

# Polk County, Iowa

# FREE RESIDENT GUIDE

*What's Inside: Businesses • Directory • History • Events • And More*

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## Local Area Events

### JANUARY

MLK Jr. Birthday Celebration | Des Moines  
 Beast Feast | Johnston  
 Chinese New Year | West Des Moines

### FEBRUARY

Bacon Festival | Des Moines  
 Valentine's Dance | Ankeny, Des Moines  
 Groundhog Day Celebration | Des Moines  
 Ice Fishing at Fort Des Moines Park  
 smART Family Weekend | Des Moines  
 Greater Des Moines Heart Ball  
 HeArt Fest | West Des Moines  
 Valentine's Burlesque Ball | Des Moines

### MARCH

Country Spring Break | Clive  
 Kidfest | Des Moines  
 St. Patrick's Day Parade | Des Moines  
 Authentic St. Patrick's Day | Urbandale

### APRIL

Arbor Day Tree Planting | Clive  
 Earth Day Celebration | Des Moines  
 Egg Cookoff & Easter Bunny Visit | Des Moines  
 Family Easter Party | Urbandale  
 Earth Day in the Junction | West Des Moines  
 Easter Egg Hunt | Windsor Heights

### MAY

Memorial Day Celebration | Des Moines  
 Mother's Day Soiree | Des Moines  
 Urbandale Friday Fest  
 A-May-Zing-Days | West Des Moines  
 Festivale Cinco de Mayo | West Des Moines  
 Learnapalooza | West Des Moines  
 PGA Champions Tour Charity | West Des Moines  
 Spring Art Market | West Des Moines  
 City Wide Garage Sale | Windsor Heights  
 Pancake Breakfast | Windsor Heights  
 WHAMM Race | Windsor Heights  
 Annual Garage Sale | Windsor Heights

## Local Area Events

### JUNE

Ankeny Unplugged  
 Art in the Park | Ankeny  
 Movies Under the Stars | Ankeny  
 Summerfest | Bondurant  
 Des Moines Art Festival  
 Lobster Fest | Des Moines  
 Granger Days  
 Green Days | Johnston  
 Pride Ride | Johnston  
 Cops N' Bobbers Fishing Derby | West Des Moines  
 Hy-Vee Triathlon | West Des Moines

### JULY

4th of July Celebration | Polk County  
 RAGBRAI | Statewide  
 SummerFest | Ankeny  
 Polk County Fair | Des Moines  
 Taste of Des Moines  
 Pleasant Hill Summerfest  
 Four Seasons Festival | Polk City

### AUGUST

Iowa State Fair | Des Moines  
 Pelican Festival | Granger  
 LobsterFest | Polk City

### SEPTEMBER

DMACC Kite Festival | Ankeny  
 Thomas Mitchell Days | Mitchellville  
 Big Creek Fall Bike Ride | Polk City  
 Razzle Dazzle Day | Runnells  
 Fall Art Market | West Des Moines  
 Illumifest | West Des Moines  
 Fall Clean Up Day | Windsor Heights

### OCTOBER

Barktoberfest | Ankeny  
 Creepy Capers | Ankeny  
 Trick or Treat in Uptown | Ankeny  
 Pumpkin Fest | Carlisle  
 Nobbies Haunt Fair | Clive  
 I.M.T. Des Moines Marathon  
 Beggar's Night | Polk County  
 Oktoberfest | Des Moines & Windsor Heights  
 Family Halloween Nights | Urbandale  
 Halloween Hoopla | West Des Moines

### NOVEMBER

Santa's North Pole Village | Ankeny  
 Jolly Holiday Lights | Des Moines  
 Turkey Trivia | Granger

### DECEMBER

Breakfast with Santa | Ankeny  
 Festival of Trees & Lights | Des Moines  
 Holly & Ivy Event | Des Moines  
 Snackin' with a Claus | Des Moines  
 Yellowstone in Winter | Granger  
 Holiday Celebration | Grimes  
 Windsor Wonderland | Windsor Heights

# Polk County Resident Services

Administration.....	(515)286-3215
Assessor.....	286-3140
Building & Grounds.....	286-3228
Central Accounting.....	286-3753
Community & Family Division.....	286-3434
County Attorney.....	286-3737
County Information.....	286-3000
Election Office.....	286-3247
<b>Emergency.....</b>	<b>911</b>
Emergency Management.....	286-2107
Information Technology.....	286-3757
Treasurer.....	286-3030
Health Department.....	286-3798
Health Services.....	286-4545
Human Resources.....	286-3200
Medical Examiner.....	286-2102
Public Works.....	286-3705
Purchasing.....	286-3215
Recorder.....	286-3160
Sheriff.....	286-3800
Taxes & Mapping.....	286-3080
Veteran Affairs.....	286-3670
Youth Services.....	286-3344



## Polk County History *(Des Moines, County Seat)*

The Sac and Fox Indian tribes originally occupied Polk County until land was claimed by France. As Indians were cleared from the area in 1840, French fur trappers and traders began settling. In 1842 the Sac and Fox Treaty was signed and land was open for settlement. Military posts were then built in Des Moines to keep the peace between settlers and Indians. Iowa became a state in 1846 and Polk County was officially established, named after President James K. Polk. Fort Des Moines was designated the county seat in 1855 and the name was shortened to Des Moines. The state capital was originally Iowa City until 1857 when it was moved to Des Moines. Today Polk County is home to approximately 424,778 residents.

**ALLEMAN** – pop. 435

**ALTOONA** – pop. 13,854

**ANKENY** – pop. 42,287

**BONDURANT** – pop. 2,714

**CARLISLE** – pop. 3,693

**CLIVE** – pop. 15,234

**DES MOINES (COUNTY SEAT)** – pop. 197,052

**ELKHART** – pop. 473

**GRANGER** – pop. 1,054

**GRIMES** – pop. 8,419

**JOHNSTON** – pop. 15,691

**MITCHELLVILLE** – pop. 2,152

**NORWALK** – pop. 8,821

**PLEASANT HILL** – pop. 8,414

**POLK CITY** – pop. 3,201

**RUNNELS** – pop. 392

**SAYLORVILLE** – pop. 3,238

**SHELDAHL** – pop. 319

**URBANDALE** – pop. 38,369

**WEST DES MOINES** – pop. 55,426

**WINDSOR HEIGHTS** – pop. 4,643

*\*Populations are approximate.*

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# Polk County Communities

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## **ALTOONA**

Originally inhabited by American Indians, Altoona was settled by Anthony Yant in 1854. In 1867, the Des Moines Valley Railroad arrived to the town and it became known as “Yant’s Station” or “Yant’s Siding.” A year later, Julian B. Bausman surveyed the area and Altoona was named after “altus” because it was the highest point between Des Moines and Keokuk along the railroad. In 1876 Altoona was incorporated and platted in 1878. In 1888, Thomas Haines donated four acres of land for a city park, which was the home of festivals and celebrations for years to come. The first municipal airport in Iowa was built in 1926 where Adventureland is now located. Today Altoona is home to approximately 13,854 residents.

## **ANKENY**

Ankeny originated as a farming community where farmers raised cane sorghum for molasses or raised hogs. It was founded in 1875 by John Fletcher Ankeny, a businessman and politician. The railroad arrived by 1880 and Ankeny was incorporated as a town in 1903. From 1932 to 1940, Ankeny was almost destroyed by major fires, but the town was quickly rebuilt. With the establishment of a John Deere plant in 1947, Ankeny almost doubled in population as many citizens were employed with the production of equipment. Today Ankeny is home to approximately 42,287 residents.

## **CLIVE**

Clive grew as a small settlement around Walnut Creek. Early residents were involved in coal mining, rail shipping or agriculture. The first school was built in 1848. Jefferson Polk and Frederick Hubbell developed the area, founding the Union Land Company which platted Clive in 1882. The railroad soon followed and businesses established near the train depot. Clive was incorporated as a city in 1956 and remained a small community until the development of the Interstate highway system in the 1960s. Today Clive is home to approximately 15,234 residents.

## **DES MOINES (COUNTY SEAT)**

It was suggested by John Dougherty in 1834 that a military post should be built where the Raccoon and Des Moines rivers converged. Within ten years, a fort had been built and the origin of the name is still under scrutiny. Historians believe Fort Des Moines was either named after an Indian word for “river of the mounds” or a French word for “monks”. Upon establishment of the fort, settlers began arriving and in 1847 streets were platted. Fort Des Moines was incorporated in 1851 and several years later, Fort Des Moines was shortened to Des Moines and selected as the

# Polk County Communities

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## **DES MOINES (COUNTY SEAT), CONTD.**

county seat and state capital. The community continued to grow until WWI when many residents enlisted to serve in the army. By the end of the war, Des Moines had become a major insurance center and due to a diversified economy, Des Moines has continued to grow. Today Des Moines is home to approximately 197,052 residents.

## **JOHNSTON**

Established in 1905 as a stop between Des Moines and Perry, Johnston was originally known as Johnston Station. The community was named after John F. Johnston, a railroad supervisor. Law prohibited incorporation of a city that was within three miles of another city and due to its proximity to Des Moines and Urbandale; Johnston was not incorporated until 1969 after agreements between the communities were reached. Today Johnston is home to approximately 15,691 residents.

## **URBANDALE**

Early residents of Urbandale were coal miners until a streetcar system was constructed in 1905. The community was known as a street car suburb as railway lines were adapted to street car lines. Commuters were able to travel to Des Moines and products and services were easily transported. The street car line was recognized as the Urbandale Line and the community was known as such. In 1907, streets were platted and Urbandale continued to grow as a commuter’s home. Today Urbandale is home to approximately 38,369 residents.

## **WEST DES MOINES**

Known as Valley Junction, West Des Moines was first settled by James Cunningham Jordan, a cattle farmer who later served as state senator. The community grew around the railroad as several lines met at its location and was incorporated in 1893. In 1905, the first City Hall was built and community leaders continued to aid the progress of development with the advent of gas and water mains, electricity, telephone service and sidewalks. As the railroad industry declined, Valley Junction was renamed West Des Moines to reinvent the community image. As a result, West Des Moines has continued to grow. Today West Des Moines is home to approximately 55,426 residents.



## Parks & Recreation

### **BROWN'S WOODS**

Brown's Woods is a 484 acre forest featuring oak and hickory trees. It is the largest urban forest preserve in Iowa with over two miles of trails. Visitors can collect fruits, edible mushrooms and nuts, and can enjoy hiking and geocaching. *Located in West Des Moines.*

### **CARNEY MARSH**

Carney Marsh is a 40 acre wildlife habitat where visitors can enjoy bird watching and wildlife viewing. *Located in Ankeny.*

### **CHICHAQUA BOTTOMS GREENBELT**

Located along 10 miles of the Skunk River, Chichaqua Bottoms Greenbelt was developed to preserve and restore the Skunk River Channel. Visitors can enjoy camping, canoeing, cross-country skiing, fishing, geocaching, hiking, hunting, picnicking. Chichaqua features a dog training area, enclosed shelter, historic bridge, playground, trap range, waterfowl blinds and a wildlife exhibit. *Located in Maxwell.*

### **CHICHAQUA VALLEY TRAIL**

Located along 20 miles from Bondurant to Baxter, the Chichaqua Valley Trail was a former railroad route. Visitors can enjoy hiking, biking and wildlife viewing. *Located in Bondurant.*

### **EASTER LAKE PARK**

Located along Easter Lake, Easter Lake Park features a swimming beach, boat rentals covered bridge, playgrounds, shelters and volleyball courts. Visitors can enjoy boating, canoeing, fishing, geocaching, hiking and picnicking. *Located in Des Moines.*

### **ENGELDINER MARSH**

Engeldiner Marsh is an 81 acre wildlife area that contains rare prairie pothole, sedge meadow with over 314 species of plants and over 82 species of birds. Known as a "geological and ecological museum," visitors can enjoy wildlife viewing and hunting. *Located in Bondurant.*

## Parks & Recreation

### **FORT DES MOINES PARK**

Fort Des Moines Park is a 117 acre park located on the former Fort Des Moines Calvary Post. Visitors can enjoy boating, fishing, geocaching, picnicking. Features include an arboretum, ball diamond, playground, shelters and a nature trail. *Located in Des Moines.*

### **GAY LEA WILSON TRAIL**

Upon completion, the Gay Lea Wilson Trail will extend over 35 miles throughout Polk County and will connect businesses, trails and parks through five counties. Visitors can enjoy biking, hiking and wildlife viewing. *Located in Pleasant Hill.*

### **GREAT WESTERN TRAIL**

Located along 16 miles from Des Moines to Martensdale, the Great Western Trail was a former railroad route. Visitors can enjoy hiking, biking and wildlife viewing. *Located in Des Moines.*

### **LEWIS A. JESTER PARK**

Located on 1,834 acres along the shore of Saylorville Lake, Jester Park is a stopping point for many migratory birds. Visitors can enjoy boating, camping, cross-country skiing, fishing, geocaching, golfing, hiking, picnicking, bird watching and snowmobiling. Features include an equestrian center, playgrounds, playscape, shelters and a wildlife exhibit. *Located in Granger.*

### **SYCAMORE TRAIL**

Located along over six miles of scenic Des Moines, visitors can enjoy hiking, biking and wildlife viewing. *Located in Des Moines.*

### **THOMAS MITCHELL PARK**

Located on 175 acres of oak-hickory woodland, Thomas Mitchell Park is named after Polk County's first permanent English speaking settler. Visitors can enjoy camping, fishing, hiking, geocaching, picnicking and snowmobiling. Features include a ball diamond, playground and shelters. *Located in Mitchellville.*

### **YELLOW BANKS PARK**

Located on 517 acres of the Des Moines River, Yellow Banks Park sits atop 140 foot tall bluffs. Visitors can enjoy camping, fishing, geocaching, hiking, picnicking and bird watching. Features include ball diamonds, playground, shelters and a Native American burial mound. *Located in Pleasant Hill.*

*\*Polk County Parks are open during day light savings time from 6:30AM to 10:30PM, sunrise to sunset the remainder of the year. Call the Polk County Conservation Offices at (515) 323-5300 for more information.*



## Local Area Attractions

### 7 FLAGS EVENT CENTER

2100 100th St. | Clive | (515) 278-8888

### ADVENTURELAND PARK

305 NW 34th Ave. | Altoona | (515) 266-2121

### ALLPLAY ULTIMATE ENTERTAINMENT COMPLEX

615 3rd St. | Des Moines | (515) 333-5050

### ANKENY AREA HISTORICAL SOCIETY MUSEUM

301 SW 3rd St. | Ankeny | (515) 965-5795

### BASILICA OF ST. JOHN

1915 University Ave. | Des Moines | (515) 244-3101

### BIG BARN HARLEY-DAVIDSON

81 NW 49th Pl. | Des Moines | (515) 265-4444

### BLANK PARK ZOO

7401 SW 9th St. | Des Moines | (515) 285-4722

### CITY OF CLIVE AQUATIC CENTER

1801 NW 114th St. | Clive | (515) 440-0599

### CENTRAL IOWA RAILROAD CLUB

3000 E Grand Ave. | Des Moines | (515) 266-8899

### CENTRAL STATES THEATRE CORPORATION

505 5th Ave. #414 | Des Moines | (515) 243-5287

### BRENTON SKATING PLAZA

520 Robert D. Ray Dr. | Des Moines | (515) 284-1000

### DES MOINES ART CENTER

400 Locust St. #265 | Des Moines | (515) 286-4960

### DES MOINES BOTANICAL CENTER

909 Robert D. Ray Dr. | Des Moines | (515) 323-6290

### DES MOINES BUCCANEERS HOCKEY

7201 Hickman Rd. | Des Moines | (515) 278-2827

### DES MOINES CIVIC CENTER

221 Walnut St. | Des Moines | (515) 246-2300

### DES MOINES MENACE SOCCER

4440 Mills Civic Pkwy. | West Des Moines | (515) 226-9860

### DES MOINES PLAYHOUSE

831 42nd St. | Des Moines | (515) 277-6261

### DES MOINES PUBLIC LIBRARY

1000 Grand Ave. | Des Moines | (515) 283-4152

### DES MOINES SYMPHONY

221 Walnut St. | Des Moines | (515) 280-4000

### FORT DES MOINES MUSEUM

75 E Army Post Rd. | Des Moines | (515) 282-8060

### FRIDLEY THEATRES, INC.

1321 Walnut St. | Des Moines | (515) 282-9287

### GRAND SLAM USA

4137 120th St. | Urbandale | (515) 278-1070

## Local Area Attractions

### HERITAGE ART GALLERY

120 2nd Ave. | Des Moines | (515) 286-2242

### HISTORIC VALLEY JUNCTION

217 5th St. | Des Moines | (515) 222-3642

### HOYT SHERMAN PLACE

1501 Woodland Ave. | Des Moines | (515) 244-0507

### HYVEE HALL

730 3rd St. | Des Moines | (515) 564-8000

### IOWA BARNSTORMERS

833 5th Ave. | Des Moines | (515) 633-2255

### IOWA CUBS BASEBALL

1 Line Dr. | Des Moines | (515) 243-6111

### IOWA ENERGY BASKETBALL

833 5th Ave. | Des Moines | (515) 462-2849

### IOWA GOLD STAR MUSEUM

7105 NW 70th Ave. | Johnston | (515) 252-4531

### IOWA HALL OF PRIDE

330 Park St. | Des Moines | (515) 280-8969

### IOWA STATE CAPITOL

1007 E Grand Ave. | Des Moines | (515) 281-3566

### IOWA STATE FAIRGROUNDS RACETRACK

E 30th & E University Ave. | Des Moines | (515) 262-3111

### ITALIAN-AMERICAN CULTURAL CENTER

1961 Indianola Ave. | Des Moines | (515) 280-3719

### JASPER WINERY

2400 George Flagg Pkwy. | Des Moines | (515) 282-9463

### JESTER PARK EQUESTRIAN CENTER

11171 NW 103rd Ct. | Granger | (515) 999-2818

### JOHN & MARY PAPPAJOHN SCULPTURE PARK

13th St. & Grand Ave. | Des Moines | (515) 277-4405

### JORDAN HOUSE

2001 Fuller Rd. | West Des Moines | (515) 225-1286

### LIVING HISTORY FARMS

11121 Hickman Rd. | Urbandale | (515) 278-2586

### OAK VIEW II HUNTING CLUB

12726 W Hwy. F70 | Runnells | (515) 966-2095

### PRAIRIE MEADOWS RACETRACK & CASINO

1 Prairie Meadows Dr. | Altoona | (800) 325-9015

### SALISBURY HOUSE

4025 Tonawanda Drive | Des Moines | (515) 274-1777

### SAYLOR SKATEPARK

6359 NE 14th St. | Des Moines | (515) 289-0303

### SCOTTISH RITE CONSISTORY

519 Park St. | Des Moines | (515) 288-8929

### SLEEPY HOLLOW SPORTS PARK

4051 Dean Ave. | Des Moines | (515) 262-4100

### STATE HISTORICAL SOCIETY OF IOWA

600 E Locust St. | Des Moines | (515) 281-5591

### TALLGRASS THEATRE COMPANY

1401 Vine St. | West Des Moines | (866) 745-4535

### TERRACE HILL

2300 Grand Ave. | Des Moines | (515) 281-3604

### VAL AIR BALLROOM

301 Ashworth Rd. | West Des Moines | (515) 223-6152

### VARSITY THEATRE

1207 25th St. | Des Moines | (515) 277-0404



# DNR License Centers

You can purchase hunting and fishing licenses, cross-country ski passes and snowmobile trail stickers through the Electronic License System.

Online: [www.iowadnr.gov](http://www.iowadnr.gov), by phone: (515) 281-5918

or visit one of the ELS agents available throughout Polk County:

## ALTOONA

### **ARCHERY FIELD & SPORTS**

3725 NE 56th St. | Altoona | (515) 265-6500

### **BASS PRO SHOPS OUTDOOR WORLD**

1000 Bass Pro Dr. NW | Altoona | (515) 957-5500

### **HYVEE INC. #1001**

108 8th St. NW | Altoona | (515) 967-7676

### **WALMART #2764**

3501 8th St. SW | Altoona | (515) 976-1711

## ANKENY

### **HYVEE INC. #1022**

410 N Ankeny Blvd. | Ankeny | (515) 964-0450

### **SPORTSMAN'S WAREHOUSE #120**

921 SE Oralabor Rd. | Ankeny | (515) 963-3500

### **WALMART #0892**

1002 SE National Dr. | Ankeny | (515) 963-1111

## CLIVE

### **DAHLS/HICKMAN**

8700 Hickman Rd. | Clive | (515) 276-4955

## CLIVE, CONTD.

### **DAHLS/W HICKMAN**

15500 Hickman Rd. | Clive | (515) 987-0366

### **KMART #3447**

10331 University Ave. | Clive | (515) 222-0868

## DES MOINES

### **2ND AVE. BAIT HOUSE**

133 Franklin Rd. | Des Moines | (515) 282-4217

### **DAHLS/BEAVER**

1819 Beaver Ave. | Des Moines | (515) 255-3151

### **BIG CREEK MARINA**

6110 SE 6th Ave. | Des Moines | (515) 263-8467

### **DAHLS/E 33RD**

3400 E 33rd St. | Des Moines | (515) 262-7942

### **DAHLS/E EUCLID**

1320 E Euclid Ave. | Des Moines | (515) 265-4257

### **DAHLS/FLEUR**

4121 Fleur Dr. | Des Moines | (515) 285-5927

# DNR License Centers

## DES MOINES, CONTD.

### **DAHLS/INGERSOLL**

3425 Ingersoll Ave. | Des Moines | (515) 255-3118

### **DAHLS/MERLE HAY**

4343 Merle Hay Rd. | Des Moines | (515) 278-1657

### **DAHLS/N ANKENY**

1802 N Ankeny Blvd. | Des Moines | (515) 289-0908

### **DNR RECEPTION #2**

502 E 9th St. | Des Moines | (515) 281-7656

### **DNR RECEPTION #1**

502 E 9th St. | Des Moines | (515) 281-5876

### **HYVEE INC. #1138**

2540 E Euclid Ave. | Des Moines | (515) 262-0640

### **HYVEE INC. #1142**

3221 SE 14th St. | Des Moines | (515) 243-7271

### **HYVEE INC. #1148**

4707 Fleur Dr. | Des Moines | (515) 285-7266

### **HYVEE INC. #1151**

1113 SE Army Post Rd. | Des Moines | (515) 953-0946

### **KMART #4160**

2535 Hubbell Ave. | Des Moines | (515) 262-5628

### **KMART #4156**

7501 Hickman Rd. | Des Moines | (515) 276-6712

### **WALMART #1723**

5101 SE 14h St. | Des Moines | (515) 287-7700

## EARLHAM

### **STONEHAVEN SPORTING SHOOT CLUB**

1005 Kiowa Ave. | Earlham | (515) 202-5668

## GRIMES

### **GRIMES TRUE VALUE**

204 1st St. | Grimes | (515) 986-0031

### **WALMART #5748**

2150 E 1st St. | Grimes | (515) 986-1783

## JOHNSTON

### **DAHLS/JOHNSTON**

5440 NW 86th St. | Johnston | (515) 278-0300

### **HYVEE INC. #1318**

5750 Merle Hay Rd. | Johnston | (515) 270-9045

### **JOHNSTON BAIT & TACKLE**

6148 Merle Hay Rd. | Johnston | (515) 254-1976

## PLEASANT HILL

### **HYVEE INC. #1530**

4815 Maple Dr. | Pleasant Hill | (515) 262-7956

## POLK CITY

### **POLK CITY BAIT & TACKLE**

301 Walnut St. | Polk City | (515) 984-6711

## URBANDALE

### **HYVEE INC. #1759**

8601 Douglas Ave. | Urbandale | (515) 270-2572

## WEST DES MOINES

### **DAHLS/EP TRUE VALUE**

5003 EP True Pkwy. | West Des Moines | (515) 224-0111

### **DAHLS/PROSPECT**

1208 Prospect Ave. | West Des Moines | (515) 223-4626

### **SPORTS AUTHORITY**

4100 University Ave. | West Des Moines | (515) 226-9700

# Iowa Hunting & Trapping Seasons

You can purchase hunting and fishing licenses, cross-country ski passes and snowmobile trail stickers through the Electronic License System.

Online: [www.iowadnr.gov](http://www.iowadnr.gov), by phone: (515) 281-5918

or visit one of the ELS agents available throughout Polk County:

## **SMALL GAME & UPLAND HUNTING SEASONS**

**ROOSTER PHEASANT**  
(Youth) 10/22/11 - 10/23/11  
10/29/11 - 01/10/12

**BOBWHITE QUAIL**  
10/29/11 - 01/31/12

**GRAY PARTRIDGE**  
10/08/11 - 01/31/12

**RUFFED GROUSE**  
10/01/11 - 01/31/12

**MOURNING DOVE\***  
09/01/11 - 11/09/11

**COTTONTAIL RABBIT**  
09/03/11 - 02/28/12

**JACK RABBIT**  
Closed

**FOX & GRAY SQUIRREL**  
09/03/11 - 01/31/12

**GROUNDHOG**  
Continuous Open Season

**CROW**  
10/15/11 - 11/30/11; 01/14/12 - 03/31/12

**PIGEON**  
10/01/11 - 03/31/12

## **FURBEARER HUNTING SEASONS**

**COYOTE**  
Continuous Open Season

**RACCOON, OPOSSUM, RED & GRAY FOX**  
11/05/11 - 01/31/12

**BOBCAT\***  
11/05/11 - TBD

**DEER HUNTING SEASONS**  
(Youth) 09/17/11 - 10/02/11  
(Disabled Hunter) 09/17/11 - 10/02/11  
(Archery) 10/01/11 - 12/02/11; 12/19/11 - 01/10/12  
(Early Muzzleloader) 10/15/11 - 10/23/11  
(Late Muzzleloader) 12/19/11 - 01/10/12  
(Shotgun) 12/03/11 - 12/07/11; 12/10/11 - 12/18/11  
(November Antlerless) 11/25/11 - 11/27/11  
(Nonresident Holiday) 12/24/11 - 01/02/12

**TRAPPING SEASONS**  
**RACCOON, MUSKRAT, RED & GRAY FOX, COYOTE, BADGER, MINK, WEASEL, OPOSSUM, STRIPED SKUNK**  
11/05/11 - 01/31/12

**BEAVER**  
11/05/11 - 04/15/12

**OTTER & BOBCAT\***  
11/05/11 - TBD

**CIVET CAT & GRAY WOLF**  
Closed

\*See specific hunting regulations for these species.



# Iowa Hunting & Fishing License Fees

## **HUNTING:**

Resident Hunting .....	\$19.00
Lifetime Hunting .....	\$52.50
Nonresident Hunting (18+) .....	\$112.00
Nonresident Hunting (<18) .....	\$32.00
Resident Fur Harvest (16+) .....	\$22.50
Resident Fur Harvest (<16) .....	\$7.50
Nonresident Fur Harvest .....	\$202.00
Resident Migratory Bird Fee .....	\$10.00
Resident Habitat Fee .....	\$13.00
Nonresident Migratory Bird Fee .....	\$10.00
NR Falconry .....	\$28.00
Veteran Lifetime Hunting & Fishing .....	\$7.00
Crossbow Use Permit .....	\$2.00
Nonambulatory Permit .....	\$2.00

## **FISHING:**

Resident Fishing .....	\$19.00
Lifetime Fishing .....	\$52.50
Nonresident Fishing .....	\$41.00
Resident 1-Day Fishing .....	\$9.50
Nonresident 1-Day Fishing .....	\$10.50
Resident 7-Day Fishing .....	\$13.50
Nonresident 7-Day Fishing .....	\$32.00
Resident Trout Fishing .....	\$12.50
Nonresident Trout Fishing .....	\$15.00

## **RECREATIONAL VEHICLE REGISTRATIONS:**

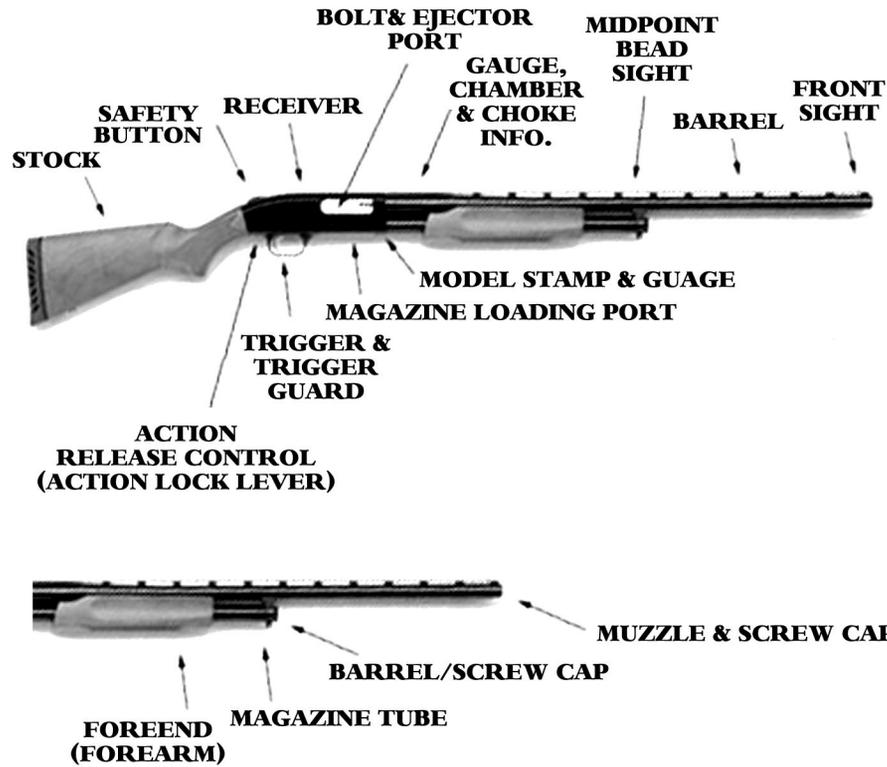
ATV Renewal .....	\$16.50
ATV Renewal (With Penalty) .....	\$22.50
Nonresident ATV User Permit .....	\$17.50
Snowmobile Renewal .....	\$16.50
Snowmobile Renewal (With Penalty) .....	\$22.50
Nonresident Snowmobile Renewal .....	\$17.50

## **MISC. LICENSES:**

Resident Fur Dealer .....	\$227.50
Nonresident Fur Dealer .....	\$503.00
Resident Aquaculture Unit .....	\$27.50
Nonresident Aquaculture Unit .....	\$58.00
Resident Boundary Water Trotline .....	\$22.50
Nonresident Boundary Water Trotline .....	\$42.50
Retail Bait Dealer .....	\$32.50
Resident Ginseng Harvest .....	\$67.00
Nonresident Ginseng Harvest .....	\$67.00
Ginseng Grower .....	\$2.00

\*Any resident born after January 1, 1972 must have completed an approved hunter education program in Iowa or another state in order to purchase a hunting license. If hunter education certification is not on customer record, proof of hunter education will have to be displayed when purchasing a license at a local vendor, or to complete the order, call: 1 (800) 367-1188.

# Hunting Safety



**All hunters should consider taking an advanced hunter education class to learn the latest hunting techniques along with tips on coming home alive.**

**Here are five suggestions for a safe and successful hunting experience:**

1. Get a detailed map of the area you are hunting, review it before you leave, and carry it with you in the field.
2. Carry a compass and know how to use it. Decide ahead of time the direction to head for if you get lost or disoriented.
3. Weather can change quickly in Minnesota, so hunters should carry a simple survival kit and be prepared for an unexpected overnight stay in the field. The survival kit should contain a rope, a knife, water, waterproof matches, an emergency shelter, and first aid supplies.
4. If you are on the water, make sure to wear a personal flotation device (life preserver).
5. Know your hunting partners' physical and emotional limitations, as well as your own, and don't push your partners or yourself beyond those limits.



# Boating Safety

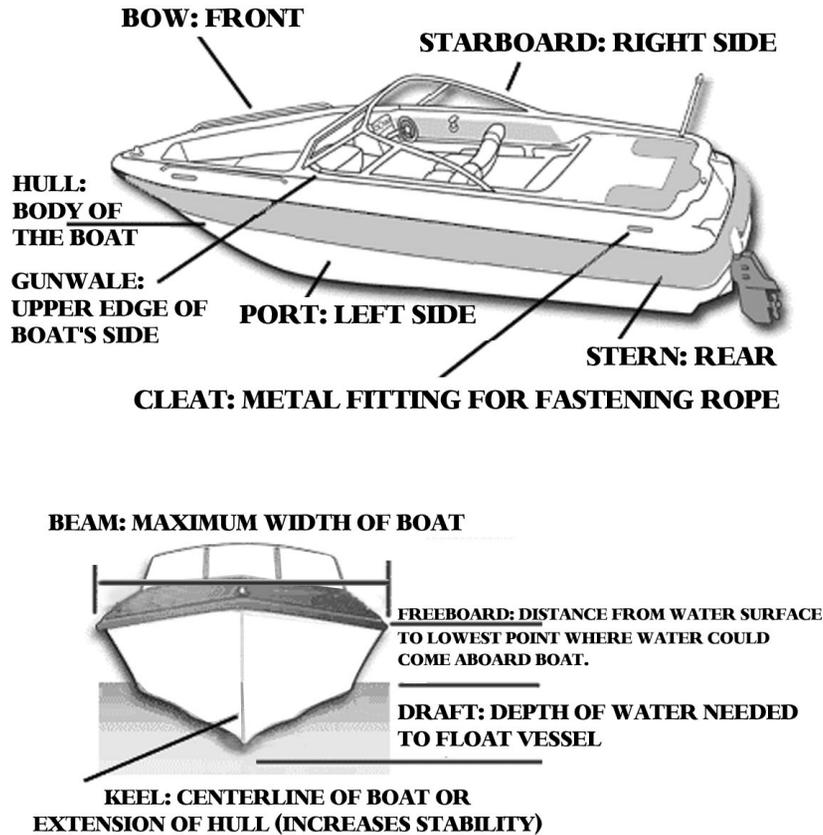
## Operating Watercraft

**Follow these guidelines to help prevent and prepare for capsizing, swamping, or someone falling overboard.**

- Make sure that you and your passengers are wearing life jackets while the boat is moving.
- Attach the ignition safety lanyard to your wrist, clothes, or life jacket.
- Don't allow anyone to sit on the gunwale, bow, seat backs, motor cover, or areas not designed for seating. Also, don't let anyone sit on pedestal seats when craft is not in idle.
- Don't overload your boat. Balance the load of passengers and gear stored on-board.
- Keep your center of gravity low by not allowing people to stand up or move around while craft is in motion.
- In small boats, don't allow anyone to lean beyond the gunwale.
- Turn boat at slow rates of speed.
- Secure the anchor line to the bow, never to the stern.
- Don't risk operating water craft in rough conditions or bad weather.

# Boating Safety

## Know Your Craft



## Who May Operate a Motorboat (Other Than a Personal Watercraft)

### For engines 25 horsepower or less:

Those under age 12 may operate without restrictions.

### For engines over 25 horsepower through 75 horsepower:

Those under age 12 must have someone 21 years of age or older on board within reach of the controls.

### For engines over 75 horsepower:

No children under age 12 may operate, even with an adult on board.

### Other restrictions apply to boat operators 12 to 17 years old:

Operators from 12 to 17 years of age may operate engines of 25 horsepower or lower with no restrictions.

### For engines over 25 horsepower:

Operators 12 to 17 years of age must have:

A watercraft operator's permit, or someone age 21 years or older on board within reach of the controls.

# Boating Safety

## Flotation Devices



### Offshore Life Jackets - Type 1:

For rough or remote waters where rescue may take awhile. Provide the most buoyancy, excellent for flotation, turns most unconscious persons face up in the water.



### Near-Shore Vests - Type 2:

Good for calm waters when quick assistance or rescue is likely. Turns some unconscious wearers face up in the water, but not as efficiently as offshore life jackets.



### Flotation Aids - Type 3:

Vests or full-sleeved jackets good for calm waters when quick assistance is likely. Not for rough waters. They will not turn most unconscious persons face up. Used for sports, such as water-skiing. Some inflate in water.



### Unwearable / Throwable Devices - Type 4:

Cushions and ring buoys designed to be thrown to someone in trouble. Type 4 is not designed to be worn. Not for rough waters - not for anyone unable to hold on to it.



### Special Use - Type 5:

Vests, hybrids/others designed for specific activities, for example windsurfing, kayaking, water-skiing. Some Type 5 devices inflate when entering the water. To be acceptable, Type 5 must be used in compliance with their label instructions.

**All watercraft must have at least one** Coast Guard Approved Type 1, 2, 3 or 5 flotation device that is the proper size for each person on board or being towed.

**All devices must** be in good condition and easily accessible.

**Children under age 10 must wear a device** when on board a boat that is underway unless: in an enclosed cabin or below deck or on an anchored boat that is being used for swimming or diving or passenger craft with a licensed captain.

**Along with the above** at least one approved Type 4 must be on board boats 16 ft. or longer (except canoes and kayaks) and immediately available.

**A Coast Guard approved Type 5 device may be substituted** for any other Coast Guard approved device if it meets the same requirements and is noted on the label.

**Anyone riding a jet ski or other Personal Water Craft** must wear an approved -non inflating flotation device, as well as anyone being towed by a water craft.

# Improving Lakes, Rivers & Streams

- Use phosphorus-free fertilizers to help control algae growth. Phosphorus helps to feed algae. Excessive algae makes swimming and fishing unpleasant, and stresses fish and wildlife.
- Bag your lawn clippings or use them for compost. Grass and leaves also contain phosphorus which promote algae growth. Trimmings that end up in streets end up polluting lakes and streams.
- Utilize rain barrels for gardening to help reduce runoff, as runoff transports pollutants to lakes and streams.
- Pick up after your pets, as their waste causes algae growth and has bacteria.
- Use alternative methods for controlling pests and weeds, or limit your chemical use to the minimum amount required.
- Maintain your lawn by seeding bare patches, aerating and allowing your grass to grow between 2½-3 inches to prevent soil erosion and promote strong roots.
- Swap your lawn for native plants, as native plants have deeper roots which prevent soil erosion.
- Be aware of what you put down drains and toilets. Oils, paints and hazardous chemicals should never be flushed. Hazardous waste should be disposed of in the proper manner.
- Utilize environmentally friendly household products, such as dish washing soap and laundry detergent.
- Conserve water by turning it off when not needed, as it reduces the amount of water that needs to be treated for consumption.
- Utilize porous pavers for walkways and driveways to lower the amount of water runoff.
- For more information on improving lakes, rivers and streams, call the MNDNR at (888) 665-4236.

# ATV Safety

- Read the owner's manual and know your vehicle thoroughly.
- Check your vehicle before you ride.
- Wear protective equipment and clothing.
- Don't lend your vehicle to unskilled riders.
- Supervise young or inexperienced riders.
- Never carry a passenger on vehicles meant for one rider.
- Do not operate under the influence of drugs or alcohol.
- Drive at speeds that are appropriate to trail conditions.
- Stay to the right on trails.
- Stay away from thin ice, open water and wetlands
- Know the weather forecast.
- Make sure headlights and taillights work properly.
- Maintain safe distances between other riders.
- Reduce your speed when riding at night.
- Yield to other motor vehicles and trail users.
- Young or beginning riders are encouraged to take a safety training course.

## THE BEST PLATE IS THE ONE AT HOME PLATE DINER!

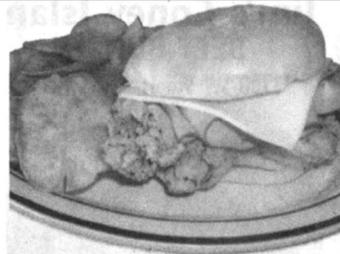
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Steak • Pork Chops • Meatloaf • Seafood • Chicken and more!

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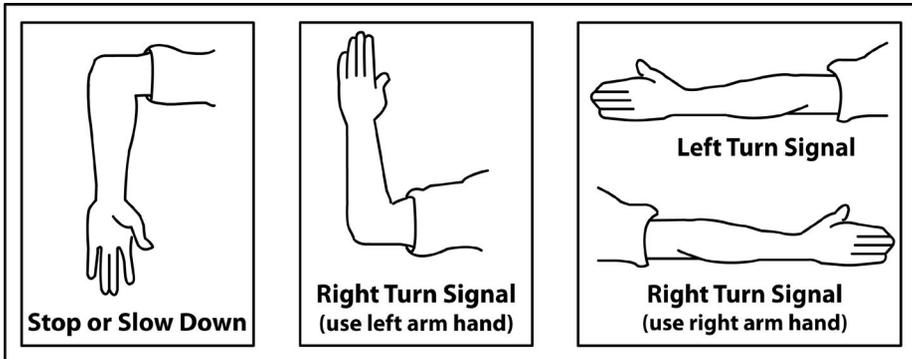
## HOME PLATE DINER

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515.262.7000 • Monday-Saturday 6am-8pm and Sunday 8am-2pm

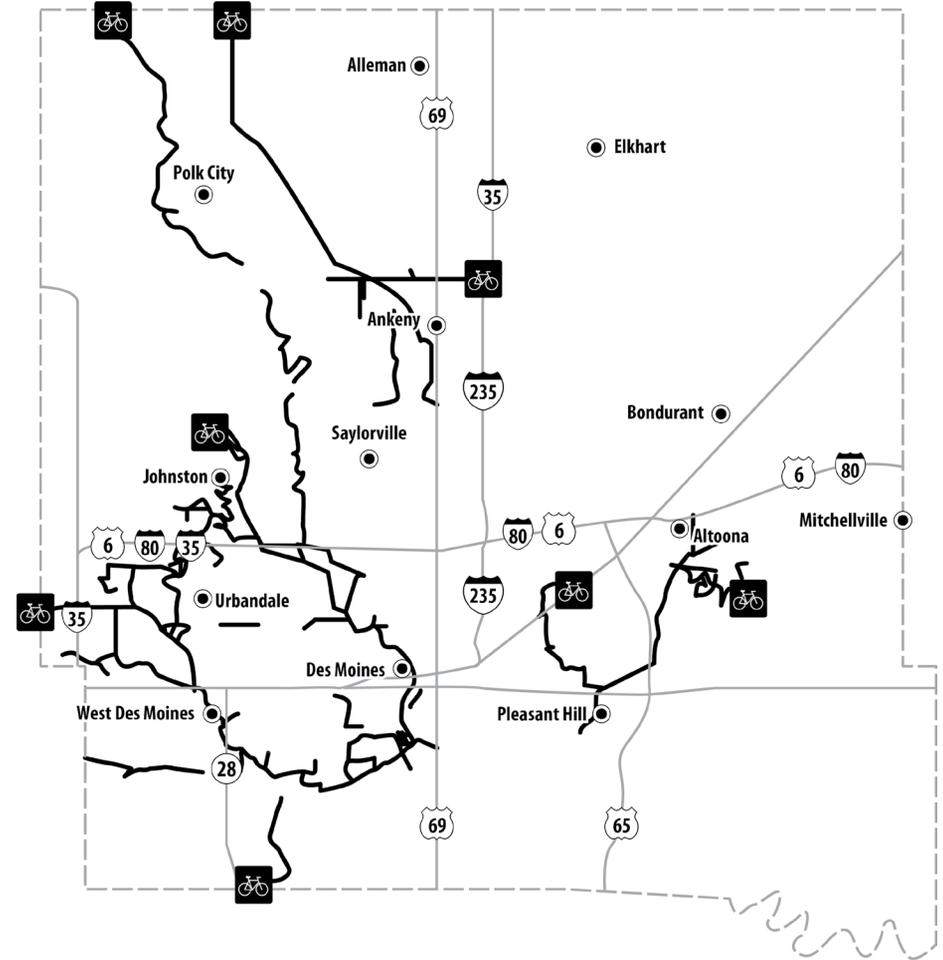


# Bicycle Safety

- Always wear a properly fitting bike helmet as most serious injuries are to the head.
- Be sure your handlebars, seat and wheels fit snugly.
- Keep your bike in good shape by checking and oiling your chain, making sure your brakes work properly and maintaining your tire pressure.
- Always ride with both hands on the handlebars except when doing turn signals.
- When leaving a driveway, curb or alleyway always stop and check for traffic in both directions.
- Cross only at intersections.
- Use the crosswalk to walk your bike across busy intersections and follow the traffic signals.
- Never ride against traffic. Travel in the same direction as the cars.
- Whenever you can, use bike routes and avoid busy streets.
- Don't ride near parked cars as doors can open and cause accidents.
- Obey all traffic signs and traffic lights.
- When biking with friends, ride in a single file.
- Always pass other bikers or pedestrians on the left and say "On your left!" to make your presence known.
- Always use bicycle hand signals to alert traffic of your changing direction.



# Polk County Bicycle Trails




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# Snowmobile Safety

- Do not consume alcohol or take drugs prior to or during your snowmobile trip. Doing so increases your chances of injury or death.
- Slow down and don't cut to the inside of the trail corners. It's dangerous and illegal.
- If you snowmobile at night, don't override your lights.
- Always use the buddy system. Never ride off alone.
- Drowning is one of the causes of many snowmobile fatalities. Whenever possible, avoid the ice.
- Wear sensible, protective clothing designed for operating a snowmobile.
- Use a full size helmet, goggles, or visor to prevent injuries from twigs, stones, ice chips and other debris.
- Avoid wearing long scarves. They may get caught in moving parts of the snowmobile.
- Know the terrain you are going to ride. If unfamiliar to you, ask someone who has traveled over it before.
- Know the weather forecast, especially the ice and snow conditions.
- Be sure your snowmobile is in top-notch mechanical condition throughout the months of use.
- Familiarize yourself with the snowmobile you are driving. Thoroughly read the manual that accompanies the snowmobile.
- Do not pursue domestic or wild animals. That is not the conduct of a sportsman. Report such violations to the nearest law enforcement officer.

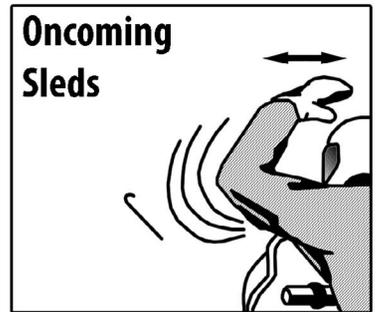
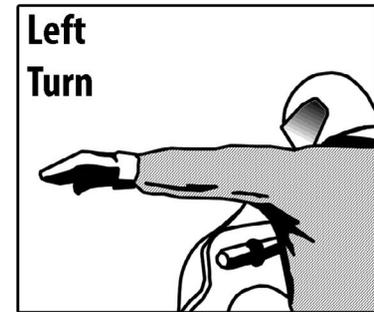
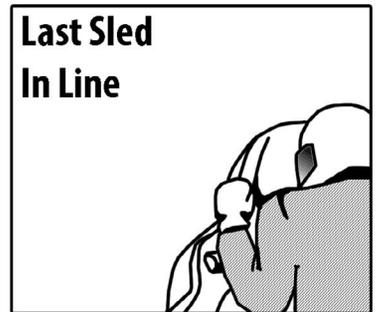
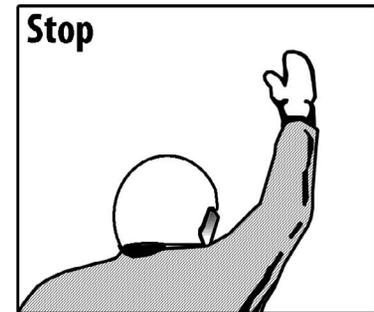
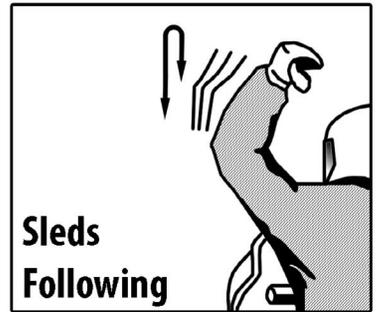
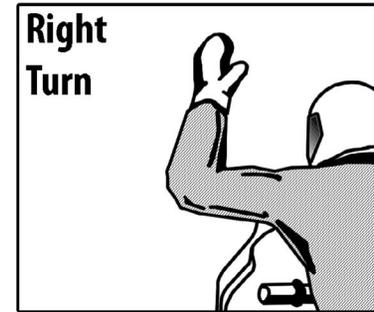
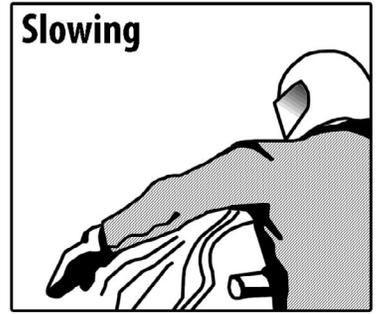
## Common Trail Signs



# Snowmobile Safety

Communication is an essential part of safe riding. Hand signals are a practical way to communicate between other riders and traffic.

Be sure to give easy to see and clear hand signals when snowmobiling. Hand signals should never be subtle, but always deliberate.



# Emergency Planning

## ESCAPE ROUTES

Everyone in your family should know the best ways to exit the house in case of a disaster. Teach your young children how to open sliding doors, windows and other exits. Designate a meeting place where the family can gather after escaping from the house.

## FLASHLIGHTS

The whole family needs to know where to find flashlights. Periodically check the batteries.

## FULLY CHARGED CELL PHONES

All family members should keep their cell phones charged. Make a habit of charging them, while everyone is asleep. Cell phones can be lifesavers in emergencies.

## LIST OF VALUABLES

Keep this document listing your possessions (and if possible, a video of your home interior) in a fireproof safe, or in a safe deposit box at a bank.

## COMMUNITY EMERGENCY PLANS

Familiarize yourself with community evacuation plans and neighborhood escape routes. Post a copy of them in a highly visible place in your home.



## THUNDERSTORM/TORNADO

- Remove dead branches from trees beforehand to avoid injury or damage.
- After seeing lightning, if you hear thunder in less than 30 seconds, it is recommended that you stay inside for 30 minutes after the thunder has ceased.
- The inside of a car is safer than the outside, as a lightning strike will simply pass through the car as long as you aren't in contact with any metal.
- Unplug all major appliances, as a power surge can cause serious damage.
- Avoid all tall structures and elevated areas as well as large amounts of metal.



## FIRES

- Make sure that every level of your house has a smoke detector, and be sure to test them once a month. Have the family plan an emergency exit route.
- Always keep track of any stoves or high-temperature/high-voltage appliances that are running. Be sure to never leave any cooking unattended.
- Keep lighters and matches away from children.
- If a burn occurs, soak the skin in cool water. If the skin blisters, seek medical assistance.

# ⊕ Emergency First-Aid Tips ⊕

## FIRST AID FOR CPR & HEART ATTACK

### CPR

CPR is to be administered when a person is not breathing or has no pulse. Be quick to act by remembering the A,B,C's: Airway, Breathing & Circulation.

#### Airway:

Place the person on a firm surface, on their back. Kneel next to the person's neck and shoulders. Open the person's airway by tilting back the head and lifting the chin.

#### Breathing:

With the head tilted and chin lifted, pinch the nostrils shut and cover the person's mouth with yours. Give two slow breaths.

#### Circulation:

Find the hand position on the center of the breastbone. Place the heel of your hand on that position, with your other hand on top of the first hand. Use your upper body weight to push down. Give two compressions per second. Compress the chest at a rate equal to 100/minute. Perform 30 compressions at this rate. Repeat until an ambulance arrives.

### HEART ATTACK

Symptoms of a heart attack may include any of the following:

- Uncomfortable pressure, fullness or squeezing pain in the center of the chest.
- Expanded pain in the upper abdomen.
- Shortness of breath.
- Pain or numbness in either arms, shoulders, neck, jaw or teeth.
- Dizziness or fainting.
- Nausea and sweating.

**If you or someone else may be having a heart attack - follow these steps immediately:**

- **DIAL 911**
- **Chew and swallow Aspirin (unless you are allergic/not allowed to)**
- **Take Nitroglycerin (only if prescribed)**
- **Begin CPR if the person is unconscious**

**IN AN EMERGENCY, DIAL 911**

# ⊕ *Emergency First-Aid Tips* ⊕

## *FIRST AID FOR BURNS & CHOKING*

### **BURNS**

**For minor 1st and 2nd degree burns smaller than 3" in diameter:** Cool the Burn. Run cool water over the burned area for 5 minutes, or until the pain diminishes. Never put ice on a burn!

#### **Bandage the burn with sterile gauze:**

It is important to use loosely wrapped gauze. This will avoid pressure and the bandage protects blisters. NEVER put lotions, vaseline, ointments or butter on burn. Do not break any blisters, which can cause infection.

#### **Take Aspirin, Ibuprofen, Naproxen or Acetaminophen to relieve pain:**

Minor burns usually heal with these basic treatments. Be aware for signs of infection which may include: increased pain, redness, fever, swelling or oozing. If symptoms develop, seek medical help. Avoid tanning the burned area for at least a year. Protect the area with sunscreen outdoors. Avoid giving aspirin to children.

***For 3rd degree burns/all major burns - DIAL 911***

***DO NOT run cold water over large severe burns - this can cause shock.***

***DO NOT remove burnt clothing.***

***Check for signs of breathing/coughing/movement.***

***If there are no signs of breathing begin CPR.***

***Elevate burned areas above heart level, if possible.***

***Cover the burn(s) with cool, sterile, moist bandages, towels or cloth.***

### **CHOKING**

Most people clutch at their throats when choking, an obvious symbol for help. However, if a person isn't giving that signal, be alert for these indications. Inability to talk, difficulty breathing or noisy breathing, inability to cough forcefully, skin/lips/nails turning blue, loss of consciousness.

The Red Cross recommends a "five-and-five" method for first aid: First give five blows between the person's shoulders with the heel of your hand. Second, perform the Heimlich maneuver (abdominal thrusts) five times. Alternate between five back blows and five abdominal thrusts until the blockage is dislodged.

***IN AN EMERGENCY, DIAL 911***

# ⊕ *Emergency First-Aid Tips* ⊕

## *FIRST AID FOR INSECT BITES/ANAPHYLAXIS & POISON SAFETY*

### **INSECT BITES/ANAPHYLAXIS**

**Anaphylaxis is a severe allergic reaction from insect bites (latex, food and drug allergies can also cause Anaphylaxis). Typical symptoms include hives, the swelling of lips or eyes, swollen throat, drop in blood pressure, light headedness, confusion, nausea or diarrhea. If someone is having an allergic reaction from an insect bite with these symptoms:**

#### **CALL 911.**

**Administer emergency prescription medication.** See if the person is carrying special emergency allergy medicine and give it to them according to the directions.

#### **Loosen tight clothing.**

**Lay the person down.** The person should lay down on their back with feet elevated. Turn them on their side if they are vomiting or bleeding from their mouth to prevent them from choking.

**If they are not breathing - administer CPR.** Most insect bite reactions are mild and cause no allergic reaction. If stung by a bee, use a straight edged object, like a credit card, to scrape away the stinger. Don't use tweezers - they can pinch more venom out of the stinger. Apply an ice pack to the area and take an over the counter pain reliever.

### **POISON PREVENTION**

**Teach your children about poison and how it can look like a food or drink. They should always ask an adult before eating or drinking anything. Have them learn the poison control phone number: 1-800-222-1222 and keep it programmed or posted near all your phones. Here are some prevention tips.**

**Lock up your poisons and medications.** Keep them out of the reach of children, lock them up if possible. Make sure your children understand that medicine is not candy.

**Follow directions carefully.** Read your labels. Be sure to use and store all poisons and medications properly according to recommendations.

**Keep your pets safe from household chemicals, too.** Don't allow pets near areas that have just been cleaned with chemicals, such as freshly mopped floors or bleached bathtubs and sinks. Clean up any antifreeze/coolant spills. Pets like the flavor but they can die if they ingest it. Store poisonous foods or plants in areas that your pets cannot access. Call your local emergency veterinary hospital if you believe your pet has been poisoned.

***IN AN EMERGENCY, DIAL 911***

# Safety Tips for Parents & For Kids

## PARENTS:

- Teach your kids that an emergency is when you need help from a doctor, a police officer or a firefighter.
- Designate a safe place by your house that a child can go to if they need help right away.
- Have your kids memorize your address and phone numbers. They should also know your full name and where you work.

## KIDS:

### FIRE SAFETY

- If you or someone else is on fire - remember to STOP, DROP and ROLL. Wrap a blanket on the person to help put out the fire.
- If there is a fire, leave the house as fast as you can! Crawl on the floor to avoid smoke and if the door is hot, don't open it - find another way out.
- Learn all the fire exits in your house. Assign a safe place outside for everyone to meet in case of a fire emergency.

### HOME ALONE

- Never tell anyone that you are home alone.
- If someone calls and ask for your mom and dad, tell them "They cannot come to the phone right now, can you please call back later?"
- Do not answer the door, unless it is someone that you know your parents have okay'd them to come over.



**HOURS OF OPERATION**

Mon - Thurs:  
11:00 am - 12:00 am

Fri - Sat:  
11:00 am - 2:00 am

Sun:  
11:00 am - 12:00 am



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# 2012 CALENDAR

## JANUARY

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