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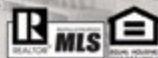
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Burleigh County



Morton County



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LOCAL AREA EVENTS

JANUARY

Valley City Youth Basketball Tournament | Bismarck
Flurry Fest Volleyball Tournament | Bismarck
Mandan Civic Chorus' Christmas concert | Bismarck
Hollywood Blockbusters | Bismarck
Dixieland Jazz Celebration | Bismarck
Bismarck Gun Show
Edgewood Walk the Mall 5K | Bismarck

FEBRUARY

Cabin Fever Car Show | Bismarck
Death by Chocolate | Bismarck
NDSU Spring Career Fair | Bismarck
Tour of China Informational Seminars | Bismarck
Valley City Winter Shootout | Bismarck
Faerie Tales | Bismarck
Artists Celebrating Christ | Bismarck

MARCH

All States Volleyball Tournament | Bismarck
Valley City Spring Shootout | Bismarck
Positively Piano | Bismarck
Trio Apollo - Rush Hour Series | Bismarck
Bismarck Home Show
Leprechaun Leap | Mandan

APRIL

Youth Quickstart Tennis Tournament | Bismarck
Three's Company | Bismarck

MAY

Band Night Parade | Bismarck
Conservation Day | Bismarck
International Museum Day | Bismarck
USA Tennis Block Party | Bismarck
Tesoro/Boy Scouts Tree Planting | Bismarck
Symphonic Funk | Bismarck
Touch-A-Truck | Mandan
Museum Lab: For the Birds | Bismarck

JUNE

ABATE of North Dakota State Bike Rally | Bismarck
Downtowners Art & Wine Walk | Bismarck
Fort Lincoln Festival
Sam McQuade Sr./Budweiser Charity Softball Tournament | Bismarck
Buggies-n-Blues | Mandan
Kaleidoscope Variety Show | Mandan
Halloween in June | Mandan
National Trails Day 5K Walk/Run | Mandan

JULY

Prairie Rose State Games | Bismarck
Downtowners German Days | Bismarck
Mandan Summer Bandshell Concerts | Mandan
Mandan Rodeo Days | Mandan
Independence Day Parade | Mandan
Art In the Park | Mandan
4th of July Road Race on Main | Mandan
Fireworks Display | Mandan
USDA Friends & Neighbors Day | Mandan
Custer's Color Charge 5K Color Walk/Run | Mandan
Beat the Heat Hike | Mandan
Watermelon Days | Mandan
Otter Creek 55 Mountain Bike Race | Mandan
Campground Fun Days | Mandan
Epic Sports Triathlon | Mandan
Annual Comedy Jam | Mandan
North Dakota Country Fest | New Salem

AUGUST

Capital A'Fair | Bismarck
Old Settlers' Day & Corn Feed | Bismarck
Downtowners Crazy Days | Bismarck
Wild West Grill Fest | Mandan
Railroad Day | Mandan
Slide the City | Mandan
Kybiru Adventure Triathlon | Mandan
Horse & Saddle Club Family Rodeo | Mandan

AUGUST (Contd.)

Dog Days of Summer Hike | Mandan
Heritage Plaza Flea Market | Mandan
Annual Demolition Derby | Mandan

SEPTEMBER

Apple Fest | Bismarck
Downtowners Street Fair | Bismarck
Kroll's Diner Bismarck Marathon & Half Marathon, Marathon Relay, 10K, 5K | Bismarck
United Tribes International Pow Wow | Bismarck
Northern Territory Slow Pitch Softball Championship | Bismarck
Bismarck Fly-In/Drive-In Breakfast | Bismarck
Mandan Fall Festival | Mandan
OktoberFest | Mandan
Military Appreciation Event & Car Show | Mandan
Fall Colors Hike | Mandan
Movie in the Ball Park | Mandan

OCTOBER

Capital Quilt Fest | Bismarck
Haunted Fort | Bismarck
History Haunt | Bismarck
Papa's Pumpkin Festival | Bismarck
Little Monsters Hike | Mandan
Halloween Supper & Dance | Mandan

NOVEMBER

Coming Home Country Christmas Fest | Bismarck
The Big One Art & Craft Fair | Bismarck
Santa's Arrival & Shop Small Saturday | Mandan
Polka Fest | Mandan
Blaze Orange Hike | Mandan

DECEMBER

Winter Quilt Show | Bismarck
Christmas in the Park | Bismarck
Custer Christmas | Bismarck
Downtown Holiday Walk | Bismarck
Pride of Dakota Holiday Showcase | Bismarck
The Nutcracker | Bismarck
Santa Clause Day | Wing
Medcenter One Christmas Remembrance Service | Bismarck
Medcenter One Tree Lighting Ceremony | Bismarck
High Tea & Merriment | Bismarck
Cookie Walk | Bismarck
Annual Cupcakes with Santa | Bismarck
Central Dakota Children's Choir Christmas Concert | Bismarck
Light the Blockhouse Hike | Mandan

** Events are subject to change*



DISC GOLF

Disc golf or frisbee golf is played a lot like traditional ball golf but instead of hitting a ball with a club into a hole the player throws a frisbee into a basket. Disc golf can be played by just about anyone at any age. It's also an inexpensive sport to get into. Specialized frisbees for disc golf cost around \$10-\$15 and a lot of courses are free. Playing disc golf is a great way to get out for some exercise, enjoy nature and have some fun.

Burleigh County

Auditor	(701)222-6718
Fax.....	222-7528
Clerk of District Court	222-6690
Fax.....	221-3756
County Agent	221-6865
Fax.....	221-6845
County Recorder	222-6749
Fax.....	222-6717
Director of Tax Equalization	222-6691
Fax.....	222-7528
Human Resources	222-6536
Fax.....	221-3395
Regional Child Support	222-6721
Road & Bridge	221-6870
Fax.....	221-6872
Sheriff& Jail	222-6651
State'sAttorney	222-6672
Superintendent of Schools	222-6679
Fax.....	667-3348
Treasurer	222-6694
Fax.....	222-7528
Veteran Services	222-6698
Victim Witness	222-6629

Morton County

Auditor	(701)667-3300
Fax.....	667-3453
Clerk of District Court	667-3358
Fax.....	667-3474
County Recorder	667-3305
Fax.....	667-3453
Director of Tax Equalization	667-3325
Fax.....	667-3380
Emergency Management	667-3307
Fax.....	667-3477
Human Resources	667-3414
Fax.....	667-3477
Road & Bridge	667-3346
Fax.....	667-3362
Sheriff& Jail	667-3330
Social Services	667-3307
State's Attorney	667-3350
Superintendent of Schools	667-3490
Treasurer	667-3310
Fax.....	667-3380
Veteran Services	667-3365
Weed Control	667-3389



Burleigh County was established in 1873 and named in honor of Dr. Walter Burleigh, an Indian agent, physician and member of Congress. As military forts were built along the Missouri River, settlers began to arrive and communities were built. As the railroad arrived, development increased dramatically and Bismarck was selected as the County Seat. Burleigh County became a transportation hub for North Dakota. With the advent of the gold rush, an influx of settlers arrived to the area and those that stayed were predominantly farmers. Wheat, corn and livestock were shipped and agricultural advancements continued. Burleigh County began to grow with a population of 6,081 people in 1900 to 13,087 people in 1910. As the gold rush began to slow, development slowed and Bismarck became the metropolitan center of the area. Today Burleigh County is home to approximately 78,689 residents.

CITIES:

BISMARCK (COUNTY SEAT) – pop. 73,112
LINCOLN – pop. 2,406
REGAN – pop. 41
WILTON – pop. 720
WING – pop. 118

TOWNSHIPS:

APPLE CREEK – pop. 1,213
BOYD – pop. 136
CANFIELD – pop. 15
CHRISTIANIA – pop. 35
CLEAR LAKE – pop. 30
CROFTE – pop. 139
CROMWELL – pop. 27
DRISCOLL – pop. 163
ECKLUND – pop. 105
ESTERVILLE – pop. 28
FLORENCE LAKE – pop. 14
FRANCES – pop. 28
GHYLIN – pop. 36
GIBBS – pop. 981
GLENVIEW – pop. 148
GRASS LAKE – pop. 74
HARRIET-LIEN – pop. 74

TOWNSHIPS CONTD:

HAY CREEK – pop. 2,650
HAZEL GROVE – pop. 18
LOGAN – pop. 47
LONG LAKE – pop. 109
MCKENZIE – pop. 83
MENOKEN – pop. 147
MISSOURI – pop. 132
MORTON – pop. 50
NAUGHTON – pop. 141
PAINTED WOODS – pop. 111
RICHMOND – pop. 39
ROCK HILL – pop. 30
SCHRUNK – pop. 26
SIBLEY BUTTE – pop. 26
STEIBER – pop. 18
STERLING – pop. 172
TAFT – pop. 50
TELFER – pop. 64
THELMA – pop. 19
TRYGG – pop. 47
WILD ROSE – pop. 23
WILSON – pop. 50
WING – pop. 34

*Populations are approximate.

BISMARCK (COUNTY SEAT)

Once home to Mandan and Hidatsa tribes, Bismarck began as a fur trading post called Crossing on the Missouri. Due to its proximity to the river, the settlement was a port for military supplies to nearby forts and Indian agencies. In 1872 Bismarck was founded and named Edwinton in honor of Edwin Ferry Johnson, a railway engineer. Rail lines were built in 1873 and in an effort to attract German settlers, the Northern Pacific Railway renamed Edwinton to Bismarck, after Otto von Bismarck, a German chancellor. The first newspaper, the Bismarck Tribune, was published and is the oldest newspaper in North Dakota. As gold was discovered in the Black Hills in 1874, Bismarck began to thrive. Incorporation followed in 1875 and agriculture dominated early industry, making Bismarck a livestock, dairy and wheat trade center. In 1883 Bismarck was selected as the capital of the Dakota Territory and Burleigh's County Seat. Growth was steady and soon flour mills, grain elevators and creameries were prospering. In 1889 the Dakota Territory was divided and Bismarck was selected as the capitol of North Dakota. By 1910 Bismarck's population reached 4,913 and the area continued to attract farmers and new settlers. With the construction of the Garrison Dam north on the Missouri River in 1947, Bismarck continued to grow and by 1960 its population had grown to 27,670 people. Today Bismarck is home to approximately 73,112 residents.

LINCOLN

Lincoln started as a housing development in 1972 and was founded in 1977. It is a suburb of adjacent Bismarck, and also a core city of the Bismarck-Mandan Metropolitan Statistical Area. Today Lincoln is home to approximately 2,406 residents, making it the fifteenth largest city in North Dakota.

WILTON

Established by General W. D. Washburn, a U.S. Senator and mill owner, Wilton was founded in 1899 and named after a town in Maine. A grain elevator, livery and feed stable were built and the area published its first newspaper, the Wilton News. The post office was founded in 1900 and Wilton began to attract new settlers with the advent of new businesses including hotels, banks, land companies, a lumber yard and specialty shops. Coal was discovered and by 1907 Wilton was home to one of the largest underground mines in the world. The community was one of the first to have electric lights in the state and its population reached over 1,000 people by 1914. As the coal resources were depleted, growth began to slow. Today Wilton is home to approximately 720 residents.



Morton County was originally organized on March 23, 1878. The eastern section of the county was attached to Burleigh County later that year then reattached in 1881 and re-organized on February 18, 1881. The current boundaries of the county were established in 1916. A 1738 French expedition led by Louis Verendrye is the earliest record of non Native American visitors to the Morton County area. Morton County was named after Oliver Perry Morton, the Governor of Indiana. Today Morton County is home to approximately 27,734 residents.

CITIES:

ALMONT - pop, 122

FLASHER - pop, 235

GLEN ULLIN - pop, 815

HEBRON - pop, 754

MANDAN (county seat) - pop. 18,507

NEW SALEM - pop. 955

TOWNSHIPS:

CAPTAIN'S LANDING - pop, 153

**Populations are approximate.*

GLEN ULLIN

The area where Glen Ullin sits was first surveyed in 1881 for the transcontinental route of the Northern Pacific Railway. On August 6, 1883 the townsite was platted, and on March 9, 1901 Glen Ullin was incorporated as a town. In 1910 the town population reached 921, and Glen Ullin was no longer called a village, but a city. The town was named by one of the Northern Pacific land agents surveying the area, Major Alvan E. Bovay. Glen is Gaelic for "valley," as Glen Ullin is located in the Curlew Valley. Ullin is from Thomas Cambell's poem "Lord Ullin's Daughter," which was one of Major Bovay's favorite pieces of literature. At the time of the last census in 2010 the population was 815.

HEBRON

The city of Hebron was founded in 1885. The name of the city comes from a city located in the West Bank of Palestine. Hebron is best known for its production of bricks for building. Sometimes referred to as "The Brick City," factories for the Hebron Brick Company have been producing bricks since 1904. Hebron is also one of the nation's top producers of flax, canola, dry peas, dry beans, sunflowers, barley, and honey. The population of Hebron is roughly 754.

MANDAN (county seat)

Mandan is the 6th largest city in North Dakota and is the County Seat to Morton County. Mandan was founded in 1879 and became the county seat in 1881. The town of Mandan was given its name after the Native American drive known as Mandan. The first military presence in the region was Fort Rice established in July 1864. The city continues to distribute grain, livestock, and dairy operations aided by the railroad connection. The city has a large cattle and food processing plant. Today Mandan is home to approximately 18,507 residents.

NEW SALEM

In April 1882 John Christiansen arrived in the area of what is now New Salem. He brought household goods, three horses, some lumber and machinery for the rest of the settlers on the way. It was a Colonization Bureau out of Chicago that sent settlers to the area and gave the colony its independence for \$600. In April 1883 New Salem was founded. The colony had been working hard building a church, land office, lumber yard, drugstore, and general store by the end of 1883. Today the population is around 955 residents.

Travel

Choosing the
perfect
destination

What is your dream vacation? Do you want to lay on the beach, hike a mountain or explore a city? Questions like these are a good starting point to decide on where to go. Do research on some different areas and activities that may interest you and any others that you are traveling with to identify the most suitable vacation area.

How long do you plan on being gone? Don't try to go too far or jam in to many activities if you don't have the time. Leave some free time in your schedule to accommodate any unforeseen changes during the trip.

Depending on what type of climate you are wanting to vacation in, plan your trip for an appropriate time of the year in that area. Also watch out for peak seasons at some popular vacation destinations. At these times prices may be higher with larger crowds.

Plan:

- Research and learn about the area you are heading to
- Check the Travel Advisories for your intended destination
- Pack the appropriate clothing and supplies you will need for your trip
- Have a backup plan in case of injury or illness while on your trip
- Let friends or family know about your trip

Protect:

- Make sure the food and water in the area is safe to consume
- Protect your skin from the sun and insects
- Don't take any unnecessary risks
- Keep an eye on your health while traveling & when you get back

Healthy & Environmentally Friendly Lawn

Choose a type of grass that thrives in your area. 3" is the optimal height for most grasses, it allows the roots to become strong and healthy. It also helps to absorb more water. Don't bag the lawn clippings, it's a natural fertilizer. Keep your mower blades sharp.



Don't water every day. Give your lawn a good soaking once or twice a week. Your lawn should get about an inch of water each week, whether it be from rain fall or a sprinkler. Water your lawn in the early morning, preferably before 10am. Watering at night time can create fungus growth.



Don't use pesticides. Correctly identify what the problem is and try a non-chemical method first. If you have to use a chemical based pesticide, try spot treating the problem area. All pesticides are toxic to some degree. Make sure to read all labels.



Fertilizers can harm the environment. Use natural organic or slow-release fertilizers. The best time to fertilize your lawn is in the fall.



CREAMY *Dill* CHICKEN



Simple meal with a *Gourmet* Feel

Ingredients

	4 person
• Dill	1/4 oz
• Yukon Gold Potatoes	24oz
• Chicken Breasts	24oz
• Green Beans	12oz
• Sour Cream	4tbsp
• Chicken Stock	2
• Dijon Mustard	2tsp
• Vegetable Oil	1 tbsp
• Black Pepper	
• Salt	

3 COOKING THE CHICKEN Spread a little oil in a large pan and set stove top to medium-high. Slice and season **chicken** to your liking. Cook for 10-15 minutes, flip half way through until the meat is nicely browned on both sides.

4 ROASTING THE GREEN BEANS Place the **green beans** on to a baking sheet (*Tip: Use parchment paper to cover baking sheet*) and lightly cover the sheet with oil. Season the **green beans** to taste and place in the oven for 10-12 minutes.

5 MAKING THE DILL SAUCE Take about 4 tbsp of **sour cream**, 2 tablets of **chicken stock**, 2 tsp of **mustard**, 2 tsp of water, the **dill** and place them into a pan on low heat. Season to taste with **salt** and **pepper**, stirring until the sauce unthickens, add a little water if necessary.

6 PLATE & SERVE Place the **chicken**, **green beans** and **potatoes** on to a plate, then drizzle the **creamy dill sauce** over the **chicken** and serve.

Bon Appétit!

1 PREP Preheat your oven to **450° degrees**. Rinse and dry all produce. Cut **potatoes** to your liking, pick the fronds from the **dill** and throw away the stems.

2 ROASTING THE POTATOES Place the **potatoes** on a baking sheet (*Tip: Use parchment paper to cover baking sheet so potatoes do not stick to the pan*) Lightly covered with oil and season to taste. Let them cook for 20-25 minutes, occasionally tossing them, until they are browned.

PREP: 10 MIN TOTAL: 30 MIN



North Dakota

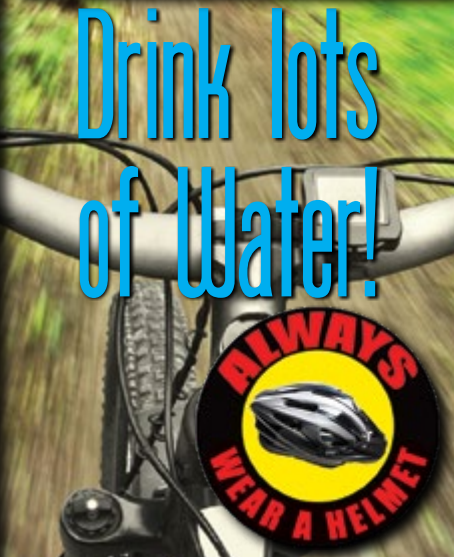
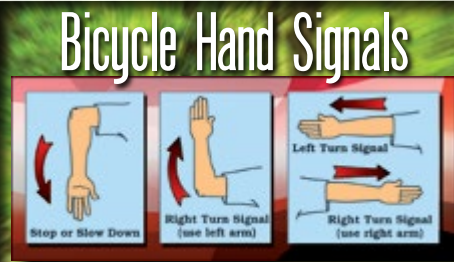
Agricultural Facts

- 1/ North Dakota production agriculture generates over \$5 Billion in cash receipts each year.
- 1/ Production agriculture is the largest aspect of North Dakota's economy, making up to 25% of the economic base.
- 1/ Nearly 25% of North Dakota workers are farmers or employed in farm-related jobs.
- 1/ North Dakota has over 30,000 farms and ranches.
- 1/ An average North Dakota farm is approximately 1,300 acres.
- 1/ Nearly 90% of North Dakota's land area is made up of farms and ranches
- 1/ Farms provide food and shelter for over 70% of North Dakota wildlife.
- 1/ North Dakota ranks third in the U.S. with 108,000 certified organic acres.



Be Aware of your Surroundings

- Always wear a properly fitting bike helmet as most serious injuries are to the head.
- Be sure your handlebars, seat and wheels fit snugly.
- Keep your bike in good shape by checking and oiling your chain, making sure your brakes work properly and maintaining your tire pressure.
- Always ride with both hands on the handlebars except when doing turn signals.
- When leaving a driveway, curb or alleyway always stop and check for traffic in both directions.
- Cross only at intersections.
- Use the crosswalk to walk your bike across busy intersections and follow the traffic signals.
- Never ride against traffic. Travel in the same direction as the cars.
- Whenever you can, use bike routes and avoid busy streets.
- Don't ride near parked cars as doors can open and cause accidents.
- Obey all traffic signs and traffic lights.
- When biking with friends, ride in a single file.
- Always pass other bikers or pedestrians on the left and say "On your left!" to make your presence known.
- Always use bicycle hand signals to alert traffic of your changing direction.



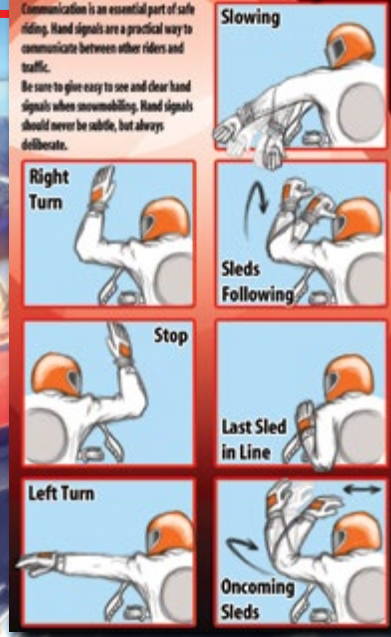
Know Your ATV

Read the owner's manual and know your vehicle thoroughly.

- Check your vehicle before you ride.
- Wear protective equipment and clothing.
- Don't lend your vehicle to unskilled riders.
- Supervise young or inexperienced riders.
- Never carry a passenger on vehicles meant for one rider.
- Do not operate under the influence of drugs or alcohol.
- Drive at speeds that are appropriate to trail conditions.
- Stay to the right on trails.
- Stay away from thin ice, open water and wetlands.
- Know the weather forecast.
- Make sure headlights and taillights work properly.
- Maintain safe distances between other riders.
- Reduce your speed when riding at night.
- Yield to other motor vehicles and trail users.
- Young or beginning riders are encouraged to take a safety training course.

- Do not consume alcohol or take drugs prior to or during your snowmobile trip. Doing so increases your chances of injury or death.
- Slow down and don't cut to the inside of the trail corners. It's dangerous and illegal.
- If you snowmobile at night, don't override your lights.
- Always use the buddy system. Never ride off alone.
- Drowning is one of the causes of many snowmobile fatalities. Whenever possible, avoid the ice.
- Wear sensible, protective clothing designed for operating a snowmobile.
- Use a full size helmet, goggles, or visor to prevent injuries from twigs, stones, ice chips and other debris.
- Avoid wearing long scarves. They may get caught in moving parts of the snowmobile.
- Know the terrain you are going to ride. If unfamiliar to you, ask someone who has traveled over it before.
- Know the weather forecast, especially the ice and snow conditions.
- Be sure your snowmobile is in top-notch mechanical condition throughout the months of use.
- Familiarize yourself with the snowmobile you are driving. Thoroughly read the manual that accompanies the snowmobile.
- Do not pursue domestic or wild animals. That is not the conduct of a sportsman. Report such violations to the nearest law enforcement officer.

Snowmobile Hand Signals



PRIVATE PROPERTY
NO TRESPASSING

Please respect private property and no trespassing signs. Stay on trails. Exercise extreme caution on all lakes and streams. Obey all state and local laws and ordinances. Do not operate snowmobiles/ATVs on county roads or state highways.

AREA ATTRACTIONS

PEPSI ALL SEASONS ARENA

905 9th St .NW | Mandan | (701) 667-3231

AMAZING CORN MAIZE

Hwy 1806 South | Mandan | (701) 471-3318

BISMARCK ART & GALLERY ASSOCIATION

422 E Front Ave. | Bismarck | (701) 223-5986

BISMARCK BOBCATS HOCKEY

1200 N Washington St. | Bismarck | (701) 222-3300

BUCKSTOP JUNCTION

3805 E Bismarck Expy. | Bismarck | (701) 250-8575

CAMP HANCOCK STATE HISTORIC SITE

101 W Main St. | Bismarck | (701) 328-2666

CHIEF LOOKING'S VILLAGE

Burnt Boat Dr. | Bismarck | (701) 222-6455

DACOTAH SPEEDWAY

Mandan Centennial Park | Mandan | (701) 663-6843

DAKOTA WIZARDS

315 S 5th St. | Bismarck | (701) 258-2255

DAKOTA ZOO

602 Riverside Park Rd. | Bismarck | (701) 223-7543

DOUBLE DITCH INDIAN VILLAGE HISTORIC SITE

Hwy. 1804 | Bismarck | (701) 328-2666

EAGLE SCULPTURES

River Road | Bismarck | (701) 222-6455

FORMER GOVERNORS' MANSION

320 E Ave. B | Bismarck | (701) 328-2666

FORT LINCOLN TROLLEY

200 Third Street SE | Bismarck | (701) 663-9018

FORT MANDAN OVERLOOK STATE HISTORIC SITE

12th St | Washburn | (701) 328-2666

GATEWAY TO SCIENCE

1810 Schafer St. Ste. 1 | Bismarck | (701) 258-1975

HUFF HILLS SKI AREA

Highway 1806 | Mandan | (701) 663-6421

LEWIS & CLARK RIVERBOAT

401 W Main St. | Mandan | (701) 255-4233

MANDAN AQUATIC CENTER

901 Division St. NW | Mandan | (701) 751-2223

MANDAN HISTORICAL SOCIETY

3102 37th St | Mandan | (701) 663-5200

MANDAN MUNICIPAL GOLF COURSE

1002 7th St SW | Mandan | (701) 751-6172

ND GAME & FISHLOBBY

WILDLIFE MUSEUM & OWLS SITE

100 N Bismarck Expressway | Bismarck | (701) 328-6300

ND HERITAGE CENTER & STATE MUSEUM

612 E Boulevard Ave. | Bismarck | (701) 328-2666

ND STATE CAPITOL TOURS

600 E Boulevard Ave. | Bismarck | (701) 328-2480

ND STATE RAILROAD MUSEUM

3102 37th St NW | Mandan | (701) 663-9322

NICKLE'S LOUNGE & CASINO

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OLD RED OLD TEN SCENIC BYWAY

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PAPA'S PUMPKIN PATCH

5001 Fernwood Dr. | Bismarck | (701) 222-1521

PRAIRIE WEST GOLF CLUB

2709 Longspur Trail | Mandan | (701) 751-6171

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2600 46th Avenue SE | Mandan | (701) 663-3393

SALEM SUE

New Salem | (701) 843-7828

SLEEPY HOLLOW ARTS PARK & SUMMER THEATRE

26th Street & Divide Avenue | Bismarck | (701) 319-0894

STEAMBOAT WAREHOUSE HISTORIC MARKER

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HUNTING SEASONS

For general information on firearm safety training call 1 (888) 646-6367 or (701) 328-6615.

Contact the North Dakota Game and Fish Department for specific zone areas:

Online: www.gf.nd.gov, By Phone: (701) 328-6300.

2021 Tentative Season Opening Dates

Spring Turkey • April 10

Dove • September 1

Deer and Pronghorn Bow, Mountain Lion • September 3

Sharptail, Hun, Ruffed Grouse, Squirrel • September 11

Youth Deer • September 17

Youth Waterfowl • September 18

Early Resident Waterfowl • September 25

Pronghorn Gun • October 1

Regular Waterfowl, Youth Pheasant • October 2

Pheasant, Fall Turkey • October 9

Mink, Muskrat, Weasel Trapping • October 23

Deer Gun • November 5

*Contact the ND GFD for specific zone and season information by calling: 1 (888) 646-6367.



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Let Wildlife be Wild

- ✔ Bringing a wild animal home will stress it out. The stress can cause health problems or even death. Most wild animals see people and domestic animals as a threat.
 - ✔ Wild animals can carry diseases and parasites that can affect humans and domestic animals.
 - ✔ The diet requirements of a wild animal are very hard to replicate in captivity. Without a complete diet wild animals run a high risk of having nutritional deficiencies that can lead to deformations or death. On the other hand for local birds providing supplemental food and water may be beneficial with correct practice.
 - ✔ Wild animals raised by humans don't learn their normal behaviors or survival skills and shouldn't be released into the wild.
 - ✔ If you come across an injured animal don't try and help it until contacting your local wildlife agency to see what they recommend.
 - ✔ It's illegal for an unauthorized citizen to raise wild animals in most states.
- A healthy animal in its natural environment has the best chance of survival.
 - A young wild animal by itself does not mean it's an orphan. It is common for adults to leave their young unattended while they forage or hunt.
 - Wild animals are not very safe as pets.
 - It is false that the human scent on a wild animal will make the parents reject it.



You can purchase hunting and fishing licenses, cross-country ski passes and snowmobile trail stickers through the Electronic License System. Online www.dnr.state.mn.us, Toll Free: 1 (888) 646-6367
Or visit one of the ELS agents available throughout the area:

BURLEIGH

Dick's Sporting Goods

1451 Lasalle Drive | Bismarck
(701) 751-7789

Farmers Union Oil Co.

615 Minnie Ave | Wilton
(701) 734-6312

Landers Shell

2210 n 12th St. | Bismarck
(701) 255-2744

ND Game & Fish Licensing

100 North Bismarck Expressway
Bismarck | (701) 328-6336

ND Game and Fish Dept.

100 N. Bismarck Expressway
Bismarck | (701) 328-6300

Pony Express Shell

**Bow Licenses Not Available*
1020 South Washington St.
Bismarck | (701) 223-3816

Runnings

701 S Washington St. | Bismarck
(701) 223-9582

Scheels

800 Kirkwood Mall South | Bismarck
(701) 221-4000

Walmart Supercenter North

Bismarck 3648 | 1400 Skyline Blvd
Bismarck | (701) 323-0530

Walmart Supercenter South

Bismarck #1534
2717 Rock Island Pl | Bismarck
(701) 223-3066

MORTON

Morton County Auditor

**Bow Licenses Not Available*
210 2nd Ave NW | Mandan
(701)667-3300

Napa Auto Parts of Glen Ullin

104 South E St. | Glen Ullin
(701)348-9100

Petro Serve USA #079 Mandan

**Bow Licenses Not Available*
1300 East Maim St. | Mandan
(701)663-6985

Rud's 194 Tesoro

**Bow Licenses Not Available*
1310 North 8th St. | New Salem
(701)843-7508

Runnings of Mandan

3817 Memorial Hwy. | Mandan
(701)663-4797

Southside MVP-Mandan

205 6th Ave SE | Mandan
(701)663-5551

Walmart Supercenter Mandan #2033

1000 Old Red Trail NE | Mandan
(701)354-6961

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OUTDOOR

Fun Facts

- 85% of plant life is found in the ocean
- Fire usually moves faster uphill than downhill
- Wildfires can reach speeds of 14 miles per hour
- For every human there are around 200 million insects
- The only continent with no active volcanoes is Australia
- You can only see a rainbow if you have your back to the sun
- Oak trees produce acorns when they are around 50 years old
- Parks run by the National Park Service have around 3 million campers per year
- The record high in the U.S. was in Death Valley, CA at 134F and the record low was in Prospect Creek, AK at -79F

ARENA STATE GAME MANAGEMENT AREA

385th St. NE | Wing | (701) 222-6464

BUNKER LAKE STATE GAME MANAGEMENT AREA

383rd Ave. NE | Wing | (701) 222-6464

BURNT CREEK BOAT RAMP

57th Ave. NW | Bismarck | (701) 222-6464

DRISCOLL SIBLEY PARK & CAMPGROUND

43rd Ave. NE | Driscoll Township | (701) 222-6464

FLORENCE LAKE NATIONAL WILDLIFE REFUGE

288th St. NW | Wing | (701) 222-6464

FORT LINCOLN STATE PARK

4480 Fort Lincoln Rd | Mandan | (701) 667-6340

FORT RICE CAMPGROUND

Highway 1806 | Fort Rice |

GRANER PARK & SUGARLOAF BOTTOMS

Highway 1806 & Graner Park Road
(701) 667-3363

HARMON LAKE RECREATION AREA

Highway 1806 and County Road 140 | Mandan
(701) 667-3363

KIMBALL BOTTOMS & CAMPGROUND

115th Ave. SE | Lincoln | (701) 222-6464

LITTLE HEART (SCHMIDT BOTTOMS)

Highway 1806 | Mandan | (701) 667-3363

MCLEAN BOTTOMS & CAMPGROUND

80th St. SE | Lincoln | (701) 222-6718

MCKENZIE SLOUGH STATE GAME MANAGEMENT AREA

236th St. NE | McKenzie Township | (701) 222-6464

MITCHELL LAKE & CAMPGROUND

331st Ave. NE | Wing | (701) 222-6464

STECKEL PARK & CAMPGROUND

292nd Ave. NW | Wilton | (701) 222-6718

SWEET BRIAR LAKE

I-94, Exit 134 | Mandan | (701) 667-3363

SWENSON PARK

62nd Ave. SE | Lincoln | (701) 222-6464

*For more information on Burleigh & Morton County Parks, visit: www.co.burleigh.nd.us or call: (701) 328-6300.

Certain species licenses are issues by lottery and require additional application procedures. Contact the North Dakota Game and Fish Department for license availability and eligibility.

Online: www.gf.nd.gov, By Phone: (701) 328-6300.

RESIDENT

FISHING, HUNTING, FURBEARER CERTIFICATE

(Prerequisite for All Hunting/Fishing Licenses) \$1.00

GENERAL GAME & HABITAT LICENSE

(Prerequisite for Hunting Licenses) \$20.00

COMBINATION

(fishing, general game & habitat, small game & furbearer licenses.

(General Ages 16+) \$52.00

SMALL GAME LICENSE

(General Ages 16+) \$10.00

SANDHILL CRANE PERMIT*

\$10.00

DEER

(Gun 1st Lottery) \$30.00

(Bow) \$30.00

(Youth Gun/Bow) (Ages 16 & Under) \$10.00

PRONGHORN

(Gun) \$30.00

(Bow) \$30.00

(Youth Gun/Bow Ages 16 & Under) \$10.00

FURBEARER

(Trapping/Hunting Ages 16+) \$15.00

WILD TURKEY*

(Spring/Fall 1st Lottery) \$15.00

FISHING

(General Ages 16+) \$18.00

(Husband/Wife) \$24.00

(Senior Citizen 65+ & Permanently Disabled) \$5.00

(Paddlefish) \$10.00

NON-RESIDENT

FISHING, HUNTING, FURBEARER CERTIFICATE

(Prerequisite for All Hunting/Fishing Licenses) \$2.00

GENERAL GAME & HABITAT LICENSE

(Prerequisite for Hunting Licenses) \$20.00

SMALL GAME LICENSE

(General) \$100.00

WATERFOWL

(State-Wide) \$150.00

(Zone-Restricted) \$100.00

NON-GAME

(General) \$15.00

SANDHILL CRANE PERMIT*

\$30.00

DEER

(Gun 1st Lottery) \$255.00

(Bow) \$250.00

BIGHORN SHEEP

\$600

FALL WILD TURKEY*

\$80.00

FISHING

(General Ages 16+) \$48.00

(Husband/Wife) \$63.00

(3 Day) \$28.00

(10 Day) \$38.00

(Paddlefish Tag) \$25.50

*Requires small game license in addition to permit.

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Be smart...



Take good care of your skin

The skin is an organ and helps protect against heat, sunlight, injury, and infections. This is why it is important to always protect it. Overexposure to the sun can be linked to some skin cancers. Ultraviolet rays from the sun or sunlamps can also cause eye problems, weakened immune system, age spots, wrinkles, and leathery skin.

• Protect your skin

Wear proper clothing like long-sleeved shirts and pants. Also protect your head and eyes with a hat and UV-resistant sunglasses.

Remember that you can also fall victim to the sun on a cloudy day as well as in the winter.

Sunburns increase the risk of developing skin cancer. It is especially important that children don't get sunburns.

Peak burning hours, according to the Centers for Disease Control and Prevention and the World Health Organization, are between 10 a.m. and 4 p.m.

Reflective surfaces, like water, snow, and sand can reflect sun rays and make them more intense.

You experience more UV exposure at higher altitudes, because there is less atmosphere to absorb UV radiation.

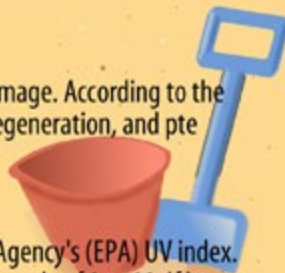
Use a broad-spectrum sunscreen to cover all exposed skin. The FDA recommends using sunscreens that are broad spectrum and have a sun protection factor (SPF) value of at least 15. Re-apply sunscreen throughout the day.

• Protect your eyes

UV rays can penetrate the structures of your eyes and cause cell damage. According to the CDC, some sun-related vision problems cause cataracts, macular degeneration, and pterygium.

• UV index

Before going outside you can check the Environmental Protection Agency's (EPA) UV index. To see the intensity of UV rays for the day. The index measures on a scale of 1 to 11. If it's low on the UV index you will require less protection and a high UV index will require a lot more protection.



Swimming Safety Tips

Swimming is a great way to get some exercise or have fun and can be done by people of all ages. It is important to keep safety on your mind while around the water. Below are some things you should know before heading out to the pool or beach.

- Do not dive into the water unless you know the water is deep enough and free of any hazards.
- Jumping from cliffs or bridges is dangerous due to shallow water, submerged rocks, trees, or other hazards.
- Always swim with a buddy and in supervised areas, preferably ones with a lifeguard on duty.
- Always supervise children closely. Do not read, play cards, talk on the phone, or engage in any other distracting activity while watching children in or around water.
- Avoid drinking alcohol before or during swimming. Avoid drinking alcohol while supervising children around water.
- Learn cardiopulmonary resuscitation (CPR).
- Do not use air-filled or foam toys, such as water wings, noodles, or inner tubes, in place of life jackets.
- Check the local weather conditions and forecast before swimming.



Eat Breakfast

A healthy balanced breakfast every morning is very important. It allows your body to run smoothly throughout the day and can help with weight control while lowering your cholesterol levels. It will improve things like concentration, performance and strength. Also studies have shown that women who skip breakfast have a higher chance of developing diabetes and men who skip breakfast have a higher chance for heart disease.

Eat Your Greens

Leafy greens and vegetables contain phytochemicals which help to fight diseases. This will help against things like metabolic syndrome, diabetes, cancer and strokes. Vegetables are also rich in fiber which helps with hunger. The recommended amount of vegetables for the average person is around 2 ½ cups a day.

Drink Enough Water

Many people don't get enough water throughout the day. It is recommended that the average person drinks roughly a half gallon a day which is equal to about eight 8 ounce glasses. Water helps rid the body of toxins and with unwanted weight gain by flushing out by-products of fat in your system. Water also helps your immune system, energy levels, focus and mood.

Take a Walk During Lunch Break

Your body and mind benefit greatly when getting out for a quick walk. A walk can help with weight management, blood pressure, bone strength, balance and coordination. Plus it helps you focus by getting extra blood flow and oxygen to your brain. Also a lot of people don't get enough vitamin D in their diet and getting outside is one of the easiest ways to ensure you are getting your vitamin D.

Get Up and Move

It is important to try and get around 10,000 steps in per day. It is very hard on our bodies when we are slumped over a desk or kicked back in a recliner all day. Studies have shown that just from walking more you can lower your risk of high cholesterol, high blood pressure and diabetes. It may be hard to get the 10,000 steps in every day but doing small things like getting up from your desk every so often and doing a lap around the office or parking farther away from your destination will help.

Floss and Brush

This might not seem like the most significant health issue but it is very important. If you don't floss and brush daily you build up plaque on your teeth and at the gum lines. This can lead to things like gum disease and if not treated can enter the bloodstream and trigger inflammation in the arteries causing things like heart disease, diabetes, erectile dysfunction in males and delayed conception for women.



Camping Activities

After you have found a place to camp and have everything set up what else is there to do? Depending if you want to be active or relax, something on the lists below should help you get an idea of what you would like to do while camping.

Water Activities

- Skip stones • Build a sand castle • Fish
- Float or lounge • Boat, canoe, or kayak
- Water ski • Tubing • Swim



Physical Activities

- Disc golf • Horseshoes • Ringtoss • Bike
- Soccer • Football • Kickball • Baseball
- Hiking • Rock climbing • Tree climbing
- Corn Hole • Lawn bowling



Exploration

- Bird watching • Animal watching
- Leaf, rock or bug collecting • Geocaching
- Searching for edible plants, nuts & berries
- Look for evidence of animals & creatures
- Go on a photo safari • Scavenger hunt
- Collect firewood or kindling • Whittling



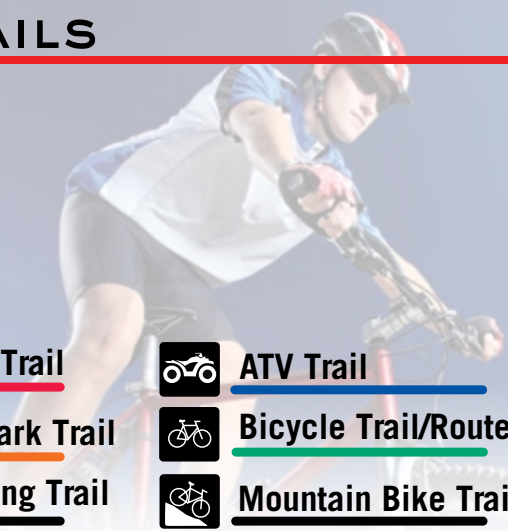
Relaxation

- Swing in a hammock • Listen to nature
- Daydream • Float on the water • Stargaze
- Read • Card games • Board games
- Crafting • Nap

Bicycle Pre-Ride Checklist



AREA TRAILS



Snowmobile Trail



ATV Trail



Lewis and Clark Trail



Bicycle Trail/Route



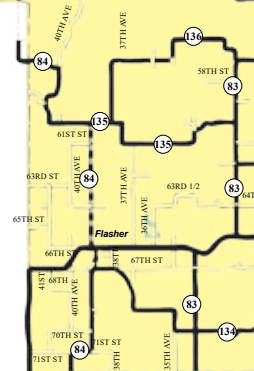
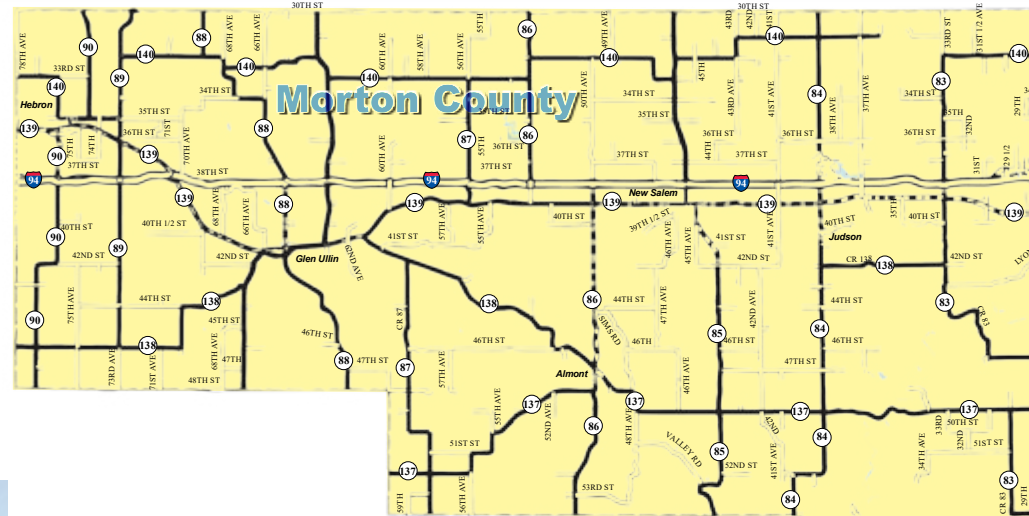
Hiking/Walking Trail



Mountain Bike Trail



R79W R78W R77W R76W R75W
T144N T143N T142N T141N T140N T139N T138N T137N T136N T135N T134N T133N T132N T131N T130N T129N T128N T127N T126N T125N T124N T123N T122N T121N T120N T119N T118N T117N T116N T115N T114N T113N T112N T111N T110N T109N T108N T107N T106N T105N T104N T103N T102N T101N T100N T99N T98N T97N T96N T95N T94N T93N T92N T91N T90N T89N T88N T87N T86N T85N T84N T83N T82N T81N T80N T79N T78N T77N T76N T75N T74N T73N T72N T71N T70N T69N T68N T67N T66N T65N T64N T63N T62N T61N T60N T59N T58N T57N T56N T55N T54N T53N T52N T51N T50N T49N T48N T47N T46N T45N T44N T43N T42N T41N T40N T39N T38N T37N T36N T35N T34N T33N T32N T31N T30N T29N T28N T27N T26N T25N T24N T23N T22N T21N T20N T19N T18N T17N T16N T15N T14N T13N T12N T11N T10N T9N T8N T7N T6N T5N T4N T3N T2N T1N



10 Tips for Green Thumb GARDENING

Don't like all the dirt in your fingernails while you work in the garden? Before you go out, run your fingernails across a bar of soap and you'll effectively seal the undersides of your nails so dirt cannot accumulate. Then, after you are all done gardening, use a toothpick or nailbrush to remove the soap and your nails will be sparkling clean.

2. Spray vegetable oil on your string trimmer to help prevent jamming or breaking (Treat before installing string in trimmer).



Make a convenient measuring tool out of a long handled garden tool by laying it on the ground next to a tape measure. Use a permanent marker to copy the inches and feet. Next time you are spacing plants you already have a dual-purpose measuring tool in your hand!

Write the names of your plants (With a permanent marker) on the flat parts of stones of any size and lay them in front of your plants for natural looking markers.



The next time you boil or steam vegetables, use the leftover water to water potted patio plants, and you'll be surprised at how the plants grow with "vege-soup."

You can use leftover tea and coffee grounds to help acidify the soil of acid-loving plants like azaleas, rhododendrons, camellias, gardenias and blueberries. A light sprinkle of about 1/4 of an inch applied once a month will help keep the pH of the soil on the acidic side.



You can use chamomile tea to control damping-off fungus, which often attacks young seedlings quite suddenly. Just add some tea to the soil around the soil of seedlings once a week for healthy plant.

Here is a really quick way to dry out your herbs: Just lay a sheet of newspaper on the seat of your car, arrange the herbs in a single layer, then roll up the windows and shut the car doors. Your herbs will be dry in no time!



Use your blender to grind up egg shells. Just like a mother bird chews up worms for the baby birds making the food easier to digest, grinding eggshells makes it easy for your garden to absorb the calcium egg shells retain.

Animals (cats especially) seem to think all of the hard work you've put into your garden looks like a huge litter box. To keep them from pooping on your basil and other plants, strategically place a few plastic forks around your plants to deter them from destroying your fresh herbs, fruits, and vegetables.



Mosquitoes

Prevention & Health Risks



A MOSQUITO FREE YARD

Create an environment in your yard that invites animals that like to eat mosquitoes. Some things that enjoy eating mosquitoes are:

- Bats • Frogs • Fish • Turtles • Birds • Dragonflies

To help repel mosquitoes, plant some of the different vegetation listed:

- Citronella • Geranium • Eucalyptus • Rosemary • Basil • Anise • Mint • Marigolds • Catnip • Wormwood • Tansy • Lavender • Cedar • Cloves

Don't have stagnant water sitting around in things like buckets or tires.

BE SAFE WHILE OUTDOORS

When a mosquito bites you it can leave saliva in your body. If the mosquito is infected it can transfer diseases to you. A few of the more common diseases transmitted to people are:

- Dengue • Encephalitis • Malaria • Yellow Fever.

Mosquitoes can also transmit diseases to animals. A couple of these diseases are:

- Heartworm (mostly to dogs & cats) • Encephalitis.

To reduce your chance of getting a disease from mosquitoes you can, apply mosquito repellent to your skin and clothing.

RANDOM MOSQUITO FACTS

- More than 3,000 different mosquito species can be found around the world.
- There are around 50 different mosquito species in the Upper Midwest.
- Female mosquitoes feed on blood. Male mosquitoes feed on plant nectar.
- Some mosquito species prefer to feed on animals or reptiles over humans.
- All mosquitoes need water to complete their life cycle.
- One female mosquito can lay over 200 eggs at one time.
- Mosquito larvae only need a week in water to hatch.
- Mosquito eggs can survive for more than five years.
- Mosquitoes can fly around 1 to 2 mph.
- Mosquitoes find food by sight, infrared radiation and chemicals in the air.
- Around 1,000 Americans get ill or die from mosquito bites each year.
- Mosquitoes are a huge food source for birds, bats and some reptiles.



TICKS

Diseases & Prevention



You can get a tickborne disease if you are bitten by a tick that is infected • Tickborne diseases are increasing throughout the United States. • Personal protection methods can help reduce the odds of a tick bite while enjoying the outdoors

Some symptoms of a tickborne disease

- Many tickborne diseases have similar symptoms
 - Symptoms usually show up within 2-4 weeks of being bitten
- Watch for symptoms like:

- Rash
- Fever
- Headache
- Fatigue
- Muscle or joint aches



Tick Removal

Prompt tick removal is important. Use tweezers to grasp the tick close to its mouth. Gently and slowly pull the tick straight outward. Do not squeeze the ticks' body. Wash the area and apply an antiseptic to the bite. Watch for early signs and symptoms of a tickborne disease. Don't use folk remedies like Petroleum Jelly or a burnt match.



Blacklegged Tick Coverage

American Dog Tick Coverage

Lone Star Tick Coverage

Blacklegged (Deer) Tick
Lyme disease
Anaplasmosis
Babesiosis
Ehrlichiosis
Powassan virus disease

American Dog (Wood) Tick
Rocky Mountain Spotted Fever
Tularemia

Lone Star Tick
Ehrlichiosis
Tularemia
Heartland virus disease
Southern Tick-Associated Rash Illness (STARI)

Protect Yourself from Tickborne Diseases

- 1-Know when and where you're at risk
 - Primarily Mid-May through Mid-July
 - Wooded and brushy areas – Blacklegged Tick
 - Grassy or wooded areas – American Dog Tick
- 2-Wear EPA-registered tick repellent
 - DEET 20-30% on skin or clothing
 - Permethrin 0.5% on clothing
- 3-Check yourself for ticks
 - Shower after being outdoors
 - Check at least once a day
 - Remove ticks ASAP!



TORNADO SAFETY

Precautions:

- KNOW WHERE YOU CAN TAKE SHELTER IN SECONDS.
- HAVE A PLACE, EVERYONE KNOWS, TO GO TO AFTER THE STORM HAS PASSED.
- FLYING DEBRIS IS THE BIGGEST DANGER DURING A TORNADO. YOUR SHELTER SPACE SHOULD HAVE MATTRESSES OR THICK BLANKETS AROUND, TO PROTECT YOURSELVES.
- DO NOT OPEN YOUR WINDOWS TO TRY & "EQUALIZE THE PRESSURE." THIS ONLY MAKES IT EASIER FOR DEBRIS TO INJURE YOU.
- ALSO, STAY AWAY FROM WINDOWS!

Things to Look and Listen for:

- CONSTANT ROTATION OF THE CLOUDS BASE.
- FLYING/ROTATING DEBRIS UNDER THE CLOUD.
- TORNADOS DON'T ALWAYS HAVE A VISIBLE FUNNEL.
- HEAVY RAIN OR HAIL FOLLOWED BY EITHER AN EERIE CALM IN THE STORM OR RAPID WIND CHANGES & SHIFTS.
- LISTEN FOR LOUD, CONTINUOUS RUMBLING WITH NO BREAKS IN IT LIKE THUNDER.

Lightning Distance Tracker

YOU CAN FIGURE OUT HOW FAR AWAY THE LIGHTNING IS FROM YOU LIKE THIS... COUNT THE SECONDS IN BETWEEN THE FLASH OF LIGHTNING & THE CRACK OF THUNDER. DIVIDE THE NUMBER OF SECONDS BY 5 & YOU HAVE YOUR DISTANCE IN MILES.

0 SECONDS	5 SECONDS	20 SECONDS	60 SECONDS
0 MILES	1.08 MILES	4.35 MILES	13.06 MILES

Do Not Open Your Windows!



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Play • Stay

LOCALLY

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