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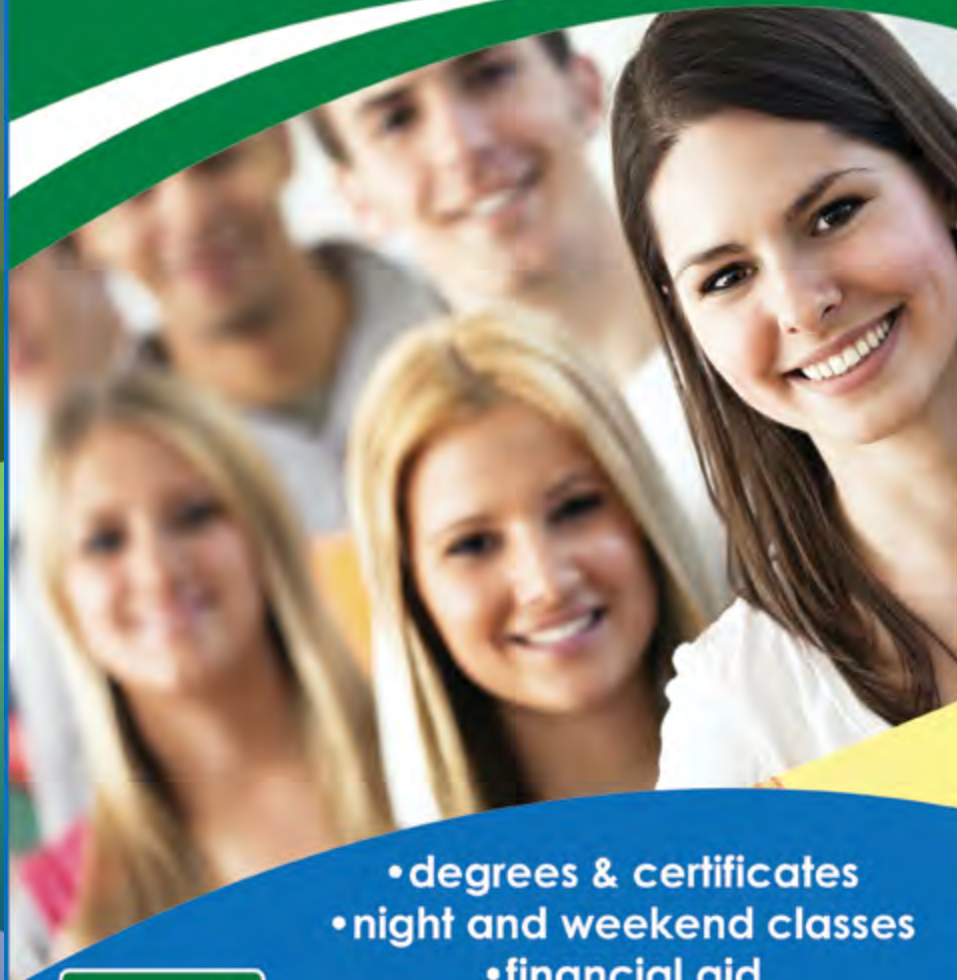
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# Get Active!!!

- Yard Work
- Gardening
- Walk the Dog
- Bike Ride
- Swimming
- ANYTHING!!!

## Go Outside and Do SOMETHING!

Anything to get your heart rate up,  
and your blood flowing...

# YOU'LL FEEL BETTER

and it's good for your health!

# LOCAL AREA EVENTS

## JANUARY

Jig It Ice Fishing Extravaganza | Escanaba  
Mites to Men Pond Hockey Tournament | Escanaba  
Noquemanon Ski Marathon | Ishpeming-Marquette  
Suicide Ski Hill Tournament | Ishpeming

## FEBRUARY

Becoming an Outdoors Woman | Big Bay  
Business After Hours | Marquette  
Dome Softball Tournament | Marquette  
UP 200 Dog Sled Race | Marquette  
Outhouse Classic | Trenary  
Chamber Fire & Ice Midwinter Fundraising Gala | Marquette  
Mix and Mingle Bowling | Marquette  
Cross Country Snowmobile Racing | Bark River  
Walk for Warmth | Marquette

## MARCH

Mix and Mingle Bowling | Marquette  
Bowl for Kids Sake | Escanaba  
YMCA Marchtoberfest - Annual Fundraising Party | Marquette  
Rapid River Gun & Knife Show | Rapid River  
Bark River Gun & Knife Show | Bark River  
Escanaba FIRST Robotics District Competition | Escanaba  
Bald Eagle Harley-Davidson's Annual Spring Break-Out Fundraiser for the UP Honor Flight | Harris  
Rock American Legion Annual Breakfast Fundraiser | Rock

## APRIL

"Par-Tee" | Harris  
Dome Soccer Tournament | Marquette  
NMU Jazz Festival | Marquette  
Mix & Mingle Spring Dance | Marquette  
Bay de Noc Gardening Conference | Marquette  
Hulah for Moolah - Big Brothers Big Sisters | Escanaba  
Community Prom - Down the Rabbit Hole | Escanaba

## MAY

Big Bay Relay | Marquette  
Bay College Alumni Spring Fling | Marquette

NMU Commencement | Marquette  
GFWC International Dinner | Marquette  
Annual Heart of the North Lions Club Kentucky Derby Escanaba  
Auction for the Arts | Escanaba  
Cabela's NTC Tournament | Escanaba

## JUNE

Great Lakes Rodeo | Gwinn  
Mix and Mingle Formal Event | Escanaba  
Krusin Klassics Fun Run Parade and Car Show | Escanaba  
Island Resort Championship at Sweetgrass - An LPGA Symetra Tour Event | Marquette  
Big Brothers Big Sisters Golf Outing | Escanaba  
Angler Young Angler Walleye Tournament | Ludington  
Crazy Daze & Car Show | Gladstone  
Marquette Area Blues Fest | Marquette

## JULY

Art on the Rocks | Marquette  
Blueberry Festival | Marquette  
Hiawatha Music Fest | Marquette  
Independence Day Parade | Marquette  
Ishpeming Italian Fest  
Outback Art Show | Marquette  
Pioneer Days | Negaunee  
Black Bart Days | Republic  
Holiday Ramblers RV Rally | Marquette  
MWC - Masters Walleye Circuit Tournament | Marquette  
Rock the Dock | Escanaba  
Taste of the Red, White & Brew | Gladstone  
Rockin' the Bay Music Festival | Gladstone  
UP Trappers Convention | Escanaba  
Bark River Lions Off Road Races | Bark River  
Take a Vet Fishing | Gladstone  
Marina Fest | Escanaba

## AUGUST

UP State Fair | Escanaba  
Rock the Dock | Escanaba  
Bark River Off Road Races | Bark River

Art Faire & Renaissance Fest | Ishpeming  
UP Gem & Mineral Show | Ishpeming  
Marquette County Fair | Marquette  
Michigan State Hog Rally | Marquette  
Ore to Shore Bike Race | Marquette  
Rotary Seafood Fest | Marquette  
Bay de Noc Great Lake Sports Fishermen Wal-Mart  
Bays Classic Walleye Tournament | Escanaba  
Wal-Mart Bays Classic Kid's Fishing Day | Escanaba  
Wheelin Sportsman's Cookout | Escanaba

## SEPTEMBER

46th Air Refuel Squad Reunion | Marquette  
Beer Fest | Marquette  
Blues Fest | Marquette  
Dog Show | Marquette  
Oldtimers Hockey Tournament | Marquette  
Great Lakes Timber Professionals Association | Marquette  
End the Silence Walk | Marquette  
United Way Soup'r Chili Challenge | Marquette  
Pioneer Trail Park Halloween Spooktacular | Escanaba  
Delta County Century Ride | Escanaba

## OCTOBER

City of Gladstone Fall Fest | Gladstone  
NMU Family Weekend | Marquette  
Chamber Annual Dinner | Escanaba  
Uptoberfest | Escanaba

## NOVEMBER

Used Book Sale | Bay de Noc  
Christmas Tree Lighting | Escanaba  
Escanaba High School Baseball Team Craft Sale  
Holiday Art Walk | Escanaba  
Paws for the Blues | Escanaba  
Putnam County Spelling Bee | Escanaba  
A Night to Indulge | Harris  
Rotary Vino at the Casino | Escanaba  
Holiday Open House | Garden  
Chamber Christmas Shopping Excursion | Gladstone  
Gladstone Ski Club Ski Swap  
Gladstone Turkey Trot 5K Run/Walk  
Bethany-Perkin's Hunter's Lunch & Bazaar | Skandia  
Old Fashioned Christmas | Gladstone

## DECEMBER

Escanaba Christmas Parade  
Steam & Gas Village | Escanaba  
Winter Charity Fun Festival | Escanaba  
Charity Ball | Escanaba  
New Year's Eve Ball Drop | Marquette  
NMU Commencement | Marquette  
East Ludington Gallery Christmas Open House | Escanaba

# Delta County

Administration .....	(906) 789-5100
Airport .....	786-4902
Animal Shelter .....	789-0230
Board of Commissioners .....	789-5100
Building & Zoning .....	789-5189
Circuit Court .....	789-5103
County Clerk .....	789-5105
District Court.....	789-5106
<b>Emergency .....</b>	<b>911</b>
Emergency Management .....	786-5911
Equalization & Taxes .....	789-5109
Health Department .....	786-4111
Michigan State University Extension .....	786-3032
Probate Court .....	789-5112
Register of Deeds .....	789-5105
Sheriff.....	786-3633
Treasurer.....	789-5117
UPCAP Services.....	786-4701

# Marquette County

Administration .....	(906) 225-8151
Airport .....	346-3308
Animal Shelter .....	475-6661
Board of Commissioners .....	225-8151
Building & Zoning .....	225-8180
Circuit Court .....	225-8204
County Clerk .....	225-8330
District Court.....	225-8233
<b>Emergency .....</b>	<b>911</b>
Emergency Management .....	475-5649
Equalization & Taxes .....	225-8410
Health Department .....	475-9977
Michigan State University Extension .....	475-5731
Probate Court .....	225-8300
Register of Deeds .....	225-8415
Sheriff.....	225-8435
Treasurer.....	225-8425
UPCAP Services.....	786-4701



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Delta County was organized in 1843 and named after the Greek letter Delta, due to its triangular shape. Masonville was first selected as the county seat until it was moved to Escanaba in 1861 and the area grew as rail lines were constructed. The first courthouse was built in 1882 and by 1890 Delta County's population had reached 15,330. Early industry was dominated by agriculture as residents raised fruit and livestock and industry also included the shipping of raw materials. By 1950 its population had reached 32,913 and the area continued to grow. Today Delta County is home to approximately 36,918 residents.

**CITIES:**  
**ESCANABA (COUNTY SEAT)**  
 – pop. 12,121  
**GLADSTONE** – pop. 5,024

**VILLAGES:**  
**GARDEN** – pop. 221

**TOWNSHIPS:**  
**BALDWIN** – pop. 758  
**BARK RIVER** – pop. 1,585  
**BAY DE NOC** – pop. 325  
**BRAMPTON** – pop. 1,043  
**CORNELL** – pop. 558  
**ENSIGN** – pop. 765  
**ESCANABA** – pop. 3,433  
**FAIRBANKS** – pop. 324  
**FORD RIVER** – pop. 2,144  
**GARDEN** – pop. 832

**MAPLE RIDGE** – pop. 821  
**MASONVILLE** – pop. 1,901  
**NAHMA** – pop. 522  
**WELLS** – pop. 4,762  
*\*Populations are approximate.*

## BARK RIVER

Bark River, settled in 1871 by Captain Charles Pease, was originally recognized as Barkville. A post office was established with Luke D. McKenna serving as its first postmaster and railroad development prompted growth. Homes and businesses were moved to be closer to the railway stop and the community was renamed Bark River in 1899. Today Bark River is home to approximately 1,585 residents.

## ESCANABA (COUNTY SEAT)

Escanaba began as an Indian village and the area was known as Sandy Point. A post office was established in 1853 with Alden Chandler serving as its first postmaster. The community was selected as the county seat in 1861 and 1864 was renamed Esconabwa, an Indian word meaning “flat rock,” until its spelling was altered to Escanaba in 1875. The community was incorporated in 1883 and developed as a shipping port for copper, lumber and iron ore. Today Escanaba is home to approximately 12,121 residents.

## GARDEN

Garden was first settled in 1850 by Philomen Thompson and the area was first recognized as Haley's Bay. A post office was established in 1868 and Ansel Y. Bailey served as its first postmaster. Haley's Bay was renamed Garden after the fertile soil and close proximity to Garden Bay and was incorporated in 1889. Today Garden is home to approximately 221 residents.

## GLADSTONE

Gladstone, settled in 1877, was originally known as Saunders Point. The area began as a railway stop along the Soo Line Railroad and grew to a bustling port, shipping iron ore, copper and lumber. By 1887 its population had reached 1,000 and was incorporated as a city the following year. The community was renamed in honor of William Ewart Gladstone, a British Prime Minister. Today Gladstone is home to approximately 5,024 residents.



Marquette County was organized in 1848 and named in honor of explorer and priest Jacques Marquette. The City of Marquette was selected as the county seat and its first courthouse was constructed in 1858. Mining of iron ore dominated local industry and the area grew dramatically upon the arrival of the railroad, as raw materials were easily transported to various manufacturing centers. By 1889 its population had reached 40,000 and had grown to 47,654 by 1950. Today Marquette County is home to approximately 65,703 residents.

## CITIES:

**ISHPEMING** – pop. 6,479

**MARQUETTE (COUNTY SEAT)** – pop. 21,004

**NEGAUNEE** – pop. 4,456

## TOWNSHIPS:

**BIG BAY** – pop. 300

**CHAMPION** – pop. 374

**CHOCOLAY** – pop. 6,051

**ELY** – pop. 2,140

**EWING** – pop. 183

**FORSYTH** – pop. 4,906

**HUMBOLDT** – pop. 525

**ISHPEMING** – pop. 3,617

**MARQUETTE** – pop. 3,333

**MICHIGAMME** – pop. 426

**NEGAUNEE** – pop. 2,734

**POWELL** – pop. 797

**REPUBLIC** – pop. 1,160

**RICHMOND** – pop. 1,024

**SANDS** – pop. 2,212

**SKANDIA** – pop. 988

**TILDEN** – pop. 1,091

**TURIN** – pop. 177

**WELLS** – pop. 357

**WEST BRANCH** – pop. 1,669

*\*Populations are approximate.*

## ISHPEMING

First known as “The Lake Superior Location,” Ishpeming was settled in 1854 and was renamed after an Indian word meaning “high place” or “heaven” in 1862. The community grew as a mining and retail center as iron ore was discovered throughout the area. Ishpeming was incorporated as a city in 1869 and became a popular resort area. The area developed dramatically and by 1940 its population had reached 9,500. As mining began to decline, its population began to decline. Today Ishpeming is home to approximately 6,479 residents.

## MARQUETTE (COUNTY SEAT)

First known as New Worcester, Marquette was founded by Amos Rogers Harlow in 1849 who also served as its first postmaster. In 1850 the community was renamed in honor of explorer and priest Jacques Marquette. Streets were platted by Peter White in 1854 and the community continued to grow as a mining and shipping point for the area. In 1871 Marquette was incorporated as a city and railway construction allowed for dramatic growth. As steamship travel became popular, Marquette became nationally recognized as a summer haven. The area is now home to the world’s largest wooden dome, the Superior Dome, which attracts many visitors each year. Today Marquette is home to approximately 21,004 residents.

## NEGAUNEE

The name Negaunee was derived from an Indian word meaning “pioneer” and the first settlers were attracted to the iron ore deposits discovered near Teal Lake in 1844. In 1858 the first post office was established and the community continued to grow upon development of the railroad. In 1873 Negaunee was incorporated as a city and as mining expanded, the area continued to thrive until mining operations began to decline in the 1940s. Today Negaunee is home to approximately 4,456 residents.

## BIG BAY

Established in 1875 by lumber barons, the quaint town of Big Bay offers plenty of opportunity for the nature enthusiast, whether fishing, hiking, biking, or just taking in the beauty of the area. Big Bay has historical attractions as well. The lighthouse at Big Bay Point has guided mariners for over a century. The movie “Anatomy of a Murder” was filmed in Big Bay depicting the actual crime that took place in town. It is home to around 300 people.

# 10 Tips for Green Thumb GARDENING

Don't like all the dirt in your fingernails while you work in the garden? Before you go out, run your fingernails across a bar of soap and you'll effectively seal the undersides of your nails so dirt cannot accumulate. Then, after you are all done gardening, use a toothpick or nailbrush to remove the soap and your nails will be sparkling clean.



Spray vegetable oil on your string trimmer to help prevent jamming or breaking (Treat before installing string in trimmer).



Make a convenient measuring tool out of a long handled garden tool by laying it on the ground next to a tape measure. Use a permanent marker to copy the inches and feet. Next time you are spacing plants you already have a dual-purpose measuring tool in your hand!

Write the names of your plants (with a permanent marker) on the flat parts of stones of any size and lay them in front of your plants for natural looking markers.



The next time you boil or steam vegetables, use the leftover water to water potted patio plants, and you'll be surprised at how the plants grow with "vege-soup."

You can use leftover tea and coffee grounds to help acidify the soil of acid-loving plants like azaleas, rhododendrons, camellias, gardenias and blueberries. A light sprinkle of about 1/4 of an inch applied once a month will help keep the pH of the soil on the acidic side.



You can use chamomile tea to control damping-off fungus, which often attacks young seedlings quite suddenly. Just add some tea to the soil around the soil of seedlings once a week for healthy plant.

Here is a really quick way to dry out your herbs: Just lay a sheet of newspaper on the seat of your car, arrange the herbs in a single layer, then roll up the windows and shut the car doors. Your herbs will be dry in no time!



Use your blender to grind up egg shells. Just like a mother bird chews up worms for the baby birds making the food easier to digest, grinding eggshells makes it easy for your garden to absorb the calcium egg shells retain.

Animals (cats especially) seem to think all of the hard work you've put into your garden looks like a huge litter box. To keep them from pooping on your basil and other plants, strategically place a few plastic forks around your plants to deter them from destroying your fresh herbs, fruits, and vegetables.





# TORNADO SAFETY

## Precautions:

- KNOW WHERE YOU CAN TAKE SHELTER IN SECONDS.
- HAVE A PLACE, EVERYONE KNOWS, TO GO TO AFTER THE STORM HAS PASSED.
- FLYING DEBRIS IS THE BIGGEST DANGER DURING A TORNADO. YOUR SHELTER SPACE SHOULD HAVE MATTRESSES OR THICK BLANKETS AROUND, TO PROTECT YOURSELVES.
- DO NOT OPEN YOUR WINDOWS TO TRY & "EQUALIZE THE PRESSURE." THIS ONLY MAKES IT EASIER FOR DEBRIS TO INJURE YOU.
- ALSO, STAY AWAY FROM WINDOWS!

## Things to Look and Listen for:

- CONSTANT ROTATION OF THE CLOUDS BASE.
- FLYING/ROTATING DEBRIS UNDER THE CLOUD.
- TORNADOS DON'T ALWAYS HAVE A VISIBLE FUNNEL.
- HEAVY RAIN OR HAIL FOLLOWED BY EITHER BY AN EERIE CALM IN THE STORM OR RAPID WIND CHANGES & SHIFTS.
- LISTEN FOR LOUD, CONTINUOUS RUMBLING WITH NO BREAKS IN IT LIKE THUNDER.

## Lightning Distance Tracker

YOU CAN FIGURE OUT HOW FAR AWAY THE LIGHTNING IS FROM YOU LIKE THIS...  
COUNT THE SECONDS IN BETWEEN THE FLASH OF LIGHTNING & THE CRACK OF THUNDER.  
DIVIDE THE NUMBER OF SECONDS BY 5 & YOU HAVE YOUR DISTANCE IN MILES.

0 SECONDS	5 SECONDS	20 SECONDS	60 SECONDS
0 MILES	1.08 MILES	4.35 MILES	13.06 MILES

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## ANDERSON LAKE WEST STATE FOREST CAMPGROUND

Gwinn | (906) 346-9201

Located near Anderson Lake and the Escanaba River, the Anderson Lake West State Forest Campground features campsites, a boat launch, fishing opportunities, picnic areas and recreational trails.

## BASS LAKE STATE FOREST CAMPGROUND

Gwinn | (906) 346-9201

Located near Bass Lake, the Bass Lake State Forest Campground features campsites, a boat launch, fishing opportunities, picnic areas and recreational trails.

## BIG BAY HARBOR OF REFUGE

Big Bay | (906) 345-9353

Located near Lake Superior, the Big Bay Harbor of Refuge features a break wall, mooring bulkhead, boat launch, fishing opportunities and a harbormaster's building.

## CEDAR RIVER NORTH STATE FOREST CAMPGROUND

Escanaba | (906) 786-2354

Located near the Cedar River, the Cedar River North State Forest Campground features campsites, a boat launch, fishing opportunities, picnic areas and recreational trails.

## CRAIG LAKE STATE PARK

Michigamme | (906) 339-4461

Located on 6,000 acres in Marquette and Baraga Counties, the Craig Lake State Park features campsites, cabins, a boat launch, fishing opportunities, hunting areas, picnic areas and recreational trails.

## FAYETTE HISTORIC STATE PARK

Garden | (906) 644-2603

Located near the Big Bay de Noc, the Fayette Historic State Park features a boat launch, fishing opportunities, swimming beach, hunting areas, picnic areas, recreational trails, playground equipment and a historical townsite.

## LITTLE LAKE STATE FOREST CAMPGROUND

Gwinn | (906) 346-9201

Located near Little and Bass Lakes, the Little Lake State Forest Campground features campsites, a boat launch, fishing opportunities, picnic areas and recreational trails.

## O.B. FULLER PARK & CAMPGROUND

Escanaba | (906) 786-1020

Located on 82 acres near the Bark River, the O.B. Fuller Park and Campground features campsites, a boat launch, fishing opportunities, picnic areas and recreational trails.

## PERKINS PARK & CAMPGROUND

Big Bay | (906) 345-9353

Located near Lake Independence, Perkins Park and Campground features campsites, a boat launch, fishing opportunities, swimming beach, picnic areas, recreational trails, playground equipment and an observation deck.

## PIKE LAKE STATE FOREST CAMPGROUND

Gwinn | (906) 293-3293

Located near Pike Lake, the Pike Lake State Forest Campground features campsites, a boat launch, fishing opportunities, picnic areas and recreational trails.

## PIONEER TRAIL PARK & CAMPGROUND

Escanaba | (906) 786-1020

Located on 74 acres near the Escanaba River, the Pioneer Trail Park and Campground features campsites, a boat launch, fishing opportunities, picnic areas, recreational trails and playground equipment.

## PORTAGE BAY STATE FOREST CAMPGROUND

Garden | (906) 452-6227

Located near Lake Michigan, the Portage Bay State Forest Campground features campsites, fishing opportunities, picnic areas and recreational trails.

## RAPID RIVER FALLS PARK

Rapid River | (906) 786-1020

Located on 80 acres near the Rapid River, Rapid River Falls Park was dedicated in honor of Evelyn Mare Birch Highlund and features picnic areas and recreational trails.

## SAC BAY PARK

Garden | (906) 786-1020

Located on 65 acres near Lake Michigan, Sac Bay Park features a swimming beach, picnic areas and playground equipment.

## SQUAW LAKE STATE FOREST CAMPGROUND

Republic | (906) 346-9201

Located near Squaw, Horseshoe and Twin Lakes, the Squaw Lake State Forest Campground features campsites, a boat launch, fishing opportunities, picnic areas and recreational trails.

## VAN RIPER STATE PARK

Champion | (906) 339-4461

Located on 1,044 acres near Lake Michigamme, Van Riper State Park features campsites, cabins, a boat launch, fishing opportunities, swimming beach, hunting areas, picnic areas, recreational trails and playground equipment.

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# AREA ATTRACTIONS

## CLIFFS SHAFT MINE MUSEUM

501 W Euclid St. | Ishpeming | (906) 485-1882

## DELTA COUNTY HISTORICAL MUSEUM

16 Water Plant Rd. | Escanaba | (906) 786-3428

## DEVOS ART MUSEUM

1401 Presque Isle Ave. | Marquette | (906) 227-1481

## FAMILY FUN PARK

2929 N 3rd Ave. | Escanaba | (906) 789-9386

## FAYETTE HISTORIC TOWNSITE

13700 13¼ Ln. | Garden | (906) 644-2603

## GARDEN BAY WINERY

1570 18th Rd. | Garden | (906) 361-6136

## HERBAL ACRES

3551 18th Rd. | Escanaba | (906) 786-8934

## HISTORIC EAST SIDE DISTRICT

213 N Front St. | Marquette | (906) 226-3571

## LAKENLAND SCULPTURE PARK

108 Timber Ln. | Marquette | (906) 249-1132

## LAKEVIEW ARENA

401 E Fair Ave. | Marquette | (906) 228-0490

## LITTLE TREE CABINS & GUIDE SERVICE

HC1 334 Co. Rd. 550 | Marquette | (906) 345-9535

## MARQUETTE ARTS & CULTURAL CENTER

217 N Front St. | Marquette | (906) 228-0472

## MARQUETTE COUNTRY TOURS

809 W College Ave. | Marquette | (906) 226-6167

## MARQUETTE COUNTY HISTORICAL MUSEUM

213 N Front St. | Marquette | (906) 226-3571

## MARQUETTE HARBOR LIGHTHOUSE

500 Lakeshore Blvd. | Marquette | (906) 226-2006

## MARQUETTE MARITIME MUSEUM

300 Lakeshore Blvd. | Marquette | (906) 226-2006

## MICHIGAN IRON INDUSTRY MUSEUM

73 Forge Rd. | Negaunee | (906) 475-7857

## NEGAUNEE HISTORICAL SOCIETY MUSEUM

303 E Main St. | Negaunee | (906) 475-4614

## NEGAUNEE ICE ARENA

141 Rail St. | Negaunee | (906) 475-7900

## OJIBWA CASINO

105 Acre Trl. | Marquette | (906) 249-4200

## SAND POINT LIGHTHOUSE

16 Water Plant Rd. | Escanaba | (906) 786-3428

## SUPERIOR DOME

1401 Presque Isle | Marquette | (906) 227-2850

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2401 N 12th Ave. | Escanaba | (906) 786-4011

## U.S. NATIONAL SKI HALL OF FAME & MUSEUM

610 Palms Ave. | Ishpeming | (906) 485-6323

## U.S. OLYMPIC EDUCATION CENTER

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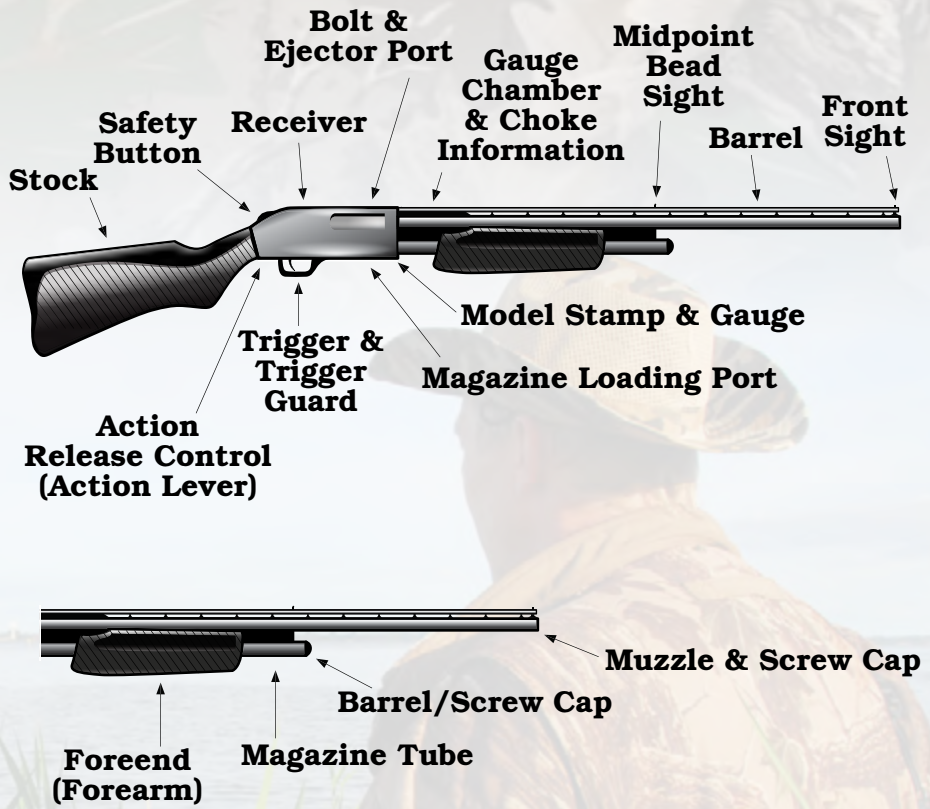


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- Residential Services
- Important Phone Numbers
- Hunting/Fishing Seasons & More

Small Game - Rabbits, Squirrels season 09/19/15 - 02/29/16	Spring Turkey "C" season 04/27/16 - 05/03/16
Small Game - Rabbits, Squirrels season 09/17/16 - 02/28/17	Spring Turkey "D" season 05/04/16 - 05/10/16
Raccoon, Red Fox, Gray Fox, Badger, Opossum (South) Hunting & Trapping 10/24/15 - 03/15/16	Spring Turkey "E" season 05/11/16 - 05/17/16
Raccoon, Red Fox, Gray Fox, Badger, Opossum (South) Hunting & Trapping 10/22/16 - 03/15/17	Spring Turkey "F" season 05/18/16 - 05/31/16
Raccoon, Red Fox, Gray Fox, Badger, Opossum (North) Hunting & Trapping 10/17/15 - 03/15/16	Fall Turkey season 10/01/16 - 10/30/16
Raccoon, Red Fox, Gray Fox, Badger, Opossum (North) Hunting & Trapping 10/15/16 - 03/15/17	Bear Hunt Lottery Deadline 05/06/16
Crow Hunting (1st season) 01/01/16 - 01/15/16	Bear Baiting start date 08/12/16
Crow Hunting (2nd season) 03/01/16 - 03/31/16	Bear season 09/01/16 - 10/15/16
Crow Hunting (3rd season) 09/01/16 - 10/31/16	Elk Hunt Lottery Deadline 06/17/16
Crow Hunting (4th season) 12/15/16 - 12/31/16	Snipe and Rail Hunting season 09/01/16 - 11/07/16
Spring Turkey Hunt Lottery Deadline 01/22/16	Mourning Dove season 09/01/16 - 11/09/16
Spring Turkey "A" season 04/13/16 - 04/19/16	Early Canada Goose season 09/03/16 - 09/22/16
Spring Turkey "B" season 04/20/16 - 04/26/16	Pheasant season 10/15/16 - 01/01/17



*All hunters should consider taking an advanced hunter education class to learn the latest hunting techniques along with tips on coming home alive.*

**Here are 5 Suggestions for a safe and successful hunting experience:**

1. Get a detailed map of the area you are hunting, review it before you leave, and carry it with you in the field.
2. Carry a compass and know how to use it. Decide ahead of time the direction to head for if you get lost or disoriented.
3. Weather can change quickly, so hunters should carry a simple survival kit and be prepared for an unexpected overnight stay in the field. The survival kit should contain a rope, a knife, water, waterproof matches, an emergency shelter, and first aid supplies.
4. If you are on the water, make sure to wear a personal flotation device (life preserver).
5. Know your hunting partners' physical and emotional limitations, as well as your own, and don't push your partners or yourself beyond those limits.

You can purchase hunting and fishing licenses, cross-country ski passes and snowmobile trail stickers through the Electronic License System. Online [www.dnr.state.mi.us](http://www.dnr.state.mi.us), Toll Free: 1 (888) 646-6367  
Or visit one of the ELS agents available throughout the area:

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# FISHING SEASONS

**Feb 13, 2015 / Feb 14 2016**

Statewide Free Fishing Weekend

**Apr 25, 2015 / Mar 15, 2016**

Fishing seasons for muskellunge, northern pike and walleye

**Jul 16, 2015 / Mar 15, 2016**

Lake Sturgeon fishing and possession seasons (Otsego Lake)

**Dec 01, 2015 / Mar 15, 2016**

Spearfishing for Northern Pike & Muskellunge

**Dec 15, 2015 / Feb 29, 2016**

Hoop Net Fishing for Burbot

**Jan 01, 2016 / Feb 29, 2016**

Bow/Spearfishing for Yellow Perch

**Jan 01, 2016 / Sep 30, 2016**

Fishing for Lake Trout (Lake Michigan MM 1-5)

**Jan 01, 2016 / Sep 30, 2016**

Fishing for Lake Trout (Lake Huron MH 3-6)

**Jan 01, 2016 / Dec 31, 2016**

Fishing for Lake Trout (Type F)

**Jan 01, 2016 / Dec 31, 2016**

Bow/Spearfishing for various species on all waters

**Jan 01, 2016 / Dec 31, 2016**

Catch-and-Immediate-Release Bass Season

**Jan 01, 2016 / Dec 31, 2016**

Netting season for minnows

**Jan 01, 2016 / Dec 31, 2016**

Cast netting season for various species



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## Operating Watercraft

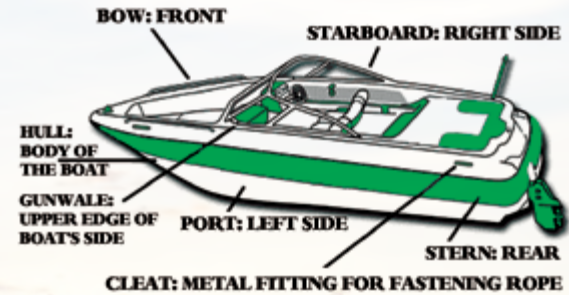
FOLLOW THESE GUIDELINES TO HELP PREVENT AND PREPARE FOR CAPSIZING, SWAMPING, OR SOMEONE FALLING OVERBOARD.

- MAKE SURE THAT YOU AND YOUR PASSENGERS ARE WEARING LIFE-JACKETS WHILE THE BOAT IS MOVING.
- ATTACH THE IGNITION SAFETY LANYARD TO YOUR WRIST, CLOTHES, OR LIFE JACKET.
- DON'T ALLOW ANYONE TO SIT ON THE GUN WALE, BOW, SEAT BACKS, MOTOR COVER, OR AREAS NOT DESIGNED FOR SEATING. ALSO, DON'T LET ANYONE SIT ON PEDESTAL SEATS WHEN CRAFT IS NOT IN IDLE.
- DON'T OVERLOAD YOUR BOAT. BALANCE THE LOAD OF PASSENGERS AND GEAR STORED ON-BOARD.
- KEEP YOUR CENTER OF GRAVITY LOW BY NOT ALLOWING PEOPLE TO STAND UP OR MOVE AROUND WHILE CRAFT IS IN MOTION.
- IN SMALL BOATS, DON'T ALLOW ANYONE TO LEAN BEYOND THE GUNWALE.
- TURN BOAT AT SLOW RATES OF SPEED.
- SECURE THE ANCHOR LINE TO THE BOW, NEVER TO THE STERN.
- DON'T RISK OPERATING WATER CRAFT IN ROUGH CONDITIONS OR BAD WEATHER.

## Who May Operate a Motorboat

(OTHER THAN A PERSONAL WATERCRAFT)

- **FOR ENGINES 25 HORSEPOWER OR LESS:**
  - THOSE UNDER AGE 12 MAY OPERATE WITHOUT RESTRICTIONS.
- **FOR ENGINES OVER 25 HORSEPOWER THROUGH 75 HORSEPOWER:**
  - THOSE UNDER AGE 12 MUST HAVE SOMEONE 21 YEARS OF AGE OR OLDER ON BOARD WITHIN REACH OF THE CONTROLS.
- **FOR ENGINES OVER 75 HORSEPOWER:**
  - NO CHILDREN UNDER AGE 12 MAY OPERATE, EVEN WITH AN ADULT ON BOARD.
  - OTHER RESTRICTIONS APPLY TO BOAT OPERATORS 12 TO 17 YEARS OLD:
    - OPERATORS FROM 12 TO 17 YEARS OF AGE MAY OPERATE ENGINES OF 25 HORSEPOWER OR LOWER WITH NO RESTRICTIONS.
- **FOR ENGINES OVER 25 HORSEPOWER:**
  - OPERATORS 12 TO 17 YEARS OF AGE MUST HAVE: A WATERCRAFT OPERATOR'S PERMIT, OR SOMEONE AGE 21 YEARS OR OLDER OLD ON BOARD WITHIN REACH OF THE CONTROLS.



## All Watercraft Must Have...

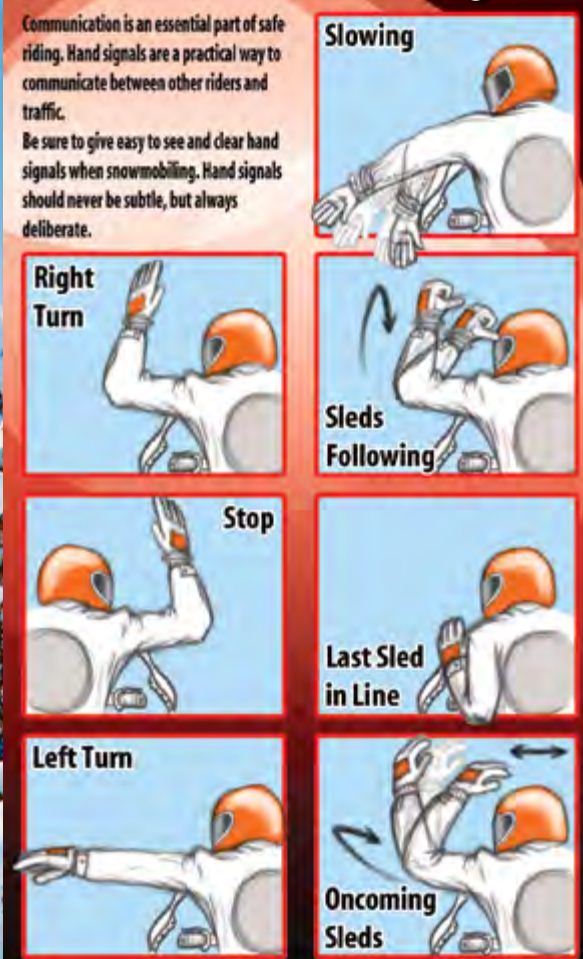
- AT LEAST ONE COAST GUARD APPROVED TYPE 1, 2, 3 OR 5 FLOTATION DEVICE THAT IS THE PROPER SIZE FOR EACH PERSON ON BOARD OR BEING TOWED.
- ALL DEVICES MUST BE IN GOOD CONDITION AND EASILY ACCESSIBLE.
- CHILDREN UNDER AGE 10 MUST WEAR A DEVICE WHEN ON BOARD A BOAT THAT IS UNDERWAY UNLESS:
  - IN AN ENCLOSED CABIN OR BELOW DECK OR ON AN ANCHORED BOAT THAT IS BEING USED FOR SWIMMING OR DIVING OR PASSENGER CRAFT WITH A LICENSED CAPTAIN.
- ALONG WITH THE ABOVE AT LEAST ONE APPROVED TYPE 4 MUST BE ON BOARD BOATS 16 FT. OR LONGER (EXCEPT CANOES AND KAYAKS) AND IMMEDIATELY AVAILABLE.
- A COAST GUARD APPROVED TYPE 5 DEVICE MAY BE SUBSTITUTED FOR ANY OTHER COAST GUARD APPROVED DEVICE IF IT MEETS THE SAME REQUIREMENTS AND IS NOTED ON THE LABEL.
- ANYONE RIDING A JET SKI OR OTHER PERSONAL WATER CRAFT MUST WEAR AN APPROVED -NON INFLATING FLOTATION DEVICE, AS WELL AS ANYONE BEING TOWED BY A WATER CRAFT.

# Bicycle Hand Signals



# Snowmobile Hand Signals

Communication is an essential part of safe riding. Hand signals are a practical way to communicate between other riders and traffic. Be sure to give easy to see and clear hand signals when snowmobiling. Hand signals should never be subtle, but always deliberate.



## Read the owner's manual

and know your vehicle thoroughly.

- Check your vehicle before you ride.
- Wear protective equipment and clothing.
- Don't lend your vehicle to unskilled riders.
- Supervise young or inexperienced riders.
- Never carry a passenger on vehicles meant for one rider.
- Do not operate under the influence of drugs or alcohol.
- Drive at speeds that are appropriate to trail conditions.
- Stay to the right on trails.
- Stay away from thin ice, open water and wetlands.
- Know the weather forecast.
- Make sure headlights and taillights work properly.
- Maintain safe distances between other riders.
- Reduce your speed when riding at night.
- Yield to other motor vehicles and trail users.
- Young or beginning riders are encouraged to take a safety training course.

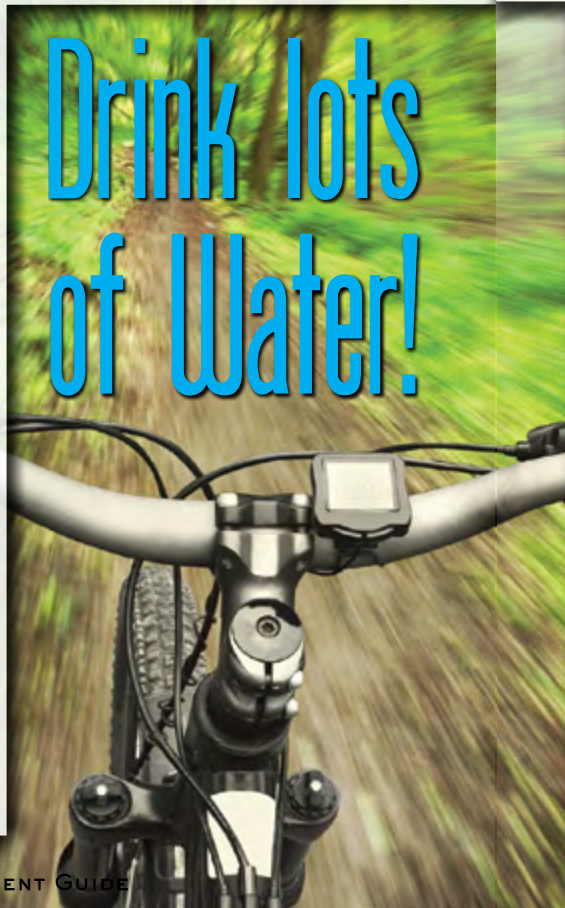
# Know Your ATV



# Be Cautious of Other Bikers

- Always wear a properly fitting bike helmet as most serious injuries are to the head.
- Be sure your handlebars, seat and wheels fit snugly.
- Keep your bike in good shape by checking and oiling your chain, making sure your brakes work properly and maintaining your tire pressure.
- Always ride with both hands on the handlebars except when doing turn signals.
- When leaving a driveway, curb or alleyway always stop and check for traffic in both directions.
- Cross only at intersections.
- Use the crosswalk to walk your bike across busy intersections and follow the traffic signals.
- Never ride against traffic. Travel in the same direction as the cars.
- Whenever you can, use bike routes and avoid busy streets.
- Don't ride near parked cars as doors can open and cause accidents.
- Obey all traffic signs and traffic lights.
- When biking with friends, ride in a single file.
- Always pass other bikers or pedestrians on the left and say "On your left!" to make your presence known.
- Always use bicycle hand signals to alert traffic of your changing direction.

Drink lots of Water!



**PRIVATE PROPERTY**  
**NO TRESPASSING**

Please respect private property and no trespassing signs. Stay on trails. Exercise extreme caution on all lakes and streams. Obey all state and local laws and ordinances. Do not operate snowmobiles/ATV's on county roads or state highways.

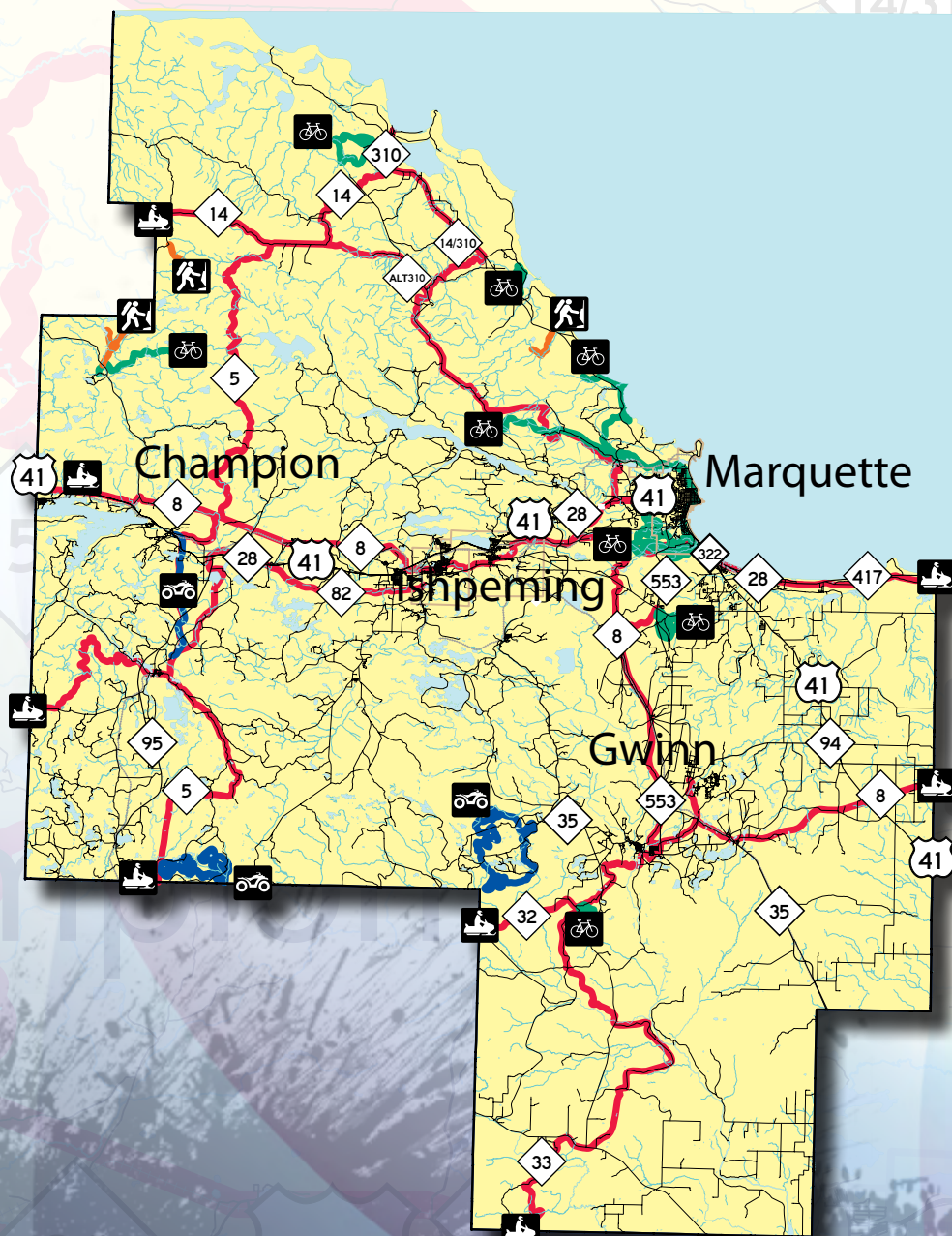


- Do not consume alcohol or take drugs prior to or during your snowmobile trip. Doing so increases your chances of injury or death.
- Slow down and don't cut to the inside of the trail corners. It's dangerous and illegal.
- If you snowmobile at night, don't override your lights.
- Always use the buddy system. Never ride off alone.
- Drowning is one of the causes of many snowmobile fatalities. Whenever possible, avoid the ice.
- Wear sensible, protective clothing designed for operating a snowmobile.
- Use a full size helmet, goggles, or visor to prevent injuries from twigs, stones, ice chips and other debris.
- Avoid wearing long scarves. They may get caught in moving parts of the snowmobile.
- Know the terrain you are going to ride. If unfamiliar to you, ask someone who has traveled over it before.
- Know the weather forecast, especially the ice and snow conditions.
- Be sure your snowmobile is in top-notch mechanical condition throughout the months of use.
- Familiarize yourself with the snowmobile you are driving. Thoroughly read the manual that accompanies the snowmobile.
- Do not pursue domestic or wild animals. That is not the conduct of a sportsman. Report such violations to the nearest law enforcement officer.

Slow Down!  
Snowmobiling is fun. Going to the hospital isn't.

# MARQUETTE AREA TRAILS

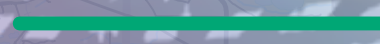
# DELTA COUNTY AREA TRAILS



Snowmobile Trail



OHV/ATV Trail



Bicycle Trail/Route



Hiking/Walking Trail

# ENERGY SAVING TIPS

## Summer Energy Saving Techniques

Conduct an energy assessment to find out where you can save the most. This will allow you to see where the biggest problem areas are.

### Windows

- Close curtains during the day to block sunlight and open them at night.
- Plant trees, shrubs, or vines to help shade your home.
- Apply solar window film to windows.

### Adjust Your Thermostat

- When you're home and awake, set your thermostat at the highest comfortable temperature.
- When you're out of the house, turn your thermostat up. You can save 1-3 percent per degree, for each degree the thermostat is set above 72 degrees, depending on the outside temperature.
- You can set a programmable thermostat to keep the temperature where you want day and night.

### Maintain Your Cooling Systems

- Schedule service for your cooling system.
- Do regular maintenance to keep your cooling system operating efficiently.

### Fans and Vents

- Keep inside air vents clear from furniture and other objects.
- Run energy efficient ceiling and whole-house fans to circulate the air.
- Use the bathroom vent to remove the heat and humidity after showering.

### Appliances and Electronics

- Try not to use the oven on hot days. Cook on the stove top, microwave, or grill outside.
- Keep your fridge and freezer full. The refrigerator will run less often.
- Air dry dishes in the dish washer.
- Wash laundry with cold water and air dry.
- Unplug electronics when not in use.

### Lighting

- Use light emitting diodes "LED's". They use less energy and have a longer life span, plus they produce less heat than incandescent and CFL bulbs.

## Winter Energy Saving Techniques

### Windows

- Open curtains during the day to allow sunlight in and close them at night.
- Tape a clear plastic sheet or film to the window frames.
- Install insulating drapes or shades on windows.

### Adjust Your Thermostat

- When you are home and awake, set your thermostat at the lowest comfortable temperature.
- When you are asleep or out of the house, turn your thermostat down about 12 degrees for eight hours and save around 10% a year on your heating bills.
- You can set programmable thermostats to keep the temperature where you want day and night.

### Air Leaks and Insulation

- Seal the air leaks on the inside and outside walls of your home. These can be holes for pipes and wires, gaps around chimneys, or unfinished spaces behind cupboards and closets.
- Add caulk or weatherstripping to seal air leaks around leaky doors and windows.
- Check your attics insulation. Depending on what climate you live in there are different insulating products and thickness that work best for your area.

### Maintain Your Heating Systems

- Schedule service for your heating system.
- Do regular maintenance to keep your heating system operating efficiently.
- Furnace - Replace your furnace filter once a month or as needed.
- Fireplace - Clean the flue vent regularly and the inside of the appliance with a wire brush periodically to ensure that your home is heated efficiently.

### Lower Your Water Heating Costs

- On average 18% of the energy consumed in your home is from the water heater. Turn down the temperature of your water heater to a setting around (120°F). This will save energy and can help prevent burns.

### Lighting

- Use light emitting diodes "LED's". They use less energy and have a longer life span.

## PARENTS:

- Teach your kids that an emergency is when you need help from a doctor, a police officer or a firefighter.
- Designate a safe place by your house that a child can go to if they need help right away.
- Have your kids memorize your address and phone numbers. They should also know your full name and where you work.

## KIDS:

### FIRE SAFETY

- If you or someone else is on fire - remember to STOP, DROP and ROLL. Wrap a blanket on the person to help put out the fire.
- If there is a fire, leave the house as fast as you can! Crawl on the floor to avoid smoke and if the door is hot, don't open it - find another way out.
- Learn all the fire exits in your house. Assign a safe place outside for everyone to meet in case of a fire emergency.

### HOME ALONE

- Never tell anyone that you are home alone.
- If someone calls and asks for your mom and dad, tell them "They cannot come to the phone right now, can you please call back later?"
- Do not answer the door, unless it is someone that you know your parents have okay'd them to come over.



## FIRST AID FOR INSECT BITES/ANAPHYLAXIS & POISON SAFETY

### INSECT BITES/ANAPHYLAXIS

**Anaphylaxis is a severe allergic reaction from insect bites (latex, food and drug allergies can also cause Anaphylaxis). Typical symptoms include hives, the swelling of lips or eyes, swollen throat, drop in blood pressure, light headedness, confusion, nausea or diarrhea. If someone is having an allergic reaction from an insect bite with these symptoms, seek medical attention right away.**

### POISON PREVENTION

**Teach your children about poison and how it can look like a food or drink. They should always ask an adult before eating or drinking anything. Have them learn the poison control phone number: 1-800-222-1222 and keep it programmed or posted near all your phones. Here are some prevention tips.**

**Lock up your poisons and medications.** Keep them out of the reach of children, lock them up if possible. Make sure your children understand that medicine is not candy.

**Follow directions carefully.** Read your labels. Be sure to use and store all poisons and medications properly according to recommendations.

**Keep your pets safe from household chemicals.** Don't allow pets near areas that have just been cleaned with chemicals, such as freshly mopped floors or bleached bathtubs and sinks. Clean up any anti-freeze/coolant spills. Pets like the flavor but they can die if they ingest it. Store poisonous foods or plants in areas that your pets cannot access. Call your local emergency veterinary hospital if you believe your pet has been poisoned.



## FIRST AID FOR BURNS & CHOKING

### BURNS

**For minor 1st and 2nd degree burns smaller than 3" in diameter:** Cool the Burn. Run cool water over the burned area for 5 minutes, or until the pain diminishes. Never put ice on a burn!

### Bandage the burn with sterile gauze:

It is important to use loosely wrapped gauze. This will avoid pressure and the bandage protects blisters. NEVER put lotions, vaseline, ointments or butter on burn. Do not break any blisters, which can cause infection.

### Take Aspirin, Ibuprofen, Naproxen or Acetaminophen to relieve pain:

Minor burns usually heal with these basic treatments. Be aware for signs of infection which may include: increased pain, redness, fever, swelling or oozing. If symptoms develop, seek medical help. Avoid tanning the burned area for at least a year. Protect the area with sun-screen outdoors. Avoid giving aspirin to children.

**For 3rd degree burns/all major burns - DIAL 911**

**DO NOT run cold water over large severe burns - this can cause shock.**

**DO NOT remove burnt clothing.**

**Check for signs of breathing/coughing/movement.**

**If there are no signs of breathing begin CPR.**

**Elevate burned areas above heart level, if possible.**

**Cover the burn(s) with cool, sterile, moist bandages, towels or cloth.**

### CHOKING

Most people clutch at their throats when choking, an obvious symbol for help. However, if a person isn't giving that signal, be alert for these indications. Inability to talk, difficulty breathing or noisy breathing, inability to cough forcefully, skin/lips/nails turning blue, loss of consciousness.

The Red Cross recommends a "five-and-five" method for first aid: First give five blows between the person's shoulders with the heel of your hand. Second, perform the Heimlich maneuver (abdominal thrusts) five times. Alternate between five back blows and five abdominal thrusts until the blockage is dislodged.



**IN AN EMERGENCY, DIAL 911**



Christopher Mehall  
MD, MBA



Michael V. Ouimette  
MD



The Vein Clinic provides treatment of varicose veins, deep venous thrombosis (DVT) and other venous diseases of the extremities. Deep Vein Thrombosis (DVT) affects 600,000 new Americans each year. DVT is the formation of a blood clot in the deep veins of the leg and is typically due to inactivity, injury or dehydration. If untreated, DVT can be life threatening.

Reduce your discomfort and get back to living with healthy legs.



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- Varicose Veins
- Chronic Pain

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If you, or someone you know, is interested in consultation with our medical team, talk to your doctor about a referral or please call the Interventional Pain Center for an appointment.

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Marquette, MI 49855

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