







FREE Resident Guide

Information Included

- Local Events
- Residential Services
- Area History
- Parks & Rec. Info
- Local Attractions
- Hunting & Fishing Seasons
- DNR License Centers
- Outdoor Recreation Trails

Cass County, Minnesota

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Wednesdays Drink Tabs 2 to 4 p.m. Trivia 7 p.m. Happy Hour • Wing Night

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Saturdays Kitchen open 3 to 8 p.m.

Thursdays Drink Tabs 2 to 4 p.m. Taco Special · Margaritas Meat Raffle 6 p.m. Kitchen open 5 to 8 p.m.

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he community you live in!

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LOCAL AREA EVENTS

JANUARY

Cass Lake Lion's Club Mid-Winter Convention Cass Lake Lion's Club Pancake Breakfast Back to Hack | Hackensack Wellness Festival | Pine River Walker City on the Bay Sled Dog Race

FEBRUARY

Cass Lake Lion's Club Pancake Breakfast Cass Lake Lion's Club Truck Thru the Ice Project Cass Lake Winter Fishing Challenge Northern Mississippi Range Chili Feed | Cass Lake Pied Pipers Dinner Dance | Cass Lake Take A Kid Ice Fishing Weekend | Cass County Winter Fishing Walleye Dinner Cass Lake Ice Car Racing | Leech Lake Resort, Retail & Restaurant Buyers Show | Leech Lake Leech Lake Riders Chili & Soup Feed Shingobee Chalet | Leech Lake Winter Wine Making | Leech Lake Ice Bocce Tournament | Longville Ice Golf Tournament | Longville MN 150 Sled Dog Races | Remer Eelpout Festival | Walker Polar Plunge | Walker

MARCH

Hobo Club Bull Head Feed | Boy River Cass Lake Lion's Club Breakfast Kid's Perch Derby on Pike Bay | Cass Lake Spring Light Goose Opener | Cass Lake Home Stretch | Leech Lake Irish Beef Stew & Silent Auction | Leech Lake Moondance Bonspiel | Leech Lake Women's Expo | Leech Lake Cabin Fever Bus Tour | Walker Sport & Travel Show | Walker

APRIL

Cass Lake Lion's Club Pancake Breakfast Spring Shoot-Out | Leech Lake Champion's Dinner | Leech Lake Wild Game Feed Extravaganza | Leech Lake Kid's Easter Egg Hunt | Pine River Miss Pine River Scholarship Pageant Breakfast with the Easter Bunny | Remer White Elephant Sale | Remer Walker Lion's Club Home & Garden Show Spring Fling Retreat | Walker

MAY

Backus Area Old Timers Weekend Fire Department's Smelt Fry | Backus Lion's Community Yard Sale | Backus Take Your Mother Fishing Weekend | Cass County Lions' Club Memorial Day Dinner | Cass Lake Cass Lake Lion's Club Pancake Breakfast Paul Bunyan Telephone's Coop. Celebration | Cass Lake Veteran's Memorial Pow Wow | Cass Lake Sportsman Night Out | Leech Lake Leech Lake Walleye Tournament Memorial Day Program | Pine River Pancake Breakfast | Remer Memorial Day Service | Walker Spring Fling Walker Wine & Culinary Experience | Walker Youth Crappie Fishing Tournament | Walker

JUNE

Pine River | Backus Family Day at the Fire Hall Take A Kid Fishing Weekend | Cass County Cass Lake Lions' Club Pancake Breakfast Chippewa Triathlon | Cass Lake Moondance Jammin Country Fest | Walker Moondance Annual Softball Tournament | Walker Sweetheart Canoe Derby | Hackensack Crazy Days | Leech Lake Kinship 9 Hole Golf Tournament | Leech Lake Leech Lake Tribal College Golf Fundraiser Turtle Races | Longville Collector Cars & Motorcycle Show | Longville Duck Races | Pine River Ride with Jim Oberstar | Pine River Relay for Life Walk | Pine River Pine River Summerfest American Legion Convention | Walker Community Garage Sale | Walker Father's Day Classic Sale | Walker Walker History Walk

JULY

Lion's Fly-In Breakfast | Backus Moon Dance Jam | Walker Cass Lake Rib Fest Sweetheart Days | Hackensack Hackensack 4th of July Fireworks Leech Lake Art Show & Sale Longville Independence Day Leech Lake 4th of July Pow Wow Summerfest & Mardi Gras | Longville Block Party | Pine River Cass County Fair | Pine River

JULY (CONT)

Firemen's Day | Remer Crazy Days | Walker Dianne Honer Memorial Arts & Crafts Fair | Walker Independence Day Celebration | Walker Pork Dinner | Walker

AUGUST

Backus Corn Fest Bob Heig Memorial Couples Contest | Cass Lake Dragon Boat Festival | Cass Lake Cajun Fest | Leech Lake Northern MN Indian Golf Classic | Leech Lake Leech Lake Regatta St. Agnes Auction | Leech Lake Taste of Longville Pine River Community Garage Sale Remer Area Fundraising Golf Tourn. Harvest Festival | Remer Walker Bay Days Flea Market, Crafters & Antique Fair | Walker Moondance Dueling Pianos | Walker

SEPTEMBER

Boy River Hobo Day Take A Kid Fishing Weekend | Cass County Fall Has It All | Hackensack Natl. Chainsaw Sculpting Invitational | Hackensack Boys & Girls Club Day for Kids | Leech Lake Leech Lake Labor Day Pow Wow Muskie's Inc. International Tourn. | Leech Lake "NO CLASS" Car Show | Leech Lake North Country Marathon & 10 K | Leech Lake Northwoods Quilt Show | Leech Lake Taste of Texas Leech Lake Fall Has It All Longville Oktoberfest | Longville Broken Wing Rendezvous | Pine River Heritage Days & Pine River Quilt Show Lake Ada Art Crawl | Pine River Pancake Breakfast | Remer Priority 55 Fish Fry | Walker

OCTOBER

Deerfield Harvest Supper | Backus Cystic Fibrosis Walleye Tournament | Cass Lake Treats for Tots | Cass Lake Go Pine River Dinner Haunted Hallway | Pine River Kid's Halloween Party | Pine River Lutefisk Dinner | Pine River Fall Fest | Remer Halloween Dance | Remer Monndance Harvest Moon Beer & Wine Tasting Festival | Walker

NOVEMBER

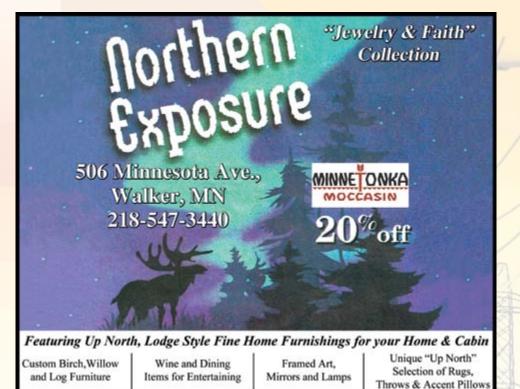
Lion's Craft & Bake Sale | Backus Walleye & Baby Back Ribs Dinner | Cass Lake Festival of Lights | Leech Lake Pork Dinner | Pine River Turkey Bingo | Remer Holiday Gala | Walker Hunters Feast | Walker Tinsel & Lace Showcase | Walker

DECEMBER

Santa Claus Comes to Town | Boy River Cass Lake Building Center Christmas Open House Chamber Santa Event | Cass Lake Holiday Dinner | Cass Lake Cass Lake Lion's Club Breakfast Cass Lake Lion's Club Christmas Party Walleye & Pork Chop Dinner | Cass Lake Reed's Ice Classic Sale | Leech Lake Fundraising Concert | Pine River Pine River American Legion Arts & Craft Sale Kid's Holiday Shopping Day | Pine River Parade of Lights | Pine River Breakfast with Santa | Remer Christmas Tree Lighting | Remer Christmas Open House | Walker

Residential Services

Administration	
Assessor	547-7298
Attorney	547-7255
Auditor & Treasurer	547-7260
County Surveyor	547-7368
Court Administration	
Environmental Services	
Health, Human & Veteran Services	
Highway Department	
Land	547-3338
Library	
Natural Resource Conservation Service	
Probation	
Recorder	
Senior Transportation	
Sheriff	
Soil & Water Conservation	
U of M Extension	





Backus, Minnesota

CASS COUNTY HISTORY



Cass County was established in 1851 and named in honor of Lewis Cass, a territorial governor, senator, secretary of state and secretary of war. Originally home to Indians, Cass County was settled by fur traders, explorers and missionaries. As a trail from Fort Ripley to Leech Lake was constructed, an influx of settlers arrived to take part in the lumber industry. Lumber camps were established and communities were platted. In 1895 the Northern Minnesota Logging Company built the railroad and tourism was introduced. Walker was voted as the county seat and the area continued to grow. Today Cass County is home to approximately 28.732 residents.

BACKUS – pop. 297 BENA – pop. 100 BOY RIVER – pop. 35 CASS LAKE – pop. 828 CHICKAMAW BEACH – pop. 145 EAST GULL LAKE – pop. 1,027 FEDERAL DAM – pop. 93 HACKENSACK – pop. 283 LAKE SHORE – pop. 1,068 LONGVILLE – pop. 178 MOTLEY – pop. 639 PILLAGER – pop. 492 PINE RIVER – pop. 877 REMER – pop. 357 WALKER (COUNTY SEAT) – pop. 1,289 *Populations are approximate.

CASS COUNTY COMMUNITIES

BACKUS

Backus was named after lumberman Edward Wellington Backus. Backus established sawmills and lumber camps, creating a need for a settlement in 1890. The community was incorporated in 1902 and the area continued to grow. Today Backus is home to approximately 297 residents.

BENA

Bena's name was derived from the Ojibway word for partridge and grew as a railway village in the 1880s. Located on the Leech Lake Reservation, a post office was established in 1898 with Ernest Fleming serving as first postmaster. Today Bena is home to approximately 100 residents.

BOY RIVER

Boy River grew as a community in the 1880s. By 1910 a post office, railway station, general stores and hotels were established. In 1922 Boy River was incorporated as a village and the community continued to grow. Today Boy River is home to approximately 35 residents.

CASS LAKE

Cass Lake was named in honor of General Lewis Cass and was established in 1898. Populations increased with the arrival of railroads to the area. Once known as Tuller, the community was a popular tourist destination with over ten hotels by 1920. The lumber industry helped make the community become very prosperous and it was one of the largest lumber producers in the county. Cass Lake is the headquarters of the Consolidated Chippewa Indian Agency which governs seven reservations. Today Cass Lake is home to approximately 828 residents.

FEDERAL DAM

Located in Gould Township, Federal Dam grew as the United States constructed a reservoir dam on Leech Lake River. A post office was established in 1910 and the community was incorporated as a village in 1911. Today Federal Dam is home to approximately 93 residents.

HACKENSACK

Named after a city in New Jersey, Hackensack was established in 1888. It was incorporated as a village in 1903 and continued to grow as the railroad arrived. It is the site of legendary Paul Bunyan's girlfriend, Lucette Diana Kensack. Today Hackensack is home to approximately 283 residents.

LAKE SHORE

Lake Shore grew as the railroad arrived in 1904. Incorporated in 1947, it has since become a popular tourist destination. Today Lake Shore is home to approximately 1,068 residents.

LONGVILLE

Located in Kego Township, Longville grew as the railroad arrived. A post office was established in 1904 and the community was incorporated as a village in 1941. Today Longville is home to approximately 178 residents.

MOTLEY

Motley was named after the railroad station established by the Northern Pacific Railroad Company in 1874. The community was platted in 1870 and a post office was built in 1873. Officially organized in 1885, Motley was incorporated as a village in 1905 and the community continued to grow. Today Motley is home to approximately 639 residents.

PILLAGER

Located in Sylvan Township, Pillager was first settled as a railway stop in 1886. A post office, hotel, general store and a blacksmith shop were established by 1900 and Pillager was incorporated as a village. Its name is derived from the Ojibwa of the Leech Lake Reservation. Today Pillager is home to approximately 492 residents.

PINE RIVER

Pine River began as a trading center for agricultural and lumber products. A post office was built in 1877 with George A. Barclay serving as the area's first postmaster. Pine River was incorporated in 1901 and housed a grain elevator, creamery and a pickle factory. Today Pine River is home to approximately 877 residents.

REMER

Remer was named in honor of the brothers E.N. and William P. Remer, as William established a post office in 1904. The community began as a railway village and a sawmill and general stores were built. Incorporated in 1912, Remer is located in the Chippewa National Forest which houses the most bald eagles in the continental United States. Today Remer is home to approximately 357 residents.

WALKER (COUNTY SEAT)

Walker is named after Thomas Barlow Walker, a prominent lumberman who arrived to the area in 1868. Walker established a settlement and the community was incorporated in 1896. As the railroad arrived in 1899, Walker continued to grow as a resort community. It was selected as the county seat and is located in the legendary Paul Bunyan Playground. Today Walker is home to approximately 1,289 residents.







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- * Delicatessen
- * Bakery

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TORNADO SAFETY

Precentions:

- Know where you can take shelter in seconds.
 Have a place, everyone knows, to go to after the storm has passed.
- Flying Debris is the biggest danger during a tornado. Your shelter space should have mattresses or thick blankets around, to protect yourselves.
- DO NOT OPEN YOUR WINDOWS TO TRY & "equalize the pressure." This only makes it easier for debris to injure you. Also, STAY AWAY FROM WINDOWS!

hings to Look and Listen For:

Constant rotation of the clouds base.
Flying/Rotating Debris under the cloud. Tornados Don't Always have a visible funnel.
Heavy Rain or Hail followed by either by an eerie Calm in the storm or Rapid wind changes & shifts.

LISTEN FOR LOUD, CONTINUOUS RUMBLING WITH NO BREAKS IN IT LIKE THUNDER.

Lightning Distance Tracker

You can figure out how far away the lightning is from you like this... Count the seconds inbetween the flash of lightning & the crack of thunder. Divide the number of seconds by 5 & you have your distance in miles.

O SECONDS 5 SECO O MILES 1.08 M

5 SECONDS 20 SECONDS 60 SECONDS 1.08 MILES 4.35 MILES 13.06 MILES

Do hot Open Your Windows!



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PARKS & RECREATION

CHIPPEWA NATIONAL FOREST PARK

200 Ash Ave. NW | Cass Lake | (218) 335-8600 Originally known as the Minnesota National Forest, the Chippewa National Forest Park features a campground, wildlife habitat projects, timber harvesting, historical sites, visitor centers and hiking trails.

DEEP PORTAGE

2197 Nature Ctr. Dr. | Hackensack | (218) 682-2325 Deep Portage features overnight

accommodations, a Resources Heritage Center, archery range, rifle and trap ranges, wildlife habitat projects and hiking trails.

HEARTLAND STATE TRAIL

6603 Bemidji Ave. N | Bemidji | (218) 755-2265 The Heartland Trail features a picnic area and 27 miles of hiking, biking and ski trails.

LAKE COUNTRY SCENIC BYWAY

Hwy. 34 | Cass Lake | (218) 335-8600 The Lake Country Scenic Byway travels 88 miles from Walker, Detroit Lakes, Park Rapids, Itasca and the Northwoods.

NORTH COUNTRY NATIONAL SCENIC TRAIL

1601 Minnesota Dr. | Bemidji | (218) 833-8710 Currently under development, the Heartland Trail features a picnic area and hiking, biking and ski trails.

PAUL BUNYAN STATE FOREST

Co. Rd. 95 | Laporte | (218) 755-2265 Deep Portage features a campground, wildlife habitat projects, timber harvesting, visitor center and the Paul Bunyan State Recreational Trail.

SHINGOBEE RECREATION

201 Minnesota Ave. E | Walker | (218) 547-1044 Shingobee Recreation features a campground, picnic area and hiking, biking and ski trails.



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BLUEBERRY BOWL 44919 Golf Course Rd. | Deer River | (218) 246-8048

CASS COUNTY HISTORICAL SOCIETY 201 Minnesota Ave. | Walker | (218) 547-7251

CHIPPEWA NATIONAL GOLF COURSE 741 Hwy. 200 | Longville | (218) 363-2552

FORESTEDGE WINERY 35295 State Hwy. 64 | Laporte | (218) 224-3535

IRISH HILLS GOLF COURSE 37400 Piney Ridge Ln. | Pine River | (218) 587-2296

HIAWATHA BEACH RESORT 10904 Steamboat Loop | Walker | (218) 547-1510

LONG BOW GOLF CLUB P.O. Box 1027 | Walker | (218) 547-4121

LONGVILLE HISTORICAL SOCIETY 4680 Cty. Rd. 54 W | Longville | (218) 363-2630

NORTHERN LIGHTS CASINO 6800 Y Frontage Rd. | Walker | (877) 544-4879

PALACE CASINO & HOTEL 6280 U. Cass Frontage Rd. NW | Cass Lake | (218) 335-7000

PINE RIVER COUNTRY CLUB 2370 SW 28th Ave. | Pine River | (218) 587-4774

PINE RIVER RIDING STABLE 2301 SW 40th St. | Pine River | (218) 587-5807

SHADY SHORES ON BIRCH LAKE 4987 Cty. Rd. 40 | Hackensack | (218) 675-6540

SUGAR POINT BATTLE MONUMENT Co. Rd. 8 | Federal Dam | (218) 547-7251

TIANNA COUNTRY CLUB P.O. Box 177 | Walker | (218) 547-1712

WHITE OAK CASINO 45830 US Hwy. 2 | Deer River | (800) 228-6676

WEDGEWOOD GOLF COURSE & DRIVING RANGE P.O. Box 1606 | Walker | (218) 547-2666

WOODTICK THEATRE P.O. Box 254 | Akeley | (218) 652- 4200

MOONDANCE JAM AND JAMMIN COUNTRY FEST P.O. Box 969 | Walker | (218) 547-1055

Living Greener

ecycle



Recycle as much as you can. Even simple everyday things, such as plastic bottles and aluminum cans, can make a huge difference.

Switch your incandescent light RRR bulbs to compact fluorescent ones. Save money and energy.

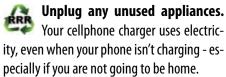
RRR Bring your own reusable shopping bags with you to the supermarket or the mall.

RRR Donate your unwanted clothing to a local charity. Eyeglasses, household items, electronics and even vehicles can be accepted.

Recycle your used ink and toner RRR **cartridges.** Most office supply stores accept used cartridges.

Recycle your used batteries. This RRR prevents poisonous mercury from seeping into our water supplies and soil. Switch to rechargeable ones.

Switch to unbleached toilet RRR paper, paper towels and coffee filters. Avoiding bleached products can help preserve our water supply and soil.



Bring your own lunch. You'll avoid RRR wing non-recyclable styrofoam togo containers and unnecessary throw-away packaging.

Start a compost bin in your yard. RRR There are even ones that you can store under your kitchen sink.

Be crafty. Let old items be an inspiration for a craft project and repurpose old items. Punch holes in tin cans to make candle luminaries or use empty yogurt containers to organize nuts an bolts.

Have a green-cleaning product RRR party. Invite your friends over to make enough vinegar-based homemade cleaners to share.

Run your washer/dryer/dish-RRR washer after 5pm. This is when less electricity is being used, especially in larger cities. In air-conditioned summer months this can help prevent blackouts.

🚳 Reduce - Reuse - Recycle

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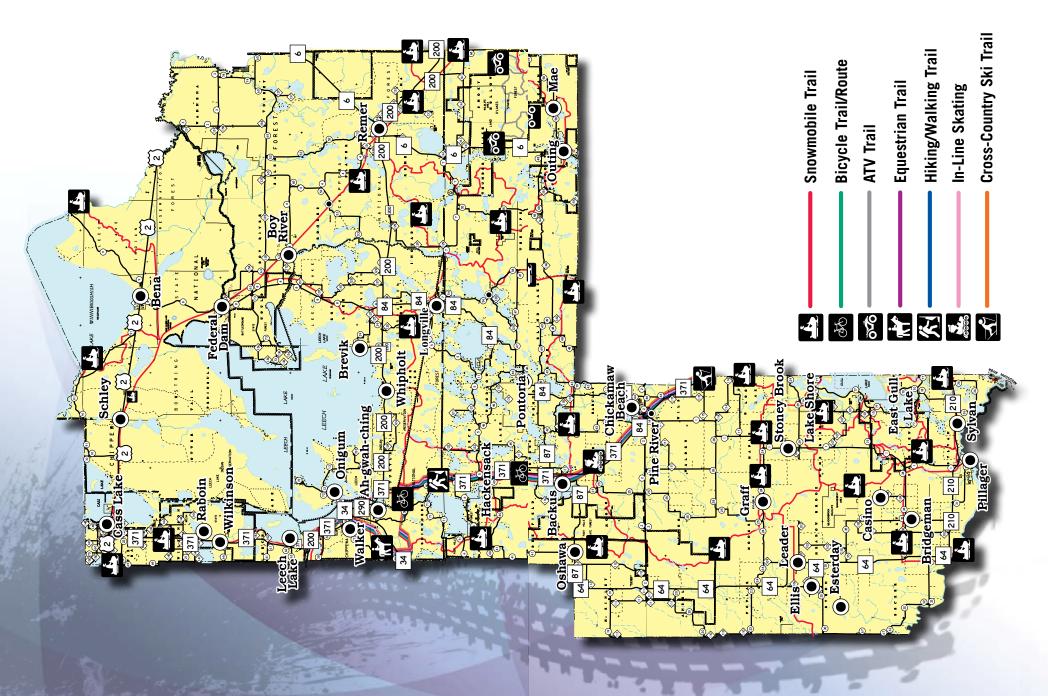
of adult fun. Entertainment galore

featuring The Fabulous Armadillos

that evening in the MDJ Saloon.

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and wines.



BICYCLE SAFETY

SNOWMOBILE SAFETY



Please respect private property and no trespassing signs. Stay on trails. Exercise extreme caution on all lakes and streams. Obey

all state and local laws and ordinances. Do not operate snowmobiles/ATV's on county roads or state highways.

Drink lots of Water!

 Always wear a properly fitting bike helmet as most serious injuries are to the head. • Be sure your handlebars, seat and wheels fit snugly. • Keep your bike in good shape by checking and oiling your chain, making sure your brakes work properly and maintaining your tire pressure. • Always ride with both hands on the handlebars except when doing turn signals. • When leaving a driveway, curb or alleyway always stop and check for traffic in both directions. • Cross only at intersections. • Use the crosswalk to walk your bike across busy intersections and follow the traffic signals. • Never ride against traffic. Travel in the same direction as the cars. • Whenever you can, use bike routes and avoid busy streets. • Don't ride near parked cars as doors can open and cause accidents. • Obey all traffic signs and traffic lights. • When biking with friends, ride in a single file. • Always pass other bikers or pedestrians on the left and say "On your left!" to make your presence known. • Always use bicycle hand signals to alert traffic of your changing direction.

Cautious of Other

• Do not consume alcohol or take drugs prior to or during your snowmobile trip. Doing so increases your chances of injury or death.. Slow down and don't cut to the inside of the trail corners. It's dangerous and illegal. • If you snowmobile at night, don't override your lights. • Always use the buddy system. Never ride off alone. • Drowning is one of the causes of many snowmobile fatalities. Whenever possible, avoid the ice. • Wear sensible, protective clothing designed for operating a snowmobile. • Use a full size helmet, goggles, or visor to prevent injuries from twigs, stones, ice chips and other debris. • Avoid wearing long scarves. They may get caught in moving parts of the snowmobile. • Know the terrain you are going to ride. If unfamiliar to you, ask someone who has traveled over it before. • Know the weather forecast, especially the ice and snow conditions. • Be sure your snowmobile is in top-notch mechanical condition throughout the months of use. • Familiarize yourself with the snowmobile you are driving. Thoroughly read the manual that accompanies the snowmobile. • Do not pursue domestic or wild animals. That is not the conduct of a sportsman. Report such violations to the nearest law enforcement officer.

JIUU

Down!

Snowmobiling

is fun. Going to the

Recreational Safety

Bicycle Hand Signals





5

ONE

WAY

00.00

Snowmobile Hand Signals Slowing

Communication is an essential part of safe riding. Hand signals are a practical way to communicate between other riders and traffic.

Be sure to give easy to see and clear hand signals when snowmobiling. Hand signals should never be subtle, but always deliberate.





Left Turn

Ap













YIELD

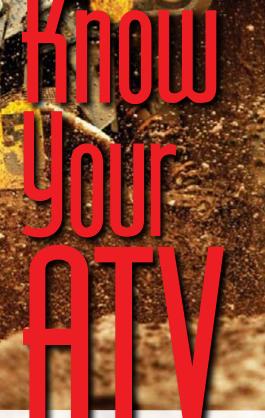


STEEP

ATV SAFETY

Read the owner's manua

and know your vehicle thoroughly. Check your vehicle before you ride. • Wear protective equipment and clothing. • Don't lend your vehicle to unskilled riders. • Supervise young or inexperienced riders. • Never carry a passenger on vehicles meant for one rider. • Do not operate under the influence of drugs or alcohol. • Drive at speeds that are appropriate to trail conditions. • Stay to the right on trails. Stay away from thin ice, open water and wetlands • Know the weather forecast. • Make sure headlights and taillights work properly. • Maintain safe distances between other riders. • Reduce your speed when riding at night. • Yield to other motor vehicles and trail users. • Young or beginning riders are encouraged to take a safety training course.



CBT-BIT

$w_{ ext{inter Safety:}}$



The winter can be tough on everyone. During these months you find yourself dealing with cold temperatures, ice, and snow. Here are a few ways to make your winter safer and more enjoyable.

Prevent Slips and Falls on Ice

- Wear cleats on your boots or shoes while outdoors.
- Take your boots or shoes off when indoors. They may have snow or ice on the bottom making them slick on smooth surfaces.
- Salt and sand driveway and sidewalks or have someone do it for you.
- Step down when getting out of a car or off a curb instead of stepping out.

Keeping Warm

Before going outside in the winter time you need to prepare yourself to prevent things like hypothermia or frostbite. Warning signs of hypothermia include, lots of shivering cold skin that is pale or ashy, feeling very tired, confused and sleepy, feeling weak, problems walking, slowed breathing or heart rate. Warning signs of frostbite include, skin that's white or ashy (for darker skin) or grayish-yellow (for lighter skin), skin that feels hard or waxy, and numbness. Dress in Layers when going outside. For the best results, wear polypropylene or another man-made fabric next to the skin, a knit middle layer, and a man-made outer layer. Never stay in the cold if you have wet or damp clothing, it cools the body more quickly. Depending on the temperature or wind chill you may want to cover all exposed skin to reduce the risk of hypothermia or frostbite.

Carbon Monoxide Poisoning and Fires

During the winter months the risks of carbon monoxide poisoning and fires is much greater due to the different heating methods used to stay warm. While trying to stay warm we are heating our houses with fire places, furnaces, electric heaters, and boilers. When one of these heating methods fail or stop working properly there are potential safety hazards.

- Make sure carbon monoxide detector and fire alarms are working properly.
- Have fireplace and chimney cleaned or furnace and boiler inspected.
- Make sure electric heaters are working properly and not to close to anything flammable.
- Keep a fire extinguisher easily accessible in the areas of your home that have a potential fire hazard.
- Never try heating your home with with things that are not made for it like, a stove, oven, or grill.

Winter Driving

- Don't drive in bad weather unless you have to. If you do have to drive, do everything slowly.
- Never use cruise control on snowy, icy, or wet surfaces.
- Increase your following distance to allow 8 to 10 seconds of space instead of the 3 to 4 seconds needed on dry pavement.
- Have a phone on you and let someone know your plans.
- Check your car or get it inspected to make sure things like the tires, antifreeze, window wipers, window washer fluid, oil, battery, and other components are up to date and working properly.
- Stock your car with emergency supplies like a first aid kit, extra warm clothes or blankets, jumper cables, shovel, window scraper, a warning device like a flare or caution lights and a material like kitty litter or sand in case your stuck on ice.
- Keep your gas tank close to full in case you end up stuck or stranded and to prevent gas line freeze.
- Clear off the entire car for increased visibility.
- Never warm up your vehicle in an enclosed area like a garage.

Shoveling Tips

- If you experience any pain shoveling, stop immediately.
- Do not shovel after eating or while smoking.
- While using a shovel, make sure your hands are at least 12 inches apart. This will increase your leverage and reduce the strain on your body.
- Warm up your muscles before you start shoveling. Cold, tight muscles are more likely to sprain or strain.
- Take extra caution when shoveling wet heavy snow.
- Push the snow rather than lifting it when possible. If you do have to lift it, use a small shovel or only partially fill the shovel and lift with your legs, not your back.
- Do not work to the point of exhaustion

Snow Blower Tips

- If the blower jams, turn it off.
- Keep your hands away from moving parts.
- Never operate a snow blower under the influence of alcohol.
- Beware of carbon monoxide poisoning running a snow blower in tight or enclosed spaces.
- Never refuel your snow blower while its running.

7ISHING SEASONS

Bowfishing - 2015 season 04/25/15 - 02/28/16

Bowfishing - 2016 early season - south of Hwy 210 only on lakes and on Minnesota, Mississippi or St. Croix rivers, from boats only. 02/29/16 - 04/29/16

Bowfishing - 2016 season 04/30/16 - 02/26/17

Smallmouth Bass - 2016 Season -South and West of U.S. Hwy 53 from Duluth to International Falls except Pelican and Ash lakes in St. Louis County 05/28/16 - 09/11/16

Smallmouth and Largemouth Bass - 2015 season -North and East of U.S. Hwy 53 from Duluth to International Falls and Pelican and Ash lakes in St. Louis County 05/09/15 - 02/28/16

Smallmouth and Largemouth Bass - 2016 season -North and East of U.S. Hwy 53 from Duluth to International Falls and Pelican and Ash lakes in St. Louis County 05/14/16 - 02/26/17

Smallmouth and Largemouth Bass - 2016 early Catch and Release season Only -South and West of U.S. Hwy 53 from Duluth to International Falls except Pelican and Ash lakes in St. Louis County 05/14/16 - 05/27/16

Largemouth Bass - 2015 season -South and West of US Hwy 53 from Duluth to International Falls except Pelican and Ash Lakes in St. Louis County 05/23/15 - 02/28/16

Largemouth Bass - 2016 season -South and West of US Hwy 53 from Duluth to International Falls except Pelican and Ash Lakes in St. Louis County 05/28/16 - 02/26/17

Smallmouth Bass - 2015 Catch and Release season only (statewide) 09/14/15 - 02/28/16 Smallmouth Bass - 2016 Catch and Release season only (statewide) 09/12/16 - 02/26/17

Stream Trout (Winter) SE - 2016 season Catch and Release season only 01/01/16 - 04/15/16

Stream Trout (Fall) SE - 2016 season Catch and Release season only 09/15/16 - 10/15/16

Stream Trout in streams SE - 2016 season 04/16/16 - 09/14/16

Stream Trout in streams, except SE - 2016 season 04/16/16 - 09/30/16

Lake and Stream Trout - Winter (entirely within the BWCA)-2016 season 01/01/16 - 03/31/16

Lake and Stream Trout - Winter (outside or partly outside the BWCA) - 2016 season 01/16/16 - 03/31/16

Lake Trout (summer) - 2016 season 05/14/16 - 09/30/16

Take-a-Mom fishing weekend 05/07/16 - 05/08/15

Walleye, sauger, northern pike - 2015 season 05/09/15 - 02/28/16

Walleye, sauger, northern pike - 2016 season 05/14/16 - 02/26/17

Take-a-Kid fishing weekend 06/03/16 - 06/05/16

Muskellunge (Muskie) - 2016 season 06/04/16 - 12/01/16 Ice houses must be off the ice each night unless attended south of Hwy 10, Hwy 34, Hwy 200 and Hwy 2 03/07/16

Ice houses must be off the ice each night unless attended north of Hwy 10, Hwy 34, Hwy 200 and Hwy 2 03/21/16

Dark House Spearing-2015 season 11/15/15 - 02/28/16

Dark House Spearing-2016 season 11/15/16 - 02/26/17 Sucker Spearing - 2015 season 04/25/15 - 02/28/16 Sucker Spearing - 2016 season 04/30/16 - 02/26/17

Bullhead, Redhorse, other rough fish Spearing -2015 season 04/25/15 - 02/14/16

Bullhead, Redhorse, other rough fish Spearing -2016 season 04/30/16 - 02/19/17

*Contact the MN DNR for specific zone information by calling: 1 (888) 646-6367 or go to www.dnr.state.mn.us

BACKUS



 Slaughtering & Processing Farm Animals & Wild Game Retail Meats & Meat Bundles Home Cured & Smoked Turkeys • Bacons Lunchmonto & Inrking & Snack Sticks - Brate

Lunchmeats • Jerkies • Snack Sticks - Brats



After Hours: 218-947-4960 or 218-820-3702 Hours: Mon. - Sat. 8:00 a.m. - 5:00 p.m.

*P***NR LICENSE CENTERS**

You can purchase hunting and fishing licenses, cross-country ski passes and snowmobile trail stickers through the Electronic License System. Online <u>www.dnr.state.mn.us</u>, Toll Free: 1 (888) 646-6367 Or visit one of the ELS agents available throughout the area:

BACKUS BACKUS CORNER STORE 402 Wren Trl. NW | Backus | (218) 947-4115

BACKUS LOCKER, LLC 111 Front St. N | Backus | (218) 947-4220

GODFREY'S INC. 964 Hwy. 371 NW | Backus | (218) 947-4131

BENA BECKERS RESORT 17048 Wild Rice Dr. | Bena | (218) 665-2268

CHERNEY'S RESORT 13887 Six Mile Lake Rd. NE | Bena | (218) 665-2271

FOUR SEASONS RESORT 952 River Dr. NW | Bena | (218) 665-2231

IOWANA BEACH RESORT 14877 Iowana Beach Rd. NW | Bena | (877) 665-2311

MCARDLES RESORT 1014 Winnie Rd. NW | Bena | (218) 665-2212

NODAK LODGE 15080 Nodak Dr. NE | Bena | (218) 665-2226

CASS LAKE BIRCH RIDGE RESORT 12797 North Shore Ln. NW | Cass Lake | (218) 654-3721

BREAK ON THE LAKE RESORT 18342 Windongo Dr. SE | Cass Lake | (218) 335-2422

CASS LAKE CONTD. CITY OF CASS LAKE 330 2nd St. NW | Cass Lake | (218) 335-2238

FROGGY'S SPORTS, INC. 615 3rd St. SW | Cass Lake | (218) 335-6800

HORSESHOE RESORT 20528 Williams Rd. SE | Cass Lake | (218) 335-8875

PALACE JUNCTION C STORE 6864 Hwy. 2 NW | Cass Lake | (218) 335-2655

STONY POINT RESORT 5510 Hwy. 2 NW | Cass Lake | (218) 335-6311

FEDERAL DAM SUGAR POINT RESORT 10125 Sugar Point Dr. NW | Federal Dam | (218) 654-3150

HACKENSACK SOUTHSIDE SELF SERVICE 329 Hwy. 371 S | Hackensack | (218) 675-6834

SWANSON'S BAIT & TACKLE 333 1st St. N | Hackensack | (218) 675-6176

WOMAN LAKE LODGE 914 Co. Rd. 5 NW | Hackensack | (218) 682-2426

LONGVILLE CHIPPEWA LODGE LEECH LAKE 7349 Chippewa Dr. NW| Longville | (218) 836-2437 LONGVILLE CONTD. LONGVILLE BAIT CO. 1443 County Rd. 5 | Longville | (218) 363-2031

MULE LAKE STORE 3062 Hwy. 84 N | Longville | (218) 682-2549

THE ONE STOP INC. 5006 Hwy. 84 | Longville | (218) 363-2252

PIKEDALE LODGE 7995 Partridge Point Dr. NE | Longville | (218) 836-2232

OUTING LAND-O-LAKES MARINE 6424 Co. Rd. 58 | Outing | (218) 792-5198

OUTING STATION 410 Hwy. 6 | Outing | (218) 792-5332

PILLAGER BEIMERT OUTDOORS INC. 3385 Hwy. 210 SW | Pillager | (218) 746-4018

PETRO PLUS #106 746 Pillsbury St. N - Ste. #2 | Pillager | (218) 746-3306

PILLSBURY JUNCTION 110 Hwy. 210 E | Pillager | (218) 746-3362

PINE RIVER GARDINER'S HARDWARE INC. 203 Barclay Ave. | Pine River | (218) 587-2585

HOLIDAY STATIONSTORE #164 300 Front St. | Pine River | (218) 587-2821

THE LONG PINE STORE 1239 Hwy. 84 | Pine River | (218) 947-4063 PINE RIVER, CONTD. STATION 371, INC. 112 Front St. S | Pine River | (218) 587-4700

REMER REMER JUNCTION 6790 Hwy. 200 NE | Remer | (218) 566-2390

REMER TRADING POST 2 Park Ave. | Remer | (218) 566-2338

TIMBER TRAILS RESORT3014 S Boy Lake Dr. NE | Remer | (218) 566-2376

WALKER BAYSIDE RESORT 8039 Onigum Rd. NW | Walker | (218) 547-1350

BIG ROCK RESORT CCIC 7860 Hawthorn Trl. NW | Walker | (218) 547-1066

HIAWATHA BEACH RESORT & HOUSEBOATS 10904 Steamboat Loop | Walker | (218) 547-1510

HOLIDAY STATIONSTORE #191 712 Minnesota Ave. | Walker | (218) 547-3009

HUDDLES RESORT 1696 Whipolt Beach Rd. | Walker | (218) 836-2420

ORTON'S WALKER AMOCO 312 Minnesota Ave. | Walker | (218) 547-2535

ORTON'S Y-MART 6854 Y Frontage Rd. NW | Walker | (218) 547-1334

REEDS SPORTING GOODS 522 Minnesota Ave. NW | Walker | (218) 547-1505

RED WING LODGE 7958 Hawthorn Trl. NW | Walker | (218) 547-1271

Youth Waterfowl Day-Tentative 09/10/16

Waterfowl season opener-Tentative 09/24/16

Sandhill Crane season-NW zone-Tentative 09/10/16 - 10/16/16

Ruffed and Spruce Grouse, Hungarian Partridge season 09/17/16 - 01/01/17

Sharptailed Grouse season 09/17/16 - 11/30/16

Woodcock season 09/24/16 - 11/07/16

Prairie Chicken Hunt Lottery Deadline 08/19/16

Prairie Chicken season 09/24/16 - 10/02/16

Take-a-Kid Hunting weekend 09/24/16 - 09/25/16

Antlerless Deer and Special Hunt Lottery Deadline 09/08/16

Deer Hunt - Special Youth Deer season 10/20/16 - 10/23/16

Deer Hunt - Archery season 09/17/16 - 12/31/16

Deer Hunt - Firearm season - 1A 11/05/16 - 11/20/16

Deer Hunt - Firearm season - 2A and 3A 11/05/16 - 11/13/16

Deer Hunt - Firearm season - 3B 11/19/16 - 11/27/16 Deer Hunt - Muzzleloader season 11/26/16 - 12/11/16

Fisher and Pine Marten-north of I-94 and US Hwy 10 only 11/26/16 - 11/30/16

Bobcat - Hunting & Trapping-north of I-94 and US Hwy 10 only 11/26/16 - 01/08/17

Furbearer Trapping - Beaver - north zone 10/24/15 - 05/15/16

Furbearer Trapping - Beaver - north zone 10/29/16 - 05/15/16

Furbearer Trapping - Beaver - south zone 10/31/15 - 05/15/16

Furbearer Trapping - Beaver - south zone 10/29/16 - 05/15/17

Furbearer Trapping - Mink and Muskrat - north zone 10/24/15 - 02/29/16

Furbearer Trapping - Mink and Muskrat - north zone 10/29/16 - 02/28/17

Furbearer Trapping - Mink and Muskrat-south zone 10/31/15 - 02/29/16

Furbearer Trapping - Mink and Muskrat-south zone 10/29/16 - 02/28/17

Furbearer Trapping - Otter - north zone 10/29/16 - 01/08/17

Furbearer Trapping - Otter - south zone 10/29/16 - 01/08/17

HUNTING SEASONS

For general information on firearm safety training call: 1 (888) 646-6367 or (651) 296-6157. Contact the MN DNR for specific zone areas/dates: Online: www.dnr.state.mn.us, Toll Free: 1 (888) 665-4236. You can purchase hunting and fishing licenses by phone: 1 (888) 665-4236.

Small Game - Rabbits, Squirrels season 09/19/15 - 02/29/16

Small Game - Rabbits, Squirrels season 09/17/16 - 02/28/17

Raccoon, Red Fox, Gray Fox, Badger, Opossum (South) Hunting & Trapping 10/24/15 - 03/15/16

Raccoon, Red Fox, Gray Fox, Badger, Opossum (South) Hunting & Trapping 10/22/16 - 03/15/17

Raccoon, Red Fox, Gray Fox, Badger, Opossum (North) Hunting & Trapping 10/17/15 - 03/15/16

Raccoon, Red Fox, Gray Fox, Badger, Opossum (North) Hunting & Trapping 10/15/16 - 03/15/17

Crow Hunting (1st season) 01/01/16 - 01/15/16

Crow Hunting (2nd season) 03/01/16 - 03/31/16

Crow Hunting (3rd season) 09/01/16 - 10/31/16

Crow Hunting (4th season) 12/15/16 - 12/31/16

Spring Turkey Hunt Lottery Deadline 01/22/16

Spring Turkey "A" season 04/13/16 - 04/19/16

Spring Turkey "B" season 04/20/16 - 04/26/16 Spring Turkey "C" season 04/27/16 - 05/03/16

Spring Turkey "D" season 05/04/16 - 05/10/16

Spring Turkey "E" season 05/11/16 - 05/17/16

Spring Turkey "F" season 05/18/16 - 05/31/16

Fall Turkey season 10/01/16 - 10/30/16

Bear Hunt Lottery Deadline 05/06/16

Bear Baiting start date 08/12/16

Bear season 09/01/16 - 10/15/16

Elk Hunt Lottery Deadline 06/17/16

Statewide Wild Rice Harvesting 08/15/16 - 09/30/16

Snipe and Rail Hunting season 09/01/16 - 11/07/16

Mourning Dove season 09/01/16 - 11/09/16

Early Canada Goose season 09/03/16 - 09/22/16

Pheasant season 10/15/16 - 01/01/17

SAFETY TIPS

PARENTS:

• Teach your kids that an emergency is when you need help from a doctor, a police officer or a firefighter.

- Designate a safe place by your house that a child can go to if they need help right away.
- Have your kids memorize your address and phone numbers. They should also know your full name and where you work.

KIDS: FIRE SAFETY

• If you or someone else is on fire - remember to STOP, DROP and ROLL. Wrap a blanket on the person to help put out the fire.

• If there is a fire, leave the house as fast as you can! Crawl on the floor to avoid smoke and if the door is hot, don't open it - find another way out.

• Learn all the fire exits in your house. Assign a safe place outside for everyone to meet in case of a fire emergency.

HOME ALONE

• Never tell anyone that you are home alone.

• If someone calls and asks for your mom and dad, tell them "They cannot come to the phone right now, can you please call back later?"

 Do not answer the door, unless it is someone that you know your parents have okay'd them to come over.



FIRST AID FOR INSECT BITES/ANAPHYLAXIS & POISON SAFETY INSECT BITES/ANAPHYLAXIS

Anaphylaxis is a severe allergic reaction from insect bites (latex, food and drug allergies can also cause Anaphylaxis). Typical symptoms include hives, the swelling of lips or eyes, swollen throat, drop in blood pressure, light headedness, confusion, nausea or diarrhea. If someone is having an allergic reaction from an insect bite with these symptoms:

POISON PREVENTION

Teach your children about pois<mark>on and how it ca</mark>n look like a food or drink. They should always ask an adult bef<mark>ore eating or drin</mark>king anything. Have them learn

the poison control phone number: 1-800-222-1222 and keep it programmed or posted near all your phones. Here are some prevention tips.

Lock up your poisons and medications. Keep them out of the reach of children, lock them up if possible. Make sure your children understand that medicine is not candy.

Follow directions carefully. Read your labels. Be sure to use and store all poisons and medications properly according to recommendations.

Кеер

your pets safe from household chemicals, too. Don't allow pets near areas that have just been cleaned with chemicals, such as freshly mopped floors or bleached bathtubs and sinks. Clean up any antifreeze/coolant spills. Pets like the flavor but they can die if they ingest it. Store poisonous foods or plants in areas that your pets cannot access. Call your local emergency veterinary hospital if you believe your pet has been poisoned.

SAFETY TIPS

FIRST AID FOR BURNS & CHOKING

BURNS

For minor 1st and 2nd degree burns smaller than 3" in diameter: Cool the Burn. Run cool water over the burned area for 5 minutes, or until the pain diminishes. Never put ice on a burn!

Bandage the burn with sterile gauze:

It is important to use loosely wrapped gauze. This will avoid pressure and the bandage protects blisters. NEVER put lotions, vaseline, ointments or butter on burn. Do not break any blisters, which can cause infection.

Take Aspirin, Ibuprofen, Naproxen or Acetaminophen to relieve pain:

Minor burns usually heal with these basic treatments. Be aware for signs of infection which may include: increased pain, redness, fever, swelling or oozing. If symptoms develop, seek medical help. Avoid tanning the burned area for at least a year. Protect the area with sunscreen outdoors. Avoid giving aspirin to children.

For 3rd degree burns/all major burns - DIAL 911 DO NOT run cold water over large severe burns - this can cause shock. DO NOT remove burnt clothing. Check for signs of breathing/coughing/movement. If there are no signs of breathing begin CPR. Elevate burned areas above heart level, if possible. Cover the burn(s) with cool, sterile, moist bandages, towels or cloth.

CHOKING

Most people clutch at their throats when choking, an obvious symbol for help. However, if a person isn't giving that signal, be alert for these indications. Inability to talk, difficulty breathing or noisy breathing, inability to cough forcefully, skin/lips/nails turning blue, loss of consciousness.

The Red Cross recommends a "five-and-five" method for first aid: First give five blows between the person's shoulders with the heel of your hand. Second, perform the Heimlich maneuver

(abdominal thrusts) five times. Alternate between five back blows and five abdominal thrusts until the blockage is dislodged.

IN AN EMERGENCY, DIAL 911

Shop • Dine • Play • Stay









LOCALLY

...and support the community **you live in!**

he community