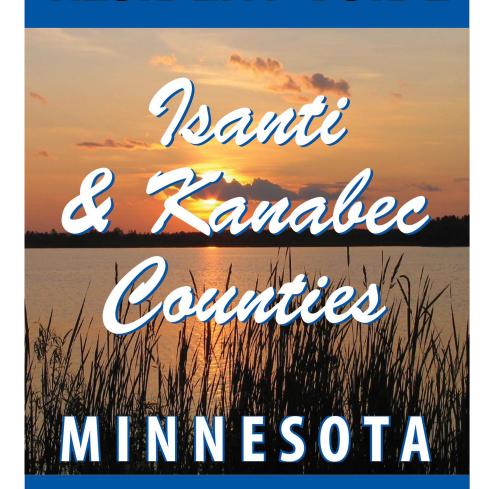
FREE RESIDENT GUIDE



What's Inside: Businesses • Directory • History Events and more



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Local Area Events

JANUARY

New Years Day Celebration | Isanti

FEBRUARY

Vasaloppet USA | Mora

MARCH

Home Show | Cambridge Prom Expo | Cambridge Taste of Isanti County | Cambridge

APRIL

Car Care Fair | Cambridge East Central Home Show | Mora Gun & Knife Show | Mora

MAY

CWRE Fashion Show | Cambridge Isanti Redbirds Golf Tournament | Cambridge Canoe Races | Mora Kanabec County Clean-Up Day | Mora Kanabec History Center Museum Day | Mora PRCA Rodeo | Mora North Branch City Wide Garage Sales Family Farm Fest | North Branch

JUNE

Bandits Bash | Cambridge
Cambridge Day Out
Fun Raising Open Tournament | Cambridge
Race The Rum 5k & 1 Mile Fun Run | Cambridge
Royal BBQ | Isanti
Mäjstang Festival | Mora
Midsummer Days | North Branch
NTPA Tractor Pull | Ogilvie
Red Bull Day | Stacy

Local Area Events

JULY

Isanti County Fair | Cambridge
Isanti Volunteer Fire Department Rodeo | Cambridge
Community Picnic | Isanti
Jubilee Parade | Isanti
Jubilee Pig Roast | Isanti
Kids Free Fun Day | Isanti
Outhouse Races | Isanti
Fireworks On The Lake | Mora
Kanabec County Fair | Mora
Demo Derby | Ogilvie

AUGUST

Braham Pie Day
Cambridge Antique Fair & Car Show
Brews Cruise | Cambridge
Relay For Life | Cambridge
Ki Chi Saga Days | Chisago City
Harris City Celebration
Mora Half Marathon
Back To The Tower Days | Ogilvie
Corn On The Curb | Ogilvie
Rush City Music & Arts Festival
Stacy Daze

Heartland Truck Pull | Ogilvie

SEPTEMBER

Almelund Apple Festival
Fall Art Fair | Cambridge
Fall Wine Tasting | Cambridge
Bike Tour | Mora
Sticks & Stones Art Fair | Mora
Classic Car Show | North Branch
Fall Harvest Festival North Branch
Kanabec Sportsmen's Fair | Ogilvie
Renewable Trail Run/walk | Sandstone

OCTOBER

Color a Co-op Pumpkin Contest | Cambridge Old Fashioned Halloween | Cambridge Open House Ski & Snowboard Swap | Cambridge

NOVEMBER

Holiday Wine Tasting | Cambridge Snowflake Parade | Cambridge Veterans Day Event | Mora Arts Fest | North Branch

DECEMBER

Festival of Lights | Cambridge Christmas Tour Of Homes | Mora



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Residential Services

ISANTI COUNTY

Assessor	(763) 689-2752
Attorney	689-2253
Auditor	689-1644
County Coordinator	689-3859
Court Administration	689-2292
mergency Management	689-8306
amily Services	689-1711
nformation Systems	689-8200
Highway Department	689-1870
aw Library	689-8323
Maintenance Department	689-8261
MN Extension Services	689-1810
Parks and Recreation	689-8220
Probation Department	689-3052
Public Health	689-4071
Recorder's Office	689-1191
Sheriff's Department	689-2141
Transit Department	689-8131
Treasurer's Office	689-1781
/eterans Service	689-3591
/ictim Services	689-2253
Zoning	689-5165

Residential Services

KANABEC COUNTY

Assessor	(320) 679-6420
Attorney	679-6425
Auditor/Treasurer	679-6430
Coordinator	679-6440
Court Administrator	679-6400
Environmental Services	679-6456
Extension	679-6340
Family Services	679-6350
Highway	679-6300
Information Systems	679-6498
Probation	679-6450
Public Health	679-6330
Recorder	679-6466
Sheriff	679-8400
Snake River Watershed	679-6310
Veterans Services	679-6380

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Isanti County History (Cambridge, County Seat)

The first settlers to the area now known as Isanti County, were Swedish from the province of Hälsingland. It was a group of immigrants who arrived in 1860. They claimed a section of land just south of Cambridge. It is also known that many of the settlers of this area originally came from the Chisago Lakes area before they moved on toward Cambridge. By 1895, the county's population was almost 11,000 residents, and almost 4,300 of them had been born in Sweden. Despite having such a strong Swedish background, only one township was given a Swedish name, Dalbo. Eventually Cambridge was named the county seat. By 1900 Isanti County had a population of 11,675 people. Today Isanti County is home to approximately 39,442 residents.

CITIES:

BRAHAM – *pop.* 1,646 **CAMBRIDGE (COUNTY SEAT)** – pop. 7,692 **ISANTI** – *pop.* 6,123

TOWNSHIPS:

ATHENS – pop. 2,470

BRADFORD – *pop. 3,618*

CAMBRIDGE - pop. 2,498

DALBO – *pop. 751*

ISANTI – pop. 2,411

MAPLE RIDGE - pop. 849

NORTH BRANCH – *pop.* 1,784

OXFORD – *pop.* 887

SPENCER BROOK – pop. 1,615

SPRINGVALE – pop. 1,522

STANCHFIELD – pop. 1,226

STANFORD – *pop. 2,223*

WYANETT – *pop.* 1,800

*Populations are approximate.

Isanti County Communities

BRAHAM

The city was founded when the railroad from St. Paul and Minneapolis came through the area in 1899. The first restaurant was opened in Braham by the Hesselroth brothers also in 1899. Braham was named by members of the Great Northern Railway company. It was incorporated into a city in 1901 and the following year the first school was built. The boundaries of the town lay both in Isanti and Kanabec counties. In 1990 Minnesota Gov. Rudy Perpich declared the city to be the Homemade Pie Capital of Minnesota. The Braham Pie Day takes place annually every August offering many events including a pie baking contest a pie eating competition and a car show. Today Braham is home to approximately 1,646 residents.

CAMBRIDGE (COUNTY SEAT)

The first settlers of the area, to now be known as Cambridge, came in the late 1800s. It was then founded as a township in 1866 by New England settlers, who gave the town its illustrious name. In 1869 Cambridge was named the county seat of Isanti and it was incorporated seven years later. Populations increased as the railroads entered the area in 1899. A brick factory, potato starch factory, flour mill and wool spinning mill were established in the city's industrial development. The town boasted its own electric lighting plant and long-distance telephone system, which were rarities in most of Minnesota at the time. Today Cambridge is home to approximately 7,692 residents.

ISANTI

Isanti is named in honor of the Dakota Indians who inhabited the area before white settlers came looking for new land. The village was moved three miles south to its present site in 1899 to be close to the Great Northern Railway, it was later incorporated as a village in 1901. Today Isanti is home to approximately 6,123 residents.



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Kanabec County History (Mora, County Seat)

Kanabec County was proposed as a bill in 1858 by William H.C. Folsom. The name Kanabec is from the Ojibwe word for snake, because of the river that flows north to south, winding its way throughout the county. Back to recorded history, it is known that two French fur traders and tribes of the Huron and Ottawa Indians inhabited the area around the 1650s on Knife Lake. The land now known as Kanabec County was purchased from the Ojibwe in 1837 through a treaty. Logging was the first industry to be formed in the county in the early 1850s. Potatoes became the county's first cash crop. The county was eventually established in 1858 and Mora was named the county seat. By 1900 Kanabec County had a population of 4,614. Today Kanabec County is home to 15,899 residents.

CITIES:

BRAHAM – *pop.* 1,646 **GRASSTON** – pop. 114 **MORA (COUNTY SEAT)** - *pop.* 3,416 **OGILVIE** – *pop.* 467 **QUAMBA** – *pop.* 107

TOWNSHIPS:

ANN LAKE – *pop.* 377 **ARTHUR** – pop. 2,040 **BRUNSWICK** – *pop.* 1,386 **COMFORT** – pop. 1,057

FORD – *pop.* 178

GRASS LAKE – pop. 988

HAY BROOK – pop. 234

HILLMAN – pop. 384

KANABEC – pop. 907

KNIFE LAKE – *pop.* 1,121

KROSCHEL – pop. 208

PEACE – *pop.* 984

POMROY – *pop.* 390

SOUTH FORK – *pop. 793*

WHITED – *pop. 930*

*Populations are approximate.

Kanabec County Communities

GRASSTON

Grasston was established in 1898 and was named by the Great Northern Railroad Company after Grass Lake, which has since dried up. The town was later platted in 1899 and was incorporated in 1907. Today Grasston is home to approximately 114 residents.

MORA (COUNTY SEAT)

Mora was platted in 1882 by Myron R. Kent, who was also the first postmaster. The community was named the county seat of Kanabec after it defeated Brunswick in a public vote. Mora received its name by Tomt Israel Israelson, a Swedish immigrant who suggested the name because it was his hometown in Sweden. The community began to develop dramatically upon the arrival of railroads and businesses were established to meet the growing needs of its residents. Today Mora is home to approximately 3,416 residents.



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Kanabec County Communities

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OGILVIE

Ogilvie was established a logging community in 1854 when the land was purchased by the Hersey Lumber Company. Early settlers arrived in the community because of the abundance of trees and land for agriculture. The city was originally named Groundhouse but was changed to its current name after it was platted and purchased in 1889 by Oric Ogilvie Whited. The first mill was built in the late 1880s and brought in higher populations with the offering of new jobs. Today Ogilvie is home to approximately 467 residents.

QUAMBA

Quamba's name was derived from the Dakota Indian meaning of "mudhole." Originally the community was named Mud Creek because the railroads in the area crossed a mud creek. The community was first established in 1882 and was located on the railway of the Great Northern Railway Company. Like the community of Ogilvie, the town was platted by Oric Ogilvie Whited in 1901. The village was eventually incorporated on July 11, 1952. Today Quamba is home to approximately 107 residents.



Local Area Attractions

BRAHAM LANES

124 Main St. N | Braham | (320) 396-3019

FOSTER FARM

1376 257th Ave. NW | Isanti | (612) 616-6687

GTI CAMBRIDGE THEATRE

123 2nd Ave. NE | Cambridge | (763) 689-3005

GUETSCHOFF THEATRE

123 2nd Ave. | Cambridge | (763) 689-2900

ISANTI AREA DAVID C. JOHNSON ARENA

600 1st Ave. N | Isanti | (763) 444-6432

ISANTI COUNTY HISTORICAL SOCIETY

33525 Flanders St. NE | Cambridge | (763) 689-4229

ISANTI SOCCER COMPLEX

950 3rd Ave. N | Isanti | (763) 552-4625

JUNCTION BOWL

123 Cajima St. | Isanti | (763) 444-9100

KANABEC HISTORY CENTER

805 Forest Ave. W | Mora | (320) 679-1665

PARADISE THEATER

237 Union St. S | Mora | (320) 679-3964

RICHARD G. HARDY CENTER

430 8th Ave. NW | Cambridge | (763) 689-6189

RUM RIVER BMX TRACK

210 Isanti Park Way | Isanti | (763) 444-5429

SHARRATT BERRY FARM

1182 175th Ave. | Ogilvie | (320) 272-4319

VASALOPPET SKI AREA

P.O. Box 22 | Mora | (320) 679-2629

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Parks & Recreation

ANN LAKE WILDLIFE MANAGEMENT AREA

Located on 1,702 acres near Ann Lake near Ogilvie, the Ann Lake Wildlife Management Area features fishing opportunities, hunting areas and serves as a wildlife conservation area.

BEAN DAM WILDLIFE MANAGEMENT AREA

Located on 206 acres near Kroschel, the Bean Dam Wildlife Management Area features fishing opportunities, hunting areas and serves as a wildlife conservation area.

BECKLIN HOMESTEAD PARK WILDLIFE MANAGEMENT AREA

Located on 190 acres near the Rum River in Cambridge, Becklin Homestead Park features fishing opportunities, hunting areas for disabled hunters and serves as a wildlife conservation area. Future development includes a canoe launch, observation platform, recreational trails and a picnic shelter.

DALBO COUNTY PARK

Located on 40 acres south of Dalbo, Dalbo County Park features fishing opportunities, recreational trails and a boardwalk. Future development includes a picnic shelter and improved trails.

Parks & Recreation

HAY SNAKE WILDLIFE MANAGEMENT AREA

Located on 237 acres near Woodland, the Hay Snake Wildlife Management Area features fishing opportunities, hunting areas and serves as a wildlife conservation area.

INDIAN MOUNDS PARK

Located near Knife Lake in Mora, Indian Mounds Park features fishing opportunities and picnic areas.

IRVING & JOHN ANDERSON COUNTY PARK

Located on 173 acres near Horseshoe and Horseleg Lakes in North Branch, Irving and John Anderson County Park features fishing opportunities, observation platform, picnic areas and serves as a wildlife conservation area. Future development includes a canoe launch, boardwalks and improved recreational trails.

RICE CREEK WILDLIFE MANAGEMENT AREA

Located on 686 acres near Rice Lake in Braham, the Rice Creek Wildlife Management Area features fishing opportunities, hunting areas and serves as a wildlife conservation area.

SPRINGVALE COUNTY PARK

Located on 211 acres near Johnny's Lake in Cambridge, Springvale County Park features a canoe launch, fishing opportunities, recreational trails and a scenic overlook. Future development includes a picnic shelter and improved trails.

TOSHER CREEK WILDLIFE MANAGEMENT AREA

Located on 323 acres near Fish Lake in Mora, the Tosher Creek Wildlife Management Area features fishing opportunities, hunting areas and serves as a wildlife conservation area.

VESGUND FAMILY COUNTY PARK

Located on 80 acres near Lake 17 in Stanch-field, Vesgund Family County Park features fishing opportunities, recreational trails, a picnic shelter, Indian burial mounds and a scenic overlook. Future development includes an environmental learning area and playground equipment.

WAYSIDE PRAIRIE COUNTY PARK

Located on 80 acres in Isanti, Wayside Prairie County Park features fishing opportunities, canoe launch, recreational trails, picnic shelter, scenic overlook and a boardwalk. Future development includes an interpretive trail.

WHITED STATE WILDLIFE MANAGEMENT AREA

Located on 170 acres near the Snake River in Mora, the Whited State Wildlife Management Area features fishing opportunities, hunting areas and serves as a wildlife conservation area.

*For more information on parks throughout Isanti County, call (763) 689-8220 or for more information on parks throughout Kanabec County, call (320) 679-3982.

Tips on Recycling & Living Greener

- Recycle as much as you can. Even simple everyday things, such as plastic bottles and aluminum cans, can make a huge difference.
- Switch your incandescent light bulbs to compact fluorescent ones. Save money & energy.
- Bring your own reusable shopping bags with you to the supermarket or the mall.
- Donate your unwanted clothing to a local charity.
- Recycle your used ink and toner cartridges. Most office supply stores accept used cartridges.
- Recycling your used batteries prevents poisonous mercury from seeping into our water supplies and soil. Switch to rechargeable ones.
- Switch to unbleached toilet paper, paper towels and coffee filters.

 Avoiding bleached products can help preserve the quality of our water supply and soil.
- Unplug any unused appliances, especially if you're not going to be home. Your cellphone charger uses electricity, even when you're phone isn't charging.
- Bring your own lunch. You'll avoid using non-recycleable styrofoam to-go containers and unnecessary throw-away packaging.
- Start a compost bin in your yard. There are even ones that you can store under your kitchen sink.
- Repurpose old items. Use old cd's as coasters, or empty yogurt containers to organize nuts and bolts.
- Be crafty. Let old items be an inspiration for a craft project.
 Punch holes in tin cans to make candle luminaries or cut "yarn" strips out of plastic shopping bags to knit or crochet into new, reusable bags.
- Have a green-cleaning product party. Invite your friends over to make enough vinegar-based homemade cleaners to share.
- Run your washer/dryer/dishwasher after 5pm. This is when less electricity is being used, especially in larger cities. In air-conditioned summer months this can help prevent black-outs.

DNR License Centers

You can purchase hunting and fishing licenses, cross-country ski passes and snowmobile trail stickers through the Electronic License System.

Online: www.dnr.state.mn.us, Toll-Free: (888) 665-4236 or visit one of the ELS agents available throughout Isanti & Kanabec Counties:

BRAHAM

65 BAIT

1016 Hwy. 65 | Braham | (320) 396-3821

BLACK DOG ARCHERY & PRO SHOP

104 Central Dr. E | Braham | (320) 396-4967

BRAHAM BP AKA KLINE OIL CO

209 Main St. N | Braham | (320) 396-3012

BRAHAM HARDWARE & RENTAL

104 Central Dr. W | Braham | (320) 396-4155

CAMBRIDGE

EC'S CORNER EXPRESS

34160 Hwy. 7 NW | Cambridge | (763) 689-4762

FLEETGO

1515 Hwy. 95 E | Cambridge | (763) 689-3091

HOLIDAY STATIONSTORE #46

635 Main St. S | Cambridge | (763) 689-4877

ISANTI COUNTY AUDITOR

555 18th Ave. SW | Cambridge | (763) 689-1644

WALMART SUPERCENTER

2101 2nd Ave. SE | Cambridge | (763) 689-0606

WESTROM'S CORNER/HOLIDAY #3569

4000 Main St. S | Cambridge | (763) 689-4285

GRANDY

THE SHACK ON 65

36925 Hwy. 65 NE | Grandy | (763) 689-2930

ISANTI

NORTHLAND 66

501 Cty. Rd. 5 E | Isanti | (763) 444-6018

ISANTI BP

412 Cty. Rd. 5 NE | Isanti | (763) 444-9311

MORA

CAPTAIN DAN'S CROWS NEST

2743 Hwy. 65 | Mora | (320) 679-2151

JERRY'S SPORT SHOP

71 N Hwy. 65 | Mora | (320) 679-2151

MR D'S AMOCO

630 S Hwy. 65 | Mora | (320) 679-3663

HOLIDAY STATIONSTORE #186

700 Hwy. 65 S | Mora | (320) 679-3856

FLEETGO

1855 Frontage Rd. Ste. A | Mora | (320) 679-1548

OGILVIE

S & R MART

101 Hwy. 23 W | Ogilvie | (320) 272-4455

SCHMIDTY'S OGILVIE

400 Hwy. 23 W | Ogilvie | (320) 272-9937

STANCHFIELD

RUSH POINT STORE

300 Rush Point Dr. | Stanchfield | (763) 689-1088

Minnesota Hunting Seasons

For general information on firearm safety training call 1 (888) 646-6367 or (651) 296-6157.

Contact the MN DNR for specific zone areas:

Online: www.dnr.state.mn.us, Toll Free: 1 (888) 665-4236.

RABBIT & SQUIRREL

09/18/10 - 02/28/11; 09/17/11 - 02/28/12

GRAY & RED FOX

10/23/10 - 03/15/11; 10/22/11 - 03/15/12

BADGER, OPOSSUM & RACCOON

10/23/10 - 03/15/11; 10/22/11 - 03/15/12

GOOSE

(Spring Light Goose) 03/01/11 - 04/30/11 (Early Canada Goose) 09/03/11 - 09/22/11

CROW

03/01/11 - 03/31/11; 07/15/11 - 10/15/11

BEAR

09/01/11 - 10/16/11

MOURNING DOVE

09/01/11 - 10/30/11

SNIPE & RAIL

09/01/11 - 11/07/11

DEER

(Archery) 09/17/11 - 12/31/11 (Camp Ripley Archery) 10/20/11 - 10/21/11; 10/29/11 - 10/30/11 (Firearm) 11/05/11 - 11/27/11

(Muzzleloader) 11/26/11 - 12/11/11

SHARPTAILED GROUSE

09/17/11 - 11/30/11

GROUSE & GRAY PARTRIDGE

09/17/11 - 01/01/12

WOODCOCK

09/24/11 - 11/07/11

MOOSE

(Northeast Zone) 10/01/11 - 10/16/11

TURKEY

10/01/11 - 10/30/11

PHEASANT

10/15/11 - 01/01/12

PRAIRIE CHICKEN

10/22/11 - 10/26/11

PRAIRIE & Isanti MARTEN

11/26/11 - 12/04/11

BEAVER (FURBEARER TRAPPING)

(North Zone) 10/23/10 - 02/28/11;

10/22/11 - 04/30/12

(South Zone) 10/30/10 - 02/28/11;

10/29/11 - 04/30/12

MINK & MUSKRAT (FURBEARER TRAPPING)

(North Zone) 10/22/10 - 02/28/11;

10/22/11 - 04/30/12

(South Zone) 10/30/10 - 02/28/11;

10/29/11 - 02/28/12;

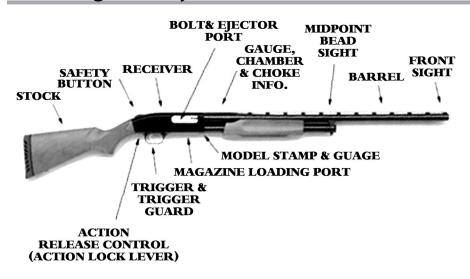
OTTER (FURBEARER TRAPPING)

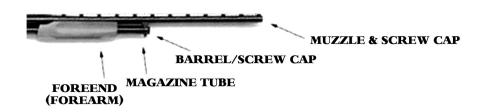
(North Zone) 10/22/11 - 01/07/12

BOBCAT (FURBEARER TRAPPING)

11/26/11 - 01/07/12

Hunting Safety





All hunters should consider taking an advanced hunter education class to learn the latest hunting techniques along with tips on coming home alive.

Here are five suggestions for a safe and successful hunting experience:

- Get a detailed map of the area you are hunting, review it before you leave, and carry it with you in the field.
- **2.** Carry a compass and know how to use it. Decide ahead of time the direction to head for if you get lost or disoriented.
- 3. Weather can change quickly in Minnesota, so hunters should carry a simple survival kit and be prepared for an unexpected overnight stay in the field. The survival kit should contain a rope, a knife, water, waterproof matches, an emergency shelter, and first aid supplies.
- **4.** If you are on the water, make sure to wear a personal flotation device (life preserver).
- Know your hunting partners' physical and emotional limitations, as well as your own, and don't push your partners or yourself beyond those limits.

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Minnesota Fishing Seasons

BOWFISHING

05/01/11 - 02/26/12; *05/01/10 - 02/27/11*

WALLEYE, SAUGER & NORTHERN PIKE

05/01/10 - 02/27/11; 05/15/10 - 02/27/11

LARGEMOUTH BASS

05/15/10 - 02/27/11; 05/14/11 - 02/26/12

SMALLMOUTH BASS

05/14/11 - 02/26/12 (Catch & Release) 09/12/11 - 02/26/12

LAKE TROUT

05/14/11 - 09/30/11 (Lake Superior) 01/15/11 - 03/31/11 (Boundary Waters) 01/01/11 - 03/31/11 (Outside Boundary Waters) 01/15/11 - 03/31/11

STREAM TROUT

(Southeast Zone) 04/01/11 - 04/13/11; 04/16/11 - 09/14/11 (All Zones) 01/15/11 - 03/31/11 (All Zones Except Southeast Zone) 04/16/11 - 09/30/11

MUSKELLUNGE

06/05/11 - 12/01/11

TAKE-A-KID FISHING WEEKEND

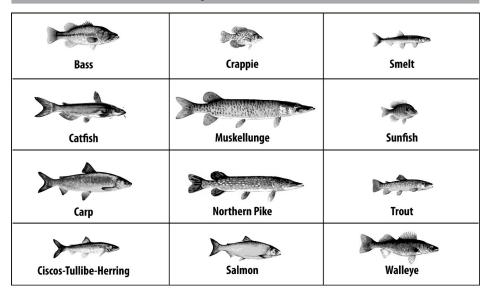
02/19/11 - 02/21/11; 06/10/11 - 06/12/11

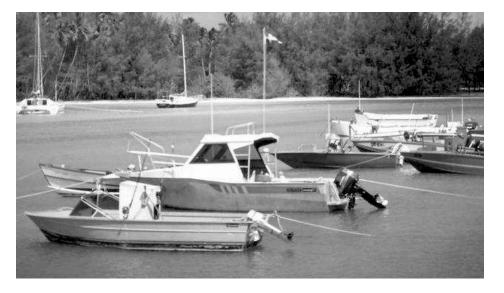
TAKE-A-MOM FISHING WEEKEND

05/07/11 - 05/08/11

*Contact the MN DNR for specific zone information by calling: 1 (888) 665-4236.

Common Fish Species





Boating Safety

Operating Watercraft

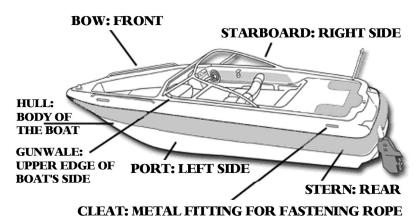
Follow these guidelines to help prevent and prepare for capsizing, swamping, or someone falling overboard.

- Make sure that you and your passengers are wearing life jackets while the boat is moving.
- Attach the ignition safety lanyard to your wrist, clothes, or life jacket.
- Don't allow anyone to sit on the gunwale, bow, seat backs, motor cover, or areas not designed for seating. Also, don't let anyone sit on pedestal seats when craft is not in idle.
- Don't overload your boat. Balance the load of passengers and gear stored on-board.
- Keep your center of gravity low by not allowing people to stand up or move around while craft is in motion.
- In small boats, don't allow anyone to lean beyond the gunwale.
- Turn boat at slow rates of speed.
- Secure the anchor line to the bow, never to the stern.
- · Don't risk operating water craft in rough conditions or bad weather.

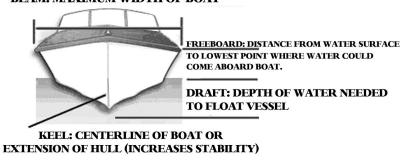
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Boating Safety

Know Your Craft



BEAM: MAXIMUM WIDTH OF BOAT



Who May Operate a Motorboat (Other Than a Personal Watercraft)

For engines 25 horsepower or less:

Those under age 12 may operate without restrictions.

For engines over 25 horsepower through 75 horsepower:

Those under age 12 must have someone 21 years of age or older on board within reach of the controls.

For engines over 75 horsepower:

No children under age 12 may operate, even with an adult on board.

Other restrictions apply to boat operators 12 to 17 years old:

Operators from 12 to 17 years of age may operate enqines of 25 horsepower or lower with no restrictions.

For engines over 25 horsepower:

Operators 12 to 17 years of age must have:

A watercraft operator's permit, or someone age21 years or older old on board within reach of the controls.

Boating Safety

Flotation Devices



Offshore Life Jackets - Type 1:

For rough or remote waters where rescue may take awhile. Provide the most buoyancy, excellent for flotation, turns most unconscious persons face up in the water.



Near-Shore Vests - Type 2:

Good for calm waters when quick assistance or rescue is likely. Turns some unconscious wearers face up in the water, but not as efficiently as offshore life jackets.



Flotation Aids - Type 3:

Vests or full-sleeved jackets good for calm waters when quick assistance is likely. Not for rough waters. They will not turn most unconscious persons face up. Used for sports, such as water-skiing. Some inflate in water.



Unwearable / Throwable Devices - Type 4:

Cushions and ring buoys designed to be thrown to someone in trouble. Type 4 is not designed to be worn. Not for rough waters - not for anyone unable to hold on to it.



Special Use - Type 5:

Vests, hybrids/others designed for specific activities, for example windsurfing, kayaking, water-skiing. Some Type 5 devices inflate when entering the water. To be acceptable, Type 5 must be used in compliance with their label instructions.

All watercraft must have at least one Coast Guard Approved Type 1, 2, 3 or 5 flotation device that is the proper size for each person on board or being towed.

All devices must be in good condition and easily accessible.

Children under age 10 must wear a device when on board a boat that is underway unless:

in an enclosed cabin or below deck or on an anchored boat that is being used for swimming or diving or passenger craft with a licensed captain.

Along with the above at least one approved Type 4 must be on board boats 16 ft. or longer (except canoes and kayaks) and immediately available.

A Coast Guard approved Type 5 device may be substituted for any other Coast Guard approved device if it meets the same requirements and is noted on the label.

Anyone riding a jet ski or other Personal Water Craft must wear an approved -non inflating flotation device, as well as anyone being towed by a water craft.

ATV Safety

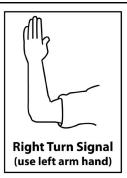
- Read the owner's manual and know your vehicle thoroughly.
- Check your vehicle before you ride.
- Wear protective equipment and clothing.
- Don't lend your vehicle to unskilled riders.
- Supervise young or inexperienced riders.
- Never carry a passenger on vehicles meant for one rider.
- Do not operate under the influence of drugs or alcohol.
- Drive at speeds that are appropriate to trail conditions.
- Stay to the right on trails.
- Stay away from thin ice, open water and wetlands
- Know the weather forecast.
- Make sure headlights and taillights work properly.
- Maintain safe distances between other riders.
- Reduce your speed when riding at night.
- Yield to other motor vehicles and trail users.
- Young or beginning riders are encouraged to take a safety training course.

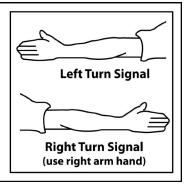


Bicycle Safety

- Always wear a properly fitting bike helmet as most serious injuries are to the head.
- Be sure your handlebars, seat and wheels fit snugly.
- Keep your bike in good shape by checking and oiling your chain, making sure your brakes work properly and maintaining your tire pressure.
- Always ride with both hands on the handlebars except when doing turn signals.
- When leaving a driveway, curb or alleyway always stop and check for traffic in both directions.
- · Cross only at intersections.
- Use the crosswalk to walk your bike across busy intersections and follow the traffic signals.
- Never ride against traffic. Travel in the same direction as the cars.
- Whenever you can, use bike routes and avoid busy streets.
- Don't ride near parked cars as doors can open and cause accidents.
- Obey all traffic signs and traffic lights.
- When biking with friends, ride in a single file.
- $\bullet \ \, \text{Always pass other bikers or pedestrians on the left and say "On your left!"} to make your presence known.$
- Always use bicycle hand signals to alert traffic of your changing direction.







Snowmobile Safety

- Do not consume alcohol or take drugs prior to or during your snowmobile trip. Doing so increases your chances of injury or death.
- Slow down and don't cut to the inside of the trail corners. It's dangerous and illegal.
- If you snowmobile at night, don't override your lights.
- Always use the buddy system. Never ride off alone.
- Drowning is one of the causes of many snowmobile fatalities. Whenever possible, avoid the ice.
- Wear sensible, protective clothing designed for operating a snowmobile.
- Use a full size helmet, goggles, or visor to prevent injuries from twigs, stones, ice chips and other debris.
- Avoid wearing long scarves. They may get caught in moving parts of the snowmobile.
- Know the terrain you are going to ride. If unfamiliar to you, ask someone who has traveled over it before.
- Know the weather forecast, especially the ice and snow conditions.
- Be sure your snowmobile is in top-notch mechanical condition throughout the months of use.
- Familiarize yourself with the snowmobile you are driving. Thoroughly read the manual that accompanies the snowmobile.
- Do not pursue domestic or wild animals. That is not the conduct of a sportsman. Report such violations to the nearest law enforcement officer.

Common Trail Signs

































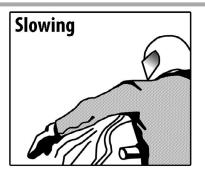


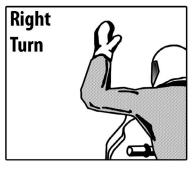


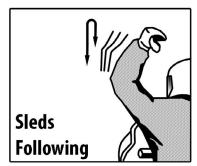
Snowmobile Safety

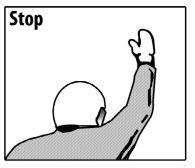
Communication is an essential part of safe riding. Hand signals are a practical way to communicate between other riders and traffic.

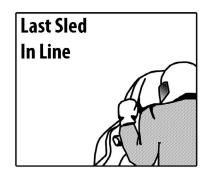
Be sure to give easy to see and clear hand signals when snowmobiling. Hand signals should never be subtle, but always deliberate.

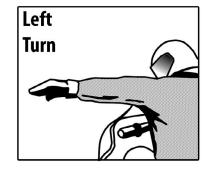








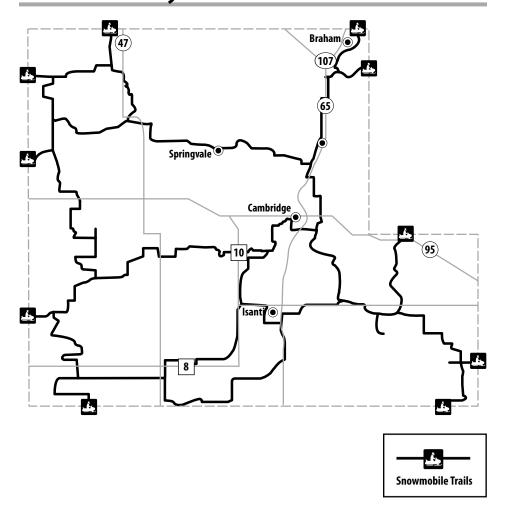




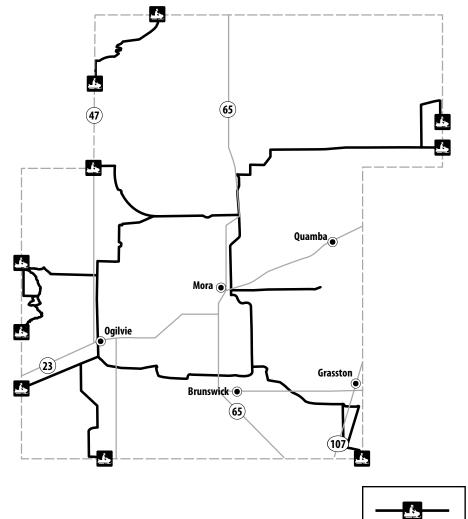


24 Isanti & Kanabec Counties - Resident Guide Isanti & Kanabec Counties - Resident Guide **25**

Isanti County Snowmobile Trails



Kanabec County Snowmobile Trails



Snowmobile Trails

Home Safety

- Keep the outside of your home well-lit. Motion sensors and timers help deter burglars.
- Dead-bolts and peep-holes should be placed on all outside doors.
- Windows and sliding glass doors should have locks and be in good working order.
- Keep your garage door closed.
- Use an engraver to mark computers, cameras, stereos, TV's, tools, yard equipment, etc.
- Never leave valuables, expensive jewelry, or large amounts of cash at home. If you must, keep
 a list of your valuables with serial numbers to assist in insurance claims.
- Keep your car locked at all times and store all valuables out of sight.
- Guns should always be stored unloaded and with a gunlock.
- Become part of a neighborhood watch or program that is similar.
- Be suspicious of unusual people or vehicles in your neighborhood. Document the date, time, description and license plate number to give to law enforcement if needed.
- When on vacation, do not advertise your absence. Stop mail and newspaper delivery. Have a trusted friend or neighbor to give the impression you are home by stopping by to take out trash, shovel snow, mow the lawn, etc.



Carbon Monoxide Safety

PREVENTION

- Install carbon monoxide detectors near every bedroom, gas appliance and in your RV, camper or motor home and test them monthly.
- Have flues, chimneys and all fuel-burning appliances inspected by a professional annually.
- Make sure fireplaces, wood stoves, dryers, furnaces and water heaters are properly vented to the outside.
- Only burn clean and untreated wood.
- Never idle your car or gas powered vehicle in the garage, with or without the garage door open.
- Toxic fumes build up quickly and can easily contaminate your home.
- Never use gas-powered engines like weed trimmers, snow blowers, chain saws, lawnmowers or portable generators in enclosed areas.
- Never use a charcoal grill indoors or in any closed area.
- Never use a gas oven to heat your home.
- Never sleep in a room or area heated with a gas or kerosene space heater that does not have proper ventilation.

SYMPTOMS

- Headaches, severe fatigue, vomiting, nausea, muscle and joint pain, dizziness, tingling, vertigo
- Attention and multi-tasking problems, short-term memory problems, word-finding problems
- Irritability, temper, loss of interest, sleep disturbance, anxiety, lack of motivation
- Eating and swallowing difficulties, vision problems, lack of muscular coordination, speaking difficulty, ringing in the ears
- Seizures, tremors, balancing problems, shortness of breath

Carbon monoxide poisoning is easily confused with flu-like symptoms. Serious longterm health risks or death can result if warning signs are ignored. Carbon monoxide can affect you for days, weeks, months or years. High levels of carbon monoxide can be fatal within minutes.

TREATMENT

- Immediately take the victim out to fresh air.
- If the victim cannot be removed, open every window and door.
- All appliances should be turned off.
- Take the victim to an emergency room as quickly as fast as possible, or call 911.

Emergency Planning

ESCAPE ROUTES

Everyone in your family should know the best ways to exit the house in case of a disaster. Teach your young children how to open sliding doors, windows and other exits. Designate a meeting place where the family can gather after escaping from the house.

FLASHLIGHTS

The whole family needs to know where to find flashlights. Periodically check the batteries.

FULLY CHARGED CELL PHONES

All family members should keep their cell phones charged. Make a habit of charging them, while everyone is asleep. Cell phones can be lifesavers in emergencies.

LIST OF VALUABLES

Keep this document listing your possessions (and if possible, a video of your home interior) in a fireproof safe, or in a safe deposit box at a bank.

COMMUNITY EMERGENCY PLANS

Familiarize yourself with community evacuation plans and neighborhood escape routes. Post a copy of them in a highly visible place in your home.



THUNDERSTORM/TORNADO

- · Remove dead branches from trees beforehand to avoid iniury or damage.
- After seeing lightning, if you hear thunder in less than 30 seconds, it is recommended that you stay inside for 30 minutes after the thunder has ceased.
- The inside of a car is safer than the outside, as a lightning strike will simply pass through the car as long as you aren't in contact with any metal.
- Unplug all major appliances, as a power surge can cause serious damage.
- Avoid all tall structures and elevated areas as well as large amounts of metal.



FIRES

- Make sure that every level of your house has a smoke detector, and be sure to test them once a month. Have the family plan an emergency exit route.
- Always keep track of any stoves or high-temperature/ high-voltage appliances that are running. Be sure to never leave any cooking unattended.
- Keep lighters and matches away from children.
- If a burn occurs, soak the skin in cool water. If the skin blisters, seek medical assistance.

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3 BR - \$895-935/mo.

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• Emergency First-Aid Tips •

FIRST AID FOR CPR & HEART ATTACK

CPR

CPR is to be administered when a person is not breathing or has no pulse. Be quick to act by remembering the A,B,C's: Airway, Breathing & Circulation.

Airway:

Place the person on a firm surface, on their back. Kneel next to the person's neck and shoulders. Open the person's airway by tilting back the head and lifting the chin.

Breathing:

With the head tilted and chin lifted, pinch the nostrils shut and cover the person's mouth with yours. Give two slow breaths.

Circulation:

Find the hand position on the center of the breastbone. Place the heel of your hand on that position, with your other hand on top of the first hand. Use your upper body weight to push down. Give two compressions per second. Compress the chest at a rate equal to 100/minute. Perform 30 compressions at this rate. Repeat until an ambulance arrives.

HEART ATTACK

Symptoms of a heart attack may include any of the following:

- Uncomfortable pressure, fullness or squeezing pain in the center of the chest.
- Expanded pain in the upper abdomen.
- Shortness of breath.
- Pain or numbness in either arms, shoulders, neck, jaw or teeth.
- Dizziness or fainting.
- Nausea and sweating.

If you or someone else may be having a heart attack - follow these steps immediately:

- DIAL 911
- Chew and swallow Aspirin (unless you are allergic/not allowed to)
- Take Nitroglycerin (only if prescribed)
- Begin CPR if the person is unconscious

IN AN EMERGENCY, DIAL 911

• Emergency First-Aid Tips •

FIRST AID FOR BURNS & CHOKING

BURNS

For minor 1st and 2nd degree burns smaller than 3" in diameter: Cool the Burn. Run cool water over the burned area for 5 minutes, or until the pain diminishes. Never put ice on a burn!

Bandage the burn with sterile gauze:

It is important to use loosely wrapped gauze. This will avoid pressure and the bandage protects blisters. NEVER put lotions, vaseline, ointments or butter on burn. Do not break any blisters, which can cause infection.

Take Aspirin, Ibuprofen, Naproxen or Acetominophen to relieve pain:

Minor burns usually heal with these basic treatments. Be aware for signs of infection which may include: increased pain, redness, fever, swelling or oozing. If symptoms develop, seek medical help. Avoid tanning the burned area for at least a year. Protect the area with sunscreen outdoors. Avoid giving aspirin to children.

For 3rd degree burns/all major burns - DIAL 911 DO NOT run cold water over large severe burns - this can cause shock.

DO NOT remove burnt clothing.

Check for signs of breathing/coughing/movement.

If there are no signs of breathing begin CPR.

Elevate burned areas above heart level, if possible.

Cover the burn(s) with cool, sterile, moist bandages, towels or cloth.

CHOKING

Most people clutch at their throats when choking, an obvious symbol for help. However, if a person isn't giving that signal, be alert for these indications. Inability to talk, difficulty breathing or noisy breathing, inability to cough forcefully, skin/lips/nails turning blue, loss of consciousness.

The Red Cross recommends a "five-and-five" method for first aid: First give five blows between the person's shoulders with the heel of your hand. Second, perform the Heimlich maneuver (abdominal thrusts) five times. Alternate between five back blows and five abdominal thrusts until the blockage is dislodged.

IN AN EMERGENCY, DIAL 911

Safety Tips for Parents & For Kids

PARENTS:

- Teach your kids that an emergency is when you need help from a doctor, a police officer or a firefighter.
- Designate a safe place by your house that a child can go to if they need help right away.
- Have your kids memorize your address and phone numbers. They should also know your full name and where you work.

KIDS:

FIRE SAFETY

- If you or someone else is on fire remember to STOP, DROP and ROLL. Wrap a blanket on the person to help put out the fire.
- If there is a fire, leave the house as fast as you can! Crawl on the floor to avoid smoke and if the door is hot, don't open it find another way out.
- Learn all the fire exits in your house. Assign a safe place outside for everyone to meet in case of a fire emergency.

HOME ALONE

- Never tell anyone that you are home alone.
- If someone calls and ask for your mom and dad, tell them "They cannot come to the phone right now, can you please call back later?"
- Do not answer the door, unless it is someone that you know your parents have okay'd them to come over.

Emergency Numbers For Kids

KEEP A COPY OF THIS LIST NEAR EACH PHONE IN YOUR HOUSE

MY ADDRESS:
MY PHONE NUMBER:
MOM AT WORK:
MOM CELL PHONE:
DAD AT WORK:
DAD CELL PHONE:
NEIGHBOR:
EMERGENCY CONTACT:
POISON CONTROL. 1-800-222-1222

EMERGENCY DIAL 911

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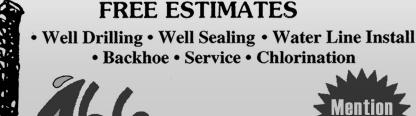
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