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County,  
Minnesota

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# Table of Contents

2-3	<b>Local Area Events</b>
4	<b>Resident Services</b>
5	<b>Sherburne County History</b>
6-7	<b>Sherburne County Communities</b>
	Becker
	Big Lake
	Clear Lake
	Elk River
	Princeton
	St. Cloud
	Zimmerman
7	<b>Parks &amp; Recreation</b>
8	<b>Local Area Attractions</b>
13	<b>Minnesota Fishing Seasons</b>
15	<b>Minnesota Hunting Seasons</b>
16	<b>DNR License Centers</b>
21	<b>Snowmobile Trails</b>

# 2013 CALENDAR

JANUARY							FEBRUARY							MARCH						
S	M	T	W	T	F	S	S	M	T	W	T	F	S	S	M	T	W	T	F	S
		1	2	3	4	5						1	2						1	2
6	7	8	9	10	11	12	3	4	5	6	7	8	9	3	4	5	6	7	8	9
13	14	15	16	17	18	19	10	11	12	13	14	15	16	10	11	12	13	14	15	16
20	21	22	23	24	25	26	17	18	19	20	21	22	23	17	18	19	20	21	22	23
27	28	29	30	31			24	25	26	27	28			24	25	26	27	28	29	30
														31						

APRIL							MAY							JUNE						
S	M	T	W	T	F	S	S	M	T	W	T	F	S	S	M	T	W	T	F	S
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7	8	9	10	11	12	13	5	6	7	8	9	10	11	2	3	4	5	6	7	8
14	15	16	17	18	19	20	12	13	14	15	16	17	18	9	10	11	12	13	14	15
21	22	23	24	25	26	27	19	20	21	22	23	24	25	16	17	18	19	20	21	22
28	29	30					26	27	28	29	30	31		23	24	25	26	27	28	29
														30						

JULY							AUGUST							SEPTEMBER						
S	M	T	W	T	F	S	S	M	T	W	T	F	S	S	M	T	W	T	F	S
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7	8	9	10	11	12	13	4	5	6	7	8	9	10	8	9	10	11	12	13	14
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28	29	30	31				25	26	27	28	29	30	31	29	30					

OCTOBER							NOVEMBER							DECEMBER						
S	M	T	W	T	F	S	S	M	T	W	T	F	S	S	M	T	W	T	F	S
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## Local Area Events

### JANUARY

Gingerbread Arts & Crafts Show | St. Cloud  
Festival of Lights | St. Cloud  
Moonlight Ski | St. Cloud  
6th Annual Sons of Norway Barneloped | St. Cloud  
Breakfast Club – Red Wing to Hong Kong | St. Cloud  
Tour De Danse | St. Cloud  
Dancing with Many Voices | St. Cloud  
Holiday Cheer After the New Year | Elk River  
Fire and Ice | Elk River  
Pins 4 Paws | Zimmerman  
Bulldog Cheerleading Classic | Zimmerman

### FEBRUARY

Youth Choir Festival | St. Cloud  
Gingerbread Arts & Crafts Show | St. Cloud  
Saint Cloud Sportsmens Boat, Camping and Vacation Show | St. Cloud  
Central MN Wellness Expo | St. Cloud  
Boat Show | St. Cloud  
Farm Show | St. Cloud  
5th Annual Elk River Classic Ice Hockey Tournament

### MARCH

Empty Bowls Soup Sampler Benefit | St. Cloud  
McCoy's 2nd Annual 5k for CAER/Local food shelf | Elk River  
Shiver Elk River 5K

### APRIL

Central Minnesota Winter Horse Fest | St. Cloud  
Freedom Flight Fundraiser Steak Fry | St. Cloud  
Mississippi Music Fest | St. Cloud  
Chocolate Fantasy | St. Cloud  
Earth Day 1/2 Marathon | St. Cloud  
Chocolate Fantasy | St. Cloud  
Central MN Car Show | St. Cloud

### MAY

Taste of Elk River  
Elk River Area Youth Day  
Memorial Day Services | Sherburne County  
World's Largest Garage Sale | St. Cloud  
Change A Life Fundraiser | St. Cloud  
Fifties Car Hop Theme | St. Cloud  
Wild West Days | Zimmerman

### JUNE

Freedom Days | Becker  
Big Lake Spud Fest  
Arts Alliance Member's Show | Elk River  
Rum River Festival | Princeton  
Miss Princeton Pageant  
Rum River Parade | Princeton  
Spalt Fest | St. Cloud  
Downtown Art Crawl | St. Cloud  
Granite City Days | St. Cloud  
Home Tour & Wine Tasting | St. Cloud  
ATV Raffle | Zimmerman

## Local Area Events

### JULY

Fireman's Dance | Clear Lake  
Elk River Relay for Life  
4th of July Celebration | Princeton, St. Cloud  
Sidewalk Sale & Crazy Days | St. Cloud  
Culpepper & Merriweather Circus | Zimmerman  
Sherburne County Fair | Elk River  
66th Annual St. Cloud Fireworks  
St. Cloud Air Show

### AUGUST

Lion Chicken BBQ | Clear Lake  
Special Olympics Bocce & Softball | Elk River

### SEPTEMBER

Wapiti Rendezvous | Elk River  
St. Cloud Pride Fest  
CMBA Fall Tour of Homes | St. Cloud  
St. Mary's Cathedral Block Party | St. Cloud

### OCTOBER

Oktoberfest Craft Fair | Becker  
Fun Fall Family Extravaganza | Elk River  
Trick-or-Treat | Sherburne County  
Fireman's Halloween Open House | Princeton

### NOVEMBER

Veteran's Day | Becker  
Holiday Lighting Contest | Princeton  
Mini Dazzle Parade | Princeton  
Storybook Christmas Boutique | St. Cloud

### DECEMBER

BLCC Holiday Social | Big Lake  
Winter Gala Fundraiser | Princeton  
Claus & Paws | Princeton  
Annual Winter Nights & Lights Parade | St. Cloud  
Granite City Train Show | St. Cloud  
Celebrate the Season | Zimmerman  
Winter Nights & Lights Parade | St. Cloud

*\*For more information on Sherburne County events, visit <http://www.co.sherburne.mn.us/>*

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# Resident Services

## SHERBURNE COUNTY

Administration .....	(763) 241-2701/(800) 433-5229
Assessor .....	(763) 241-2880/(800) 438-0577
Auditor/Treasurer .....	(763) 241-2861/(800) 438-0576
Court Administrator .....	(763) 241-2800/(800) 433-5232
Economic Development .....	(763) 241-2701/(800) 433-5229
Planning, Zoning & Parks .....	(763) 241-2900/(800) 438-0578
Probation .....	(763) 241-2770/(800) 438-0574
Public Health .....	(763) 241-2750/(800) 433-5237
Public Works .....	(763) 241-7000/(800) 594-5208
Recorder .....	(763) 241-2915/(800) 719-2826
Sheriff .....	(763) 241-2500/(800) 433-5245
Social Services .....	(763) 241-2600/(800) 433-5239
U of M Extension .....	(763) 241-2720/(800) 433-5236
Veteran Services .....	(763) 241-2740/(800) 433-5243



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## Sherburne County History *(Elk River, County Seat)*

Originally part of Benton County, Sherburne County was organized in 1856 and named after Associate Justice of the Supreme Court Moses Sherburne. Settlers were attracted to the rich farmland and ample timber. As settlement grew along the Mississippi River banks, townships were divided and organized. Elk River was selected as the county seat and Sherburne County continued to grow as the railroad lines arrived and transportation improved. With its proximity to the Twin Cities, Sherburne County has now grown from a bustling agricultural area to a commuter's haven. Today Sherburne County is home to approximately 87,832 residents.

### **CITIES:**

**BECKER** – pop. 4,200  
**BIG LAKE** – pop. 9,799  
**CLEAR LAKE** – pop. 485  
**ELK RIVER (COUNTY SEAT)** – pop. 23,231  
**PRINCETON** – pop. 4,754  
**ST. CLOUD** – pop. 67,136  
**ZIMMERMAN** – pop. 5,316

### **TOWNSHIPS:**

**BALDWIN** – pop. 5,636  
**BECKER** – pop. 4,711  
**BIG LAKE** – pop. 8,137  
**BLUE HILL** – pop. 1,359  
**CLEAR LAKE** – pop. 2,123  
**HAVEN** – pop. 2,703  
**LIVONIA** – pop. 4,818  
**ORROCK** – pop. 3,564  
**PALMER** – pop. 3,063  
**SANTIAGO** – pop. 2,240

*\*Populations are approximate.*

# Sherburne County Communities

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## BECKER

Once known as Pleasant Valley, Becker grew as a community in the 1850s. Upon arrival of the railroad in 1867, the area began to grow. Pleasant Valley was renamed Becker after George Loomis Becker, who was instrumental with the construction of the railroad. Today Becker is home to approximately 4,200 residents.

## BIG LAKE

Located along the Mississippi River, Big Lake originated as an agricultural community in the mid 1800s. Settlers were attracted to the Mississippi River where it could be utilized for transportation and power. By 1864, a hotel, blacksmith shop, mills and general stores were established. Before refrigeration, most of the ice in Twin Cities' iceboxes was acquired from Big Lake. Today Big Lake is home to approximately 9,799 residents.

## CLEAR LAKE

Clear Lake was incorporated as a village in 1900 and businesses and creameries were established. 1917 marked the completion of the Clear Lake High School and the railroad arrived in 1924. Clear Lake was incorporated as a city in 1970 and has since continued to grow. Today Clear Lake is home to approximately 485 residents.

## ELK RIVER (COUNTY SEAT)

Named after the herds found in the area by Zebulon Pike, Elk River was settled in the mid 1800s. Pioneers utilized the nearby Elk River and Mississippi Rivers for power and transportation. In 1855, Elk River was platted as a village and the community continued to grow. By 1872 Elk River was selected as Sherburne's County Seat. The Village of Elk River and the Township of Elk River were consolidated in 1978. Today Elk River is home to approximately 23,231 residents.

## PRINCETON

Named after John S. Prince, a lumber manufacturer from St. Paul, Princeton was first settled in 1849 and platted in 1855. Within 10 years, sawmills, flour mills, blacksmith shops, hotels and general stores were thriving. The first newspaper, "The Princeton Appeal," was issued in 1873. Early industry included logging, manufacturing and agriculture, and by 1902 Princeton produced the most potatoes in the Northwest. Today Princeton is home to approximately 4,754 residents.

# Sherburne County Communities

---

## ST. CLOUD

Once a way station on the Red River Trails, St. Cloud developed from three separate settlements and unified to offset hardship. The city was incorporated in 1856 and is named after the Parisian suburb, Saint Cloud, by John Wilson. Since the 1880s, granite quarries have operated in St. Cloud, deeming the area "Granite City." Today St. Cloud is home to approximately 67,136 residents.

## ZIMMERMAN

Zimmerman began as a community called Lake Fremont after the explorer John C. Fremont. In 1910, Lake Fremont was incorporated as a village and it was not until 1967 that Lake Fremont was renamed Zimmerman in honor of Moses Zimmerman, an influential farmer who assisted with the development of the railroad. Today Zimmerman is home to approximately 5,316 residents.

## Parks & Recreation

---

### BRIDGEVIEW PARK RESERVE

20711 187th Ave. NW | Big Lake

Located on 29 acres along the Mississippi River, Bridgeview Park Reserve features a hiking and snowshoeing trail, offers educational programs and fishing opportunities.

### GRAMS REGIONAL PARK

10775 27th Ave. SE | Becker

Located on 114 acres near Fremont Lake, Grams Regional Park features picnic sites and shelters, hiking trails and lakeshore access.

### HEIMS MILL CANOE ACCESS

32324 County Rd. 1 | St. Cloud

Heims Mill Canoe Access provides access to the Sauk and Mississippi Rivers, features a picnic area with a grill and offers fishing opportunities.

### MILLER LANDING

7502 County Rd. 138 | St. Cloud

Miller Landing features canoe access to the Sauk River, a picnic site with a grill and offers fishing opportunities.

### OAK SAVANNA PARK

10775 27th Ave. SE | Becker

Located on 140 acres, Oak Savanna Park features hiking, biking, equestrian, snowshoeing and dog sledding trails and offers educational programs.

### SAND DUNES STATE FOREST

Located on 11,040 acres, the Sand Dunes State Forest features the 225 acre Bob Dunn Recreation Area, the Ann Lake Campground, horse camp, recreational trails, lake shore access and offers fishing opportunities.

# Local Area Attractions

## CATHEDRAL OF SAINT MARY

25 8th Ave. S | St. Cloud | (320) 251-1840

## CENTRAL MINNESOTA COMMUNITY THEATER

913 West St. | St. Cloud | (320) 259-0250

## ELK RIVER AREA ARTS ALLIANCE

716 Main St. | Elk River | (763) 441-4725

## ELK RIVER GOLF CLUB

20015 NW Elk Lake Rd. | Elk River | (763) 441-4111

## GRANITE TRIO

600 Germain St. W | St. Cloud | (320) 257-8600

## GRAYSON'S BERRYLAND

6705 SE Co. Rd. 8 | Clear Lake | (320) 743-3384

## HERITAGE NATURE CENTER

225 33rd Ave. S | St. Cloud | (320) 255-7255

## MN AMATEUR BASEBALL HALL OF FAME

1325 10th Ave. N | St. Cloud | (320) 252-8227

## MUNSINGER & CLEMENS GARDENS

SE Kilian Blvd. | St. Cloud | (320) 255-7238

## OLIVER H. KELLEY FARM

15788 Kelley Farm Rd. | Elk River | (763) 441-6896

## PARAMOUNT THEATRE & VISUAL ARTS CENTER

913 Germain St. W | St. Cloud | (320) 259-5463

## PIONEER PLACE ON FIFTH THEATRE

22 5th Ave. S | St. Cloud | (320) 203-1233

## ST. CLOUD CIVIC CENTER

10 4th Ave. S | St. Cloud | (320) 255-7272

## ST. CLOUD RIVER BATS BASEBALL

5001 Veterans Dr. | St. Cloud | (320) 240-9798

## ST. CLOUD SYMPHONY ORCHESTRA

819 Germain St. W | St. Cloud | (320) 252-7276

## SAND DUNES STATE FOREST

DNR Rd. | Big Lake | (651) 296-6157

## SAND PRAIRIE EDUCATION AREA

Hwy. 10 | St. Cloud | (320) 255-4279

## SHERBURNE HISTORY CENTER

10775 27th Ave. SE | Becker | (763) 261-4433

## SHERBURNE NATIONAL WILDLIFE REFUGE

17076 293rd Ave. | Zimmerman | (763) 389-3323

## SUMMERLAND FAMILY FUN PARK

Hwy. 23 E | St. Cloud | (320) 251-0940

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# Boating Safety

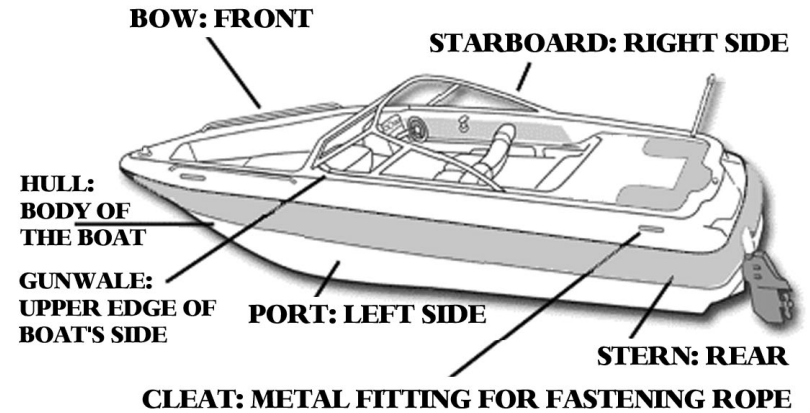
## Operating Watercraft

**Follow these guidelines to help prevent and prepare for capsizing, swamping, or someone falling overboard.**

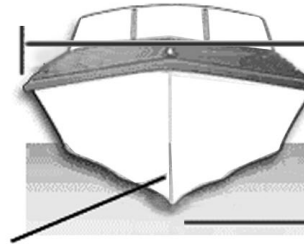
- Make sure that you and your passengers are wearing life jackets while the boat is moving.
- Attach the ignition safety lanyard to your wrist, clothes, or life jacket.
- Don't allow anyone to sit on the gunwale, bow, seat backs, motor cover, or areas not designed for seating. Also, don't let anyone sit on pedestal seats when craft is not in idle.
- Don't overload your boat. Balance the load of passengers and gear stored on-board.
- Keep your center of gravity low by not allowing people to stand up or move around while craft is in motion.
- In small boats, don't allow anyone to lean beyond the gunwale.
- Turn boat at slow rates of speed.
- Secure the anchor line to the bow, never to the stern.
- Don't risk operating water craft in rough conditions or bad weather.

# Boating Safety

## Know Your Craft



**BEAM: MAXIMUM WIDTH OF BOAT**



**FREEBOARD: DISTANCE FROM WATER SURFACE TO LOWEST POINT WHERE WATER COULD COME ABOARD BOAT.**

**DRAFT: DEPTH OF WATER NEEDED TO FLOAT VESSEL**

**KEEL: CENTERLINE OF BOAT OR EXTENSION OF HULL (INCREASES STABILITY)**

## Who May Operate a Motorboat (Other Than a Personal Watercraft)

### For engines 25 horsepower or less:

Those under age 12 may operate without restrictions.

### For engines over 25 horsepower through 75 horsepower:

Those under age 12 must have someone 21 years of age or older on board within reach of the controls.

### For engines over 75 horsepower:

No children under age 12 may operate, even with an adult on board.

### Other restrictions apply to boat operators 12 to 17 years old:

Operators from 12 to 17 years of age may operate engines of 25 horsepower or lower with no restrictions.

### For engines over 25 horsepower:

Operators 12 to 17 years of age must have:

A watercraft operator's permit, or someone age 21 years or older on board within reach of the controls.



# Boating Safety

## Flotation Devices



### **Offshore Life Jackets - Type 1:**

For rough or remote waters where rescue may take awhile. Provide the most buoyancy, excellent for flotation, turns most unconscious persons face up in the water.



### **Near-Shore Vests - Type 2:**

Good for calm waters when quick assistance or rescue is likely. Turns some unconscious wearers face up in the water, but not as efficiently as offshore life jackets.



### **Flotation Aids - Type 3:**

Vests or full-sleeved jackets good for calm waters when quick assistance is likely. Not for rough waters. They will not turn most unconscious persons face up. Used for sports, such as water-skiing. Some inflate in water.



### **Unwearable / Throwable Devices - Type 4:**

Cushions and ring buoys designed to be thrown to someone in trouble. Type 4 is not designed to be worn. Not for rough waters - not for anyone unable to hold on to it.



### **Special Use - Type 5:**

Vests, hybrids/others designed for specific activities, for example windsurfing, kayaking, water-skiing. Some Type 5 devices inflate when entering the water. To be acceptable, Type 5 must be used in compliance with their label instructions.

**All watercraft must have at least one** Coast Guard Approved Type 1, 2, 3 or 5 flotation device that is the proper size for each person on board or being towed.

**All devices must** be in good condition and easily accessible.

**Children under age 10 must wear a device** when on board a boat that is underway unless: in an enclosed cabin or below deck or on an anchored boat that is being used for swimming or diving or passenger craft with a licensed captain.

**Along with the above** at least one approved Type 4 must be on board boats 16 ft. or longer (except canoes and kayaks) and immediately available.

**A Coast Guard approved Type 5 device may be substituted** for any other Coast Guard approved device if it meets the same requirements and is noted on the label.

**Anyone riding a jet ski or other Personal Water Craft** must wear an approved -non inflating flotation device, as well as anyone being towed by a water craft.

# 2013 Minnesota Fishing Seasons

## **BOWFISHING**

05/01/12 - 02/24/13

## **WALLEYE, SAUGER & NORTHERN PIKE**

05/12/12 - 02/24/13; 05/11/13 - 02/23/14

## **LARGEMOUTH BASS\***

05/12/12 - 02/24/13

## **SMALLMOUTH BASS\***

(Catch & Release)09/10/12 - 02/24/13

## **LAKE TROUT\***

(BWCA) 12/31/11 - 03/31/12

(Outside BWCA) 01/14/12 - 03/31/12

05/12/12 - 09/30/12

## **STREAM TROUT\***

(Southeast) 01/01/12 - 03/31/12; 04/01/12 - 01/13/12

(Catch & Release) 01/14/12 - 03/31/12

(All Lakes) 01/14/12 - 03/31/12; 05/12/12 - 10/31/12

*\* At time of publication, not all 2013 seasons were posted.*

*\*Contact the MN DNR for specific zone information by calling: 1 (888) 646-6367.*

## St. John Lutheran School

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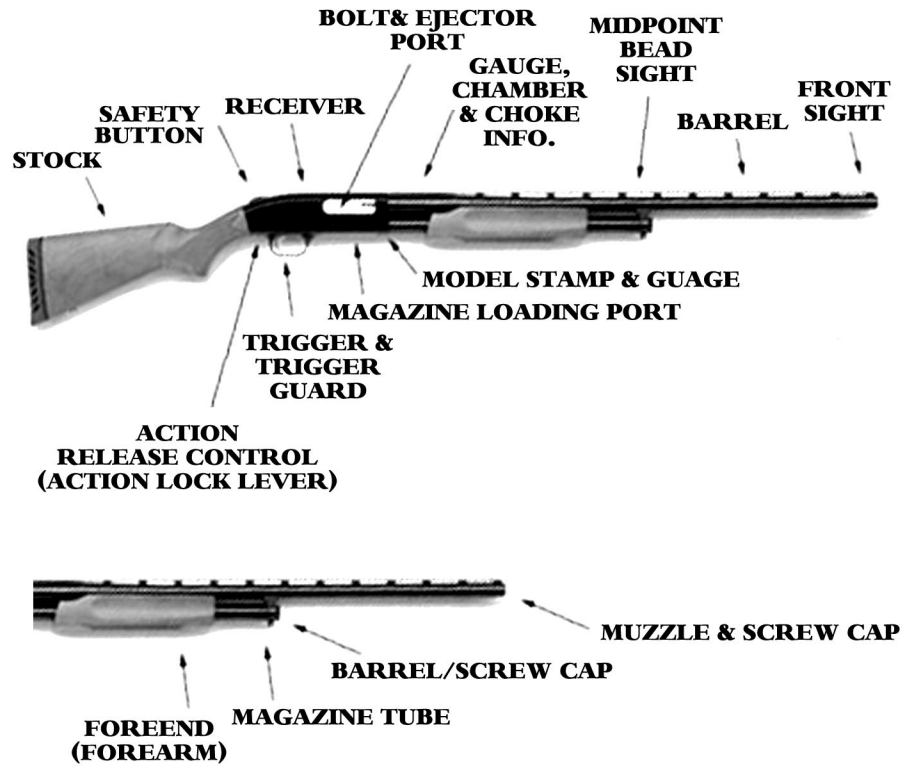
**763-441-6616**

**www.sjlcas.net**

**michelle.britton@sjlcas.net**

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# Hunting Safety



**All hunters should consider taking an advanced hunter education class to learn the latest hunting techniques along with tips on coming home alive.**

**Here are five suggestions for a safe and successful hunting experience:**

1. Get a detailed map of the area you are hunting, review it before you leave, and carry it with you in the field.
2. Carry a compass and know how to use it. Decide ahead of time the direction to head for if you get lost or disoriented.
3. Weather can change quickly in Minnesota, so hunters should carry a simple survival kit and be prepared for an unexpected overnight stay in the field. The survival kit should contain a rope, a knife, water, waterproof matches, an emergency shelter, and first aid supplies.
4. If you are on the water, make sure to wear a personal flotation device (life preserver).
5. Know your hunting partners' physical and emotional limitations, as well as your own, and don't push your partners or yourself beyond those limits.

# 2013 Minnesota Hunting Seasons

For general information on firearm safety training call: 1 (888) 646-6367 or (651) 296-6157.

Contact the MN DNR for specific zone areas:

Online: [www.dnr.state.mn.us](http://www.dnr.state.mn.us), Toll Free: 1 (888) 665-4236.

You can purchase hunting and fishing licenses by phone: 1 (888) 665-4236.

## HUNTING

### RABBIT & SQUIRREL

09/15/12 - 02/28/13; 09/14/13 - 02/28/14

### GRAY & RED FOX, BADGER, OPOSSUM & RACCOON

(North) 10/20/12 - 03/15/13; 10/19/13 - 03/13/14  
(South) 10/20/12 - 03/15/13; 10/19/13 - 03/15/14

### GOOSE

(Spring Light Goose) 03/01/13 - 04/30/13  
(Early Canada Goose) 09/01/13 - 09/20/13

### CROW

03/01/13 - 03/31/13; 07/15/13 - 10/15/13

### BEAR

09/01/13 - 10/13/13

### MOURNING DOVE

09/01/13 - 10/30/13

### SNIPE & RAIL

09/01/13 - 11/04/13

### DEER

(Archery) 09/14/13 - 12/31/13  
(Youth) 10/17/13 - 10/20/13  
(Camp Ripley Archery) 10/17/13 - 10/18/13  
(Firearm 2A & 3A) 11/09/13 - 11/17/13  
(Firearm 1A) 11/09/13 - 11/24/13  
(Firearm 3B) 11/23/13 - 12/01/13  
(Muzzleloader) 11/30/13 - 12/15/13

### SHARPTAILED GROUSE

09/14/13 - 11/30/13

## HUNTING, CONTD.

### GROUSE & GRAY PARTRIDGE

09/15/12 - 01/01/13; 09/14/13 - 01/01/14

### WOODCOCK

09/22/12 - 11/05/12

### MOOSE

(Northeast Zone) 09/28/13 - 10/13/13

### TURKEY

09/28/13 - 10/27/13

### PHEASANT

10/12/13 - 01/01/14

### PRAIRIE CHICKEN

10/19/13 - 10/23/13

### FISHER & PINE MARTEN

11/30/13 - 12/05/13

## FURBEARER TRAPPING

### BEAVER

(North) 10/26/13 - 04/30/14  
(South) 11/02/13 - 04/30/14

### MINK & MUSKRAT

(North) 10/26/13 - 02/28/14  
(South) 11/02/13 - 02/28/14

### OTTER

(North Zone) 10/26/13 - 01/05/14  
(South Zone) 11/02/13 - 01/05/14

### BOBCAT

11/24/12 - 01/05/13; 11/30/13 - 12/05/13

\*At the time of publication not all of the 2013-2014

Minnesota Hunting Seasons were available.

Contact [www.dnr.state.mn.us](http://www.dnr.state.mn.us) for more information

Sherburne County | Resident Guide 15

# DNR License Centers

You can purchase hunting and fishing licenses, cross-country ski passes and snowmobile trail stickers through the Electronic License System.

Online: [www.dnr.state.mn.us](http://www.dnr.state.mn.us), Toll-Free: (888) 665-4236

or visit one of the ELS agents available throughout Sherburne County:

## **BECKER**

### **BECKER TRUE VALUE HARDWARE**

13350 1st St. | Becker | (763) 261-4464

### **DELI PLUS**

13996 1st St. | Becker | (763) 261-4400

### **HOLIDAY STATION STORE (#598)**

14740 165th Ave. | Becker | (763) 263-7550

## **BIG LAKE**

### **BIG LAKE HARDWARE**

621 Rose Dr. | Big Lake | (763) 263-2019

### **HOLIDAY STATION STORE (#132)**

281 Jefferson Ave. | Big Lake | (763) 263-7979

### **SAFE BAIT & TACKLE, INC.**

16484 149th St. SE | Big Lake | (763) 262-2248

### **SANDUNE STOP**

281 Jefferson Blvd. | Big Lake | (763) 263-8200

## **CLEAR LAKE**

### **BRIGGS LAKE STORE**

4258 105th Ave. | Clear Lake | (320) 743-2791

### **CLEAR LAKE AMOCO**

7988 Front St. | Clear Lake | (320) 743-4638

## **ELK RIVER**

### **CHARLIE BROWN'S TEXACO**

335 Lowell Ave. NW | Elk River | (763) 274-1575

## **ELK RIVER, CONTD.**

### **EBNER'S LIVE BAIT**

17015 Hwy. 10 NW | Elk River | (763) 441-1550

### **ELK RIVER BP**

19696 Evans St. NW | Elk River | (763) 241-9490

### **HOLIDAY STATION STORE (#90)**

13445 Business Center Dr. | Elk River | (763) 241-8848

### **HOLIDAY STATION STORE (#313)**

18823 Freeport Ave. | Elk River | (763) 241-6946

### **WALMART SUPERCENTER (#3209)**

18185 Zane St. | Elk River | (763) 441-3461

## **SANTIAGO**

### **SANTIAGO COUNTRY STORE**

2080 165th Ave. | Santiago | (763) 662-2243

## **ZIMMERMAN**

### **HOLIDAY STATION STORE (#239)**

26125 Hwy. 169 | Zimmerman | (763) 856-4433

### **MARV'S MINNOWS INC.**

25859 2nd St. NE | Zimmerman | (763) 856-4038

### **SUPER AMERICA (#4535)**

26075 3rd St. E | Zimmerman | (763) 856-0477

### **TAILS & TRAILS SPORT SHOP**

25355 Hwy. 169 | Zimmerman | (763) 856-3985

# Bicycle Safety

Always wear a properly fitting bike helmet as most serious injuries are to the head.

Be sure your handlebars, seat and wheels fit snugly.

Keep your bike in good shape by checking and oiling your chain, making sure your brakes work properly and maintaining your tire pressure.

Always ride with both hands on the handlebars except when doing turn signals.

When leaving a driveway, curb or alleyway always stop and check for traffic in both directions.

Cross only at intersections.

Use the crosswalk to walk your bike across busy intersections and follow the traffic signals.

Never ride against traffic. Travel in the same direction as the cars.

Whenever you can, use bike routes and avoid busy streets.

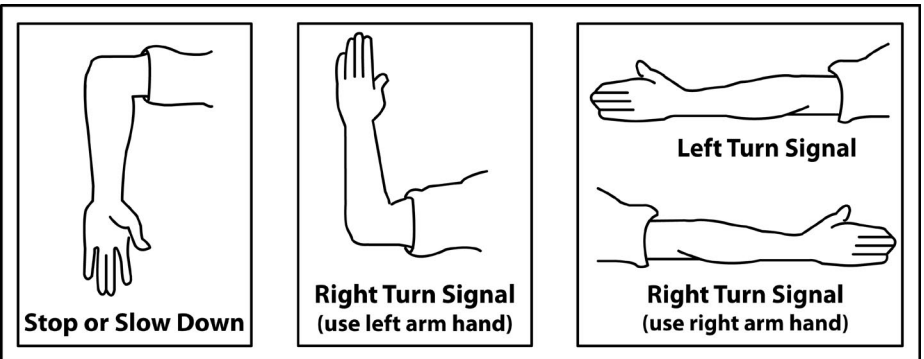
Don't ride near parked cars as doors can open and cause accidents.

Obey all traffic signs and traffic lights.

When biking with friends, ride in a single file.

Always pass other bikers or pedestrians on the left and say "On your left!" to make your presence known.

Always use bicycle hand signals to alert traffic of your changing direction.



# ATV Safety

- Read the owner's manual and know your vehicle thoroughly.
- Check your vehicle before you ride.
- Wear protective equipment and clothing.
- Don't lend your vehicle to unskilled riders.
- Supervise young or inexperienced riders.
- Never carry a passenger on vehicles meant for one rider.
- Do not operate under the influence of drugs or alcohol.
- Drive at speeds that are appropriate to trail conditions.
- Stay to the right on trails.
- Stay away from thin ice, open water and wetlands
- Know the weather forecast.
- Make sure headlights and taillights work properly.
- Maintain safe distances between other riders.
- Reduce your speed when riding at night.
- Yield to other motor vehicles and trail users.
- Young or beginning riders are encouraged to take a safety training course.



# Snowmobile Safety

Do not consume alcohol or take drugs prior to or during your snowmobile trip. Doing so increases your chances of injury or death.

Slow down and don't cut to the inside of the trail corners. It's dangerous and illegal.

If you snowmobile at night, don't override your lights.

Always use the buddy system. Never ride off alone.

Drowning is one of the causes of many snowmobile fatalities. Whenever possible, avoid the ice.

Wear sensible, protective clothing designed for operating a snowmobile.

Use a full size helmet, goggles, or visor to prevent injuries from twigs, stones, ice chips and other debris.

Avoid wearing long scarves. They may get caught in moving parts of the snowmobile.

Know the terrain you are going to ride. If unfamiliar to you, ask someone who has traveled over it before.

Know the weather forecast, especially the ice and snow conditions.

Be sure your snowmobile is in top-notch mechanical condition throughout the months of use.

Familiarize yourself with the snowmobile you are driving. Thoroughly read the manual that accompanies the snowmobile.

Do not pursue domestic or wild animals. That is not the conduct of a sportsman. Report such violations to the nearest law enforcement officer.

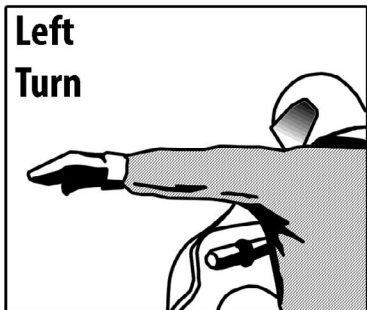
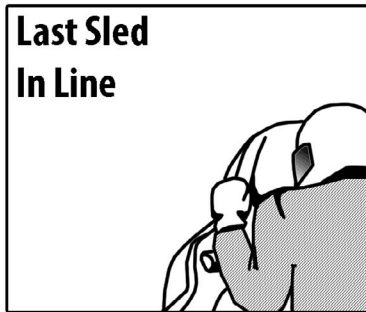
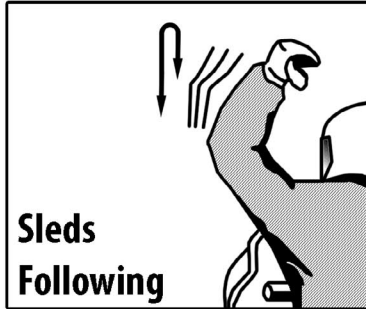
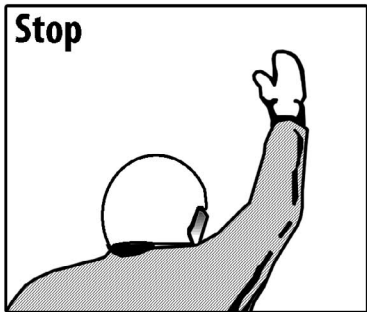
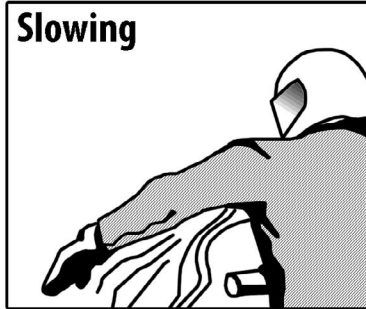
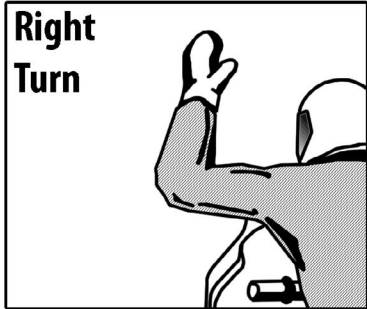
## Common Trail Signs



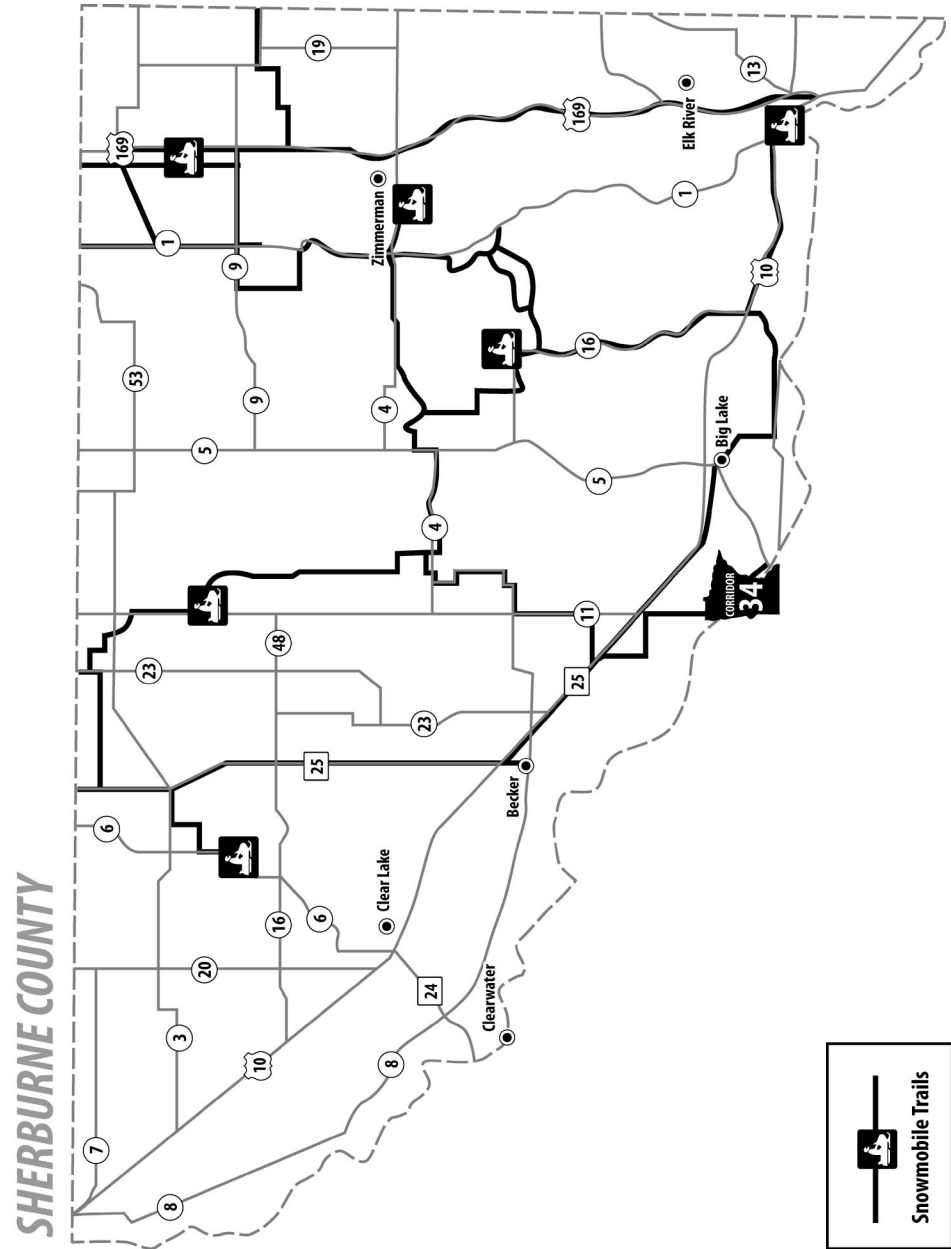
# Snowmobile Safety

Communication is an essential part of safe riding. Hand signals are a practical way to communicate between other riders and traffic.

Be sure to give easy to see and clear hand signals when snowmobiling. Hand signals should never be subtle, but always deliberate.





# Snowmobile Trails








## Tips on Recycling & Living Greener


 **Recycle as much as you can.** Even simple everyday things, such as plastic bottles and aluminum cans, can make a huge difference.


 **Switch your incandescent light bulbs to compact fluorescent ones.** Save money and energy.


 **Bring your own reusable shopping bags with you to the supermarket or the mall.**


 **Donate your unwanted clothing to a local charity.** Eyeglasses, household items, electronics and even vehicles can be accepted.


 **Recycle your used ink and toner cartridges.** Most office supply stores accept used cartridges.


 **Recycle your used batteries.** This prevents poisonous mercury from seeping into our water supplies and soil. Switch to rechargeable ones.

 **Switch to unbleached toilet paper, paper towels and coffee filters.** Avoiding bleached products can help preserve our water supply and soil.


 **Unplug any unused appliances.** Your cellphone charger uses electricity, even when your phone isn't charging - especially if you are not going to be home.

 **Bring your own lunch.** You'll avoid using non-recyclable styrofoam to-go containers and unnecessary throw-away packaging.

 **Start a compost bin in your yard.** There are even ones that you can store under your kitchen sink.

 **Be crafty.** Let old items be an inspiration for a craft project and re-purpose old items. Punch holes in tin cans to make candle luminaries or use empty yogurt containers to organize nuts and bolts.

 **Have a green-cleaning product party.** Invite your friends over to make enough vinegar-based homemade cleaners to share.

 **Run your washer/dryer/dishwasher after 5pm.** This is when less electricity is being used, especially in larger cities. In air-conditioned summer months this can help prevent blackouts.

## ⊕ Emergency First-Aid Tips ⊕

### FIRST AID FOR CPR & HEART ATTACK

#### CPR

CPR is to be administered when a person is not breathing or has no pulse. Be quick to act by remembering the A,B,C's: Airway, Breathing & Circulation.

#### Airway:

Place the person on a firm surface, on their back. Kneel next to the person's neck and shoulders. Open the person's airway by tilting back the head and lifting the chin.

#### Breathing:

With the head tilted and chin lifted, pinch the nostrils shut and cover the person's mouth with yours. Give two slow breaths.

#### Circulation:

Find the hand position on the center of the breastbone. Place the heel of your hand on that position, with your other hand on top of the first hand. Use your upper body weight to push down. Give two compressions per second. Compress the chest at a rate equal to 100/minute. Perform 30 compressions at this rate. Repeat until an ambulance arrives.

#### HEART ATTACK

Symptoms of a heart attack may include any of the following:

- Uncomfortable pressure, fullness or squeezing pain in the center of the chest.
- Expanded pain in the upper abdomen.
- Shortness of breath.
- Pain or numbness in either arms, shoulders, neck, jaw or teeth.
- Dizziness or fainting.
- Nausea and sweating.

**If you or someone else may be having a heart attack - follow these steps immediately:**

- **DIAL 911**
- **Chew and swallow Aspirin (unless you are allergic/not allowed to)**
- **Take Nitroglycerin (only if prescribed)**
- **Begin CPR if the person is unconscious**

**IN AN EMERGENCY, DIAL 911**

# ⊕ *Emergency First-Aid Tips* ⊕

## FIRST AID FOR BURNS & CHOKING

### BURNS

**For minor 1st and 2nd degree burns smaller than 3" in diameter:** Cool the Burn. Run cool water over the burned area for 5 minutes, or until the pain diminishes. Never put ice on a burn!

#### **Bandage the burn with sterile gauze:**

It is important to use loosely wrapped gauze. This will avoid pressure and the bandage protects blisters. NEVER put lotions, vaseline, ointments or butter on burn. Do not break any blisters, which can cause infection.

#### **Take Aspirin, Ibuprofen, Naproxen or Acetaminophen to relieve pain:**

Minor burns usually heal with these basic treatments. Be aware for signs of infection which may include: increased pain, redness, fever, swelling or oozing. If symptoms develop, seek medical help. Avoid tanning the burned area for at least a year. Protect the area with sunscreen outdoors. Avoid giving aspirin to children.

**For 3rd degree burns/all major burns - DIAL 911**

**DO NOT run cold water over large severe burns - this can cause shock.**

**DO NOT remove burnt clothing.**

**Check for signs of breathing/coughing/movement.**

**If there are no signs of breathing begin CPR.**

**Elevate burned areas above heart level, if possible.**

**Cover the burn(s) with cool, sterile, moist bandages, towels or cloth.**

### CHOKING

Most people clutch at their throats when choking, an obvious symbol for help. However, if a person isn't giving that signal, be alert for these indications. Inability to talk, difficulty breathing or noisy breathing, inability to cough forcefully, skin/lips/nails turning blue, loss of consciousness.

The Red Cross recommends a "five-and-five" method for first aid: First give five blows between the person's shoulders with the heel of your hand. Second, perform the Heimlich maneuver (abdominal thrusts) five times. Alternate between five back blows and five abdominal thrusts until the blockage is dislodged.

**IN AN EMERGENCY, DIAL 911**

# ✦ **St. Benedict's Senior Community**

## CENTRACARE Health System

**At St. Benedict's Senior Community, we offer a broad range of exceptional choices and options in senior living. As a respected leader in our ministry to older adults, we also believe that we are truly unique, offering the absolute best in care and services. We work hard to understand and appreciate the opinions and perspectives of each individual we serve. Our mission, values and beliefs guide our actions each day.**

**We want to ensure that all of our tenants and residents are treated in a holistic and compassionate manner. Not only is their physical comfort and well being important to us, but we also strive to meet the needs of the whole person. We offer a wide range of social and spiritual opportunities to enhance the lives of those we serve. We believe Christian hospitality and attitudes of trust, respect and reverence help us to create an environment that promotes the good of all. People of all faiths are welcomed and embraced within our communities.**

**St. Benedict's Senior Community is a leader in offering a wide range of health care and housing options for older adults.**

### ST. CLOUD CAMPUS:

#### **Benedict Village**

95 retirement living apartments

#### **Benet Place and Benet Place South**

79 income-based/subsidized apartments

#### **Benedict Homes**

Residential living serving 24 individuals with memory loss.

#### **Benedict Court**

39 assisted living apartments

#### **Home Care**

Serving the needs of residents living in our housing settings.

#### **Senior Dining Program**

Noon meal served weekdays for residents of southeast St. Cloud.

#### **Gorecki Care Center**

Serving the needs of 197 individuals who require 24-hour specialized nursing care including a 43-bed unit specializing in Alzheimer's care.

#### **Short Stay Care Program**

Comprehensive health services for individuals with complex medical problems or rehabilitation needs who no longer require hospitalization or acute care.

### MONTICELLO CAMPUS:

#### **The Village**

59 retirement living apartments

#### **The Court**

61 assisted living apartments

30 memory care apartments

Call today for a DVD, to schedule a tour and a complimentary lunch.

**St. Cloud (320) 252-0010**

**Monticello (763) 295-4051**

**www.centracare.com**

# Safety Tips for Parents & For Kids

## PARENTS:

- Teach your kids that an emergency is when you need help from a doctor, a police officer or a firefighter.
- Designate a safe place by your house that a child can go to if they need help right away.
- Have your kids memorize your address and phone numbers. They should also know your full name and where you work.

## KIDS:

### FIRE SAFETY

- If you or someone else is on fire - remember to STOP, DROP and ROLL. Wrap a blanket on the person to help put out the fire.
- If there is a fire, leave the house as fast as you can! Crawl on the floor to avoid smoke and if the door is hot, don't open it - find another way out.
- Learn all the fire exits in your house. Assign a safe place outside for everyone to meet in case of a fire emergency.

### HOME ALONE

- Never tell anyone that you are home alone.
- If someone calls and ask for your mom and dad, tell them "They cannot come to the phone right now, can you please call back later?"
- Do not answer the door, unless it is someone that you know your parents have okay'd them to come over.

# Dave Nelson Greenhouse & Fresh Vegetable Farm

*Potted Annuals, Bedding Plants & Hanging Baskets*  
*Open at Home: May 1st - Mid June*

**Hours: Mon-Thur—9-6, Fri-Sat—9-5**

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23126 164th St., Big Lake

**763-263-3495**

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*Look For us at the  
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