

Free

Resident Guide



Isanti & Kanabec
Counties, MN

- Hunting Seasons
- Fishing Seasons
- Recreation Trails
- DNR License Centers
- Residential Services
- Local Attractions
- Parks & Rec. Info
- Area History
- Local Events

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Scan the QR Codes
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Isanti County



Kanabec County



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LOCAL AREA EVENTS

JANUARY

New Years Day Celebration | Isanti
Lantern Loppet | Mora
Skijoring Races | Mora
Fat Tire Bike Races | Mora
Snowman & Snow-Sculpture Contest | Cambridge

FEBRUARY

Vasaloppet USA | Mora
Mora Loppet | Mora
Knife Lake Ice Fishing Contest | Mora

MARCH

The Taste | Cambridge
Mora High School Spring Musical
Ogilvie High School Spring Musical

MAY

Snake River Canoe Races | Mora
Kanabec County Clean-Up Day | Mora
Kanabec History Center Museum Day | Mora
City Wide Garage Sale | Mora, Braham
North Branch City Wide Garage Sales
City Wide Garage Sale | Isanti
Gun and Knife Show | Mora
Mothers Day Brunch | North Branch

JUNE

Race the Rum 5k/1 Mile Fun Run | Cambridge
Street Dances | Isanti
Mäijstang Festival | Mora
Power Tool Races | Mora
Relay for Life | Mora
Music in the Park Summer Concerts | Mora
Midsummer Days | North Branch
Pioneer Days | St. Francis
Braham Appreciation Day Parade

JULY

Isanti County Fair | Cambridge
Demo Derby | Cambridge
4th of July Fireworks | Cambridge
Jubilee Days & Parade | Isanti
Jubilee Pig Roast | Isanti
Outhouse Races | Isanti
Street Dances | Isanti
Fireworks On The Lake | Mora
Kanabec County Fair and Parade | Mora
Heartland Truck Pull | Ogilvie
Splish Splash Summer Bash | Isanti
Harris City Celebration

AUGUST

Braham Pie Day
Cambridge Summer Spectacular Car Show
Relay For Life | Cambridge
Ki Chi Saga Days | Chisago City
Rods & Rust Show | Mora
Mora Half Marathon
Back to the Tower Day | Ogilvie
Corn on the Curb | Ogilvie
Stacy Daze
Street Dances | Isanti
Cambridge Antique Fair
Arts & Crafts Fair | Cambridge
Truck and Tractor Pull | Ogilvie

SEPTEMBER

Almelund Apple Festival
City Wide Garage Sales | Cambridge
Mora Bike Tour
Street Dances | Isanti
Fall Harvest Festival North Branch
Customer Appreciation | Cambridge
City of Mora Fall Fest
Kanabec Harvest Moon Festival

OCTOBER

Trunk or Treat | Cambridge
Swedish Mile Trail Run | Mora

NOVEMBER

Veterans Day Event | Mora
Moonlight Madness | Mora
Ski Swap and Sale | Mora
Arts Fest | North Branch

DECEMBER

Christmas Tour of Homes | Mora
Breakfast with Santa | Mora
Ogilvie Santa Claus Day
Illuminate Isanti

**Visit www.exploreminnesota.com for more information on events throughout Isanti and Kanabec Counties.*

**Events are subject to change*

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ISANTI COUNTY

- Assessor(763) 689-2752
- Attorney689-2253
- Auditor/Treasurer.....689-1644
- Court Administration290-7020
- Emergency Management689-8306
- Information Systems689-8200
- Highway Department689-1870
- Human Resources/Admin.....689-3859
- Human Services689-1711
- Maintenance Department689-8261
- MN Extension Services689-1810
- Parks and Recreation689-8220
- Probation Department689-3052
- Public Health689-4071
- Recorder's Office689-1191
- Sheriff's Department689-2141
- Veterans Service689-3591
- Zoning689-5165

KANABEC COUNTY

- Assessor(320) 679-6420
- Attorney679-6425
- Auditor/Treasurer679-6430
- Coordinator679-6440
- Court Administrator679-6400
- Environmental Services679-6456
- Extension679-6340
- Family Services679-6350
- Highway679-6300
- Probation679-6450
- Public Health679-6330
- Recorder679-6466
- Sheriff679-8400
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The first settlers to the area now known as Isanti County, were Swedish from the province of Hälsingland. It was a group of immigrants who arrived in 1860. They claimed a section of land just south of Cambridge. It is also known that many of the settlers of this area originally came from the Chisago Lakes area before they moved toward Cambridge. By 1895, the county's population was almost 11,000 residents, and almost 4,300 of them had been born in Sweden. Despite having such a strong Swedish background, only one township was given a Swedish name, Dalbo. Eventually Cambridge was named the county seat. By 1900 Isanti County had a population of 11,675 people. Today Isanti County is home to approximately 39,442 residents.

CITIES:

BRAHAM – pop. 1,793
CAMBRIDGE (COUNTY SEAT) – pop. 7,692
ISANTI – pop. 6,123

TOWNSHIPS:

ATHENS – pop. 2,470
BRADFORD – pop. 3,618
CAMBRIDGE – pop. 2,498
DALBO – pop. 751
ISANTI – pop. 2,411

TOWNSHIPS (CONTD.):

MAPLE RIDGE – pop. 849
NORTH BRANCH – pop. 1,784
OXFORD – pop. 887
SPENCER BROOK – pop. 1,615
SPRINGVALE – pop. 1,522
STANCHFIELD – pop. 1,226
STANFORD – pop. 2,223
WYANETT – pop. 1,800
**Populations are approximate.*

BRAHAM

The city was founded when the railroad from St. Paul and Minneapolis came through the area in 1899. The first restaurant was opened in Braham by the Hesselroth brothers in 1899. Braham was named by members of the Great Northern Railway company. It was incorporated into a city in 1901 and the following year the first school was built. The boundaries of the town lay both in Isanti and Kanabec counties. In 1990 Minnesota Gov. Rudy Perpich declared the city to be the "Homemade Pie Capital" of Minnesota. The Braham Pie Day takes place every August, offering many events including a pie baking contest, a pie eating competition and a car show. Today Braham is home to approximately 1,793 residents.

CAMBRIDGE (COUNTY SEAT)

The first settlers of the area, to now be known as Cambridge, came in the late 1800s. It was then founded as a township in 1866 by New England settlers, who gave the town its illustrious name. In 1869 Cambridge was named the county seat of Isanti and it was incorporated seven years later. Populations increased as the railroads entered the area in 1899. A brick factory, potato starch factory, flour mill and wool spinning mill were established in the city's industrial development. The town boasted its own electric lighting plant and long-distance telephone system, which were rarities in most of Minnesota at the time. Today Cambridge is home to approximately 7,692 residents.

ISANTI

Isanti is named in honor of the Dakota Indians who inhabited the area before settlers came looking for new land. The village was moved three miles south to its present site in 1899 to be close to the Great Northern Railway, it was later incorporated as a village in 1901. Today Isanti is home to approximately 6,123 residents.

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*K*anabec County was proposed as a bill in 1858 by William H.C. Folsom. The name Kanabec is from the Ojibwe word for “snake”, because of the river that flows north to south, winding its way throughout the county. It is known that two French fur traders and tribes of the Huron and Ottawa Indians inhabited the area around the 1650s on Knife Lake. The land now known as Kanabec County was purchased from the Ojibwe in 1837 through a treaty. Logging was the first industry to be formed in the county in the early 1850s. Potatoes became the county’s first cash crop. The county was eventually established in 1858 and Mora was named the county seat. By 1900, Kanabec County had a population of 4,614. Today Kanabec County is home to 15,899 residents.

CITIES:

BRAHAM – pop. 1,793

GRASSTON – pop. 114

MORA (COUNTY SEAT) – pop. 3,416

OGILVIE – pop. 467

QUAMBA – pop. 107

TOWNSHIPS:

ANN LAKE – pop. 377

ARTHUR – pop. 2,040

BRUNSWICK – pop. 1,386

COMFORT – pop. 1,057

FORD – pop. 178

TOWNSHIPS (CONTD.):

GRASS LAKE – pop. 988

HAY BROOK – pop. 234

HILLMAN – pop. 384

KANABEC – pop. 907

KNIFE LAKE – pop. 1,121

KROSCHER – pop. 208

PEACE – pop. 984

POMROY – pop. 390

SOUTH FORK – pop. 793

WHITED – pop. 930

**Populations are approximate.*

GRASSTON

Grasston was established in 1898 and was named by the Great Northern Railroad Company after Grass Lake, which has since dried up. The town was later platted in 1899 and was incorporated in 1907. Today Grasston is home to approximately 114 residents.

MORA (COUNTY SEAT)

Mora was platted in 1882 by Myron R. Kent, who was also the first postmaster. The community was named the county seat of Kanabec after it defeated Brunswick in a public vote. Mora received its name by Israel Israelson, a Swedish immigrant who suggested the name because it was his hometown in Sweden. The community began to develop dramatically upon the arrival of railroads and businesses were established to meet the growing needs of its residents. Today Mora is home to approximately 3,416 residents.

OGILVIE

Ogilvie was established as a logging community in 1854 when the land was purchased by the Hersey Lumber Company. Early settlers arrived in the community because of the abundance of trees and land for agriculture. The city was originally named Groundhouse but was changed to its current name after it was platted and purchased in 1889 by Oric Ogilvie Whited. The first mill was built in the late 1880s and brought in higher populations with the offering of new jobs. Today Ogilvie is home to approximately 467 residents.

QUAMBA

Quamba’s name was derived from the Dakota word meaning “mudhole.” Originally, the community was named Mud Creek because the railroads in the area crossed a mud creek. The community was first established in 1882 and was located on the railway of the Great Northern Railway Company. Like the community of Ogilvie, the town was platted by Oric Ogilvie Whited in 1901. The village was eventually incorporated on July 11, 1952. Today Quamba is home to approximately 107 residents.

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Susan France-Weber and Jon Larson, president and former president of the Mora Ski Club (respectively), talked to Lincoln Marketing about what makes Mora such a special place to ski. Both have skied many Mora races throughout the years, including the Vasaloppet USA and the 42K classic race. This is what they shared:

What do you like best about skiing in Mora?

SFW: I like that the Vasaloppet USA is citizen-run. Everyone who works here, except one person in headquarters, is a volunteer. I know all the people at the soup stops, and that is really special.

JL: It's a family atmosphere, a friendly and welcoming event. The course is beautiful. It runs through interesting terrain and is not terribly long, but does make you remember you're working out.

One unique thing about the Mora Vasaloppet is its finish line on Main Street.

What was it like to ski down Main Street?

SFW: The whole finish is very nice. Going up the hill, hearing bells on the bell tower hill, then hearing little bells, hearing the crowd, and hearing my name announced upon finishing. Being given a completion medal. There's a celebration tent, new last year, with refreshments and food. Hopefully the tradition of a celebration tent will continue and get even better in coming years.

JL: It's really interesting to finish on Main Street. Other races finish around fields and lakes. This way, because of the buildings, it forces the crowd up to the finish line, so you have a denser crowd. It ends up being a real lively environment. It's real blurry when you finish: that's why they give you a medal, so you can remember you did it.

Have you met anyone who came from another country for the Vasaloppet Skiing Exchange (which includes Sweden, China, and Japan)?

SFW: I've met several. Every year we have a group of Swedes who come. They're called "veterans" because they completed the Swedish Vasaloppet, the granddad of all races (90K), thirty times. I travel to Sweden a lot, along with my husband, who skis the Swedish Vasaloppet. We have a lot of friends there, as well as new friends from the ski races every year. I have also met quite a lot of skiers from Japan and a few from China. The Mora Vasaloppet is unique because of our ties with other countries, and inspired me to travel to many places I might not otherwise have gone.

Visit a monumental Mora Horse, the Mora Klocka, the Vasaloppet ski race, and more in Isanti and Kanabec Counties.

- Dala horses are wooden, horse-shaped toys that have been crafted and traded in Sweden since 1623. A painter named Stika-Erik Hansson from Mora – the Minnesotan city's namesake – began the tradition of painting elaborate saddle designs using multiple colors on a single paintbrush in the nineteenth century. Today, Kanabec County's Mora features The Mora Horse, a twenty-five foot tall, red dala horse made of fiberglass.
- In 1994, the Dala Heritage Society built a whimsical, Swedish-style clock tower called Mora Klocka. The twenty-foot clock tower is robin's egg blue, decorated with red, green, and yellow rosema painted flowers.
- Each winter, Mora hosts the Vasaloppet ski race, a three thousand skier race founded in 1973. Skiers choose their courses, which range from thirteen to fifty-eight kilometers, and finish in downtown Mora's Main Street, which is paved with snow for the occasion. Every three years, skiers participate in an International Vasaloppet Skiing Exchange with locations in Sweden, China, Japan, and Mora, USA.
- Isanti County is known as the Dalarna of America, after the beautiful, forested, lakeside city in Sweden. Isanti County's Cambridge city is home to the highest percentage of Swedish Americans of any metropolitan city in the United States. Explore archives and artifacts from the county's first Swedish settlers at the Cambridge Lutheran Church, host of the Cambridge Swedish Festival. The church's bi-annual Swedish Fest features food, live music, a midsummer maypole, and more.

Ha det bra! Have fun!

HONEY Glazed CHICKEN



Simple meal with a Gourmet Feel

INGREDIENTS

- 4 boneless, skinless chicken breasts
- 1/2 cup honey
- 1/4 cup soy sauce
- 2 tablespoons olive oil
- 2 tablespoons apple cider vinegar
- 2 garlic cloves, minced
- Salt and pepper to taste

INSTRUCTIONS

- 1 Preheat the oven to 375°F (190°C).
- 2 In a small bowl, whisk together the honey, soy sauce, olive oil, apple cider vinegar, garlic, salt, and pepper.
- 3 Place the chicken breasts in a baking dish and pour the honey glaze over the chicken, making sure it's evenly coated.
- 4 Bake in the preheated oven for 25-30 minutes, or until the chicken is cooked through and no longer pink in the center.
- 5 After 15 minutes of baking, remove the chicken from the oven and brush the remaining honey glaze over the chicken. Return the chicken to the oven and continue baking.
- 6 Once done, remove from the oven and let rest for a few minutes before serving.
- 7 You can garnish with sesame seeds and chopped green onions if you like.

Enjoy your delicious
honey glazed chicken!

PREP: 10 MIN • TOTAL: 40 MIN

PIE DAY AT THE HOMEMADE PIE CAPITAL OF AMERICA

Pie flags, elaborate pie-themed hats, live music (folk, rock, choral, and international), and booths filled with scrumptious foods and local crafts set the stage for Braham's Annual Pie Day festival. The city became known for its delicious pies in the 1930's, when drivers on their way to Duluth would stop at the city's Park Café for pie and coffee. Today, Braham is recognized as the Homemade Pie Capital of America. At Pie Days, which features hundreds of fresh-baked pies, live music, contests, and great performances, it's easy to see why!

The festival features a wide range of fun activities, including a Pie-cycle (Bicycle) Show, Pie in the Sky or Pie in Your Eye Trivia Contest, Geo-caching a la Mode, the Pie-Alluia Chorus (performing pie-themed songs), a Collector's Car Show, an Arts and Crafts Show, and more. Pie Day offers special activities just for kids, who can show off their acting talents in a Kid's Show with Mr. Pastry and the Berry Fairy, and try their hand at international and pie-themed crafts.

The winning pies from the Pie Baking Contest (judged by crust texture, ooze factor, and other criteria) are auctioned off in the afternoon. In 2013, no pie sold for less than twenty-five dollars, and the winning pie fetched seven-hundred and fifty dollars.

Don't miss your chance to enjoy pie baking and eating and exciting performances and activities at Pie Day, the first Friday of August every year.

Send us a picture of your most festive pie-themed hat for a chance to be published in our upcoming guides! Send your name, phone number, email address, and a description of your decked-out Pie Day hat to: info@lincolnmarketing.us

Don't miss your chance to
enjoy pie baking and eating

ANN LAKE WILDLIFE MANAGEMENT AREA

Located on 1,702 acres near Ann Lake near Ogilvie, the Ann Lake Wildlife Management Area features fishing opportunities, hunting areas and serves as a wildlife conservation area.

BEAN DAM WILDLIFE MANAGEMENT AREA

Located on 206 acres near Kroschel, the Bean Dam Wildlife Management Area features fishing opportunities, hunting areas and serves as a wildlife conservation area.

BECKLIN HOMESTEAD PARK WILDLIFE MANAGEMENT AREA

Located on 292 acres in Cambridge, MN. The park features hiking, mountain biking, picnicking, cross-country skiing, snowshoeing and geocaching on over three miles of multi-use trails, along with fishing and boating on the Rum River. Hunting is permitted for people with disabilities through the Capable Partners Program.

DALBO COUNTY PARK

37559 Helium St. NW | Dalbo
Located on 40 acres in Dalbo, MN. Activities include hiking, mountain biking, picnicking, snowshoeing and geocaching on over one mile of compact trails and boardwalks.

HAY SNAKE WILDLIFE MANAGEMENT AREA

Located on 237 acres near Woodland, the Hay Snake Wildlife Management Area features fishing opportunities, hunting areas and serves as a wildlife conservation area.

INDIAN MOUNDS PARK

Located near Knife Lake in Mora, Indian Mounds Park features fishing opportunities and picnic areas.

IRVING & JOHN ANDERSON COUNTY PARK

27201 Furman St. NE | North Branch
Located on 404 acres in North Branch, MN. The park features picnicking, hiking, horseback riding, cross country skiing, snowshoeing and geocaching on over four miles of multi-use trails and three boardwalks, canoeing on Horseleg and Horseshoe Lakes, along with a nature orientated play area. In addition, a two-mile trail is groomed in winter for dog sledding.

RICE CREEK WILDLIFE MANAGEMENT AREA

Located on 686 acres near Rice Lake in Brahm, the Rice Creek Wildlife Management Area features fishing opportunities, hunting areas and serves as a wildlife conservation area.

SPRINGVALE COUNTY PARK

3361 Hwy. 95 NW | Cambridge
Located on 218 acres in Cambridge, MN. The park features mountain biking, picnicking, horseback riding, cross country skiing, snowshoeing, hiking, canoeing, and geocaching on over four miles of trails and 1¼ mile of paved trail, as well as a 18 hole disc golf course.

TOSHER CREEK WILDLIFE MANAGEMENT AREA

Located on 323 acres near Fish Lake in Mora, the Tosher Creek Wildlife Management Area features fishing opportunities, hunting areas and serves as a wildlife conservation area.

VEGSUND FAMILY COUNTY PARK

40097 Polk St. NE | Stanchfield
Located on 80 acres in Stanchfield, MN. Activities include hiking, mountain biking, picnicking, horseback riding, snowshoeing, sledding and geocaching, along with fishing and canoeing on Lake 17.

WAYSIDE PRAIRIE COUNTY PARK

27800 Verdin St. NW | Isanti
Located on 80 acres in Isanti, MN. The park features hiking, mountain biking, picnicking, horseback riding, fat tire biking, snowshoeing, canoeing, geocaching on over two miles of multi-use trails and boardwalks.

WHITED STATE WILDLIFE MANAGEMENT AREA

Located on 170 acres near the Snake River in Mora, the Whited State Wildlife Management Area features fishing opportunities, hunting areas and serves as a wildlife conservation area.

**For more information on parks throughout Isanti County, call (763) 689-8220 or for more information on parks throughout Kanabec County, call (320) 679-3982.*



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2276 200th Ave. | Mora | (320) 679-2317

www.springbrookgc.com

VASALOPPET SKI AREA

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Walleye: Leech Lake, Walker
Muskellunge: Lake Oscar, Holmes City
Northern Pike: Lake of the Woods, Warroad

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Hazeltine National, Chaska
Giants Ridge Golf & Ski Resort, Biwabik
The Wilderness at Fortune Bay, Tower

Mountain Biking:

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Elm Creek Park, Champlin • Brewer Park, Duluth
Spirit Mountain, Duluth • Piedmont, Duluth

Skiing:

Lutsen Mountains, Lutsen • Afton Alps, Afton
Elm Creek Winter Rec. Area, Maple Grove
Powder Ridge Ski Area, Kimball
Giants Ridge Golf & Ski Resort, Biwabik

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HUNTING

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09/1/23 - 10/15/23 Bear Permit areas & no-quota area

Deer

09/16/23 - 12/31/23 - Archery Statewide
10/19/23 - 10/22/23 - Early Antlerless
10/19/23 - 10/22/23 - Youth Statewide
11/4/23 - 11/19/23 - Firearm (Season A) 100 Series permit areas
11/4/23 - 11/12/23 - Firearm (Season A) 200 & 300 Series permit areas
11/18/23 - 11/26/23 - Firearm (Season B) 300 Series permit areas
11/25/23 - 12/10/23 - Muzzleloader - Statewide

Badger

10/14/23 - 03/15/24 North furbearer zone
10/21/23 - 03/15/24 South furbearer zone

Bobcat

12/16/23 - 01/21/24
North of I-94 and U.S. Highway 10

Fox, Gray & Red

10/14/23 - 03/15/24 North furbearer zone
12/23/23 - 03/15/24 South furbearer zone

Opossum

10/14/23 - 03/15/24 North furbearer zone
10/21/23 - 03/15/24 South furbearer zone

Rabbit

09/16/23 - 02/28/24 Rabbit, Jack - Statewide
09/16/23 - 02/28/24 Rabbit, Cottontail & Snowshoe Hare - Statewide

Raccoon

10/14/23 - 03/15/24 North furbearer zone
10/21/23 - 03/15/24 South furbearer zone

Squirrel, Gray & Fox

09/16/23 - 02/29/24 Statewide

Grouse

09/16/23 - 11/29/23 Sharp-Tailed - Northwest zone
09/16/23 - 01/1/24 Ruffed & Spruce - Statewide

Pheasant

10/14/23 - 01/1/24 Ring-Necked - Statewide

Wild Turkey

02/10/23 WMA lottery deadline
04/12/23 - 05/31/23 - Youth - Statewide
04/12/23 - 05/31/23 - Archery - Statewide
04/12/23 - 04/18/23 - A season - Statewide
04/19/23 - 04/25/23 - B season - Statewide
04/26/23 - 05/2/23 - C season - Statewide
05/3/23 - 05/9/23 - D season - Statewide
05/10/23 - 05/16/23 - E season - Statewide
05/17/23 - 05/31/23 - F season - Statewide
09/30/23 - 10/29/23 - Fall - Statewide

TRAPPING

Badger

10/14/23 - 03/15/24 North furbearer zone
10/21/23 - 03/15/24 South furbearer zone

Bobcat

12/16/23 - 01/21/24 North of I-94 and U.S. Highway 10

Fox

10/14/23 - 03/15/24 Gray & Red - North furbearer zone
12/23/23 - 03/15/24 Gray & Red - South furbearer zone

Opossum

10/14/23 - 03/15/24 North furbearer zone
10/21/23 - 03/15/24 South furbearer zone

Rabbit

09/16/23 - 02/28/24 Rabbit, Jack - Statewide
09/16/23 - 02/28/24 Rabbit, Cottontail & Snowshoe Hare - Statewide

Raccoon

10/14/23 - 03/15/24 North furbearer zone
10/21/23 - 03/15/24 South furbearer zone

Squirrel

09/16/23 - 02/29/24 Gray & Fox Statewide

*Check the MN DNR website for updates.

<https://www.dnr.state.mn.us>

or scan the QR code



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EXCAVATING AND SEPTIC, LLC.

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www.boettcherseptic.com
8:00am - 5:00pm



You can purchase hunting and fishing licenses, cross-country ski passes and snowmobile trail stickers through the Electronic License System. Online: www.dnr.wi.gov, Toll Free: 1 (888) 936-7463
Or visit one of the ELS agents available throughout Scott County:

BRAHAM

BRAHAM HARDWARE & RENTAL

104 W Central Dr. | Braham | (320) 396-4155

BRAHAM ONE STOP LLC

209 N Main St. | Braham | (320) 396-3012

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EC'S CORNER EXPRESS, INC.

34160 Hwy. 47 NW | Cambridge | (763) 689-4762

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HOLIDAY STATION STORE (#46)

635 Main St. S | Cambridge | (763) 689-4877

WALMART SUPERCENTER (#2352)

2101 2nd Ave. SE | Cambridge | (763) 689-0606

ISANTI

NORTHLAND 66

501 Co. Rd. 5 E | Isanti | (763) 444-6018

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THE CROWS NEST RESORT, LLC

2743 Hwy. 65 | Mora | (320) 679-1977

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700 Hwy. 65 S | Mora | (320) 679-3856

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71 N Hwy. 65 | Mora | (320) 679-2151

OGILVIE

CASEY'S GENERAL STORE (#3305)

400 Hwy. 23 W | Ogilvie | (320) 272-9937

STANCHFIELD

RUSH POINT, LLC

300 Rush Point Dr. | Stanchfield | (763) 689-1088

Disc golf or frisbee golf is played a lot like traditional ball golf but instead of hitting a ball with a club into a hole the player throws a frisbee into a basket. Disc golf can be played by just about anyone at any age. It's also a cheap sport to get into. Specialized frisbees for disc golf cost around \$10-\$15 and a lot of courses are free. Playing disc golf is a great way to get out for some exercise, enjoy nature and have some fun.

Disc Golf



FIREWOOD

Burn it where you get it!



Invasive pests like the Emerald Ash Borer and Gypsy Moth have devastated millions of trees in the United States. Where these pests come from, the population stays in control because, they have natural predators. The United States does not have these natural predators so the populations have the chance to grow to extreme numbers.



Emerald Ash Borer

Gypsy Moth Caterpillar

Preventing the Spread

- Buy local firewood.
- Burn all firewood completely at each destination.
- Move only Certified firewood out of a quarantine county or across state boundaries.
- Use firewood from nearby sources to heat your home or cabin.
- Tell your friends and family about the importance of not moving firewood.
- Don't move hardwood firewood out of a quarantine county, unless it is state or USDA certified.
- Don't move opened firewood bundles.
- Don't move firewood long distances to or from your lake home or cabin.

Invasive Pests are a Problem!

FISHING SEASONS

OPENERS

- Stream trout opener - 04/15/23
- Walleye, sauger and northern pike opener - 05/13/23
- Muskellunge opener - 06/03/23

INLAND WATERS

Walleye and Sauge 5/13/23 - 2/25/24
6 combined, not more than one walleye over 20"

Northeast zone

Northern Pike 5/13/23 - 2/25/24

Angling: 2 (not more than 1 over 40" in possession. All from 30-40" must be immediately released).

Northern Pike 11/15/23 - 2/25/24

Darkhouse spearing: 2 (Not more than 1 over 26").

North-central zone

Northern Pike 5/13/23 - 2/25/24

Angling: 10 (not more than 2 over 26". All from 22-26" must be immediately released).

Northern Pike 11/15/23 - 2/25/24

Darkhouse spearing: 10 (only 1 between 22-26" and 1 over 26"; or, only 2 over 26").

Southern zone

Northern Pike 5/13/23 - 2/25/24

Angling: 2 (Minimum size 24").

Northern Pike 11/15/23 - 2/25/24

Darkhouse spearing: 2 (Minimum size 24").

Muskellunge 6/3/23 - 12/1/23

1, minimum size 54"

Largemouth and smallmouth bass in the Northeast zone, north and east of US Hwy 53 from Duluth to International Falls and Pelican and Ash lakes in St. Louis County.

5/13/23 - 2/25/24 6 combined

Largemouth and smallmouth bass in the rest of the state

5/13/23 - 5/26/23, Catch-and-release only

Largemouth and Smallmouth Bass

5/27/23 - 9/10/23 6 combined

Largemouth Bass 9/11/23 - 2/25/24 6

Smallmouth Bass 9/11/23 - 2/25/24

Catch-and-release only

Crappie Continuous 10

Sunfish Continuous 20

Rock Bass Continuous 30

White Bass Continuous 30

Channel Catfish Continuous 5 in

combination with Flathead Catfish, only 1 fish over 24"

Flathead Catfish 4/1/23 - 11/30/23

2, only 1 fish over 24" in combination with Channel Catfish

Perch

Continuous 20 daily and 40 in possession

Bullhead Continuous 100

Whitefish, Cisco, and Burbot Continuous, No limit (Exception: On Leech Lake Indian Reservation whitefish limit 25 and cisco limit 50.

Smelt Continuous No limit

Including Lake Superior and St. Louis River

Lake and Shovelnose Sturgeon

3/1/23 - 4/14/23

Catch-and-release only, no tag needed

Including Lake Superior and St. Louis River

Lake and Shovelnose Sturgeon

6/16/23 - 4/14/24

Catch-and-release only, no tag needed

Paddlefish No open season

Longnose and Shortnose Gar

Continuous 10 combined

FREE FISHING

Take a kid fishing weekend

June 9-11, 2023

Minnesotans 16 or older who take a child 15 or younger fishing don't need a license.

*Contact the MN DNR for specific zone information/dates by

calling: 1 (888) 646-6367,

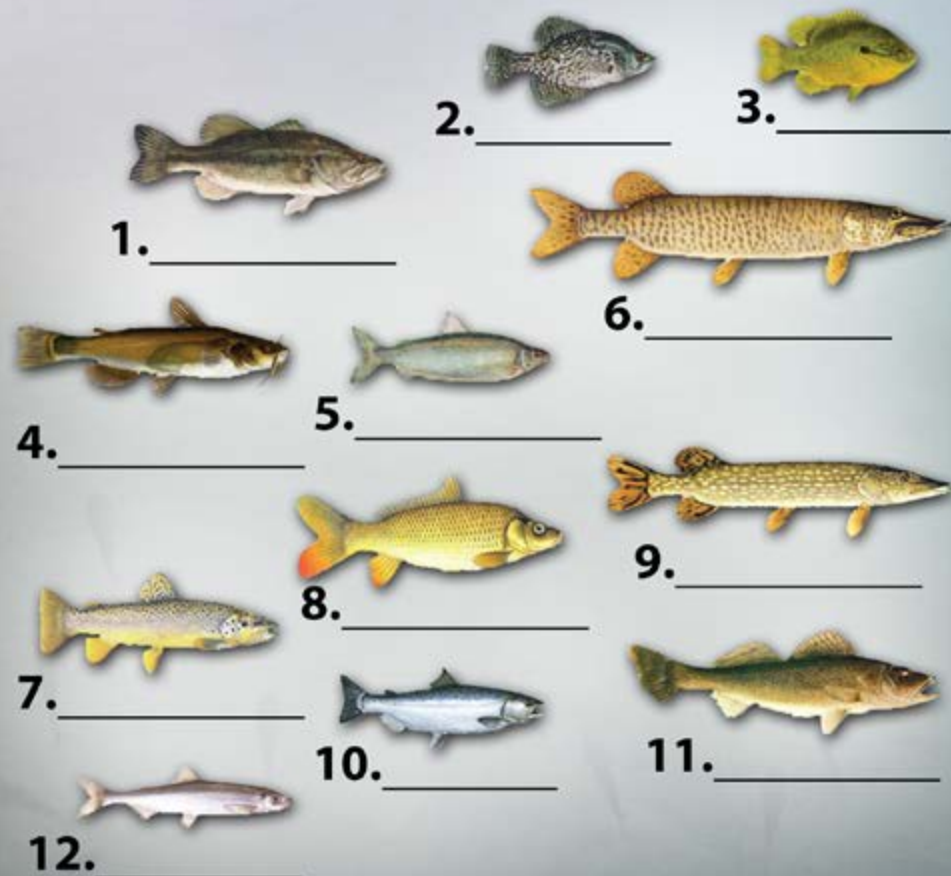
www.dnr.state.mn.us

or scan the QR code



MIDWEST FISH QUIZ

Do you know the Midwest fish species?
Identify the fish below.



Answers: 1. Bass 2. Crappie 3. Sunfish 4. Catfish 5. Herring 6. Muskellunge 7. Trout 8. Carp 9. Northern Pike 10. Salmon 11. Walleye 12. Smelt

Boating safety is critical for anyone who operates a boat or spends time on the water. Here are some general boating safety tips to keep in mind:

• **Wear a life jacket:** Always wear a life jacket while boating. Make sure the life jacket is appropriate for your weight and is U.S. Coast Guard approved. • **Know the weather:** Check the weather forecast before you go boating and keep an eye on changing conditions. If you notice darkening clouds, rough winds or sudden drops in temperature, get off the water. • **Use navigation aids:** Use navigation aids like buoys and beacons to help you navigate safely. • **Maintain your boat:** Keep your boat well-maintained and in good working condition. Make sure all safety equipment is in good condition and functioning properly. • **Avoid alcohol:** Do not drink alcohol while operating a boat. It is illegal and increases the likelihood of accidents. • **Watch your speed:** Observe speed limits and maintain a safe speed based on conditions. Remember, slower speeds may be necessary in crowded areas or in inclement weather. • **Be aware of other boats:** Watch for other boats and be aware of their movements. Always assume other boaters may not see you. • **Know the rules:** Learn and follow boating safety laws and regulations. This includes rules for navigation, safety equipment, and right-of-way. • **File a float plan:** Always let someone know where you are going and when you plan to return. File a float plan with a trusted person or a marina. • **Take a boating safety course:** Consider taking a boating safety course to improve your skills and knowledge.

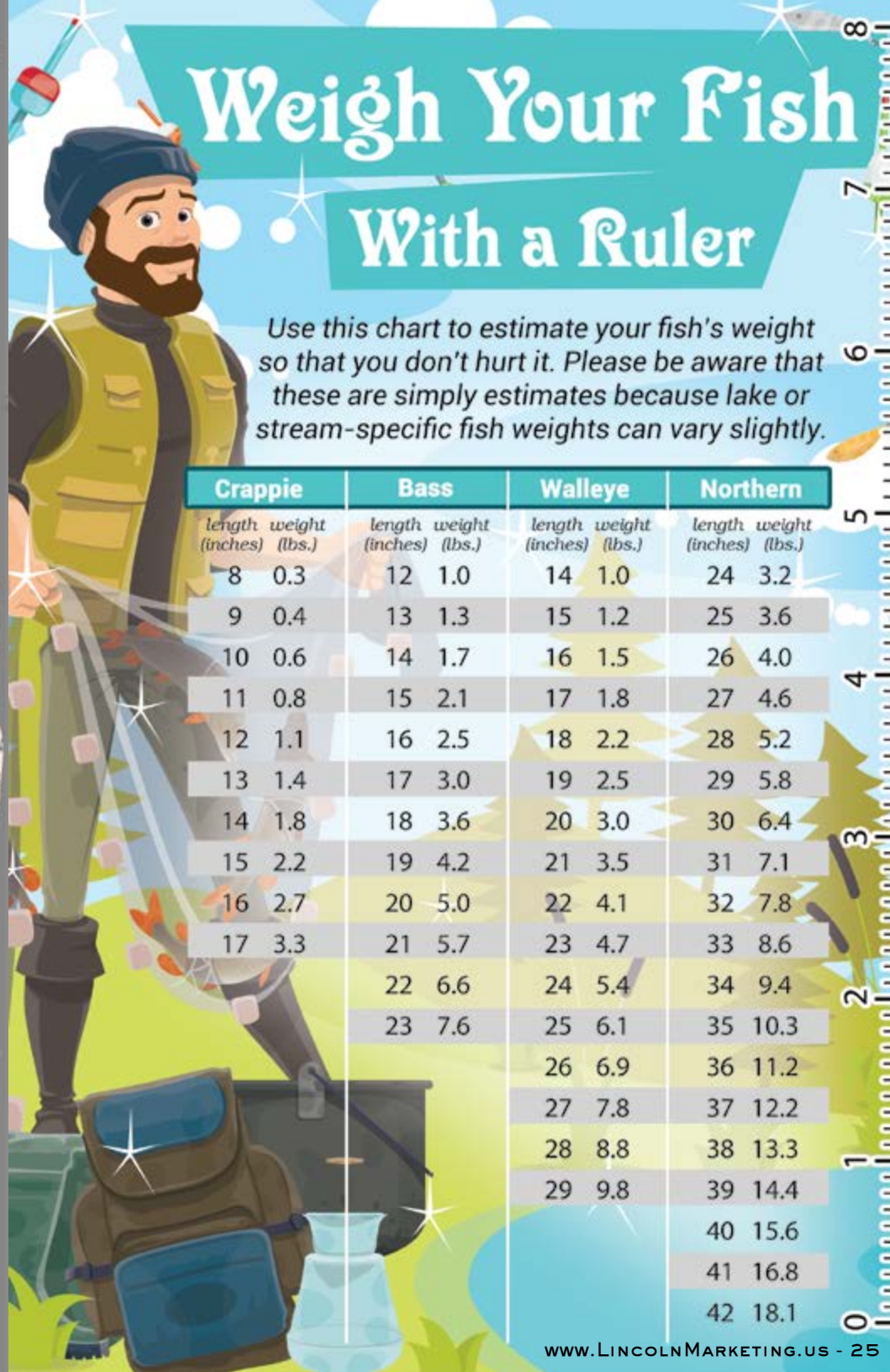


By following these general boating safety tips, you can reduce the likelihood of accidents and enjoy a safe and enjoyable time on the water.

Weigh Your Fish With a Ruler

Use this chart to estimate your fish's weight so that you don't hurt it. Please be aware that these are simply estimates because lake or stream-specific fish weights can vary slightly.

Crappie		Bass		Walleye		Northern	
length (inches)	weight (lbs.)	length (inches)	weight (lbs.)	length (inches)	weight (lbs.)	length (inches)	weight (lbs.)
8	0.3	12	1.0	14	1.0	24	3.2
9	0.4	13	1.3	15	1.2	25	3.6
10	0.6	14	1.7	16	1.5	26	4.0
11	0.8	15	2.1	17	1.8	27	4.6
12	1.1	16	2.5	18	2.2	28	5.2
13	1.4	17	3.0	19	2.5	29	5.8
14	1.8	18	3.6	20	3.0	30	6.4
15	2.2	19	4.2	21	3.5	31	7.1
16	2.7	20	5.0	22	4.1	32	7.8
17	3.3	21	5.7	23	4.7	33	8.6
		22	6.6	24	5.4	34	9.4
		23	7.6	25	6.1	35	10.3
				26	6.9	36	11.2
				27	7.8	37	12.2
				28	8.8	38	13.3
				29	9.8	39	14.4
						40	15.6
						41	16.8
						42	18.1



Mosquitoes

Prevention & Health Risks



A MOSQUITO FREE YARD

Create an environment in your yard that invites animals that like to eat mosquitoes. Some things that enjoy eating mosquitoes are:

- Bats • Frogs • Fish • Turtles • Birds • Dragonflies

To help repel mosquitoes, plant some of the different vegetation listed:

- Citronella • Geranium • Eucalyptus • Rosemary • Basil • Anise • Mint • Marigolds • Catnip • Wormwood • Tansy • Lavender • Cedar • Cloves

Don't have stagnant water sitting around in things like buckets or tires.

BE SAFE WHILE OUTDOORS

When a mosquito bites you it can leave saliva in your body. If the mosquito is infected it can transfer diseases to you. A few of the more common diseases transmitted to people are:

- Dengue • Encephalitis • Malaria • Yellow Fever.

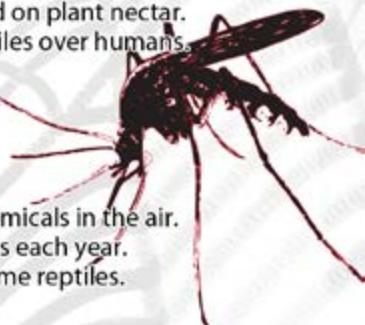
Mosquitoes can also transmit diseases to animals. A couple of these diseases are:

- Heartworm (mostly to dogs & cats) • Encephalitis.

To reduce your chance of getting a disease from mosquitoes you can, apply mosquito repellent to your skin and clothing.

RANDOM MOSQUITO FACTS

- More than 3,000 different mosquito species can be found around the world.
- There are around 50 different mosquito species in the Upper Midwest.
- Female mosquitoes feed on blood. Male mosquitoes feed on plant nectar.
- Some mosquito species prefer to feed on animals or reptiles over humans.
- All mosquitoes need water to complete their life cycle.
- One female mosquito can lay over 200 eggs at one time.
- Mosquito larvae only need a week in water to hatch.
- Mosquito eggs can survive for more than five years.
- Mosquitoes can fly around 1 to 2 mph.
- Mosquitoes find food by sight, infrared radiation and chemicals in the air.
- Around 1,000 Americans get ill or die from mosquito bites each year.
- Mosquitoes are a huge food source for birds, bats and some reptiles.



TICKS

Diseases & Prevention



You can get a tickborne disease if you are bitten by a tick that is infected • Tickborne diseases are increasing throughout the United States. • Personal protection methods can help reduce the odds of a tick bite while enjoying the outdoors

Some symptoms of a tickborne disease

- Many tickborne diseases have similar symptoms
 - Symptoms usually show up within 2-4 weeks of being bitten
- Watch for symptoms like:

- Rash
- Fever
- Headache
- Fatigue
- Muscle or joint aches



Tick Removal

Prompt tick removal is important.

Use tweezers to grasp the tick close to its mouth. Gently and slowly pull the tick straight outward.

Do not squeeze the ticks' body.

Wash the area and apply an antiseptic to the bite.

Watch for early signs and symptoms of a tickborne disease. Don't use folk remedies like Petroleum Jelly or a burnt match.



Blacklegged Tick Coverage

American Dog Tick Coverage

Lone Star Tick Coverage

Blacklegged (Deer) Tick
Lyme disease
Anaplasmosis
Babesiosis
Ehrlichiosis
Powassan virus disease

American Dog (Wood) Tick
Rocky Mountain Spotted Fever
Tularemia

Lone Star Tick
Ehrlichiosis
Tularemia
Heartland virus disease
Southern Tick-Associated Rash Illness (STARI)

Protect Yourself from Tickborne Diseases

1-Know when and where you're at risk

- Primarily Mid-May through Mid-July
- Wooded and brushy areas – Blacklegged Tick
- Grassy or wooded areas – American Dog Tick

2-Wear EPA-registered tick repellent

- DEET 20-30% on skin or clothing
- Permethrin 0.5% on clothing

3-Check yourself for ticks

- Shower after being outdoors
- Check at least once a day
- Remove ticks ASAP!



Be Aware of your Surroundings

- Always wear a properly fitting bike helmet as most serious injuries are to the head.
- Be sure your handlebars, seat and wheels fit snugly.
- Keep your bike in good shape by checking and oiling your chain, making sure your brakes work properly and maintaining your tire pressure.
- Always ride with both hands on the handlebars except when doing turn signals.
- When leaving a driveway, curb or alleyway always stop and check for traffic in both directions.
- Cross only at intersections.
- Use the crosswalk to walk your bike across busy intersections and follow the traffic signals.
- Never ride against traffic. Travel in the same direction as the cars.
- Whenever you can, use bike routes and avoid busy streets.
- Don't ride near parked cars as doors can open and cause accidents.
- Obey all traffic signs and traffic lights.
- When biking with friends, ride in a single file.
- Always pass other bikers or pedestrians on the left and say "On your left!" to make your presence known.
- Always use bicycle hand signals to alert traffic of your changing direction.

Bicycle Hand Signals



Drink lots of Water!



Know Your ATV

Read the owner's manual

and know your vehicle thoroughly. • Check your vehicle before you ride. • Wear protective equipment and clothing. • Don't lend your vehicle to unskilled riders. • Supervise young or inexperienced riders. • Never carry a passenger on vehicles meant for one rider. • Do not operate under the influence of drugs or alcohol. • Drive at speeds that are appropriate to trail conditions. • Stay to the right on trails. • Stay away from thin ice, open water and wetlands. • Know the weather forecast. • Make sure headlights and taillights work properly. • Maintain safe distances between other riders. • Reduce your speed when riding at night. • Yield to other motor vehicles and trail users. • Young or beginning riders are encouraged to take a safety training course.

SNOWMOBILE SAFETY

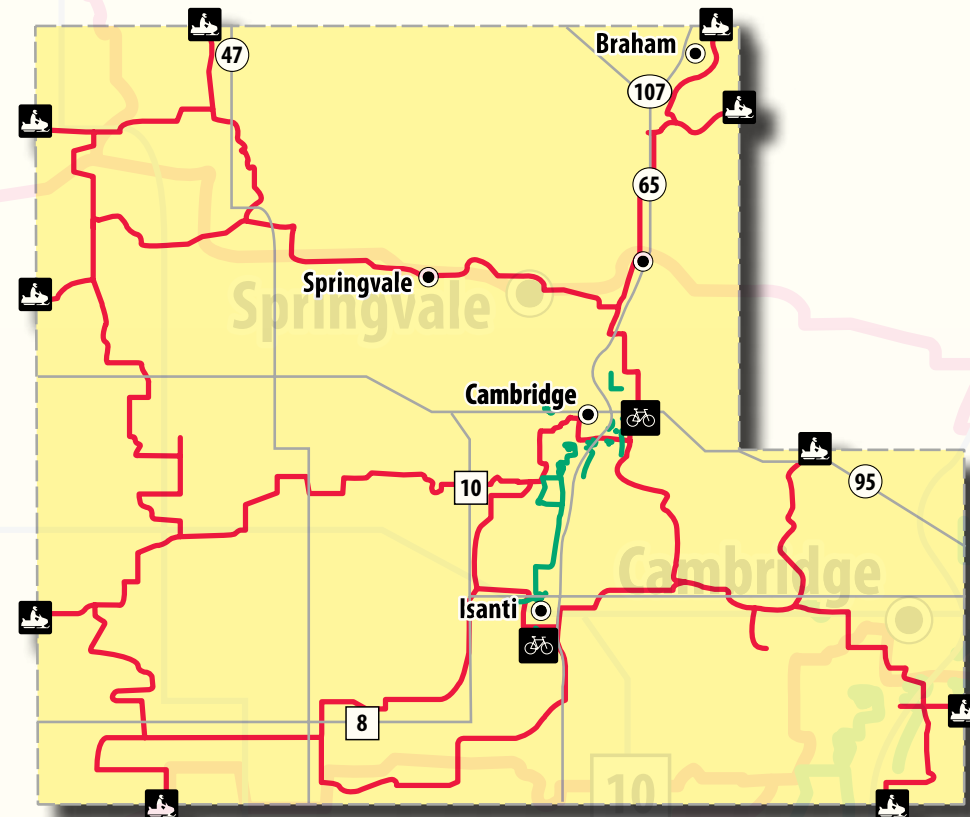
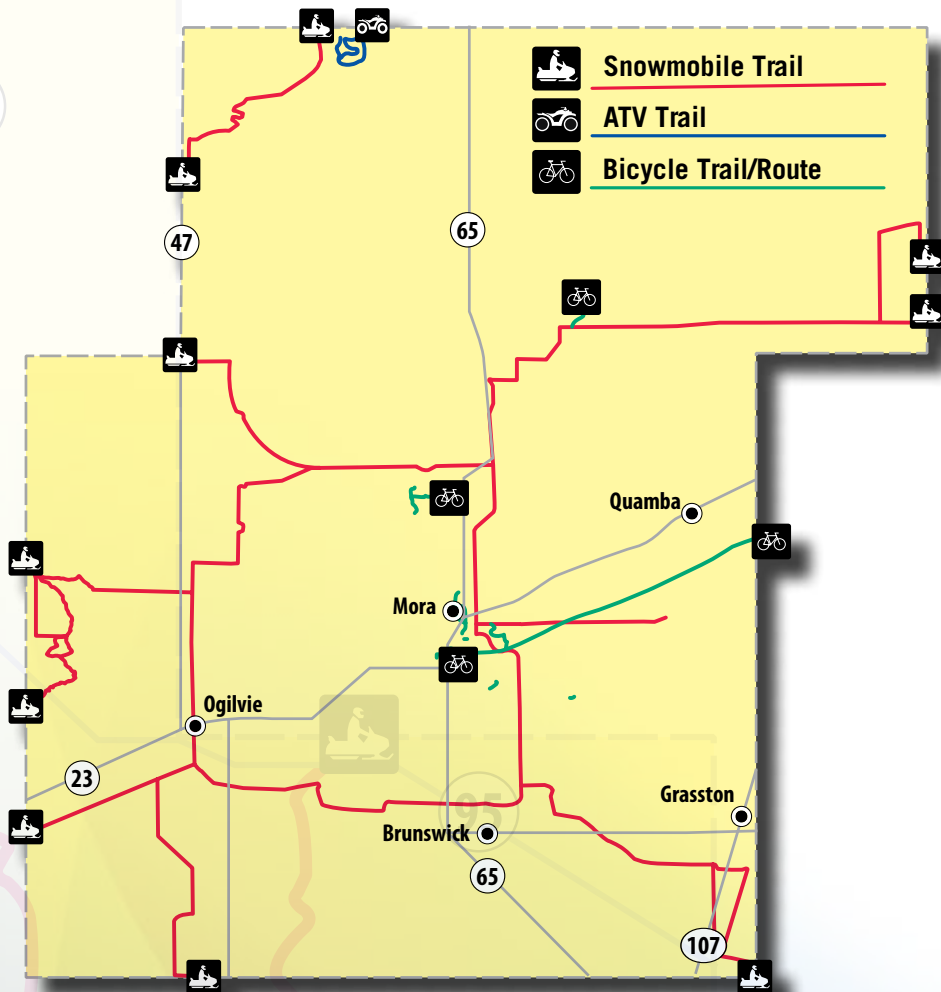
- Do not consume alcohol or take drugs prior to or during your snowmobile trip. Doing so increases your chances of injury or death.
- Slow down and don't cut to the inside of the trail corners. It's dangerous and illegal.
- If you snowmobile at night, don't override your lights.
- Always use the buddy system. Never ride off alone.
- Drowning is one of the causes of many snowmobile fatalities. Whenever possible, avoid the ice.
- Wear sensible, protective clothing designed for operating a snowmobile.
- Use a full size helmet, goggles, or visor to prevent injuries from twigs, stones, ice chips and other debris.
- Avoid wearing long scarves. They may get caught in moving parts of the snowmobile.
- Know the terrain you are going to ride. If unfamiliar to you, ask someone who has traveled over it before.
- Know the weather forecast, especially the ice and snow conditions.
- Be sure your snowmobile is in top-notch mechanical condition throughout the months of use.
- Familiarize yourself with the snowmobile you are driving. Thoroughly read the manual that accompanies the snowmobile.
- Do not pursue domestic or wild animals. That is not the conduct of a sportsman. Report such violations to the nearest law enforcement officer.

Snowmobile Hand Signals



PRIVATE PROPERTY
NO TRESPASSING

Please respect private property and no trespassing signs. Stay on trails. Exercise extreme caution on all lakes and streams. Obey all state and local laws and ordinances. Do not operate snowmobiles/ATVs on county roads or state highways.



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CROSSWORD PUZZLE

(Read Guide
for Clues)

ACROSS

1: THIS CITY WAS NAMED FOR A LAKE THAT HAS SINCE DRIED UP.

3: THIS TOWNSHIP IN ISANTI COUNTY
HAS A POPULATION LISTED AT 1,800.

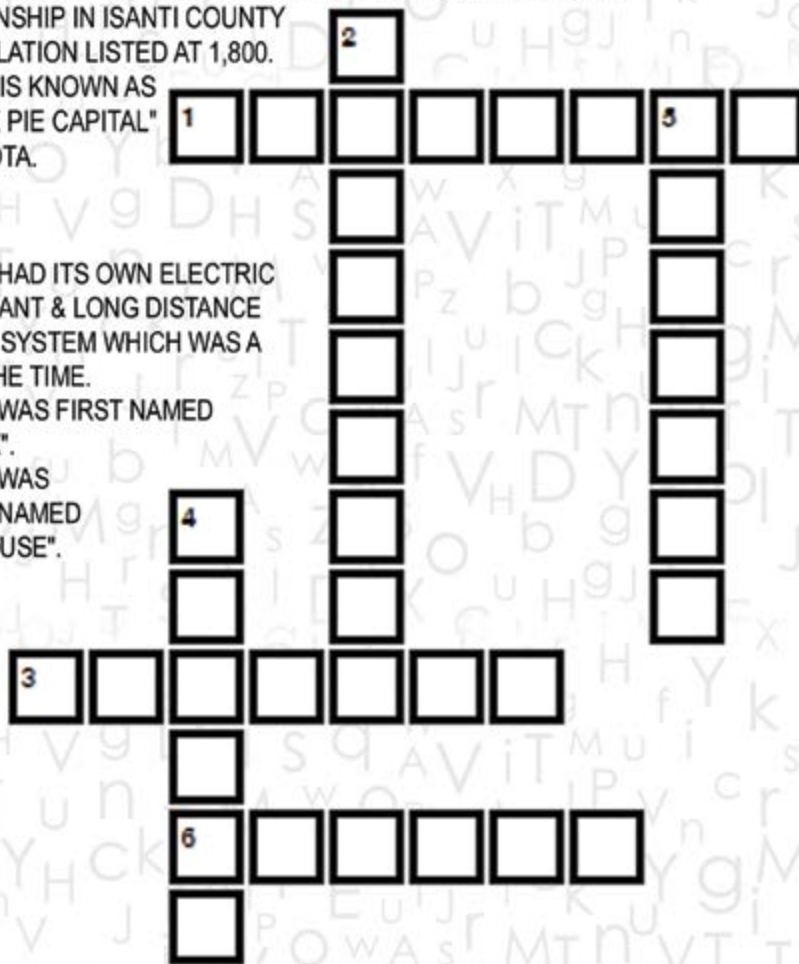
6: THIS CITY IS KNOWN AS
"HOMEMADE PIE CAPITAL"
OF MINNESOTA.

DOWN

2: THIS CITY HAD ITS OWN ELECTRIC
LIGHTING PLANT & LONG DISTANCE
TELEPHONE SYSTEM WHICH WAS A
RARIETY AT THE TIME.

4: THIS CITY WAS FIRST NAMED
"MUD CREEK".

5: THIS CITY WAS
ORIGINALLY NAMED
"GROUNDHOUSE".



WORD SEARCH

LRSHPRWJRDBDLQKQOLZECUJFDWTLMD
RMAUKEKZEPBQKKCZUATYIVGLPOJWRN
KWRSTANFORDAZXNASANLMUUCBHIOIG
BOWJWWFNGWLEYRQFURMVBTALLRFNNP
VSEDMSHUOWVLXGPCULCBRRBULDRKWD
YNTDKZGGYYOVVMUGXCMOBALGJAHFAOI
SMDDYWEUQALGTXVCFAMRXZURDFKGYZ
PSCQMMXPXRNPLRILLJVFGQBBBUGZKI
HJYSKXUCKEKNKMUCMSOKIXEFCXRRPI
YHZWAQBPOTLVFXEBCZRRVIKOGILVIE
QFAWESCWUTKNOGYEUFTIFGRASSTONY
XAOVMHUPRJZEDNZASELHAPTNUGZVDV
BVBRBVKSJROIDJMLPQCJZBQDNRGPEG
OBIKDJKKGRRNTGTTGNXAOYEQNOWPWN
AEHAOMLVABZULUSCACTLVTLLEDGXHNI
NLCSJOXGMTDYGDUTKDJMKMCCGVPHLO
BVTABRNAGUHVVRPSFUHPTPLUBGVZUBF
RTHQXACLIRPEKIUUMFAQJAHUIQANLBN
AOZFNFISXSSDNRVWPSANYWIZQYACCZ
HHOSBNWLERPSCSNOSBNPCBLIDNSXM
AJJYGFYDYKRMYTARNSGJCEAZLALDIL
MNSSAUVWUYIYNJHVYWTXBLDGCMIJZJL
LATQTPJIRONSHSYBKKDCMRLICDADFE
MSRQFLKRZNGMBBYZEGKLOUAQONINRN
JBRTXOCCSBVWPVSMNEZFSYDTYMGOC
AXHCHQIRHAVDCDSZAXUDUEOKAQKVM
EJQBDUTSUILCHGSBMOGEPORSDTURVP
TWYJTTRAQQENHIFNDAIKTMYQSVGMBB
TXFMYISANTIOAYYCVMDJOUZETVLOFC
YGODXLT IURBMOFHKDJAPFPCALFTPKA

HILLMAN
OGILVIE
FORD
ISANTI
WYANETT
STANCHFIELD
DALBO
OXFORD
POMROY
ATHENS
COMFORT
MORA
ARTHUR
SPRINGVALE
GRASSTON
BRAHAM
STANFORD
QUAMBA
BRADFORD
CAMBRIDGE

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- Spacious apartments offering specialized care and services
- Engaging activities
- Wide variety of floor plans

Call for information about current available apartments!
651-982-6228 | MeadowsOnFairview.org



Bird Feeder Care Tips

With the return of summer means the return of a variety of bird species. If you plan on providing food, there are a few things to keep in mind.



According to the Minnesota Department of Natural Resources, birds may become sick from moldy bird food and uncleaned bird feeders. This tends to happen in spring more often because of the rain and humidity. If there is mold growth, it can cause an avian disease called aspergillosis, which can disrupt a birds respiratory system. Birds can also get Salmonella from unclean feeders. Either of the diseases may kill the bird.

You should wash your bird feeders a few times every year to ensure there is no mold growth. You can do this with some bleach and water (one part bleach to nine parts water), just make sure to rinse and dry well. If you can, let it dry in the sun to help kill off any left over bacteria. This also applies to hummingbird feeders but, they should be cleaned weekly.

You also need to clean up the fallen seeds and hulls from the ground under the bird feeders to prevent moldy conditions. The seeds on the ground have a tendency of attracting some animals you may not want around like mice, voles, raccoons and bears.

When buying a bird feeder you should look for one with as much air flow as possible. Look for hopper-type feeders or fly-through feeders that provide good air flow. Another way to help keep the bird seed dry is by filling the bird feeder less and more often.



Get Active!!!

- Yard Work
- Gardening
- Walk the Dog
- Bike Ride
- Swimming
- ANYTHING!!!

Go Outside
and Do
SOMETHING!

Anything to get your heart rate up,
and your blood flowing...

**you'll feel better
and it's good for your health!**



*• Shop • Dine
• Play
• Stay*

LOCALLY



...and support the community you live in!