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Golden Horizons

24 Assisted Living Apartments • 20 Specialty/Memory Care Suites
Adult Day Services • Nurse Practitioner On-Site Twice, Monthly
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Specialized Diet Needs Available
518 7th Ave. N.F. • Aitkin, MN 56431

www.goldenhorizons.org

218-927-9996

Give up my Independence?

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At Golden Horizons Senior Retirement Community, you will find an active and social lifestyle. You can relax and enjoy your retirement without the daily worries of shoveling snow, maintenance, cooking and cleaning. These are your golden years, so why not let us worry about all this, so you can enjoy retirement on your terms.

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218-692-6650



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SPECIALTY/MEMORY CARE

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LincolnMarketing

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2013 CALENDAR

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Local Area Events

JANUARY

Aitkin Jaycees Fishing Contest | Aitkin

FEBRUARY

Ducks Unlimited Ice Fishing Contest | Garrison Ice Race Weekend | Garrison IIRA Sanctioned Ice Race | Garrison Perch Extravaganza | Isle Vintage Snowmobile Ride & Show | Isle Palisade Mid-Winter Festival

MARCH

Commerce and Sports Show | Aitkin Hill City Pride Week

APRIL

Spring Fling | Deerwood Easter Egg Hunt | Hill City Hill City Fire Department Fish Fry

MAY

Area Wide Garage Sales | Hill City Pow Wow & Arts & Craft Show | Onamia

JUNE

Foley Fun Days
Military Personnel Fishing Tournament | Isle
Wave Wacker Fishing Tournament | Isle
Family Fun Day | McGregor
McGregor Area Fishing Tournament
Gateway to the Northland Parade | Milaca
Big Give | Onamia
Onamia Days
Recreation Day | Onamia
Miss Princeton Pageant
Rum River Festival | Princeton

JULY

Aitkin County Fair | Aitkin
Riverboat Heritage Days | Aitkin
Crosby - Ironton 4th of July Celebration
Art in the Park | Hill City
Isle Days
Friends of Don Sather 5K Event | McGregor
Mille Lacs Band Annual Pow Wow | Onamia
4th of July Fireworks | Pease
Pork Chop Dinner & Fireworks | Princeton

AUGUST

Summer Fest | Deerwood Fly-In/Drive-In | Milaca Mille Lacs Lake Toy Harley Run | Onamia Mille Lacs County Fair | Princeton

SEPTEMBER

Festival of Adventures | Aitkin Mud River Music Fest | Aitkin Wild Rice Days | McGregor Chili Fest | Princeton Wahkon Area Autumn Fest

OCTOBER

Oktoberfest | Aitkin, Deerwood Halloween Haunted House | Hill City Isle Jaycee's Haunted House

NOVEMBER

Lights of Love Tree Lighting | Aitkin World Famous Fish House Parade | Aitkin Mini Dazzle | Princeton

DECEMBER

Santa's Hayride | Garrison Christmas In Malmo

Residential Services

MILLE LACS COUNTY

MILLE LAGGEOUTH	
Administrative Services	(320) 983-8218
Assessor	983-8311
Attorney	983-8305
Auditor	983-8310
Building Maintenance	983-8474
Court Administration	983-8313
Emergency	911
Extension	983-8317
Family Services	983-8208
Information Services	983-8276
Probation	983-8202
Public Health Nursing	983-8318
Public Works	983-8201
Recorder	983-8308
Sheriff	983-8250
Surveyor	983-8459
Treasurer	
Veteran Services	983-8203
Zoning & Environmental Services	983-8205
-	



Residential Services

AITKIN COUNTY

Administration	(218) 927-7276
Assessor	
Attorney	927-7347
Auditor	
Emergency	911
Environmental Services	
Extension	
GIS	
Health & Human Services	927-7200
Highway	927-3741
Land	
Land Survey	927-7326
License Center	927-7057
Maintenance	927-7363
Probation	927-7281
Recorder	927-7336
Sheriff	927-7435
Treasurer	
Veteran Services	

ANDERSON BROTHERS GARAGE 38721 US Hwy 169 • Onamia, Mn 56359 Mark Gordy Josh Kyle 320-532-3381



Mille Lacs County History (Milaca, County Seat)

In 1855 the Mille Lacs Lake Indian Reservation was established by treaty that set aside 61,000 acres for the Mille Lacs Band of Ojibwe. Within two years, Mille Lacs County was established from parts of Benton and Isanti Counties and townships were organized in 1858. The name Mille Lacs is French for "thousand lakes," and the community of Milaca was selected as the county seat. As the railroad was constructed the area began to develop and settlers began to arrive to stake land claims. In 1900 the population of Mille Lacs County had reached 8,066 and the area continued to grow with the development of highways and businesses. Mille Lacs Lake, spanning over 200 square miles, has since become a popular destination for recreational enthusiasts as it is the second largest lake in Minnesota. Today Mille Lacs County is home to approximately 26,383 residents.

BOCK – *pop.* **FORESTON** – *pop.* **ISLE** – *pop.***MILACA (COUNTY SEAT)** – *pop.* 3,003 ONAMIA – pop. 907
PEASE – pop. 198
PRINCETON – pop. 4,763
*Populations are approximate.

Mille Lacs County Communities

BOCK

Located in Borgholm Township, Bock was first known as Tosca. The community was established by the Great Northern Railway Company in the late 1800s and Tosca was renamed Bock in honor of the Bock brothers from New Ulm who had constructed a mill. A post office was founded in 1892 with Coleman Bridgeman serving as the area's first postmaster. In 1923 Bock was incorporated as a village and the area has continued to thrive. Today Bock is home to approximately 110 residents.

FORESTON

Foreston was founded as a lumber town and the community was first named Bridgeman in 1882. A post office was established with Coleman Bridgeman serving as the first postmaster. The town was then renamed Foreston after the dense hardwoods found throughout the area and the community was incorporated as a village in 1889. Today Foreston is home to approximately 539 residents.



Mille Lacs County Communities

ISLE

Isle was settled in 1891 as a port on Mille Lacs Lake and the community was named due to its close proximity to Malone Island. In 1894 Charley Malone established a general store and hotel, attracting new residents to the area. In 1896 Malone served as Isle's first postmaster and in 1913 as the community's first mayor. Churches and schools were constructed and the area continued to develop. Today Isle is home to approximately 909 residents.

MILACA (COUNTY SEAT)

Milaca was first settled in the 1880s as a logging community and the area was originally recognized as Oak City. Streets were platted in 1892 and the first post office was established in 1883. Its name is derived from Mille Lacs Lake and Milaca was incorporated in 1897. The community was selected as the county seat in 1920 and has continued to grow. Today Milaca is home to approximately 3,003 residents.

ONAMIA

Onamia was established by the Great Northern Railway Company in the late 1880s and its name was derived from nearby Lake Onamia. A post office was founded in 1898 and streets were platted by Oscar E. Garrison in 1901. In 1908 Onamia was incorporated as a village and the community has continued to thrive. Today Onamia is home to approximately 907 residents.

PEASE

Located in Milo Township, Pease was settled in 1894. A hotel and sawmills were then constructed and the area continued to develop upon the arrival of the railroad in 1886. The community was incorporated as a village in 1923 and has continued to grow. Today Pease is home to approximately 198 residents.

PRINCETON

Princeton was first settled in 1854 and named after John S. Prince, a St. Paul resident who assisted with platting the community's streets in 1855. A post office was established in 1867 and Princeton was incorporated as a village in 1877. As the railroad was constructed businesses were established including a potato factory and brickmaking plant. Princeton was selected as the original county seat where it remained until 1920 when it was moved to Milaca. Today Princeton is home to approximately 4,763 residents.

6 Mille Lacs & Aitkin Counties - Resident Guide

Mille Lacs & Aitkin Counties - Resident Guide



Aitkin County History (Aitkin, County Seat)

Aitkin County was established in 1857 and organized in 1871. It was named in honor of William Alexander Aitkin, a local fur trader who traded with the Ojibwe Indians and worked for the American Fur Company. As railway lines were constructed from Duluth to Brainerd, the area began to grow dramatically. Settlers who were attracted to the ample natural resources arrived to stake land claims. Communities were formed near railway junctions and the city of Aitkin was selected as the county seat in 1872. In 1900 the population of Aitkin County was 6,743 and almost doubled by 1910. The multitude of lakes and scenic beauty now make this area a popular recreational destination. Today Aitkin County is home to approximately 15,646 residents.

AITKIN (COUNTY SEAT) – pop. 1,948 HILL CITY – pop. 440 MCGRATH – pop. 63 MCGREGOR – pop. 378 **PALISADE** – pop. 108 **TAMARACK** – pop. 54 *Populations are approximate.

Aitkin County Communities

AITKIN (COUNTY SEAT)

Aitkin was settled in 1870 as a railway station on the Great Northern Railway. The first settler was Nathaniel Tibbetts who arrived to the area in 1871 to stake land claims. Aitkin was then organized and named in honor of local fur trader William Alexander Aitkin. The community was selected as the county seat and a post office was established in 1872 with Tibbetts serving as the first postmaster. Aitkin was incorporated as a village in 1889 and has continued to develop. It is now recognized for its annual World Famous Fish House Parade showcasing fish houses from around the area. Today Aitkin is home to approximately 1,948 residents.

HILL CITY

Originally home to loggers, Hill City was settled in 1900 and platted by the Hill City Realty Company. Early industry included manufacturing, lumbering and agriculture and a variety of businesses and hotels were established to meet the growing needs of the community. A post office was founded in 1901 and Hill City was incorporated as a village in 1911. Hill City's proximity to Hill Lake has made this area a popular destination for recreational enthusiasts and the community has continued to grow. Today Hill City is home to approximately 440 residents.

8 Mille Lacs & Aitkin Counties - Resident Guide

Mille Lacs & Aitkin Counties - Resident Guide

Aitkin County Communities

MCGRATH

Located in Williams Township, McGrath was settled in 1895 by loggers and first recognized as Elmwood. In 1907 James McGrath, a local lumberman, donated 40 acres for a village site and the community was renamed in his honor. In 1908 a post office was established and businesses soon followed. Today McGrath is home to approximately 63 residents.

MCGREGOR

McGregor was settled in the late 1880s as a railway village along the Soo Line Trail. In 1890 a post office was established and the community began to grow. Businesses were established and McGregor was incorporated as a village in 1903. Today McGregor is home to approximately 378 residents.

PALISADE

Located in Logan Township, Palisade was named by the Soo Line Railroad due to the tall ridge of the Mississippi River. A post office was established in 1910 and the area began to grow with the development of businesses. Today Palisade is home to approximately 108 residents.

TAMARACK

Settled in 1874, Tamarack began as a railway village and its first post office was established in 1898. Its name is derived from the tamarack trees cleared for tracks by the Great Northern Railway Company throughout the area. Tamarack was incorporated as a village in 1921 and has continued to thrive. Today Tamarack is home to approximately 54 residents.



Parks & Recreation

AITKIN COUNTY CAMPGROUND

814 NW 4th Ave. | Aitkin Located near the Mississippi River, the Aitkin County Campground features sites with electric hookups, boat launch and picnic areas. Call (218) 927-7364 for more information.

BERGLUND PARK CAMPGROUND

510 Macaroni St. | Palisade Located near the Mississippi River, the Berglund Park Campground features sites with electric hookups, boat launch, handicap accessible fishing pier, picnic shelter and recreational trails. Call (218) 927-7364 for more information.

FATHER HENNEPIN STATE PARK

41294 Fr. Hennepin Park Rd. | Isle Located on 320 acres near Mille Lacs Lake, Father Hennepin State Park features primitive campsites, handicap accessible fishing pier, swimming beach, picnic areas, recreational trails and is home to several Albino deer. Call (320) 676-8763 for more information.

JACOBSON CAMPGROUND

69136 Great River Rd. | Jacobson Located near the Mississippi River, the Jacobson Campground features primitive sites, boat launch, picnic areas and recreational trails. Call (218) 927-7364 for more information.

MILLE LACS KATHIO STATE PARK

15066 Kathio State Park Rd. | Onamia Located on 10,585 acres near Mille Lacs Lake, Mille Lacs Kathio State Park features primitive campsites, historical sites, an interpretive center, swimming beach, playground equipment, picnic areas and recreational trails. Call (320) 532-3532 for more information.

MILLE LACS WILDLIFE MANAGEMENT AREA

29172 100th Ave. | Onamia Located on 38,729 acres, the Mille Lacs Wildlife Management Area features primitive campsites and picnic areas. Visitors are allowed to cut fuelwood, trap minnows and furbearing animals, commercially harvest timber and hunt on public lands during designated times for a small fee. Call (320) 532-3537 for more information.

SNAKE RIVER CAMPGROUND

10890 Hwy. 65 | McGrath

Located near the Snake River, the Snake River Campground features primitive sites, canoe launch, picnic areas and recreational trails. Call (218) 927-7364 for more information.







Local Area Attractions

AITKIN COUNTY HISTORICAL SOCIETY

20 Pacific St. | Aitkin | (218) 927-3348

AITKIN LANES

104 NE 4th St. | Aitkin | (218) 927-6701

GRAND CASINO MILLE LACS

777 Grand Ave. | Onamia | (800) 626-5825

GRAND MAKWA CINEMA

16550 Ataage Dr. | Onamia | (320) 532-3923

JAQUES ART CENTER

121 NW 2nd St. | Aitkin | (218) 927-2363

GANZ'S ROSSBURG PHEASANTS

35832 360th St. | Aitkin | (218) 927-2300

HEARTLAND SPORTS COMPLEX

24921 Arena Dr. | Deerwood | (218) 534-3298

HGR SOD

38335 410th Ave. | Aitkin | (218) 927-4095

HILL CITY CONVENTION & TOURISM BUREAU

P.O. Box 51 | Hill City | (800) 519-6936

MILLE LACS HUNTING LODGE

8673 340th St. | Onamia | (320) 532-3384

MILLE LACS INDIAN MUSEUM & TRADING POST

43411 Oodena Dr. | Onamia | (320) 532-3632

MILLE LACS LAKE HISTORICAL SOCIETY MUSEUM

415 S 4th Ave. | Isle | (320) 676-3945

MINNESOTA NATIONAL GOLF

23247 480th St. | McGregor | (218) 426-3117

MUSKIE'S INC.

18031 Heritage Rd. | Brainerd | (218) 764-2580

PRINCETON SPEEDWAY

1400 S 3rd St. | Princeton | (763) 389-3135

RIALTO THEATRE

220 N Minnesota Ave. | Aitkin | (218) 927-2824

ROLLING HILLS ARABIANS & FARM TOURS

18339 407th St. | Onamia | (320) 532-3261

THIS OLD FARM

17553 Hwy. 18 | Brainerd | (218) 764-2524

TRADITIONS MINI-GOLF

24228 Hwy. 210 | Deerwood | (218) 534-9250

WEALTHWOOD ROD & GUN CLUB

23573 420th Place | Aitkin | (218) 678-2281



DNR License Centers

You can purchase hunting and fishing licenses, cross-country ski passes and snowmobile trail stickers through the Electronic License System.

Online: www.dnr.state.mn.us, Toll-Free: (888) 665-4236 or visit one of the ELS agents available throughout Mille Lacs & Aitkin Counties:

AITKIN

AITKIN COUNTY LICENSE CENTER

2 NW 2nd St. | Aitkin | (218) 927-7057

AITKIN HOLIDAY STATION STORE (#3573)

1 N Minnesota Ave. | Aitkin | (218) 927-2311

AITKIN TRUE VALUE

160 Southgate Dr. | Aitkin | (218) 927-2416

BILL'S SPORTSMAN SERVICE

649 NE 2nd St. | Aitkin | (218) 927-2552

DENNY'S LAKEVIEW INN, LLC

33592 300th Pl. | Aitkin | (218) 549-3580

FARM ISLAND STORE

29037 Hwy. 169 | Aitkin | (218) 927-3791

FREEDOM VALU CENTER (#35)

13 W 2nd St. | Aitkin | (218) 927-6773

GLEN STORE

31993 280th St. | Aitkin | (218) 927-2229

JOE'S COUNTRY STORE, INC.

22167 Hwy. 47 | Aitkin | (218) 684-2664

THE JUNCTION

22856 Hwy. 169 | Aitkin | (218) 678-9964

AITKIN, CONTD.

MALMO MARKET

32060 220th St. | Aitkin | (218) 684-2295

PHIL'S MYR MAR MARINA

44033 Conifer St. | Aitkin | (218) 678-2629

BOCK

NEWGARDS BOCK GARAGE

6717 Hwy. 23 | Bock | (320) 556-3315

HILL CITY

ROADSIDE MARKET

144 Service Dr. | Hill City | (218) 697-2373

SUNNY'S

101 E Hwy. 200 | Hill City | (218) 697-2306

ISLE

BOONE'S FINE GUNS

535 E Superior St. | Isle | (320) 676-3030

FEDERATED COOPS, INC.

925 S Hwy. 42 | Isle | (320) 676-3865

JOHNSON'S PORTSIDE

42099 Hwy. 47 | Isle | (320) 676-3811

TRAILSIDE BP BAIT & TACKLE

750 Hwy. 47 S | Isle | (320) 676-3746

DNR License Centers

ISLE, CONTD.

ROD'S BAIT & TACKLE

800 Hwy. 47 S | Isle | (320) 676-3941

JACOBSON

OLSON'S MISSISSIPPI LANDING

68298 Hwy. 65 | Jacobson | (218) 752-1600

MCGREGOR

EASTLAKE CONVENIENCE

36040 Hwy. 65 | McGregor | (218) 768-2055

MCGREGOR OIL

257 W Hwy. 210 | McGregor | (218) 768-2055

MCGREGOR HOLIDAY STATION STORE (#3574)

200 Hwy. 210 W | McGregor | (218) 768-4444

SATHER'S GATEWAY, INC.

47952 Hwy. 65 | McGregor | (218) 426-3255

WILLEY'S SPORTS SHOP & SPIRITS

46026 Hwy. 65 | McGregor | (218) 426-3382

<u>MILACA</u>

CITY OF MILACA/DEPUTY REGISTRAR (#093)

255 E 1st St. | Milaca | (320) 983-3143

HOLIDAY STATION STORE (#171)

405 S Central Ave. | Milaca | (320) 983-2544

HOLIDAY STATION STORE (#4064)

410 SE 10th Ave. | Milaca | (320) 983-6771

PRINCE BAIT & MARINE, INC.

19196 Hwy. 169 | Milaca | (320) 983-6344

PRINCE GUN SHOP

19184 Hwy. 169 | Milaca | (320) 983-3006

ONAMIA

LUNDEEN'S TACKLE CASTLE

38752 Twilight Rd. | Onamia | (320) 532-3416

ML CONVENIENCE

40995 Hwy. 169 | Onamia | (320) 532-3940

REEDS FAMILY OUTDOOR OUTFITTERS

38556 Hwy. 169 | Onamia | (320) 532-7333

PALISADE

PALISADE ONE STOP

46500 Great River Rd. | Palisade | (218) 845-2156

PRINCETON

BACK WOODS SPORTS

5690 NW Hwy. 95 | Princeton | (763) 389-9528

HOFMAN OIL CO, INC.

509 N 19th Ave. | Princeton | (763) 389-3300

HOLIDAY STATION STORE (#17)

308 S Rum River Dr. | Princeton | (763) 389-5717

MARV'S TRUE VALUE

31620 125th St. | Princeton | (763) 389-3201

PRINCETON ACE HARDWARE

706 S Rum River Dr. | Princeton | (763) 389-1733

TAMARACK

SAM'S GROCERY

210 N Main St. | Tamarack | (218) 768-4227

WAHKON

MORNING STAR MARKET

104 N Main St. | Wahkon | (320) 495-3394

Minnesota Hunting Seasons

For general information on firearm safety training call: 1 (888) 646-6367 or (651) 296-6157. Contact the MN DNR for specific zone areas:

Online: www.dnr.state.mn.us, Toll Free: 1 (888) 665-4236.

You can purchase hunting and fishing licenses by phone: 1 (888) 665-4236.

<u>HUNTING</u>

RABBIT & SQUIRREL 09/14/13 - 02/28/14

GRAY & RED FOX, BADGER, OPOSSUM & RACCOON

(North) 10/19/13 - 03/13/14 (South) 10/19/13 - 03/15/14

GOOSE

(Spring Light Goose) 03/01/13 - 04/30/13 (Early Canada Goose) 09/01/13 - 09/20/13

CROW

03/01/13 - 03/31/13; 07/15/13 - 10/15/13

BEAR

09/01/13 - 10/13/13

MOURNING DOVE

09/01/13 - 10/30/13

SNIPE & RAIL

09/01/13 - 11/04/13

DEER

(Archery) 09/14/13 - 12/31/13 (Youth) 10/17/13 - 10/20/13 (Camp Ripley Archery) 10/17/13 - 10/18/13 (Firearm 2A & 3A) 11/09/13 - 11/17/13 (Firearm 1A) 11/09/13 - 11/24/13 (Firearm 3B) 11/23/13 - 12/01/13 (Muzzleloader) 11/30/13 - 12/15/13

SHARPTAILED GROUSE

09/14/13 - 11/30/13

HUNTING, CONTD.

GROUSE & GRAY PARTRIDGE

09/14/13 - 01/01/14

MOOSE

(Northeast Zone) 09/28/13 - 10/13/13

TURKEY

09/28/13 - 10/27/13

PHEASANT

10/12/13 - 01/01/14

PRAIRIE CHICKEN

10/19/13 - 10/23/13

FISHER & PINE MARTEN

11/30/13 - 12/05/13

FURBEARER TRAPPING

BFAVER

(North) 10/26/13 - 04/30/14 (South) 11/02/13 - 04/30/14

MINK & MUSKRAT

(North) 10/26/13 - 02/28/14 (South) 11/02/13- 02/28/14

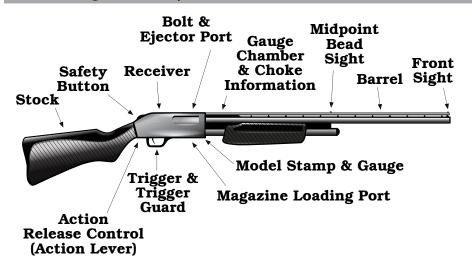
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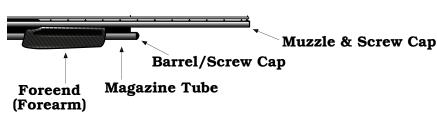
(North Zone) 10/26/13 - 01/05/14 (South Zone) 11/02/13 - 01/05/14

BOBCAT

11/30/13 - 12/05/13

Hunting Safety





All hunters should consider taking an advanced hunter education class to learn the latest hunting techniques along with tips on coming home alive.

Here are five suggestions for a safe and successful hunting experience:

- **1.** Get a detailed map of the area you are hunting, review it before you leave, and carry it with you in the field.
- **2.** Carry a compass and know how to use it. Decide ahead of time the direction to head for if you get lost or disoriented.
- 3. Weather can change quickly , so hunters should carry a simple survival kit and be prepared for an unexpected overnight stay in the field. The survival kit should contain a rope, a knife, water, waterproof matches, an emergency shelter, and first aid supplies
- **4.** If you are on the water, make sure to wear a personal flotation device (life preserver).
- **5.** Know your hunting partners' physical and emotional limitations, as well as your own, and don't push your partners or yourself beyond those limits.

Mille Lacs & Aitkin Counties - Resident Guide 17



Minnesota Fishing Seasons

BOWFISHING

05/01/13 - 02/23/14

WALLEYE, SAUGER & NORTHERN PIKE

05/11/13 - 02/23/14

LARGEMOUTH BASS*

05/11/13 - 02/23/14

SMALLMOUTH BASS*

(Catch & Release)09/09/13 - 02/23/14

LAKE TROUT*

(BWCA) 12/29/12 - 03/31/13 (Outside BWCA) 01/12/13 - 03/31/13 05/11/13 - 09/30/14

STREAM TROUT*

(Southeast) 01/01/13 - 03/31/13 (Catch & Release) Spring: 04/01/13 - 04/12/13 Summer: 05/11/13 - 10/31/13 Fall: 09/15/13 - 09/30/13 (All Lakes) 05/11/13 - 10/31/13

Muskie

06/01/13 - 12/01/13

Take-a-kid fishing weekend

06/07/13 - 06/09/13

*Contact the MN DNR for specific zone information by calling: 1 (888) 646-6367.

Common Fish Species

Bass	Crappie	Smelt
Catfish	Muskellunge	Sunfish
Carp	Northern Pike	Trout
Ciscos-Tullibe-Herring	Salmon	Walleye

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Boating Safety

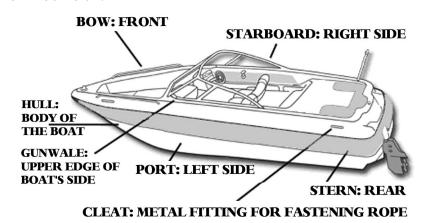
Operating Watercraft

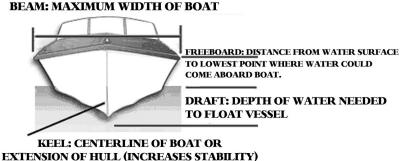
Follow these guidelines to help prevent and prepare for capsizing, swamping, or someone falling overboard.

- Make sure that you and your passengers are wearing life jackets while the boat is moving.
- Attach the ignition safety lanyard to your wrist, clothes, or life jacket.
- Don't allow anyone to sit on the gunwale, bow, seat backs, motor cover, or areas not designed for seating. Also, don't let anyone sit on pedestal seats when craft is not in idle.
- Don't overload your boat. Balance the load of passengers and gear stored on-board.
- Keep your center of gravity low by not allowing people to stand up or move around while craft is in motion.
- In small boats, don't allow anyone to lean beyond the gunwale.
- Turn boat at slow rates of speed.
- Secure the anchor line to the bow, never to the stern.
- · Don't risk operating water craft in rough conditions or bad weather.

Boating Safety

Know Your Craft





Who May Operate a Motorboat (Other Than a Personal Watercraft)

For engines 25 horsepower or less:

Those under age 12 may operate without restrictions.

For engines over 25 horsepower through 75 horsepower:

Those under age 12 must have someone 21 years of age or older on board within reach of the controls.

For engines over 75 horsepower:

No children under age 12 may operate, even with an adult on board.

Other restrictions apply to boat operators 12 to 17 years old:

Operators from 12 to 17 years of age may operate engines of 25 horsepower or lower with no restrictions.

For engines over 25 horsepower:

Operators 12 to 17 years of age must have: A watercraft operator's permit, or someone age21 years or older old on board within reach of the controls. "STICK WITH THE BEST!"

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Karaoke/Music on Weekends

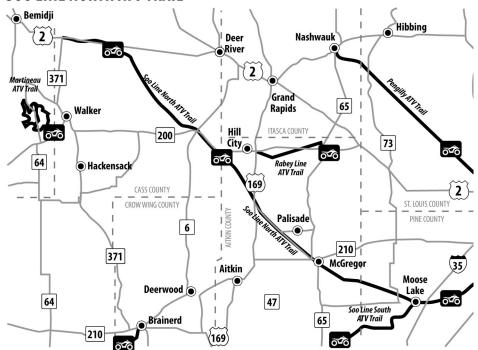
ATV Safety

- Read the owner's manual and know your vehicle thoroughly.
- Check your vehicle before you ride.
- Wear protective equipment and clothing.
- Don't lend your vehicle to unskilled riders.
- Supervise young or inexperienced riders.
- Never carry a passenger on vehicles meant for one rider.
- Do not operate under the influence of drugs or alcohol.
- Drive at speeds that are appropriate to trail conditions.
- Stay to the right on trails.
- Stay away from thin ice, open water and wetlands
- Know the weather forecast.
- Make sure headlights and taillights work properly.
- Maintain safe distances between other riders.
- Reduce your speed when riding at night.
- Yield to other motor vehicles and trail users.
- Young or beginning riders are encouraged to take a safety training course.

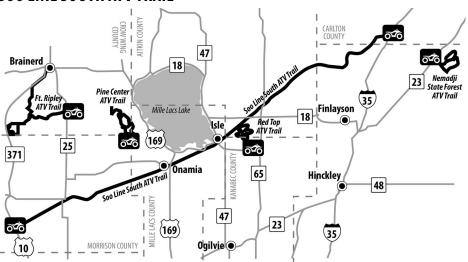


ATV Trails

SOO LINE NORTH ATV TRAIL

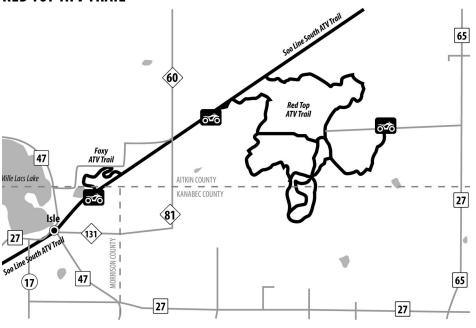


SOO LINE SOUTH ATV TRAIL



ATV Trails

RED TOP ATV TRAIL

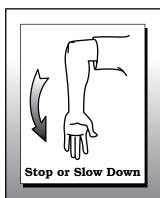


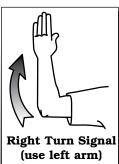
Advertisers Appreciate It! Tell Them You Saw Them In The Guide!

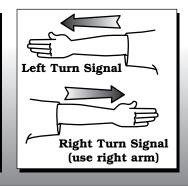


Bicycle Safety

- Always wear a properly fitting bike helmet as most serious injuries are to the head.
- Be sure your handlebars, seat and wheels fit snugly.
- Keep your bike in good shape by checking and oiling your chain, making sure your brakes work properly
 and maintaining your tire pressure.
- Always ride with both hands on the handlebars except when doing turn signals.
- When leaving a driveway, curb or alleyway always stop and check for traffic in both directions.
- Cross only at intersections.
- Use the crosswalk to walk your bike across busy intersections and follow the traffic signals.
- · Never ride against traffic. Travel in the same direction as the cars.
- Whenever you can, use bike routes and avoid busy streets.
- Don't ride near parked cars as doors can open and cause accidents.
- Obey all traffic signs and traffic lights.
- · When biking with friends, ride in a single file.
- $\bullet \ \ Always \ pass \ other \ bikers \ or \ pedestrians \ on \ the \ left \ and \ say \ "On \ your \ left!" to \ make \ your \ presence \ known.$
- Always use bicycle hand signals to alert traffic of your changing direction.







Snowmobile Safety

Do not consume alcohol or take drugs prior to or during your snowmobile trip. Doing so increases your chances of injury or death.

Slow down and don't cut to the inside of the trail corners. It's dangerous and illegal.

If you snowmobile at night, don't override your lights.

Always use the buddy system. Never ride off alone.

Drowning is one of the causes of many snowmobile fatalities. Whenever possible, avoid the ice.

Wear sensible, protective clothing designed for operating a snowmobile.

Use a full size helmet, goggles, or visor to prevent injuries from twigs, stones, ice chips and other debris.

Avoid wearing long scarves. They may get caught in moving parts of the snowmobile.

Know the terrain you are going to ride. If unfamiliar to you, ask someone who has traveled over it before.

Know the weather forecast, especially the ice and snow conditions.

Be sure your snowmobile is in top-notch mechanical condition throughout the months of use.

Familiarize yourself with the snowmobile you are driving. Thoroughly read the manual that accompanies the snowmobile.

Do not pursue domestic or wild animals. That is not the conduct of a sportsman. Report such violations to the nearest law enforcement officer.

Common Trail Signs

































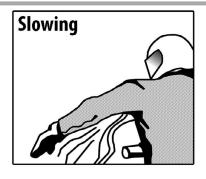


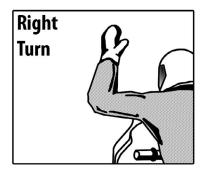


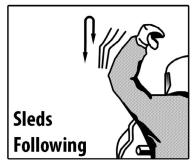
Snowmobile Safety

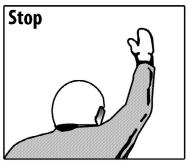
Communication is an essential part of safe riding. Hand signals are a practical way to communicate between other riders and traffic.

Be sure to give easy to see and clear hand signals when snowmobiling. Hand signals should never be subtle, but always deliberate.

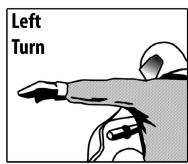








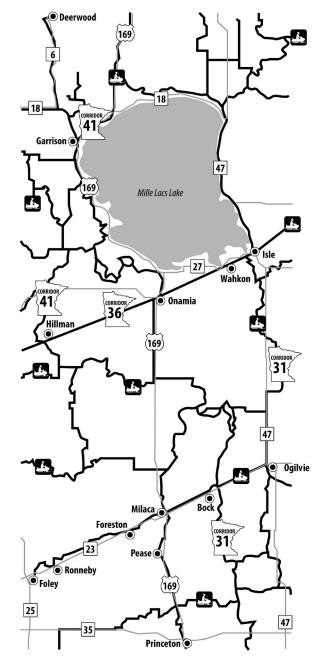






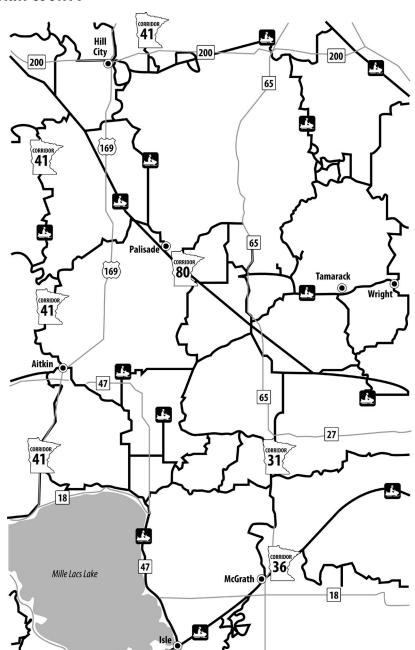
Snowmobile Trails

MILLE LACS COUNTY



Snowmobile Trails

AITKIN COUNTY



Emergency Planning

ESCAPE ROUTES

Everyone in your family should know the best ways to exit the house in case of a disaster. Teach your young children how to open sliding doors, windows and other exits. Designate a meeting place where the family can gather after escaping from the house.

FLASHLIGHTS

The whole family needs to know where to find flashlights. Periodically check the batteries.

FULLY CHARGED CELL PHONES

All family members should keep their cell phones charged. Make a habit of charging them, while everyone is asleep. Cell phones can be lifesavers in emergencies.

LIST OF VALUABLES

Keep this document listing your possessions (and if possible, a video of your home interior) in a fireproof safe, or in a safe deposit box at a bank.

COMMUNITY EMERGENCY PLANS

Familiarize yourself with community evacuation plans and neighborhood escape routes. Post a copy of them in a highly visible place in your home.



THUNDERSTORM/TORNADO

- Remove dead branches from trees beforehand to avoid injury or damage.
- After seeing lightning, if you hear thunder in less than 30 seconds, it is recommended that you stay inside for 30 minutes after the thunder has ceased.
- The inside of a car is safer than the outside, as a lightning strike will simply pass through the car as long as you aren't in contact with any metal.
- Unplug all major appliances, as a power surge can cause serious damage.
- Avoid all tall structures and elevated areas as well as large amounts of metal.



FIRE

- Make sure that every level of your house has a smoke detector, and be sure to test them once a month. Have the family plan an emergency exit route.
- Always keep track of any stoves or high-temperature/ high-voltage appliances that are running. Be sure to never leave any cooking unattended.
- Keep lighters and matches away from children.
- If a burn occurs, soak the skin in cool water. If the skin blisters, seek medical assistance.

• Emergency First-Aid Tips •

FIRST AID FOR CPR & HEART ATTACK

CPR

CPR is to be administered when a person is not breathing or has no pulse. Be quick to act by remembering the A,B,C's: Airway, Breathing & Circulation.

Airway:

Place the person on a firm surface, on their back. Kneel next to the person's neck and shoulders. Open the person's airway by tilting back the head and lifting the chin.

Breathing:

With the head tilted and chin lifted, pinch the nostrils shut and cover the person's mouth with yours. Give two slow breaths.

Circulation:

Find the hand position on the center of the breastbone. Place the heel of your hand on that position, with your other hand on top of the first hand. Use your upper body weight to push down. Give two compressions per second. Compress the chest at a rate equal to 100/minute. Perform 30 compressions at this rate. Repeat until an ambulance arrives.

HEART ATTACK

Symptoms of a heart attack may include any of the following:

- Uncomfortable pressure, fullness or squeezing pain in the center of the chest.
- Expanded pain in the upper abdomen.
- Shortness of breath.
- Pain or numbness in either arms, shoulders, neck, jaw or teeth.
- Dizziness or fainting.
- Nausea and sweating.

If you or someone else may be having a heart attack - follow these steps immediately:

- DIAL 911
- Chew and swallow Aspirin (unless you are allergic/not allowed to)
- Take Nitroglycerin (only if prescribed)
- Begin CPR if the person is unconscious

IN AN EMERGENCY, DIAL 911

• Emergency First-Aid Tips •

FIRST AID FOR BURNS & CHOKING

BURNS

For minor 1st and 2nd degree burns smaller than 3" in diameter: Cool the Burn. Run cool water over the burned area for 5 minutes, or until the pain diminishes. Never put ice on a burn!

Bandage the burn with sterile gauze:

It is important to use loosely wrapped gauze. This will avoid pressure and the bandage protects blisters. NEVER put lotions, vaseline, ointments or butter on burn. Do not break any blisters, which can cause infection.

Take Aspirin, Ibuprofen, Naproxen or Acetominophen to relieve pain:

Minor burns usually heal with these basic treatments. Be aware for signs of infection which may include: increased pain, redness, fever, swelling or oozing. If symptoms develop, seek medical help. Avoid tanning the burned area for at least a year. Protect the area with sunscreen outdoors. Avoid giving aspirin to children.

For 3rd degree burns/all major burns - DIAL 911

DO NOT run cold water over large severe burns - this can cause shock.

DO NOT remove burnt clothing.

Check for signs of breathing/coughing/movement.

If there are no signs of breathing begin CPR.

Elevate burned areas above heart level, if possible.

Cover the burn(s) with cool, sterile, moist bandages, towels or cloth.

CHOKING

Most people clutch at their throats when choking, an obvious symbol for help. However, if a person isn't giving that signal, be alert for these indications. Inability to talk, difficulty breathing or noisy breathing, inability to cough forcefully, skin/lips/nails turning blue, loss of consciousness.

The Red Cross recommends a "five-and-five" method for first aid: First give five blows between the person's shoulders with the heel of your hand. Second, perform the Heimlich maneuver (abdominal thrusts) five times. Alternate between five back blows and five abdominal thrusts until the blockage is dislodged.

IN AN EMERGENCY, DIAL 911



Emergency Numbers For Kids

KEEP A COPY OF THIS LIST NEAR EACH PHONE IN YOUR HOUSE

MY ADDRESS:		
MY PHONE NUMBER:		
MOM AT WORK:		
MOM CELL PHONE:		
DAD AT WORK:		
DAD CELL PHONE:		
NEIGHBOR:		
EMERGENCY CONTACT:		
POISON CONTROL:	1-800-222-1222	

EMERGENCY DIAL 911



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