

FREE LOCAL AREA GUIDE

Attractions & Events • Park & Rec. Info
Area History • Hunting & Fishing Seasons...

Cass County, MN

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Cass County

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LOCAL AREA EVENTS

JANUARY

Annual Winter Rendezvous | Hackensack
Back to Hack | Hackensack
Wildfire on Ice | Walker
LLTC Spring 2025 classes start January 13th | Cass Lake

FEBRUARY

Frostfest | Leech Lake
Ice Bocce Tournament | Longville
Ice Golf Tournament | Longville
North Country Buyers Show | Leech Lake
Valentine Candlelight Ski | Walker

MARCH

Kid's Perch Jerk | Cass Lake
Leech Lake Tribal College Funding Our Future Leaders
Fundraiser | Cass Lake

APRIL

Miss Pine River Scholarship Pageant
Pine River Community Easter Egg Hunt
Spring Job Fair | Leech Lake

MAY

Annual Leech Lake Spiritual Run
Cass Lake Memorial Pow Wow
Leech Lake Memorial Pow Wow
Memorial Day Program | Pine River
Memorial Day Service | Walker
Take Your Mother Fishing Weekend | Cass County
Annual Backus Firefighters' Smelt & Fish Fry | Backus
International Pike Tournament | Gull Lake
Fireman's Pancake Breakfast | Remer
North Central Bass Singles | Gull Lake

JUNE

Annual Camp Fishing Classic | Gull Lake
Cass County Fair | Pine River
Leech Lake Days
Pine River Summerfest
S. Lake Pow Wow | Leech Lake
Take A Kid Fishing Weekend | Cass County
Turtle Races (June-Aug.) | Longville
Walleye Tournament | Leech Lake
Ziigwan Water Raft Ceremony | Leech Lake
Annual ABC Sale-Immanuel Lutheran Church | Walker
Spring Bike Fling | Walker
Annual Memorial Day Walk-Run | Leech Lake
Leech Lake Tribal College 2SLGBTQIA+ Pride Event |
Cass Lake
Annual Leech Lake Tribal College Golf Classic |
Cass Lake
Annual Mental Health Awareness Walk | Cass Lake

JULY

Summer Fest | Pine River
Hackensack 4th of July Fireworks
Independence Day Community Celebration | Walker
Longville Independence Day
Miigwech Mahnomen Pow Wow | Leech Lake
Moondance Rock Event | Walker
Sweetheart Days | Hackensack
Moondance Annual Softball Tournament | Walker
Women on Winnie (July-Aug) | Winnibigoshish Lake
ChaChaBahNing Pow Wow | Leech Lake
Champions Tour | Gull Lake

AUGUST

Annual Art by the Lake Show & Sell (June-Aug.) |
Walker
Backus Corn Fest
Duck Races | Pine River
Leech Lake Regatta
Professional Muskie Tournament Trail | Leech Lake
Walker Bay Day
Lakes Bluegrass Festival | Pine River
Remer Annual Harvest Festival
Walker North Country Marathon
LLTC Fall 2024 classes start August 26th | Cass Lake
Crazy Days | Walker
Crazy Days Sidewalk Sale | Walker
Picklefest | Pine River
Muskie's Inc. International Tourn. | Leech Lake

SEPTEMBER

Battle Point Annual Pow Wow | Federal Dam
Carpenter's North Star Classic | Leech Lake
Ethnic Fest | Walker
Hackensack Chainsaw Event
Moondance Harvest Moon Festival | Walker
Oktoberfest | Longville
Bemidji-Cass Muskies Inc Tourney | Cass Lake

OCTOBER

Fishing to End Hunger Tournament | Gull Lake
Go Pine River Dinner
Treats for Tots | Cass Lake
Leech Lake Tribal College Halloween Carnival |
Cass Lake

NOVEMBER

Festival of Lights | Walker
Turkey Bingo | Remer
Leech Lake Tribal College Give to the Max Day
Fundraiser | Cass Lake
Leech Lake Tribal College Fundraiser

DECEMBER

Pine River American Legion Arts & Craft Sale

**Events are subject to change*



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Attorney	547-7255
Auditor & Treasurer	547-7260
Court Administration	888-5150
Environmental Services	547-7241
Health, Human & Veteran Services	547-1340
Highway Department	547-1211
Land	947-3338
Natural Resource Conservation Service	547-7254
Probation	547-7212
Recorder	547-7381
Senior Transportation	947-7530
Sheriff	547-1424
Soil & Water Conservation	547-7399
U of M Extension	587-8280

Autumn Foliage

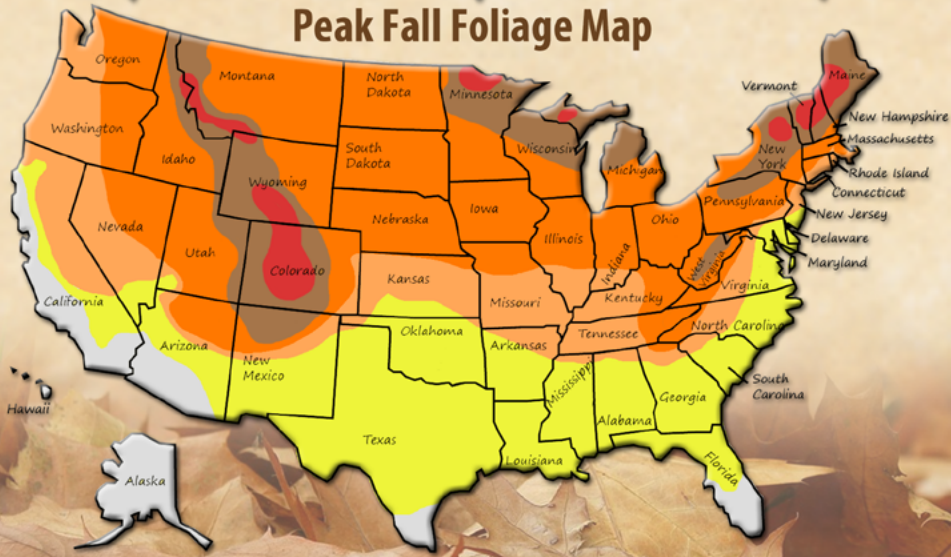


In the spring and summer tree leaves are green, producing nutrients for the tree. The green color comes from cells in the leaves containing chlorophyll. Chlorophyll absorbs sunlight for energy to transform carbon dioxide and water into carbohydrates.

In the fall, shortening days and cooling temperatures makes the leaves stop producing nutrients. The chlorophyll starts to break down and the green color disappears. The different colors of each tree and tree type are due to the mixing of varying amounts of the chlorophyll residue and other pigments in the leaf during the fall season.



Peak Fall Foliage Map



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Cass County was established in 1851 and named in honor of Lewis Cass, a territorial governor, senator, secretary of state and secretary of war. Originally home to Indians, Cass County was settled by fur traders, explorers and missionaries. As a trail from Fort Ripley to Leech Lake was constructed, an influx of settlers arrived to take part in the lumber industry. Lumber camps were established and communities were platted. In 1895 the Northern Minnesota Logging Company built the railroad and tourism was introduced. Walker was voted as the county seat and the area continued to grow. Today Cass County is home to approximately 28,732 residents.

BACKUS – pop. 297

BENA – pop. 100

BOY RIVER – pop. 35

CASS LAKE – pop. 828

CHICKAMAW BEACH – pop. 145

EAST GULL LAKE – pop. 1,027

FEDERAL DAM – pop. 93

HACKENSACK – pop. 283

LAKE SHORE – pop. 1,068

LONGVILLE – pop. 178

MOTLEY – pop. 639

PILLAGER – pop. 492

PINE RIVER – pop. 877

REMER – pop. 357

WALKER (COUNTY SEAT) – pop. 1,289

**Populations are approximate.*

BACKUS

Backus was named after lumberman Edward Wellington Backus. Backus established sawmills and lumber camps, creating a need for a settlement in 1890. The community was incorporated in 1902 and the area continued to grow. Today Backus is home to approximately 297 residents.

BENA

Bena's name was derived from the Ojibway word for partridge and grew as a railway village in the 1880s. Located on the Leech Lake Reservation, a post office was established in 1898 with Ernest Fleming serving as first postmaster. Today Bena is home to approximately 100 residents.

BOY RIVER

Boy River grew as a community in the 1880s. By 1910 a post office, railway station, general stores and hotels were established. In 1922 Boy River was incorporated as a village and the community continued to grow. Today Boy River is home to approximately 35 residents.

CASS LAKE

Cass Lake was named in honor of General Lewis Cass and was established in 1898. Populations increased with the arrival of railroads to the area. Once known as Tuller, the community was a popular tourist destination with over ten hotels by 1920. The lumber industry helped make the community become very prosperous and it was one of the largest lumber producers in the county. Cass Lake is the headquarters of the Consolidated Chippewa Indian Agency which governs seven reservations. Today Cass Lake is home to approximately 828 residents.

FEDERAL DAM

Located in Gould Township, Federal Dam grew as the United States constructed a reservoir dam on Leech Lake River. A post office was established in 1910 and the community was incorporated as a village in 1911. Today Federal Dam is home to approximately 93 residents.

HACKENSACK

Named after a city in New Jersey, Hackensack was established in 1888. It was incorporated as a village in 1903 and continued to grow as the railroad arrived. It is the site of legendary Paul Bunyan's girlfriend, Lucette Diana Kensack. Today Hackensack is home to approximately 283 residents.

LAKE SHORE

Lake Shore grew as the railroad arrived in 1904. Incorporated in 1947, it has since become a popular tourist destination. Today Lake Shore is home to approximately 1,068 residents.

LONGVILLE

Located in Kego Township, Longville grew as the railroad arrived. A post office was established in 1904 and the community was incorporated as a village in 1941. Today Longville is home to approximately 178 residents.

MOTLEY

Motley was named after the railroad station established by the Northern Pacific Railroad Company in 1874. The community was platted in 1870 and a post office was built in 1873. Officially organized in 1885, Motley was incorporated as a village in 1905 and the community continued to grow. Today Motley is home to approximately 639 residents.

PILLAGER

Located in Sylvan Township, Pillager was first settled as a railway stop in 1886. A post office, hotel, general store and a blacksmith shop were established by 1900 and Pillager was incorporated as a village. Its name is derived from the Ojibwa of the Leech Lake Reservation. Today Pillager is home to approximately 492 residents.

PINE RIVER

Pine River began as a trading center for agricultural and lumber products. A post office was built in 1877 with George A. Barclay serving as the area's first postmaster. Pine River was incorporated in 1901 and housed a grain elevator, creamery and a pickle factory. Today Pine River is home to approximately 877 residents.

REMER

Remer was named in honor of the brothers E.N. and William P. Remer, as William established a post office in 1904. The community began as a railway village and a sawmill and general stores were built. Incorporated in 1912, Remer is located in the Chippewa National Forest which houses the most bald eagles in the continental United States. Today Remer is home to approximately 357 residents.

WALKER (COUNTY SEAT)

Walker is named after Thomas Barlow Walker, a prominent lumberman who arrived to the area in 1868. Walker established a settlement and the community was incorporated in 1896. As the railroad arrived in 1899, Walker continued to grow as a resort community. It was selected as the county seat and is located in the legendary Paul Bunyan Playground. Today Walker is home to approximately 1,289 residents.



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GO GREEN

Reduce, Reuse, Recycle

reduce waste, reuse materials & recycle properly

Cut back on single-use plastics, conserve water, drive less

- Community/Home Gardens:** Really good at absorbing carbon dioxide. Cuts down on pesticides/fertilizers. Also benefits mental health and provides fresh food.
- Composting:** Decreases the amount of trash in landfills and reduces carbon emissions.
- Plant Trees:** Planting trees is a classic Earth Day activity.
- Local Food:** Buy local sustainable food.
- Clean-Up Events:** Organize or participate in local clean-up efforts.
- Upcycle Crafts:** Get creative by turning old items into new useful objects.



FIREWOOD

Burn it where you get it!



Invasive pests like the Emerald Ash Borer and Gypsy Moth have devastated millions of trees in the United States. Where these pests come from, the population stays in control because, they have natural predators. The United States dose not have these natural predators so the populations have the chance to grow to extreme numbers.



Emerald Ash Borer

Gypsy Moth Caterpillar

Preventing the Spread

- Buy local firewood.
- Burn all firewood completely at each destination.
- Move only Certified firewood out of a quarantine county or across state boundaries.
- Use firewood from nearby sources to heat your home or cabin.
- Tell your friends and family about the importance of not moving firewood.
- Don't move hardwood firewood out of a quarantine county, unless it is state or USDA certified.
- Don't move opened firewood bundles.
- Don't move firewood long distances to or from your lake home or cabin.

Invasive Pests are a Problem!

PORK Carnitas TACOS



Simple meal with a Gourmet Feel

INGREDIENTS

2 lbs pork shoulder, cut into 2-inch cubes
1 onion, diced
4 garlic cloves, minced
1 jalapeño pepper, seeded and minced
1 tbsp ground cumin
1 tbsp chili powder
1 tsp smoked paprika
1 tsp salt
1/2 tsp black pepper
1 orange, juiced
1 lime, juiced
1/4 cup cilantro, chopped
Corn tortillas
Toppings of your choice (such as chopped onions, diced tomatoes, sliced avocado, shredded lettuce, sour cream, and salsa)

INSTRUCTIONS

- 1 In a large pot or Dutch oven, heat some oil over medium-high heat. Add the pork and sear until browned on all sides.
- 2 Add the diced onion, minced garlic, and minced jalapeño pepper to the pot. Cook until the onion is softened and the garlic is fragrant, about 3-5 minutes.
- 3 Add the ground cumin, chili powder, smoked paprika, salt, and black pepper to the pot. Stir to coat the pork and vegetables with the spices.
- 4 Add the orange juice, lime juice, and enough water to cover the pork by about an inch. Bring to a boil, then reduce the heat to low and simmer, covered, for 2-3 hours or until the pork is very tender.
- 5 Remove the lid and continue to simmer until the liquid has reduced and the pork is browned and crispy on the outside.
- 6 Use two forks to shred the pork into bite-sized pieces. Stir in the chopped cilantro.
- 7 To serve, warm up the corn tortillas and place some of the pork carnitas on each tortilla. Add your desired toppings and serve immediately.

Enjoy your delicious pork carnitas tacos!

PREP: 20 MIN • TOTAL: 2+ HOURS



Send in your Favorite Recipe

For a chance to be published in our next guide!

info@lincolnmarketing.us



CHIPPEWA NATIONAL FOREST PARK

200 Ash Ave. NW | Deer River | (218) 335-8600
Originally known as the Minnesota National Forest, the Chippewa National Forest Park features a campground, wildlife habitat projects, timber harvesting, historical sites, visitor centers and hiking trails.

DEEP PORTAGE

2197 Nature Ctr. Dr. | Hackensack | (218) 682-2325
Deep Portage features overnight accommodations, a Resources Heritage Center, archery range, rifle and trap ranges, wildlife habitat projects and hiking trails.

FOOT HILLS STATE FOREST

MN-87 | Backus | (651) 296-6157
Foot Hills State Forest features dispersed camping areas, picnic shelter, hiking and OHV riding in the summer and cross-country skiing and snowmobiling in the winter.

HEARTLAND STATE TRAIL

Bemidji
The Heartland Trail features a picnic area and 27 miles of hiking, biking and ski trails.

LAKE COUNTRY SCENIC BYWAY

Cass Lake
The Lake Country Scenic Byway travels 88 miles from Walker, Detroit Lakes, Park Rapids, Itasca and the Northwoods.

PAUL BUNYAN STATE FOREST

21585 Co. Rd. 95 | Laporte | (651) 296-6157
Paul Bunyan State Forest features a campground, wildlife habitat projects, timber harvesting, visitor center and the Paul Bunyan State Recreational Trail.

SHINGOBBEE RECREATION

MN-34 | Walker | (218) 335-8600
Shingobee Recreation features a campground, picnic area and hiking, biking and ski trails.

Disc golf or frisbee golf is played a lot like traditional ball golf but instead of hitting a ball with a club into a hole the player throws a frisbee into a basket. Disc golf can be played by just about anyone at any age. It's also a cheap sport to get into. Specialized frisbees for disc golf cost around \$10-\$15 and a lot of courses are free. Playing disc golf is a great way to get out for some exercise, enjoy nature and have some fun.



Health Benefits of the Outdoors



Spending time in nature offers numerous benefits for physical, mental, and emotional well-being.

Stress Reduction: Nature has a calming effect on the mind and body, helping to reduce stress levels. The peaceful surroundings, fresh air, and natural beauty can lower cortisol levels, decrease heart rate, and promote relaxation.

Improved Mental Health: Being in nature is associated with improved mood and mental health. Studies have shown that spending time outdoors can reduce symptoms of anxiety, depression, and other mental health disorders. Nature provides a sense of tranquility and perspective, which can help alleviate negative thoughts and emotions.

Increased Physical Activity: Nature encourages physical activity, whether it's hiking, biking, walking, or simply exploring outdoor spaces. Engaging in outdoor activities promotes exercise, which is essential for maintaining physical health and fitness. Additionally, being in nature often involves exposure to sunlight, which helps the body produce vitamin D and supports overall well-being.

Enhanced Creativity & Cognitive Function: Nature stimulates creativity and cognitive function. Research suggests that spending time in natural environments can improve problem-solving skills, boost creativity, and enhance concentration and focus. Nature provides a rich sensory experience that activates different parts of the brain, fostering cognitive development and innovation.

Connection with the Environment: Spending time in nature fosters a deeper connection with the environment and promotes environmental stewardship. When people experience the beauty and wonder of nature firsthand, they are more likely to develop a sense of appreciation and respect for the natural world. This connection can lead to greater awareness of environmental issues and a desire to protect and preserve natural habitats for future generations.

Overall, being in nature offers a multitude of benefits for both physical and mental well-being, making it essential for maintaining a healthy and balanced lifestyle.

AREA ATTRACTIONS

ART & ANTIQUE MALL OF WALKER

406 Minnesota Ave. W | Walker | (218) 547-4781

BLUEBERRY BOWL

44919 Golf Course Rd. | Deer River | (218) 246-8048

CASS COUNTY MUSEUM & HISTORICAL SOCIETY

205 Minnesota Ave. | Walker | (218) 547-7251

CASS LAKE MUSEUM

325 Lyle Chisholm Dr. | Cass Lake | (218) 335-6723

CEDAR LAKES CASINO & HOTEL

6268 Upper Cass Frontage Rd. NW | Cass Lake
(844) 554-2646

COMMUNITY BOWL & PIZZERIA

330 Barclay Ave. | Pine River | (218) 587-3100

DEEP PORTAGE LEARNING CENTER

2197 Nature Center Dr. NW | Hackensack
(218) 682-2325

FORESTEDGE WINERY

35295 State Hwy. 64 | Laporte | (218) 224-3535

HIAWATHA BEACH RESORT

10904 Steamboat Loop | Walker | (218) 547-1510

LEECH LAKE DAM RECREATION AREA

1217 Federal Dam Dr. NE | Federal Dam |
(218) 654-3145

LONG BOW GOLF CLUB

6516 Long Bow Trail NW | Walker | (218) 547-4121

NORTHERN LIGHTS CASINO

6800 Y Frontage Rd. | Walker | (844) 554-2646

PINE RIVER RIDING STABLE

2301 SW 40th St. | Pine River | (218) 587-5807

SHADY SHORES RESORT

40012 Co. Rd. 19 | Deer River | (218) 246-8665

SPIDER LAKE ATV/ORV/ORM TRAILS

24th St. SW | Pine River | (218) 303-2367

SUGAR POINT BATTLE HISTORICAL MARKER

MN-200 | Walker

SUNSET CINEMA

33040 Aspenwood Dr. | Pequot Lakes | (218) 568-4341

THE BAILEY HOUSE

114 Washburn Ave. | Backus | (218) 839-2514

THE BIG FISH SUPPER CLUB AND RESORT

456 US-2 | Bena | (218) 665-2299

TIANNA COUNTRY CLUB

7470 MN-34 | Walker | (218) 547-1712

WALKER BAY THEATER

609 Minnesota Ave. W | Walker | (218) 547-4044

WALKER CITY PARK

Railroad Ave. W | Walker | (218) 547-5503

WILDWEDGE GOLF, MINI GOLF & MAZE

32792 Paul Bunyan Trail Drive | Pequot Lakes
(218) 568-6995

WHITE OAK CASINO

45830 US Hwy. 2 | Deer River | (218) 246-9600

SINGLETRACK MOUNTAIN BIKING



HAVE FUN & BE RESPECTFUL:

Singletrack mountain biking is an exciting and rewarding activity.

Remember to enjoy the ride, take in the scenery, and respect nature. Stay positive, be patient with yourself as you learn and improve, and have fun exploring new trails and pushing your limits. **EXPERIENCE:** Singletrack trails are often more challenging than regular trails. It's important to have some experience and proficiency on your bike. **TRAIL DIFFICULTY RATING:** Singletrack trails are often graded on their difficulty level, usually using a color-coded system. Start with trails that match your skill level.

TRAIL ETIQUETTE: Respect other trail users, yield to uphill riders, and follow any posted signs or guidelines. Don't litter and stay on designated trails. **PROTECTIVE GEAR:** Wear appropriate gear, most important a helmet. Other helpful choices are gloves, knee and elbow pads, and sturdy shoes. **BIKE MAINTENANCE:** Check tire pressure, brakes, gears, and suspension. Carry essential tools, such as a multi-tool, spare tube, and a pump, to handle any minor repairs or adjustments on the trail. **HYDRATION & NUTRITION:**

Singletrack mountain biking can be physically demanding. Carry enough water and pack some energy-rich snacks. **RIDE WITH A BUDDY:** It can make the experience more enjoyable, but it also enhances safety in case of any issues. **TRAIL RESEARCH:** Look for trail maps, reviews, and any relevant information about the area before heading out. **PACE YOURSELF:** Start at a comfortable pace and gradually increase your speed and difficulty level as you gain more experience and confidence.

HUNTING SEASONS

For general information on firearm safety training call: 1 (888) 646-6367 or (651) 296-6157.

Contact the MN DNR for specific zone areas/dates:

Online: www.dnr.state.mn.us, Toll Free: 1 (888) 665-4236.

You can purchase hunting and fishing licenses by phone: 1 (888) 665-4236.

HUNTING

Bear

08/16/24 Baiting start date - Permit areas & no-quota area
09/1/24 - 10/13/24 Permit areas & no-quota area

Deer

09/14/24 - 12/31/24 Archery - Statewide
10/17/24 - 10/20/24 Early Antlerless
10/17/24 - 10/20/24 Youth - Statewide
11/9/24 - 11/24/24 Firearm (Season A) 100 Series permit areas
11/9/24 - 11/17/24 Firearm (Season A) 200 & 300 Series permit areas
11/23/24 - 12/1/24 Firearm (Season B) 300 Series permit areas
11/30/24 - 12/15/24 Muzzleloader - Statewide

Badger

10/19/24 - 03/16/25 North furbearer zone
10/26/24 - 03/16/25 South furbearer zone

Bobcat

12/14/24 - 01/19/25
North of I-94 & U.S. Highway 10

Fox, Gray & Red

10/19/24 - 03/15/25 North furbearer zone
10/19/24 - 03/15/25 South furbearer zone

Opossum

10/19/24 - 03/15/25 North furbearer zone
10/19/24 - 03/15/25 South furbearer zone

Rabbit

09/14/24 - 02/28/25 Jack - Statewide
09/14/24 - 02/28/25 Cottontail & Snowshoe Hare - Statewide

Raccoon

10/19/24 - 03/15/25 North furbearer zone
10/19/24 - 03/15/25 South furbearer zone

Squirrel, Gray & Fox

09/14/24 - 02/28/25 Gray & Fox - Statewide

Grouse

09/14/24 - 01/1/25 Ruffed & Spruce - Statewide
09/21/24 - 12/4/24 Sharp-Tailed - Northwest zone

Pheasant

10/12/24 - 01/1/25 Ring-Necked - Statewide

Wild Turkey

04/17/24 - 05/31/24 Spring - Youth - Statewide
04/17/24 - 05/31/24 Spring - Archery - Statewide
04/17/24 - 04/23/24 Spring - A season - Statewide
04/24/24 - 04/30/24 Spring - B season - Statewide
05/1/24 - 05/7/24 Spring - C season - Statewide
05/8/24 - 05/14/24 Spring - D season - Statewide
05/15/24 - 05/21/24 Spring - E season - Statewide
05/22/24 - 05/31/24 Spring - F season - Statewide
09/28/24 - 10/27/24 Fall - Statewide

TRAPPING

Badger

10/19/24 - 03/16/25 North furbearer zone
10/26/24 - 03/16/25 South furbearer zone

Bobcat

12/14/24 - 01/19/25 North of I-94 & U.S. Highway 10

Fox

10/19/24 - 03/15/25 Gray & Red - North furbearer zone
10/19/24 - 03/15/25 Gray & Red - South furbearer zone

Opossum

10/19/24 - 03/15/25 North furbearer zone
10/19/24 - 03/15/25 South furbearer zone

Rabbit

09/14/24 - 02/28/25 Jack - Statewide
09/14/24 - 02/28/25 Cottontail & Snowshoe Hare - Statewide

Raccoon

10/19/24 - 03/15/25 North furbearer zone
10/19/24 - 03/15/25 South furbearer zone

Squirrel

09/14/24 - 02/28/25 Gray & Fox - Statewide

*Check the MN DNR website for updates.

<https://www.dnr.state.mn.us>

or scan the QR code



SINGLE GAME TICKETS ON SALE NOW!

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You can purchase hunting and fishing licenses, cross-country ski passes and snowmobile trail stickers through the Electronic License System. Online www.dnr.state.mn.us, Toll Free: 1 (888) 646-6367
Or visit one of the ELS agents available throughout the area:

BACKUS

BACKUS CORNER STORE

402 Wren Trl. NW | Backus | (218) 947-4115

GODFREY'S INC.

964 Hwy. 371 NW | Backus | (218) 947-4131

BENA

BECKERS RESORT & CAMPGROUND

17048 Wild Rice Dr. | Bena | (218) 665-2268

FOUR SEASONS RESORT

952 River Dr. NW | Bena | (877) 665-2231

IOWANA BEACH RESORT

14877 Iowana Beach Rd. NW | Bena | (877) 665-2311

MCARDLES RESORT

1014 Winnie Rd. NW | Bena | (218) 665-2212

NODAK LODGE

15080 Nodak Dr. NE | Bena | (218) 665-2226

BOY RIVER

JERRY'S BAR

115 Main St | Boy River | (218) 889-2442

CASS LAKE

BIRCH RIDGE RESORT

12797 North Shore Ln. NW | Cass Lake |
(218) 654-3721

BREAK ON THE LAKE RESORT

18342 Windigo Dr. SE | Cass Lake | (218) 335-2422

MD PAWN

6213 Lower Cass Frontage Rd. | Cass Lake |
(218) 339-2274

ORTON'S CASS LAKE

6864 Hwy. 2 NW | Cass Lake | (218) 335-2655

STONY POINT RESORT & CAMPGROUND

5510 Hwy. 2 NW | Cass Lake | (218) 335-6311

HACKENSACK

SOUTHSIDE SELF SERVICE

329 Hwy. 371 S | Hackensack | (218) 675-6834

HACKENSACK BAIT LLC

333 1st St. N | Hackensack | (218) 675-6176

LONGVILLE

FULL STRINGER BAIT & TACKLE

1443 County Rd. 5 | Longville | (218) 363-2031

THE ONE STOP

5006 Hwy. 84 | Longville | (218) 363-2252

OUTING

MY STORE - Outing Station

410 Hwy. 6 | Outing | (218) 792-5332

PILLAGER

CASEY'S GENERAL STORE #3658

746 Pillsbury St. N - Ste. #2 | Pillager | (218) 746-3306

PINE RIVER

GARDINER'S HARDWARE

203 Barclay Ave. | Pine River | (218) 587-2585

HOLIDAY STATIONSTORE #164

300 Front St. | Pine River | (218) 587-2821

LONG PINE STORE

1239 Hwy. 84 | Pine River | (218) 947-4063

STATION 371, INC.

112 Front St. S | Pine River | (218) 587-4700

REMER

REMER JUNCTION

6790 MN-200 NE | Remer | (218) 566-2390

REMER TRADING POST

2 Park Ave. | Remer | (218) 566-2338

TIMBER TRAILS RESORT

3014 S Boy Lake Dr. NE | Remer | (218) 566-2376

WALKER

BAYSIDE RESORT

8039 Onigum Rd. NW | Walker | (218) 547-1350

BIG ROCK RESORT

7860 Hawthorn Trl. NW | Walker | (218) 547-1066

DEANS BAIT LLC

8240 State Hwy. 371 NW | Walker | (218) 547-2248

HIAWATHA BEACH RESORT & HOUSEBOATS

10904 Steamboat Loop | Walker | (218) 547-1510

HOLIDAY STATIONSTORE #191

712 Minnesota Ave. | Walker | (218) 547-3009

ORTON'S WALKER AMOCO

312 Minnesota Ave. | Walker | (218) 547-2150

ORTON'S Y-MART

6854 Y Frontage Rd. NW | Walker | (218) 547-1334

REEDS FAMILY OUTDOOR OUTFITTERS

522 Minnesota Ave. NW | Walker | (218) 547-1505



FISHING SEASONS



INLAND WATERS

Lake Trout

12/30/23 - 03/31/24

Lakes entirely within the BWCA

Lake Trout

01/13/24 - 03/31/24

Lakes partially or completely outside the BWCA

Bullhead

03/01/24 - 02/28/25

Burbot (eelpout)

03/01/24 - 02/28/25

Channel Catfish

03/01/24 - 02/28/25

Cisco (tullibee), whitefish

03/01/24 - 02/28/25

Crappie

03/01/24 - 02/28/25

Gar

03/01/24 - 02/28/25

Other

03/01/24 - 02/28/25

Perch

03/01/24 - 02/28/25

Rock Bass

03/01/24 - 02/28/25

Smelt

03/01/24 - 02/28/25

Sunfish

03/01/24 - 02/28/25

White Bass

03/01/24 - 02/28/25

Flathead Catfish

04/01/24 - 11/30/24

Largemouth Bass

05/11/24 - 02/23/25

Northeastern Minnesota

Northern Pike

05/11/24 - 02/23/25

Sauger

05/11/24 - 02/23/25

Smallmouth Bass

05/11/24 - 02/23/25

Northeastern Minnesota

Walleye

05/11/24 - 02/23/25

Largemouth Bass

05/25/24 - 02/28/25,

Statewide except the northeast

Smallmouth Bass

05/25/24 - 09/08/24,

Statewide except the northeast

Sturgeon - catch-and-release

06/16/24 - 04/14/25

Smallmouth Bass - catch-and-release

09/09/24 - 02/23/25,

Statewide except the northeast

**Contact the MN DNR for specific zone information/ dates:*

1 (888) 646-6367

www.dnr.state.mn.us

scan the QR code



(Fishing licenses are effective from March 1 to the last day of February of the following year. A fishing license for the current 2024-25 license year is effective until Feb. 29, 2025.)

YOUR Help is NEEDED!

Do
NOT

Transport
Invasive:

- Fish
- Invertebrates
- Aquatic Plants



CLEAN. DRAIN. DISPOSE.

KNOW THE LAW! YOU MAY NOT...

- TRANSPORT WATERCRAFT WITHOUT REMOVING THE DRAIN PLUG.
- ARRIVE AT LAKE ACCESS WITH DRAIN PLUG IN PLACE.
- TRANSPORT AQUATIC PLANTS, ZEBRA MUSSELS, OR OTHER PROHIBITED SPECIES ON ANY ROADWAY.
- LAUNCH A WATERCRAFT WITH PROHIBITED SPECIES ATTACHED.
- TRANSPORT WATER FROM LAKES OR RIVERS.
- RELEASE BAIT INTO THE WATER.

Boating safety is critical for anyone who operates a boat or spends time on the water. Here are some general boating safety tips to keep in mind:

• **Wear a life jacket:** Always wear a life jacket while boating. Make sure the life jacket is appropriate for your weight and is U.S. Coast Guard approved. • **Know the weather:** Check the weather forecast before you go boating and keep an eye on changing conditions. If you notice darkening clouds, rough winds or sudden drops in temperature, get off the water. • **Use navigation aids:** Use navigation aids like buoys and beacons to help you navigate safely. • **Maintain your boat:** Keep your boat well-maintained and in good working condition. Make sure all safety equipment is in good condition and functioning properly. • **Avoid alcohol:** Do not drink alcohol while operating a boat. It is illegal and increases the likelihood of accidents. • **Watch your speed:** Observe speed limits and maintain a safe speed based on conditions. Remember, slower speeds may be necessary in crowded areas or in inclement weather. • **Be aware of other boats:** Watch for other boats and be aware of their movements. Always assume other boaters may not see you. • **Know the rules:** Learn and follow boating safety laws and regulations. This includes rules for navigation, safety equipment, and right-of-way. • **File a float plan:** Always let someone know where you are going and when you plan to return. File a float plan with a trusted person or a marina. • **Take a boating safety course:** Consider taking a boating safety course to improve your skills and knowledge.



By following these general boating safety tips, you can reduce the likelihood of accidents and enjoy a safe and enjoyable time on the water.

The Best of Minnesota Outdoors

Hiking:

Superior Hiking Trail, Lake Superior
Silver Creek Trail, Jay Cooke State Park
North River Trail, Afton State Park
Glacial Pothole Trail, Interstate State Park
Sioux Hustler Trail, Superior National Forest

Fishing:

Bass: Lake Vermilion, Tower
Walleye: Leech Lake, Walker
Muskellunge: Lake Oscar, Holmes City
Northern Pike: Lake of the Woods, Warroad

Golf Courses:

Interlachen, Edina • Spring Hill, Wayzata
Hazeltine National, Chaska
Giants Ridge Golf & Ski Resort, Biwabik
The Wilderness at Fortune Bay, Tower

Mountain Biking:

Cuyuna Lakes, Ironton • Lebanon Hills, Eagan
Elm Creek Park, Champlin • Brewer Park, Duluth
Spirit Mountain, Duluth • Piedmont, Duluth

Skiing:

Lutsen Mountains, Lutsen • Afton Alps, Afton
Elm Creek Winter Rec. Area, Maple Grove
Powder Ridge Ski Area, Kimball
Giants Ridge Golf & Ski Resort, Biwabik

Mosquitoes

Prevention & Health Risks



A MOSQUITO FREE YARD

Create an environment in your yard that invites animals that like to eat mosquitoes. Some things that enjoy eating mosquitoes are:

- Bats
- Frogs
- Fish
- Turtles
- Birds
- Dragonflies

To help repel mosquitoes, plant some of the different vegetation listed:

- Citronella
- Geranium
- Eucalyptus
- Rosemary
- Basil
- Anise
- Mint
- Marigolds
- Catnip
- Wormwood
- Tansy
- Lavender
- Cedar
- Cloves

Don't have stagnant water sitting around in things like buckets or tires.

BE SAFE WHILE OUTDOORS

When a mosquito bites you it can leave saliva in your body. If the mosquito is infected it can transfer diseases to you. A few of the more common diseases transmitted to people are:

- Dengue
- Encephalitis
- Malaria
- Yellow Fever.

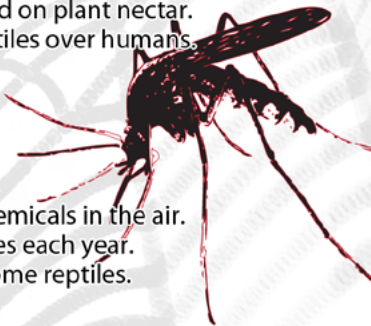
Mosquitoes can also transmit diseases to animals. A couple of these diseases are:

- Heartworm (mostly to dogs & cats)
- Encephalitis.

To reduce your chance of getting a disease from mosquitoes you can, apply mosquito repellent to your skin and clothing.

RANDOM MOSQUITO FACTS

- More than 3,000 different mosquito species can be found around the world.
- There are around 50 different mosquito species in the Upper Midwest.
- Female mosquitoes feed on blood. Male mosquitoes feed on plant nectar.
- Some mosquito species prefer to feed on animals or reptiles over humans.
- All mosquitoes need water to complete their life cycle.
- One female mosquito can lay over 200 eggs at one time.
- Mosquito larvae only need a week in water to hatch.
- Mosquito eggs can survive for more than five years.
- Mosquitoes can fly around 1 to 2 mph.
- Mosquitoes find food by sight, infrared radiation and chemicals in the air.
- Around 1,000 Americans get ill or die from mosquito bites each year.
- Mosquitoes are a huge food source for birds, bats and some reptiles.



TICKS

Diseases & Prevention



You can get a tickborne disease if you are bitten by a tick that is infected • Tickborne diseases are increasing throughout the United States. • Personal protection methods can help reduce the odds of a tick bite while enjoying the outdoors

Some symptoms of a tickborne disease

- Many tickborne diseases have similar symptoms
 - Symptoms usually show up within 2-4 weeks of being bitten
- Watch for symptoms like:

- Rash
- Fever
- Headache
- Fatigue
- Muscle or joint aches



Tick Removal

Prompt tick removal is important.

Use tweezers to grasp the tick close to its mouth. Gently and slowly pull the tick straight outward.

Do not squeeze the ticks' body.

Wash the area and apply an antiseptic to the bite.

Watch for early signs and symptoms of a tickborne disease. Don't use folk remedies like Petroleum Jelly or a burnt match.



Blacklegged Tick Coverage

American Dog Tick Coverage

Lone Star Tick Coverage

Blacklegged (Deer) Tick
Lyme disease
Anaplasmosis
Babesiosis
Ehrlichiosis
Powassan virus disease

American Dog (Wood) Tick
Rocky Mountain Spotted Fever
Tularemia

Lone Star Tick
Ehrlichiosis
Tularemia
Heartland virus disease
Southern Tick-Associated Rash Illness (STARI)

Protect Yourself from Tickborne Diseases

1-Know when and where you're at risk

- Primarily Mid-May through Mid-July

- Wooded and brushy areas – Blacklegged Tick
- Grassy or wooded areas – American Dog Tick

2-Wear EPA-registered tick repellent

- DEET 20-30% on skin or clothing
- Permethrin 0.5% on clothing

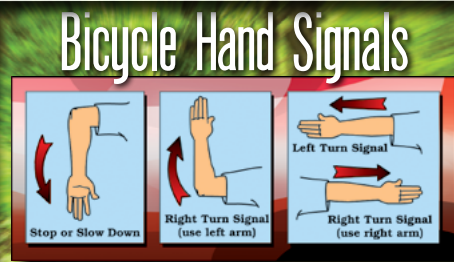
3-Check yourself for ticks

- Shower after being outdoors
- Check at least once a day
- Remove ticks ASAP!



Be Aware of your Surroundings

- Always wear a properly fitting bike helmet as most serious injuries are to the head.
- Be sure your handlebars, seat and wheels fit snugly.
- Keep your bike in good shape by checking and oiling your chain, making sure your brakes work properly and maintaining your tire pressure.
- Always ride with both hands on the handlebars except when doing turn signals.
- When leaving a driveway, curb or alleyway always stop and check for traffic in both directions.
- Cross only at intersections.
- Use the crosswalk to walk your bike across busy intersections and follow the traffic signals.
- Never ride against traffic. Travel in the same direction as the cars.
- Whenever you can, use bike routes and avoid busy streets.
- Don't ride near parked cars as doors can open and cause accidents.
- Obey all traffic signs and traffic lights.
- When biking with friends, ride in a single file.
- Always pass other bikers or pedestrians on the left and say "On your left!" to make your presence known.
- Always use bicycle hand signals to alert traffic of your changing direction.



Drink lots of Water!



Know Your ATV

Read the owner's manual

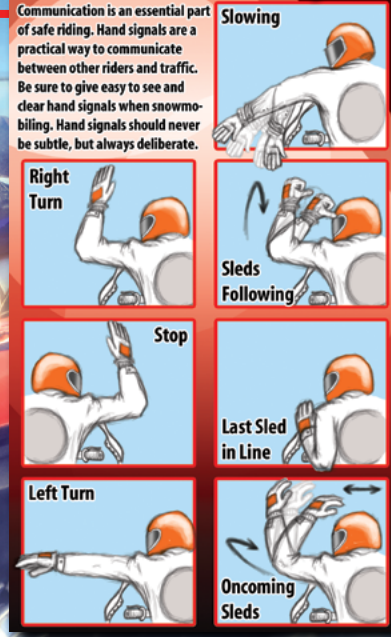
and know your vehicle thoroughly. • Check your vehicle before you ride. • Wear protective equipment and clothing. • Don't lend your vehicle to unskilled riders. • Supervise young or inexperienced riders. • Never carry a passenger on vehicles meant for one rider. • Do not operate under the influence of drugs or alcohol. • Drive at speeds that are appropriate to trail conditions. • Stay to the right on trails. • Stay away from thin ice, open water and wetlands • Know the weather forecast. • Make sure headlights and taillights work properly. • Maintain safe distances between other riders. • Reduce your speed when riding at night. • Yield to other motor vehicles and trail users. • Young or beginning riders are encouraged to take a safety training course.

SNOWMOBILE SAFETY

- Do not consume alcohol or take drugs prior to or during your snowmobile trip. Doing so increases your chances of injury or death.
- Slow down and don't cut to the inside of the trail corners. It's dangerous and illegal.
- If you snowmobile at night, don't override your lights.
- Always use the buddy system. Never ride off alone.
- Drowning is one of the causes of many snowmobile fatalities. Whenever possible, avoid the ice.
- Wear sensible, protective clothing designed for operating a snowmobile.
- Use a full size helmet, goggles, or visor to prevent injuries from twigs, stones, ice chips and other debris.
- Avoid wearing long scarves. They may get caught in moving parts of the snowmobile.
- Know the terrain you are going to ride. If unfamiliar to you, ask someone who has traveled over it before.
- Know the weather forecast, especially the ice and snow conditions.
- Be sure your snowmobile is in top-notch mechanical condition throughout the months of use.
- Familiarize yourself with the snowmobile you are driving. Thoroughly read the manual that accompanies the snowmobile.
- Do not pursue domestic or wild animals. That is not the conduct of a sportsman. Report such violations to the nearest law enforcement officer.

Snowmobile Hand Signals

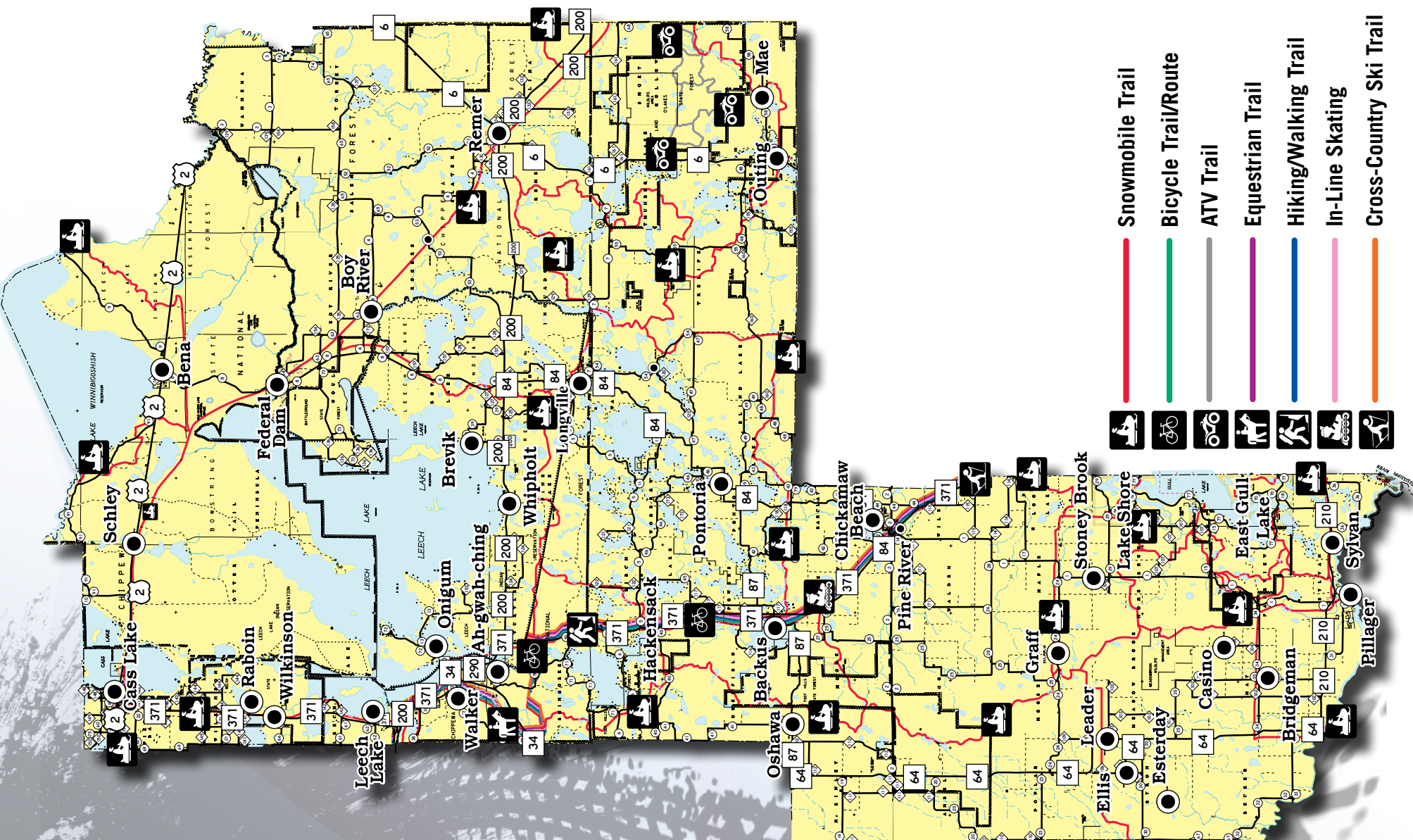
Communication is an essential part of safe riding. Hand signals are a practical way to communicate between other riders and traffic. Be sure to give easy to see and clear hand signals when snowmobiling. Hand signals should never be subtle, but always deliberate.










PRIVATE PROPERTY
NO TRESPASSING

Please respect private property and no trespassing signs. Stay on trails. Exercise extreme caution on all lakes and streams. Obey all state and local laws and ordinances. Do not operate snowmobiles/ATVs on county roads or state highways.

CASS COUNTY TRAILS



-  **Snowmobile Trail** (Red line)
-  **Bicycle Trail/Route** (Green line)
-  **ATV Trail** (Grey line)
-  **Equestrian Trail** (Purple line)
-  **Hiking/Walking Trail** (Blue line)
-  **In-Line Skating** (Pink line)
-  **Cross-Country Ski Trail** (Orange line)

THE "UNOFFICIAL" MINNESOTA STATE FOOD

Hotdish. The "unofficial" Minnesota state food. From what I have heard, the rest of the world calls it "casserole". Although no one truly knows where it originated, the term "Hotdish" got its first mention in a cookbook published in 1930 by the Grace Lutheran Ladies Aid, Grace Lutheran Church in Mankato, MN. The recipe called for ground beef, celery, onions, canned peas, canned tomato soup & Creamettes (Minnesota macaroni brand), all to be stirred together and baked. It sure has come a very long way since then.

It was during World War 2 that the Government and US Food Administration really pushed for American families to preserve food, so that the surplus could be sent overseas to feed soldiers & stave off famine. This led to a wave of affordable 1 dish meals being created during a time when the typical American housewife was on a strict budget. Not only did she need to feed her large family, but would regularly feed the church congregation as well. A simple, satisfying and low cost way to feed a lot of people.

There are only 4 "requirements" when it comes to calling a meal, "Hotdish". A meat, a starch, a canned or frozen veggie and 1 can of condensed soup all baked within 1 dish. The invention of the tater tot in 1953 really changed the hotdish game. Birthing one of the most popular versions made, tater tot hotdish. Ground beef, cream of mushroom or chicken soup, green beans (I used to use the french cut style), some tots on top, a little seasoned salt & pepper, then you bake it all in the same dish and "VOILA".

Another popular version is Tuna Hotdish, where you swap the tots for egg noodles, or macaroni noodles and peas instead of green beans - Some may even trade out the potato for a more traditional starch, like wild rice. Toppings often include, but are not limited to, fried onions, potato chips and even chow mein noodles.

The people of the Upper Midwest love to take hotdish to their company parties, church suppers and family reunions. A handful of cities throughout the Midwest have annual festivals dedicated to the popularized dish. Roseau Minnesota is host to the MN Hotdish Cook-Off during their Fall Harvest Festival which is typically held the first weekend in October.

In 2010, after the midterm elections, Senator Al Franken thought it would be a good way to start the new legislative session, so he challenged members of the Minnesota Congressional Delegation to a friendly Hotdish cook-off. 6 out of 10 participated with Amy Klobuchar winning with her recipe called "Taconite TaterTot Hotdish" and Tim Walz coming in 2nd with his "Chicken Mushroom WildRice Hotdish". It is now a tradition they hold every year.

Hotdish will forever be a comfort food. No matter which variation is your favorite, I urge you to try as many recipes as possible. Maybe even creating your own. Who knows? Naming it could be the funnest part and you may create the next family recipe that each generation insists on having.



Healthy & Environmentally Friendly Lawn

Choose a type of grass that thrives in your area. 3" is the optimal height for most grasses, it allows the roots to become strong and healthy. It also helps to absorb more water. Don't bag the lawn clippings, it's a natural fertilizer. Keep your mower blades sharp.



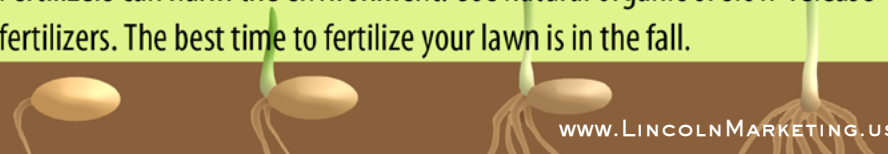
Don't water every day. Give your lawn a good soaking once or twice a week. Your lawn should get about an inch of water each week, whether it be from rain fall or a sprinkler. Water your lawn in the early morning, preferably before 10am. Watering at night time can create fungus growth.



Don't use pesticides. Correctly identify what the problem is and try a non-chemical method first. If you have to use a chemical based pesticide, try spot treating the problem area. All pesticides are toxic to some degree. Make sure to read all labels.



Fertilizers can harm the environment. Use natural organic or slow-release fertilizers. The best time to fertilize your lawn is in the fall.



So, You have decided to get a pet... NOW WHAT??

Commitment and Time: Owning a pet is a long-term commitment. Before bringing a pet home, consider your lifestyle and ensure you have enough time to spend with your pet. Dogs, cats, and many other animals require attention, exercise, and mental stimulation.

Choose the Right Pet for Your Lifestyle: Different pets have varying needs, temperaments, and activity levels. Research and select a pet that fits well with your lifestyle, living situation, and family dynamics. Whether you choose a dog, cat, bird, fish, or any other animal, make sure you can provide for its specific needs.

Proper Nutrition: Feed your pet a balanced and nutritious diet suitable for their species and age. Consult with a veterinarian to determine the best food options for your pet's health and well-being.

Regular Exercise: Most pets need regular physical activity to stay healthy and happy. Engage in playtime and exercise with your pet daily, as it helps prevent obesity and provides mental stimulation.

Routine Veterinary Care: Schedule regular check-ups with a veterinarian to monitor your pet's health, get necessary vaccinations, and address any concerns. Early detection of health issues can often lead to better outcomes.

Spaying/Neutering: Consider spaying or neutering your pet if you don't plan on breeding. This helps control the pet population and can have health benefits for your pet.

Training and Socialization: Properly train your pet to follow basic commands and have good manners. Socialize them with other animals and people from a young age to prevent behavioral issues later on.

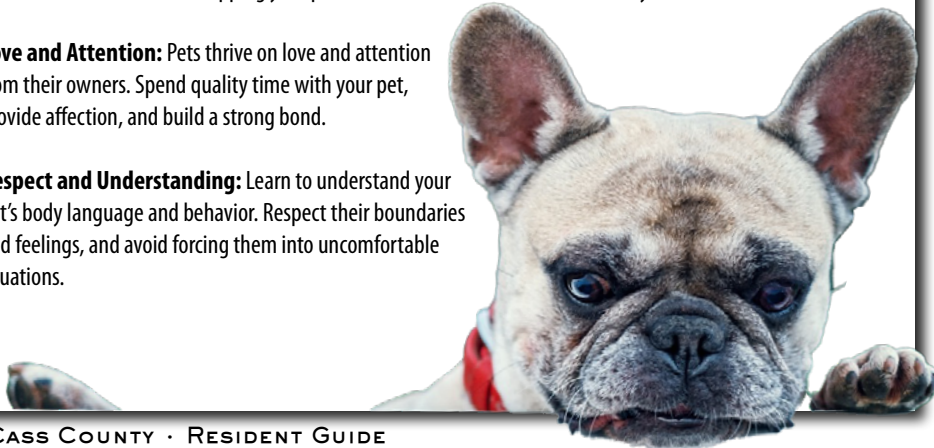
Provide a Safe Environment: Ensure that your home and yard are safe for your pet. Remove hazards, keep toxic substances out of reach, and provide appropriate shelter from extreme weather conditions.

Grooming: Regular grooming is essential for most pets. Brush their fur, trim nails, and clean their ears as needed to keep them comfortable and healthy.

Identification and Microchipping: Keep identification tags with your current contact information on your pet's collar. Consider microchipping your pet as an extra measure to ensure they can be identified if lost.

Love and Attention: Pets thrive on love and attention from their owners. Spend quality time with your pet, provide affection, and build a strong bond.

Respect and Understanding: Learn to understand your pet's body language and behavior. Respect their boundaries and feelings, and avoid forcing them into uncomfortable situations.



Patience and Forgiveness: Pets, especially young ones, can be mischievous or have accidents. Be patient with them during the training process and forgive any mistakes they make along the way.

Emergency Preparedness: Have a plan in place for emergencies, including natural disasters. Know how to evacuate with your pet safely if needed.

If you have just rescued / adopted a new fur baby, please it is important to remember the 3-3-3 RULE:

3 Days:

In the first 3 days being in its new home, they will be feeling overwhelmed, scared & unsure of what is going on. They may also be uncomfortable being "themselves", and may not want to eat or drink. They may want to "shut down" or hide under a bed or in a crate, and they will test boundaries.

3 Weeks:

At this point, they may be a lot more comfortable & settling in. Learning a new routine can be overwhelming, so please be patient. By now they may have figured out the new environment & accepted that this may be their FURever home. Their personality traits will start to show, as well as any behavior issue that may be present.

3 Months:

For most fur babies, 3 months is enough time to finally be comfortable and begin to build trust and a true bond. A sense of security may be present & a set routine will help this process.

Please know that this is not the rule with every rescued or adopted pet, as some may need 6 months to a year to adjust & adapt, depending on MANY factors. Age of animal, what type of an environment did they come from?

DOG PARKS

**HACKENSACK DOG
PARK**
420 Lake Ave.,
Hackensack



Be smart...



Take good care of your skin

The skin is an organ and helps protect against heat, sunlight, injury, and infections. This is why it is important to always protect it. Overexposure to the sun can be linked to some skin cancers. Ultraviolet rays from the sun or sunlamps can also cause eye problems, weakened immune system, age spots, wrinkles, and leathery skin.

• Protect your skin

Wear proper clothing like long-sleeved shirts and pants. Also protect your head and eyes with a hat and UV-resistant sunglasses.

Remember that you can also fall victim to the sun on a cloudy day as well as in the winter.

Sunburns increase the risk of developing skin cancer. It is especially important that children don't get sunburns.

Peak burning hours, according to the Centers for Disease Control and Prevention and the World Health Organization, are between 10 a.m. and 4 p.m.

Reflective surfaces, like water, snow, and sand can reflect sun rays and make them more intense.

You experience more UV exposure at higher altitudes, because there is less atmosphere to absorb UV radiation.

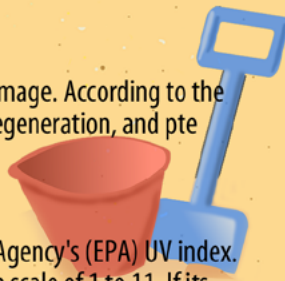
Use a broad-spectrum sunscreen to cover all exposed skin. The FDA recommends using sunscreens that are broad spectrum and have a sun protection factor (SPF) value of at least 15. Re-apply sunscreen throughout the day.

• Protect your eyes

UV rays can penetrate the structures of your eyes and cause cell damage. According to the CDC, some sun-related vision problems cause cataracts, macular degeneration, and pterygium.

• UV index

Before going outside you can check the Environmental Protection Agency's (EPA) UV index. To see the intensity of UV rays for the day. The index measures on a scale of 1 to 11. If it's low on the UV index you will require less protection and a high UV index will require a lot more protection.



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- BUILDS UP YOUR COLONY



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- REDUCED SPORE LOADS
- BACKED BY SCIENCE

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