

St. Louis, Lake & Cook COUNTIES, MINNESOTA

FREE Resident Guide

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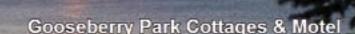
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Mud Lake

Cass Lake

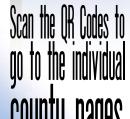
Lake Minnetonka

Otter Tail Lake



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OCAL AREA EVENTS

JANUARY

Duluth's Big Jig Ice Fishing Contest & Festival The Duluth Bridal Show Boulder Lake Ski Race | Duluth Gillette Radiothon | Duluth Gingerbread Arts & Craft Show | Duluth Great Lakes Pond Hockey Classic | Duluth Holiday Spirit in the Lights | Duluth John Beargrease Sled Dog Marathon | Duluth MCSA Governors Cup College Ski Race | Duluth Nordic Spirit Cross-Country Ski Race | Duluth Northwoods Snowshoe Championship | Duluth USSA Chevy Revolution Tour | Duluth USSA Freestyle Half-Pipe Event | Duluth USSA Ski Race | Duluth Warmer by the Lake | Duluth Winter Carnival | Duluth Winter Jig Highland Dance Competition | Duluth Sawtooth International XC Ski Race | Grand Marais

FEBRUARY

Ely ArtWalk Ely Winter Festival Two Harbors Winter Frolic

MARCH

Fun Fair Carnival & Expo | Duluth WolfTrack Classic Sled Dog Race | Ely Puck Days | Eveleth Winter Tracks | Grand Marais

APRIL

Arrowhead Home & Builders Show | Duluth
Art for Earth Day Gallery Hop | Duluth
Homegrown Music Festival | Duluth
Last Chance Bonspiel | Hibbing
Sweetwater Shakedown Spring Music Festival | Lutsen

MAY

Christopher & Banks MS Walk | Duluth Dulcimer Day in Duluth Folk Music Festival Memorial Day Parade | Duluth Grand Marais Jazz Festival Dylan Days | Hibbing

JUNE

Grandma's Marathon | Duluth
Larkin Hoffman MS 150 Bike Tour | Duluth
Lincoln Park District Walleye Open | Duluth
Minnesota State H.O.G. Rally | Duluth
Park Point Art Fair | Duluth
Sieur Du Luth Summer Arts Festival | Duluth
Babbitt Walleye Whamma | Ely
Finnish American Summer Festival | Ely
Peter Mitchell Fun Days Dock Dogs | Ely
Wooden Boat Show & Solstice Festival | Grand Marais
Hibbing Jubilee
Shifters Car Show | Hibbing
Knife River Music Festival | Knife River
Heritage Days | Two Harbors

JULY

4th of July Celebration | North Shore
Beaver Days | Beaver Bay
Timber Days | Cook
Downtown Duluth Sidewalk Days
Finn Fest in Duluth
North Shore Dragon Boat Festival | Duluth
Spirit Valley Days | Duluth
Blueberry Art Festival | Ely
Boundary Waters Blues Festival | Ely
Mines & Pines | Hibbing
Bay Days 10K Road and Trail Run/Walk | Silver Bay
Bay Front Reggae Festival | Duluth
Great Virginia Get-Together

AUGUST

Brewhouse Triathlon | Duluth
Glensheen's Annual Festival of Fine Art & Craft | Duluth
Bayfront Blues Festival | Duluth
Looney Days | Ely
Cook County Fair | Grand Marais
Sawtooth Challenge | Grand Marais
Grand Portage Bayou Boogie Festival
Grand Portage Rendezvous Days & Pow Wow
Labor Day Shootout | Hibbing
Merritt Days | Mountain Iron
South St. Louis County Fair | Proctor
Silver Bay Invitational Golf Tournament | Silver Bay
Lake County Fair | Two Harbors
Summer Celebration Car Show | Virginia

SEPTEMBER

Chisholm Fire Days
Burrito Union 10-hr Triathlon | Duluth
Grandma's Oktoberfest Celebration | Duluth
North Shore Inline Marathon | Duluth
Harvest Moon Festival | Ely
A Taste of the Gunflint Trail | Grand Marais
WTIP Radio Waves Music Festival | Grand Marais

OCTOBER

Boo at the Zoo | Duluth Haunted Ship | Duluth Midnight Sun Grand Traverse | Duluth Wolf Family Rendezvous | Ely Moose Madness Festival | Grand Marais

NOVEMBER

AMSOIL Duluth National Snocross
Bentleyville "Tour of Lights" | Duluth
Gales of November | Duluth
Gobble Gallop Race | Duluth
PAVSA Art Auction | Duluth
The Polar Express Train Ride | Duluth
Arctic Film Festival | Grand Marais

DECEMBER

Glensheen Holiday Brunches | Duluth Holiday Banquet & City Lights Tour | Duluth Holiday Gallery Stroll | Duluth Holiday Spirit in the Lights | Duluth Weihnachtsfest | Duluth A Northwoods Christmas | Ely Bayfront Festival of Lights | Grand Marais Winter Solstice at Two Harbors



Residential Services

ST. LOUIS COUNTY

St. Louis County General Information	1 (800) 450-9777
Administration	(218) 726-2448
Assessor	726-2304
Attorney	
Auditor/Treasurer	
Board of Commissioners	
Environmental Services	749-0639
Extension	
Forestry/Land Department	726-2606
Information Systems	
Law Library	
Planning & Zoning	
Property Management	
Public Health & Human Services	
Public Works	
Purchasing	726-2663
Recorder	
Sheriff	726-2341
Veteran Services	725-5285



LAKE COUNTY

Assessor	(218) 834-8310
Attorney	
Auditor/Treasurer	
Board of Commissioners	834-8320
Court Administration	
Facility Maintenance	834-8447
Forestry/ Land Department	
Highway	
Human Resources & Safety	834-8323
Information Systems	
Planning & Zoning	
Public Health & Human Services	
Recorder	834-8347
Sheriff	834-8385
Vital Records	

COOK COUNTY

Assessor	(218) 387-3650
Attorney	387-3670
Auditor/Treasurer	387-3640
Board of Commissioners	387-3602
Community Center	387-3015
Court Administration	
Emergency Management	387-3059
Extension	
Highway	387-3014
Personnel	387-3602
Planning & Zoning	387- <mark>3</mark> 630
Public Health & Human Services	387-3620
Recorder	387-3660
Soil & Water	387- <mark>3647</mark>
Sheriff	387-3030
Veteran Services	370-9726

T. LOUIS COUNTY HISTORY



Louis County is the second largest county in the United States, spanning over 6,000 square miles of picturesque wilderness and over 500 lakes. Dakota and Chippewa Indians occupied St. Louis County area until French fur traders and missionaries arrived. Daniel Duluth, a soldier and explorer from France, is believed to have established one of the first trading posts on the shores of Lake Superior in the 1600's. Once known as part of Superior County, St. Louis County was established in 1855 and is named after the St. Louis River. With the discovery of iron ore, St. Louis County forms part of the Iron Range where taconite mining continues today and is home to the fastest and largest lift bridge in the world, allowing ships to pass through the canals of Lake Superior. Visitors can enjoy many recreational activities as the Superior National Forest, Voyageurs National Park and the Boundary Waters Canoe Area Wilderness are located here. Today St. Louis County is home to approximately 196,864 residents.

AURORA – *pop.* 1,746

BABBITT – *pop.* 1,562

BIWABIK – pop. 974

BROOKSTON -pop. 90

BUHL – *pop.* 983

CHISHOLM – *pop.* 4,594

COOK – pop. 618

DULUTH (COUNTY SEAT) – pop. 84,284

ELY – pop. 3,473

EVELETH – *pop. 3,582*

FLOODWOOD – *pop.* 497

GILBERT – pop. 1,755

HERMANTOWN - pop. 9,361

HIBBING – pop. 16,209

HOYT LAKES *– pop. 1,956*

IRON JUNCTION – pop. 85

KINNEY – *pop.* 190

LEONIDAS – *pop. 55*

MCKINLEY - pop. 83

MEADOWLANDS – pop. 106

MOUNTAIN IRON – pop. 2,921

ORR – pop. 242

PROCTOR - pop. 2,839

TOWER – *pop.* 477

VIRGINIA – *pop.* 8,480

WINTON – *pop.* 187

*Populations are approximate.

T. LOUIS COUNTY COMMUNITIES

DULUTH (COUNTY SEAT)

Duluth was originally occupied by Dakota and Chippewa Indians. French explorers arrived in the 1600's and began trapping and trading fur. Daniel Duluth was sent by the French to settle disputes between the tribes and to progress the fur trading industry, thus the area came to be known as Duluth. Upon settlement, Duluth was the only port in the United States with access to the Atlantic and Pacific Oceans where lumber, wheat and iron ore were shipped. The arrival of the railroad furthered its progress. Duluth was soon the fastest growing and largest city in the United States until a stock market crash in 1873. With the abundance of natural resources, Duluth recovered and is the largest city on the North Shore.

ELY

Occupied by the Chippewa Indians, Ely was explored by French fur traders. As prospectors arrived in search of gold, rich iron ore deposits were discovered here in 1883. On the shores of Shagawa Lake a mining village was established called "Florence." As more iron deposits were discovered west, the settlement moved and was renamed "Ely" after Samuel Ely, a miner from Michigan. The shipment of iron ore began in 1888 and sawmills and logging industries were established to meet the growing needs of the mines. As the industries in Ely began to boom, the railroad was extended to simplify the transport of goods. As of 1916 Ely was a widely known tourist attraction.

HIBBING

Hibbing was established in 1893 by Frank Hibbing, a German miner who discovered iron ore in the area and was once known as the "Iron Capitol of the World." When a large deposit of ore was found two miles south in the 1920's, Hibbing moved to its present location. Over 20 businesses and 180 houses were moved by logs and steel wheels at the cost of \$16 million, taking several years to complete. The remains of buildings at the old location can still be found. Hibbing is widely known for its famous former residents, most notably, Bob Dylan.

VIRGINIA

Virginia was originally called "Qeechaquepagem" or "lake of the north birds" by the Cherokee tribe. In 1890 the first settlers arrived hoping to find gold. Instead, large iron deposits were discovered and the town was incorporated in 1892. After twice being destroyed by fire, all buildings in Virginia were required to be brick, concrete or stone in 1900. Virginia Rainy Lake Lumber was built in 1909 and was the largest white pine mill worldwide.

AKE COUNTY HISTORY



Ake County spans 2,062 miles and is located in the Arrowhead Region of Northeastern Minnesota. The Dakota and Chippewa tribes occupied the area until European fur traders, missionaries and trappers arrived in the late 1600's. Iron ore was discovered by George Stuntz in 1868 on the Vermilion Range and by 1884 Minnesota was part of the iron ore industry. Norwegian and Swedish immigrants began commercial fishing on Lake Superior at the turn of the century and the Two Harbors Lighthouse was built to guide ships in 1892. The Mesabi Range, the chief iron ore deposit in the United States, was discovered by the Merritt Brothers and the Minnesota Mining and Manufacturing Company was established. Lake County is bordered by Lake Superior, the largest freshwater lake in the world. Two public marinas, historical shipwrecks and two lighthouses can be found along the shoreline. Four state parks, the Boundary Waters Canoe Area and a national forest are located within Lake County's boundaries, offering residents and visitors many recreational opportunities such as hiking, camping and fishing. Today Lake County is home to approximately 10,609 residents.

BEAVER BAY – pop. 170

SILVER BAY – pop. 1,840

TWO HARBORS (COUNTY SEAT) – pop. 3,287

BEAVER BAY TOWNSHIP – pop. 570

CRYSTAL BAY TOWNSHIP – pop. 654

FALL LAKE TOWNSHIP – pop. 613

SILVER CREEK TOWNSHIP – pop. 1,186

STONY RIVER TOWNSHIP – pop. 217

*Populations are approximate.

LAKE COUNTY COMMUNITIES

BEAVER BAY

The Chippewa named this bay "Ga-gijikensikag" or the "Place of Little Cedars." Beaver Bay is located at the mouth of the Beaver River and is the oldest community on the North Shore. A flour mill was built at the falls of the river in the 1800's and has since been a summer colony. Beaver Bay was the county seat until 1886 when it was moved to Two Harbors. Beaver River is known for the plentiful trout and every spring a community fish fry is held. Its proximity to two state parks makes this area a popular recreational spot for visitors.

SILVER BAY

Silver Bay is the newest community on the North Shore and was originally built by the Reserve Mining Company to process taconite, the first taconite processing facility in North America. Employees needed a place to reside and Silver Bay was incorporated in 1956.

TWO HARBORS (COUNTY SEAT)

Once known as "Agate Bay," the earliest settlers in Two Harbors were those of Norwegian, Swedish, Danish, French, English and Canadian descent. It was a noisy community of single men who worked the harbor which was known as "Whiskey Row" for the multitude of dance halls and saloons until families began to arrive and settle. Churches, banks, schools and other businesses were then built to accommodate the needs of the new residents. The economy was dependent upon iron, timber and fish. The railroad arrived in 1874 to allow for easy transport of goods throughout the country. In 1892 the Two Harbors Light Station, the oldest light house on the North Shore, was built to make the harbor safer for travelers on Lake Superior and was operated 24 hours a day. Two Harbors became the county seat for Lake County in 1886 and was incorporated as a city in 1888. The development of an international highway in 1924 allowed for the tourism industry to boom.



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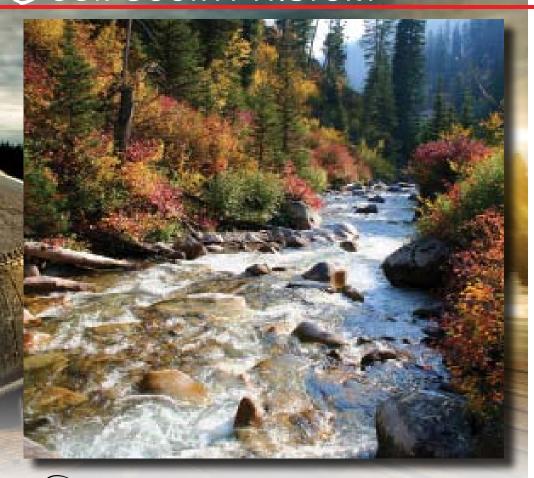
is a cost free guide service founded by veterans for veterans. We here at WOUNDED WARRIORS GUIDE SERVICE provide waterfowl hunting and fishing opportunities for our vets that have been wounded serving our great nation. At WOUNDED WARRIORS GUIDE SERVICE we are always preparing for the seasons and decided that we want to share our great experiences with those who have sacrificed greatly for our country



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COOK COUNTY HISTORY



cook County was originally populated by the Dakota and Chippewa Indians until French explorers arrived in the 1600's. Fur trading became popular along the North Shore as pelts were exchanged and sold for supplies until the 1800's. Then development began after discovery of iron ore in the Vermilion Range. Railroad lines were built as a means to transport the iron ore in the late 1800's. In the early 1900's, Cook County witnessed an influx of settlers arriving to obtain homesteads and work for the timber mills. Travel then increased with the advent of roads. Fishing, farming, logging and tourism dominated the industry in the area until the 1950's when commercial fishing declined. Today Cook County is home to approximately 5,437 residents.

GRAND MARAIS (COUNTY SEAT) – pop. 1,418 GRAND PORTAGE – pop. 582 LUTSEN TOWNSHIP – pop. 362 **SCHROEDER TOWNSHIP** – pop. 218 **TOFTE TOWNSHIP** – pop. 261 *Populations are approximate.

COOK COUNTY COMMUNITIES

GRAND MARAIS (COUNTY SEAT)

Grand Marais was originally called "Kitchi-Bitobig" by the Chippewa Indians, which meant "Double Body of Water" for its two bays on Lake Superior. The area had been an Indian village until European settlement. French fur trappers named the area "Grand Marais," loosely translated to great marsh. Fur trading was common in the early 1800's as the American Fur Company competed with the Northwest Company until 1802. In the 1850's fur trading declined and fishing, logging and mineral prospecting led the industry. With its proximity to the Sawtooth Mountains, Boundary Waters Canoe Area and the Superior National Forest, Grand Marais now attracts many visitors who enjoy year-round recreational activities.

GRAND PORTAGE

The Chippewa Indians initially occupied Grand Portage and in 1731 the first European settlement was established. Grand Portage is home to the High Falls, the highest waterfall in Minnesota. The falls were dangerous to travel and as a result, the Chippewa created a nine mile trail to Lake Superior or the "Grand Portage." The area became the center of activity for the North Shore as fur was traded and sold by the Northwest Company. As fur trading declined, logging, fishing and mining boomed and tourism currently leads the industry.









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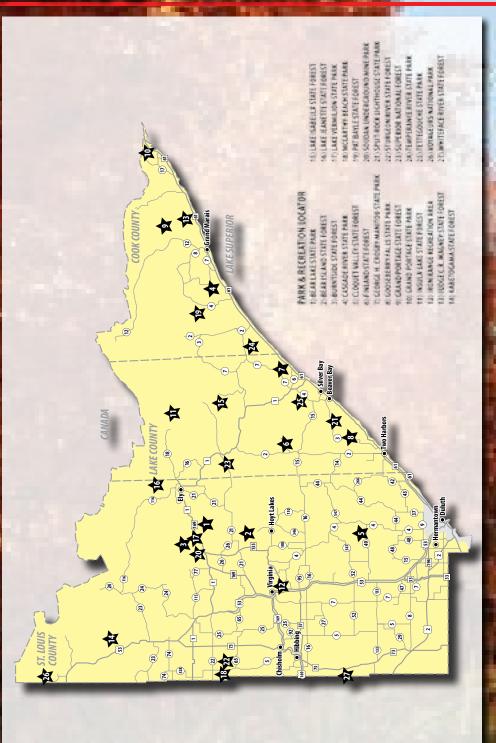
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Dump Station	Carry-In Canoe Launch	Cross-Country Ski Trail
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🔫 Picnic Area	Bicycle Trail	Wildlife Viewing
Restrooms	州 Hiking Trail	Public Hunting Area
Showers	Equestrian Trail	A Historic Site

MN STATE FORESTRY OFFICE

1201 E Hwy. 2 | Grand Rapids | (218) 999-7833

3901 Grand Ave. Pl. | Duluth | (218) 626-4300

MINNESOTA STATE PARKS OFFICE

1201 E Hwy. 2 | Grand Rapids | (218) 327-4388

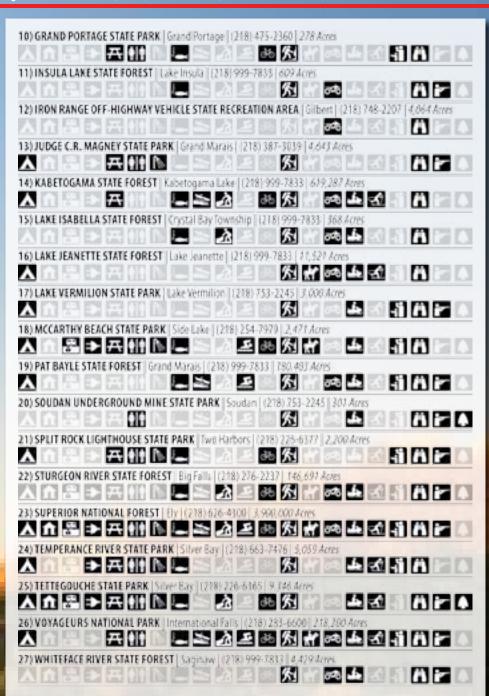
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SUPERIOR NATIONAL FOREST OFFICE

360 Hwy. 11 | International Falls | (218) 283-6600



ARKS & RECREATION





CINEMA 6

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506 Michigan St. W | Duluth | (218) 727-8025

DULUTH CHILDREN'S MUSEUM

506 Michigan St. W | Duluth | (218) 733-7543

DULUTH OMNIMAX THEATRE

301 Harbor Dr. | Duluth | (218) 727-0022

DULUTH PLAYHOUSE & PLAYGROUND

506 Michigan St. W | Duluth | (218) 733-7555

ELY GOLF CLUB

901 Central Ave. S | Ely | (218) 365-5932

FOND-DU-LUTH CASINO

129 Superior St. E | Duluth | (218) 722-0280

GLENSHEEN MANSION

3300 London Rd. | Duluth | (218) 726-8910

GREAT LAKE AQUARIUM

353 Harbor Dr. | Duluth | (218) 740-3474

GREYHOUND BUS MUSEUM

1201 Greyhound Blvd. | Hibbing | (218) 263-5814

INTERNATIONAL WOLF CENTER

1396 Hwy. 169 | Ely | (218) 365-4695

LAKE SUPERIOR MARINE MUSEUM

600 Lake Ave. S | Duluth | (218) 720-5260

LAKE SUPERIOR ZOOLOGICAL GARDENS

7210 Fremont St. | Duluth | (218) 730-4900

LUTSEN MOUNTAINS CORPS SKI

467 Ski Hill Rd. | Lutsen | (218) 663-7281

MARCUS LAKES CINEMA

4351 Stebner Rd. | Hermantown | (218) 729-0335

MINNESOTA MUSEUM OF MINING

701 Lake St. W | Chisholm | (218) 254-5543

NORTH AMERICAN BEAR CENTER

1926 Hwy. 169 | Ely | (218) 365-7879

NORTH HOUSE FOLK SCHOOL

500 Hwy. 61 W | Grand Marais | (218) 387-9762

NORTH SHORE COMMERCIAL FISHING MUSEUM

7136 Hwy. 61 | Tofte | (218) 663-7050

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1502 23rd St. E | Hibbing | (218) 262-6720

SILVER BOWL

97 Outer Dr. | Silver Bay | (218) 226-4479

SPLIT ROCK LIGHTHOUSE

3755 Split Rock Lighthouse Rd. | Two Harbors | (218) 226-6377

SUPERIOR NATIONAL LUTSEN-GOLF

5731 Hwy. 61 W | Lutsen | (218) 663-7195

THRILLZ INDOOR AMUSEMENT PARK

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TWEED MUSEUM OF ART

1201 Ordean Building | Duluth | (218) 726-8222

UNITED STATES HOCKEY HALL OF FAME

801 Hat Trick Ave. | Eveleth | (218) 744-5167

VIRGINIA AREA HISTORICAL SOCIETY

800 N 9th Ave. W | Virginia | (218) 741-1136

WILLIAM A IRVIN MUSEUM

350 Harbor Dr. | Duluth | (218) 722-7876

UNTING SEASONS

UNTING SAFETY

For general information on firearm safety training call: 1 (888) 646-6367 or (651) 296-6157.

Contact the MN DNR for specific zone areas/dates:

Online: www.dnr.state.mn.us, Toll Free: 1 (888) 665-4236.

You can purchase hunting and fishing licenses by phone: 1 (888) 665-4236.

09/13/14 - 02/28/15 Small Game - Rabbits, Squirrels season

10/18/14 - 03/15/15 Raccoon, Red Fox, Gray Fox, Badger, Opossum (North) Hunting & Trapping

10/25/14 - 03/15/15 Raccoon, Red Fox, Gray Fox, Badger, Opossum (South) Hunting & Trapping

10/25/14 - 02/28/15 Furbearer Trapping - Mink and Muskrat - north

10/25/14 - 04/30/15 Furbearer Trapping - Beaver - north zone

11/01/14 - 02/28/15 Furbearer Trapping - Mink and Muskrat-south zone

11/01/14 - 04/30/15 Furbearer Trapping - Beaver - south zone

01/01/15 - 01/15/15 Crow Hunting (1st season)

03/01/15 - 03/31/15 Crow Hunting (2nd season)

04/15/15 Spring Turkey Hunt opener 04/15/15 - 05/28/15 SpringTurkey season-2015

09/01/15 - 10/31/15 Crow Hunting (3rd season)

09/19/15 - 12/31/15 Deer Hunt - Archery season

09/19/15 - 02/28/16 Small Game - Rabbits, Squirrels season

10/03/15 - 11/01/15 Fall Turkey season-2015

11/07/15 - 11/22/15 Deer Hunt - Firearm season - 1A

11/07/15 - 11/15/15

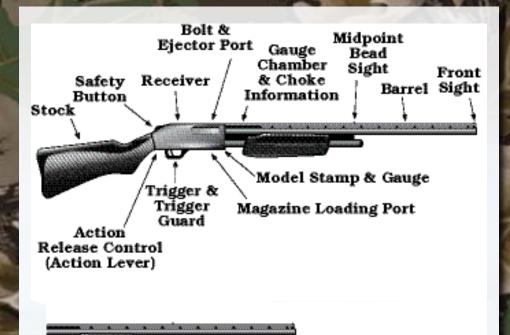
Deer Hunt - Firearm season - 2A and 3A

11/21/15 - 11/29/15 Deer Hunt - Firearm season - 3B

11/28/15 - 12/13/15 Deer Hunt - Muzzleloader season

12/15/15 - 12/31/15 Crow Hunting (4th season)

*At the time of publication not all of the 2015
Minnesota Hunting Seasons were available.
Contact www.dnr.state.mn.us for more information



Barrel/Screw Cap

Magazine Tube

All hunters should consider taking an advanced hunter education class to learn the latest hunting techniques along with tips on coming home alive.

Forcend

(Forearm)

Here are 5 Suggestions for a safe and successful hunting experience:

Get a detailed map of the area you are hunting, review it before you leave, and carry it with you in the field.

Muzzle & Screw Cap

- Carry a compass and know how to use it. Decide ahead of time the direction to head for if you getlost or disoriented.
- Weather can change quickly, so hunters should carry a simple survival kit and be prepared for an unexpected overnight stay in the field. The survival kit should contain a rope, a knife, water, waterproof matches, an emergency shelter, and first aid supplies.
- If you are on the water, make sure to wear a personal flotation device (life preserver).
- **J.** Know your hunting partners' physical and emotional limitations, as well as your own, and don't push your partners or yourself beyond those limits.

You can purchase hunting and fishing licenses, cross-country ski passes and snowmobile trail stickers through the Electronic License System. Online www.dnr.state.mn.us, Toll Free: 1 (888) 646-6367 Or visit one of the ELS agents available throughout the area:

Cook Countu

GRAND MARAIS

HUNGRY JACK OUTFIT-**TERS** 318 S HUNGRY JACK RD GRAND MARAIS, MN 55604 (218) 388-2275

GUNFLINT LODGE INC 143 S GUNFLINT LK GRAND MARAIS, MN 55604 (218) 388-2294

BUCK'S HARDWARE HANK 1ST AVE W & 1ST ST GRAND MARAIS, MN 55604 (218) 387-2280

HOLIDAY STATIONSTORE #516 3 W HIGHWAY 61 GRAND MARAIS, MN 55604 (218) 387-1043

CLEARWATER LODGE & OUTFITTER 771 CLEARWATER RD GRAND MARAIS, MN 55604

GRAND MARAIS SUPF-RAMERICA #4746 104 E HWY 61 GRAND MARAIS, MN 55604 (218) 387-2766

(218) 388-2254

SEAGULL CANOE OUTFITTERS 12208 GUNFLINT TRL GRAND MARAIS, MN 55604 (218) 388-2216

VOYAGEUR CANOE OUTFITTERS 189 SAG LAKETRL GRAND MARAIS, MN 55604 (218) 388-2224

TUSCARORA LODGE & CANOE OUTFITTERS 193 ROUND LAKE RD GRAND MARAIS, MN 55604 (218) 388-2221

GOLDEN EAGLE LODGE INC 468 CLEARWATER RD GRAND MARAIS, MN 55604

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GUNFLINT PINES RE-SORT & CAMPGROUNDS 217 S GUNFLINT LAKE RD GRAND MARAIS, MN 55604

ROCKWOOD LODGE & OUTFITTERS 50 ROCKWOOD RD GRAND MARAIS, MN 55604 (218) 388-2242

(218) 388-4454

HUNGRY JACK LODGE 372 HUNGRY JACK RD GRAND MARAIS, MN 55604 (218) 388-2265 **GRAND PORTAGE**

LUTSEN

RYDFN'S GAS LLC 9293 RYDEN RD GRAND PORTAGE, MN 55605 (218) 475-2433 LUTSEN

TOFTE

CLEARVIEW STORE 5323 W HWY 61 LUTSEN, MN 55612 (218) 663-7478 TOFTE

SAWBILL CANOE OUTFITTERS, INC 4620 SAWBILL TRL TOFTE, MN 55615 (218) 663-7150

HOLIDAY STATIONSTORE #3517 7235 HWY 61 TOFTE, MN 55615 (218) 663-7882

Lake County

BEAVER BAY

HOLIDAY STATIONSTORE #179 1015 MAIN ST BEAVER BAY, MN 55601 (218) 226-3227

BEAVER BAY SPORT SHOP 4878 HWY 61E BEAVER BAY, MN 55601 (218) 226-4666

ELY

CANADIAN BORDER OUTFITTERS 14527 CANADIAN BORDER RD ELY . MN 55731 (218) 365-5847

RED ROCK WILDERNESS STORE 2267 FERNBERG RD ELY, MN 55731 (218) 365-4512

LATOURFLI'S RESORT & OUTFITTERS 14793 MOOSE LAKE RD ELY . MN 55731 (218) 365-4531

SMITTY'S ON SNOW-BANK 14564 SNOWLODGE RD ELY, MN 55731 (218) 365-6032

NORTH COUNTRY CANOE **OUTFITTERS** 474 KAWISHIWI TRL ELY , MN 55731 (218) 365-5581

FINLAND

WILLIAMS & HALL OUTFITTERS 14694 VOSBURGH RD ELY , MN 55731 (218) 365-5837 **FINLAND**

MAPLE GROVE MOTEL & **BAIT SHOP** 6527 HWY 1 FINLAND, MN 55603 (218) 353-7303

ISABELLA

WILDHURST LODGE CAMPGROUNDS 7344 HWY 1 FINLAND, MN 55603 (218) 353-7337 ISABELLA

SILVER BAY

KNOTTED PINF INN & TAVERN INC 9702 HWY 1 ISABELLA, MN 55607 (218) 323-7681 SILVER BAY

TWO HARBORS

LICENSE BUREAU/ VICKI'S CORNER STORE 24 SHOPPING CTR SILVER BAY, MN 55614 (218) 226-3076 TWO HARBORS

HOLIDAY STATIONSTORE #362 1086 HWY 61 TWO HARBORS, MN 55616 (218) 834-2294

HOLIDAY STATIONSTORE #24 333 7TH AVE TWO HARBORS, MN 55616 (218) 834-5133

St. Louis Countu

AURORA

HOLIDAY STATIONSTORE #184 5495 HWY 100 AURORA, MN 55705 (218) 229-3883

SPORT STOP 5278 HWY 10 AURORA, MN 55705 (218) 229-3648

BABBITT

TIMBER BAY LODGE 8347 TIMBER BAY RD BABBITT, MN 55706 (218) 827-3682

JUST BITE ME BAIT 18 ALDER RD BABBITT, MN 55706 (218) 827-9958

BLOMBERG & SONS 25 CENTRAL BLVD BABBITT, MN 55706 (218) 827-2499

BIWABIK

LUCKY 7 BIWABIK #1 310 S MAIN BIWABIK, MN 55708 (218) 865-6183

BRIMSON

HUGO'S 1898 HWY 44 BRIMSON, MN 55602 (218) 848-2220

BRITT

BRITT SHORT STOP 7466 BRITT BYPASS BRITT , MN 55710 (218) 741-9171

BROOKSTON

COUNTRY CORNER 9497 HWY 2 BROOKSTON, MN 55711 (218) 453-5660

BUHL

BUHL SHORT STOP 600 PENNSYLVANIA BUHL, MN 55713 (218) 258-3918

BUYCK

VERMILION DAM LODGE 3276 RANDA RD BUYCK , MN 55771 (218) 666-5418

LIFE OF RILEY RESORT 3256 CEDAR RD BUYCK, MN 55771 (218) 666-5453

CHISHOLM

LUCKY 7 CHISHOLM #6 1002 3RD AVENUE **NORTHWEST** CHISHOLM, MN 55719 (218) 741-9634

COOK

ZUP'S FOOD MARKET 201 HWY 53 SE COOK, MN 55723 (218) 666-0205

PEHRSON LODGE 2746 VERMILION DR COOK, MN 55723 (218) 666-5478

VOYAGEUR COVE RESORT 2600 WAKELY RD COOK, MN 55723 (218) 666-5068

TIMBUKTU MARINA 7401 OAK NARROWS RD COOK, MN 55723 (218) 666-2434

LUCKY 7 COOK #2 11 HWY 53 S COOK, MN 55723 (218) 666-9984

MOOSEBIRDS ON LAKE **VFRMILION** 3068 VERMILION DR COOK, MN 55723 (218) 666-2627

COUNTRY STORE 320 S HWY 53 COOK, MN 55723 (218) 666-2272

DULUTH

TACKLE 5067 RICE LAKE RD DULUTH, MN 55803 (218) 726-0094

8166 LUDLOW DR KMART #3781 COOK, MN 55723 (218) 666-5407 (218) 624-9335

WHITE EAGLE RESORT 3026 VERMILLION DR COOK, MN 55723 NOETTE (218) 666-5500

COTTON

I C O COTTON 9115 HWY 53 COTTON, MN 55724 (218) 482-3255

MUSKEGO POINT

8147 BAYVIEW RD

COOK, MN 55723

LUDLOW'S ISLAND

(218) 666-5696

RESORT

RESORT

COTTON FOOD-N-FUEL 7521 COMSTOCK LAKE RD COTTON, MN 55724 (218) 482-5599

CRANE LAKE

ANDERSON CANOE **OUTFITTERS** 7255 CRANE LAKE RD CRANE LAKE, MN 55725 (218) 993-2287

PINE POINT LODGE & RESORT 7533 GOLD COAST RD CRANE LAKE, MN 55725 (218) 993-2311

NELSON'S RESORT 7632 NELSON RD CRANE LAKE, MN 55725 (218) 993-2295

> HANDBERG'S MARINE 7123 HANDBERG RD CRANE LAKE, MN 55725

(218) 993-2214

CULVER

WAYSIDE CORNER STORE 7425 SWAN LAKE RD CULVER, MN 55779 (218) 345-8401

CHALSTROM'S BAIT &

215 N CENTRAL AVE **DULUTH . MN 55807**

FREDENBERG MIN-5109 FISH LAKE RD **DULUTH, MN 55803** (218) 721-4800

MARSHALL HARDWARE 4415 E SUPERIOR ST DULUTH, MN 55804 (218) 525-3638

HOLIDAY STATIONSTORE #409 5699 MILLER TRUNK HWY **DULUTH** , MN 55811 (218) 729-0911

DULUTH MOTOR VEHICLE #003 6630 GRAND AVE **DULUTH, MN 55807** (218) 624-0736

HOLIDAY STATIONSTORE #327 2605 LONDON RD **DULUTH, MN 55812** (218) 724-7789

GARY'S BAIT SHOP 1431 COMMONWEALTH AVE **DULUTH . MN 55808** (218) 626-3195

HOLIDAY STATIONSTORE #354 3301 W ARROWHEAD **DULUTH , MN 55811**

GNESEN CONVIENCE STORE 6049 RICE LAKE RD **DULUTH . MN 55803** (218) 721-4433

(218) 786-0715

PEOUAYWAN INN 8744 PEQUAYWAN LAKE RD **DULUTH . MN 55803** (218) 848-2201

PORKY'S TRUCK STOP 7031 RICE LAKE RD **DULUTH , MN 55803** (218) 721-4959

DICK'S SPORTING G00DS #1017 1600 MILLER TRUNK HIGHWAY **DULUTH, MN 55811** (218) 727-2078

MARINE GENERAL 1501 LONDON RD **DULUTH , MN 55812** (218) 724-8833

FISHERMAN'S CORNER 5675 MILLER TRUNK **HWY DULUTH, MN 55811** (218) 729-5369

I C O LONDON ROAD 2030 LONDON RD **DULUTH, MN 55812** (218) 724-3066

HOLIDAY STATIONSTORE #293 5430 GRAND AVE **DULUTH, MN 55807** (218) 624-5201

HOLIDAY STATIONSTORE #100 1530 WOODLAND AVE **DULUTH , MN 55803** (218) 728-4544

ELY

SKUBE'S BAIT & TACKLE 1810 E SHERIDAN ST ELY , MN 55731 (218) 365-5358

CLIFF WOLD'S OUTFIT-TING CO 1731 E SHERIDAN ST ELY , MN 55731 (218) 365-3267

BABES BAIT & TACKLE 451 W SHERIDAN ST ELY . MN 55731 (218) 365-6930

ELY LICENSE BUREAU 17 E CHAPMAN ST ELY , MN 55731 (218) 365-6262

KAWISHIWI LODGE & CANOE OUTFITTERS 3187 FERNBERG RD ELY , MN 55731 (218) 365-5487

SPIRIT OF THE WILDER-NESS 2030 E SHERIDAN ST ELY , MN 55731 (218) 365-3149

J & L HARDWARE 128 E CHAPMAN ELY . MN 55731 (218) 365-6724

PIRAGIS NORTHWOODS 105 N CENTRAL AVE ELY, MN 55731 (218) 365-6745

TIMBER TRAIL LODGE 629 KAWISHINI TRL ELY, MN 55731 (218) 365-4879

MERHAR'S ACE HARDWARE 48 E CHAPMAN ST ELY, MN 55731 (218) 365-3129

CANADIAN WATERS INC 111 E SHERIDAN ST ELY , MN 55731 (218) 365-3202

NORTHERN TIER HIGH **ADVENTURE** 14798 MOOSE LAKE RD ELY , MN 55731 (218) 365-4811

CANOE COUNTRY OUTFITTERS 629 E SHERDAIN ST ELY . MN 55731 (218) 365-4046

LUCKY 7 ELY #11 620 SHERIDAN ST E ELY , MN 55731 (218) 365-3050

FISHING SEASONS

ΙY

HOLIDAY STATIONSTORE #144 1036 E SHERIDAN ST ELY , MN 55731 (218) 365-6003

WILDERNESS OUTFITTERS
1 E CAMP ST
ELY, MN 55731
(218) 365-3211

VOYAGEUR SHORT STOP 1815 E SHERIDAN ST ELY, MN 55731 (218) 365-3450

VOYAGEUR NORTH OUTFITTER 1829 E SHERIDAN ST ELY , MN 55731 (218) 365-3251

THE GREAT OUTDOORS 419 SHERIDAN ST ELY , MN 55731 (218) 365-4744

EMBARRASS

TRAPLINE LIQUOR STORE 4897 HWY 21 EMBARRASS, MN 55732 (218) 984-2962

EVELETH

OLD TIME OIL & AUTO WORKS 436 FAYAL RD EVELETH , MN 55734 (218) 744-2377

AT YOUR CONVENIENCE 3504 HWY 53 EVELETH , MN 55734 (218) 744-4005

ELY LAKE SHORT STOP 7782 ELY LAKE DR EVELETH, MN 55734 (218) 744-3588

FLOODWOOD

FLOODWOOD SUPERA-MERICA 101 W HWY 2 FLOODWOOD , MN 55736 (218) 476-2235 LARRY'S SERVICE & BAIT 314 W HWY 2 FLOODWOOD , MN 55736 (218) 476-2225

GILBERT

HOLIDAY STATIONSTORE #141 303 ARIZONA AVE W GILBERT , MN 55741 (218) 741-7190

LAKELAND STORE 4812 VERMILION TRL GILBERT , MN 55741 (218) 865-6194

HERMANTOWN

MIDWAY CLARK 5691 HWY 2 HERMANTOWN , MN 55810 (218) 628-0371

GANDER MOUNTAIN LLC HERMANTOWN 490 4275 HAINES RD HERMANTOWN , MN 55811 (218) 786-9800

HOLIDAY STATIONSTORE #190 4795 MILLER TRUNK HWY HERMANTOWN , MN

(218) 722-9934 WALMART SUPER-CENTER #1757 4740 MALL DR HERMANTOWN , MN

HERMANTOWN , MN 55811 (218) 727-1310 PIKE LAKE SUPERA-

MERICA #4775 5601 MILLER TRUNK HWY HERMANTOWN , MN 55811 (218) 729-5084

HIBBING

LUCKY 7 GENERAL STORE HIBBING #15 3917 W 1ST AVE HIBBING , MN 55746 (218) 263-7344 WALMART SUPER-CENTER #2937 12080 HWY 169 HIBBING , MN 55746 (218) 262-2351

HOLIDAY STATIONSTORE #153 2517 13TH AVE E HIBBING , MN 55746 (218) 262-2855

L & M SUPPLY 1101 E 37TH ST SUITE 2 HIBBING , MN 55746 (218) 326-9451

LUCKY 7 A-1 CORNER #23 1501 E HOWARD ST HIBBING , MN 55746 (218) 263-4340

DEPUTY REGISTRAR #012 3620 E 13TH AVE HIBBING , MN 55746 (218) 262-4329

LAKE KABETOGAMA

PINE AIRE RESORT 9978 GAPPA RD LAKE KABETOGAMA , MN 56669 (218) 875-2161

GATEWAY GENERAL 9378 HWY 53 LAKE KABETOGAMA, MN 56669 (218) 875-2121

MAKINEN

MAKINEN MARKET INC 6602 WILSON RD MAKINEN , MN 55763 (218) 744-3820 MOUNTAIN IRON

CROSSROADS CONVENIENCE & GAS 3906 HWY 7 MOUNTAIN IRON , MN 55751 (218) 744-3748

WALMART SUPER-CENTER #4849 8580 ROCK RIDGE DR MOUNTAIN IRON , MN 55768

(218) 305-3314

9

ASH TRAIL LODGE 10418 ASH RIVER TRL ORR , MN 55771 (218) 374-3131

ORR

NORMAN'S ONE STOP 4513 HWY 53 ORR, MN 55771 (218) 757-3291

PELICAN BAY FOODS 4539 HWY 53 ORR , MN 55771 (218) 757-3900

JIM'S ASH TRAIL STORE 12193 ASH RIVER TRL ORR, MN 55771 (218) 374-3071

COLD SPRINGS INC 8156 HWY 53 ORR , MN 55771 (218) 757-3191

EBEL'S VOYAGEUR HOUSEBOATS 10326 ASH RIVER TRL ORR, MN 55771 (218) 374-3571

PROCTOR

HOLIDAY STATIONSTORE #85 9314 W SKYLINE PKWY PROCTOR , MN 55810 (218) 628-8000

HOLIDAY STATIONSTORE #27 200 S BOUNDARY AVE PROCTOR, MN 55810 (218) 624-5004

SIDE LAKE

CC CAMPGROUND #717 7595 MCCARTHY BEACH RD SIDE LAKE , MN 55781 (218) 254-5301

SCHANCHE'S SIDE LAKE STORE 7505 HWY 5 SIDE LAKE , MN 55781 (218) 254-5252

SOUDAN

SOUDAN STORE 24 MAIN ST SOUDAN , MN 55782 (218) 753-6566

TOWER

VERMILION FUEL AND FOOD 514 MAIN ST TOWER, MN 55790 (218) 753-2218

THE Y STORE 6368 HWY 169 TOWER, MN 55790 (218) 753-3868

VIRGINIA

HOLIDAY STATIONSTORE #41 1502 S 12TH AVE W VIRGINIA , MN 55792 (218) 749-5985

KMART #7620 1401 12TH AVE S VIRGINIA , MN 55792 (218) 749-1131

L & M SUPPLY 8497 ENTERPRISE DR N VIRGINIA , MN 55792 (218) 749-2340

LUCKY 7 VIRGINIA #5 820 N HOOVER RD VIRGINIA , MN 55792 (218) 741-1629

DEPUTY REGISTRAR #22 1401 12TH AVE SO STE 30 VIRGINIA , MN 55792 (218) 741-5533

VIRGINIA SURPLUS 105 N 3RD AVE VIRGINIA , MN 55792 (218) 741-0331

WINTON

PACKSACK CANOE TRIPS 129 WINTON POINT RD WINTON , MN 55796 (218) 365-3788 04/26/14 - 02/22/15 Sucker Spearing - 2014 season

04/26/14 - 02/15/15

Bullhead, Redhorse, other rough fish Spearing - 2014 season

04/26/14 - 02/22/15 Bowfishing - 2014 season

05/10/14 - 02/22/15
Walleye, sauger, northern pike - 2014 season

05/10/14 - 02/22/15

Smallmouth Bass - 2014 early season - North and East of U.S. Hwy 53 from Duluth to International Falls and Pelican and Ash lakes in St. Louis County

05/10/14 - 02/22/15

Largemouth Bass - 2014 early season - North and East of U.S. Hwy 53 from Duluth to International Falls and Pelican and Ash lakes in St. Louis County

05/24/14 - 02/22/15

Smallmouth Bass - 2014 season - South and West of U.S. Hwy 53 from Duluth to International Falls and Pelican and Ash lakes in St. Louis County

05/24/14 - 02/22/15

Largemouth Bass - 2014 season - South and West of U.S. Hwy 53 from Duluth to International Falls and Pelican and Ash lakes in St. Louis County

09/08/14 - 02/22/15

Smallmouth Bass - 2014 Catch and Release season only (statewide)

11/15/14 - 02/22/15 Dark House Spearing-2014

01/01/15 - 03/31/15 Stream trout (Winter) SE - 2015 catch and release season

01/17/15 - 01/19/15 Take-a-Kid Ice fishing weekend 05/09/15 - 02/28/16

Smallmouth and Largemouth Bass - 2015 season -North and East of U.S. Hwy 53 from Duluth to International Falls and Pelican and Ash lakes in St. Louis County

05/09/15 - 02/28/16

Walleye, sauger, northern pike - 2015 season

05/09/15 - 05/22/15

Smallmouth and Largemouth Bass - 2015 early Catch and Release season Only -South and West of U.S. Hwy 53 from Duluth to International Falls except Pelican and Ash lakes in St. Louis County

05/09/15 - 05/10/15

Take-a-Mom fishing weekend

05/23/15 - 09/13/15

Smallmouth Bass - 2015 Season -South and West of U.S. Hwy 53 from Duluth to International Falls except Pelican and Ash lakes in St. Louis County

05/23/15 - 02/28/16

Largemouth Bass - 2015 season -South and West of US Hwy 53 from Duluth to International Falls except Pelican and Ash Lakes in St. Louis County

06/05/15 - 06/07/15 Take-a-Kid fishing weekend

06/06/15 - 12/01/15

Muskellunge (Muskie) - 2015 season 09/14/15 - 02/28/16

Smallmouth Bass - 2015 late Catch and Release Only season-South and West of U.S. Hwy 53 from Duluth to International Falls except Pelican and Ash lakes in St. Louis County

*Contact the MN DNR for specific zone information by calling: 1 (888) 646-6367 or go to www.dnr.state.mn.us for more information

Operating Watercraft

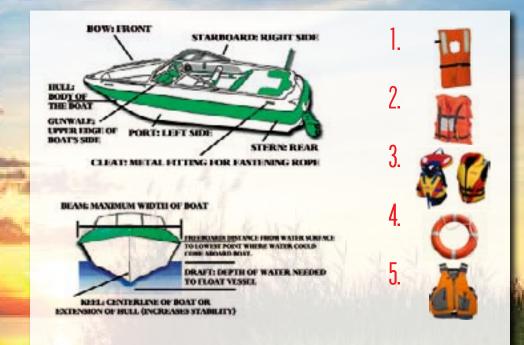
FOLLOW THESE GUIDELINES TO HELP PREVENT AND PREPARE FOR CAPSIZING, SWAMPING, OR SOMEONE FALLING OVERBOARD.

• Make sure that you and your passengers are wearing lifeJackets while the boat is moving. • Attach the ignition safety
Lanyard to your wrist, clothes, or life Jacket. • Don't allow
anyone to sit on the gun wale, bow, seat backs, motor cover,
or areas not designed for seating. Also, don't let anyone sit
on pedestal seats when craft is not in idle. • Don't overload
your boat. Balance the load of passengers and gear stored
on-board. • Keep your center of gravity low by not allowing
people to stand up or move around while craft is in motion.
• In small boats, don't allow anyone to lean beyond the gunwale. • Turn boat at slow rates of speed. • Secure the anchor
line to the bow, never to the stern. • Don't risk operating
water craft in rough conditions or bad weather.

Who May Operate a Motorboat

(OTHER THAN A PERSONAL WATERCRAFT)

- For engines 25 horsepower or less:
- Those under age 12 may operate without restrictions.
- FOR ENGINES OVER 25 HORSEPOWER THROUGH 75 HORSEPOWER:
- Those under age 12 must have someone 21 years of age or older on board within reach of the controls.
- For engines over 75 horsepower:
- NO CHILDREN UNDER AGE 12 MAY OPERATE, EVEN WITH AN ADULT ON BOARD.
- OTHER RESTRICTIONS APPLY TO BOAT OPERATORS 12 TO 17 YEARS OLD:
- OPERATORS FROM 12 TO 17 YEARS OF AGE MAY OPERATE ENGINES OF 25 HORSEPOWER OR LOWER WITH NO RESTRICTIONS.
- FOR ENGINES OVER 25 HORSEPOWER:
- OPERATORS 12 TO 17 YEARS OF AGE MUST HAVE: A WATERCRAFT OPERATOR'S PERMIT, OR SOMEONE AGE 21 YEARS OR OLDER OLD ON BOARD WITHIN REACH OF THE CONTROLS.





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Recreational Safety

Bicycle Hand Signals







Snowmobile Hand Signals

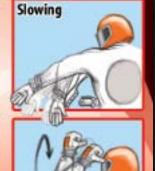
Communication is an essential part of safe riding. Hand signals are a practical way to communicate between other riders and traffic.

Be sure to give easy to see and clear hand signals when snowmahiling. Hand signals should never be subtle, but always deliberate.













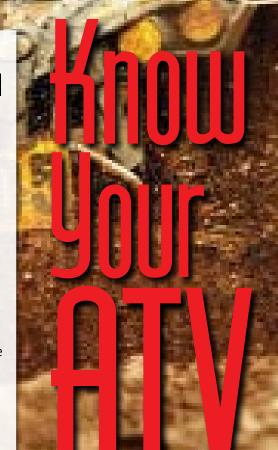


ATV SAFETY



and know your vehicle thoroughly.

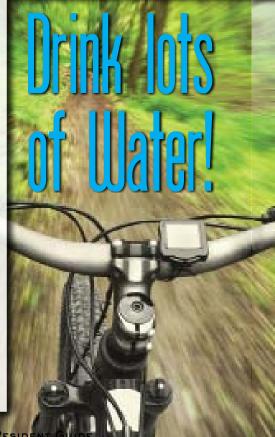
- Check your vehicle before you ride.
- Wear protective equipment and clothing. Don't lend your vehicle to unskilled riders. Supervise young or inexperienced riders. Never carry a passenger on vehicles meant for one rider. Do not operate under the influence of drugs or alcohol. Drive at speeds that are appropriate to trail conditions. Stay to the right on trails.
- Stay away from thin ice, open water and wetlands • Know the weather forecast. • Make sure headlights and taillights work properly. • Maintain safe distances between other riders. • Reduce your speed when riding at night.
- Yield to other motor vehicles and trail users.
 Young or beginning riders are encouraged to take a safety training course.



NOWMOBILE SAFETY

De Gautious of Dilugies Bilds

· Always wear a properly fitting bike helmet as most serious injuries are to the head. • Be sure your handlebars, seat and wheels fit snugly. • Keep your bike in good shape by checking and oiling your chain, making sure your brakes work properly and maintaining your tire pressure. • Always ride with both hands on the handlebars except when doing turn signals. • When leaving a driveway, curb or alleyway always stop and check for traffic in both directions. • Cross only at intersections. • Use the crosswalk to walk your bike across busy intersections and follow the traffic signals. • Never ride against traffic. Travel in the same direction as the cars. • Whenever you can, use bike routes and avoid busy streets. • Don't ride near parked cars as doors can open and cause accidents. • Obey all traffic signs and traffic lights. • When biking with friends, ride in a single file. • Always pass other bikers or pedestrians on the left and say "On your left!" to make your presence known. · Always use bicycle hand signals to alert traffic of your changing direction.

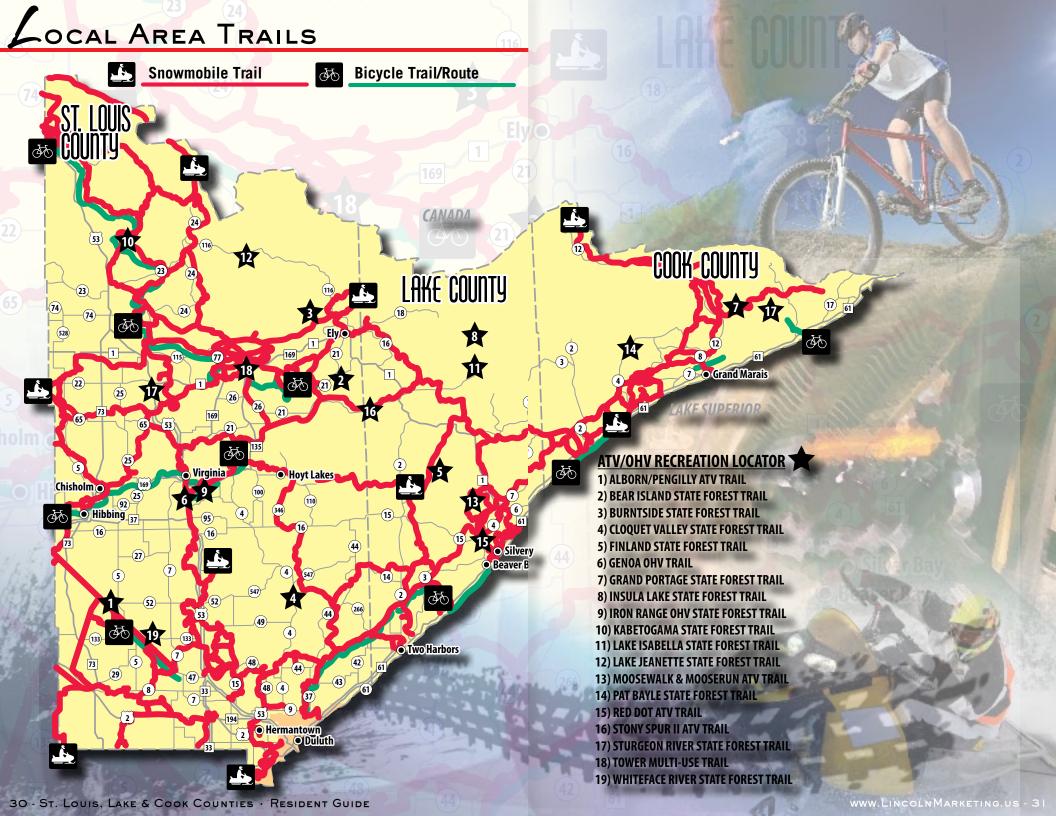


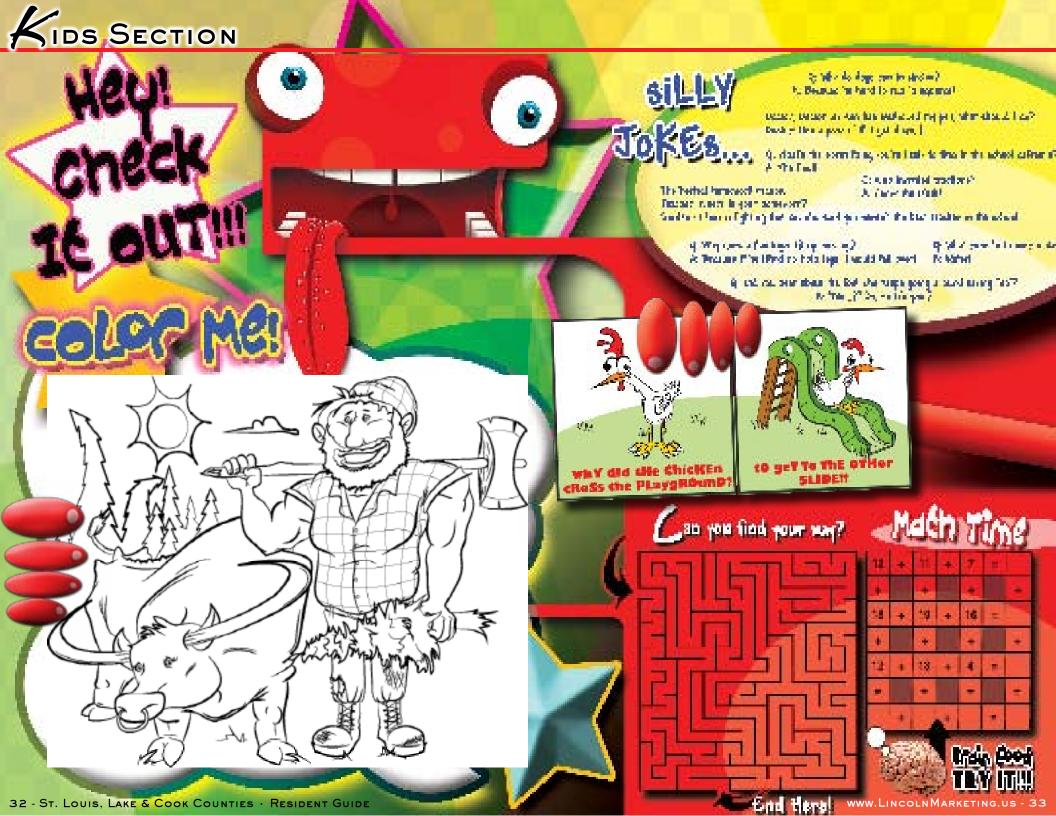
Please respect private property and no trespassing signs.
Stay on trails.
Exercise extreme caution on all lakes and streams. Obey all state and local laws and ordinances. Do not operate snowmobiles/ATV's on county roads or state

highways.

• Do not consume alcohol or take drugs prior to or during your snowmobile trip. Doing so increases your chances of injury or death. Slow down and don't cut to the inside of the trail corners. It's dangerous and illegal. • If you snowmobile at night, don't override your lights. • Always use the buddy system. Never ride off alone. • Drowning is one of the causes of many snowmobile fatalities. Whenever possible, avoid the ice. • Wear sensible, protective clothing designed for operating a snowmobile. • Use a full size helmet, goggles, or visor to prevent injuries from twigs, stones, ice chips and other debris. • Avoid wearing long scarves. They may get caught in moving parts of the snowmobile. • Know the terrain you are going to ride. If unfamiliar to you, ask someone who has traveled over it before. • Know the weather forecast, especially the ice and snow conditions. • Be sure your snowmobile is in top-notch mechanical condition throughout the months of use. • Familiarize yourself with the snowmobile you are driving. Thoroughly read the manual that accompanies the snowmobile. • Do not pursue domestic or wild animals. That is not the conduct of a sportsman. Report such violations to the nearest law enforcement officer.

SIOW Down! Snowmobiling is fun. Going to the hospital isn't.







PARENTS:

- Teach your kids that an emergency is when you need help from a doctor, a police officer or a firefighter.
- Designate a safe place by your house that a child can go to if they need help right away.
- Have your kids memorize your address and phone numbers. They should also know your full name and where you work.

KIDS:

FIRE SAFETY

- If you or someone else is on fire remember to STOP, DROP and ROLL. Wrap a blanket on the person to help put out the fire.
- If there is a fire, leave the house as fast as you can! Crawl on the floor to avoid smoke and if the door is hot, don't open it - find another way out.
- Learn all the fire exits in your house. Assign a safe place outside for everyone to meet in case of a fire emergency.

HOME ALONE

- Never tell anyone that you are home alone.
- If someone calls and asks for your mom and dad, tell them "They cannot come to the phone right now, can you please call back later?"
- Do not answer the door, unless it is someone that
 you know your parents have okay'd
 them to come over.



FIRST AID FOR INSECT BITES/ANAPHYLAXIS & POISON SAFETY

INSECT BITES/ANAPHYLAXIS

Anaphylaxis is a severe allergic reaction from insect bites (latex, food and drug allergies can also cause Anaphylaxis). Typical symptoms include hives, the swelling of lips or eyes, swollen throat, drop in blood pressure, light headedness, confusion, nausea or diarrhea. If someone is having an allergic reaction from an insect bite with these symptoms:

POISON PREVENTION

Teach your children about poison and how it can look like a food or drink. They should always ask an adult before eating or drinking anything. Have them learn

the poison control phone number: 1-800-222-1222 and keep it programmed or posted near all your phones. Here are some prevention tips.

Lock up your poisons and medications. Keep them out of the reach of children, lock them up if possible. Make sure your children understand that medicine is not candy.

Follow directions carefully. Read your labels. Be sure to use and store all poisons and medications properly according to recommendations.

Keep

your pets safe from household chemicals, too.

Don't allow pets near areas that have just been cleaned with chemicals, such as freshly mopped floors or bleached bathtubs and sinks. Clean up any antifreeze/coolant spills. Pets like the flavor but they can die if they ingest it. Store poisonous foods or plants in areas that your pets cannot access. Call your local emergency veterinary hospital if you believe your pet has been poisoned.



FIRST AID FOR BURNS & CHOKING

BURNS

For minor 1st and 2nd degree burns smaller than 3" in diameter: Cool the Burn. Run cool water over the burned area for 5 minutes, or until the pain diminishes. Never put ice on a burn!

Bandage the burn with sterile gauze:

It is important to use loosely wrapped gauze. This will avoid pressure and the bandage protects blisters. NEVER put lotions, vaseline, ointments or butter on burn. Do not break any blisters, which can cause infection.

Take Aspirin, Ibuprofen, Naproxe<mark>n or Acetaminop</mark>hen to relieve pain:

Minor burns usually heal with these basic treatments. Be aware for signs of infection which may include: increased pain, redness, fever, swelling or oozing. If symptoms develop, seek medical help. Avoid tanning the burned area for at least a year. Protect the area with sunscreen outdoors. Avoid giving aspirin to children.

For 3rd degree burns/all major burns - DIAL 911 DO NOT run cold water over large severe burns - this can cause shock. DO NOT remove burnt clothing. Check for signs of breathing/coughing/movement.

If there are no signs of breathing begin CPR.

Elevate burned areas above heart level, if possible.

Cover the burn(s) with cool, sterile, moist bandages, towels or cloth.

CHOKING

Most people clutch at their throats when choking, an obvious symbol for help. However, if a person isn't giving that signal, be alert for these indications. Inability to talk, difficulty breathing or noisy breathing, inability to cough forcefully, skin/lips/nails turning blue, loss of consciousness.

The Red Cross recommends a "five-and-five" method for first aid: First give five blows between the person's shoulders with the heel of your hand. Second, perform the Heimlich maneuver (abdominal thrusts) five times. Alternate between five back blows and five abdominal thrusts until the blockage is dislodged.

IN AN EMERGENCY, DIAL 911

