

# RESIDENT GUIDE

## FREE



**- HUNTING SEASONS**

**- FISHING SEASONS**

**- RECREATION TRAILS**

**- DNR LICENSE CENTERS**

**- RESIDENTIAL SERVICES**

**- LOCAL ATTRACTIONS**

**- PARKS & REC. INFO**

**- AREA HISTORY**

**- LOCAL EVENTS**

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Counties, MI

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Delta County



Marquette County



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# LOCAL AREA EVENTS

## JANUARY

Jig It Ice Fishing Extravaganza | Escanaba  
Mites to Men Pond Hockey Tournament | Escanaba  
Noquemanon Ski Marathon | Ishpeming-Marquette  
Abominable Beer Fest | Marquette  
Annual Culinary Journey | Marquette  
Annual Suicide Hill Ski Jump Tournament | Ishpeming  
Heikki Lunta Winter Festival | Negaunee

## FEBRUARY

Becoming an Outdoors Woman | Big Bay  
Business After Hours | Marquette  
Dome Softball Tournament | Marquette  
UP 200 Dog Sled Race | Marquette  
Polar Roll | Marquette  
Outhouse Classic | Trenary  
Chamber Fire & Ice Midwinter Fundraising Gala | Marquette  
Mix and Mingle Bowling | Marquette  
Cross Country Snowmobile Racing | Bark River  
Walk for Warmth | Marquette  
Annual Escanaba Slip-Sliding - Away 5-Mile Fun Run

## MARCH

Mix and Mingle Bowling | Marquette  
Brew-Ski | Marquette  
Bowl for Kids Sake | Escanaba  
YMCA Marchtoberfest - Annual Fundraising Party | Marquette  
Rapid River Gun & Knife Show | Rapid River  
Bark River Gun & Knife Show | Bark River  
Escanaba FIRST Robotics District Competition | Escanaba  
Bald Eagle Harley-Davidson's Annual Spring Break-Out Fundraiser for the UP Honor Flight | Harris  
Rock American Legion Annual Breakfast Fundraiser | Rock

## APRIL

"Par-Tee" | Harris  
Dome Soccer Tournament | Marquette  
NMU Jazz Festival | Marquette  
Mix & Mingle Spring Dance | Marquette  
Bay de Noc Gardening Conference | Marquette

## APRIL (CONTD.)

Hulah for Moolah - Big Brothers Big Sisters | Escanaba  
Community Prom - Down the Rabbit Hole | Escanaba

## MAY

Big Bay Relay | Marquette  
Bay College Alumni Spring Fling | Marquette  
NMU Commencement | Marquette  
GFWC International Dinner | Marquette  
Annual Heart of the North Lions Club Kentucky Derby | Escanaba  
Auction for the Arts | Escanaba  
Cabela's NTC Tournament | Escanaba

## JUNE

Great Lakes Rodeo | Gwinn  
Mix and Mingle Formal Event | Escanaba  
Krusin Klassics Fun Run Parade and Car Show | Escanaba  
Island Resort Championship at Sweetgrass - An LPGA Symetra Tour Event | Marquette  
Big Brothers Big Sisters Golf Outing | Escanaba  
Angler Young Angler Walleye Tournament | Ludington  
Crazy Daze & Car Show | Gladstone  
Marquette Area Blues Fest | Marquette

## JULY

Art on the Rocks | Marquette  
Blueberry Festival | Marquette  
Hiawatha Music Fest | Marquette  
Independence Day Parade | Marquette  
Ishpeming Italian Fest  
Outback Art Show | Marquette  
Pioneer Days | Negaunee  
Black Bart Days | Republic  
Holiday Ramblers RV Rally | Marquette  
MWC - Masters Walleye Circuit Tournament | Marquette  
Rock the Dock | Escanaba  
Taste of the Red, White & Brew | Gladstone  
Rockin' the Bay Music Festival | Gladstone  
Annual National Trappers Convention & Outdoor Expo | Escanaba

## JULY (CONTD.)

Bark River Lions Off Road Races | Bark River  
Take a Vet Fishing | Gladstone  
Marina Fest | Escanaba

## AUGUST

UP State Fair | Escanaba  
Rock the Dock | Escanaba  
Bark River Off Road Races | Bark River  
Art Faire & Renaissance Fest | Ishpeming  
UP Gem & Mineral Show | Ishpeming  
Marquette County Fair | Marquette  
Michigan State Hog Rally | Marquette  
Ore to Shore Bike Race | Marquette  
Rotary Seafood Fest | Marquette  
Bay de Noc Great Lake Sports Fishermen Wal-Mart  
Bays Classic Walleye Tournament | Escanaba  
Wal-Mart Bays Classic Kid's Fishing Day | Escanaba  
Wheelin Sportsman's Cookout | Escanaba

## SEPTEMBER

Annual Air Refuel Squad Reunion | Marquette  
Beer Fest | Marquette  
Blues Fest | Marquette  
Dog Show | Marquette  
Oldtimers Hockey Tournament | Marquette  
Great Lakes Timber Professionals Association | Marquette  
End the Silence Walk | Marquette  
United Way Soup'r Chili Challenge | Marquette  
Pioneer Trail Park Halloween Spooktacular | Escanaba  
Delta County Century Ride | Escanaba

## OCTOBER

City of Gladstone Fall Fest | Gladstone  
NMU Family Weekend | Marquette  
Chamber Annual Dinner | Escanaba  
Uptoberfest | Escanaba  
Annual Baraga Avenue Harvest Fest | Escanaba

## NOVEMBER

Used Book Sale | Bay de Noc  
Christmas Tree Lighting | Escanaba  
Escanaba High School Baseball Team Craft Sale  
Holiday Art Walk | Escanaba  
Paws for the Blues | Escanaba  
Putnam County Spelling Bee | Escanaba  
A Night to Indulge | Harris  
Rotary Vino at the Casino | Escanaba  
Holiday Open House | Garden  
Chamber Christmas Shopping Excursion | Gladstone  
Gladstone Ski Club Ski Swap  
Gladstone Turkey Trot 5K Run/Walk  
Bethany-Perkin's Hunter's Lunch & Bazaar | Skandia  
Old Fashioned Christmas | Gladstone

## DECEMBER

Escanaba Christmas Parade  
Steam & Gas Village | Escanaba  
Winter Charity Fun Festival | Escanaba  
Charity Ball | Escanaba  
New Year's Eve Ball Drop Bash | Marquette  
NMU Commencement | Marquette  
East Ludington Gallery Christmas Open House | Escanaba

# Delta County

Administration .....	(906) 789-5100
Airport .....	786-4902
Animal Shelter .....	789-0230
Board of Commissioners .....	789-5100
Building & Zoning .....	789-5189
Circuit Court .....	789-5103
County Clerk .....	789-5105
District Court.....	789-5106
<b>Emergency .....</b>	<b>911</b>
Emergency Management .....	786-5911
Equalization & Taxes .....	789-5109
Health Department .....	786-4111
Michigan State University Extension .....	786-3032
Probate Court .....	789-5112
Register of Deeds .....	789-5105
Sheriff.....	786-3633
Treasurer.....	789-5117
UPCAP Services.....	786-4701

# Marquette County

Administration .....	(906) 225-8151
Airport .....	346-3308
Animal Shelter .....	475-6661
Board of Commissioners .....	225-8151
Building & Zoning .....	225-8180
Circuit Court .....	225-8204
County Clerk .....	225-8330
District Court.....	225-8233
<b>Emergency .....</b>	<b>911</b>
Emergency Management .....	475-5649
Equalization & Taxes .....	225-8410
Health Department .....	475-9977
Michigan State University Extension .....	475-5731
Probate Court .....	225-8300
Register of Deeds .....	225-8415
Sheriff.....	225-8435
Treasurer.....	225-8425
UPCAP Services.....	786-4701

**DISC GOLF**

Disc golf or frisbee golf is played a lot like traditional ball golf but instead of hitting a ball with a club into a hole the player throws a frisbee into a basket. Disc golf can be played by just about anyone at any age. It's also an inexpensive sport to get into. Specialized frisbees for disc golf cost around \$10-\$15 and a lot of courses are free. Playing disc golf is a great way to get out for some exercise, enjoy nature and have some fun.

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Locally



Delta County was organized in 1843 and named after the Greek letter Delta, due to its triangular shape. Masonville was first selected as the county seat until it was moved to Escanaba in 1861 and the area grew as rail lines were constructed. The first courthouse was built in 1882 and by 1890 Delta County's population had reached 15,330. Early industry was dominated by agriculture as residents raised fruit and livestock and industry also included the shipping of raw materials. By 1950 its population had reached 32,913 and the area continued to grow. Today Delta County is home to approximately 36,918 residents.

**CITIES:**  
**ESCANABA (COUNTY SEAT)** – pop. 12,121  
**GLADSTONE** – pop. 5,024

**VILLAGES:**  
**GARDEN** – pop. 221

**TOWNSHIPS:**  
**BALDWIN** – pop. 758  
**BARK RIVER** – pop. 1,585  
**BAY DE NOC** – pop. 325  
**BRAMPTON** – pop. 1,043  
**CORNELL** – pop. 558  
**ENSIGN** – pop. 765  
**ESCANABA** – pop. 3,433  
**FAIRBANKS** – pop. 324  
**FORD RIVER** – pop. 2,144  
**GARDEN** – pop. 832

**MAPLE RIDGE** – pop. 821  
**MASONVILLE** – pop. 1,901  
**NAHMA** – pop. 522  
**WELLS** – pop. 4,762  
*\*Populations are approximate.*

## BARK RIVER

Bark River, settled in 1871 by Captain Charles Pease, was originally recognized as Barkville. A post office was established with Luke D. McKenna serving as its first postmaster and railroad development prompted growth. Homes and businesses were moved to be closer to the railway stop and the community was renamed Bark River in 1899. Today Bark River is home to approximately 1,585 residents.

## ESCANABA (COUNTY SEAT)

Escanaba began as an Indian village and the area was known as Sandy Point. A post office was established in 1853 with Alden Chandler serving as its first postmaster. The community was selected as the county seat in 1861 and 1864 was renamed Esconabwa, an Indian word meaning "flat rock," until its spelling was altered to Escanaba in 1875. The community was incorporated in 1883 and developed as a shipping port for copper, lumber and iron ore. Today Escanaba is home to approximately 12,121 residents.

## GARDEN

Garden was first settled in 1850 by Philomen Thompson and the area was first recognized as Haley's Bay. A post office was established in 1868 and Ansel Y. Bailey served as its first postmaster. Haley's Bay was renamed Garden after the fertile soil and close proximity to Garden Bay and was incorporated in 1889. Today Garden is home to approximately 221 residents.

## GLADSTONE

Gladstone, settled in 1877, was originally known as Saunders Point. The area began as a railway stop along the Soo Line Railroad and grew to a bustling port, shipping iron ore, copper and lumber. By 1887 its population had reached 1,000 and was incorporated as a city the following year. The community was renamed in honor of William Ewart Gladstone, a British Prime Minister. Today Gladstone is home to approximately 5,024 residents.

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Marquette County was organized in 1848 and named in honor of explorer and priest Jacques Marquette. The City of Marquette was selected as the county seat and its first courthouse was constructed in 1858. Mining of iron ore dominated local industry and the area grew dramatically upon the arrival of the railroad, as raw materials were easily transported to various manufacturing centers. By 1889 its population had reached 40,000 and had grown to 47,654 by 1950. Today Marquette County is home to approximately 65,703 residents.

## CITIES:

**ISHPEMING** – pop. 6,479

**MARQUETTE (COUNTY SEAT)** – pop. 21,004

**NEGAUNEE** – pop. 4,456

## TOWNSHIPS:

**BIG BAY** – pop. 300

**CHAMPION** – pop. 374

**CHOCOLAY** – pop. 6,051

**ELY** – pop. 2,140

**EWING** – pop. 183

**FORSYTH** – pop. 4,906

**HUMBOLDT** – pop. 525

**ISHPEMING** – pop. 3,617

**MARQUETTE** – pop. 3,333

**MICHIGAMME** – pop. 426

**NEGAUNEE** – pop. 2,734

**POWELL** – pop. 797

**REPUBLIC** – pop. 1,160

**RICHMOND** – pop. 1,024

**SANDS** – pop. 2,212

**SKANDIA** – pop. 988

**TILDEN** – pop. 1,091

**TURIN** – pop. 177

**WELLS** – pop. 357

**WEST BRANCH** – pop. 1,669

*\*Populations are approximate.*

## CHOCOLAY

Chocolay Township is located in the Upper Peninsula of Michigan in Marquette County. Glaciers carved out the rivers and hills throughout this area. French explorers first called the river running through the area the Chocolate River because of its dark brown color, the name was changed to Chocolay River in the early 1900s. Chocolay Township became a Charter Township on May 16, 1972. Today Chocolay is home to approximately 6,051 residents.

## FORSYTH

Forsyth Township is a civil township of Marquette County in the U.S. state of Michigan. In the 1960s the town consisted of small mining and railroad villages. The township today covers 179.1 square miles which 175.2 square miles of that is land and the other 3.9 square miles is water. Today Forsyth is home to approximately 4,906 residents.

## ISHPEMING

First known as “The Lake Superior Location,” Ishpeming was settled in 1854 and was renamed after an Indian word meaning “high place” or “heaven” in 1862. The community grew as a mining and retail center as iron ore was discovered throughout the area. Ishpeming was incorporated as a city in 1869 and became a popular resort area. The area developed dramatically and by 1940 its population had reached 9,500. As mining began to decline, its population began to decline. Today Ishpeming is home to approximately 6,479 residents.

## MARQUETTE (COUNTY SEAT)

First known as New Worcester, Marquette was founded by Amos Rogers Harlow in 1849 who also served as its first postmaster. In 1850 the community was renamed in honor of explorer and priest Jacques Marquette. Streets were platted by Peter White in 1854 and the community continued to grow as a mining and shipping point for the area. In 1871 Marquette was incorporated as a city and railway construction allowed for dramatic growth. As steamship travel became popular, Marquette became nationally recognized as a summer haven. The area is now home to the world’s largest wooden dome, the Superior Dome, which attracts many visitors each year. Today Marquette is home to approximately 21,004 residents.

## NEGAUNEE

The name Negaunee was derived from an Indian word meaning “pioneer” and the first settlers were attracted to the iron ore deposits discovered near Teal Lake in 1844. In 1858 the first post office was established and the community continued to grow upon development of the railroad. In 1873 Negaunee was incorporated as a city and as mining expanded, the area continued to thrive until mining operations began to decline in the 1940s. Today Negaunee is home to approximately 4,456 residents.

# BARBECUE

- KEEP YOUR GRILL GRATE CLEAN
- DON'T USE LIGHTER FLUID
- HEAT UP YOUR GRILL BEFORE YOU START
- KEEP THE LID DOWN WHILE COOKING
- MEAT COOKS BETTER WHEN AT ROOM TEMPERATURE
- DON'T OVER CROWD THE GRILL WITH TOO MANY ITEMS
- DON'T CONSTANTLY FLIP YOUR FOOD



# Get Active!!!

- Yard Work
- Gardening
- Walk the Dog
- Bike Ride
- Swimming
- ANYTHING!!!

Go Outside  
and Do  
SOMETHING!

Anything to get your heart rate up,  
and your blood flowing...

**you'll feel better  
and it's good for your health!**



# Health Benefits of Physical Activity

## Major Research Findings

from the Center for Disease Control and Prevention



- Regular moderate-to-vigorous physical activity reduces the risk of many adverse health outcomes.
- Some physical activity is better than none.
- For most health outcomes, additional benefits occur as the amount of physical activity increases through higher intensity, greater frequency, and/or longer duration.
- Substantial health benefits for adults occur with 150 to 300 minutes a week of moderate-intensity physical activity. Additional benefits occur with more physical activity.
- Both aerobic and muscle-strengthening physical activity are beneficial.
- Health benefits occur for children and adolescents, young and middle-aged adults, older adults, and those in every studied racial and ethnic group.
- The health benefits of physical activity occur for people with chronic conditions or disabilities.
- The benefits of physical activity generally outweigh the risk of adverse outcomes or injury.

### Guidelines for Adults

- For substantial health benefits, you should do at least 2.5hrs a week of moderate-intensity, or 1.25hrs a week of vigorous-intensity aerobic activity, or a combination of the two activities. Aerobic activity should be performed in episodes of at least 10 minutes, and should be done throughout the week.
- For even better health benefits, adults should increase their aerobic physical activity to 5hrs a week of moderate-intensity, or 2.5hrs a week of vigorous-intensity aerobic physical activity, or a combination of the two activities.

### Guidelines for Children and Adolescents

- Children and adolescents should do an hour or more of physical activity daily.
- Aerobic: Most of the hour or more a day should be either moderate- or vigorous-intensity aerobic physical activity.
- Muscle-strengthening: As part of their hour or more of daily physical activity, children and adolescents should include muscle-strengthening physical activity on at least 3 days of the week.
- Bone-strengthening: As part of their hour or more of daily physical activity, children and adolescents should include bone-strengthening physical activity on at least 3 days of the week.
- It is important to encourage young people to participate in physical activities that are appropriate for their age, that are enjoyable, and that offer variety.

*Start slowly. Cardiac events, such as a heart attack, are rare during physical activity. But the risk does go up when you suddenly become much more active than usual. For example, you can put yourself at risk if you don't usually get much physical activity and then all of a sudden do vigorous-intensity aerobic activity, like shoveling snow. That's why it's important to start slowly and gradually increase your level of activity.*

## Intensity Examples

### Moderate Intensity

- Walking briskly (3 mph or faster, but not race-walking)
- Water aerobics
- Bicycling slower than 10mph
- Tennis (doubles)
- Ballroom dancing
- General gardening

### Vigorous Intensity

- Race walking, jogging, running
- Swimming laps
- Tennis (singles)
- Aerobic dancing
- Bicycling 10mph or faster
  - Jumping rope
  - Heavy gardening (continuous digging or hoeing)
- Hiking uphill or with a heavy backpack

### **ANDERSON LAKE WEST STATE FOREST CAMPGROUND**

Gwinn | (906) 346-9201  
Located near Anderson Lake and the Escanaba River, the Anderson Lake West State Forest Campground features campsites, a boat launch, fishing opportunities, picnic areas and recreational trails.

### **BASS LAKE STATE FOREST CAMPGROUND**

Gwinn | (906) 346-9201  
Located near Bass Lake, the Bass Lake State Forest Campground features campsites, a boat launch, fishing opportunities, picnic areas and recreational trails.

### **BIG BAY HARBOR OF REFUGE**

Big Bay | (906) 345-9353  
Located near Lake Superior, the Big Bay Harbor of Refuge features a break wall, mooring bulkhead, boat launch, fishing opportunities and a harbormaster's building.

### **CEDAR RIVER NORTH STATE FOREST CAMPGROUND**

Escanaba | (906) 786-2354  
Located near the Cedar River, the Cedar River North State Forest Campground features campsites, a boat launch, fishing opportunities, picnic areas and recreational trails.

### **CRAIG LAKE STATE PARK**

Michigamme | (906) 339-4461  
Located on 6,000 acres in Marquette and Baraga Counties, the Craig Lake State Park features campsites, cabins, a boat launch, fishing opportunities, hunting areas, picnic areas and recreational trails.

### **FAYETTE HISTORIC STATE PARK**

Garden | (906) 644-2603  
Located near the Big Bay de Noc, the Fayette Historic State Park features a boat launch, fishing opportunities, swimming beach, hunting areas, picnic areas, recreational trails, playground equipment and a historical townsite.

### **LITTLE LAKE STATE FOREST CAMPGROUND**

Gwinn | (906) 346-9201  
Located near Little and Bass Lakes, the Little Lake State Forest Campground features campsites, a boat launch, fishing opportunities, picnic areas and recreational trails.

### **O.B. FULLER PARK & CAMPGROUND**

Escanaba | (906) 786-1020  
Located on 82 acres near the Bark River, the O.B. Fuller Park and Campground features campsites, a boat launch, fishing opportunities, picnic areas and recreational trails.

### **PERKINS PARK & CAMPGROUND**

Big Bay | (906) 345-9353  
Located near Lake Independence, Perkins Park and Campground features campsites, a boat launch, fishing opportunities, swimming beach, picnic areas, recreational trails, playground equipment and an observation deck.

### **PIKE LAKE STATE FOREST CAMPGROUND**

Gwinn | (906) 293-3293  
Located near Pike Lake, the Pike Lake State Forest Campground features campsites, a boat launch, fishing opportunities, picnic areas and recreational trails.

### **PIONEER TRAIL PARK & CAMPGROUND**

Escanaba | (906) 786-1020  
Located on 74 acres near the Escanaba River, the Pioneer Trail Park and Campground features campsites, a boat launch, fishing opportunities, picnic areas, recreational trails and playground equipment.

### **PORTAGE BAY STATE FOREST CAMPGROUND**

Garden | (906) 452-6227  
Located near Lake Michigan, the Portage Bay State Forest Campground features campsites, fishing opportunities, picnic areas and recreational trails.

### **RAPID RIVER FALLS PARK**

Rapid River | (906) 786-1020  
Located on 80 acres near the Rapid River, Rapid River Falls Park was dedicated in honor of Evelyn Mare Birch Highlund and features picnic areas and recreational trails.

### **SAC BAY PARK**

Garden | (906) 786-1020  
Located on 65 acres near Lake Michigan, Sac Bay Park features a swimming beach, picnic areas and playground equipment.

### **SQUAW LAKE STATE FOREST CAMPGROUND**

Republic | (906) 346-9201  
Located near Squaw, Horseshoe and Twin Lakes, the Squaw Lake State Forest Campground features campsites, a boat launch, fishing opportunities, picnic areas and recreational trails.

### **VAN RIPER STATE PARK**

Champion | (906) 339-4461  
Located on 1,044 acres near Lake Michigamme, Van Riper State Park features campsites, cabins, a boat launch, fishing opportunities, swimming beach, hunting areas, picnic areas, recreational trails and playground equipment.



## Hiking Safety Tips

Before heading out on a hike, make sure you are prepared. Determine the length of the hike you're going on and the type of terrain you are going to traverse. Make sure to wear suitable footwear depending on the weather and terrain. Pack an appropriate size backpack and proper gear for your hike. Let a friend or family member know when and where you are going and how long you plan on being gone.

# AREA ATTRACTIONS

## CLIFFS SHAFT MINE MUSEUM

501 W Euclid St. | Ishpeming | (906) 485-1882

## DELTA COUNTY HISTORICAL MUSEUM

16 Water Plant Rd. | Escanaba | (906) 786-3428

## DE VOS ART MUSEUM

1401 Presque Isle Ave. | Marquette | (906) 227-1481

## EAGLE MINE INFORMATION CENTER

153 W Washington St. | Marquette | (906) 273-1550

## FAYETTE HISTORIC TOWNSITE

13700 13¼ Ln. | Garden | (906) 644-2603

## GARDEN BAY WINERY

1570 18th Rd. | Garden | (906) 361-6136

## GARLYN ZOO

US-2 | Naubinway | (906) 477-1085

## HERBAL ACRES

3551 18th Rd. | Escanaba | (906) 786-8934

## HISTORIC EAST SIDE DISTRICT

213 N Front St. | Marquette | (906) 226-3571

## LAKENLAND SCULPTURE PARK

108 Timber Ln. | Marquette | (906) 249-1132

## LAKEVIEW ARENA

401 E Fair Ave. | Marquette | (906) 228-0490

## LOWER HARBOR ORE DOCK

City Multi Use Path | Marquette | (906) 228-0446

## LEIGHS GARDEN WINERY

904 Ludington St. | Escanaba | (906) 553-7799

## LITTLE TREE CABINS & GUIDE SERVICE

HC1 334 Co. Rd. 550 | Marquette | (906) 345-9535

## MARQUETTE ARTS & CULTURAL CENTER

217 N Front St. | Marquette | (906) 228-0472

## MARQUETTE COUNTRY TOURS

809 W College Ave. | Marquette | (906) 226-6167

## MARQUETTE COUNTY HISTORICAL MUSEUM

213 N Front St. | Marquette | (906) 226-3571

## MARQUETTE HARBOR LIGHTHOUSE

500 Lakeshore Blvd. | Marquette | (906) 226-2006

## MARQUETTE MARITIME MUSEUM

300 Lakeshore Blvd. | Marquette | (906) 226-2006

## MARQUETTE MOUNTAIN

4501 M-553 | Marquette | (906) 225-1155

## MARQUETTE REGIONAL HISTORY CENTER

145 W Spring St. | Marquette | (906) 226-3571

## MICHIGAN IRON INDUSTRY MUSEUM

73 Forge Rd. | Negaunee | (906) 475-7857

## NEGAUNEE HISTORICAL SOCIETY MUSEUM

303 E Main St. | Negaunee | (906) 475-4614

## NEGAUNEE ICE ARENA

141 Rail St. | Negaunee | (906) 475-7900

## OJIBWA CASINO

105 Acre Trl. | Marquette | (906) 249-4200

## SAND POINT LIGHTHOUSE

16 Water Plant Rd. | Escanaba | (906) 786-3428

## SUPERIOR DOME

1401 Presque Isle | Marquette | (906) 227-2850

## THREEFOLD VINE WINERY

S232 Menominee St. | Stephenson | (906) 753-6000

## UNCLE DUCKY CHARTERS

434 E Prospect St. | Marquette | (877) 228-5447

## U.P. CHILDREN'S MUSEUM

123 E Baraga Ave. | Marquette | (906) 226-3911

## U.P. STEAM & GAS ENGINE MUSEUM

2401 N 12th Ave. | Escanaba | (906) 786-4011

## U.S. NATIONAL SKI HALL OF FAME & MUSEUM

610 Palms Ave. | Ishpeming | (906) 485-6323

## U.S. OLYMPIC EDUCATION CENTER

1401 Presque Isle | Marquette | (906) 227-2888

## WALK OF PLANETS

400-498 Ludington St. | Escanaba

## WELLS SPORTS COMPLEX

1647 17.4 Rd | Escanaba | (906) 786-3995

## WILLIAM BONIFAS FINE ARTS CENTER

700 1st Ave. S | Escanaba | (906) 786-3833



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# HUNTING SEASONS

**\*Cottontail Rabbit and Snowshoe Hare**

Sept 15 - Mar 31

**\*Crow**

Aug 1 - Sept 30

Feb 1 - Mar 31

**Deer**

Early Antlerless Firearm: Sept. 21-22, 2019

Liberty Hunt: Sept. 21-22, 2019

Youth and Hunters With Disabilities Hunt

Independence Hunt: Oct. 17-20, 2019

Hunters With Disabilities Hunt

\*Archery: Oct. 1 - Nov. 14, and Dec. 1- Jan. 1

\*Regular Firearm: Nov. 15-30, 2019

Muzzleloading:

Zone 1: Dec. 6-15, 2019

Zone 2: Dec. 6-15, 2019

Zone 3: Dec. 6-22, 2019

Late Antlerless Firearm: Dec. 23, 2019 - Jan. 1, 2020

**\*Pheasant (male only)**

Zone 1 (partial): Oct. 10-31

Zone 2, 3: Oct. 20 - Nov. 14

Zone 3 (partial): Dec. 1 - Jan. 1

**\*Quail** Oct 20 - Nov 14

**\*Ruffed Grouse**

Sept 15 - Nov 14 and Dec 1 - Jan 1

**\*Sharp-tailed Grouse** Oct 10 - 31

**\*Squirrel, Fox and Gray** Oct 15 - Mar 1

**Woodcock** Sept 23 - Nov 6

**\*Coyote, Opossum, Porcupine, Weasel, Red Squirrel, Skunk, Ground Squirrel, Woodchuck, Feral Swine, Feral Pigeons, Starlings, and House Sparrows** Year-Round

**\*Raccoon** Oct. 1 - Jan. 31

**LIMITED-LICENSE HUNT**

*Drawing Results are posted online only. Applicants will not be notified by mail.*

**Spring Wild Turkey**

Application Period: January 1 - February 1

Drawing Results Posted Online: March 5

Leftover Licenses (On sale at 10am)

March 12th - Applicants Only

March 19th - Over-the-Counter

**Elk**

Application Period: May 1 - June 1

Drawing Results Posted Online: June 25

Hunt period 1: Aug. 28 - Aug. 31, Sept. 14-17,

Sept. 28 - Oct. 1

Hunt period 2: Dec. 15-23

Hunt period 3: Jan. 16-19, 2019, this hunt period will be held only if additional harvest is needed to achieve population management goals after hunt periods 1 and

**Bear**

Application Period: May 1 - June 1

Drawing Results Posted Online: June 25

**Spring Wild Turkey**

Application Period: Jan. 1 - Feb. 1, 2019

Drawing Results Posted Online: March. 4

Apr. 22 through May. 31, 2019. Dates vary depending on the hunt unit.

*Seasons marked with an \* indicate the season dates are the same each year.*

*For more information go to: [www.michigan.gov/dnr](http://www.michigan.gov/dnr)*

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**BIRD HUNTING TIPS:**

- WHILE AIMING, USE A SWINGING MOTION. MAKE SURE YOUR CLOTHING IS NOT RESTRICTING.
- KNOW THE PATTERNS OF THE BIRDS YOU ARE HUNTING, DIFFERENT SPECIES HAVE DIFFERENT CHARACTERISTICS.
- PRACTICE MAKES PERFECT, BUT BIRDS DON'T FLY STRAIGHT. SHOOT AT CLAY PIGEONS TO HELP FAMILIARIZE YOUR MOVEMENTS.
- TRY HUNTING DOVES: THEY ARE FAST MOVING, AND MAKE FOR GOOD PRACTICE.

You can purchase hunting and fishing licenses, cross-country ski passes and snowmobile trail stickers through the Electronic License System. Online [www.dnr.state.mi.us](http://www.dnr.state.mi.us), Toll Free: 1 (888) 646-6367  
Or visit one of the ELS agents available throughout the area:

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### GWINN FIELD OFFICE

410 W M-35 | Gwinn | (906) 346-9201

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310 E State Hwy M35 | Gwinn | (906) 346-8935

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### HOLIDAY STATIONSTORE #231

5095 S Hwy. 41 | Harvey | (906) 249-9464

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### HOLIDAY STATIONSTORE #165

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### PERKINS STORE

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# FISHING SEASONS

## 2019 Fishing Seasons

### Statewide Free Fishing Weekend

June 8-9  
 Feb 16-17

### Muskellunge

II Great Lakes and inland waters and

St. Marys River

June 1 - March 15

Catch-and-immediate-release on all waters

Open for Entire Year

Lake St. Clair & St. Clair & Detroit Rivers

June 1 - December 31

### Northern Pike & Walleye

Lower Peninsula Great Lakes, Lake St. Clair & St. Clair & Detroit lakes Year-Round

Lower Peninsula Inland Waters

April 27 - March 15

Upper Peninsula Great Lakes, Inland Waters & St. Mary's River

May 15 - March 15

### Largemouth & Smallmouth Bass

Catch-and-immediate-release on all waters

Year-Round

Catch-and-keep on all waters, including

Great Lakes May 25 - December 31

Catch-and-keep on Lake St. Clair &

St. Clair & Detroit Rivers

June 15 - December 31

### Salmon & Trout

Great Lakes, Lake St. Clair, St. Mary's River,

St. Clair & Detroit Rivers Year-Round

Type 3 & 4 streams and Type B, C, E & F lakes

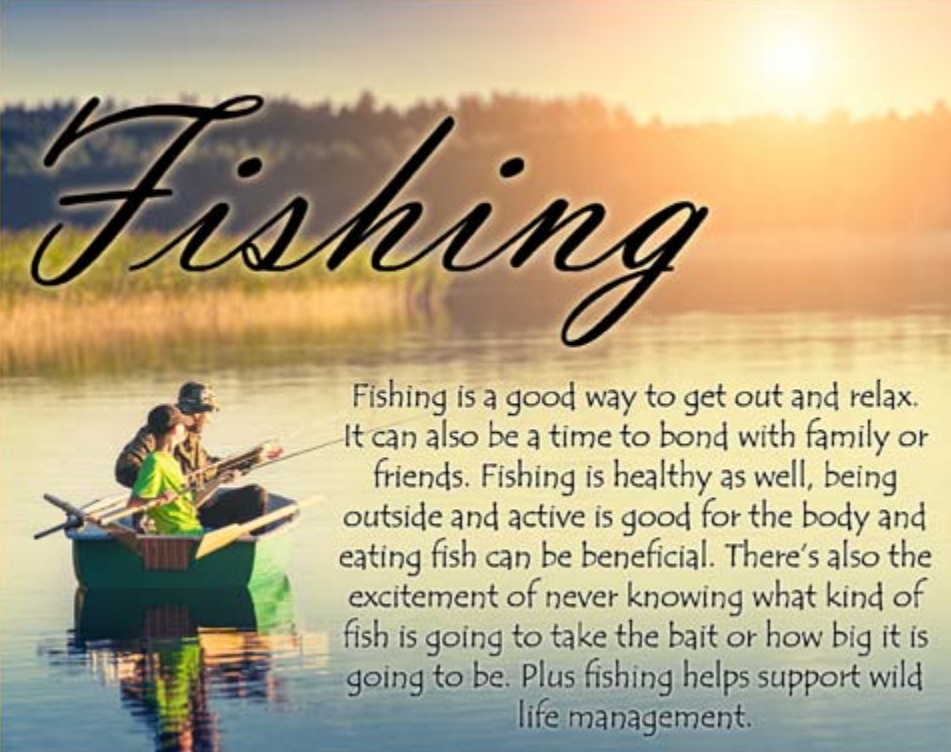
Year-Round

Type 1 & 2 streams and Type A & D lakes

April 27 - Sept 30

*Check with Michigan DNR for updated seasons and specific rules & regulations for fishing.*

*Information can be found at: [www.michigan.gov/dnr](http://www.michigan.gov/dnr)*



*Fishing*

Fishing is a good way to get out and relax. It can also be a time to bond with family or friends. Fishing is healthy as well, being outside and active is good for the body and eating fish can be beneficial. There's also the excitement of never knowing what kind of fish is going to take the bait or how big it is going to be. Plus fishing helps support wild life management.

# Spring

*Preparation & Clean Up*



- Clean out the gutters.
- Clear debris away from the outside drains.
- Clean or replace dirty furnace filters.
- Remove fallen leaves from the lawn and fertilize.
- Prepare your garden for flowers and vegetables.
- Service sprinklers and irrigation system.
- Take out seasonal furniture.
- Remove storm windows replace screens.
- Repair damaged sidewalks, driveways and steps.
- Reseal exterior woodwork.
- Remove any standing water to prevent mosquitoes.
- Seal windows and cracks around the house.
- Test smoke and CO monitors also inspect fire extinguishers.
- Inspect your roof for damage.

# Healthy & Environmentally Friendly Lawn

Choose a type of grass that thrives in your area. 3" is the optimal height for most grasses, it allows the roots to become strong and healthy. It also helps to absorb more water. Don't bag the lawn clippings, it's a natural fertilizer. Keep your mower blades sharp.



Don't water every day. Give your lawn a good soaking once or twice a week. Your lawn should get about an inch of water each week, whether it be from rain fall or a sprinkler. Water your lawn in the early morning, preferably before 10am. Watering at night time can create fungus growth.



Don't use pesticides. Correctly identify what the problem is and try a non-chemical method first. If you have to use a chemical based pesticide, try spot treating the problem area. All pesticides are toxic to some degree. Make sure to read all labels.



Fertilizers can harm the environment. Use natural organic or slow-release fertilizers. The best time to fertilize your lawn is in the fall.



## **Eat Breakfast**

A healthy balanced breakfast every morning is very important. It allows your body to run smoothly throughout the day and can help with weight control while lowering your cholesterol levels. It will improve things like concentration, performance and strength. Also studies have shown that women who skip breakfast have a higher chance of developing diabetes and men who skip breakfast have a higher chance for heart disease.

## **Eat Your Greens**

Leafy greens and vegetables contain phytochemicals which help to fight diseases. This will help against things like metabolic syndrome, diabetes, cancer and strokes. Vegetables are also rich in fiber which helps with hunger. The recommended amount of vegetables for the average person is around 2 ½ cups a day.

## **Drink Enough Water**

Many people don't get enough water throughout the day. It is recommended that the average person drinks roughly a half gallon a day which is equal to about eight 8 ounce glasses. Water helps rid the body of toxins and with unwanted weight gain by flushing out by-products of fat in your system. Water also helps your immune system, energy levels, focus and mood.

## **Take a Walk During Lunch Break**

Your body and mind benefit greatly when getting out for a quick walk. A walk can help with weight management, blood pressure, bone strength, balance and coordination. Plus it helps you focus by getting extra blood flow and oxygen to your brain. Also a lot of people don't get enough vitamin D in their diet and getting outside is one of the easiest ways to ensure you are getting your vitamin D.

## **Get Up and Move**

It is important to try and get around 10,000 steps in per day. It is very hard on our bodies when we are slumped over a desk or kicked back in a recliner all day. Studies have shown that just from walking more you can lower your risk of high cholesterol, high blood pressure and diabetes. It may be hard to get the 10,000 steps in every day but doing small things like getting up from your desk every so often and doing a lap around the office or parking farther away from your destination will help.

## **Floss and Brush**

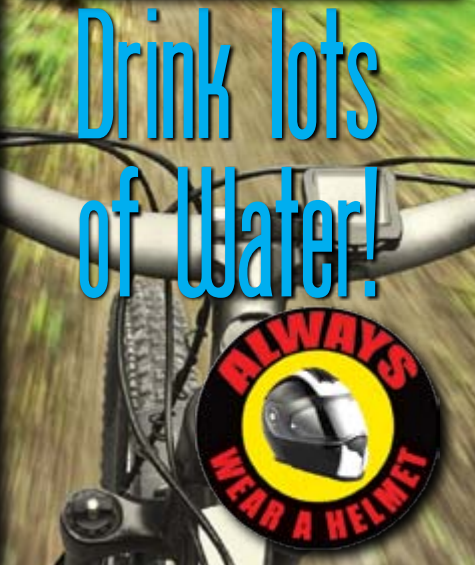
This might not seem like the most significant health issue but it is very important. If you don't floss and brush daily you build up plaque on your teeth and at the gum lines. This can lead to things like gum disease and if not treated can enter the bloodstream and trigger inflammation in the arteries causing things like heart disease, diabetes, erectile dysfunction in males and delayed conception for women.





# Be Aware of your Surroundings

- Always wear a properly fitting bike helmet as most serious injuries are to the head.
- Be sure your handlebars, seat and wheels fit snugly.
- Keep your bike in good shape by checking and oiling your chain, making sure your brakes work properly and maintaining your tire pressure.
- Always ride with both hands on the handlebars except when doing turn signals.
- When leaving a driveway, curb or alleyway always stop and check for traffic in both directions.
- Cross only at intersections.
- Use the crosswalk to walk your bike across busy intersections and follow the traffic signals.
- Never ride against traffic. Travel in the same direction as the cars.
- Whenever you can, use bike routes and avoid busy streets.
- Don't ride near parked cars as doors can open and cause accidents.
- Obey all traffic signs and traffic lights.
- When biking with friends, ride in a single file.
- Always pass other bikers or pedestrians on the left and say "On your left!" to make your presence known.
- Always use bicycle hand signals to alert traffic of your changing direction.



# Know Your ATV

**Read the owner's manual** and know your vehicle thoroughly.

- Check your vehicle before you ride.
- Wear protective equipment and clothing.
- Don't lend your vehicle to unskilled riders.
- Supervise young or inexperienced riders.
- Never carry a passenger on vehicles meant for one rider.
- Do not operate under the influence of drugs or alcohol.
- Drive at speeds that are appropriate to trail conditions.
- Stay to the right on trails.
- Stay away from thin ice, open water and wetlands.
- Know the weather forecast.
- Make sure headlights and taillights work properly.
- Maintain safe distances between other riders.
- Reduce your speed when riding at night.
- Yield to other motor vehicles and trail users.
- Young or beginning riders are encouraged to take a safety training course.

- Do not consume alcohol or take drugs prior to or during your snowmobile trip. Doing so increases your chances of injury or death.
- Slow down and don't cut to the inside of the trail corners. It's dangerous and illegal.
- If you snowmobile at night, don't override your lights.
- Always use the buddy system. Never ride off alone.
- Drowning is one of the causes of many snowmobile fatalities. Whenever possible, avoid the ice.
- Wear sensible, protective clothing designed for operating a snowmobile.
- Use a full size helmet, goggles, or visor to prevent injuries from twigs, stones, ice chips and other debris.
- Avoid wearing long scarves. They may get caught in moving parts of the snowmobile.
- Know the terrain you are going to ride. If unfamiliar to you, ask someone who has traveled over it before.
- Know the weather forecast, especially the ice and snow conditions.
- Be sure your snowmobile is in top-notch mechanical condition throughout the months of use.
- Familiarize yourself with the snowmobile you are driving. Thoroughly read the manual that accompanies the snowmobile.
- Do not pursue domestic or wild animals. That is not the conduct of a sportsman. Report such violations to the nearest law enforcement officer.

## Snowmobile Hand Signals

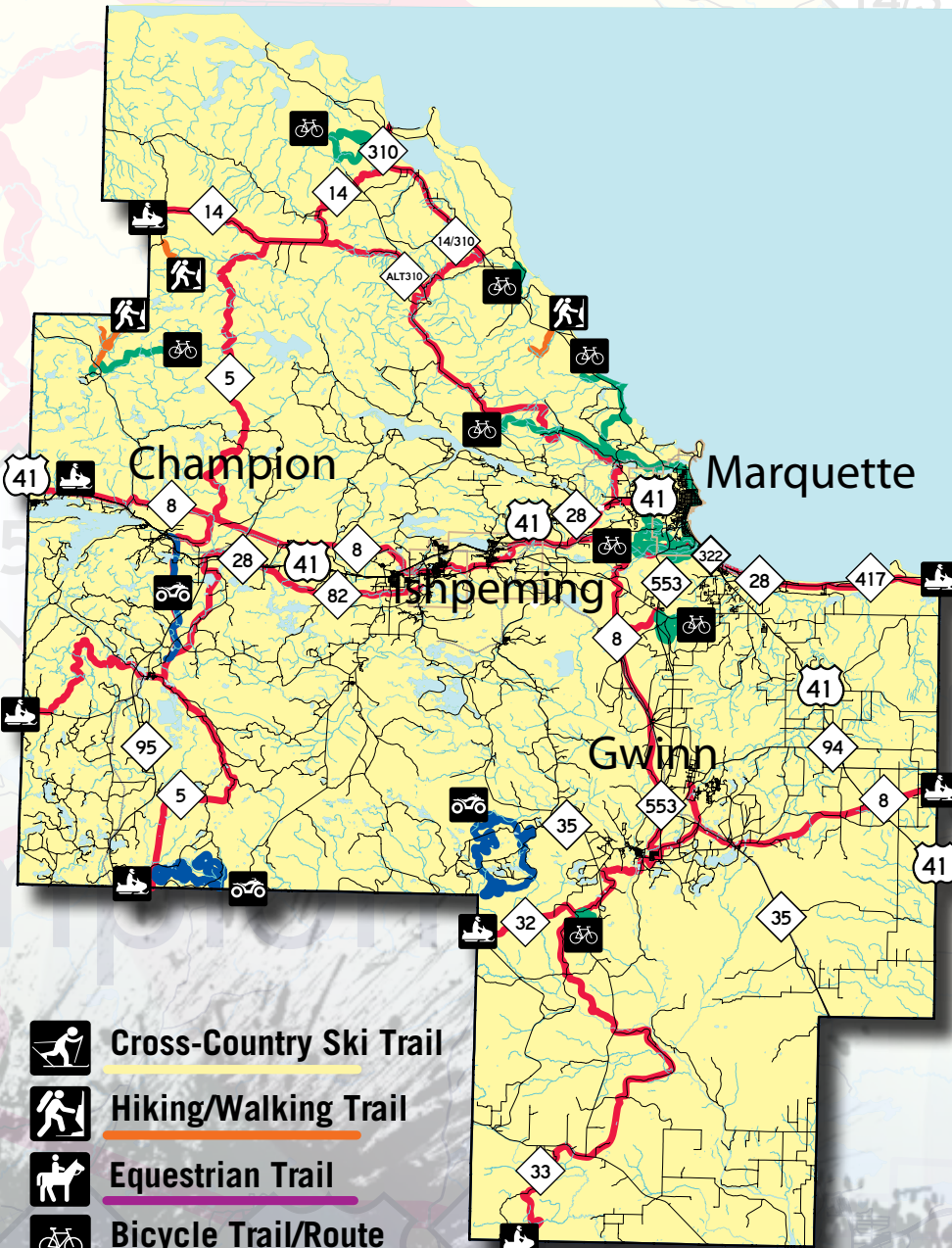


**PRIVATE PROPERTY**  
**NO TRESPASSING**

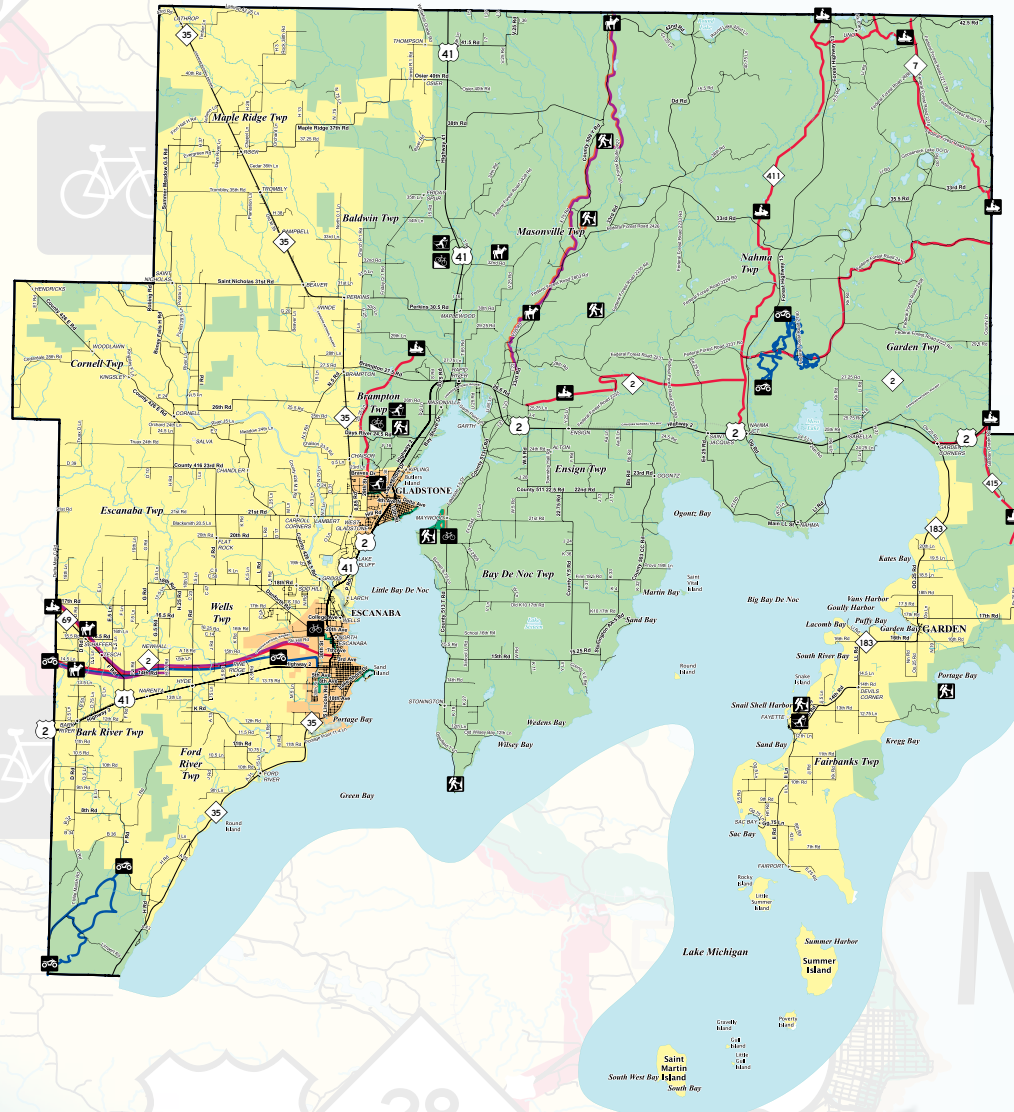
Please respect private property and no trespassing signs. Stay on trails. Exercise extreme caution on all lakes and streams. Obey all state and local laws and ordinances. Do not operate snowmobiles/ATVs on county roads or state highways.

# MARQUETTE AREA TRAILS

# DELTA COUNTY AREA TRAILS



-  **Cross-Country Ski Trail**
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-  **Equestrian Trail**
-  **Bicycle Trail/Route**
-  **ATV Trail**
-  **Snowmobile Trail**



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# 10 Tips for Green Thumb GARDENING

Don't like all the dirt in your fingernails while you work in the garden? Before you go out, run your fingernails across a bar of soap and you'll effectively seal the undersides of your nails so dirt cannot accumulate. Then, after you are all done gardening, use a toothpick or nailbrush to remove the soap and your nails will be sparkling clean.



2. Spray vegetable oil on your string trimmer to help prevent jamming or breaking (Treat before installing string in trimmer).



3. Make a convenient measuring tool out of a long handled garden tool by laying it on the ground next to a tape measure. Use a permanent marker to copy the inches and feet. Next time you are spacing plants you already have a dual-purpose measuring tool in your hand!

Write the names of your plants (with a permanent marker) on the flat parts of stones of any size and lay them in front of your plants for natural looking markers.



5. The next time you boil or steam vegetables, use the leftover water to water potted patio plants, and you'll be surprised at how the plants grow with "vege-soup."

You can use leftover tea and coffee grounds to help acidify the soil of acid-loving plants like azaleas, rhododendrons, camellias, gardenias and blueberries. A light sprinkle of about 1/4 of an inch applied once a month will help keep the pH of the soil on the acidic side.



7. You can use chamomile tea to control damping-off fungus, which often attacks young seedlings quite suddenly. Just add some tea to the soil around the soil of seedlings once a week for healthy plant.

Here is a really quick way to dry out your herbs: Just lay a sheet of newspaper on the seat of your car, arrange the herbs in a single layer, then roll up the windows and shut the car doors. Your herbs will be dry in no time!



9. Use your blender to grind up egg shells. Just like a mother bird chews up worms for the baby birds making the food easier to digest, grinding eggshells makes it easy for your garden to absorb the calcium egg shells retain.

Animals (cats especially) seem to think all of the hard work you've put into your garden looks like a huge litter box. To keep them from pooping on your basil and other plants, strategically place a few plastic forks around your plants to deter them from destroying your fresh herbs, fruits, and vegetables.



## PARENTS:

- Teach your kids that an emergency is when you need help from a doctor, a police officer or a firefighter.
- Designate a safe place by your house that a child can go to if they need help right away.
- Have your kids memorize your address and phone numbers. They should also know your full name and where you work.

## KIDS:

### FIRE SAFETY

- If you or someone else is on fire - remember to STOP, DROP and ROLL. Wrap a blanket on the person to help put out the fire.
- If there is a fire, leave the house as fast as you can! Crawl on the floor to avoid smoke and if the door is hot, don't open it - find another way out.
- Learn all the fire exits in your house. Assign a safe place outside for everyone to meet in case of a fire emergency.

### HOME ALONE

- Never tell anyone that you are home alone.
- If someone calls and asks for your mom and dad, tell them "They cannot come to the phone right now, can you please call back later?"
- Do not answer the door, unless it is someone that you know your parents have okay'd them to come over.



## FIRST AID FOR INSECT BITES/ANAPHYLAXIS & POISON SAFETY

### INSECT BITES/ANAPHYLAXIS

Anaphylaxis is a severe allergic reaction from insect bites (latex, food and drug allergies can also cause Anaphylaxis). Typical symptoms include hives, the swelling of lips or eyes, swollen throat, drop in blood pressure, light headedness, confusion, nausea or diarrhea. If someone is having an allergic reaction from an insect bite seek medical attention immediately.

### POISON PREVENTION

Teach your children about poison and how it can look like a food or drink. They should always ask an adult before eating or drinking anything. Have them learn the poison control phone number: 1-800-222-1222 and keep it programmed or posted near all your phones. Here are some prevention tips.

**Lock up your poisons and medications.** Keep them out of the reach of children, lock them up if possible. Make sure your children understand that medicine is not candy.

**Follow directions carefully.** Read your labels. Be sure to use and store all poisons and medications properly according to recommendations.

**Keep your pets safe from household chemicals, too.** Don't allow pets near areas that have just been cleaned with chemicals, such as freshly mopped floors or bleached bathtubs and sinks. Clean up any antifreeze/coolant spills. Pets like the flavor but they can die if they ingest it. Store poisonous foods or plants in areas that your pets cannot access. Call your local emergency veterinary hospital if you believe your pet has been poisoned.



# SAFETY TIPS

## FIRST AID FOR BURNS & CHOKING

### BURNS

**For minor 1st and 2nd degree burns smaller than 3" in diameter:** Cool the Burn. Run cool water over the burned area for 5 minutes, or until the pain diminishes. Never put ice on a burn!

#### **Bandage the burn with sterile gauze:**

It is important to use loosely wrapped gauze. This will avoid pressure and the bandage protects blisters. NEVER put lotions, vaseline, ointments or butter on burn. Do not break any blisters, which can cause infection.

#### **Take Aspirin, Ibuprofen, Naproxen or Acetaminophen to relieve pain:**

Minor burns usually heal with these basic treatments. Be aware for signs of infection which may include: increased pain, redness, fever, swelling or oozing. If symptoms develop, seek medical help. Avoid tanning the burned area for at least a year. Protect the area with sun-screen outdoors. Avoid giving aspirin to children.

**For 3rd degree burns/all major burns - DIAL 911**

**DO NOT run cold water over large severe burns - this can cause shock.**

**DO NOT remove burnt clothing.**

**Check for signs of breathing/coughing/movement.**

**If there are no signs of breathing begin CPR.**

**Elevate burned areas above heart level, if possible.**

**Cover the burn(s) with cool, sterile, moist bandages, towels or cloth.**

### CHOKING

Most people clutch at their throats when choking, an obvious symbol for help. However, if a person isn't giving that signal, be alert for these indications. Inability to talk, difficulty breathing or noisy breathing, inability to cough forcefully, skin/lips/nails turning blue, loss of consciousness.

The Red Cross recommends a "five-and-five" method for first aid: First give five blows between the person's shoulders with the heel of your hand. Second, perform the Heimlich maneuver (abdominal thrusts) five times. Alternate between five back blows and five abdominal thrusts until the blockage is dislodged.



**IN AN EMERGENCY, DIAL 911**

# • Shop • Dine



# • Play • Stay



# LOCALLY

## ...and support

## the community you live in!