

WARD COUNTY, NORTH DAKOTA

FREE Resident Guide

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Shop • Dine • Play • Stay 20202000000 Sale ...and support the community you live in! you live in!

COCAL AREA EVENTS

JANUARY

KMOT TV Ag Expo | Minot

FEBRUARY

American Legion Winter Conference | Minot Soup it Up | Minot

MARCH

KXMC Sports & RV Show | Minot Wild About Wheels | Minot Home & Garden Show | Minot Prairie Quilt Festival | Minot

APRIL

The Big One Arts & Crafts Fair | Minot Trestle Valley Marathon | Minot

MAY

Drag Racing at the Fairgrounds | Minot

JUNE

Roughrider Rodeo Association | Minot

JULY

Festival of the Parks | Minot ND State Fair | Minot MSU's Summer Theatre | Minot

AUGUST

The Great Tomato Festival | Minot

SEPTEMBER

Burlington Carousel Festival
Festival on Main | Minot
Motor Magic | Minot
Sertoma's Third Annual Beer Fest

OCTOBER

Kenmare Goosefest Norsk Høstfest | Minot Y's Men's Indoor Pro Rodeo | Minot Artfest | Minot

NOVEMBER

The Big One Arts & Crafts Fair | Minot

DECEMBER

Renaissance Christmas Feast | Minot



RESIDENTIAL SERVICES

Auditor/Treasurer	(701) 857-3420 or (701) 857-6426
Emergency Management	(701) 857-3561
Extension Service	
HomeFlood Damage Hotline	
Highway Department	
Human Resources	
Kenmare Public Library	
Recorder	
Sheriff	
Social Services	
State's Attorney	
Superintendent of Schools	
Tax Equalization	
Veterans Services	
Ward County Jail	
WardCountyJuvenileDetentionCenter	
Ward County Public Library	
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Everyday Low Liquor Store Prices!

Trivia & Karaoke
Every Monday at 7:00 pm
Karaoke
Every Wednesday
NASCAR & Jam Sessions
Every Sunday
Live Music

Every Friday & Saturday

Black Jack o Pull Tabs

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Ward County History



n 1885 Ward County was established before the admission of North Dakota to the United States in 1889. The county was named after legislature member, Hon. J.P. Ward and Burlington was selected as the county seat until voters moved it to Minot in 1888. By 1900 its population had reached 7,961 and within 10 years its population grew dramatically to over 25,000 which was prompted by railroad expansion. The area has now become a popular destination for recreational enthusiasts as many hunting and fishing opportunities are available. Today Ward County is home to approximately 61,675 residents.

BERTHOLD - pop. 454 **BURLINGTON** – *pop.* 1,060 **CARPIO** – *pop.* 157 **DES LACS** – *pop. 204* DONNYBROOK - pop. 59 DOUGLAS - pop. 64

KENMARE – *pop.* 1,096

MAKOTI – *pop.* 154 MINOT (COUNTY SEAT) — pop. 36,256 **RYDER** – *pop.* 85 **SAWYER** – *pop.* 357 SURREY - pop. 93 *Populations are approximate.

Ward County Communities

BURLINGTON

In 1883 Burlington was established and was the first community founded in Ward County. Mining dominated early industry as lignite coal was discovered throughout the area. By 1884 a post office was established with James Johnson serving as its first postmaster. Burlington was selected as the county seat of Ward County until it was moved to Minot in 1888 and the community has continued to prosper. Today Burlington is home to approximately 1,060 residents.

KENMARE

Kenmare was founded in 1897 as a post office was established. The community was named after Kenmare, Ireland and railroad development allowed for growth. In 1902 a windmill was constructed by a Danish resident which continues to attract visitors annually. The area is also home to the Des Lacs National Wildlife Refuge, a place known for its active bird population. Today Kenmare is home to approximately 1,096 residents.

MINOT (COUNTY SEAT)

Construction of the railroad in 1886 prompted the birth of Minot and the community was recognized as the "Magic City" due to its quick development. Within one year its population had reached 5,000 and continued to grow. The community was named in honor of railroad financier Henry Davis Minot and was incorporated in 1887. In 1888 the county seat was moved from Burlington to Minot, where it remains today. The area has witnessed substantial flooding within its history, however residents have continued to rebuild resiliently, a quality that makes Minot a great place to live and visit. Today Minot is home to approximately 36,256 residents.







Recycle as much as you can. Even simple everyday things, such as plastic bottles and aluminum cans, can make a huge difference.

Switch your incandescent light bulbs to compact fluorescent **ones.** Save money and energy.

Bring your own reusable shopping bags with you to the supermarket or the mall.

RRR Donate your unwanted clothing to a local charity. Eyeglasses, household items, electronics and even vehicles can be accepted.

Recycle your used ink and toner cartridges. Most office supply stores accept used cartridges.

Recycle your used batteries. This prevents poisonous mercury from seeping into our water supplies and soil. Switch to rechargeable ones.

Switch to unbleached toilet paper, paper towels and coffee filters. Avoiding bleached products can help preserve our water supply and soil.

Unplug any unused appliances. Your cellphone charger uses electricity, even when your phone isn't charging - especially if you are not going to be home.

Bring your own lunch. You'll avoid using non-recyclable styrofoam togo containers and unnecessary throw-away packaging.

Start a compost bin in your yard. There are even ones that you can store under your kitchen sink.

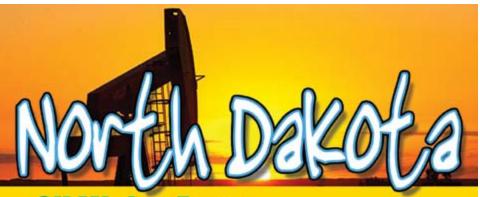
Be crafty. Let old items be an inspiration for a craft project and repurpose old items. Punch holes in tin cans to make candle luminaries or use empty yogurt containers to organize nuts an bolts.

Have a green-cleaning product party. Invite your friends over to make enough vinegar-based homemade cleaners to share.

Run your washer/dryer/dishwasher after 5pm. This is when less electricity is being used, especially in larger cities. In air-conditioned summer months this can help prevent blackouts.



🕰 Reduce – Reuse – Recycle



Oil Mining Facts









North Dakota is the second largest producer of oil in the US

Oil output from North Dakota has more than doubled in the last two years

The Bakken which spans from North Dakota, Montana to part of Canada holds more oil than the Persian Gulf.

North Dakota has more than 4,000 wells producing oil and gas





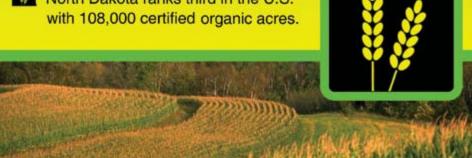


Agricultural Facts

- North Dakota production agriculture generates over \$5 Billion in cash receipts each year.
- Production agriculture is the largest aspect of North Dakota's economy, making up to 25% of the economic base.
- Nearly 25% of North Dakota workers are farmers or employed in farm-related jobs.
- North Dakota has over 30,000 farms and ranches.
- An average North Dakota farm is approximately 1,300 acres.
- Mearly 90% of North Dakota's land area is made up of farms and ranches

Farms provide food and shelter for over 70% of North Dakota wildlife.

North Dakota ranks third in the U.S.



ORNADO SAFETY

Precautions

- · Know where you can take shelter in seconds.
- · Have a place, everyone knows, to go to after
- THE STORM HAS PASSED.
- FLYING DEBRIS IS THE BIGGEST DANGER DURING A TORNADO. YOUR SHELTER SPACE SHOULD HAVE MATTRESSES OR THICK BLANKETS AROUND, TO PROTECT YOURSELVES.

DO NOT OPEN YOUR WINDOWS to try & "Equalize the pressure." This only makes it easier for debris to injure you.
Also, STAY AWAY FROM WINDOWS!

Things to Look and Listen For:

- CONSTANT ROTATION OF THE CLOUDS BASE.
- · FLYING/ROTATING DEBRIS UNDER THE CLOUD.
- TORNADOS DON'T ALWAYS HAVE A VISIBLE FUNNEL.
- Heavy Rain or Hail followed by either by an eerie Calm in the storm or Rapid wind changes
 & shifts.
- LISTEN FOR LOUD, CONTINUOUS RUMBLING WITH NO BREAKS IN IT LIKE THUNDER.

Lightning Distance Tracker

You can figure out how far away the lightning is from you like this...
Count the seconds inbetween the flash of lightning & the crack of thunder.
Divide the number of seconds by 5 & you have your distance in miles.

O SECONDS 5 SECONDS 20 SECONDS 60 SECONDS O MILES 1.08 MILES 4.35 MILES 13.06 MILES

Do 10 Open Your Windows!



WOUNDED WARRIORS GUIDE SERVICE

is a cost free guide service founded by veterans for veterans. We here
at WOUNDED WARRIORS GUIDE SERVICE provide waterfowl hunting and fishing
opportunities for our vets that have been wounded serving our great nation.
At WOUNDED WARRIORS GUIDE SERVICE we are always preparing for the
seasons and decided that we want to share our great experiences with
those who have sacrificed greatly for our country



ARKS & RECREATION

DES LACS NATIONAL WILDLIFE REFUGE

Co. Hwy. 2A | Kenmare | (701) 385-4046

The Des Lacs National Wildlife Refuge is located on over 19,500 acres, serves as a haven for birds and a variety of wildlife and features hiking trails, hunting areas and fishing opportunities.

MAKOTI THRESHERS CAMPGROUND

S Main St. | Makoti | (701) 726-5623

Makoti Threshers Campground features electrical hook-ups, fishing opportunities and is adjacent to the Makoti City Park which features a swimming pool, baseball field, tennis courts and playground equipment.

NELSON CARLSON LAKE PARK

Co. Rd. 22 | Douglas | (701) 838-2810

Nelson Carlson Lake Park is located north of Douglas and features a campground, hiking trails, swimming beach and fishing opportunities.

OLD SETTLERS PARK

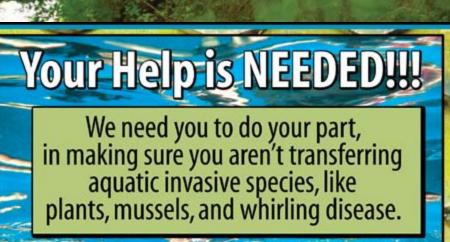
Park Rd. | Burlington | (701) 838-2810

Old Settlers park is open May through October and features a campground with electrical hook-ups, baseball field, volleyball court, horseshoe pits, playground equipment and fishing opportunities. Camping fees are \$12 daily and an additional \$6 for electricity.

RICE LAKE PARK

Co. Rd. 13 | Ryder | (701) 838-2810

Rice Lake Park is located northeast of Ryder and features a swimming beach, hiking trails and fishing opportunities.



INSPECT CLEAN DRY

COMMON FISH



AREA ATTRACTIONS

APPLE GROVE GOLF COURSE

2604 Valley St. | Minot | (701) 852-5460

BERTHOLD GOLF CLUB

1st Ave. SE | Berthold | (701) 453-3140

BLACK BUTTE ADVENTURES

4777 Hwy. 41 N | Velva | (701) 626-2226

DAKOTA TERRITORY AIR MUSEUM

100 NE 34th Ave. | Minot | (701) 852-8500

DANISH MILL

S Central Ave. | Kenmare | (701) 385-4257

DES LACS NATIONAL WILDLIFE REFUGE

Hwy. 52 & Co. Rd. 1 | Kenmare | (701) 328-5355

DOUGLAS CENTENNIAL MUSEUM

Prairie St. S | Douglas | (701) 529-4493

JACK HOEVEN WEE LINKS

900 Forest Rd. | Minot | (701) 857-1570

KENMARE COUNTRY CLUB

US Hwy. 52 | Kenmare | (701) 385-4384

LAKE COUNTY HISTORICAL MUSEUM

US Hwy. 52 | Kenmare | (701) 385-4248

LILLIAN & COLEMAN TAUBE MUSEUM OF ART

2 N Main St. | Minot | (701) 838-4445

LUCY'S AMUSEMENT PARK

5119 Hwy. 83 S | Minot | (701) 839-2320

MAKOTI THRESHERS MUSEUM

Williams St. N | Makoti | (701) 726-5656

MINOT COUNTRY CLUB

2414 NW 73rd St. | Minot | (701) 839-6169

NODAK SPEEDWAY

2005 E Burdick Expy. | Minot | (701) 857-7620

NORTHWEST ART CENTER

500 University Ave. W | Minot | (701) 858-3264

OLD SOO DEPOT TRANSPORTATION MUSEUM

15 N Main St. | Minot | (701) 852-2234

POINTE OF VIEW WINERY

8413 NW 19th Ave. | Burlington | (701) 839-5505

RAILROAD MUSEUM OF MINOT

19 NE 1st St. | Minot | (701) 852-7091

ROOSEVELT PARK POOL

1219 E Burdick Expy. | Minot | (701) 857-4114

ROOSEVELT PARK ZOO

1219 E Burdick Expy. | Minot | (701) 857-4166

RYDER HISTORICAL MUSEUM

20510 SW 184th St. | Ryder | (701) 758-2527

SCANDINAVIAN HERITAGE PARK

1020 S Broadway | Minot | (701) 852-9161

SOURIS VALLEY GOLF COURSE

2400 SW 14th Ave. | Minot | (701) 857-4189

SPLASHDOWN DAKOTA SUPER SLIDE

2400 SW 10th St. | Minot | (701) 837-3100

V & R TOY MUSEUM

517 NE 3rd Ave. | Kenmare | (701) 385-4491

WARD COUNTY HISTORICAL SOCIETY

2005 E Burdick Expy. | Minot | (701) 839-0785

WILDWOOD COUNTRY CLUB GOLF COURSE

8401 Hwy. 15 | Burlington | (701) 725-4653

Farmers Union



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- * Siding & Windows
- * Garages
- * All Types of Flooring & Vinyl
- * Pole Buildings
- * Remodeling
- * New Home Construction



Andersen Windows MARVIN-

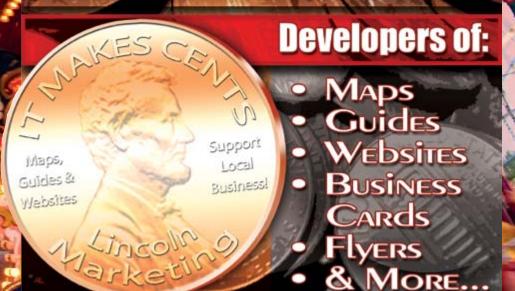
Marvin Windows

Colorside Siding Rug Doctor Rentals

We also carry KAYDEE KayDee
Feeds and Livestock Medicines

Kenmare Location: 1011 N Central Ave 701-385-4201 Stanley Location: 17 1st Ave SW 701-628-2525





UNTING SEASONS

HUNTING SAFETY

For general information on firearm safety training call 1 (888) 646-6367 or (701) 328-6615.

Contact the North Dakota Game and Fish Department for specific zone areas:

Online: www.gf.nd.gov, By Phone: (701) 328-6300.

BIG GAME

BIGHORN SHEEP*

(Archery) 10/18/14 - 11/07/14 10/25/14 - 11/07/14

DEER*

(Archery) 08/30/14 - 01/05/15 (Firearm) 11/08/14 - 11/24/14 (Muzzleloader) 11/29/14 - 12/15/14 (Youth) 09/20/14 - 09/29/14

ELK*

(Archery) 09/06/14 - 09/29/14 10/04/14 - 10/30/14; 11/22/14 - 12/08/14;

PRONGHORN*

No Open Season

MOOSE*

(Archery) 09/06/14 - 09/29/14 10/11/14 - 11/03/14; 11/15/14 - 12/08/14

SKUNK, RABBIT, GOPHER & PORCUPINE

Continuous

FURBEARER

FOX & COYOTE*

(Firearms, Traps, Archery & With Dogs) Open Year-Round (Cable Devices) TBA

MOUNTAIN LION*

(Firearms & Archery) 08/31/13 - 03/31/14 (With Dogs)TBA

UPLAND GAME

CROW*

03/08/14 - 04/20/14; 08/10/14 - 10/20/14

DUCKS, EARLY CANADA GOOSE, SNIPE & WOODCOCK*

TBA

DOVE*

09/01/14 - 10/30/14

PHEASANT*

10/12/14 - 01/05/15

SHARPTAIL, HUN, RUFFED GROUSE &

TREE SQUIRREL*

09/14/14 - 01/05/15

SANDHILL CRANE*

09/14/14 - 11/10/14

SNIPE*

09/14/14 - 12/01/14

YOUTH PHEASANT

10/05/14 - 10/06/14

TURKEY*

10/12/14 - 01/05/15

*Contact the ND GFD for specific zone and season information by calling: 1 (888) 646-6367.

**You can purchase hunting and fishing licenses, crosscountry ski passes and snowmobile trail stickers through the Electronic License System. Online: www.gf.nd.gov or by phone: (701) 328-6335.





Foreend (Forearm)

Magazine Tube

All hunters should consider taking an advanced hunter education class to learn the latest hunting techniques along with tips on coming home alive.

Here are 5 Suggestions for a safe and successful hunting experience:

- **1** Get a detailed map of the area you are hunting, review it before you leave, and carry it with you in the field.
- **L**. Carry a compass and know how to use it. Decide ahead of time the direction to head for if you get **1** lost or disoriented.
- Weather can change quickly, so hunters should carry a simple survival kit and be prepared for an unexpected overnight stay in the field. The survival kit should contain a rope, a knife, water, waterproof matches, an emergency shelter, and first aid supplies
- 4. If you are on the water, make sure to wear a personal
- flotation device (life preserver).
- **J.** Know your hunting partners' physical and emotional limitations, as well as your own, and don't push your partners or yourself beyond those limits.

NR LICENSE CENTERS

You can purchase hunting and fishing licenses, cross-country ski passes and snowmobile trail stickers through the Electronic License System. Online www.dnr.state.nd.us, Toll Free: 1 (888) 646-6367 Or visit one of the ELS agents available throughout the area:

Home of Economy

107 20th Ave SW P0 Box 1768 Minot

(701)852-2537

Kmart 4353

1 20th Ave SE Minot (701)852-4175

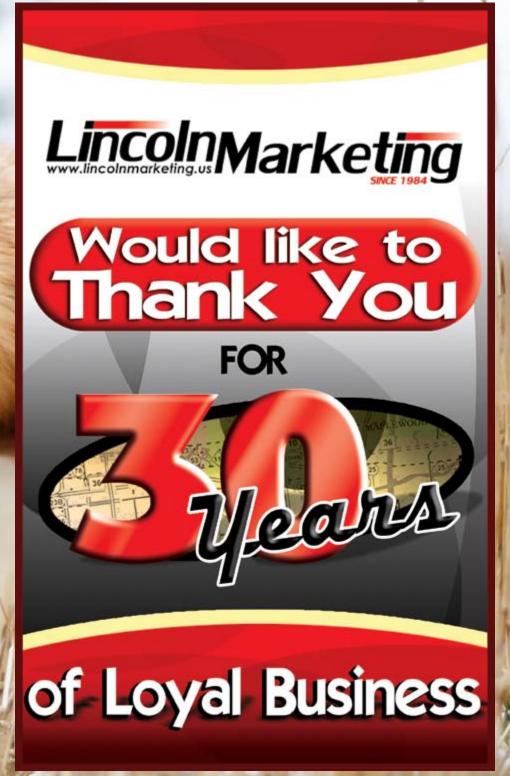
Scheels - Minot Dakota Square

2400 10th ST SW Minot (701)852-1010 Walmart Supercenter #1636

3900 S Broadway Minot (701)838-2176

Ward County Auditor

315 SE 3 Street PO Box 5005 Minot (701)857-6420



ICE SAFETY GUIDELINES:

OR LESS
IS UNSAFE TO WALK ON.
STAY AWAY
FROM THIN ICE!

ICE THAT IS 4"
OR MORE
IS OKAY TO WALK ON

OR MORE
IS OKAY TO DRIVE
SNOWMOBILES
OR ATV'S ON

OR MORE
IS OKAY TO DRIVE
MEDIUM SIZED
TRUCKS ON

(2")

THIN ICE!



60 120

ICE THAT IS 12"

OR MORE

IS OKAY TO DRIVE

SMALL CARS ON

15"

THERE IS NO SUCH THING AS 100% SAFE ICE!!!

Did you know?

- Ice always forms unevenly. It can be 2 feet thick in one spot, and just a few inches thick a couple feet away.
- The most dangerous ice is formed over flowing water. It's especially dangerous near streams, culverts and bridges. Also, the faster the water is running, usually means the weaker the ice will be.
- Snow insulates the ice and slows the freezing process. The added weight
 of the snow reduces the strength of the ice. Also, ice that is closer to shore
 is usually weaker than ice farther out.
- Cracking and rumbling ice isn't always bad. The ice expands and contracts as the temperature rises and falls.
- Fish and birds/wildlife can also effect the ice. Schools of fish can bring warm water from the bottom of lakes, and open holes in seemingly thick ice.
- ALWAYS BE CAUTIOUS WHEN YOU ARE ON ICE!

HUNTING/FISHING FEES

Certain species licenses are issues by lottery and require additional application procedures. Contact the North Dakota Game and Fish Department for license availability and eligibility.

Online: www.qf.nd.qov, By Phone: (701) 328-6300.

RESIDENT

FISHING, HUNTING, FURBEARER CERTIFICATE

(Prerequisite for All Hunting/Fishing Licenses) \$1.00

GENERAL GAME & HABITAT LICENSE

(Prerequisite for Hunting Licenses) \$13.00

COMBINATION FISHING/HUNTING

(General Ages 16+) \$32.00

SMALL GAME LICENSE

(General Ages 16+) \$6.00

SANDHILL CRANE PERMIT*

\$5.00

DEER

(Gun 1st Lottery) \$20.00 (Bow) \$20.00 (Youth Gun/Bow) (Ages 16 & Under) \$10.00

PRONGHORN

(Gun 1st Lottery) \$20.00 (Bow) \$20.00 (Youth Gun/Bow Ages 16 & Under) \$10.00

FURBEARER

(Trapping/Hunting Ages 16+) \$7.00

WILD TURKEY*

(Spring/Fall 1st Lottery) \$8.00

FISHING

(General Ages 16+) \$10.00 (Husband/Wife) \$14.00 (Senior Citizen 65+ & Permanently Disabled) \$3.00 (Paddlefish) \$3.00

NON-RESIDENT

FISHING, HUNTING, FURBEARER CERTIFICATE

(Prerequisite for All Hunting/Fishing Licenses) \$2.00

GENERAL GAME & HABITAT LICENSE

(Prerequisite for Hunting Licenses) \$13.00

SMALL GAME LICENSE

(General) \$85.00

WATERFOWL

(State-Wide) \$125.00 (Zone-Restricted) \$85.00

NON-GAME

(General) \$15.00 (Furbearer & Non-Game) \$25.00

SANDHILL CRANE PERMIT*

\$5.00

DEER

(Gun 1st Lottery) \$220.00 (Bow) \$200.00

PRONGHORN

(Bow) \$200.00

WILD TURKEY*

(Spring/Fall 1st Lottery) \$80.00

FISHING

(General Ages 16+) \$35.00 (Husband/Wife) \$45.00 (3 Day) \$15.00 (10 Day) \$25.00

*Requires small game license in addition to permit.

Operating Watercraft

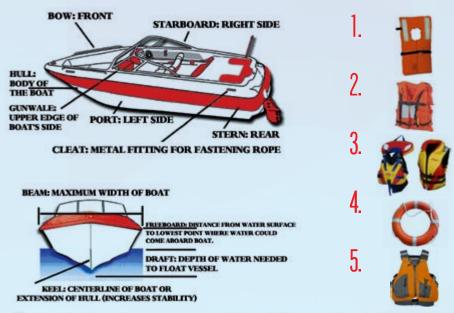
FOLLOW THESE GUIDELINES TO HELP PREVENT AND PREPARE FOR CAPSIZING, SWAMPING, OR SOMEONE FALLING OVERBOARD.

• Make sure that you and your passengers are wearing lifeJackets while the boat is moving. • Attach the ignition safety
Lanyard to your wrist, clothes, or life Jacket. • Don't allow
anyone to sit on the gun wale, bow, seat backs, motor cover,
or areas not designed for seating. Also, don't let anyone sit
on pedestal seats when craft is not in idle. • Don't overload
your boat. Balance the load of passengers and gear stored
on-board. • Keep your center of gravity low by not allowing
people to stand up or move around while craft is in motion.
• In small boats, don't allow anyone to lean beyond the gunwale. • Turn boat at slow rates of speed. • Secure the anchor
line to the bow, never to the stern. • Don't risk operating
water craft in rough conditions or bad weather.

Who May Operate a Motorboat

(OTHER THAN A PERSONAL WATERCRAFT)

- For engines 25 horsepower or less:
- Those under age 12 may operate without restrictions.
- FOR ENGINES OVER 25 HORSEPOWER THROUGH 75 HORSEPOWER:
- Those under age 12 must have someone 21 years of age or older on board within reach of the controls.
- For engines over 75 horsepower:
- No CHILDREN UNDER AGE 12 MAY OPERATE, EVEN WITH AN ADULT ON BOARD.
- OTHER RESTRICTIONS APPLY TO BOAT OPERATORS 12 TO 17 YEARS OLD:
- OPERATORS FROM 12 TO 17 YEARS OF AGE MAY OPERATE ENGINES OF 25 HORSEPOWER OR LOWER WITH NO RESTRICTIONS.
- FOR ENGINES OVER 25 HORSEPOWER:
- OPERATORS 12 TO 17 YEARS OF AGE MUST HAVE: A WATERCRAFT OPERATOR'S PERMIT, OR SOMEONE AGE 21 YEARS OR OLDER OLD ON BOARD WITHIN REACH OF THE CONTROLS.



All Watercraft Must Have.

• AT LEAST ONE COAST GUARD APPROVED TYPE I, 2, 3 OR 5 FLOTATION DE-VICE THAT IS THE PROPER SIZE FOR EACH PERSON ON BOARD OR BEING TOWED.

ALL DEVICES MUST BE IN GOOD CONDITION AND EASILY ACCESSIBLE.

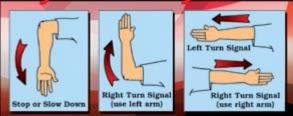
 Children under age IO must wear a device when on board a boat that is underway unless:

IN AN ENCLOSED CABIN OR BELOW DECK OR ON AN ANCHORED BOAT THAT IS BEING USED FOR SWIMMING OR DIVING OR PASSENGER CRAFT WITH A LICENSED CAPTAIN.

- ALONG WITH THE ABOVE AT LEAST ONE APPROVED TYPE 4 MUST BE ON BOARD BOATS IG FT. OR LONGER (EXCEPT CANOES AND KAYAKS) AND IMMEDI-ATELY AVAILABLE.
- A COAST GUARD APPROVED TYPE 5 DEVICE MAY BE SUBSTITUTED FOR ANY OTHER COAST GUARD APPROVED DEVICE IF IT MEETS THE SAME REQUIREMENTS AND IS NOTED ON THE LABEL.
- Anyone riding a jet ski or other Personal Water Craft must wear an approved -non inflating flotation device, as well as anyone being towed by a water craft.

TV SAFETY

Bicycle Hand Signals



Snowmobile Hand Signals

Communication is an essential part of safe riding. Hand signals are a practical way to communicate between other riders and traffic.

Be sure to give easy to see and clear hand signals when snowmobiling. Hand signals should never be subtle, but always deliberate.











Oncoming

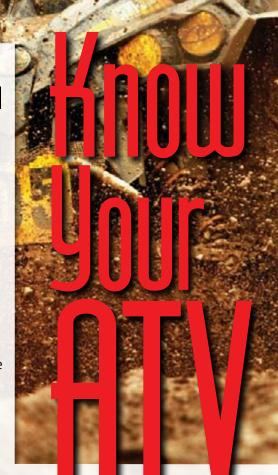




Read the owner's manual

and know your vehicle thoroughly.

- Check your vehicle before you ride.
- Wear protective equipment and clothing. Don't lend your vehicle to unskilled riders. Supervise young or inexperienced riders. Never carry a passenger on vehicles meant for one rider. Do not operate under the influence of drugs or alcohol. Drive at speeds that are appropriate to trail conditions. Stay to the right on trails.
- Stay away from thin ice, open water and wetlands • Know the weather forecast. • Make sure headlights and taillights work properly. • Maintain safe distances between other riders. • Reduce your speed when riding at night. • Yield to other motor vehicles and trail
- Yield to other motor vehicles and trail users.
 Young or beginning riders are encouraged to take a safety training course.



NOWMOBILE SAFETY

PRIVATE PROPERTY
NO TRESPASSING

Please respect private property and no trespassing signs.
Stay on trails.

Exercise extreme caution on all lakes and streams. Obey

all state and local laws and ordinances. Do not operate snowmobiles/ATV's on county roads or state highways.

Drink lots of Water!

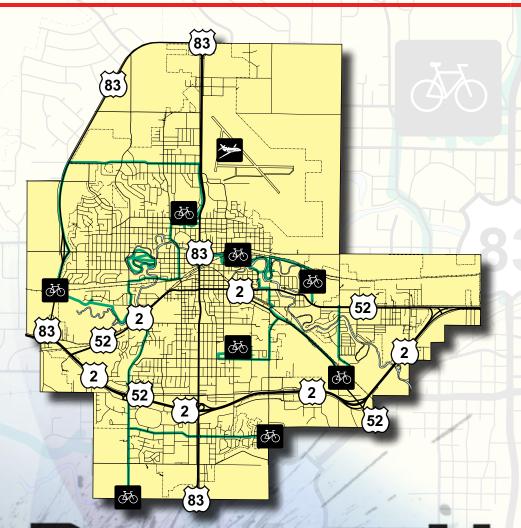
 Always wear a properly fitting bike helmet as most serious injuries are to the head. • Be sure your handlebars, seat and wheels fit snugly. • Keep your bike in good shape by checking and oiling your chain, making sure your brakes work properly and maintaining your tire pressure. • Always ride with both hands on the handlebars except when doing turn signals. • When leaving a driveway, curb or alleyway always stop and check for traffic in both directions. • Cross only at intersections. • Use the crosswalk to walk your bike across busy intersections and follow the traffic signals. • Never ride against traffic. Travel in the same direction as the cars. • Whenever you can, use bike routes and avoid busy streets. • Don't ride near parked cars as doors can open and cause accidents. • Obey all traffic signs and traffic lights. • When biking with friends, ride in a single file. • Always pass other bikers or pedestrians on the left and say "On your left!" to make your presence known. • Always use bicycle hand signals to alert traf-

Cautious of Other

• Do not consume alcohol or take drugs prior to or during your snowmobile trip. Doing so increases your chances of injury or death. Slow down and don't cut to the inside of the trail corners. It's dangerous and illegal. • If you snowmobile at night, don't override your lights. • Always use the buddy system. Never ride off alone. • Drowning is one of the causes of many snowmobile fatalities. Whenever possible, avoid the ice. • Wear sensible, protective clothing designed for operating a snowmobile. • Use a full size helmet, goggles, or visor to prevent injuries from twigs, stones, ice chips and other debris. • Avoid wearing long scarves. They may get caught in moving parts of the snowmobile. • Know the terrain you are going to ride. If unfamiliar to you, ask someone who has traveled over it before. • Know the weather forecast, especially the ice and snow conditions. • Be sure your snowmobile is in top-notch mechanical condition throughout the months of use. • Familiarize yourself with the snowmobile you are driving. Thoroughly read the manual that accompanies the snowmobile. • Do not pursue domestic or wild animals. That is not the conduct of a sportsman. Report such violations to the nearest law enforcement officer.

Showmobiling is fun. Going to the hospital isn't.

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PARENTS:

- Teach your kids that an emergency is when you need help from a doctor, a police officer or a firefighter.
- Designate a safe place by your house that a child can go to if they need help right away.
- Have your kids memorize your address and phone numbers. They should also know your full name and where you work.

KIDS:

FIRE SAFETY

- If you or someone else is on fire remember to STOP, DROP and ROLL. Wrap a blanket on the person to help put out the fire.
- If there is a fire, leave the house as fast as you can! Crawl on the floor to avoid smoke and if the door is hot, don't open it - find another way out.
- Learn all the fire exits in your house. Assign a safe place outside for everyone to meet in case of a fire emergency.

HOME ALONE

- Never tell anyone that you are home alone.
- If someone calls and asks for your mom and dad, tell them "They cannot come to the phone right now, can you please call back later?"
- Do not answer the door, unless it is someone that
 you know your parents have okay'd
 them to come over.



FIRST AID FOR INSECT BITES/ANAPHYLAXIS & POISON SAFETY

INSECT BITES/ANAPHYLAXIS

Anaphylaxis is a severe allergic reaction from insect bites (latex, food and drug allergies can also cause Anaphylaxis). Typical symptoms include hives, the swelling of lips or eyes, swollen throat, drop in blood pressure, light headedness, confusion, nausea or diarrhea. If someone is having an allergic reaction from an insect bite with these symptoms:

POISON PREVENTION

Teach your children about poison and how it can look like a food or drink. They should always ask an adult before eating or drinking anything. Have them learn

the poison control phone number: 1-800-222-1222 and keep it programmed or posted near all your phones. Here are some prevention tips.

Lock up your poisons and medications. Keep them out of the reach of children, lock them up if possible. Make sure your children understand that medicine is not candy.

Follow directions carefully. Read your labels. Be sure to use and store all poisons and medications properly according to recommendations.

Keep

your pets safe from household chemicals, too.

Don't allow pets near areas that have just been cleaned with chemicals, such as freshly mopped floors or bleached bathtubs and sinks. Clean up any antifreeze/coolant spills. Pets like the flavor but they can die if they ingest it. Store poisonous foods or plants in areas that your pets cannot access. Call your local emergency veterinary hospital if you believe your pet has been poisoned.



FIRST AID FOR BURNS & CHOKING

BURNS

For minor 1st and 2nd degree burns smaller than 3" in diameter: Cool the Burn. Run cool water over the burned area for 5 minutes, or until the pain diminishes. Never put ice on a burn!

Bandage the burn with sterile gauze:

It is important to use loosely wrapped gauze. This will avoid pressure and the bandage protects blisters. NEVER put lotions, vaseline, ointments or butter on burn. Do not break any blisters, which can cause infection.

Take Aspirin, Ibuprofen, Naproxe<mark>n or Acetaminop</mark>hen to relieve pain:

Minor burns usually heal with these basic treatments. Be aware for signs of infection which may include: increased pain, redness, fever, swelling or oozing. If symptoms develop, seek medical help. Avoid tanning the burned area for at least a year. Protect the area with sunscreen outdoors. Avoid giving aspirin to children.

For 3rd degree burns/all major burns - DIAL 911 DO NOT run cold water over large severe burns - this can cause shock. DO NOT remove burnt clothing. Check for signs of breathing/coughing/movement.

If there are no signs of breathing begin CPR.

Elevate burned areas above heart level, if possible.

Cover the burn(s) with cool, sterile, moist bandages, towels or cloth.

CHOKING

Most people clutch at their throats when choking, an obvious symbol for help. However, if a person isn't giving that signal, be alert for these indications. Inability to talk, difficulty breathing or noisy breathing, inability to cough forcefully, skin/lips/nails turning blue, loss of consciousness.

The Red Cross recommends a "five-and-five" method for first aid: First give five blows between the person's shoulders with the heel of your hand. Second, perform the Heimlich maneuver

(abdominal thrusts) five times. Alternate between five back blows and five abdominal thrusts until the blockage is dislodged.

IN AN EMERGENCY, DIAL 911

Shop • Dine • Play • Stay De Bour out of Sale ...and support the community you live in!