Sauk & Columbia Counties, Wisconsin

FREE RESIDENT GUIDE





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To Private Landowners

Please contact our team at Park **Falls Hardwoods Facility:**

Cory Meyer

715-762-5600 office 715-661-0504 cell **Resource Manager** corymeyer@midwesthardwood.com



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2013

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Local Area Events

JANUARY

Radio Auction Community Dinner | Reedsburg Winterfest | Baraboo Flake Out Festival | Wisconsin Dells Bald Eagle Watching Day | Prairie du Sac Candlelight Ski/Hike/Snowshoe | Lake Delton

FEBRUARY

Winter Carnival | Reedsburg Winterfest | Baraboo Hope House Fundraiser | Baraboo Winter Carnival | Wisconsin Dells Fall River Shiverfest

MARCH

RAHS Choraliers Home Show | Reedsburg District Art Show | Reedsburg Grand Slam Spaghetti Dinner | Baraboo Spring into Spring Green

APRIL

Easter Egg Hunt | Reedsburg, Franklin Arbor Day Celebration | Franklin BobFest | Spring Green Vet Fest Run & Walk | Reedsburg Fire House Spaghetti Supper | Reedsburg Dells Riverfest | Wisconsin Dells

MAY

City Wide Garage Sales | Reedsburg Spring Wine Walk | Baraboo Spring Faire on the Square | Baraboo Automotion Festival | Wisconsin Dells

JUNE

Caz Celebration | Cazenovia Rotary Fly-In & Drive-In | Reedsburg Butterfest | Reedsburg Relay for Life | Reedsburg Zoo Crew Day | Baraboo Taste of Wisconsin Dells Spring Green Arts & Crafts Show

JULY

Brat Bash 'N Dash | Reedsburg Independence Day Celebration Classic Car Show & Swap Meet | Reedsburg Lazy Beaver Canoe Race | Reedsburg Old Fashioned Day Festival | Baraboo Civic Celebration | Franklin Sauk County Fair | Baraboo Columbia County Fair | Portage

AUGUST

Zona Gale | Portage Gandy Dancer Festival | Mazomanie Wildflower Walk | Baraboo Crank it Up for Kids Bike Ride | Baraboo WI DNR Stamp Exhibit | Baraboo Taste of Portage Market Fair | Portage Music in the Park | Baraboo Reedikulus Day | Reedsburg Summer Art Classic | Baraboo Relay for Life | Prairie du Sac Badger Steam & Gas Engine Show | Baraboo Fire & Fun on Hwy. 51 | Westfield St. John's Fun Fest | Spring Green Spring Green Car Show BBQ & Music Festival | Westfield

Local Area Events

AUGUST CONTD.

Susie the Duck Day | Lodi Rhythm on the River | Spring Green Rio Street Dance Sorghum Fest | Fall River

SEPTEMBER

WI State Cow Chip Throw | Prairie du Sac Pardeeville Community Car & Truck Show Baraboo River Rendezvous BeatleFest | Spring Green Pardeeville Watermelon Festival Back to the '50s on Hwy. 60 | Arlington Wild West Days | Mazomanie Circus of Chefs | Baraboo Leopald Center Volunteer Day | Baraboo Wo-Zha-Wa Days Festival | Wisconsin Dells Fall Colors Hike | Montello Cranes of the World Festival | Baraboo Catch for a Cure | Baraboo Polish Fest | Wisconsin Dells Pioneer Rendezvous Days | Westfield Parsons Falls Festival Wisconsin Dells Kiwanis Korn Karnival | Randolph

OCTOBER

Reedsburg Fire Department Arts & Craft Show Portage Fall Craft Sale & Holiday Market Bison Ridge Ranch Fall Fest | Packwaukee Fair on the Square | Baraboo Autumn Color Train Rides | North Freedom Bethlehem Lutheran Craft Fair | Portage Autumn Harvest Fest | Wisconsin Dells Fall Art Tour | Baraboo

OCTOBER CONTD.

Railway Pumpkin Special | North Freedom Pumpkin Bash | Mauston Halloween Candlelight Hike | Baraboo Threads of Warmth Quilt Show | Reedsburg Dells Chili Cook-Off | Wisconsin Dells Spring Green Fall Art Tour Marathon & Half Marathon | Wisconsin Dells Brew-B-Que | Lodi Harvest Day | Columbus Halloween Bash | Fall River

NOVEMBER

Downtown Baraboo Fall Wine Walk Holly Jolly Light Parade | Baraboo Lighted Holiday Parade | Portage Railway Santa Express | North Freedom Wine Walk & Shop | Baraboo Holiday Craft Sale | Arlington Cambria Holiday Craft & Vendor Event Christmas by the Creek | Lodi Columbus Holiday Parade Randolph Holiday Bazaar

DECEMBER

Yuletide at the Portage Downtown Baraboo Cookie Walk An Artisan Christmas | Baraboo Very Merry Holiday Fair | Baraboo Sugar Plum Saturday | Baraboo Victorian Weekend | Baraboo Breakfast with Santa | Columbus Holiday Gathering | Randolph Parade of Lights | Randolph Parade of Lights | Cambria

Sauk County Resident Services

Accounting	(608) 335-3236
Child Support	
Clerk of Courts	
County Clerk	
District Attorney	
Emergency	
Emergency Management	
Health & Human Services	
Health Care Center	
Highway & Transportation	
Human Resources	
Land & Water Conservation	
Management Information Systems	
Planning & Zoning	
Register in Probate	
Register of Deeds	
Sheriff	
Surveyor	
Treasurer	
UW Extension	
Veteran Services	



Columbia County Resident Services

Accounting	(608) 742-0645
-	
Child Support	
Clerk of Courts	
County Clerk	742-9654
District Attorney	742-9650
Emergency	911
Emergency Management	742-4166
Health & Human Services	742-9227
Health Care Center	429-2181
Highway & Transportation	429-2136
Human Resources	742-9667
Land & Water Conservation	742-9670
Management Information Systems	742-9626
Planning & Zoning	742-9660
Register in Probate	742-9636
Register of Deeds	
Sheriff	
Surveyor	742-9616
Treasurer	
UW Extension	742-9680
Veteran Services	742-9618



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Sauk County History (Baraboo, County Seat)

Sauk County was first settled in 1838 as pioneers arrived to stake land claims. The area was originally home to Indians and as a military road was constructed, Sauk County began to thrive. Ample natural resources and access to water continued to attract pioneers and early industry was led by agriculture. Railroad development allowed for growth and businesses, churches and schools were established to meet the needs of its residents. Baraboo was selected as the county seat and by 1900 the population of Sauk County had reached 33,006. Today Sauk County is home to approximately 58,922 residents.

TOWNS:

CITIES:

BARABOO (COUNTY SEAT) – pop. 12,048 REEDSBURG – pop. 10,014 WISCONSIN DELLS* – pop. 2,678

VILLAGES:

CAZENOVIA* – pop. 318 IRONTON – pop. 253 LA VALLE – pop. 367 LAKE DELTON – pop. 2,914 LIME RIDGE – pop. 162 LOGANVILLE – pop. 300 MERRIMAC – pop. 420 NORTH FREEDOM – pop. 701 PLAIN – pop. 773 PRAIRIE DU SAC – pop. 3,972 ROCK SPRINGS – pop. 362 SAUK CITY – pop. 3,410 SPRING GREEN – pop. 1,628 WEST BARABOO – pop. 1,414

BARABOO – pop. 1,828 BEAR CREEK – pop. 497 **DELLONA** – pop. 1,199 **DELTON** – pop. 2,024 **EXCELSIOR** – *pop.* 1,410 FAIRFIELD – pop. 1,023 FRANKLIN – pop. 696 **FREEDOM** – *pop.* 416 **GREENFIELD** – pop. 911 HONEY CREEK – pop. 736 **IRONTON** – *pop. 650* **LA VALLE** – *pop. 1,203* MERRIMAC – pop. 868 **PRAIRIE DU SAC** – pop. 1,138 **REEDSBURG** – pop. 1,236 **SPRING GREEN** – pop. 1,585 **SUMPTER** – pop. 1,021 **TROY** – *pop.* 773 WASHINGTON - pop. 904 WESTFIELD – pop. 611 WINFIELD – pop. 752 WOODLAND - pop. 783 *Located in adjacent county or counties.

**Populations are approximate.

Sauk County Communities

BARABOO (COUNTY SEAT)

First known as Adams, Baraboo was settled in 1838 by Abe Wood. The community was renamed Baraboo due to its proximity to the Baraboo River. Sawmills were established and the area grew dramatically. Baraboo was incorporated in 1883 and as the Ringling Brothers Circus was established in 1884, Baraboo was widely recognized as "the Circus City." It was selected as the county seat and has continued to prosper.

CAZENOVIA

Located in Sauk and Richland Counties, Cazenovia was named after Cazenoiva, New York, from where many settlers originated. Access to water attracted settlers and the area began to develop. By 1890 businesses included an iron furnace, pharmacy, mill, restaurant, general store and specialty shops.

IRONTON

Ironton was first settled by William Cochran in 1846 and named for the iron ore deposits found in the area. Jonas Tower built the first iron furnace, dam and mill and the community grew as settlers arrived to work the iron mines. Ironton quickly became a trading center and a post office, mill, church and school were established.

LA VALLE

"La Valle," meaning "the valley," was first settled by Samuel Karstetter in 1847 originally part of Marston. By 1858 the area housed a school, church, post office and lumber mills. As rail lines were completed in 1872, La Valle continued to grow and by 1890 La Valle boasted blacksmith shops, a hotel, wagon shop, livery stable, hardware store, saloon, factory and specialty shops.

LAKE DELTON

Lake Delton was platted in 1850 by Edward Norris and the community was first named Norris in his honor. Its name was changed to Delton and in 1926 it was changed to Mirror Lake. The following year a dam was constructed on Dell Creek to attract tourists to the area and a resevoir was established called Lake Delton. The community was renamed again and became a popular resort area. In 1954 Lake Delton was incorporated and the area continued to grow. In 2008 the dam for Lake Delton failed and the lake was drained which resulted in much damage. Repairs were made and within a year Lake Delton was restored.

Sauk County Communities

LIME RIDGE

Lime Ridge was named after lime deposits discovered in the area and ample timber, water power and iron ore attracted settlers. The first post office was established in 1858 with Charles Cushman serving as postmaster. By 1913 Lime Ridge was incorporated and the community boasted a hotel, dam, mill, general store and several churches.

LOGANVILLE

Loganville was named in honor of early settler Chancey P. Logan and in 1855 the first post office was established with S.N. Kinsley serving as postmaster. Kinsley also served as the first teacher of the area and by 1877 mills were constructed and the area began to grow. A.D. Gibson established the first general store and by 1890 the population of Loganville reached 200 and the community housed hotels, a doctor's office and an assortment of specialty shops.

MERRIMAC

Once known as Brown's Cabin, Matt's Ferry and Collomar, the community was renamed Merrimack by Mrs. J.G. Train after Merrimack County in New Hampshire. Chester Mattson served as the area's first postmaster and in 1899 Merrimack was incorporated. In 1950 Merrimac was officially given its current spelling and is now home to the Merrimac Ferry, started in 1848, and is the only free ferry in all of Wisconsin still in use.

NORTH FREEDOM

The first house in North Freedom was constructed by John Hackett in 1856 and the community was originally known as Hackett's Corners. The construction of a mill began to draw settlers and the first store was established in 1871 by John Ladd. In 1873 W.C.T. Newell platted streets and railroad expansion prompted growth. The community was renamed North Freedom and was incorporated by 1893.

PLAIN

Plain was originally called Cramer's Corners after the first postmaster of the area, John Cramer. It was then recognized as Logtown before its name was changed to Plain. The first store was established in 1869 and the community was organized in 1882. By 1912 Plain was incorporated and housed a saloon, blacksmith shop, mill and several specialty shops.

Sauk County Communities

PRAIRIE DU SAC

Prairie du Sac was named for the Sauk or Sac Indians that originally inhabited the area and streets were platted by David B. Crocker, Calvin Frinka and John LaMesuere in 1840. Crocker established the first store in the area and a variety of businesses soon followed. The community was selected as the county seat until it was moved to Baraboo.

REEDSBURG

Reedsburg was first settled by James Babb in 1848. A sawmill and gristmill were then built by David C. Reed and the community was named in his honor. As rail lines were constructed, Reedsburg continued to develop and businesses were established to meet the growing needs of its residents.

ROCK SPRINGS

Rock Springs was first recognized as Ableman after settler Colonel Stephen Van Rensselaer Ableman arrived to the area in 1848. Colonel Ableman established a mill and manufacturing shop and was instrumental with the arrival of the railroad. Businesses began to flourish and the area continued to develop. In 1948 the community was renamed Rock Springs after the springs located in the area and Rock Springs has continued to prosper.

SAUK CITY

Originally known as Harszthy and then Westfield, Sauk City was renamed after the Indians that resided in the area. Berry Haney was the first settler to arrive in 1838 and streets were platted by Count Augustine Haraszthy in 1845. Businesses were established and the area developed quickly. In 1854 Sauk City was incorporated and today is the oldest incorporated village in all of Wisconsin.

SPRING GREEN

Spring Green was established on land belonging to William Barnard, A.C. Daley, B.F. Edgerton and A.G. Darwin in 1856. Streets were platted the following year and the first hotel and store were constructed by B.U. Strong. A railroad depot was established and the community began to thrive. Spring Green was incorporated in 1869 and by 1890 the community boasted a newspaper office, saloon, lumberyard, a school and churches.

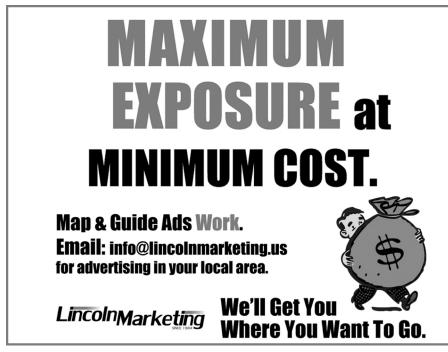
Sauk County Communities

WEST BARABOO

First known as Lyons, West Baraboo was platted in 1846. The first hotel was constructed in 1848 by James Webster and a school was established. Ample timber and access to water power attracted settlers and the area began to grow. The first school was organized in 1850 and businesses soon followed. West Baraboo was incorporated in 1956 and the community has continued to thrive.

WISCONSIN DELLS

Located in Adams, Columbia, Juneau, and Sauk Counties, Wisconsin Dells was originally a famous reference point for traders and explorers and was founded in 1857 upon the arrival of the railroad. The community was first known as Kilbourn and is one of the oldest resort areas in all of Wisconsin. The natural beauty attracted tourists from across the country, many of whom became permanent residents. The community continued to grow and it is now widely recognized as the "Waterpark Capital of the World," due to its numerous indoor and outdoor waterparks found throughout the area.







Columbia County History (Portage, County Seat)

Columbia County was first settled by fur traders and originally home to Indians. As lands were opened for settlement, Columbia County began to grow and ample natural resources attracted many pioneers. Construction of the railroad allowed for development and settlements became communities. Portage was selected as the county seat and Columbia County continued to thrive. Businesses, churches and schools were established to meet the needs of its residents and by 1900 its population had reached 31,121. Today Columbia County is home to approximately 55,170 residents.

CITIES:

COLUMBUS* – pop. 4,991 **LODI** – pop. 3,050 **PORTAGE (COUNTY SEAT)** – pop. 10,662 **WISCONSIN DELLS*** – pop. 2,678

VILLAGES:

ARLINGTON – pop. 819 CAMBRIA – pop. 767 DOYLESTOWN – pop. 297 FALL RIVER – pop. 1,712 FRIESLAND – pop. 356 PARDEEVILLE – pop. 2,115 POYNETTE – pop. 2,528 RANDOLPH* – pop. 1,811 RIO – pop. 1,059 WYOCENA – pop. 1,543

TOWNS: ARLINGTON – pop. 902 **CALEDONIA** – *pop.* 1,391 **COLUMBUS** – *pop. 643* **COURTLAND** – pop. 529 **DEKORRA** – pop. 2,309 **FORT WINNEBAGO** – pop. 821 **FOUNTAIN PRAIRIE** – pop. 885 **HAMPDEN** – *pop.* 552 **LEEDS** – *pop.* 771 **LEWISTON** – *pop. 1,227* **LODI** – pop. 3,281 **LOWVILLE** – *pop.* 1,010 **MARCELLON** – *pop.* 1,094 **NEWPORT** – *pop.* 586 **OTSEGO** – *pop. 694* **PACIFIC** – *pop.* 2,705 **RANDOLPH** – *pop.* 767 **SCOTT** – pop. 911 **SPRINGVALE** – pop. 518 **WEST POINT** – *pop. 1,970* **WYOCENA** – *pop.* 1,667 *Located in adjacent county or counties. **Populations are approximate.

Columbia County Communities

ARLINGTON

In 1871 Arlington was platted by David Bullen and Mrs. Sarah Pierce and a post office was established with Mrs. Adeline C. Paine serving as postmaster. Rail lines were completed and the community became a shipping place for grain. By 1875 Arlington housed general stores, a blacksmith shop, hotel and several specialty shops.

CAMBRIA

The Langdon brothers arrived to the Cambria area in 1844 and established a sawmill and general store. They platted streets and called the community Florence, but the area was recognized as Langdon's Mill. Its name was changed to Belleville and as more settlers arrived, the community was renamed Cambria. By 1881 Cambria boasted a hotel, banks, creamery, canning factory, sawmill and an assortment of specialty stores.

COLUMBUS

Located in Columbia and Dodge Counties, the first settler of Columbus was Elbert Dickason in 1839 who built a home and a small sawmill. James T. Lewis was the first lawyer to the area and later went on to become Governor of Wisconsin from 1864 to 1865. The community is said to have been named after Christopher Columbus and a statue and a museum were constructed to honor his legacy.

DOYLESTOWN

In 1865 Lemuel H. Doyle purchased land with the intent of establishing a village and streets were platted by Alfred Topliff. The community was recognized as Doylestown in his honor and development was slow until Mr. Doyle offered free land to anyone willing to settle. The area experienced a boom and its population grew dramatically. Churches and schools were organized and the area continued to prosper.

FALL RIVER

Fall River was founded by A.A. Brayton who operated a sawmill and general store and established a post office in 1847. Ample water power attracted settlers and the community became a prominent stop on the railroad. Fall River was incorporated in 1903 and at one point had one of the largest canning factories in the nation, the Fall River Canning Company.

Columbia County Communities

FRIESLAND

Friesland was first settled in 1844 and the community was first known as Randolph Center. By 1900 businesses included a blacksmith shop, post office, wagon and carriage shop along with churches and a school. Due to postal confusion with the nearby Village of Randolph, the community was renamed Friesland after Friesland in the Netherlands from where many settlers originated.

LODI

Attracted to ample natural resources and access to water, Lodi was settled by the Bartholomew brothers in 1844 and founded by Isaac Palmer in 1846. Its name means "Pleasant Valley" and as a sawmill was constructed the community began to grow. In 1871 rail lines were completed and in 1872 Lodi was incorporated as a village. By 1898 its population had reached 974 and Lodi continued to prosper. In 1941 the community was incorporated as a city and Lodi is now widely recognized for its annual Susie the Duck Day, a town celebration since 1948.

PARDEEVILLE

In 1848 John S. Pardee, a wealthy merchant from Milwaukee, sent his agent Reuben Stedman to present-day Pardeeville to establish a store and mill. The following year Yates Ashley took over Mr. Stedman's duties and continued development in the area. The community was named in honor of Mr. Pardee, its financier, and was incorporated in 1899. By 1901 Pardeeville boasted warehouses, churches, a creamery, grain elevator, lumberyard, bank and school.

PORTAGE (COUNTY SEAT)

Portage was first explored by Fr. Jacques Marquette and Louis Joliet in 1673. The first trading post was erected in 1792 and allowed for major transportation and trading. Portage has a unique geographical location between the Fox River and the Wisconsin River, of which one flows south and one flows north. For many years settlers had to portage their canoes from one stream to another. The town was thus known originally as "Wau-wau-onah," a Winnebago word meaning "carry on the shoulder". It was later called Le Portage and eventually shortened to Portage and was selected as the county seat.

Columbia County Communities

POYNETTE

The Village of Poynette was named after Pierre Pauquette, an Indian trader and first permanent settler to the area and a postal spelling error led to its present spelling. The village was later platted in 1851 by Samuel B. Pinney and the area began to grow upon development of the railroad. Businesses were established and churches and schools were organized.

RANDOLPH

Located in Columbia and Dodge Counties, Randolph was first known as Converseville after its founder John Converse. As streets were platted its name was changed to Westford until the community was incorporated in 1869 as Randolph. By 1895 its population had reached 592 and the community continued to grow. The first library was established in 1907 and in 1936 the Hutchinson Memorial Library was completed which is now on the National Register of Historic Places.

RIO

In 1864 local landowner N.B. Dunlap platted streets and a nearby post office and general store were moved to the community by Delos Bundy. Within two years a grain elevator, pharmacy, physician's office and lumberyard were thriving and Rio was incorporated in 1886.

WYOCENA

Wyocena was platted by Major Elbert Dickason in 1846 and was one of the first settlements in Columbia County. The community was selected as the county seat until 1850 when it was moved to Portage. A post office was established with Harvey Bush serving as postmaster. The first store was opened by Jacob Rogers and Elder S.E. Miner organized the first school. By 1910 businesses included mills, a creamery, bank and specialty shops.



Parks & Recreation

400 STATE TRAIL

Reedsburg | (608) 546-5011

Located between Reedsburg and Elroy along the Baraboo River, the 400 State Trail features 22 miles of hiking trails, biking trails, snowmobile trails, equestrian trails and nature trails.

DEVILS LAKE STATE PARK

Baraboo | (608) 356-8301

Located near the Ice Age National Scenic Trail, Devils Lake State Park features a spring fed lake with fishing and boating opportunities, hiking trails, biking trails and picnic areas.

GOVERNOR'S BEND PARK

Fort Winnebago | (608) 742-2178 Located near Fort Winnebago, Governor's Bend Park features open grassy fields, streams and picnic areas.

HEMLOCK PARK

La Valle | (608) 546-5011 Located near Dutch Hollow Road, Hemlock Park features a boat launch, fishing dock, playground equipment and picnic areas.

ICE AGE TRAIL

Sauk & Columbia Counties | (608) 266-2181 Located throughout Sauk and Columbia Counties, the Ice Age Trail features over 1,000 miles of hiking trails, nature trails and designated hunting and camping areas.

LAKE GEORGE PARK

Pacific | (608) 742-6395

Located between Pardeeville and Portage, Lake George Park features a 33 acre spring fed lake with fishing and boating opportunities, nature trails and picnic areas.

Parks & Recreation

MAN MOUND STATE PARK

Greenfield | (608) 356-1001

Located near Greenfield Township, Man Mound State Park features a collection of Indian mounds with the only man shaped effigy mound found in all of Wisconsin.

OWEN PARK

Caledonia | (608) 742-4801 Located near Caledonia, Owen Park features picnic areas and nature trails.

PARFREY'S GLEN STATE NATURAL AREA

Baraboo | (608) 356-8301 Located within Devils Lake State Park, Parfrey's Glen State Natural Area is the first State Natural Area and features rocky ravines, a gorge, picnic areas and a seasonal floral display.

REDSTONE PARK

La Valle | (608) 546-5011

Located on Lake Redstone, Redstone Park features a handicapped accessible fishing dock, boat launch, swimming beach, playground equipment and picnic areas.

WHALEN GRADE FISHING PIER

Dekorra | (608) 635-2014 Located near Lake Wisconsin, Whalen Grade Fishing Pier features a boat launch and offshore fishing opportunities.

WHITE MOUND COUNTY PARK

Hillpoint | (608) 546-5011

Located near White Mound Lake, White Mound County Park features designated hunting and picnic areas, hiking trails, snowmobile and cross-country trails, and equestrian trails.

WYONA PARK

Wyocena | (608) 429-2349 Located near Wyona Lake, Wyona Park features fishing and boating opportunities, recreational trails and picnic areas.

YELLOW THUNDER PARK

Baraboo | (608) 546-5011 Yellow Thunder Park features picnic areas and a burial marker for Chief Yellow Thunder.

2013 Green Bay Packers Schedule

WK	DATE	OPPONENT	TIME	Station
1	Sun, Sep 8	@ 49ers	3:25 PM	FOX
2	Sun, Sep 15	Redskins	12:00 PM	FOX
3	Sun, Sep 22	@ Bengals	12:00 PM	FOX
4	BYE	-	-	-
5	Sun, Oct 6	Lions	12:00 PM	FOX
6	Sun, Oct 13	@ Ravens	12:00 PM	FOX
7	Sun, Oct 20	Browns	3:25 PM	CBS
8	Sun, Oct 27	@ Vikings	7:30 PM	NBC
9	Mon, Nov 4	Bears	7:40 PM	ESPN
10	Sun, Nov 10	Eagles	12:00 PM	FOX
11	Sun, Nov 17	@ Giants	7:30 PM	NBC
12	Sun, Nov 24	Vikings	12:00 PM	FOX
13	Thu, Nov 28	@ Lions	11:30 AM	FOX
14	Sun, Dec 8	Falcons	7:30 PM	NBC
15	Sun, Dec 15	@ Cowboys	3:25 PM	FOX
16	Sun, Dec 22	Steelers	3:25 PM	CBS
17	Sun, Dec 29	@ Bears	12:00 PM	FOX

HISTORY

*Dates and start times are subject to change.

The Green Bay Packers were founded by the Indian Packing Company in 1919 and led by Earl Lambeau. Within two years the team was allowed into the National Football League and the first stadium, City Stadium, was constructed in 1925. The Packers played there until 1957 when construction began on Lambeau Field, named in honor of legendary Earl "Curly" Lambeau who brought the team to multiple championships as a player and as head coach. The Green Bay Packers have won 13 championships, multiple division titles and have almost 20 players and coaches inducted into the Pro Football Hall of Fame - more than any other team in the league. Lambeau Field, the current home of the Packers, has hosted 55 years of Packers football and has witnessed multiple renovations throughout its history allowing for its current 73,000 seating capacity. The stadium is known as one of the toughest venues to play in due to the harsh Wisconsin winters. Since 1960 season tickets have remained sold out with almost 90,000 people on the waiting list. The Green Bay Packers are now the only non-profit and community owned team within the league and is the third oldest team in pro football today. They have witnessed trial and triumph and continue to be one of football's dynasties.

Local Area Attractions

AL RINGLING THEATRE 136 4th Ave. | Baraboo | (608) 356-8864

AMERICAN LEGION WI STATE HEADQUARTERS 1 American Legion Dr. | Portage | (608) 745-1090

CASCADE MOUNTAIN SKI RESORT W10441 Cascade Mt. Rd. | Portage | (608) 742-5588

CHRISTOPHER COLUMBUS MUSEUM 239 Whitney St. | Columbus | (920) 623-1992

CIRCUS WORLD MUSEUM 426 Water St. | Baraboo | (608) 356-0800

COLUMBUS 151 SPEEDWAY W2140 Krause Rd. | Columbus | (920) 623-4393

COLUMBUS ANTIQUES MALL 239 Whitney St. | Columbus | (920) 623-1992

THE DELLS AUTO MUSEUM Hwy. 12 | Wisconsin Dells | (608) 254-2123

MACKENZIE ENVIRONMENTAL CENTER W7303 Co. Rd. CS & Q | Poynette | (608) 635-8105

MUSEUM AT THE PORTAGE 804 McFarlane St. | Portage | (608) 742-6682

MUSEUM OF NORMAN ROCKWELL ART 227 S Park St. | Reedsburg | (608) 524-2123 NOAH'S ARK 1410 WI Dells Pkwy. | Wisconsin Dells | (608) 254-6351

OCHSNER PARK & ZOO 903 Park St. | Baraboo | (608) 355-2767

PARDEEVILLE WI ANTIQUE MALL 103 Industrial Dr. | Pardeeville | (608) 742-6682

PIONEER LOG VILLAGE & MUSEUM Hwy. 33 | Reedsburg | (608) 524-3419

PIRATE'S COVE 193 Hwy. 13 | Wisconsin Dells | (608) 254-7500

PORTAGE CENTER FOR THE ARTS 301 E Cook St. | Portage | (608) 742-5655

POYNETTE MUSEUM 116 N Main St. | Poynette | (608) 635-9849

SPINNING WHEELS 109 E Hartel St. | Portage | (608) 742-4035

TALIESEN Hwy. 23 & Co. Rd. C | Spring Green | (608) 588-7900

TOMMY BARTLETT'S ROBOT WORLD & EXPLORATORY 560 WI Dells Pkwy. | Wisconsin Dells | (608) 254-2525

WOLLERSHEIM WINERY 7876 Hwy. 188 | Sauk Prairie | (608) 643-6515





DNR License Centers

You can purchase hunting and fishing licenses, cross-country ski passes and snowmobile trail stickers through the Electronic License System. Online: dnr.wi.gov, Toll Free: 1 (888) 936-7463 or visit one of the ELS agents available throughout Sauk & Columbia Counties:

BARABOO FARM & FLEET 1100 South Blvd. | Baraboo | (608) 356-7736

MIRROR LAKE RENTALS E10320 Fern Dell Rd. | Baraboo | (608) 254-8702

SAUK COUNTY CLERK 505 Broadway Ave. | Baraboo | (608) 355-3286

VIKING EXPRESS II 935 8th St. | Baraboo | (608) 356-6969

COLUMBUS COLUMBUS TRUE VALUE 815 Park Ave. | Columbus | (920) 623-3133

COLUMBUS WEST TRAVEL CENTER 2200 W James St. | Columbus | (920) 623-9740

FALL RIVER FALL RIVER MOBIL MART 722 S Main St. | Fall River | (608) 484-3475

LAKE DELTON

WALMART #3505 130 Commerce St. | Lake Delton | (608) 253-3490

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LA VALLE CORNER EXPRESS

112 E Main St. | La Valle | (608) 985-7517

HARTJE FARM, HOME & TIRE S1428 Hwy. 33 | La Valle | (608) 985-8124

LODI CRYSTAL LAKE CAMPGROUND N550 Gannon Rd. | Lodi | (608) 592-5607

HARMONY GROVE BP N2695 Park St. | Lodi | (608) 592-4433

MERRIMAC LAKESIDE HARDWARE & COUNTRY STORE E23965 Hwy. 78 | Merrimac | (608) 493-2019

MOON VALLEY RESORT E13105 Hwy. 78 | Merrimac | (608) 493-2226

PARDEEVILLE PARDEEVILLE QUICK STOP 510 S Main St. | Pardeeville | (608) 429-2744

PARDEEVILLE SPORT MARINE W6209 Hwy. 33 | Pardeeville | (608) 429-3036

DNR License Centers

PLAIN EDERERS DO-IT-BEST HARDWARE E5663A Hwy. B | Plain | (608) 546-3713

PLAIN KWIK STOP 995 Wachter Ave. | Plain | (608) 564-3900

PORTAGE COLUMBIA COUNTY CLERK 400 Dewitt St. | Portage | (608) 742-9654

DW MENS WEAR & SPORTS 125 W Cook St. | Portage | (608) 742-7745

JOT'S FOOD MART W10620 Hwy. 33 | Portage | (608) 742-0905

KMART #3768 2935 New Pinery Rd. | Portage | (608) 742-7010

WALMART #1799 2950 New Pinery Rd. | Portage | (608) 742-1432

POYNETTE BOWERS LAKESIDE RESORT W10941 Corning St. | Poynette | (608) 438-8500

HOOKER'S RIVER STOP W9378 Parkway Dr. | Poynette | (608) 635-8495

NORTHPOINT PLAZA W9290 Hwy. CS | Poynette | (608) 635-7139

PRAIRIE DU SAC SAUK PRAIRIE LIVE BAIT & TACKLE 509 Water St. | Prairie du Sac | (608) 279-0182

REEDSBURG MARTEN'S TRUE VALUE 100 Viking Dr. | Reedsburg | (608) 524-8999 REEDSBURG, CONTD. VIKING EXPRESS

1375 E Main St. | Reedsburg | (608) 524-3777

RIO MR. T'S MOTORSPORTS 115 W Hwy. 16 | Rio | (920) 922-3866

ROCK SPRINGS CJ'S ROCK N STOP 103 W Broadway | Rock Springs | (608) 493-2019

SAUK CITY ACE SAUK PRAIRIE 500 Water St. | Sauk City | (608) 643-2433

SPRING GREEN DOERRE HARDWARE 116 W Jefferson St. | Spring Green | (608) 588-2166

WISCONSIN RIVERSIDE RESORT S13220 Shifflet Rd. | Spring Green | (608) 588-2826

WOODY'S, LLC E5016 Hwy. 14 | Spring Green | (608) 588-2717

WEST BARABOO GANDER MOUNTAIN (#125) 315 W Pine St. | West Baraboo | (608) 356-9800

WALMART #1396 920 Hwy. 12 | West Baraboo | (608) 356-1765

WISCONSIN DELLS RIVER'S EDGE BAIT SHOP 20 River's Edge Rd. | Wisconsin Dells | (608) 254-6494

SCHLEEF'S BAIT SHOP 1141 E Hiawatha Dr. | Wisconsin Dells | (608) 257-2034

Wisconsin Hunting Seasons

WHITE TAILED DEER*

(NON-CWD & NON-METRO UNITS) Bow: 09/14/13 - 11/21/13; 11/23/13 - 01/05/14 Gun: 11/23/13 - 01/01/13 Muzzleloader: 12/02/13 - 12/11/13 Youth Deer Hunt: 10/05/13 - 10/06/13 Statewide Antlerless Hunt: 12/12/13 - 12/15/13 CWD Holiday Hunt: 12/24/13 - 01/05/14

BLACK BEAR*

Zone C Dogs ARE NOT Permitted: 09/04/13 - 10/08/13 Dogs ARE Permitted: 09/04/13 - 09/10/13; Dogs, Bait & Other Legal Methods : 09/11/13 - 10/01/13 Dogs NOT Permitted with bait: 10/02/13 - 10/08/13

WILD TURKEY*

Youth Turkey Hunt: 04/06/13 - 04/07/13 Spring: 04/10/13 - 04/16/13; 04/17/13 - 04/23/13; 04/24/13 - 04/30/13; 05/01/13 - 05/07/13; 05/08/13 - 05/14/13; 05/15/13 - 05/21/13 Fall: 09/14/13 - 11/21/13; 12/02/13 - 12/31/13

RING-NECKED PHEASANT

10/19/13 - 12/31/13

RUFFED GROUSE*

Zone A: 09/14/13 - 01/31/14 Zone B: 10/19/13 - 12/08/13

SHARP-TAILED GROUSE

10/19/13 - 11/10/13

BOBWHITE QUAIL

10/19/13 - 12/11/13

HUNGARIAN PARTRIDGE* 10/19/13 - 12/31/13

CROW 01/18/13 - 03/20/13; 09/14/13 - 11/21/13

MOURNING DOVE 09/01/13 - 11/09/13

GRAY & FOX SQUIRRELS 09/14/13 - 01/31/14

COTTONTAIL RABBIT

Northern Zone: 09/14/13 - 02/28/14 Southern Zone: 10/19/13 - 02/28/14

RED & GRAY FOXES 10/19/13 - 02/15/14

COYOTE Continuous

RACCOON

Resident: 10/19/13 - 02/15/14 Nonresident: 11/02/13 - 02/15/14

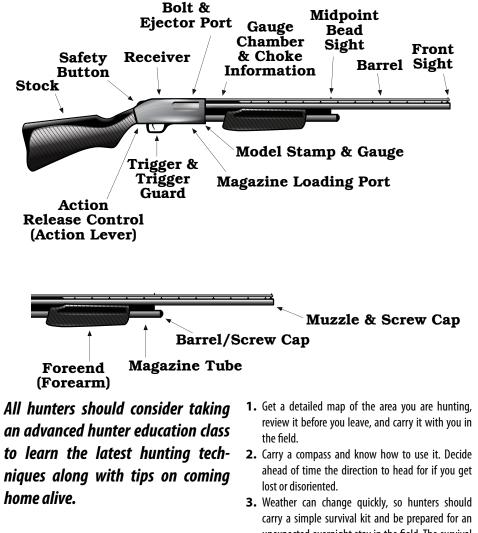
WOODCOCK 09/21/13 - 11/04/13

CANADA GOOSE 09/01/13 - 09/15/13

PROTECTED SPECIES (Hunting is PROHIBITED) Badger; Woodchuck; Jackrabbit; Moose; Flying Squirrel

*Please contact your local DNR office for specific hunting and trapping zone regulations. For general information on firearm safety training call: 1 (888) 936-7463.

Hunting Safety



Here are five suggestions for a safe and successful hunting experience:

- 3. Weather can change quickly, so hunters should carry a simple survival kit and be prepared for an unexpected overnight stay in the field. The survival kit should contain a rope, a knife, water, waterproof matches, an emergency shelter, and first aid supplies.
- 4. If you are on the water, make sure to wear a personal flotation device (life preserver).
- **5.** Know your hunting partners' physical and emotional limitations, as well as your own, and don't push your partners or yourself beyond those limits.

Wisconsin Trapping Seasons

COYOTE

10/19/13 - 02/15/14

BEAVER

Zone A: 11/02/13 - 04/30/14 Zone B: 11/02/13 - 04/30/14 Zone C: 11/02/13 - 03/31/14 Zone D: 1 day after duck season closes - 03/15/14

FISHER

10/19/13 - 12/31/13

OTTER

Northern Zone: 11/02/13 - 04/30/14 Central Zone: 11/02/13 - 03/31/14 Southern Zone: 11/02/13 - 03/31/14

FOX (RED & GRAY)

10/19/13 - 02/15/14

MINK

Northern Zone: 10/19/13 - 02/28/14 Southern Zone: 10/26/13 - 02/28/14 Winnebago Zone: 10/26/13 - 03/15/14 Mississippi River: 1 day after duck season closes or 11/11/13, whichever comes first - 02/28/14

MUSKRAT

Northern Zone: 10/19/13 - 02/28/14 Southern Zone: 10/26/13 - 02/28/14 Winnebago Zone: 10/26/13 - 03/15/14 Mississippi River: 1 day after duck season closes or 11/11/13, whichever comes first - 02/28/14

RACCOON

Resident: 10/19/13 - 02/15/14 Nonresident: 11/02/13 - 02/15/14

Wisconsin Fishing Seasons

EARLY INLAND TROUT 03/05/13 - 04/28/13

NORTHERN PIKE 05/04/13 - 03/02/14

GENERAL INLAND TROUT 05/04/13 - 09/30/13

GENERAL INLAND FISHING

05/04/13 - 03/02/14

LARGE & SMALLMOUTH BASS

Northern Zone (Catch & Release): 05/04/13 - 06/14/13* Northern Zone: (Harvest): 06/15/13 - 03/02/14* Southern Zone: 05/04/12 - 03/02/14

MUSKELLUNGE

Northern Zone: 05/25/13 - 11/30/13* Southern Zone: 05/04/12 - 12/31/13*

WALLEYE 05/04/13 - 03/02/14

LAKE STURGEON (Hook & Line) 09/07/13 - 09/30/13

FREE FISHING WEEKEND 06/01/13 - 06/02/13

*Contact the Wisconsin DNR for more information on specific fishing zones and dates: 1 (888) 936-7463



Boating Safety

Operating Watercraft

Follow these guidelines to help prevent and prepare for capsizing, swamping, or someone falling overboard.

Make sure that you and your passengers are wearing life jackets while the boat is moving.

Attach the ignition safety lanyard to your wrist, clothes, or life jacket.

Don't allow anyone to sit on the gunwale, bow, seat backs, motor cover, or areas not designed for seating. Also, don't let anyone sit on pedestal seats when craft is not in idle.

Don't overload your boat. Balance the load of passengers and gear stored on-board.

Keep your center of gravity low by not allowing people to stand up or move around while craft is in motion.

In small boats, don't allow anyone to lean beyond the gunwale.

Turn boat at slow rates of speed.

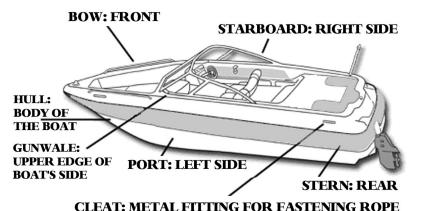
Secure the anchor line to the bow, never to the stern.

Don't risk operating water craft in rough conditions or bad weather.

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Boating Safety

Know Your Craft



BEAM: MAXIMUM WIDTH OF BOAT



COME ABOARD BOAT. **DRAFT: DEPTH OF WATER NEEDED**

KEEL: CENTERLINE OF BOAT OR EXTENSION OF HULL (INCREASES STABILITY)

Who May Operate a Motorboat (Other Than a Personal Watercraft)

For engines 25 horsepower or less:

Those under age 12 may operate without restrictions. For engines over 25 horsepower through 75 horsepower:

Those under age 12 must have someone 21 years of age or older on board within reach of the controls.

For engines over 75 horsepower:

No children under age 12 may operate, even with an adult on board.

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Other restrictions apply to boat operators 12 to 17 years old:

Operators from 12 to 17 years of age may operate engines of 25 horsepower or lower with no restrictions. For engines over 25 horsepower:

Operators 12 to 17 years of age must have: A watercraft operator's permit, or someone age21 years or older old on board within reach of the controls.

Boating Safety

Flotation Devices



Offshore Life Jackets - Type 1:

For rough or remote waters where rescue may take awhile. Provide the most buoyancy, excellent for flotation, turns most unconscious persons face up in the water.

Near-Shore Vests - Type 2: Good for calm waters when guick assistance or rescue is likely. Turns some unconscious wearers face up in the water, but not as efficiently as offshore life jackets.



Flotation Aids - Type 3:

Vests or full-sleeved jackets good for calm waters when guick assistance is likely. Not for rough waters. They will not turn most unconscious persons face up. Used for sports, such as water-skiing. Some inflate in water.



Unwearable / Throwable Devices - Type 4:

Cushions and ring buoys designed to be thrown to someone in trouble. Type 4 is not designed to be worn. Not for rough waters - not for anyone unable to hold on to it.



Special Use - Type 5:

Vests, hybrids/others designed for specific activities, for example windsurfing, kayaking, water-skiing. Some Type 5 devices inflate when entering the water. To be acceptable, Type 5 must be used in compliance with their label instructions.

All watercraft must have at least one Coast Guard Approved Type 1, 2, 3 or 5 flotation device that is the proper size for each person on board or being towed.

All devices must be in good condition and easily accessible.

Children under age 10 must wear a device when on board a boat that is underway unless:

in an enclosed cabin or below deck or on an anchored boat that is being used for swimming or diving or passenger craft with a licensed captain.

Along with the above at least one approved Type 4 must be on board boats 16 ft. or longer (except canoes and kayaks) and immediately available.

A Coast Guard approved Type 5 device may be substituted for any other Coast Guard approved device if it meets the same requirements and is noted on the label.

Anyone riding a jet ski or other Personal Water Craft must wear an approved -non inflating flotation device, as well as anyone being towed by a water craft.

ATV Safety

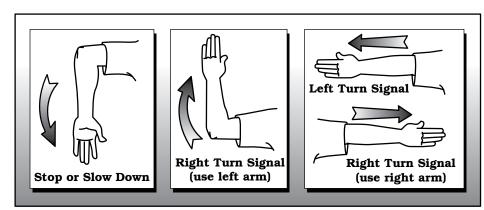
- Read the owner's manual and know your vehicle thoroughly.
- Check your vehicle before you ride.
- Wear protective equipment and clothing.
- Don't lend your vehicle to unskilled riders.
- Supervise young or inexperienced riders.
- Never carry a passenger on vehicles meant for one rider.
- Do not operate under the influence of drugs or alcohol.
- Drive at speeds that are appropriate to trail conditions.
- Stay to the right on trails.
- Stay away from thin ice, open water and wetlands
- Know the weather forecast.
- Make sure headlights and taillights work properly.
- Maintain safe distances between other riders.
- Reduce your speed when riding at night.
- Yield to other motor vehicles and trail users.
- Young or beginning riders are encouraged to take a safety training course.



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Bicycle Safety

- Always wear a properly fitting bike helmet as most serious injuries are to the head.
- Be sure your handlebars, seat and wheels fit snugly.
- Keep your bike in good shape by checking and oiling your chain, making sure your brakes work properly and maintaining your tire pressure.
- Always ride with both hands on the handlebars except when doing turn signals.
- When leaving a driveway, curb or alleyway always stop and check for traffic in both directions.
- Cross only at intersections.
- Use the crosswalk to walk your bike across busy intersections and follow the traffic signals.
- Never ride against traffic. Travel in the same direction as the cars.
- Whenever you can, use bike routes and avoid busy streets.
- Don't ride near parked cars as doors can open and cause accidents.
- Obey all traffic signs and traffic lights.
- When biking with friends, ride in a single file.
- Always pass other bikers or pedestrians on the left and say "On your left!" to make your presence known.
- Always use bicycle hand signals to alert traffic of your changing direction.



Snowmobile Safety

- Do not consume alcohol or take drugs prior to or during your snowmobile trip. Doing so increases your chances of injury or death.
- Slow down and don't cut to the inside of the trail corners. It's dangerous and illegal.
- If you snowmobile at night, don't override your lights.
- Always use the buddy system. Never ride off alone.
- Drowning is one of the causes of many snowmobile fatalities. Whenever possible, avoid the ice.
- Wear sensible, protective clothing designed for operating a snowmobile.
- Use a full size helmet, goggles, or visor to prevent injuries from twigs, stones, ice chips and other debris.
- Avoid wearing long scarves. They may get caught in moving parts of the snowmobile.
- Know the terrain you are going to ride. If unfamiliar to you, ask someone who has traveled over it before.
- Know the weather forecast, especially the ice and snow conditions.
- Be sure your snowmobile is in top-notch mechanical condition throughout the months of use.
- Familiarize yourself with the snowmobile you are driving. Thoroughly read the manual that accompanies the snowmobile.
- Do not pursue domestic or wild animals. That is not the conduct of a sportsman. Report such violations to the nearest law enforcement officer.



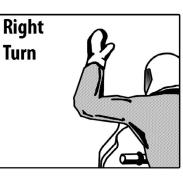
Common Trail Signs

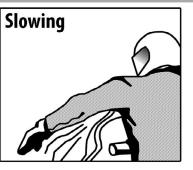
STO

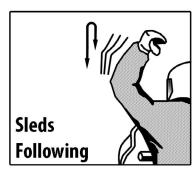
Snowmobile Safety

Communication is an essential part of safe riding. Hand signals are a practical way to communicate between other riders and traffic.

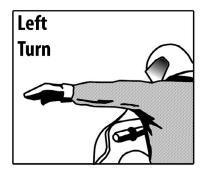
Be sure to give easy to see and clear hand signals when snowmobiling. Hand signals should never be subtle, but always deliberate.

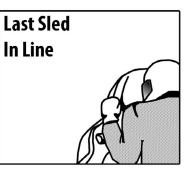








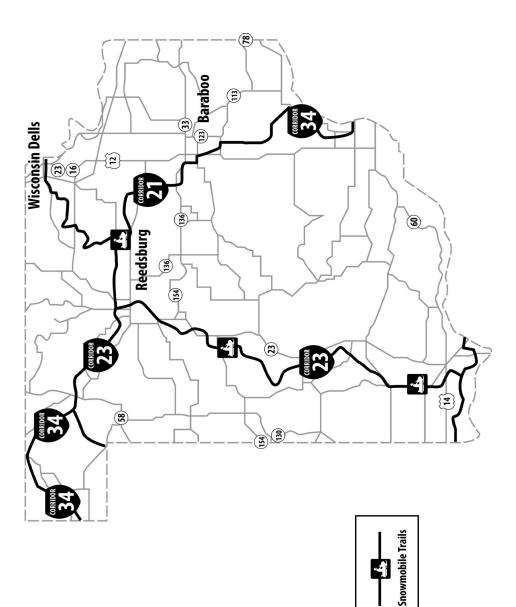




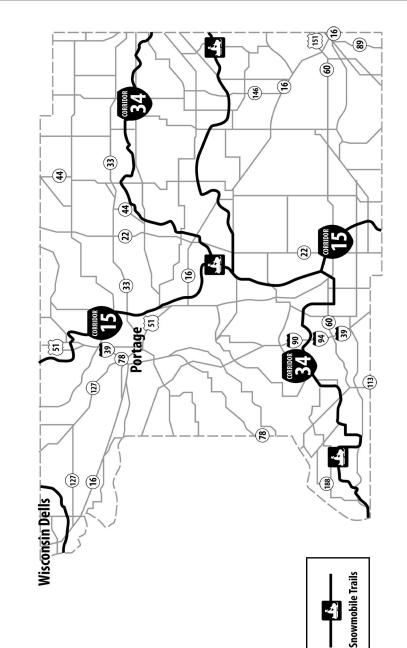


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Sauk County Snowmobile Trails



Columbia County Snowmobile Trails



Emergency Planning

ESCAPE ROUTES

Everyone in your family should know the best ways to exit the house in case of a disaster. Teach your young children how to open sliding doors, windows and other exits. Designate a meeting place where the family can gather after escaping from the house.

FLASHLIGHTS

The whole family needs to know where to find flashlights. Periodically check the batteries.

FULLY CHARGED CELL PHONES

All family members should keep their cell phones charged. Make a habit of charging them, while everyone is asleep. Cell phones can be lifesavers in emergencies.

LIST OF VALUABLES

Keep this document listing your possessions (and if possible, a video of your home interior) in a fireproof safe, or in a safe deposit box at a bank.

COMMUNITY EMERGENCY PLANS

Familiarize yourself with community evacuation plans and neighborhood escape routes. Post a copy of them in a highly visible place in your home.



THUNDERSTORM/TORNADO

- Remove dead branches from trees beforehand to avoid injury or damage.
- After seeing lightning, if you hear thunder in less than 30 seconds, it is recommended that you stay inside for 30 minutes after the thunder has ceased.
- The inside of a car is safer than the outside, as a lightning strike will simply pass through the car as long as you aren't in contact with any metal.
- Unplug all major appliances, as a power surge can cause serious damage.
- Avoid all tall structures and elevated areas as well as large
 amounts of metal.



FIRES

- Make sure that every level of your house has a smoke detector, and be sure to test them once a month. Have the family plan an emergency exit route.
- Always keep track of any stoves or high-temperature/ high-voltage appliances that are running. Be sure to never leave any cooking unattended.
- Keep lighters and matches away from children.
- If a burn occurs, soak the skin in cool water. If the skin blisters, seek medical assistance.

• Emergency First-Aid Tips

FIRST AID FOR CPR & HEART ATTACK

CPR

CPR is to be administered when a person is not breathing or has no pulse. Be quick to act by remembering the A,B,C's: Airway, Breathing & Circulation.

Airway:

Place the person on a firm surface, on their back. Kneel next to the person's neck and shoulders. Open the person's airway by tilting back the head and lifting the chin.

Breathing:

With the head tilted and chin lifted, pinch the nostrils shut and cover the person's mouth with yours. Give two slow breaths.

Circulation:

Find the hand position on the center of the breastbone. Place the heel of your hand on that position, with your other hand on top of the first hand. Use your upper body weight to push down. Give two compressions per second. Compress the chest at a rate equal to 100/minute. Perform 30 compressions at this rate. Repeat until an ambulance arrives.

HEART ATTACK

Symptoms of a heart attack may include any of the following:

- Uncomfortable pressure, fullness or squeezing pain in the center of the chest.
- Expanded pain in the upper abdomen.
- Shortness of breath.
- Pain or numbness in either arms, shoulders, neck, jaw or teeth.
- Dizziness or fainting.
- Nausea and sweating.

If you or someone else may be having a heart attack - follow these steps immediately: • DIAL 911

- Chew and swallow Aspirin (unless you are allergic/not allowed to)
- Take Nitroglycerin (only if prescribed)
- Begin CPR if the person is unconscious

IN AN EMERGENCY, DIAL 911

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• Emergency First-Aid Tips •

FIRST AID FOR BURNS & CHOKING

BURNS

For minor 1st and 2nd degree burns smaller than 3" in diameter: Cool the Burn. Run cool water over the burned area for 5 minutes, or until the pain diminishes. Never put ice on a burn!

Bandage the burn with sterile gauze:

It is important to use loosely wrapped gauze. This will avoid pressure and the bandage protects blisters. NEVER put lotions, vaseline, ointments or butter on burn. Do not break any blisters, which can cause infection.

Take Aspirin, Ibuprofen, Naproxen or Acetominophen to relieve pain:

Minor burns usually heal with these basic treatments. Be aware for signs of infection which may include: increased pain, redness, fever, swelling or oozing. If symptoms develop, seek medical help. Avoid tanning the burned area for at least a year. Protect the area with sunscreen outdoors. Avoid giving aspirin to children.

For 3rd degree burns/all major burns - DIAL 911 DO NOT run cold water over large severe burns - this can cause shock. DO NOT remove burnt clothing. Check for signs of breathing/coughing/movement. If there are no signs of breathing begin CPR. Elevate burned areas above heart level, if possible. Cover the burn(s) with cool, sterile, moist bandages, towels or cloth.

CHOKING

Most people clutch at their throats when choking, an obvious symbol for help. However, if a person isn't giving that signal, be alert for these indications. Inability to talk, difficulty breathing or noisy breathing, inability to cough forcefully, skin/lips/nails turning blue, loss of consciousness.

The Red Cross recommends a "five-and-five" method for first aid: First give five blows between the person's shoulders with the heel of your hand. Second, perform the Heimlich maneuver (abdominal thrusts) five times. Alternate between five back blows and five abdominal thrusts until the blockage is dislodged.

IN AN EMERGENCY, DIAL 911

$oldsymbol{O}$ Emergency First-Aid Tips $oldsymbol{O}$

FIRST AID FOR INSECT BITES/ANAPHYLAXIS & POISON SAFETY INSECT BITES/ANAPHYLAXIS

Anaphylaxis is a severe allergic reaction from insect bites (latex, food and drug allergies can also cause Anaphylaxis). Typical symptoms include hives, the swelling of lips or eyes, swollen throat, drop in blood pressure, light headedness, confusion, nausea or diarrhea. If someone is having an allergic reaction from an insect bite with these symptoms:

CALL 911.

Administer emergency prescription medication. See if the person is carrying special emergency allergy medicine and give it to them according to the directions.

Loosen tight clothing.

Lay the person down. The person should lay down on their back with feet elevated. Turn them on their side if they are vomiting or bleeding from their mouth to prevent them from choking. If they are not breathing - administer CPR. Most insect bite reactions are mild and cause no allergic reaction. If stung by a bee, use a straight edged object, like a credit card, to scrape away the stinger. Don't use tweezers - they can pinch more venom out of the stinger. Apply an ice pack to the area and take an over the counter pain reliever.

POISON PREVENTION

Teach your children about poison and how it can look like a food or drink. They should always ask an adult before eating or drinking anything. Have them learn the poison control phone number: 1-800-222-1222 and keep it programmed or posted near all your phones. Here are some prevention tips.

Lock up your poisons and medications. Keep them out of the reach of children, lock them up if possible. Make sure your children understand that medicine is not candy.

Follow directions carefully. Read your labels. Be sure to use and store all poisons and medications properly according to recommendations.

Keep your pets safe from household chemicals, too. Don't allow pets near areas that have just been cleaned with chemicals, such as freshly mopped floors or bleached bathtubs and sinks. Clean up any antifreeze/coolant spills. Pets like the flavor but they can die if they ingest it. Store poisonous foods or plants in areas that your pets cannot access. Call your local emergency veterinary hospital if you believe your pet has been poisoned.

IN AN EMERGENCY, DIAL 911

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Safety Tips for Parents & For Kids

PARENTS:

- Teach your kids that an emergency is when you need help from a doctor, a police officer or a firefighter.
- Designate a safe place by your house that a child can go to if they need help right away.
- Have your kids memorize your address and phone numbers. They should also know your full name and where you work.

KIDS: FIRE SAFETY

- If you or someone else is on fire remember to STOP, DROP and ROLL. Wrap a blanket on the person to help put out the fire.
- If there is a fire, leave the house as fast as you can! Crawl on the floor to avoid smoke and if the door is hot, don't open it find another way out.
- Learn all the fire exits in your house. Assign a safe place outside for everyone to meet in case of a fire emergency.

HOME ALONE

- Never tell anyone that you are home alone.
- If someone calls and ask for your mom and dad, tell them "They cannot come to the phone right now, can you please call back later?"
- Do not answer the door, unless it is someone that you know your parents have okay'd them to come over.



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