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## HELP SUPPORT

YOUR

## LOCAL **BUSINESS**

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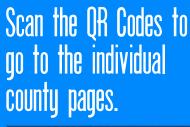
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Local Area Events **Residential Services Carlton County History Carlton County Communities Douglas County History Douglas County Communities** 12-13 Local Area Attractions 14-15 Parks & Recreation 17-19 Hunting Seasons 20-21 **DNR License Centers** 22-23 Fishing Seasons Carlton & Douglas County Trails 30-31





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## LOCAL AREA EVENTS

#### JANUARY

Flap-Jack-A-Rama | Lake Nebagamon Great Lakes Pond Hockey Classic | Superior Vintage Snowmobile Selection Collection Run | Superior Frozen Fore | Superior Lake Superior Ice Festival | Superior Lake Nebagamon Fisharama | Lake Nebagamon

#### FEBRUARY

Winterfest | Carlton Cloquet Rotary Hook'n Slice on Ice | Carlton Bridge's Ice Fishing Tournament | Lake Nebagamon Annual Riverview Loppet Ski Races | Superior

#### MARCH

Douglas County Fish & Game Sports Show | Superior Head of the Lakes Job and Internship Fair | Superior

#### APRIL

Easter Egg Hunt | Moose Lake Chicken Swap | Carlton Gitchee Gumee Brew Fest | Superior Easter EGG-Stravaganza | Superior Annual Foolin' Around with your Family Tree | Superior Annual Veterans Expo | Superior

#### MAY

Big Day Cloquet | Cloquet Lumberjack Laps Fun Run | Cloquet Moose Run 5K & 10K | Moose Lake Memorial Day Services | Moose Lake Armed Services Tribute | Lake Nebagamon Lions Club Smelt Fry | Solon Springs Community Rummage Sales | Solon Springs JAWS Fishing Derby | Superior

#### JUNE

Spring Fever Days | Barnum Chmielewski International Polka Festival | Carlton Fly-In Breakfast | Cloquet Snowmobile Water-Cross Racing | Moose Lake "Around the Lake" Rummage Sales | Lake Nebagamon Village Wide Garage Sale | Lake Nebagamon Lions Club Kids Fishing Contest | Solon Springs Solon Springs Voyageur Daze | Solon Springs Free Children's Festival | Solon Springs

#### JULY

Carlton Daze | Carlton 4th of July Celebration | Cloquet Miss Moose Lake Pageant | Moose Lake 4th of July Parade & Aerial Flyover Moose Lake Kiddie Parade | Moose Lake Relay for Life | Moose Lake Art in the Park | Moose Lake Fireman's Steak Fry | Moose Lake Agate Days | Moose Lake Antique Car Show | Moose Lake Wrong Days | Wright Good Neighbor Days | Gordon 4th of July Boat Parade & Fireworks Lake Nebagamon Kid & Adult Draggin' Trails Run | Lake Nebagamon Car Show & Flea Market | Lake Nebagamon 4th of July Celebration | Lake Nebagamon, Solon Springs, Superior Cowboy Fast Draw WI State Championship | Superior Lake Superior Wooden Boat Festival | Superior Northwoods Music Festival | Superior

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Carlton County Fair | Barnum Ma & Pa Kettle Days | Kettle River Crazy Corn Day & Depot Fest | Moose Lake Brickyard Days | Wrenshall Tamburitzans' Concert | Lake Nebagamon Annual Picnic and Zoomobile | Lake Nebagamon Poplar Fun Days | Poplar Northern Exposure Rabbit Club Show | Superior Mighty Machines | Superior Lakefest | Superior Head of the Lakes Fair | Superior Bong Center Military Vehicle Show | Superior Lake Superior Dragon Boat Festival | Superior **Duluth-Superior PRIDE Festival | Superior** Great Northern Classic Rodeo | Superior National Night Out

#### SEPTEMBER

AUGUST

Chicken Swap | Carlton Labor Day Celebration & Parade | Cloquet Cloquet River Run | Cloquet Harvest Fest | Cromwell Fall Fest | Moose Lake, Wrenshall Silver Brook Corn Maze | Wrenshall Harvest Dinner | Lake Nebagamon Taste of Autumn | Lake Nebagamon Lions Club Fall Festival | Solon Springs **Duluth-Superior PRIDE Festival | Superior** Great Northern Classic Rodeo | Superior Amsoil Speedway Northern Nationals | Superior Cause for the Paws | Superior **Burrito Union Triathlon | Superior BID-Toberfest** | Superior East End Family Fun Day & Rummage Sales | Superior Walk & Run to End Abuse | Superior Annual Running for our Heroes 5K | Superior

#### OCTOBER

Minnesota Charms Quilt Show | Carlton Pumpkin Run 5K | Cloquet Anniversary of the 1918 Fires | Moose Lake Silver Brook Corn Maze | Wrenshall Tailgate to Recovery | Superior Fall Flashlight Tours | Superior Family Halloween Party | Lake Nebagamon

#### NOVEMBER

Old Fashioned Christmas | Cloquet Cloquet Winter Festival Christmas Open House & Craft & Bake Sale | Moose Lake K.I.N. Craft Show | Lake Nebagamon Thanksgiving Day Fun Walk /Run | Lake Nebagamon Fairlawn Holiday Celebration | Superior Fall-o-ween Fest | Superior

#### DECEMBER

Home for the Holidays Family Celebration | Cloquet Santa Visits | Moose Lake Senior Citizen Christmas Dinner | Lake Nebagamon Christmas Tree Lighting | Poplar, Lake Nebagamon Christmas in the Country | Solon Springs Fairlawn Holiday Celebration | Superior Holiday Luncheon & Musical | Superior Annual Warmth For The Soul | Superior



## **Residential Services**

## CARLTON COUNTY, MN

Assessor	(218) 384-9142
Attorney	
Auditor	
EconomicDevelopment	
Emergency Management	
Extension	
Facilities	
Highway	
Human Services	
Land	
Recorder	
Sherff	
Veterans Services	
Zoning	
Sheriff	931-7106
Veterans Services	934-0408

## DOUGLAS COUNTY, WI

Administration	(715) 395-1429
District Attorney	
County Clerk	
Emergency Management	
Extension	
Forestry & Parks	
Highway Department	
Human Services	
Maintenance	
Probate	
Recycling	
Sheriff	
Treasurer	
Veteran Services	
Zoning	

Choosing the perfect destination

What is your dream vacation? Do you want to lay on the beach, hike a mountain or explore a city? Questions like these are a good starting point to decide on where to go. Do research on some different areas and activities that may interest you and any others that you are traveling with to identify the most suitable vacation area.

How long do you plan on being gone? Don't try to go too far or jam in to many activities if you don't have the time. Leave some free time in your schedule to accommodate any unforeseen changes during the trip.

> Depending on what type of climate you are wanting to vacation in, plan your trip for an appropriate time of the year in that area. Also watch out for peak seasons at some popular vacation destinations. At these times prices may be higher with larger crowds.

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## CARLTON COUNTY HISTORY



Carlton County was named in honor of Reuben B. Carlton, one of the first settlers in the area and first Senator in the Minnesota Legislature from the district. Carlton county was established in 1857 and the village of Carlton was named the county seat in 1886. Carlton County includes some of the area of the Fond du Lac Reservation, which includes the Lake Superior Band of Ojibway. Like Pine County to the South, Carlton County was established as a major lumber area due to the extensive forests of pine trees in the area, however much of the county was destroyed in 1918 with the Cloquet Fire. Sparks from the railroad set dry grass ablaze, killed hundreds of people and destroyed many of the historic buildings Carlton County was known for. After redevelopment, Carlton County has become known for its scenic wildlife, parks and proximity to Highway 35. Today Carlton County is home to approximately 33,933 residents.

## CARLTON COUNTY COMMUNITIES

<u>CITIES:</u> BARNUM – pop. 613 CARITON (COUNTY S

CARLTON (COUNTY SEAT) – pop. 862 CLOQUET – pop. 12, 124 CROMWELL – pop. 234 KETTLE RIVER – pop. 180 MOOSE LAKE – pop. 2,751 SCANLON – pop. 991 THOMSON – pop. 159 WRENSHALL – pop. 399 WRIGHT – pop. 127

#### **TOWNSHIPS:**

ATKINSON - pop. 319 **AUTOMBA** – pop. 137 **BARNUM** – *pop.* 978 **BESEMAN** – pop. 149 BLACKHOOF - pop. 809 **EAGLE** – *pop.* 565 **HOLYOKE** – *pop.* 179 KALEVALA – pop. 302 LAKEVIEW – pop. 194 **MAHTOWA** – *pop.* 494 **MOOSE LAKE** – pop. 956 PERCH LAKE – pop. 998 **SILVER** – *pop. 398* SILVER BROOK – pop. 609 **SKELTON** – *pop.* 372 **SPLIT ROCK** – *pop.* 152 **THOMSON** – pop. 4,361 **TWIN LAKES** – *pop. 1,912* WRENSHALL – pop. 326 \*Populations are approximate.

#### BARNUM

Barnum is named in honor of George G. Barnum, a lawyer and banker for the Lake Superior and Mississippi Railroad. The community was a prosperous lumber town until the decline of the lumber industry in the early 1900s. Advances in agriculture helped Barnum redevelop and the area has continued to grow. Today Barnum is home to approximately 613 residents.

#### **CARLTON (COUNTY SEAT)**

Carlton, like the county, was named in honor of Reuben B. Carlton and selected as the county seat. The community was established as a lumber town due to the amount of white pine trees in the area and its location as the halfway point on the railroad between St. Paul and Duluth allowed for dramatic growth. Today Carlton is home to approximately 862 residents.

## CARLTON COUNTY COMMUNITIES

#### CLOQUET

Cloquet was named after the Cloquet River that runs through the area and the community developed with the start of the logging industry. On October 12, 1918 a fire wiped out Cloquet and much of Carlton County leading to the most loss of life in one day in Minnesota's history. The area was rebuilt and has continued to grow. Today Cloquet is home to approximately 12,124 residents.

#### **KETTLE RIVER**

The city of Kettle River was named after the Kettle River which flows through it. Much of the population was destroyed due to the Cloquet Fire in 1918 and was not incorporated until 1921. Today Kettle River is home to approximately 180 residents.

#### **MOOSE LAKE**

Moose Lake was incorporated in 1889 and as railroads were established industry began to expand. Like most of Carlton County, Moose Lake was devastated by the Cloquet Fire of 1918. A monument now stands in the northern section of the town for the hundreds of people that perished. Today Moose Lake is home to approximately 2,751 residents.

#### THOMSON

Thomson was named by the Northern Pacific railroad in honor of David Thompson, a Canadian explorer and geographer, and a postal error led to its current spelling. Thomson was selected as the county seat of Carlton County until 1886 when it was moved to Carlton. Today Thomson is home to approximately159 residents.

#### WRENSHALL

Wrenshall was named in honor of C.C. Wrenshall, who was head of maintenance and bridges of the Northern Pacific Railroad Company. The area began to grow and develop upon the arrival of the railroads from St. Paul to Duluth. The town was the location of one of the depots for the Northern Pacific Railroad. Today Wrenshall is home to approximately 399 residents.



## Douglas County History



Chce part of LaPointe County, Douglas County was originally home to Indians. Fur traders and missionaries utilized Indian trails and settlement began in the 1850's. Douglas County was named after Illinois Senator Stephen A. Douglas and Superior was chosen as the county seat. The first county courthouse was built in 1871 and the area began to thrive. With the arrival of the railroad, Douglas County began to boom and lumbering, mining and shipping led early industry. Communities formed near rail centers and waterways. By 1900 the population of Douglas County reached 36,335. Today Douglas County is home to approximately 44,159 residents.

CITIES: SUPERIOR (COUNTY SEAT) - pop. 27,244

#### VILLAGES:

LAKE NEBAGAMON - pop. 1,015 OLIVER - pop. 358 POPLAR - pop. 604 SOLON SPRINGS - pop. 600 SUPERIOR - pop. 500

#### TOWNS:

AMNICON - pop. 1,074 BENNETT - pop. 622 BRULE - pop. 591 CLOVERLAND - pop. 247 DAIRYLAND - pop. 186 GORDON - pop. 645 HAWTHORNE - pop. 1,045 HIGHLAND - pop. 245 LAKESIDE - pop. 609 MAPLE - pop. 649 OAKLAND - pop. 1,144 PARKLAND - pop. 1,240 SOLON SPRINGS - pop. 807 SUMMIT - pop. 1,042 SUPERIOR - pop. 2,058 WASCOTT - pop. 714

#### **CENSUS DESIGNATED PLACES:**

BRULE - pop. 254 GORDON - pop. 176 \*Populations are approximate.

## Douglas County Communities

#### LAKE NEBAGAMON

Lumber camps were established by Frederick Weyerhauser in the Lake Nebagamon area and his son John platted streets and constructed businesses. The community was named after nearby Lake Nebagamon, an Indian word meaning, "place to hunt deer by fire on the water." By 1900 the area housed churches, schools, a bank, creamery, dance hall and a variety of specialty shops. Today Lake Nebagamon is home to approximately 1,015 residents.

#### **OLIVER**

Settlers were drawn to the ample timber and water power of the area and streets were platted in 1911. The community was named in honor of Henry W. Oliver, an iron miner who established one of the largest iron manufacturing centers in the country at the time. Construction of a bridge and the establishment of rail lines provided the means to expand and the community has continued to thrive. Today Oliver is home to approximately 358 residents.

#### POPLAR

Access to water and fertile soil attracted settlers to the Poplar area and a post office and general store were established. In 1917 the community officially became a village and railroad development prompted growth. Poplar is the home of Richard I. Bong, a distinguished WWII fighter pilot recognized as the "Ace of Aces," who received the Congressional Medal of Honor for having been the highest scoring air ace in U.S. history. Today Poplar is home to approximately 604 residents.

#### SOLON SPRINGS

First known as White Birch, Solon Springs was first surveyed by George Stuntz and later settled by Charles Lord. By 1855 the area housed a real estate office, saloon and boarding house. As rail lines were constructed in 1883, the community began to develop and businesses began to flourish. In 1902 inventor Tom Solon established the Solon Springs Bottling Company and White Birch was renamed Solon Springs in his honor of his contributions to the community in 1896. Today Solon Springs is home to approximately 600 residents.

#### SUPERIOR (COUNTY SEAT)

Once home to Indians and fur traders, Superior was founded in 1854 and named after Lake Superior, the largest freshwater lake in the world. In 1889 Superior was incorporated and selected as the county seat. The community developed dramatically due to its proximity to water and access to rail lines which allowed Superior to become an important trade center. As resorts were established, tourism began to lead industry. Today Superior is home to approximately 27,244 residents.

## CREAMY Dill CHICKEN

1/4 oz

24oz

24oz

12oz

4tbsp

2tsp

1 tbsp

Place the potatoes

Ingredients

Yukon Gold Potatoes

Chicken Breasts

Green Beans

Sour Cream

Chicken Stock

Dijon Mustard

Vegetable Oil

Black Pepper Salt

away the stems.

until they are browned.

1 PREP Preheat your oven to 450° degrees.

Rinse and dry all produce. Cut potatoes to your

on a baking sheet (Tip: Use parchment paper to cover

baking sheet so potatoes do not stick to the pan) Lightly

cook for 20-25 minutes, ocassionally tossing them,

covered with oil and season to taste. Let them

liking, pick the fronds from the dill and throw

DASTING THE POTATOES

Dill

#### Simple wal with a Gourant Feel

COOKING THE CHICKEN Spread a little oil in a large pan and set stove top to medium-high. Slice and season chicken to your liking. Cook for 10-15 minutes, flip half way through until the meat is nicely browned on both sides.

#### ROASTING THE GREEN BEANS Place the green

beans on to a baking sheet (Tip: Use parchment paper to cover baking sheet ) and lightly cover the sheet with oil. Season the green beans to taste and place in the oven for 10-12 minutes.

#### S MAKING THE DILL SAUCE Take about 4 tbsp of

sour cream, 2 tablets of chicken stock, 2 tbsp of mustard, 2 tbsp of water, the dill and place them into a pan on low heat. Season to taste with salt and pepper, stirring until the sauce unthickens, add water little water if necessary.

#### 6 PLATE & SERVE

Place the chicken, green beans and potatoes on to a plate, then drizzle the creamy dill sauce over the chicken and serve.

PREP: 10 MIN TOTAL: 30 MIN

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## AREA ATTRACTIONS

A WORLD OF ACCORDION 1401 Belknap St. | Superior

**BARRY'S WHITEWATER CHARTER** 2933 Carlson Rd. | Carlton | (218) 940-3892

BARKERS ISLAND MARINA 250 Marina Dr. | Superior | (715) 392-7131

BLACK BEAR CASINO RESORT & GOLF COURSE 1785 Hwy. 210 | Carlton | (218) 878-2327

**BRULE RIVER CANOE RENTAL** 13869 Hwy. 2 E | Brule | (715) 372-4983

**CARLTON COUNTY HISTORICAL SOCIETY** 406 Cloquet Ave. | Cloquet | (218) 879-1938

**CULTURAL CENTER & MUSEUM** 1720 Big Lake Rd. | Cloquet | (218) 878-8179

**DAVIDSON WINDMILL** 7890 Old Hwy 13 | South Range

**DOUGLAS COUNTY HISTORICAL SOCIETY** 1101 John Ave. | Superior | (715) 392-8449

ENCORE PERFORMING ARTS CENTER & GALLERY 2035 Hwy. 33 S | Cloquet | (218) 591-0019

FAIRLAWN MANSION & MUSEUM 3245, 906 E 2nd St. | Superior | (715) 394-5712

**GAMPER'S FOOD LIQUOR & BOWLING** 1050 Hwy. 61 | Moose Lake | (218) 485-8272 **GONDIK LAW SPEEDWAY** 4700 Tower Ave. | Superior | (715) 394-7223

HARRINGTON ARTS CENTER 1401 Belknap St. | Superior | (715) 395-2787

HISTORIC LAKE THEATER 318 Elm Ave. | Moose Lake | (218) 485-8060

HISTORIC SOO LINE RAILWAY STATION 1615 Winter St. | Superior

LAKE SUPERIOR ESTUARIUM 3, Marina Dr. | Superior | (715) 399-4093

LUCIUS WOODS PERFORMING ARTS CENTER 9245 E Main St. | Solon Springs | (715) 378-4272

MAYS LEDGES Koski Rd. | Brule

MINNESOTA WHITEWATER RAFTING 3212 River Gate Ave. | Cloquet | (218) 522-4446

**MONT DU LAC** 3125 Mont Du Lac Dr. | Superior | (218) 626-3797

MOOSE LAKE DEPOT & FIRES OF 1918 MUSEUM 900 Folz Blvd. | Moose Lake | (218) 485-4234

**OLD DEETZ SLATE MINE QUARRY** 234 Hwy. 61 W | Esko | (218) 879-6063 **OLD FIREHOUSE & POLICE MUSEUM** 3707, 402 23rd Ave. E | Superior | (715) 394-5712

PATTISON/AMNICON FALLS STATE PARKS 6294 State Rd. 35 S | Superior | (715) 399-3111

**PINE HILL GOLF CLUB** 1689 Co. Rd. 61 | Carlton | (218) 384-3727

RICHARD I. BONG VETERANS HISTORICAL CENTER 305 Harbor View Pkwy. | Superior | (715) 392-7151 **S S METEOR MARITIME MUSEUM** 3285, 200 Marina Dr. | Superior | (715) 394-5712

SILVER FOX CHARTERS 451 Marina Dr. | Superior | (320) 846-0652

SOLON SPRINGS HISTORICAL MUSEUM 11640 S Railroad St. | Solon Springs | (715) 378-4296

TWENTYNINE PINES GOLF COURSE 2871 Sundberg Rd. | Mahtowa | (218) 389-3136

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## PARKS & RECREATION

**ALLOUEZ PARK** 

Superior, WI ci.superior.wi.us (715) 395-7270

AMNICON FALLS STATE PARK South Range, WI dnr.wi.gov (715) 398-3000

ANNA GENE COUNTY PARK South Range, WI douglascountywi.org (715) 395-1341

BANNING STATE PARK Sandstone, MN www.dnr.state.mn.us (320) 245-2668

BEAR CREEK PARK Superior, WI wi-superior2.civicplus.com (715) 395-7270

BENNY PETERSON PARK Superior, WI ci.superior.wi.us

#### **CARL GULLO PARK**

Superior, WI wi-superior2.civicplus.com (715) 395-7270

#### **CENTRAL PARK**

Superior, WI ci.superior.wi.us

#### **FOND DU LAC STATE FOREST**

Cromwell, MN www.dnr.state.mn.us (651) 296-6157

GOUGE PARK Superior, WI ci.superior.wi.us

HAMMOND PARK Superior, WI ci.superior.wi.us

HARBOR VIEW PARK Superior, WI ci.superior.wi.us

HERITAGE PARK Superior, WI ci.superior.wi.us (715) 395-7270

HILLTOP PARK Cloquet, MN www.cloquetmn.gov (218) 879-3347

HOLYOKE PARK Holyoke, MN

JAY COOKE STATE PARK Carlton, MN www.dnr.state.mn.us (218) 384-4610 JOHN JACK ENNIS MEMORIAL PARK Superior, WI ci.superior.wi.us

**KELLY PARK** Superior, WI ci.superior.wi.us

MOOSE LAKE CITY PARK Moose Lake, MN (218) 485-4010 www.cityofmooselake.net

MOOSE LAKE STATE PARK Moose Lake, MN www.dnr.state.mn.us (218) 485-5420

NEMADJI STATE FOREST Moose Lake, MN www.dnr.state.mn.us (218) 485-5410

Hiking

Safety Tips

PATTISON STATE PARK Superior, WI dnr.wi.gov (715) 399-3111

PINEHURST PARK Cloquet, MN www.cloquetmn.gov (218) 879-1261

VETERANS MEMORIAL PARK Moose Lake, MN www.mooselakechamber.com

VETERANS PARK Cloquet, MN www.cloquetmn.gov (218) 879-3347

WEBSTER PARK Superior, WI ci.superior.wi.us

Before heading out on a hike, make sure you are prepared. Determine the length of the hike you're going on and the type of terrain you are going to traverse. Make sure to wear suitable footwear depending on the weather and terrain. Pack an appropriate size backpack and proper gear for your hike. Let a friend or family member know when and where you are going and how long you plan on being

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## Furnace Maintenance If there is a smell of gas in your home, do not shut the gas off or use any lights.

Get out of the house and leave the door open. Once a safe distance from the house call the gas company or the fire department. Do not reenter until you have a confirmation from the gas company or the fire departments that it's safe.

It is important to maintain all furnace types. Without any maintenance the furnace will have a shorter life span and may cause harm to you or your household by emitting carbon monoxide, causing a fire or breaking down. You should check your furnace at least once a year or hire a professional to do it.

For a gas furnace start by turning off the power and gas to the furnace and removing the combustion chamber door. Clean the combustion chamber with a soft wire brush and a vacuum. Inspect the combustion chamber for any corrosion. If the combustion chamber is clean and in good condition turn the power and gas back on and check the burner flames to make sure they are burning fairly even and blue. If the burners are not working correctly call a professional to adjust them.

Inspect the flue pipe to make sure there is no corrosion or any holes. For small holes you can use some foil tape to patch them. If there are bigger holes or signs of corrosion you will need to replace that section of flue pipe.

Change the furnace filters. The packaging on the filter should have a rough estimate of the filters life but the filters should be changed at least once a year. Next to the filters should be the blower chamber. It is a good idea to vacuum and clean the inside of this area as well to help lengthen the life of the filters.

Clean the floor ducts with a vacuum. This will help the furnace be more efficient and also reduce the amount of airborne particles and dust.

## HUNTING SEASONS, WI

#### DEER

Archery and Crossbow ~ Sept. 14 - Jan. 5, 2020 Archery and Crossbow \*Metro Sub-units only\* Sept. 14 - Jan. 31, 2020 Gun hunt for hunters with disabilities: This is not a statewide season. Oct. 5 - 13 Youth deer hunt ~ Oct. 5 - 6 Gun ~ Nov. 23 - Dec. 1 Muzzleloader ~ Dec. 2 - 11 December 4-day antlerless hunt ~ Dec. 12 - 15 Antlerless-only Holiday Hunt Only in valid farmland units. Please see deer regulations booklet for valid units. Dec. 24 - Jan. 1, 2020

#### BEAR

Zone C where dogs are not permitted Sept. 4 - Oct. 8 with aid of bait, with all other legal methods not using dogs All other zones where dogs are permitted Sept. 4 - 10 with aid of dogs only Sept. 11 - Oct. 1 with aid of dogs, with aid of bait, with all other legal methods Oct. 2 - 8 with aid of bait, with all other legal methods not using dogs

#### WILD TURKEY

2019 Youth turkey hunt ~ April 13 - 14 Spring 2019 Period A April 17 - 23 Period B April 24 - 30 Period C Mav 1 - 7 Period D May 8 - 14 Period E May 15 - 21 Period F May 22 - 28 Fall 2019 Zones 1 - 5 September 14 - Jan. 5, 2020 Zones 6 - 7 Sept. 14 - Nov. 22

#### SMALL MAMMALS

Cottontail rabbitNorthern zoneSept. 14 - Feb. 29, 2020Southern zoneOct. 19 (9 a.m.) - Feb. 29, 2020Squirrels (gray and fox) Statewide ~ Sept. 14 - Jan. 31, 2020

#### FURBEARERS

Coyote Huntina: Continuous open season Oct. 19 - Feb. 15, 20209 Trapping: Fox, red and gray Huntina: Oct. 19 - Feb. 15, 2020 Oct. 19 - Feb. 15, 2020 Trapping: Beaver Trapping: Zone A (northwest) Nov. 2 - Apr. 30, 2020 Nov. 2 – Apr. 30, 2020 Zone B (northeast) Zone C (south) Nov. 2 - Mar. 31, 2020 Zone D (Mississippi River) Day after duck season closes to Mar. 15, 2020 Mink & Muskrat Oct. 26 – Mar. 8, 2020 Statewide Mississippi River zone Nov. 11 - Mar. 8, 2020 Bobcat Hunting: Period 1 - Oct. 19 - Dec. 25 Period 2 - Dec. 26 - Jan. 31, 2020 Trapping: North and south zones, Period 1 Oct. 19 - Dec. 25 North and south zones. Period 2 Dec. 26 – Jan. 31, 2020 Fisher North and South Zones Oct. 19 – Jan. 5, 2020 Otter North zone Nov. 2 - Apr. 30, 2020 South zone Nov. 2 - Mar. 31, 2020

Raccoon

Hunting and Trapping:ResidentOct. 19 - Feb. 15, 2020Non-residentNov. 2 - Feb. 15, 2020

#### GAME BIRDS

PheasantStatewideOct. 19 (9 a.m.) - Jan. 5, 2020Bobwhite quailStatewideOct. 19 (9 a.m.) - Dec. 11Ruffed grouseZone ASept. 14 - Jan. 31, 2020Zone BOct. 19 - Dec. 8Sharp-tailed grouseSeason is under review.Hungarian partridgeStatewide (closed in Clark, Mara-<br/>thon and Taylor counties)Oct. 19 (9 a.m.) - Jan. 5, 2020

\*Please contact your local DNR office for specific hunting and trapping zone regulations. For general information on firearm safety training call: 1 (888) 936-7463.

16x21x

## HUNTING SEASONS, MN

For general information on firearm safety training call: 1 (888) 646-6367 or (651) 296-6157. Contact the MN DNR for specific zone areas/dates: Online: www.dnr.state.mn.us, Toll Free: 1 (888) 665-4236. You can purchase hunting and fishing licenses by phone: 1 (888) 665-4236.

**BEAVER** 10/26/19 - 05/15/20 NORTH FURBEARER ZONE

**BEAVER** 11/02/19 - 05/15/20 SOUTH FURBEARER ZONE

**BOBCAT** 12/21/19 - 01/26/20 NORTH OF I-94 AND U.S. HIGHWAY 10

**CANADA GEESE - SEASON 1** 09/21/19 - 12/21/19 NORTH DUCK ZONE

CANADA GEESE - SEASON 2 10/05/19 - 12/26/19 CENTRAL DUCK ZONE

**CANADA GEESE - SEASON 2** 10/12/19 - 01/02/20 SOUTH DUCK ZONE

**COTTONTAIL RABBIT & SNOWSHOE HARE** 09/14/19 - 02/29/20 STATEWIDE

**CROW - SECOND SEASON** 12/15/19 - 01/15/20 STATEWIDE

**CROW - THIRD SEASON** 03/01/20 - 03/31/20 STATEWIDE

**DEER - ARCHERY** 09/14/19 - 12/31/19 STATEWIDE

**DEER - FIREARM (SEASON A)** 11/09/19 - 11/24/19 100 SERIES PERMIT AREAS **DEER - FIREARM (SEASON B)** 11/23/19 - 12/01/19 300 SERIES PERMIT AREAS

**DEER - MUZZLELOADER** 11/30/19 - 12/15/19 STATEWIDE

**DUCKS - SEASON 2** 10/05/19 - 11/24/19 CENTRAL DUCK ZONE

**DUCKS - SEASON 2** 10/12/19 - 12/01/19 SOUTH DUCK ZONE

**ELK HUNT - D SEASON** 12/07/19 - 12/15/19 KITTSON CENTRAL ZONE

**FISHER** 12/21/19 - 12/29/19 North of I-94 and U.S. Highway 10

HUNGARIAN PARTRIDGE 09/14/19 - 01/01/20 STATEWIDE

**MINK** 10/26/19 - 02/29/20 NORTH FURBEARER ZONE

**MINK** 11/02/19 - 02/29/20 SOUTH FURBEARER ZONE

**MOURNING DOVE** 09/01/19 - 11/29/19 STATEWIDE

MUSKRAT 10/26/19 - 02/29/20 NORTH FURBEARER ZONE **MUSKRAT** 11/02/19 - 02/29/20 SOUTH FURBEARER ZONE

**OTTER** 10/26/19 - 01/26/20 NORTH ZONE

**OTTER** 11/02/19 - 01/26/20 SOUTH FURBEARER ZONE

**PHEASANT** 10/12/19 - 01/01/20 STATEWIDE

**PINE MARTEN** 12/21/19 - 12/29/19 North of I-94 and U.S. Highway 10 **RUFFED & SPRUCE GROUSE** 09/14/19 - 01/01/20 STATEWIDE

SHARP-TAILED GROUSE 09/14/19 - 11/30/19 NORTHWEST ZONE

**SHARP-TAILED GROUSE** 10/12/19 - 11/30/19 EAST-CENTRAL ZONE

SPRING TURKEY 04/15/20 - 05/31/20 HUNTER SELECTED PERMIT AREA

**SQUIRREL** 09/14/19 - 02/29/20 STATEWIDE

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## **DNR LICENSE CENTERS**

You can purchase hunting and fishing licenses, cross-country ski passes and snowmobile trail stickers through the Electronic License System. Online <u>www.dnr.state.mn.us</u>, <u>www.dnr.wi.gov</u> Toll Free MN: 1 (888) 646-6367 - Toll Free WI: 1 (888) 936-7463 Or visit one of the ELS agents available throughout the area:

BRULE, WI CENEX 13995 Hwy. 2 | Brule | (715) 372-8278

CARLTON, MN MINIT MART CARLTON 405 3rd St. | Carlton | (218) 384-3841

CLOQUET, MN HOLIDAY STATION STORE #95 1420 Cloquet Ave. | Cloquet | (218) 879-4081

L & M SUPPLY 620 Hwy. 33 S | Cloquet | (218) 326-9451

OUTDOOR ADVANTAGE 1302 Hwy. 33 S | Cloquet | (218) 879-3185

WALMART SUPERCENTER (#1929) 1308 Hwy. 33 S | Cloquet | (218) 878-0737

CROMWELL, MN CROMWELL SELF SERVE 5201 Hwy. 210 | Cromwell | (218) 644-1114

GORDON, WI FOREST POINT RESORT 13702 Crystal Beach Rd. | Gordon | (715) 376-2322

I.C.O. CONVENIENCE PLUS 14394 Hwy. 53 | Gordon | (715) 376-2356 LAKE NEBAGAMON, WI MIDLAND MARKET PLACE 11585 E Co. Road B | Lake Nebagamon | (715) 374-3441

WASKO'S CAMPGROUND PLUS 8441 S Co. Rd. P | Lake Nebagamon | (715) 292-7177

MAHTOWA, MN TJ'S COUNTRY CORNER 2751 Market St. | Mahtowa | (218) 389-6257

MOOSE LAKE, MN FEDERATED COOPS MOOSE LAKE 100 Arrowhead Ln. | Moose Lake | (763) 389-7481

HOLIDAY STATION STORE (#127) 80 Arrowhead Ln. | Moose Lake | (218) 485-8827

MARKETPLACE FOODS 70 Arrowhead Ln. | Moose Lake | (218) 485-4336

POPLAR, WI POPLAR HARDWARE HANK 9693 Hwy. 2 E | Poplar | (715) 364-2563

SAWYER, MN SAWYER STORE 3252 Hwy. 210 | Sawyer | (218) 879-4759

SOLON SPRINGS, WI SOLON SPRINGS MERCANTILE 11287 S Merzig Pkwy. | Solon Springs | (715) 378-2860 SUPERIOR, WI 4 CORNERS STORE 6383 S County Rd. A | Superior | (715) 399-0675

DNR SUPERIOR SATELLITE CENTER 1701 N 4th St. | Superior | (715) 392-7988

HOLIDAY STATION STORE (#47) 406 Belknap | Superior | (715) 394-3250

HOLIDAY STATION STORE (#111) 2111 Tower Ave. | Superior | (715) 398-5340

HOLIDAY STATION STORE (#229) 4827 E 2nd St. | Superior | (715) 398-6306

NORTHWEST OUTLET 1814 Belknap St. | Superior | (715) 392-9838

SPORTSMANS CHOICE 721 Belknap St. | Superior | (715) 394-6077 SUPERIOR, WI (Contd.) SUPERIOR SHOOTERS SUPPLY 1705 Winter St. | Superior | (715) 394-4982

**THE BAIT BOX** 3729 E 2nd St. | Superior | (715) 398-3554

WALMART (#1447) 3705 Tower Ave. | Superior | (715) 392-6060

#### WASCOTT, WI STOP-A-SEC 26389 S Crystal Lake Rd. | Wascott | (715) 466-4220

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## 7 ISHING SEASONS

MN Season Dates, 2019 - 2020

**FLATHEAD CATFISH** 04/01/19 - 12/01/19 Statewide inland waters

**STREAM TROUT** 04/13/19 - 09/30/19 Outside southeastern Minnesota

**STREAM TROUT** 04/13/19 - 09/15/19 Southeastern Minnesota

**STREAM TROUT** 04/13/19 - 09/15/19 Within specific state parks and cities

**WALLEYE, SAUGER AND NORTHERN PIKE** 05/11/19 - 02/23/20 Statewide inland waters

LAKE TROUT 05/11/19 - 09/30/19 Statewide inland waters

STREAM TROUT IN LAKES 05/11/19 - 10/31/19 Statewide

SMALLMOUTH AND LARGEMOUTH BASS 05/11/19 - 02/23/20 Northeastern Minnesota

SMALLMOUTH BASS 05/25/19 - 09/08/19 Statewide outside northeastern Minnesota LARGEMOUTH BASS 05/25/19 - 02/23/20 Statewide outside northeastern Minnesota

MUSKIE 06/01/19 - 12/01/19 Statewide inland waters

LAKE STURGEON AND SHOVELNOSE STURGEON 06/16/19 - 04/14/20 Statewide inland waters

SMALLMOUTH AND LARGEMOUTH BASS CATCH AND RELEASE 09/09/19 - 02/23/20 Statewide outside northeastern Minnesota

**STREAM TROUT CATCH AND RELEASE** 09/16/19 - 10/15/19 Southeastern Minnesota

**STREAM TROUT CATCH AND RELEASE** 09/16/19 - 04/17/20 Southeastern Minnesota streams in the parks and cities listed in this item

**TAKE A KID ICE FISHING WEEKEND** 01/18/20 - 01/20/20 Statewide WI Season Dates - Season Dates Inclusive (2019 - 2020 dates in parentheses)

LARGEMOUTH BASS Northern Zone (May 4 - March 1)

SMALLMOUTH BASS Northern Zone Catch and Release (May 4 - June 14)

SMALLMOUTH BASS Northern Zone Harvest (June 15 - March 1)

**LARGE AND SMALLMOUTH BASS** Southern Zone (May 4 - March 1)

#### MUSKELLUNGE

General Inland Waters Northern Zone - inland waters north of U.S. Hwy 10 (excluding Wisconsin - Michigan boundary waters) (May 25 - Nov. 30) Southern Zone - inland waters south of U.S. Hwy 10 (May 4 - Dec. 31) **NORTHERN PIKE** General Inland Waters (May 4 - March 1)

**TROUT AND SALMON** General Inland Waters Early season catch and release (January 5 - May 3) General Inland Trout Season (May 4 - Oct. 15)

WALLEYE AND SAUGER General Inland Waters (May 4 - March 1)

FREE FISHING WEEKENDS Summer Free Fishing Weekend (June 1 - 2, 2019) Winter Free Fishing Weekend (January 18-19, 2020)

\*Contact the Wisconsin DNR for more information on specific fishing zones and dates: 1 (888) 936-7463



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## $\mathscr{W}$ inter Safety:



The winter can be tough for everyone. During these months you find yourself dealing with cold temperatures, ice, and snow. Here are a few ways to make your winter safer and more enjoyable.

#### Prevent slips and falls on ice.

- Wear cleats on your boots or shoes while outdoors.
- Take you boots or shoes off when indoors. They may have snow or ice on the bottom making them slick on smooth surfaces.
- Salt and sand driveway and sidewalks or have someone do it for you.
- Step down when getting out of a car or off a curb instead of stepping out.

#### Keeping warm

Before going outside in the wintertime you need to prepare yourself to prevent things like hypothermia or frostbite. Warning signs of hypothermia include, lots of shivering cold skin that is pale or ashy, feeling very tired, confused and sleepy, feeling weak, problems walking, slowed breathing or heart rate. Warning signs of frostbite include, skin that's white or ashy (for darker skin) or grayish-yellow (for lighter skin), skin that feels hard or waxy, and numbness. Dress in Layers when going outside. For the best results, wear polypropylene or another man-made fabric next to the skin, a knit middle layer, and a man-made outer layer. Never stay in the cold if you have wet or damp clothing, it cools the body more quickly. Depending on the temperature or wind chill you may want to cover all exposed skin to reduce the risk of hypothermia or frostbite.

#### Carbon monoxide poisoning and fires

During the winter months the risks of carbon monoxide poisoning and fires is much greater due to the different heating methods used to stay warm. While trying to stay warm we are heating our houses with fire places, furnaces, electric heaters, and boilers. When one of these heating methods fail or stop working properly there are potential safety hazards.

- Make sure carbon monoxide detector and fire alarms are working properly.
- Have fireplace and chimney cleaned or furnace and boiler inspected.
- Make sure electric heaters are working properly and not to close to anything flammable.
- Keep a fire extinguisher easily accessible in the areas of your home that have a potential fire hazard.
- Never try heating your home with things that are not made for it like, a stove, oven, or grill.

### Winter Driving

- Don't drive in bad weather unless you have to.
- Never use cruise control on snowy, icy, or wet surfaces.
- Increase your following distance.
- Have a phone on you and let someone know your plans.
- Check your car or get it inspected to make sure things like the tires, antifreeze, window wipers, window washer fluid, oil, battery, and other components are up to date and working properly.
- Stock your car with emergency supplies like a first aid kit, extra warm clothes or blankets, jumper cables, shovel, window scraper, a warning device like a flare or caution lights and a material like kitty litter or sand in case your stuck on ice.
- Keep your gas tank close to full in case you end up stuck or stranded and to prevent gas line freeze.
- Clear off the entire car for increased visibility.
- Never warm up your vehicle in an enclosed area like a garage.

## EALTHY HABITS

#### Eat Breakfast

A healthy balanced breakfast every morning is very important. It allows your body to run smoothly throughout the day and can help with weight control while lowering your cholesterol levels. It will improve things like concentration, performance and strength. Also studies have shown that women who skip breakfast have a higher chance of developing diabetes and men who skip breakfast have a higher chance for heart disease.

#### **Eat Your Greens**

Leafy greens and vegetables contain phytochemicals which help to fight diseases. This will help against things like metabolic syndrome, diabetes, cancer and strokes. Vegetables are also rich in fiber which helps with hunger. The recommended amount of vegetables for the average person is around 2 ½ cups a day.

#### **Drink Enough Water**

Many people don't get enough water throughout the day. It is recommended that the average person drinks roughly a half gallon a day which is equal to about eight 8 ounce glasses. Water helps rid the body of toxins and with unwanted weight gain by flushing out byproducts of fat in your system. Water also helps your immune system, energy levels, focus and mood.

#### Take a Walk During Lunch Break

Your body and mind benefit greatly when getting out for a quick walk. A walk can help with weight management, blood pressure, bone strength, balance and coordination. Plus it helps you focus by getting extra blood flow and oxygen to your brain. Also a lot of people don't get enough vitamin D in their diet and getting outside is one of the easiest ways to ensure you are getting your vitamin D.

#### Get Up and Move

It is important to try and get around 10,000 steps in per day. It is very hard on our bodies when we are slumped over a desk or kicked back in a recliner all day. Studies have shown that just from walking more you can lower your risk of high cholesterol, high blood pressure and diabetes. It may be hard to get the 10,000 steps in every day but doing small things like getting up from your desk every so often and doing a lap around the office or parking farther away from your destination will help.

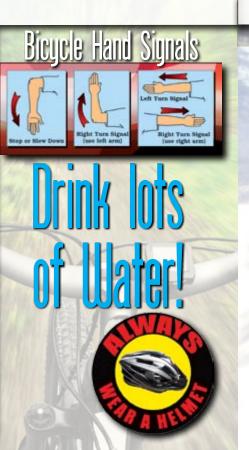
#### **Floss and Brush**

This might not seem like the most significant health issue but it is very important. If you don't floss and brush daily you build up plaque on your teeth and at the gum lines. This can lead to things like gum disease and if not treated can enter the bloodstream and trigger inflammation in the arteries causing things like heart disease, diabetes, erectile dysfunction in males and delayed conception for women.

## BICYCLE SAFETY

# male u Surroundi

#### • Always wear a properly fitting bike helmet as most serious injuries are to the head. • Be sure your handlebars, seat and wheels fit snugly. • Keep your bike in good shape by checking and oiling your chain, making sure your brakes work properly and maintaining your tire pressure. • Always ride with both hands on the handlebars except when doing turn signals. • When leaving a driveway, curb or alleyway always stop and check for traffic in both directions. • Cross only at intersections. • Use the crosswalk to walk your bike across busy intersections and follow the traffic signals. • Never ride against traffic. Travel in the same direction as the cars. • Whenever you can, use bike routes and avoid busy streets. • Don't ride near parked cars as doors can open and cause accidents. • Obey all traffic signs and traffic lights. • When biking with friends, ride in a single file. • Always pass other bikers or pedestrians on the left and say "On your left!" to make your presence known. Always use bicycle hand signals to alert traf-



## TV SAFETY

### Read the owner's manual

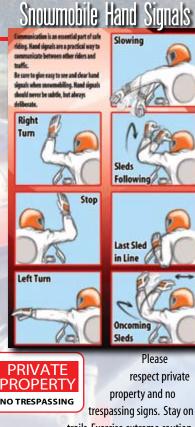
and know your vehicle thoroughly. • Check your vehicle before you ride. • Wear protective equipment and clothing. • Don't lend your vehicle to unskilled riders. • Supervise young or inexperienced riders. • Never carry a passenger on vehicles meant for one rider. • Do not operate under the influence of drugs or alcohol. • Drive at speeds that are appropriate to trail conditions. • Stay to the right on trails. • Stay away from thin ice, open water and wetlands • Know the weather forecast. • Make sure headlights and taillights work properly. • Maintain safe distances between other riders. • Reduce your speed when riding at night. • Yield to other motor vehicles and trail users. • Young or beginning riders are encouraged to take a safety training course.

Right

Turn

## SNOWMOBILE SAFETY

• Do not consume alcohol or take drugs prior to or during your snowmobile trip. Doing so increases your chances of injury or death. Slow down and don't cut to the inside of the trail corners. It's dangerous and illegal. • If you snowmobile at night, don't override your lights. • Always use the buddy system. Never ride off alone. • Drowning is one of the causes of many snowmobile fatalities. Whenever possible, avoid the ice. • Wear sensible, protective clothing designed for operating a snowmobile. • Use a full size helmet, goggles, or visor to prevent injuries from twigs, stones, ice chips and other debris. • Avoid wearing long scarves. They may get caught in moving parts of the snowmobile. • Know the terrain you are going to ride. If unfamiliar to you, ask someone who has traveled over it before. • Know the weather forecast, especially the ice and snow conditions. • Be sure your snowmobile is in top-notch mechanical condition throughout the months of use. • Familiarize yourself with the snowmobile you are driving. Thoroughly read the manual that accompanies the snowmobile. • Do not pursue domestic or wild animals. That is not the conduct of a sportsman. Report such violations to the nearest law enforcement officer.

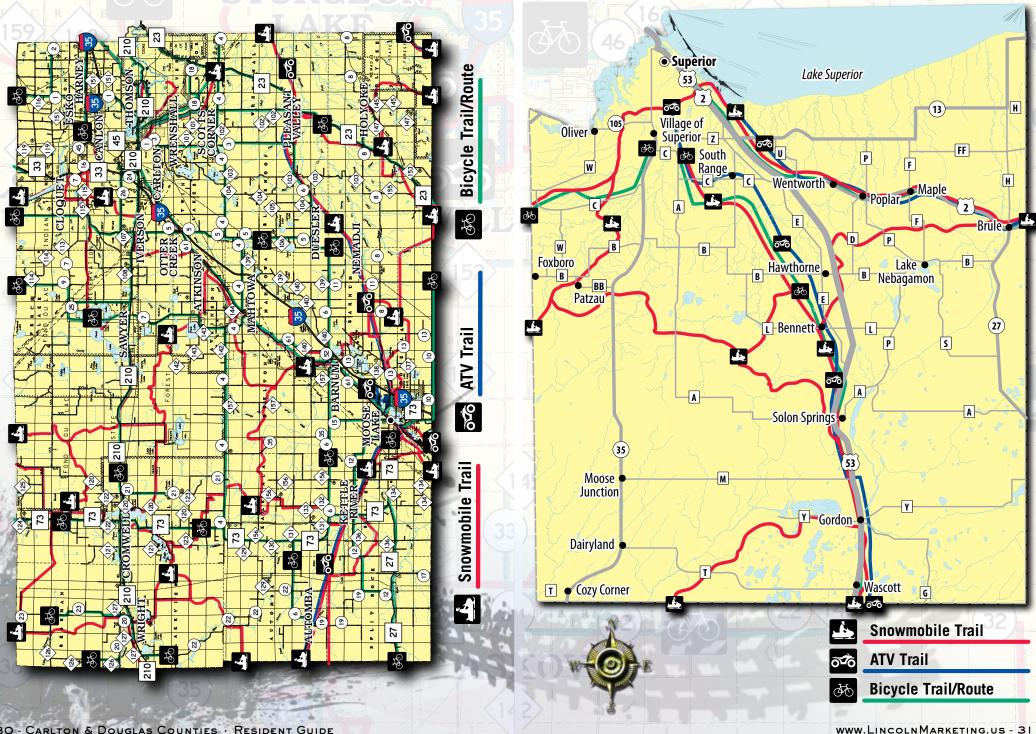


trails. Exercise extreme caution on all lakes and streams. Obey all state and local laws and ordinances. Do not operate snowmobiles/ATV's on county roads or state highways.

fic of your changing direction.

## CARLTON COUNTY TRAILS

## DOUGLAS COUNTY TRAILS



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#### Health Benefits of Physical Activity Major Research Findings

from the Center for Disease Control and Prevention

- Regular moderate-to-vigorous physical activity reduces the risk of many adverse health outcomes.
- Some physical activity is better than none.
- For most health outcomes, additional benefits occur as the amount of physical activity increases through higher intensity, greater frequency, and/or longer duration.
- Substantial health benefits for adults occur with 150 to 300 minutes a week
  of moderate-intensity physical activity. Additional benefits occur with
  more physical activity.
- Both aerobic and muscle-strengthening physical activity are beneficial.
- Health benefits occur for children and adolescents, young and middle-aged adults, older adults, and those in every studied racial and ethnic group.
- The health benefits of physical activity occur for people with chronic conditions or disabilities.
- The benefits of physical activity generally outweigh the risk of adverse outcomes or injury.

#### **Guidelines for Adults**

- For substantial health benefits, you should do at least 2.5hrs a week of moderate-intensity, or 1.25hrs a week of vigorous-intensity aerobic activity, or a combination of the two activities. Aerobic activity should be performed in episodes of at least 10 minutes, and should be done throughout the week.
- For even better health benefits, adults should increase their aerobic physical activity to 5hrs a week
  of moderate-intensity, or 2.5hrs a week of vigorous-intensity aerobic physical activity, or a
  combination of the two activities.

#### **Guidelines for Children and Adolescents**

- · Children and adolescents should do an hour or more of physical activity daily.
- Aerobic: Most of the hour or more a day should be either moderate- or vigorous-intensity aerobic physical activity.
- Muscle-strengthening: As part of their hour or more of daily physical activity, children and adolescents should include muscle-strengthening physical activity on at least 3 days of the week.
- Bone-strengthening: As part of their hour or more of daily physical activity, children and adolescents should include bone-strengthening physical activity on at least 3 days of the week.
- It is important to encourage young people to participate in physical activities that are appropriate for their age, that are enjoyable, and that offer variety.

Start slowly. Cardiac events, such as a heart attack, are rare during physical activity. But the risk does go up when you suddenly become much more active than usual. For example, you can put yourself at risk if you don't usually get much physical activity and then all of a sudden do vigorous-intensity aerobic activity, like shoveling snow. That's why it's important to start slowly and gradually increase your level of activity.

## Intensity Examples

### **Moderate Intensity**

#### Walking briskly

- (3 mph or faster, but not race-walking)
- Water aerobics
- Bicycling slower than 10mph
- Tennis (doubles)
- Ballroom dancing
- General gardening

Race walking, jogging, running
 Swimming laps
 Tennis (singles)
 Aerobic dancing
 Bicycling 10mph or faster
 Jumping rope
 Heavy gardening
 (continuous digging or hoeing)
 Hiking uphill or with a heavy backpack

# FISHING Find the Perfect Spot

• Trying to figure out where to drill your fishing holes can be tough. A couple ways to make this easier is to buy a map that shows the contour and depth of the lake or look online for a suitable map.

· Before drilling holes check your map or

online for areas with drop-offs, sandbars, mounds of rocks or weed lines. If the fist spot you chose to drill holes is not producing any fish don't sit there and wait but drill new holes at a new location to find the fish. You may not have to move far, just try new holes at different depths. It's not easy moving all your gear around drilling holes but if you want to catch fish you have to find them.

• Early ice fishing season the fish will tend to stay in shallower waters. Later in the season the fish will move to deeper waters. At the end of the season the fish will start to move into shallower waters again.

• Walleye, sauger and perch tend to hang out near the bottom. Northern pike stay off the bottom while they are in shallow water and stay near the bottom when in deeper waters. Panfish will be at different depths depending on what they are eating. Trout don't sit around and will be at random depths and areas in the search of food. If you have a fish finder it will make it a lot easier to judge the fish type and depth to set the bait. Cross country skiing is a great way to stay in shape throughout winter. It provides an excellent aerobic exercise while also strengthening your legs, arms and core muscles. During a classic cross country skiing adventure you can burn around 600 calories per hour while traveling at around 3mph. On top of the health benefits it's fun to do and lets you get outside to enjoy the snowy months.

Skate Style

There are two main types of cross country skiing, classic and skate. Classic is more traditional and involves pushing off each ski parallel to one another. Skate skiing requires pushing off each ski in a V pattern like ice-skating.

If you are just learning, you may want to start off on some of the easier trails in your area. These trails tend to be maintained better and have smaller hills.

Before investing money into equipment, check your area for trails with a rental shop. That way you can give it a try to see if it is a winter activity you enjoy.

Classic Style

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## Bird Feeder Care Tips

With the return of summer means the return of a variety of bird species. If you plan on providing food there are a few things to keep in mind.

According to the Minnesota Department of Natural Resources, birds may become sick from moldy bird food and uncleaned bird feeders. This tends to happen in spring more often because of the rain and humidity. If there is mold growth it can cause an avian disease called aspergillosis, which can disrupt a birds respiratory system. Birds can also get Salmonella from unclean feeders. Either of the diseases may kill the bird.

You should wash your bird feeders a few times every year to ensure their is no mold growth. You can do this with some bleach and water (one part bleach to nine parts water), just make sure to rinse and dry well. If you can, let it dry in the sun to help kill off any left over bacteria. This also applies to hummingbird feeders but, they should be cleaned weekly.

> You also need to clean up the fallen seeds and hulls from the ground under the bird feeders to prevent moldy conditions. The seeds on the ground have a tendency of attracting some animales you may not want around like mice, voles, racoons and bears.

When buying a bird feeder you should look for one with as much air flow as possable. Look for hoppertype feeders or fly-through feeders that provide good air flow. Another way to help keep the bird seed dry is by filling the bird feeder less and more often.

#### CARLTON & DOUGLAS COUNTIES · RESIDENT GUIDE 36

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