# Free

# Local Area Guide

### Manatee County, FL

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- Recreation Trails
- Area History
- Parks & Rec. Info
- Local Attractions
  - Residential Services
    - FWC License Centers
      - Local Events





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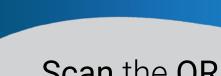
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# Local Area Everis

#### JANUARY

- Martin Luther King Jr Celebration
- Banquet Bradenton
- New Year Holiday Break Concert -Bradenton
- Seafood Festival Bradenton
- Anna Maria Winter Arts & Craft Show -Holmes Beach
- Farmers Market Lakewood Ranch (Year Round)
- Music on Main Lakewood Ranch
- (1st Friday, Monthly)
- Manatee County Fair Palmetto

### FEBRUARY - MARCH

- Fiddler Crab Festival Bradenton
- Fine Arts Festival Bradenton
- River Regatta Bradenton
- Coquina Beach Market Bradenton Beach (Mar-Dec)
- Cortez Commercial Fishing Festival
- Longboat Key Festival of the Arts
- I Heart My Community Palmetto
- Realize Bradenton Artisan
- Pirates Spring Training Bradenton
- North Manatee Kiwanis Beast Feast-Palmetto

### APRIL - MAY

- Desoto Seafood Festival Bradenton
  Gulf Coast Rhythm & Ribs Fest -
- Bradenton
  - Beach N' Food Truck & Music Festival -Holmes Beach
  - Memorial Day Parade 7 Celebration -Lakewood Ranch
  - Manatees Annual Taco Festival -Palmetto

### JUNE - JULY

- Live Music at Farmers Market -Anna Maria
- Annual Hoop It Up- Palmetto
- Classic Rock rewind Camp -Bradenton



• Fireworks Display - Downtown Bradenton

- 4th of July Fireworks Manatee River; LECOM Park & Anna Maria Island
- Century Rock Camp Bradenton
- Live Music on the Patio -Bradenton Beach
- Ellentons Back to School Bash
- 4thFest Palmetto

#### AUGUST - SEPTEMBER

### • Annual Women's Event -

- Bayshore Gardens
- Walk For A Cure Bradenton

### **OCTOBER - NOVEMBER**

- BayFest Anna Maria Island
  The Hunsader Pumpkin Festival -
- Bradenton
- BooFest Lakewood Ranch
- Ranch Nite Wednesdays -
- Lakewood Ranch (Oct-May)



- Longboat Key Triathlon & Duathlon
- Cortez Annual Stone Crab & Music Festival
- Festival of Skeletons Bradenton
- Joyful Expressions Open Juried Show & Holiday Extravaganza Bradenton

- Mixon Fruit Farms Harvest Festival -Bradenton
- Symphony on the Sand -Anna Maria Island

#### DECEMBER

- Annual Holiday Party -
- Bayshore Gardens
- NYE Celebration Bayshore Gardens
- K.O.P.S. (Kids & Officers Promoting
- Solidarity) Winter Night Out -
- **Bayshore Gradens**
- Pancake Breakfast Bayshore Gardens
- Annual Nutcracker Ballet Bradenton
- Blues Festival Bradneton
- Bradenton Gulf Island Concert Series (Dec-Apr)
- Bradenton Riverwalk Holiday of the Arts Festival
- North Pole Express Bradenton
- Old Manatee Candlelight Holiday Block Party - Bradenton
- Singing Christmas Tree Bradenton
- Breakfast With Santa Lakewood Ranch
- Deck the Halls Lakewood Ranch
- Santa on Main Lakewood Ranch
- Palmetto Gun Show
- Palmetto Winter Concert

#### \*Events are subject to change

**Residential Services** 

Clerk of Circuit Court	941-749-18
Community & Veterans Servio	es941-749-303
County Administration	941-745-371
County Attorney	941-745-3750
County Extension & 4-H	941-722-4524
Financial Management	941-745-3730
Fire Department Bradenton	941-932-9600 🖉
Cedar Hammock	941-751-7090
East Manatee	941-751-5611
Longboat Key	941-316-1944
North River	941-721-6700
Parrish	941-721-2093
Southern Manatee	
West Manatee	
Human Resources94	41-748-4501 X3865
Manatee Animal Control	941-747-5943
Natural Resources941	-742-5923 X6001
Sports & Leisure Services	941-742-5923
GIS	941-748-4501



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Florida is home to Manatee County. Bradenton is the largest city as well as the county seat. The Florida manatee, the

state's official marine mammal, inspired the county's name when it was established in 1855. For thousands of years, Native Americans had lived in what is now Manatee County. Archaeological digs at Perico Island and Terra Ceia, among other locations in the county, have revealed shell middens. The materials found during these digs belonged to Woodland period peoples. The Armed Occupation Act, which was passed in 1842, allowed people to settle in the region. One of the first colonies was the thirty-one-person Manatee Colony, which was commanded by Colonel Samuel Reid and comprised both Black and White residents. Joseph and Hector Braden were two other well-known early settlers who settled in a region close to the Manatee River in 1842. During the Panic of 1837, the two had lost the land for their plantations in northern Florida. The population as of the US Census 2020 was 55,698.

CITIES	CEI
Anna Maria - <i>968</i>	Bay
Holmes Beach - <i>3,010</i>	San
Bradenton - 55,698 (County Seat)	Cor
Palmetto - 13,323	Sou
Bradenton Beach - 908	Elle
TOWN	We
Longboat Key - <i>7,505</i>	Lak

Manatee County History

> **NSUS DESIGNATED** yshore Gardens - *19,904* moset - *4,146* rtez - *4,121* uth Bradenton - *26,858* enton - *4,129* est Bradenton - *4,247* kewood Ranch - *34,877*

West Samoset - 6,482 Memphis - 9,024 Whitfield - 2,989

\*Populations are approximate.

#### BRADENTON

Manatee County is home to the City of Bradenton, which also serves as its County Seat. l n the present-day Bradenton, there was a settlement called Angola that was founded by Maroons or runaway slaves and lasted from the late 1700s until 1821. It is thought to have stretched from Sarasota Bay to the Manatee River, which was formerly known as the Oyster River. It is estimated that there were 600–750 people living in the community. Because the Manatee River was too shallow for US Navy vessels to navigate at the time, Angola was a fairly large maroon settlement. Following Andrew Jackson's allies (the Creeks') attack on Angola, the settlement was abandoned. The natural beauty of the area drew Josiah Gates, who moved to the present-day Bradenton area in January 1842 with his family and eight slaves. Because it was close to Fort Brooke, Gates assumed that the area would be popular with new settlers, and that they would require a temporary place to stay while they built their homes. He constructed Gates House, an Inn, at one location and his house near today's 15th Street East. In addition, Gates is recognized as the first American settlers in modern-day Manatee County. The population of the city was 55,698 according to the 2020 census.

#### PALMETTO

In Manatee County, sits the city of Palmetto. Since 1868, there has been a post office in Palmetto. After moving to the region close to the Manatee River in 1868, Samuel Sparks Lamb, a native of Clarke County, Mississippi, founded Palmetto. Recognized as the "Fa-ther of Palmetto," Samuel Sparks Lamb donated multiple land plots and mapped the city at its inception. The palmetto trees that were close to the original town site gave rise to the city's name. P.S. Harlee served as Palmetto's first mayor when the village was first incorporated in May 1893. He also ran the town's general merchandise store. After being reincorporated as a city in 1897, Palmetto expanded during the ensuing years. According to the 2020 census, 13,323 people were living there.

Manatee County Communities

### 🖌 LONGBOAT KEY

Situated between Sarasota Bay and the Gulf of Mexico, Longboat Key is situated south of Anna Maria Island. The counties of Sarasota and Manatee split it almost equally. Native Americans were the original inhabitants of Longboat Key. Hernando De Soto served as Juan de Añasco's scout and was the first to explore the area that is now Longboat Key. In addition to being probably the first European man to see and explore Sarasota Bay, Boca Ciega Bay, and the Manatee River, he spent roughly two months trying to locate a landing site. Colin and Rowlin W. Witt claimed 7.15 acres on the island's north end as their first land claim in 1882, making them the first people of European descent to do so. In the late 1800s, a few more people made land claims on the island, but none of them are known to have settled there permanently. At Byron Corey's pier at the southern tip of the island, the first post office was opened in 1907. In addition, Corey was the first postmaster of Longboat Key. The post office operated until 1921, when a hurricane destroyed it. Longboat Key was incorporated in 1955. 7,505 people were living in the town as of the 2020 census.

#### **BAYSHORE GARDENS**

In Manatee County, Bayshore Gardens is a planned community and census-designated place. Developer Sydney R. Newman bought the present-day neighborhood in 1955 and laid out a section between U.S. 41 and 26th Street West, which was named Bayshore Gardens Parkway. At nearly two million dollars, the property was acquired, making it the most costly land purchase in the region since the 1920s. The 3,200 acres, which were formerly fields used to grow tomatoes, would now contain a marina, parks, schools, churches, retail establishments, and healthcare facilities in addition to houses built in the then-popular mid-century modern style. In 2020, there were 19,904 people living there.

#### LAKEWOOD RANCH

Situated in southeast Manatee County and northeastern Sarasota County, Lakewood Ranch is a planned community and census-designated place (CDP) encompass-

ing

roughly 31,000 acres. John Schroeder first put the region together as Schroeder-Manatee Ranch (SMR) in 1905. Members of the Uihlein family of Milwaukee bought the land in 1922 for use as a ranch, raising cattle and timber. 34,877 people were living in the CDP as of the 2020 census.

#### MEMPHIS

Memphis is a census-designated place (CDP) and unincorporated community located in Manatee County, Florida. The town's origins can be found in the planning of an 80-acre subdivision that was situated next to Palmetto in the 1880s. Originally owned by Tennessee-born Robert Willis (1855–1933), the land was later sold to I.E. Barwick (1854–1924), who divided it. By the 2020 census, the population had increased from 7,848 in 2010 to 9,024.



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### GET INVOLVED STAY CONNECTED



Park Info: 941-742-5923 Bennett

Bennett Park 400 Cypress Creek

Blvd, Bradenton

Bishop Point 2020 72nd St NW, Bradenton

**Black Stone Park** 2112 14th Ave W, Palmetto

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**Braden River Park** 5201 51st St E, Bradenton

**Buffalo Creek Park** 7550 69th St E, Palmetto

**Bunker Hill Community Park** 35600 State Rd 62, Duette

**Coach Eddie Shannon Park** 501 17th St E, Palmetto

**Conservatory Park** 8027 Conservatory Dr, Sarasota

**Country Club East Park** 15015 Masters Ave, Bradenton  $\mathcal{P}_{\text{ARKS}}$  & Recreation

Crane Park 37655 East State Rd 70, Myakka City

**Creekwood Park** 7025 44th Ave E, Bradenton

**East Bradenton Park** 1119 13th St E, Bradenton

Fort Hamer Park 1605 Ft. Hamer Rd, Parrish

Governor Ron DeSantis Park 7510 Prospect Rd, Sarasota

**Greenbrook Park** 6655 Greenbrook Blvd, Lakewood Ranch

**G.T. Bray Park** 5502 33rd Ave Dr W, Bradenton

Holmes Beach Tennis Courts 6200 Flotilla Dr, Holmes Beach

John H. Marble Park 3675 53rd Ave E, Bradenton



### $\mathcal{P}_{\mathsf{ARKS}}$ & Recreation

Lakewood Ranch Park 5350 Lakewood Ranch Blvd, Bradenton

Manatee Palms Park 6510 1st Ave E, Bradenton

McArthur Park 455 McArthur Ave, Sarasota

Myakka Community Park 10060 Wauchula Rd, Myakka City

**Ola Mae Sims Park** 11800 Erie Rd, Parrish

Palma Sola Park 7915 40th Ave W, Bradenton

Palma Sola Scenic Highway 501 Montezuma Dr, Bradenton





Senrab Park 7817 Senrab Dr, Bradenton

Seville Park 7823 Seville Cir, Bradenton

Sunny Shores Park 36th Ave & 117th St W, Cortez

**Sylvan Oaks Park** 715th 17th St E, Palmetto

University Place Park 7850 Cooper Creek Pkwy, Sarasota

Whitfield Park 7100 12th St E, Sarasota

#### **BEACHES** Anna Maria Bayfront Park 310 North Bay Boulevard, Anna Maria

**Coquina Beach** 2650 Gulf Drive, Bradenton Beach

Manatee Beach Park 4000 State Rd 64 & Gulf Dr, Holmes Beach

Palma Sola Causeway Park 9500 Manatee Ave W, Bradenton

### PRESERVES

Please call ahead to confirm park hours & fees if applicable. **Duette Preserve** (Check Station) 2649 Rawls

2649 Ra Rd, Duette

**Emerson Point** 5801 17th St S, Palmetto

**Jiggs Landing Preserve** 6106 63rd St E, Bradenton

Leffis Key Preserve 2351 Gilf Drive S, Anna Maria Island Moody Branch Preserve 13805 Taylor Grade Rd, Duette

**Neal Preserve** 12301 Manatee Ave W, Bradenton

Perico Preserve 11700 Manatee Ave W, Bradenton

**Riverview Pointe Preserve** 8250 Desoto Memorial Hwy, Bradenton

#### **Robinson Preserve**

17th Ave NW North Entrance (W/Valentine House) 1704 99th St NW, Bradenton 9th Ave NW South Entrance ("The Extension" w/ NEST & Canopy Zone) 10299 9th Ave NW, Bradenton

**Rye Preserve** 905 Rye Wilderness Trail, Parrish

Ungarelli Preserve 4000 Palma Sola Blvd, Bradenton



### AREA ATTRACTIONS

#### ADRENALINE ROW

1 mile long strip from Bradenton across Palma Sola Bay to Anna Maria Island.

ALTITUDE TRAMPOLINE PARK 201 Cortez Rd W | Bradenton | 941-584-4700

**ANDERSON RACE TRACK** 10101 US Hwy 41 N Bldg 5 | Palmetto | 941-723-3900

**ART CENTER MANATEE** 209 9th St W. | Bradenton | 941-746-2862

**ARTEC COYOACÁN** 1023 12th St W | Bradenton | 941-536-1411

**BOWLERO BRADENTON** 4208 Cortez Rd | Bradenton | 941-758-8838

**BRADENTON MOTORSPORTS PARK** 21000 S.R. 64 E | Bradenton | 941-748-1320

BAYSHORE GARDENS PARK & RECREATIONAL DISTRICT 6919 26th St W | Bradenton | 941-755-1912

BISHOP MUSEUM OF SCIENCE & NATURE 201 10th St W | Bradenton | 941-746-4131

CAPTAIN BAMS' JUNGLE FLOAT 9000 Manatee Ave W | Bradenton | 941-720-3609

CORTEZ CULTURAL CENTER 11655 Cortez Rd | Bradenton | 941-840-0590

**DEFY BRADENTON** 7385 52nd PI E Set# 29 | Bradenton | 941-900-4484



8300 Desoto Memorial Hwy | Bradenton | 941-792-0458

**ELLENTON ICE & SPORTS COMPLEX** 5309 29th St E | Ellenton | 941-723-3663

**ELLENTON PREMIUM OUTLETS** 5461 Factory Shops Blvd | Ellenton | 941-723-1150

FAMILY HERITAGE HOUSE MUSEUM 5840 26th St W Bldg #3 | Bradenton | 941-752-5319

**FLORIDA MARITIME MUSEUM** 4415 119th St W | Cortez | 941-708-6120

FREEDOM FACTORY RACE TRACK 21050 FL-64 | Bradenton

**FUN GIRL ART** 1001 12th Ave W | Bradenton | 941-448-7485

**THE FISH HOLE MINIATURE GOLF** 115 Bridge St | Bradenton Beach | 941-778-3388 INTENSE ESCAPE 5708 Manatee Ave | Bradenton | 941-251-9385

ISLAND GALLERY & STUDIOS 456 Old Main St | Bradenton

**THE JOHN & MABLE RINGLING MUSEUM OF ART** 5401 Bay Shore Rd | Sarasota | 941-359-5700

**KAYAK TOURS** 9700 Manatee Ave W | Bradenton | 941-527-6355 / 941-527-6144

MAIN STREET AT LAKEWOOD RANCH 8131 Lakewood Main St | Lakewood Ranch | 941-907-9243

MANATEE COUNTY AGRICULTURAL MUSEUM 1015 6th St W | Palmetto | 941-721-2034



1404 Manatee Ave E | Bradenton | 941-749-7165

*MIXON FRUIT FARMS* 2525 27th St E | Bradenton | 941-748-5829

MOTE MARINE LABORATORY & MUSEUM 1600 Ken Thompson Pkwy | Sarasota | 941-388-4441 *MOTORWORKS BREWERY* 1014 9th St W | Bradenton | 941-567-6218

MYAKKA ELEPHANT RANCH 4450 Verna Bethany Rd. | Myakka City | (941) 702-0220 (by appointment only)

PALMA SOLA BOTANICAL PARK 9800 17th Ave NW | Bradenton | 941-761-2866

**PIER 22** 1200 1st Ave W | Bradenton | 941-748-8087

**RED BARN FLEA MARKET** 1707 1st St | Bradenton | 941-747-3794

**REFLECTIONS OF MANATEE** 1302 4th Ave E | Bradenton

**THE RESORT AT LONGBOAT KEY CLUB** 220 Sands Point RD | Longboat Key | 941-383-8821

SCF NEEL PERFORMING ARTS CENTER 5840 26th St W | Bradenton | 941-926-7677

SMUGGLERS COVE ADVENTURE GOLF 2000 Cortez Rd W | Bradenton | 941-756-0043

**RIVERWALK SPLASH PARK** 452 3rd Ave W | Bradenton

**TREEUMPH! ADVENTURE COURSE** 21805 State Rd 70 E | Bradenton | 941-322-2130

*VILLAGE OF THE ARTS* 1227 12th St W | Bradenton | 941-306-3278



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### **?**WC License Centers

*You can purchase hunting and fishing licenses online <u>https://myfwc.com</u>, call (850) 488-4676 or visit one of the FWC agents available throughout the area:* 

### **BRADENTON**

Dicks Sporting Goods 4108 14th St. W | Bradenton | 941-751-6900

Manatee TC - Drivers License Office 904 301 Blvd. W | Bradenton | 941-741-4800

WalMart (#528) 2911 53rd Ave. E | Bradenton | 941-753-6751

#### WalMart (#1004) 5315 Cortez Rd. W | Bradenton | 941-798-9341

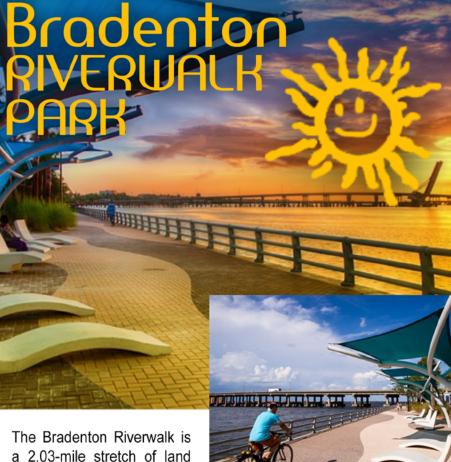
WalMart (#3474) 6225 E State Rd. 64 | Bradenton | 941-708-2800 WalMart (#5727)

5810 Ranch Lake Blvd. | Bradenton | 941-799-5538

Sunshine Ace Hardware - Bradenton 5409 Manatee Ave. | Bradenton | 941-795-9442

PALMETTO WalMart (#3370) 508 10th St. E | Palmetto | 941-723-2199

### CALL FOR A RIDE



The Bradenton Riverwalk is a 2.03-mile stretch of land lying between the Green and DeSoto bridges along the banks of the Manatee River. It is a major expansion of



Rossi Park. Visitors can enjoy a safe walking path along the river, fishing, interactive public art, a

splash pad and playground, beach volleyball, a paved skateboard park, entertainment events and many educational activities along the beutiful Manatee River.

#### LOCATED ALONG THE MANATEE RIVER RIVERFRONT BLVD BRADENTON, 34205

20 - Manatee County - Resident Guide

### **Zishing** Licensing

For specific zone areas, dates & details check online: https://myfwc.com, Telephone: (850) 488-4676, or scan the QR code.



#### Recreational Freshwater or Saltwater Fishing License Prices:

Resident Annual: \$17.00 Resident Five-Year: \$79.00 Non-Resident Annual: \$47.00 Non-Resident 3-Day: \$17.00 Non-Resident 7-Day: \$30.00 **Resident Annual Saltwater Shoreline License:** No-Cost Annual Resident Military Gold Sportsman's License: \$20.00 Annual Resident Gold Sportsman's License: \$100.00 Five-Year Resident Gold Sportsman's License: \$494.00 Annual Resident Silver Sportsman's 64+: \$13.50 Five-Year Resident Silver Sportsman's 64+: \$61.50

Resident Youth Fishing License: \$17.00 Resident Youth Gold Sportsman's License (available with completion of hunter education requirements): \$100.00 **Promotional Prices, Freshwater or Saltwater:** Annual Gold Sportsman - \$50.75, plus applicable fees

5-year Gold Sportsman - \$247.75, plus applicable fees Lifetime Sportsman:

Age 0-4 - \$201.50, plus applicable fees Age 5-12 - \$351.50, plus applicable fees Ages 13-64 - \$501.50, plus applicable fees **License-free Freshwater Days** First consecutive Saturday & Sunday in April Second consecutive Saturday & Sun. in June

**License-Free Saltwater Days** First consecutive Saturday & Sunday in June First Saturday in September Saturday following Thanksgiving

### Bag & Length Limits

#### ONE DAY BAG LIMITS FOR FRESHWATER GAME FISH:

**5** Black Bass (including largemouth, suwannee, spotted, choctaw & shoal bass, individually or in total), only one of which may be 16 inches or longer in total length. There is no minimum length limit for largemouth bass.

\* No person shall kill or possess any Suwannee, shoal, spotted, or Choctaw bass that is less than 12 inches in total length.

\* Chipola River and its tributaries: No person shall kill or possess shoal bass on the Chipola River or its tributaries. Any shoal bass that are caught must be released immediately.

**20** Striped Bass, white bass, & sunshine bass (individually or in total), of which only 6 may be 24 inches or longer in total length. \* In the Suwannee River, areas north & west of the Suwannee River, & in any tributary, creek or stream of the Suwannee River: the bag limit for striped bass is 3, each of which must be at least 18 inches in total length (20 fish combined bag limit).

\* In the lower Ochlockonee River (downstream of the Jackson Bluff dam to Ochlockonee Bay): the bag limit for striped bass is 3, only one of which may be 24 inches or longer in total length. There is no minimum length limit (20 fish combined bag limit). **50** Panfish including bluegill, redear sunfish (shellcracker), flier, longear sunfish, mud sunfish, shadow bass, spotted sunfish (stumpknocker), warmouth & redbreast sunfish, individually or in total.

25 Crappie (speckled perch).

**2** Butterfly Peacock Bass, only one of which may be 17 inches or longer in total length.

**10** Alabama Shad, american shad, hickory shad, & blueback herring (individually or in total), which may only be taken with hook & line gear.

**25** American Eels, must be nine inches or greater in total length. The recreational bag limit for american eels is 25 per angler per day. Wholesale/retail purchase exemption. Recreational anglers purchasing american eel as bait may possess more than the legal bag limit provided that the eels were purchased from a licensed dealer.

For more information check online: https://myfwc.com, Telephone: (850) 488-4676, or scan the QR code.



Always swim at beaches with lifeguards present, heed warning signs, and follow any instructions or

Beach flags are commonly used to communicate important information to beachgoers. The color-coded flag system may vary slightly from one location to another, but the following are commonly recognized color meanings:

Blue Flag: This flag is used to signify that lifeguards are on duty and that the area is being actively monitored for safety.

Green Flag: Indicates that it is safe to swim. The water conditions are generally calm, & there is a low risk of hazards such as strong currents or high waves.

Yellow Flag: Caution is advised. This flag suggests that there may be some hazards present, such as moderate surf or currents.

**Red Flag:** A red flag indicates high hazards & potentially dangerous water conditions. It is a warning that strong currents, high surf, or other dangers are present. It is advised to stay out of the water.

Double Red Flags: This is a more severe warning, & it typically means that the beach is closed to the public. Dangerous conditions, such as strong rip currents or severe weather, pose a significant threat.

**Purple Flag:** This flag is used to indicate the presence of dangerous marine life, such as sharks or jellyfish. It is advised to exercise caution.

Rip currents are powerful, narrow channels of fast-moving water that can pose a danger to swimmers and surfers. Getting caught in a rip current can be frightening, but knowing how to recognize and handle them can help you stay safe. Here's how to avoid or get out of a rip current in the ocean:

2. Float & Conserve Energy: If you're

unable to swim out of the rip current,

treading water. Signal for help by waving your arms and calling for assistance if you

nearby. Most rip currents are narrow, and

you will eventually be carried out of the current and into calmer waters.

4. Use Waves to Help You Escape: Wait

for waves to push you towards shore and

use them to assist your escape from the

rip current. Time your movements with

momentum to swim towards the shore.

exhaust yourself by attempting to fight

advice given by local

authorities.

Feeder Current

Be patient and persistent, and don't

the breaking waves, and use the

against the current.

conserve your energy by floating or

see lifequards or other beachgoers

1. Stay Calm & Don't Fight the Current: If you find yourself caught in a rip current, stay calm and try not to panic. Remember that rip currents do not pull swimmers underwater; instead, they pull them away from the shore. Avoid fighting against the current by swimming directly back to shore, as this can lead to exhaustion.

3. Swim Parallel to the Shore: If you feel confident in your swimming abilities, swim parallel to the shoreline instead of trying to swim directly back to shore. Rip currents are typically narrow, so swimming parallel to the shore can help you escape the pull of the current. Once you're out of the rip current, you can then swim back to the shore at an angle.

5. Seek Assistance if Needed: If you're unable to escape the rip current on your own or if you're feeling exhausted, continue to signal for help and wait for assistance from lifeguards or other beachgoers. Don't hesitate to call for help if you need it, as prompt action can prevent a dangerous situation from escalating.

Feeder Current

Sandbar

Beach

Sandbar

## HURRICANE SAFETY

Тор

Five

Tips

If authorities issue evacuation orders, follow them promptly. Delaying evacuation can put your life and the lives of emergency responders at risk. They have the most up-to-date information on the storm and can provide guidance on the safest course of action. Remember that each hurricane is unique, so it's essential to stay informed and adapt your plans accordingly. Preparedness and early action are key to minimizing risks and ensuring the safety of yourself and your loved ones during a hurricane.

CATI-2

CAT 3-4

STAY INFORMED 2 SECURE YOUR HOME 3 FOLLOW EVACUATION ORDERS & GUIDELINES EMERGENCY SUPPLIES EVACUATION PLANNING

CAT 5 157+MPH HURRICANE

CATEGORIES

The Highest Recorded Wind Speed of a Hurricane is 215 mph

### HERE ARE A FEW KEY POINTS TO BE AWARE OF:

Keep Your Pets Si

**1**. Leashing: Always keep pets on a leash, especially near water bodies, to prevent them from wandering too close to potential alligator habitats.

**2**. **Supervision**: Supervise your pets when they're outside. This is crucial during dawn and dusk, as alligators are more active during these times.

**3**. **Avoid Water**: Keep pets away from lakes, ponds, and marshy areas where alligators might be lurking. Even small bodies of water can pose risks.

**4**. **Training**: Ensure your pets have good recall and respond well to commands. This can help you quickly call them back if they venture too close to danger.

**5**. Feeding and Food Storage: Do not feed alligators or leave pet food outside, as this can attract wildlife and increase the likelihood of encounters with alligators.

Florida is renowned for its abundance of freshwater fishing opportunities, with numerous lakes, rivers, and streams teeming with a wide variety of fish species. Here are some of the top freshwater fishing locations in Florida:

OF FIESDME

1. *Lake Okeechobee*: The largest freshwater lake in the state. Anglers can target largemouth bass, crappie, bluegill, & catfish.

**2**. **St. Johns River**: One of the few major rivers in the United States that flows north. It's a prime location for bass fishing, particularly in the upper stretches.

**3**. *Lake Tohopekaliga* (Lake Toho): The lake is famous for its trophy-sized largemouth bass. It's a popular destination for bass anglers seeking the thrill of catching big fish.

**4**. *The Kissimmee Chain of Lakes*: Comprising several interconnected lakes, the Kissimmee Chain offers diverse fishing experiences. Anglers can target bass, crappie, bluegill, and more in these interconnected waters.

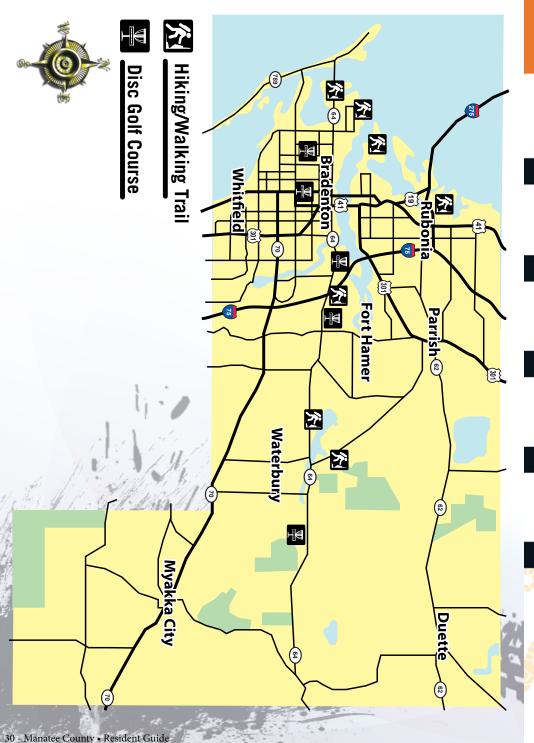
**5**. *The Harris Chain of Lakes*: Consists of several lakes interconnected by canals. It's known for its bass fishing, with Lake Harris being one of the most popular spots for anglers.

**6**. *Rodman Reservoir*: Created by the damming of the Ocklawaha River, Rodman Reservoir is known for its trophy bass fishing. Anglers come here seeking the chance to catch monster-sized bass in a picturesque setting.



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### Local Area Trails



# Health Benefits of the Outdoors

Spending time in nature offers numerous benefits for physical, mental, and emotional well-being.

Stress Reduction: Nature has a calming effect on the mind and body, helping to reduce stress levels. The peaceful surroundings,

fresh air, and natural beauty can lower cortisol levels, decrease heart rate, and promote relaxation.

Improved Mental Health: Being in nature is associated with improved mood and mental health. Studies have shown that spending time outdoors can reduce symptoms of anxiety, depression, and other mental health disorders. Nature provides a sense of tranquility and perspective, which can help alleviate negative thoughts and emotions.

Increased Physical Activity: Nature encourages physical activity, whether it's hiking, biking, walking, or simply exploring outdoor spaces. Engaging in outdoor activities promotes exercise, which is essential for maintaining physical health and fitness. Additionally, being in nature often involves exposure to sunlight, which helps the body produce vitamin D and supports overall well-being.

Enhanced Creativity & Cognitive Function: Nature stimulates creativity and cognitive function. Research suggests that spending time in natural environments can improve problem-solving skills, boost creativity, and enhance concentration and focus. Nature provides a rich sensory experience that activates different parts of the brain, fostering cognitive development and innovation.

**Connection with the Environment:** Spending time in nature fosters a deeper connection with the environment and promotes environmental stewardship. When people experience the beauty and wonder of nature firsthand, they are more likely to develop a sense of appreciation and respect for the natural world. This connection can lead to greater awareness of environmental issues and a desire to protect and preserve natural habitats for future generations.

Overall, being in nature offers a multitude of benefits for both physical and mental well-being, making it essential for maintaining a healthy and balanced lifestyle.

### So, You have decided to get a pet... NOW WHAT??

**Commitment and Time:** Owning a pet is a long-term commitment. Before bringing a pet home, consider your lifestyle and ensure you have enough time to spend with your pet. Dogs, cats, and many other animals require attention, exercise, and mental stimulation.

**Choose the Right Pet for Your Lifestyle:** Different pets have varying needs, temperaments, and activity levels. Research and select a pet that fits well with your lifestyle, living situation, and family dynamics. Whether you choose a dog, cat, bird, fish, or any other animal, make sure you can provide for its specific needs.

**Proper Nutrition:** Feed your pet a balanced and nutritious diet suitable for their species and age. Consult with a veterinarian to determine the best food options for your pet's health and well-being.

**Regular Exercise:** Most pets need regular physical activity to stay healthy and happy. Engage in playtime and exercise with your pet daily, as it helps prevent obesity and provides mental stimulation.

**Routine Veterinary Care:** Schedule regular check-ups with a veterinarian to monitor your pet's health, get necessary vaccinations, and address any concerns. Early detection of health issues can often lead to better outcomes.

**Spaying/Neutering:** Consider spaying or neutering your pet if you don't plan on breeding. This helps control the pet population and can have health benefits for your pet.

**Training and Socialization:** Properly train your pet to follow basic commands and have good manners. Socialize them with other animals and people from a young age to prevent behavioral issues later on.

**Provide a Safe Environment:** Ensure that your home and yard are safe for your pet. Remove hazards, keep toxic substances out of reach, and provide appropriate shelter from extreme weather conditions.

**Grooming:** Regular grooming is essential for most pets. Brush their fur, trim nails, and clean their ears as needed to keep them comfortable and healthy.

Identification and Microchipping: Keep identification tags with your current contact information on your pet's collar. Consider microchipping your pet as an extra measure to ensure they can be identified if lost.

Love and Attention: Pets thrive on love and attention from their owners. Spend quality time with your pet, provide affection, and build a strong bond.

**Respect and Understanding:** Learn to understand your pet's body language and behavior. Respect their boundaries and feelings, and avoid forcing them into uncomfortable situations.

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**Patience and Forgiveness:** Pets, especially young ones, can be mischievous or have accidents. Be patient with them during the training process and forgive any mistakes they make along the way.



**Emergency Preparedness:** Have a plan in place for emergencies, including natural disasters. Know how to evacuate with your pet safely if needed.

### *If you have just rescued / adopted a new fur baby, please it is important to remember the 3-3-3 RULE:* 3 Days:

In the first 3 days being in its new home, they will be feeling overwhelmed, scared & unsure of what is going on. They may also be uncomfortable being "themselves", and may not want to eat or drink. They may want to "shut down" or hide under a bed or in a crate, and they will test boundaries.

#### 3 Weeks:

At this point, they may be a lot more comfortable & settling in. Learning a new routine can be overwhelming, so please be patient. By now they may have figured out the new environment & accepted that this may be their FURever home. Their personality traits will start to show, as well as any behavior issue that may be present. **3 Months:** 

For most fur babies, 3 months is enough time to finally be comfortable and begin to build trust and a true bond. A sense of security may be present & a set routine will help this process.

Please know that this is not the rule with every rescued or adopted pet, as some may need 6 months to a year to adjust & adapt, depending on MANY factors. Age of animal, what type of an environment did they come from?

### DOG PARKS

Blackstone Dog Park

2112 14th Ave W, Palmetto Hours : Sunrise - Sunset.\* Closed for maint/clean Thurs 7-10AM & last Friday every month 2PM-7AM Saturday for pesticide control. Amenities : Covered shelters, Free waste bags & area exclusive for fragile, small & elderly dogs.

#### **Dog Leg Canine Park**

7550 69th St E, Palmetto

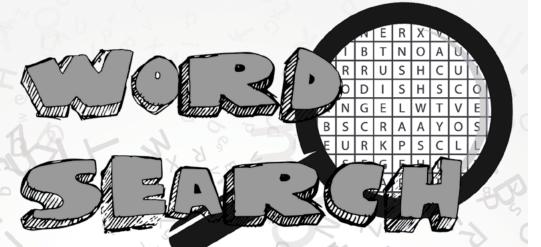
Hours : Sunrise - Sunset.\*Closed for maint/clean Thurs 7-10AM & last Friday every month 2P-close. Amenities : 3 acre fenced in dog park with exclusive small/ elderly/fragile dog area, free waste bags, doggie drinking fountain & covered shelter.

#### Paw Patch Dog Park

7025 44th Ave E, Bradenton Hours: 7A-11P Amenities: 2 acres fenced in park with area exclusive for small/fragile/elderly dogs, doggie drinking fountain, free waste bags & pavilion. Laurie Crawford Dog Park - \*Formerly known as "Happy Tails Canine Park" 51st St, Bradenton Hours: Sunrise - Sunset \*Closed Mondays & Thursdays 7-10A & last Friday every month from 2P-7A Saturday for pesticide control. Amenities: 3 acres of fenced in dog park that expands to 4.5 acres with tree shaded areas. Exclusive area for fragile/ elderly/small dogs. Doggie drinking fountain, free waste bags, pavilions & picnic tables.

#### Happy Paws Dog Park

11800 Erie Rd, Parrish Hours : 7AM-10PM Amenities : Fenced in 1.5 acre dog park with enclosed exclusive area for small/fragile/elderly dogs, agility course, doggie drinking fountain, free waste bags & a pavilion.



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### **BUTTERED-UP** Stea



### **INGREDIENTS**

2 steaks (ribeye or sirloin are

good choices)

Salt and pepper

2 tablespoons unsalted butter

Fresh herbs (optional)

Enjoy your delicious buttered-up steak!

### Simple meal with a Gourmet Feel

#### INSTRUCTIONS

Take the steaks out of the refrigerator and let them come to room temperature for about 30 minutes. This helps the steak cook more evenly.

**2** Preheat your oven to 400°F.

ion the steaks generously with salt and pepper on both sides.

4 Heat a large skillet over high heat until very hot. Add the steaks and cook for about 2-3 minutes per side, until nicely

Remove the steaks from the skillet and place them on a baking sheet.

6 In the same skillet, add the butter and arlic. Cook for about 30 seconds, stirring constantly, until the garlic is fragrant.

7 Pour the garlic butter over the steaks on the baking sheet.

**8** Place the baking sheet in the oven and cook for about 5-7 minutes for

medium-rare doneness, or longer if you prefer your steak more well-done.

9 Remove the steaks from the oven and let them rest for a few minutes before slicina.

**1** Serve the steak with any remaining butter from the baking sheet and herbs if desired.

PREP: 35 MIN • TOTAL: 50 MIN



LOCALLY



... and support the community you live in!