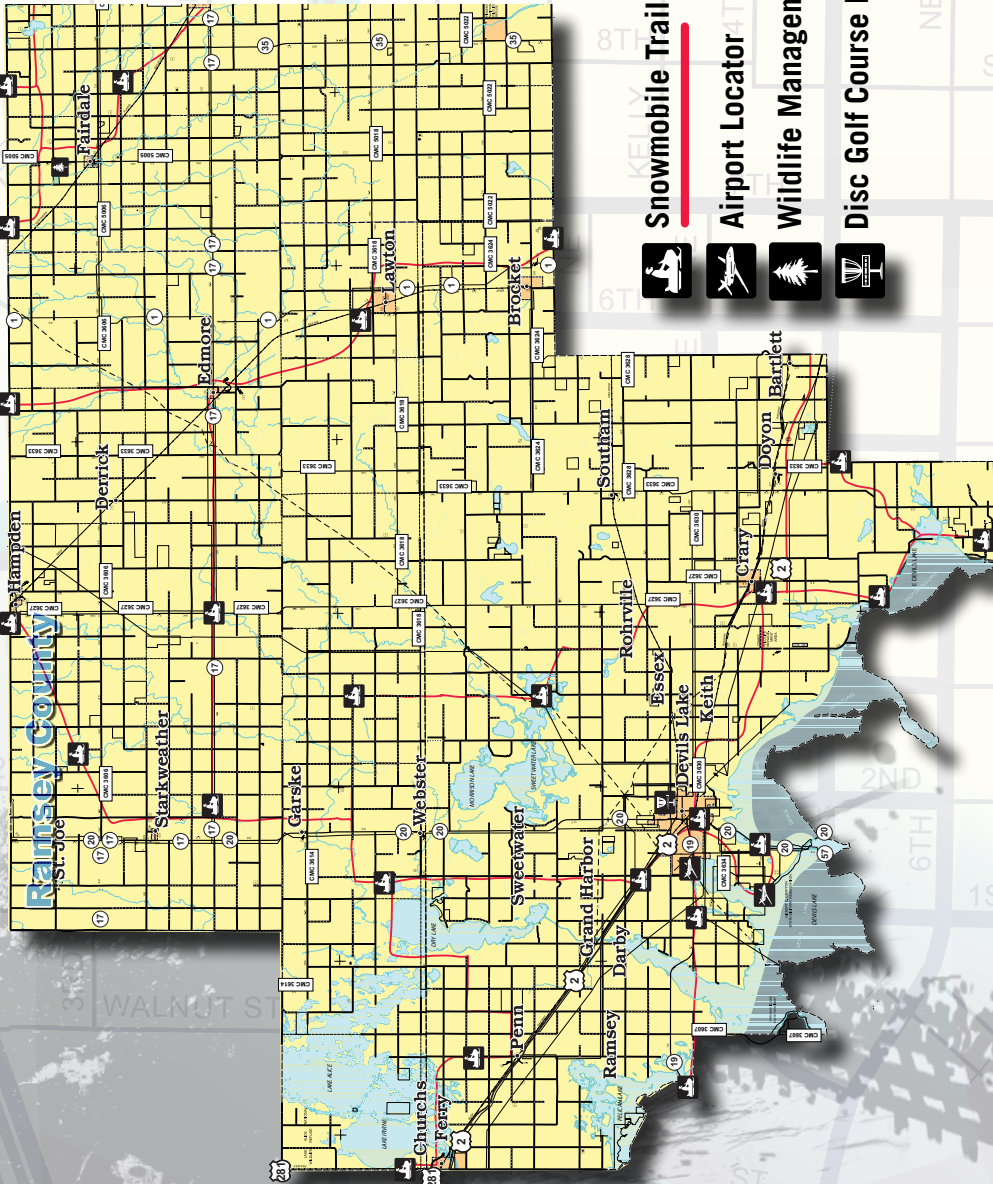
In that tournament, they would go on to lose, twice. That ended their season with an amazing record of 25-2. Losing to a Cincinnati, Ohio team that eventually went on to win the state championship.





Most, if not all of the guys went on to play college ball, with 2 of them becoming professional baseball players. One went to the New York Yankees, and the other to the Pittsburgh Pirates.

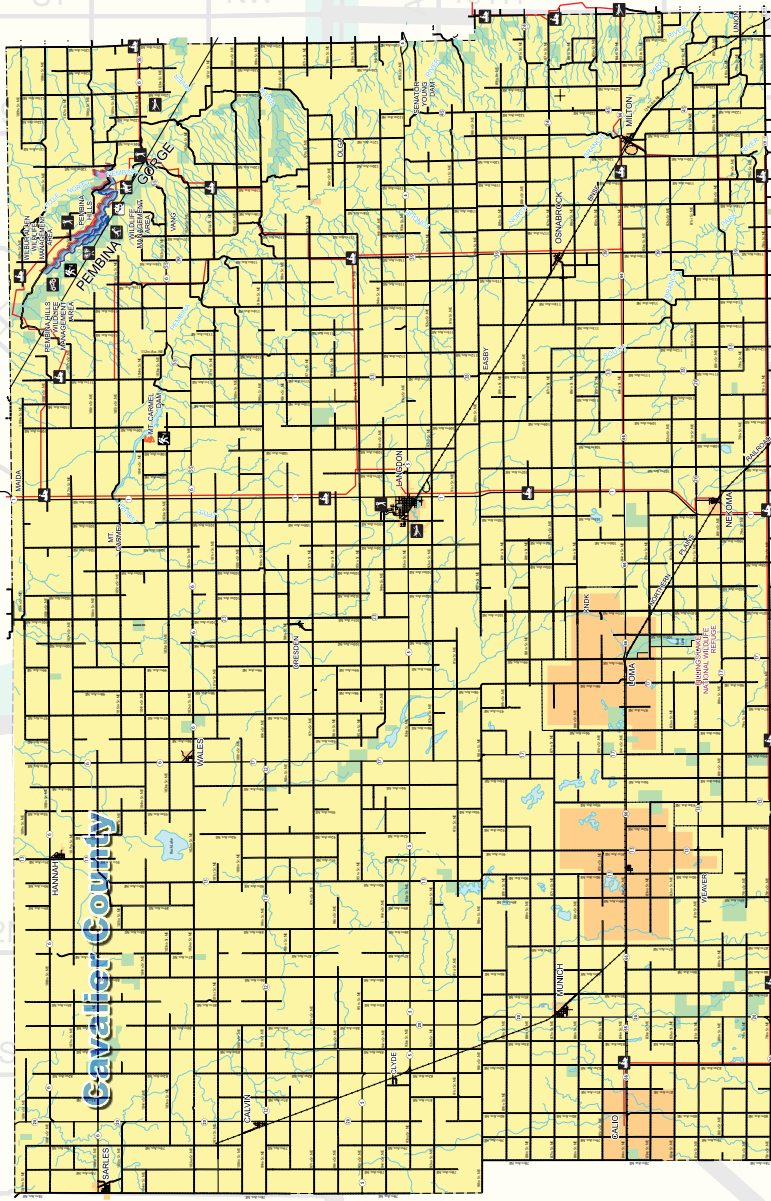
In 2010, the team was inducted into the NDSHOF. If you would like to learn more about the Drayton Dynasty, there is a book titled, "When Cinderella wore Spikes", written by Richard H. Johnson, published in 2009. I understand it is a very well researched and written book.



# AREA RECREATION & TRAILS



-  **Snowmobile Trail**
-  **Airport Locator**
-  **Wildlife Management**
-  **Disc Golf Course Locator**



- ATV Trail
- Snowmobile Trail
- Hiking/Walking Trail
- Equestrian Trail
- Mountain Bike Trail
- Golf Course Locator
- Snowshoeing
- Airport
- Cross-Country Ski Trail

# SINGLETRACK MOUNTAIN BIKING



**HAVE FUN  
& BE RESPECTFUL:**

Singletrack mountain biking is an exciting and rewarding activity. Remember to enjoy the ride, take in the scenery, and respect nature. Stay positive, be patient with yourself as you learn and improve, and have fun exploring new trails and pushing your limits. **EXPERIENCE:** Singletrack trails are often more challenging than regular trails. It's important to have some experience and proficiency on your bike. **TRAIL DIFFICULTY RATING:** Singletrack trails are often graded on their difficulty level, usually using a color-coded system. Start with trails that match your skill level. **TRAIL ETIQUETTE:** Respect other trail users, yield to uphill riders, and follow any posted signs or guidelines. Don't litter and stay on designated trails. **PROTECTIVE GEAR:** Wear appropriate gear, most important a helmet. Other helpful choices are gloves, knee and elbow pads, and sturdy shoes. **BIKE MAINTENANCE:** Check tire pressure, brakes, gears, and suspension. Carry essential tools, such as a multi-tool, spare tube, and a pump, to handle any minor repairs or adjustments on the trail. **HYDRATION & NUTRITION:** Singletrack mountain biking can be physically demanding. Carry enough water and pack some energy-rich snacks. **RIDE WITH A BUDDY:** It can make the experience more enjoyable, but it also enhances safety in case of any issues. **TRAIL RESEARCH:** Look for trail maps, reviews, and any relevant information about the area before heading out. **PACE YOURSELF:** Start at a comfortable pace and gradually increase your speed and difficulty level as you gain more experience and confidence.



# Barbecue

## BARBECUE DO'S:

- use proper barbecue equipment and tools, such as a grill, tongs, and spatulas.
- preheat your grill before placing any food on it.
- marinate your meat before cooking to enhance the flavor.
- keep a close eye on your food while grilling to prevent overcooking or burning.
- use a meat thermometer to ensure that your meat is cooked to the correct internal temperature.
- let your meat rest for a few minutes before slicing or serving to allow the juices to redistribute.
- keep your grill and utensils clean to prevent any foodborne illness.

## BARBECUE DON'TS:

- use lighter fluid to start your grill. Instead, use a chimney starter or electric starter.
- overcrowd your grill. Leave enough space between the pieces of meat to ensure even cooking.
- use a fork to flip your meat. Piercing the meat can cause it to lose its juices and become dry.
- baste your meat with sugary sauces too early in the cooking process, as it can burn and create a bitter taste.
- leave cooked meat out in the sun for too long, as it can spoil quickly.
- assume that meat is fully cooked by its color. Always use a meat thermometer to check the internal temperature.
- leave your grill unattended while it's still hot. Always make sure to properly cool it down before leaving it.



# BUTTERED-UP Steak



Simple meal with a *Gourmet* Feel

## INSTRUCTIONS

- 1 Take the steaks out of the refrigerator and let them come to room temperature for about 30 minutes. This helps the steak cook more evenly.
- 2 Preheat your oven to 400°F.
- 3 Season the steaks generously with salt and pepper on both sides.
- 4 Heat a large skillet over high heat until very hot. Add the steaks and cook for about 2-3 minutes per side, until nicely browned.
- 5 Remove the steaks from the skillet and place them on a baking sheet.
- 6 In the same skillet, add the butter and garlic. Cook for about 30 seconds, stirring constantly, until the garlic is fragrant.
- 7 Pour the garlic butter over the steaks on the baking sheet.
- 8 Place the baking sheet in the oven and cook for about 5-7 minutes for medium-rare doneness, or longer if you prefer your steak more well-done.
- 9 Remove the steaks from the oven and let them rest for a few minutes before slicing.
- 10 Serve the steak with any remaining butter from the baking sheet and fresh herbs if desired.

## INGREDIENTS

- 2 steaks (ribeye or sirloin are good choices)
- Salt and pepper
- 2 tablespoons unsalted butter
- 2 cloves garlic, minced
- Fresh herbs (optional)

Enjoy your delicious  
buttered-up steak!

PREP: 35 MIN • TOTAL: 50 MIN

# Travel

Choosing the  
*perfect*  
destination

What is your dream vacation? Do you want to lay on the beach, hike a mountain or explore a city? Questions like these are a good starting point to decide on where to go. Do research on some different areas and activities that may interest you and any others that you are traveling with to identify the most suitable vacation area.

How long do you plan on being gone? Don't try to go too far or jam in to many activities if you don't have the time. Leave some free time in your schedule to accommodate any unforeseen changes during the trip.

Depending on what type of climate you are wanting to vacation in, plan your trip for an appropriate time of the year in that area. Also watch out for peak seasons at some popular vacation destinations. At these times prices may be higher with larger crowds.

#### Plan:

- Research and learn about the area you are heading to
- Check the Travel Advisories for your intended destination
- Pack the appropriate clothing and supplies you will need for your trip
- Have a backup plan in case of injury or illness while on your trip
- Let friends or family know about your trip

#### Protect:

- Make sure the food and water in the area is safe to consume
- Protect your skin from the sun and insects
- Don't take any unnecessary risks
- Keep an eye on your health while traveling & when you get back

# Shop • Dine Play • Stay

# LOCALLY



...and  
support the  
community you live in!