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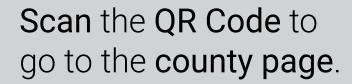
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### Local Area Events

#### **JANUARY**

Annual Kumquat Festival - Dade City & Zephyrhills

#### **FEBRUARY**

Richey

Annual SunWest Crab & Shrimp Festival -Hudson Taste of New Port Richey Annual Pigz in Z'Hills BBQ & Blues Festival -Zephyrhills

Zephyrhills
Zephyrhills Classic Car Auction & Auto Event
Pasco County Fair & Parade - Dade City
Chinese New Year Celebrations - Dade City
Farm Festival & Quilt Show - Dade City
Bay Area Renaissance Festival - Dade City
St. George Winterfest & Carnival New Port Richey
Annual Chili Cook-Off / Suncoast
Brotherhood - New Port Richey
Bazaar & Craft Fair - Port Richey
50's Sock Hop - Dade City
Sea Blues Festival - New Port Richey

Annual Gasparilla Music Festival - New Port

Pasco Pride Festival - Land O'Lakes Annual Clay Shoot - Land O'Lakes

#### MARCH

Sabor Latino (Latin Music Festival) -Zephyrhills Mosquito Fest - Zephyrhills Small Business Expo & Trade Show -Zephyrhills Founders Day Festival - Zephyrhills Main Street Egg Hunt - Zephyrhills Pasco Blues Festival - Land O'Lakes Annual Cancer Crawl - Port Richev Dogs Day in Dade City Annual Loquat Festival - New Port Richey Chasco Fiesta - Flagship Bank Boat Parade -**New Port Richey** Annual Iron Home Brewer Challenge Charity Festival - New Port Richey Prog on the Ranch - New Port Richey Strawberry Festival - New Port Richey Brewers Ball - San Antonio Community Resource Fair - Holiday Arts & Crafts in Horticulture - Land O' Lakes Land O'Lakes Music Fest

#### **APRIL**

Annual Pasco County Beer & Burger Festival
- Land O'Lakes
Music & Motorcycles - Zephyrhills
Uncorked Garden Party - Dade City
Artwalk - Dade City
Dudinel Highland Games - New Port Richey
Guavafest - San Antonio
International Food Truck Fest - San Antonio

#### **MAY - JUNE**

Sunshine Get Down at Florida Sand Festival
- Dade City
Juneteenth Madden Tournament Zephyrhills
Juneteenth Community Unity 3x3 B-Ball
Tournament - Zephyrhills

#### **JULY - AUGUST**

4th of July Celebrations - Area Wide
All Things America - Zephyrhills
Summerfest Fireworks Show - Zephyrhills
Food Truck Rally & Car Show - Zephyrhills
Christmas in July Vendor Market - Zephyrhills
Back to School Festival - Zephyrhills
Chapel Chop Music Fest - Wesley Chapel

#### SEPTEMBER

Dade City Cruise In & Car Show - (Sept-May)
Dade City Marketplace - (Sept-May)
Wesley Chapel Fall Festival
Remembrance Day Ceremony - Zephyrhills
Lions Club Fall Festival - Zephyrhills
Main Street Farmers Market - Zephyrhills

#### **OCTOBER**

Holes for Hope Golf Tournament - Zephyrhills
Trunk or Treat - Zephyrhills
Nightmare at Terrace Park - Zephyrhills
Monarch Butterfly Festival - Dade City
Trinity Festival - Trinity
Halloween in Wesley Chapel
Community Garage Sales - Wesley Chapel

#### **NOVEMBER**

Pirate 5K, 10K & Half Marathon - Holiday Gobbler 5K & 1 Mile Run - New Port Richey Living History - FL Seminole Wars - Dade City Dade City Unwraps for The Holidays Christmas Tree Lighting - Zephyrhills Annual Harvest Festival - Zephyrhills

#### **DECEMBER**

Pioneer Christmas Vintage Market Zephyrhills
Festival of Lights - Zephyrhills
Reindeer Games - Old Fashioned Family
Christmas Event - Zephyrhills
Annual Gingerbread House Contest & Exhibit
- Zephyrhills
Dade City Gingerbread World
Pioneer Christmas Vintage Market- Dade City
Christmas Parade - Dade City

Holiday Street Parade - New Port Richey

\*Events are subject to change



www.LincolnMarketing.us - 3

## Residential Services

Alteria	727 047 0445
Administration	
AnimalServices	813-929-1212
Clerk & Comptroller Departments/ Divisions:	
Dade City	252 524 4566 46
Budget/Purchasing	
Child Support	
Civil	
Court Records	
Felony	
IT Services	
Juvenile	
Mental Health	
Probate	
Public Record Requests	
Traffic	352-521-4542 #2
Treasury Management	352-521-4566 #3
New Port Richey	
Budget/Purchasing	727-847-2411 ext 4566
Child Support	727-847-8031 #5
Civil	727-847-8031 #3
Court Records	727-847-8962
Felony	727-847-8031 #1
IT Services	727-847-2411 ext 4529
Juvenile	727-847-2411 ext 8706
Mental Health	727-847-8031 #4
Probate	727-847-8031 #4
Public Record Requests	
Traffic	727-847-8031 #2
Treasury Management	727-847-2411 ext 4566
Emergency Services 911 / Non emergency	
Emergency Management	
Fire Rescue 911 / Non emergency	
GIS	
Human Resources	
Human Services	
Parks, Recreation & Natural Resources	
. a,	

Planning / Development	727-847-8140
Public Works	
Senior Services	727-834-3340
Sheriff	727-847-8102
Survey & Mapping	727-847-8014
Utilities	
Veterans	727-834-3282
Extension	352-518-0156



## **P**asco County Communities



Pasco County was established on June 2, 1887, from the southern third of Hernando County. Samuel Pasco, who had recently won a seat in the US Senate, is honored by the county's name. Dade City served as the temporary county seat until 1889, when voters designated Dade City as the county seat permanently in a popular vote. Dade City was not in the center of the county, so residents in the western part of the county proposed either creating their own county or joining forces with Pinellas County as early as 1917. The late 1970s saw the resolution of the issue. Zephyrhills is the largest city and Dade City serves as the county seat. As per the 2020 census, there were 561,691 people living there.

CITIES
Dade City (County Seat) - 7,275
New Port Richey - 16,728
Port Richey - 3,052
San Antonio - 1,297
Zephyrhills - 17,194
Town
Ct. L

St. Leo - 2,362 CDP - (Census Designated Places) Aripeka - 320

Moon Lake - Unlisted Bayonet Point - 23,467 New Port Richey East - 9,916 Beacon Square - 7,263 Odessa - 7 267

Odessa - 7,267 Connerton - 5.282 Pasadena Hills - 7,570 Crystal Springs - 1,175 Quail Ridge - 1,040 Dade City North - 3,319 River Ridge - 4,702 Elfers - 13,161 Shady Hills - 7,798

Shady Hills - 7,798 Heritage Pines - 2,136 Trilby - 433 Holiday - 24,939 Trinity - 10,907 Jasmine Estates - 18,989

Wesley Chapel - 64,866 Key Vista - 1,757 Zephyrhills North - 2,663 Lacoochee - 1,345 Zephyrhills South - 4,985

Land O'Lakes - 35,929 Zephyrhills West - 5,533 Meadow Oaks - 2,842 **Unincorporated Communities** 

Blanton
Richland
Branchborough
Seven Springs
Darby
St. Joseph
Gulf Harbors
Starkey Ranch
Hudson Beach
Trilacoochee
Jessamine
Vitis
Lumberton

\*Populations are approximate.

#### DADE CITY (COUNTY SEAT)

Dade City is the county seat in Pasco County, Florida. The city bears the name of Maj. Francis L. Dade, a Second Seminole War veteran who was killed in action. In the 1870s and 1880s, a nearby European-American settlement known as Fort Dade was established. Business owners decided to move a few miles east to be close to the railroad, which was being built a few miles away. Dade City was the new name given to the town. The name became official when the Hatton post office was changed to Dade City on December 18, 1884. Dade City was initially incorporated in 1884 or 1885. In the 2020 census, there were 7,275 people living there.

#### **HOLIDAY**

In Pasco County, Holiday is a census-designated place (CDP). In the early 1960s, First Federal Savings and Loan Association of Tarpon Springs president William W. Boyd requested his board of directors to rename the new branch Holiday, after noticing the name "Holiday Drive" on a map close to the location of the planned branch to be constructed in southwest Pasco County. Boyd then started organizing people to name the community Holiday. In the 2020 census, there were 24,939 people living there.

#### LAND O'LAKES

Nestled in Pasco County, is Land O' Lakes, a census-designated place (CDP). By the 1840s, a stage coach line ran through the center of where the CDP is now located. A railroad line eventually passed through the CDP, and a station was constructed, sometime in the early 1900s. Land O' Lakes grew and incorporated neighboring towns like Ehren, Gowers Corner, and Denham during the course of the 20th century. Land O' Lakes was once home to Dupree Gardens, one of Florida's first roadside tourist destinations. In 1949, during a community meeting, the name Land O' Lakes was proposed. The post office located in Ehren was renamed Land O' Lakes on September 1, 1950. 35,929 people were living in the CDP as of the 2020 US census.

## **P**asco County Communities

#### **NEW PORT RICHEY**

New Port Richey is a city in Pasco County, Florida. The older portion of Port Richey was known as "Old Port Richey" by 1914, while the area surrounding Orange Lake was referred to as "New Port Richey." A distinct post office was opened in 1915 for the people living in Port Richey's southern section. Postmaster Gerben DeVries was the first. Following George Sims' acquisition of the Port Richey Land Company, the city began to expand. In 1916, he constructed a house in New Port Richey. To support the neighborhood library, the first Chasco Fiesta was organized in 1922. Resurrected in 1947, the event has been held yearly ever since. New Port Richey was incorporated in 1924. Dr. Elroy M. Avery, a historian, educator, and well-known author who moved to New Port Richey from Cleveland after retiring in 1919, served as the city's first mayor. The population was counted at 16,728 in the 2020 census.

#### **PORT RICHEY**

Pasco County is home to the city of Port Richey. Aaron M. Richey moved to the area around the Pithlachascotee River's mouth in 1883 after traveling from St. Joseph, Missouri. On July 9, 1884, he opened a post office in his house. In response to the incorporation of New Port Richey the year before, Port Richey became a municipality in 1925. 3,052 people called the city home as of 2020.

#### **SAN ANTONIO**

San Antonio, also known as San Ann to the locals, is a city in Pasco County. Judge Edmund F. Dunne established it as a Catholic colony. The Saint Anthony of Padua is the source of the city's name. Judge Dunne chose the western shore of Lake Jovita as the city's location and got to work settling it. In Florida, which was then a predominantly Protestant state, he intended for the city to serve as the center of a Roman Catholic colony. Only the rural community of St. Joseph remains today, though Dunne planned several other villages for the surrounding area, including St. Thomas, Villa Maria, Carmel, and San Felipe. Per the most recent census, there were 1,297 people living there.

#### ST. LEO

The town of St. Leo is located in Florida's Pasco County. It is most well-known for being the location of Holy Name Monastery, St. Leo Abbey, and St. Leo University. On Judge Edmund F. Dunne's former homestead and farm land east of San Antonio, Florida, on the shores of Lake Jovita, the Benedictines founded the monastery of St. Leo and St. Leo College in 1889. Later, the area was incorporated as part of a new town named St. Leo. Although Dunne had originally laid out the area as another village, the Benedictine monks' arrival was when the area that is now the Town of St. Leo got its name. In 2020, there were 2,362 people living there.

#### **WESLEY CHAPEL**

Wesley Chapel is a census-designated place in Florida's Pasco County. It began as a cohesive settlement of settlers in the middle of the 1800s. There is evidence of Native American habitation in the region dating back to 10,000 BC. While cash-crop farming, citrus production, and livestock ranching supplied sustenance for the pioneer settlement, lumber harvesting and turpentine production emerged as significant industries. Legends were born out of moonshine stills, gator hunting, and charcoal kilns, which augmented earnings. The town is also known by the names Godwin, Gatorville, and Double Branch. Wesley Chapel had a general store, two sawmills, and its own post office between 1897 and 1902. Due to inadequate roads, residents had to rely on neighboring towns for services until the late 20th century, when postal service and incorporation became available. The population was 64,866 at the 2020 census.

#### **ZEPHYRHILLS**

Pasco County is home to the city of Zephyrhills. On April 18, 1888, Zephyrhills was founded as the town of Abbott. In 1893, a voting district was created; a post office followed in 1896. With the intention of establishing a community for Civil War veterans, Captain Howard B. Jeffries, a Pennsylvanian veteran of the Union army, bought 35,000 acres and established the Zephyrhills Colony Company in 1909. Zephyrhills was the new name adopted by the town in 1910; it was incorporated in 1914. In the 2020 census, 17,194 people were counted.

## Mosquitoes Prevention & Health Risks



Create an environment in your yard that invites animals that like to eat mosquitoes. Some things that enjoy eating mosquitoes are: • Bats • Frogs • Fish • Turtles • Birds Dragonflies

To help repel mosquitoes, plant some of the different vegetation listed: • Citronella • Geranium • Eucalyptus • Rosemary • Basil • Anise • Mint • Marigolds • Catnip • Wormwood • Tansy Lavender • Cedar • Cloves

Don't have stagnant water sitting around in things like buckets or tires.

#### WHILE OUTDOORS SAFE

When a mosquito bites you it can leave saliva in your body. If the mosquito is infected it can transfer diseases to you. A few of the more common diseases transmitted to people are: • Dengue • Encephalitis • Malaria • Yellow Fever. Mosquitoes can also transmit diseases to animals. A couple of these diseases are: • Heartworm (mostly to dogs & cats) • Encephalitis. To reduce your chance of getting a disease from mosquitoes you can, apply mosquito repellent to your skin and clothing.

#### **MOSQUITO FACTS** RANDOM

- More than 3,000 different mosquito species can be found around the world.
- Female mosquitoes feed on blood. Male mosquitoes feed on plant nectar.
- Some mosquito species prefer to feed on animals or reptiles over humans.
- All mosquitoes need water to complete their life cycle.
- One female mosquito can lay over 200 eggs at one time.
- Mosquito larvae only need a week in water to hatch.
- Mosquito eggs can survive for more than five years.
- Mosquitoes can fly around 1 to 2 mph.
- Mosquitoes find food by sight, infrared radiation and chemicals in the air.
- Around 1,000 Americans get ill or die from mosquito bites each year.
- Mosquitoes are a huge food source for birds, bats and some reptiles.





Singletrack mountain biking is an exciting and rewarding activity.

Remember to enjoy the ride, take in the scenery, and respect nature. Stay positive, be patient with yourself as you learn and improve, and have fun exploring new trails and pushing your limits. **EXPERIENCE**: Singletrack trails are often more challenging than regular trails. It's important to have some experience and proficiency on your bike. TRAIL DIFFICULTY RATING: Singletrack trails are often graded on their difficulty level, usually using a color-coded system. Start with trails that match your skill level. TRAIL ETIQUETTE: Respect other trail users, yield to uphill riders, and follow any posted signs or guidelines. Don't litter and stay on designated trails. PROTECTIVE GEAR: Wear appropriate gear, most important a helmet. Other helpful choices are gloves, knee and elbow pads, and sturdy shoes. BIKE MAINTENANCE: Check tire pressure, brakes, gears, and suspension. Carry essential tools, such as a multi-tool, spare tube, and a pump, to handle any minor repairs or adjustments on the trail. **HYDRATION & NUTRITION**: Singletrack mountain biking can be physically demanding. Carry enough water and pack some energy-rich snacks. RIDE WITH A **BUDDY**: It can make the experience more enjoyable, but it also enhances safety in case of an any issues. TRAIL RESEARCH: Look for trail maps, reviews, and any relevant information about the area before heading out. PACE YOURSELF: Start at a comfortable pace and gradually increase your speed and difficulty level as you gain more experience and confidence.

## Parks and Recreation

## PARKS, RECREATION & NATURE PRESERVES

#### **Aloha Gardens Park**

3120 Darlington Rd | Holiday

#### **Anclote Gulf Park**

2305 Baillies Bluff Rd | Holiday

#### **Anclote River Park**

1119 Baillies Bluff Rd | Holiday

#### **Aripeka Sandhills Preserve**

1800 Aripeka Rd | Hudson | 727-847-8140

#### Arthur F. Engle Memorial Park

11601 Denton Ave | Hudson

#### **Beacon Square Park**

3350 Moog Rd | Holiday

#### **Boy Scout Preserve**

4835 Green Key Rd | New Port Richey 727-847-2411

### 727-847-2411 Crews Lake Wilderness Park

16739 Crews Lake Dr | Spring Hill

#### **Cotee River Park**

Grand Boulevard | New Port Richey

#### **Eagle Point Park**

4499 Straub Memorial Dr | New Port Richey 727-938-2598

#### **Elsie Logan Memorial Park**

15830 Greenglen Ln | Shady Hills 727-861-3033

#### **Frances Avenue Park**

5580 Frances Ave | New Port Richey

#### **Grand Boulevard Park**

5708 Riverview Dr | New Port Richey

#### J. Ben Harrill Recreation Complex

2830 Gulf Trace Blvd | Holiday

#### **James Irvin Civic Center**

38122 Martin Luther King Blvd | Dade City 352-521-4166

#### Jay B. Starkey Wilderness Park

10500 Wilderness Park Blvd

New Port Richey | 813-929-2760

#### John S. Burks Memorial Park

13220 Gene Nelson Blvd | Dade City

352-521-4252

#### **Key Vista Nature Park**

2700 Baillies Bluff Rd | Holiday

727-938-2598

#### **Lake Lisa Park**

7021 Maplehurst Dr | Port Richey

#### Land O' Lakes Heritage Park

5401 Land O'Lakes Blvd | Land O'Lakes

#### Land O' Lakes Recreational Complex

3032 Collier Pkwy | Land O' Lakes

#### Middle Lake Park

18620 Townsend House Rd | Dade City

#### Moon Lake Park

8985 Lake Dr | New Port Richey

727-856-1793

#### **Nicks Park**

7929 Bayview St | Port Richey

#### Oakridge Park

2141 Seven Springs Blvd | New Port Richey

#### **Odessa Community Park**

1627 Chesapeake Dr | Odessa

#### **Oelsner Park**

5218 Miller Bayou Dr | Port Richey

#### **Historic Oelsner Indian Mound**

4930 Sunset Blvd | Port Richey

#### Pasco Palms Preserve

4466 Trouble Creek Rd | New Port Richey

727-847-8140

#### **Pine Hill Park**

6220 Pine Hill Rd | Port Richey | 727-834-3242

#### **Port Richey Waterfront Park**

8119 Old Post Rd | Port Richey

## PARKS, RECREATION & NATURE PRESERVES (Contd)

**Robert J. Strickland Memorial Park** 

6345 Clark St | Hudson | 727-861-3010

**Robert K. Rees Memorial Park** 

3503 Green Key Rd | New Port Richey

727-834-3252

**Samuel Pasco Athletic Park** 

39835 Chancey Rd | Zephyrhills 813-788-6900

San Antonio Athletic Complex & Community Garden

12750 Oak St | San Antonie | 352-521-1255

Sims Park

Grand Boulevard & Bank St | New Port Richey

**Stanley Park** 

38724 Mudcat Grant Blvd | Lacoochee

352-583-2507

**Starkey Ranch District Park** 

Lake Blanche Ave | Odessa | 813-929-1229

**Sunwest Park** 

17362 Old Dixie Hwy | Hudson | 727-569-6472

**Turtle Lake Park** 

37045 Polite Ave | Trilby

**Veterans Memorial Park** 

14333 Hicks Rd | Hudson

W.H. Jack Mitchell Jr. Park

4825 Little Road | New Port Richey

727-376-5654

**Wesley Chapel District Park** 

7727 Boyette Rd | Wesley Chapel

**Withlacoochee River Park** 

12449 Withlacoochee Blvd | Dade City

#### **BEACHES**

\*please be advised, some beaches charge fees for usage\*

**Anclote River Beach Park** 

1119 Baillies Bluff Rd | Holiday

**Hudson Beach** 

6325 Clark St | Hudson

**Robert K. Rees Memorial Park** 

4835 Green Key Rd | New Port Richey

#### **PUBLIC BOAT RAMPS**

**Anclote River Park Boat Ramp** 

1119 Baillies Bluff Rd | Holiday

**Brascher Park Hand Launch** 

4951 Koons Rd | Port Richey

**Nicks Park Boat Ramp** 

7929 Bayview St | Port Richey

R.J. Strickland Boat Ramp -

**Hudson Beach** 

6345 Clark St | Hudson

Robert Rees Memorial Park -

Small Boat Ramp/Hand Launch

4835 Green Key Rd | New Port Richey

Sims Park/City Boat Ramp

5443 Main St | New Port Richey

#### **PUBLIC FISHING PIERS**

**Anclote Gulf Park Fishing Pier** 

Baillies Bluff Rd, 1.2 miles from park

Clark Mallett Memorial Fishing Pier

5245 Limestone Dr | Port Richey

**Eagle Point Park Fishing Pier** 

Trouble Creek Rd & Rustic Dr | Beacon Square

James Grey Nature Preserve Fishing Pier 6938 Plathe Rd | New Port Richey

**Port Richey Waterfront Park Fishing Pier** 

8119 Old Post Rd | Port Richey

#### **DOG PARKS**

**Dade City Dog Park** 

14180 12th St | Dade City | 352-523-5051

**Gunner Paw Park** 

39536 Alston Ave | Zephyrhills

813-780-0022

**Meadows Dog Park** 

Larch Ln & Meadowbrook Ln New Port Richey | 727-853-1016

## DISC GOLF

Disc golf or frisbee golf is played a lot like traditional ball golf but instead of hitting a ball with a club into a hole the player throws a frisbee into a basket. Disc golf can be played by just about anyone at any age. It's also an inexpensive sport to get into. Specialized frisbees for disc golf cost around \$10-\$15 and a lot of courses are free. Playing disc golf is a great way to get out for some exercise, enjoy nature and have some fun.



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### **A**rea Attractions

#### **Arts in Motion**

13921 7th St | Dade City | 352-834-1246

Dade City Heritage & Cultural Museum

14206 US-98 BYP | Dade City | 352-424-5778

**Dade City Raceway** 

36722 State Rd 52 | Dade City | 813-781-9569

**Dade City Symphony** 

13925 14th St | Dade City

**Giraffe Ranch** 

38650 Mickler Rd | Dade City

**Hardy Trail** 

37856 Church A Dade City

Joy-Lan Drive Inn & Swap Shop

16414 US-301 | Dade City | 352-567-5085

**Kumquat Growers** 

31647 Gude Rd | Dade City | 352-588-0544

**Out of Our Hands Gallery** 

14245 7th St | Dade City | 352-437-3204

Pioneer Florida Museum & Village

15602 Pioneer Museum Rd | Dade City 352-567-0262

Scream-A-Geddon Horror Park

27839 St. Joe Rd | Dade City | 813-576-5412

**Snowcat Ridge Alpine Snow Park** 

27839 St. Joe Rd | Dade City | 813-576-1450

The Dade City Magnolia House

14118 7th St | Dade City | 352-206-9010

TreeHoppers Aerial Adventure Park

27839 St. Joe Rd Dade City 813-381-5400

Museum of Archeology, Paleontology & Science - M.A.P.S.

7650 Orchid Lake Rd | New Port Richey 727-637-5997

**AdventHealth Center Ice** 

3173 Cypress Ridge Blvd | Wesley Chapel 813-803-7372

#### **Starkey Blueberry Farms**

3100 Starkey Blvd | Trinity | 727-372-6440

**Epperson Lagoon** 

31885 Overpass Rd | Wesley Chapel 813-449-0482

**The Lift Adventure Park** 

17362 Old Dixie Hwy | Hudson

727-569-6472

**Skydive City** 

4241 Skydive Ln | Zephyrhills | 800-888-5867

**Lexington Oaks Golf Club** 

26133 Lexington Oaks Blvd | Wesley Chapel

877-481-2652

**Scotland Yards Golf Club** 

9424 Hwy 301 | Dade City | 352-567-7600

Seven Springs Golf & Country Club

3535 Trophy Blvd | Trinity | 727-376-0039

Silverado Golf Club

36841 Clubhouse Dr | Zephyrhills

813-788-1225 Timber Greens Golf Club

6333 Timber Greens Blvd | New Port Richey

West Pasco Art Guild

6206 Jefferson St | New Port Richey

727-841-7732

**Richey Suncoast Theater** 

6237 Grand Blvd N | New Port Richey 727-842-6777

West Pasco Museum/Historical Society

6431 Circle Blvd | New Port Richey

**Lyons Head Antique Mall** 

10447 US-Hwy 19 | Port Richey

SpinNations Family Roller Skating & Event Center

8345 Congress St | Port Richey

#### **Zephyrhills Museum of Military History**

39444 South Ave | Zephyrhills

813-800-0078

Waterplay at Zephyr Park

5039 4th St | Zephyrhills | 813-780-0022

**Pin Chasers** 

6816 Gall Blvd | Zephyrhills | 813-782-5511

**Zephyrhills Cinema 10** 

6848 Gall Blvd | Zephyrhills | 813-782-2222

San Antonio Pottery

1190 Curley Blvd | San Antonio 352-588-4228

Eddie's Roller Rink

31345 Co. Rd 52 | San Antonio 352-558-2136 Mirada Lagoon

31461 Mirada Blvd | San Antonio

813-444-5221

Florida Exotic Bird Sanctuary

8933 Casper Ave | Hudson | 844-352-2473

PK's PlayZone & Grille

3314 US-19 | Holiday | 813-999-4987

**Stop & Play** 

10933 US-19 | Port Richey | 727-8<mark>62-66</mark>66

The Grotto at St. Leo

33701 St Rd 52 | St. Leo

Choyce LLC

12231 Main St | San Antonio





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MD
Fellowship trained
Spine Surgeon
Offers Minimally
Invasive Surgery



Craig Bennett, M.D. Total Joints MAKO / General



Jared Salinsky, D.O. Total Joints General Ortho / Sports



George Kardashian, M.D. Hand / Elbow Fellowship



Juan Raposo, M.D. Dual Fellowships Total Joints / Revisions



Kirill Ilalov, M.D. Spine Fellowship



Dragomir Mijic, D.O. Shoulder Fellowship



Dolfi Herscovici, D.O. Foot / Ankle Fellowship & Trauma Fellowship



Korey Yngstrom, D.O. Hip / Trauma Fellowship



Kenton Panas, M.D. Sports Fellowship Shoulder, Hip, Knee Arthroscopy, Shoulder Replacements



Christopher Reyher, M.D. Pain Management & Rehabilitation



Huy Nguyen, M.D. Physiatry / General



Alexander Pappas, D.P.M. Podiatrist

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## WC License Centers

You can purchase hunting and fishing licenses online <a href="https://myfwc.com">https://myfwc.com</a>, call (850) 488-4676 or visit one of the FWC agents available throughout the area:

#### **Dicks Sporting Goods #316**

5925 Wesley Grove Blvd | Wesley Chapel | (813) 991-1618

#### Pasco TC - Dade City

14236 6th St, Suite 100 | Dade City | (352) 521-4360

#### Pasco TC - Land O Lakes

4135 Land O Lakes Blvd. | Land O Lakes | (813) 235-6020

#### Pasco TC - Gulf Harbors

4720 US Hwy 19 | Gulf Harbors | (727) 834-3819

#### **Pasco TC - New Port Richey**

8731 Citizens Drive Room 120 | New Port Richey | (727) 847-8165

#### Pasco TC - Wesley Chapel

4610 Pet Lane, Suite C101 | Wesley Chapel | (813) 235-6020

#### **Rural King - Zephyrhills**

7422 Gall Blvd | Zephyrhills | (813) 779-0200

#### WalMart #1085

8701 Us Hwy 19 | Port Richey | (727) 846-9504

#### WalMart #706

7631 Gall Blvd | Zephyrhills | (813) 782-1957

#### WalMart #713

12650 Us Hwy 301 S | Dade City | (352) 567-1551

#### WalMart #988

1575 Land OLakes Blvd | Lutz | (813) 949-4238

#### WalMart #994

8745 St Rd 54 | New Port Richey | (727) 376-3811

#### WalMart #5266

12610 Us Hwy 19 12610 Us Hwy 19 | Hudson | (727) 861-0040

#### **WalMart #3418**

28500 State Rd 54 | Wesley Chapel | (813) 262-2180

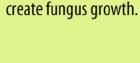
# Healthy & Environmentally Friendly Lawn

Choose a type of grass that thrives in your area.

3" is the optimal height for most grasses, it allows the roots to become strong and healthy. It also helps to absorb more water. Don't bag the lawn clippings, it's a natural fertilizer. Keep your mower blades sharp.



Don't water every day. Give your lawn a good soaking once or twice a week. Your lawn should get about an inch of water each week, whether it be from rain fall or a sprinkler. Water your lawn in the early morning, preferably before 10am. Watering at night time can



Don't use pesticides. Correctly identify what the problem is and try a non-chemical method first. If you have to use a chemical based pesticide, try spot treating the problem area. All pesticides are toxic to some degree. Make sure to read all labels.



Fertilizers can harm the environment. Use natural organic or slow-release fertilizers. The best time to fertilize your lawn is in the fall.

## ishing Licensing

For specific zone areas, dates & details check online: https://myfwc.com, Telephone: (888) 404-3922, or scan the OR code.



#### Recreational Freshwater or Saltwater **Fishing License Prices:**

Resident Annual: \$17.00 Resident Five-Year: \$79.00 Non-Resident Annual: \$47.00 Non-Resident 3-Day: \$17.00 Non-Resident 7-Day: \$30.00

Resident Annual Saltwater Shoreline License:

No-Cost

Annual Resident Military Gold Sportsman's

License: \$20.00

Annual Resident Gold Sportsman's License:

\$100.00

Five-Year Resident Gold Sportsman's License:

\$494.00

Annual Resident Silver Sportsman's 64+:

\$13.50

Five-Year Resident Silver Sportsman's 64+:

\$61.50

Resident Youth Fishing License: \$17.00 Resident Youth Gold Sportsman's License (available with completion of hunter education requirements): \$100.00

#### Promotional Prices, Freshwater or Saltwater:

Annual Gold Sportsman - \$50.75, plus applicable fees

5-year Gold Sportsman - \$247.75, plus

applicable fees

Lifetime Sportsman:

Age 0-4 - \$201.50, plus applicable fees Age 5-12 - \$351.50, plus applicable fees Ages 13-64 - \$501.50, plus applicable fees

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#### **License-Free Saltwater Days**

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**Community/Home Gardens**: Really good at absorbing carbon dioxide. Cuts down on pesticides/fertilizers. Also benefits mental health and provides fresh food.

**Composting**: Decreases the amount of trash in landfills and reduces carbon emissions.

Plant Trees: Planting trees is a classic Earth Day activity.

Local Food: Buy local sustainable food.

Clean-Up Events: Organize or participate in local

clean-up efforts.

**Upcycle Crafts**: Get creative by turning old items into new useful objects.

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## COMPOSTING in Your Backyard

Yard trimmings and food scraps make up nearly 15% to 30% of waste produced by the average household in USA. Composting leaves, grass clippings, and kitchen scraps, creates a nice black dirt to use around your yard. It also can reduce what goes to landfills and your use of fertilizer and water around your yard.

#### How to get started composting

- 1. Make a compost bin or you can buy one
- 2. Place yard waste in and mix in kitchen scraps
- 3. Water as needed, to keep moist
- 4. Mix it with a shovel or pitchfork once in a while

#### What to compost

Food scraps such as banana peels and coffee grounds are good to compost. The best results come from mixing the right materials like, nitrogen-rich (greens), carbon-rich (browns), water, and air. Get the mixture correct and you will have good quality compost.

#### What not to compost

Although a lot of stuff is compostable, you should stay away from composting things that will attract scavengers or create bad odors.

Some things you should not add to your compost are pet feces, diseased plants, weeds gone to seed, ashes, dairy, oils and food with meat or bones.

#### How long will it take?

Most likely you will produce compost in six months to a year depending on your management methods. To make compost faster keep the correct moisture levels and turn the pile every once in awhile.

#### Using the finished compost

Compost is not a fertilizer but it can contain nutrients which improves plant growth. By using compost, you can improve the soil around your plants, flowers and throughout your yard, it also reduces your use of fertilizer and water. Another good use for your compost is to use it for your potted plants.



## Healthy Habits

#### **Eat Breakfast**

A healthy balanced breakfast every morning is very important. It allows your body to run smoothly throughout the day and can help with weight control while lowering your cholesterol levels. It will improve things like concentration, performance and strength. Also studies have shown that women who skip breakfast have a higher chance of developing diabetes and men who skip breakfast have a higher chance for heart disease.

#### **Eat Your Greens**

Leafy greens and vegetables contain phytochemicals which help to fight diseases. This will help against things like metabolic syndrome, diabetes, cancer and strokes. Vegetables are also rich in fiber which helps with hunger. The recommended amount of vegetables for the average person is around 2 ½ cups a day.

#### **Drink Enough Water**

Many people don't get enough water throughout the day. It is recommended that the average person drinks roughly a half gallon a day which is equal to about eight 8 ounce glasses. Water helps rid the body of toxins and with unwanted weight gain by flushing out by-products of fat in your system. Water also helps your immune system, energy levels, focus and mood.

#### Take a Walk During Lunch Break

Your body and mind benefit greatly when getting out for a guick walk. A walk can help with weight management, blood pressure, bone strength, balance and coordination. Plus it helps you focus by getting extra blood flow and oxygen to your brain. Also a lot of people don't get enough vitamin D in their diet and getting outside is one of the easiest ways to ensure you are getting your vitamin D.

#### **Get Up and Move**

It is important to try and get around 10,000 steps in per day. It is very hard on our bodies when we are slumped over a desk or kicked back in a recliner all day. Studies have shown that just from walking more you can lower your risk of high cholesterol, high blood pressure and diabetes. It may be hard to get the 10,000 steps in every day but doing small things like getting up from your desk every so often and doing a lap around the office or parking farther away from your destination will help.

#### Floss and Brush

This might not seem like the most significant health issue but it is very important. If you don't floss and brush daily you build up plaque on your teeth and at the gum lines. This can lead to things like gum disease and if not treated can enter the bloodstream and trigger inflammation in

the arteries causing things like heart disease, diabetes, erectile dysfunction in males and delayed conception for

women.



#### **INGREDIENTS**

- 4 tilapia fillets
- 4 cloves garlic, minced
- 4 tablespoons butter, melted

Salt and pepper, to taste

Fresh parsley, chopped

(optional)

Enjoy your delicious and healthy tilapia

- Preheat your oven to 375°F (190°C).
- 2 Pat the tilapia fillets dry with paper towels and place them in a baking dish.
- 3 In a small bowl, mix together the minced garlic and melted butter.
- Pour the garlic butter mixture over the tilapia fillets, making sure they are well coated.
- **5** Season the fillets with salt and pepper to taste.
- 6 Bake the tilapia in the preheated oven for 12-15 minutes or until the fish is cooked through and flakes easily with a fork.
- **7** Sprinkle chopped parsley over the top of the cooked tilapia, if desired.
- **8** Serve the tilapia fillets hot, with your favorite side dishes.

PREP:/35 MIN • TOTAL: 50 MIN



## Hiking/Walking Trail Mountain Bike Trai Disc Golf Course 妥 ₽H (E) Shop. Dine. Play. Stay ¥ Local Business Support Youn ₩ ₹ Aripeka ₽H (2)

## **HURRICANE SAFETY**

Top Five Tips

If authorities issue evacuation orders, follow them promptly. Delaying evacuation can put your life and the lives of emergency responders at risk. They have the most up-to-date information on the storm and can provide guidance on the safest course of action. Remember that each hurricane is unique, so it's essential to stay informed and adapt your plans accordingly. Preparedness and early action are key to minimizing risks and ensuring the safety of yourself and your loved ones during a hurricane.

CAT1-2

CAT 3-4

2 SECURE YOUR HOME
3 FOLLOW EVACUATION
ORDERS & GUIDELINES
4 EMERGENCY SUPPLIES
EVACUATION PLANNING

STAY INFORMED

**CAT 5** 

HURRICANE CATEGORIES

> The Highest Recorded Wind Speed of a Hurricane is 215 mph



Beach flags are commonly used to communicate important information to beachgoers. The color-coded flag system may vary slightly from one location to another, but the following are commonly recognized color meanings:

**Blue Flag:** This flag is used to signify that lifeguards are on duty and that the area is being actively monitored for safety.

**Green Flag:** Indicates that it is safe to swim. The water conditions are generally calm, & there is a low risk of hazards such as strong currents or high waves.

**Yellow Flag:** Caution is advised. This flag suggests that there may be some hazards present, such as moderate surf or currents.

**Red Flag:** A red flag indicates high hazards & potentially dangerous water conditions. It is a warning that strong currents, high surf, or other dangers are present. It is advised to stay out of the water.

**Double Red Flags:** This is a more severe warning, & it typically means that the beach is closed to the public. Dangerous conditions, such as strong rip currents or severe weather, pose a significant threat.

**Purple Flag:** This flag is used to indicate the presence of dangerous marine life, such as sharks or jellyfish. It is advised to exercise caution.

## Be smart...



Take good care of your skin

The skin is an organ and helps protect against heat, sunlight, injury, and infections. This is why it is important to always protect it. Overexposure to the sun can be linked to some skin cancers. Ultraviolet rays from the sun or sunlamps can also cause eye problems, weakened immune system, age spots, wrinkles, and leathery skin.

#### · Protect your skin

Wear proper clothing like long-sleeved shirts and pants. Also protect your head and eyes with a hat and UV-resistant sunglasses.

Remember that you can also fall victim to the sun on a cloudy day as well as in the winter.

Sunburns increase the risk of developing skin cancer. It is especially important that children don't get a sunburns.

Peak burning hours, according to the Centers for Disease Control and Prevention and the World Health Organization, are between 10 a.m. and 4 p.m.

Reflective surfaces, like water, snow, and sand can reflect sun rays and make them more intense.

You experience more UV exposure at higher altitudes, because there is less atmosphere to absorb UV radiation.

Use a broad-spectrum sunscreen to cover all exposed skin. The FDA recommends using sun screens that are broad spectrum and have a sun protection factor (SPF) value of at least 15. Re-apply sunscreen throughout the day.

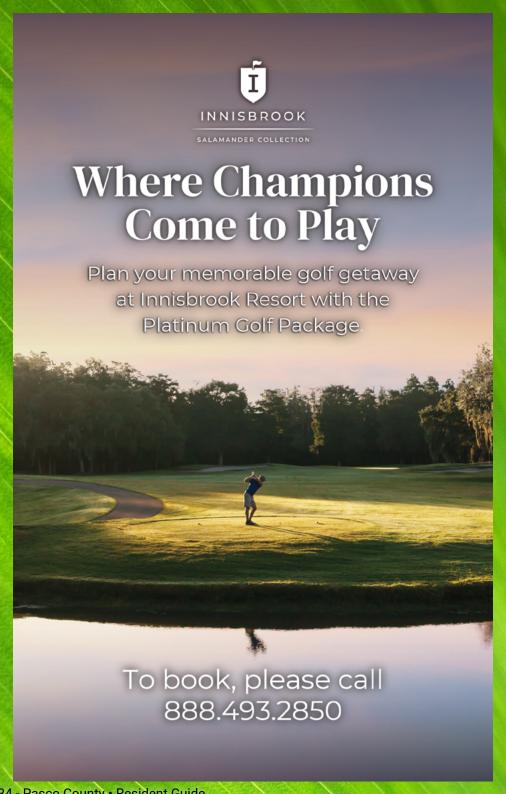
#### Protect your eyes

UV rays can penetrate the structures of your eyes and cause cell damage. According to the CDC, some sun-related vision problems cause cataracts, macular degeneration, and pte rygium.

#### UV index

Before going outside you can check the Environmental Protection Agency's (EPA) UV index. To see the intensity of UV rays for the day. The index measures on a scale of 1 to 11. If its low on the UV index you will require less protection and a high UV index will require a lot more protection.

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What is your dream vacation? Do you want to lay on the beach, hike a mountain or explore a city? Questions like these are a good starting point to decide on where to go. Do research on some different areas and activities that may interest you and any others that you are traveling with to identify the most suitable vacation area.

How long do you plan on being gone?
Don't try to go too far or jam in to many activities if you don't have the time. Leave some free time in your schedule to accommodate any unforeseen changes during the trip.

Depending on what type of climate you are wanting to vacation in, plan your trip for an appropriate time of the year in that area. Also watch out for peak seasons at some popular vacation destinations. At these times prices may be higher with larger crowds.

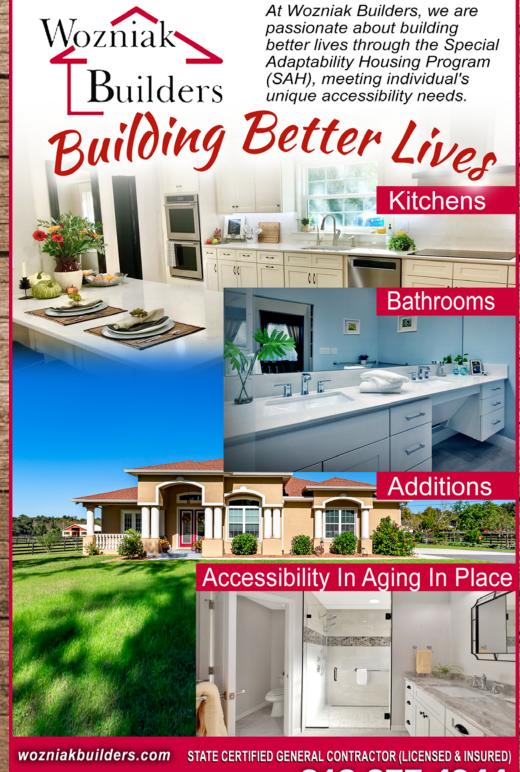
#### Plans

- Research and learn about the area you are heading to
- Check the Travel Advisories for your intended destination
- Pack the appropriate dothing and supplies you will need for your trip

   Have a backup plan in case of infury or illness while on your trip
  - we a backup plan in case of injury or illness while on your of the least of the lea
- Pasco County Resident Guide

#### Protects

- Make sure the food and water in the area is safe to consume
  - Protectyourskin from the sun and insects
    - Don't take any unnecessary risks
- Keep an eye on your health while traveling & when you get back



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