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We do not offer every plan available in your area. Any information we provide is limited to those plans we do offer in your area. Please contact Medicare.gov or 1-800-MEDICARE to get information on all of your options. Allina Health | Aetna Medicare is a PPO plan with a Medicare contract. Enrollment in our plans depends on contract renewal. Plan features and availability may vary by service area. For accommodation of persons with special needs at sales meetings, call 1-833-258-3134 (TTY: 711). ©2023 Allina Health and Aetna Insurance Company.

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SHREDDED CHICKEN with sauce......\$9.99/lb no sauce......\$10.99/lb SHREDDED PORK

SHREDDED

MEATS

with sauce.....\$11.99/lb

no sauce ..... \$12.99/lb

with sauce......\$9.99/lb no sauce......\$10.99/lb

PLEASE ALLOW 1 WEEK FOR ORDERS TO BE FILLED

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DEL

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ROLLS

DIAMOND CITY DINNER ROLLS

or Sourdough......\$5.99/dozen

SLICED

MEATS

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Park & Ride Recommended Prepaid Parking Pass Required for Onsite Parking

952.445.7361 | RenaissanceFest.com

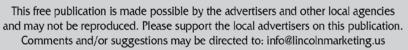


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View this publication online at www.lincolnmarketing.us

### LOCAL AREA EVENTS

#### JANUARY

Sno-Ball Dance | Coon Rapids Winterfest | Fridley Snowday | Blaine Commitment Day 5K | Coon Rapids

#### FEBRUARY

Polar Plunge | Anoka WinterFest | Anoka Snowflake Days | Coon Rapids Be My Cupid | Anoka

#### MARCH

North Metro Home & Garden Show | Blaine Get Lucky in Anoka

#### APRIL

Business Expo | St. Francis Business Expo | Ramsey Diva Days | Anoka Springtime & Sunshine Festival | Anoka

#### MAY

Anoka Mothers Day Stroll Discover Anoka

#### JUNE

Anoka Classic Car Show (June-Sept) | Anoka Columbia Heights Parade & Jamboree 49er Days | Fridley Tower Days | Spring Lake Park Pioneer Days | St. Francis Farmers Market on the Rum (June-Sept) | Anoka

#### JULY

Family Fun Fest | Andover Anoka County Fair | Anoka Riverfest & Craft Fair | Anoka Annual Fireworks | Anoka Booster Day | East Bethel Fete des Lacs | Centerville 3M Championship | Blaine Blaine Festival Anoka Sidewalk Sale

#### AUGUST

Ham Lake Open Golf Classic Night to Unite | Ramsey Food Truck Festival | Anoka Annual Family Corn Roast | Circle Pines Anoka Vintage Fest Game Fair | Ramsey Blue Heron Days | Lino Lakes

#### SEPTEMBER

Happy Days Festival | Ramsey World Fest | Blaine Fallapalooza | Anoka MN Business Expo | Fridley Car Show | Coon Rapids Annual Trap Shoot & Chili Cook Off | Blaine Blaine Triathlon AndoverCraft Fair Hope Fest | Anoka Columbia Heights PRIDE Autumn's in the Air Craft & Gift Expo | Ramsey Love My Pet Fair | Coon Rapids

#### OCTOBER

Anoka Halloween & Haunted House Halloween Gray Ghost 5K Run & Walk Anoka Wargo Fall Festival | Anoka Pumpkin Night in the Park | Fridley Trunk-or-Treat | Blaine The Fall Festival | Anoka Monster Mash | Anoka Octoberfest Sampler | Coon Rapids Annual Gala Fundraiser | Coon Rapids The Dane Trot | Blaine Be Brave 5k | Blaine Brew Fest | Ham Lake Fins & Feathers Event | St. Francis Chaos Family Fun 5k Walk/Run | St. Francis Grand Day Parade | Anoka Scarecrow Crawl | Lino Lakes

#### NOVEMBER

Pink Friday | Anoka FAB Fest | Anoka For a Hometown Holiday (Nov-Dec) | Anoka Hardwater Ice Fishing Expo | Blaine Holiday Craft & Vendor Show | Anoka Gobble Till You Wobble Craft & Gift Expo | Ramsey

#### DECEMBER

Christmas Tree Lighting | Anoka Stocking Stroll | Anoka Letters from Santa & Secret Holiday Shop | Lino Lakes

\*Events are subject to change



### **Residential Services**

Administration	(763) 324-4700
Attorney	
Community Development	
Court Administration	
Emergency	911
Facilities Management	
Finance & Central Services	
Highway Department	
Human Resources	
Human Services	
Information Services	
Integrated Waste Management & Recycling Solutions	
Law Library	
Library	
Medical Examiner	
Parks&Recreation	
Sheriff	
Surveyor	
Transit	
Veteran Services	





**Community/Home Gardens**: Really good at absorbing carbon dioxide. Cuts down on pesticides/fertilizers. Also benefits mental health and provides fresh food.

**Composting**: Decreases the amount of trash in landfills and reduces carbon emissions.

**Plant Trees**: Planting trees is a classic Earth Day activity. **Local Food**: Buy local sustainable food.

**Clean-Up Events**: Organize or participate in local clean-up efforts.

Upcycle Crafts: Get creative by turning old items into new useful objects.

4 - ANOKA COUNTY · RESIDENT GUIDE

### Anoka County History



Once part of Ramsey and Benton Counties, Anoka County was settled in the 1850s by fur traders. Communities developed near railway centers and nearby rivers and lakes. By 1869, Anoka County was established and the name was a combination of Indian words meaning both side of working waters. Early industry included agriculture and lumbering and the city of Anoka was selected as the county seat. A courthouse was built in 1878, remaining unchanged until 1955 when it was remodeled to house a variety of government offices. After World War II, Anoka County began to grow as community developments attracted new citizens. Today Anoka County is home to approximately 327,090 residents.

<b>ANDOVER</b> – <i>pop. 30,442</i>	
ANOKA (COUNTY SEAT) – pop. 17,289	
<b>BETHEL</b> – <i>pop. 539</i>	
<b>BLAINE</b> – <i>pop. 55,042</i>	
<b>CENTERVILLE</b> – <i>pop. 3,737</i>	
<b>CIRCLE PINES</b> – pop. 5,395	
COLUMBIA HEIGHTS – pop. 18,210	
<b>COLUMBUS</b> – <i>pop. 3,986</i>	
<b>COON RAPIDS</b> – <i>pop.</i> 61,832	
EAST BETHEL – pop. 11,895	

FRIDLEY – pop. 25,868 HAM LAKE – pop. 15,020 HILLTOP – pop. 683 LEXINGTON – pop. 1,997 LINO LAKES – pop. 20,174 NOWTHEN – pop. 3,557 OAK GROVE – pop. 8,245 RAMSEY – pop. 23,734 ST. FRANCIS – pop. 7,261 SPRING LAKE PARK – pop. 6,458 \*Populations are approximate.

### Anoka County Communities

#### ANDOVER

First organized in 1857 as Round Lake Township, then Grow Township in honor of Senator Galusha A. Grow, Andover grew as a railway community. In 1972 Andover Village was established and the community took its name after its first railway station. In 1972 Andover was incorporated as a city and the area continued to develop. Over 400 acres of parks are located within Andover, providing a variety of recreational opportunities. Today Andover is home to approximately 30,442 residents.

#### ANOKA (COUNTY SEAT)

Once home to Indians, Anoka was first settled in 1844 by Joseph Belanger. Belanger established a trading post, attracting more settlers. By 1854 sawmills and specialty shops were thriving. As the lumber industry declined, Anoka became a potato producing center. In 1884 many businesses in the city were destroyed by fire, but the community quickly rebuilt and was selected as the county seat. In 1920 the city created a movement to deter Halloween pranks and the Anoka Halloween Celebration was developed. Anoka is now widely recognized as the Halloween Capitol of the World. Today Anoka is home to approximately 17,289 residents.

#### BLAINE

Blaine was once part of Anoka until 1877 when it was organized as its own township. The community was named in honor of Senator James G. Blaine. Blaine grew slowly until after World War II when starter developments attracted new residents. As a result, Blaine's population grew dramatically from 1,694 in 1950 to 20,640 in 1970. Today Blaine is home to approximately 55,042 residents.

#### **COLUMBIA HEIGHTS**

In 1898 Columbia Heights separated from Fridley Township and its name was chosen by a community contest. The first school was built in 1894 and the area grew as an agricultural community. Columbia Heights was incorporated as a city in 1921 and has continued to grow. Today Columbia Heights is home to approximately 18,210 residents.

### Anoka County Communities

#### **COON RAPIDS**

Once part of Anoka, Coon Rapids was organized in 1857. Early residents were predominantly farmers until 1881 when a brick yard was established. In 1914 a dam was built by the Mississippi Power Company and Coon Rapids grew quickly as a result. Streets were platted and businesses were established to accommodate the needs of the dam workers. The dam was named Coon Creek Rapids and the community took its name. Coon Creek Rapids was shortened to Coon Rapids in 1959 when the city became incorporated. Today Coon Rapids is home to approximately 61,832 residents.

#### EAST BETHEL

East Bethel was settled in the 1880s and named after a community in Maine. Early settlers were farmers and the area began to grow as the railroad arrived. In 1959 East Bethel was incorporated as a city and the area continued to thrive. Over 48 square miles of lakes and wetlands can be found within city limits. Today East Bethel is home to approximately 11,895 residents.

#### FRIDLEY

Fridley was first settled by John Banfill in 1847. Once known as Manomin, Fridley was platted in 1851. A post office was established in 1853 and the area grew as an agricultural community. Manomin was changed to Fridley in 1879 in honor of Representative Abram Fridley. Fridley was incorporated as a city in 1949 and has continued to grow and develop. Today Fridley is home to approximately 25,868 residents.

#### HAM LAKE

Ham Lake was settled in 1855 and first recognized as Glen Cary, Scottish for beautiful valley. Because Glen Cary was difficult for residents to pronounce, the community was renamed Ham Lake. In 1871 Ham Lake was organized as a township and its population reached 253. It was incorporated as a city in 1974 and the area continued to thrive. Today Ham Lake is home to approximately 15,020 residents.

#### LINO LAKES

Settled in 1850, Lino Lakes was once part of Centerville. The community was organized in 1857 and the Lino Post Office was established. In 1955 Lino Lakes separated from Centerville and the community was named in honor of its first post office. Today Lino Lakes is home to approximately 20,174 residents.

#### RAMSEY

Settled in the 1850s, Ramsey grew as an agricultural community. It was named in honor of Alexander Ramsey, first Governor of Minnesota Territory. As the railroad arrived, Ramsey continued to grow and develop. In 2009 the Northstar Commuter Rail was constructed, adding to Ramsey's development. Today Ramsey is home to approximately 23,734 residents.

#### **ST. FRANCIS**

St. Francis is located in the north western corner of Anoka County. It was named after Saint Francis of Assisi, founder of the Seraphic Order. The Rum River runs through the area providing lots of beautiful scenery and recreational opportunities. The area has seen a lot of new growth, not only in residential but in commercial and industrial as well. With all the new growth and laying just north of the twin cities the community still has its small town feel with approximately 7,261 residents.

#### **SPRING LAKE PARK**

Spring Lake Park is located 10 miles north of the Twin Cities. It consists of about 2.1 square miles and is located mainly in Anoka County with a small portion in Ramsey County. The city got its name from Spring Lake, located on the south east corner of its border. The city is home to approximately 6,458 residents and is known for its small town charm.



### So, You have decided to get a pet... NOW WHAT??

**Commitment and Time:** Owning a pet is a long-term commitment. Before bringing a pet home, consider your lifestyle and ensure you have enough time to spend with your pet. Dogs, cats, and many other animals require attention, exercise, and mental stimulation.

**Choose the Right Pet for Your Lifestyle:** Different pets have varying needs, temperaments, and activity levels. Research and select a pet that fits well with your lifestyle, living situation, and family dynamics. Whether you choose a dog, cat, bird, fish, or any other animal, make sure you can provide for its specific needs.

**Proper Nutrition:** Feed your pet a balanced and nutritious diet suitable for their species and age. Consult with a veterinarian to determine the best food options for your pet's health and well-being.

**Regular Exercise:** Most pets need regular physical activity to stay healthy and happy. Engage in playtime and exercise with your pet daily, as it helps prevent obesity and provides mental stimulation.

**Routine Veterinary Care:** Schedule regular check-ups with a veterinarian to monitor your pet's health, get necessary vaccinations, and address any concerns. Early detection of health issues can often lead to better outcomes.

**Spaying/Neutering:** Consider spaying or neutering your pet if you don't plan on breeding. This helps control the pet population and can have health benefits for your pet.

**Training and Socialization:** Properly train your pet to follow basic commands and have good manners. Socialize them with other animals and people from a young age to prevent behavioral issues later on.

**Provide a Safe Environment:** Ensure that your home and yard are safe for your pet. Remove hazards, keep toxic substances out of reach, and provide appropriate shelter from extreme weather conditions.

**Grooming:** Regular grooming is essential for most pets. Brush their fur, trim nails, and clean their ears as needed to keep them comfortable and healthy.

**Identification and Microchipping:** Keep identification tags with your current contact information on your pet's collar. Consider microchipping your pet as an extra mea- sure to ensure they can be identified if lost.

**Love and Attention:** Pets thrive on love and attention from their owners. Spend quality time with your pet, provide affection, and build a strong bond.

**Respect and Understanding:** Learn to understand your pet's body language and behavior. Respect their boundaries and feelings, and avoid forcing them into uncomfortable situations.



**Patience and Forgiveness:** Pets, especially young ones, can be mischievous or have accidents. Be patient with them during the training process and forgive any mistakes they make along the way.

**Emergency Preparedness:** Have a plan in place for emergencies, including natural disasters. Know how to evacuate with your pet safely if needed.

If you have just rescued / adopted a new fur baby, please it is important to remember the 3-3-3 RULE:

#### 3 Days:

In the first 3 days being in its new home, they will be feeling overwhelmed, scared & unsure of what is going on. They may also be uncomfortable being "themselves", and may not want to eat or drink. They may want to "shut down" or hide under a bed or in a crate, and they will test boundaries.

#### 3 Weeks:

At this point, they may be a lot more comfortable & settling in. Learning a new routine can be overwhelming, so please be patient. By now they may have figured out the new environment & accepted that this may be their FURever home. Their personality traits will start to show, as well as any behavior issue that may be present.

#### 3 Months:

For most fur babies, 3 months is enough time to finally be comfortable and begin to build trust and a true bond. A sense of security may be present & a set routine will help this process.

Please know that this is not the rule with every rescued or adopted pet, as some may need 6 months to a year to adjust & adapt, depending on MANY factors. Age of animal, what type of an environment did they come from?

### **DOG** PARKS

**ALPINE DOG PARK** 6600 Alpine Drive | Ramsey | (763) 433-9820

DOG PARK AT BUNKER HILLS REGIONAL PARK Hanson Blvd & 133rd Ave. | Andover | (763) 757-3920

DOG PARK AT LOCKE PARK 450 71st Ave. NE | Fridley | (763) 324-3300

SWANSON DOG PARK 9150 Central Ave. NE | Blaine | (763) 785-6164



# YOUR Help is NEEDED!/

Do NOT Transport Invasive: • Fish • Invertebrates • Aquatic Plants

# CLEAN. DRAIN. DISPOSE.

#### KNOW THE LAW! YOU MAY NOT ...

- TRANSPORT WATERCRAFT WITHOUT REMOVING THE DRAIN PLUG.
- ARRIVE AT LAKE ACCESS WITH DRAIN PLUG IN PLACE.
- TRANSPORT AQUATIC PLANTS, ZEBRA MUSSELS, OR OTHER PROHIBITED SPECIES ON ANY ROADWAY.
- · LAUNCH A WATERCRAFT WITH PROHIBITED SPECIES ATTACHED.
- TRANSPORT WATER FROM LAKES OR RIVERS.
- RELEASE BAIT INTO THE WATER.

### **FIREWOOD** Burn it where you get it!

Invasive pests like the Emerald Ash Borer and Gypsy Moth have devastated millions of trees in the United States. Where these pests come from, the population stays in control because, they have natural predators. The United States dose not have these natural predators so the populations have the chance to grow to extreme numbers.

#### **Preventing the Spread**

- Buy local firewood.
- Burn all firewood completely at each destination.
- Move only Certified firewood out of a quarantine county or across state boundaries.
- Use firewood from nearby sources to heat your home or cabin.
- Tell your friends and family about the importance of not moving firewood.
- Don't move hardwood firewood out of a quarantine county, unless it is state or USDA certified.
- Don't move opened firewood bundles.
- Don't move firewood long distances to or from your lake home or cabin.

**Invasive Pests are a Problem!** 

**Emerald Ash Borer** 

**Gypsy Moth Caterpillar** 

### PARKS & RECREATION

#### **BUNKER HILLS REGIONAL PARK**

550 Bunker Lake Blvd. NW | Andover | (763) 757-3920

Located on 1,600 acres, Bunker Hills Regional Park features the Bunker Beach Water Park, Bunker Park Stables, Bunker Hills Golf Course, Anoka County's Veteran's Memorial, campground, archery range, activity center, disc golf course, playground equipment, nature trails and picnic areas.

#### CARLOS AVERY STATE WILDLIFE MANAGEMENT AREA

5463 W Broadway Ave. | Columbus | (651) 539-3300

Located on approximately 24,000 acres, this WLMA includes wetlands and upland areas for bird watchingand much more.

#### **COMMONS PARK**

555 61st Ave. NE | Fridley | (763) 572-3570 The park features a rentable shelter, hockey rinks, warming house, playground, volleyball courts, tennis courts, a basketball court, sledding hill, ballfields and turf fields used for football and soccer.

#### **COON LAKE COUNTY PARK**

5450 197th Ave. NE | Columbus | (763) 757-3920

Located on 125 acres, Coon Lake County Park features a swimming beach, boat launch, playground equipment, volleyball court, nature trails and picnic areas.

#### **COON RAPIDS DAM REGIONAL PARK**

9750 Egret Blvd. | Coon Rapids | (763) 757-3920

Located on 446 acres, Coon Rapids Dam Regional Park features a boat launch, nature trails and picnic areas.

#### FRIDLEY COMMUNITY PARK

7000 University Ave. NE | Fridley | (763) 572-3570 The park features baseball/softball fields, shelter (with indoor bathrooms), walking trails and a playground.

#### HAM LAKE PARK

1843 153rd Ave. NE | Ham Lake | (763) 434-9555

The park features electricity, charcoal grill, fire ring, ball fields, disc golf, hockey/skating rink, outdoor shelter, indoor pavilion, indoor restrooms, open space, picnic tables, playground, public boat launch and a walking trail.

#### **ISLANDS OF PEACE COUNTY PARK**

200 Charles St. NE | Fridley | (763) 571-6855 Islands of Peace County Park features a wildlife sanctuary, nature trails and picnic areas.

#### **KORDIAK COUNTY PARK**

1845 49th Ave. | Columbia Heights | (763) 757-3920 Located on 29 acres, Kordiak County Park features nature trails and picnic areas.

#### LAKE GEORGE COUNTY PARK

3100 217th Ave. NW | Oak Grove | (763) 324-3300

Located on 270 acres, Lake George County Park features a swimming beach, boat launch, playground equipment, volleyball court, nature trails and picnic areas.

#### LOCKE COUNTY PARK

840 71st Ave. NE | Fridley | (763) 757-3920 Locke County Park features a dog park, playground equipment, nature trails and picnic areas.

#### **MANOMIN COUNTY PARK**

6666 East River Rd. | Fridley | (763) 720-6434 Located on 15 acres, Manomin County Park features the Banfill Tavern, Banfill-Locke Center for the Arts, nature trails and picnic areas.

#### MARTIN-ISLAND LINWOOD LAKES REGIONAL PARK

22480 Martin Lake Rd. | Wyoming | (763) 767-2820

Located on 737 acres, Martin-Island Linwood Lakes Regional Park features Camp Salie, a swimming beach, playground equipment, nature trails and picnic areas.

#### **MISSISSIPPI WEST REGIONAL PARK**

13900 Traprock St. NW | Ramsey Located on 273 acres, Mississippi West Regional Park features an educational center, playground equipment, nature trails and picnic areas.

#### RICE CREEK CHAIN OF LAKES PARK RESERVE

7373 Main St. | Lino Lakes | (763) 324-3300 Located on 5,500 acres, Rice Creek Chain of Lakes Park Reserve features the Wargo Nature Center, Chomonix Golf Course, a boat launch, fishing pier, playground equipment, nature trails and picnic areas.

#### **RIVERFRONT REGIONAL PARK**

5100 East River Rd. | Fridley | (763) 757-3920 Located on 139 acres, Riverfront Regional Park features the Riedel Farm Estate, nature trails and picnic areas.

#### **RUM RIVER CENTRAL REGIONAL PARK**

17955 Roanoke St. NW | Ramsey | (763) 757-3920 Located on 434 acres, Rum River Regional Park features a boat launch, nature trails and picnic areas.

#### **RUM RIVER NORTH COUNTY PARK**

23100 Rum River Blvd. | St. Francis | (763) 757-3920 Located on 80 acres, Rum River North County Park features a fishing pier, playground equipment, nature trails and picnic areas.

#### **RUM RIVER SOUTH REGIONAL PARK**

3000 St. Francis Blvd. NW | Anoka | (763) 324-3300 Rum River South Regional Park features a boat launch, nature trails and picnic areas.

#### **SAND CREEK PARK**

1008 Northdale Blvd NW | Coon Rapids | (763) 767-6552

Sand Creek Park features a ball field, basketball, hockey rink, natural areas, open space, picnic areas, picnic shelters, play area, pleasure rink, restrooms, skate park, walking trail and a warming house.

#### SANDHILL CRANE STATE NATURAL AREA

2479-2401 216th Ave. NE | East Bethel Located on 533 acres, the Sandhill Crane Nature Area features a wildlife sanctuary, nature trails and picnic areas.

### AREA ATTRACTIONS

**ADVENTURE SEAPLANES** 6980 Lake Dr. | Lino Lakes | (612) 749-1337

**ANOKA AREA ICE ARENA** 4111 N 7th Ave. | Anoka | (763) 427-8163

**ANOKA AQUATIC CENTER** 1551 7th Ave. | Anoka | (763) 421-7740

**ANTIQUES ON MAIN** 212 E Main St. | Anoka | (763) 323-3990

BLAINE BASEBALL COMPLEX 1150 Paul Pkwy. NE | Blaine | (763) 785-6164

**BLAINE CONQUER NINJA GYM** 1467 101st Ave. NE | Blaine | (952) 378-1285

**BLAINBROOK ENTERTAINMENT CENTER** 12000 Central Ave. NE | Blaine | (763) 755-8686

BOULEVARD PLAZA (SPLASH PAD, PARK, & EVENT SPACE) 11002 Crooked Lake Blvd. | Coon Rapids | (763) 755-2880

**BOWLERO BLAINE** 11351 Ulysses St. NE | Blaine | (763) 561-2230

BROOKHALL EVENT CENTER 11930 Central Ave. NE | Blaine | (763) 755-8731

BUNKER BEACH WATER PARK 701 County Rd. A | Coon Rapids | (763) 324-3310

**BUNKER HILLS ACTIVITIES CENTER** 550 Bunker Lake Blvd. NW | Anoka | (763) 324-3300

BUNKER HILLS GOLF COURSE 12800 Bunker Prairie Rd. NW | Coon Rapids | (763) 755-4141

**CANOE CAMPING ALONG THE RUM RIVER** 550 Bunker Lake Blvd. NW | Andover | (763) 757-3920 CASTLE FIELD 600 Castle Field Blvd. | Anoka

**CENTENNIAL SPORTS ARENA** 4810 103rd Ln. NE | Circle Pines | (763) 792-6090

CHEAP SKATE ROLLER CENTER 3075 Coon Rapids Blvd. | Coon Rapids | (763) 427-8980

**CLASSIC BOWL** 11707 Round Lake Blvd. NW | Coon Rapids | (763) 421-4402

**COMPLETE HELICOPTERS, INC.** 8891 Airport Rd. Suite B1 | Blaine | (763) 639-4986

COURTYARDS OF ANDOVER 13545 Martin St. NW | Andover | (763) 754-6953

FAT TIRE BIKING 7690 Village Dr. | Lino Lakes

**FOGERTY ARENA** 9250 Lincoln St. NE | Blaine | (763) 780-3328

GRAND SLAM FAMILY FUN CENTER 2941 Coon Rapids Blvd. | Coon Rapids | (763) 427-1959

HAM LAKE LANES 16465 MN-65 | Ham Lake | (763) 434-6010

HIDDEN HAVEN GOLF CLUB 20520 Polk St. NE | East Bethel | (763) 434-4626

HISTORIC DOWNTOWN ANOKA 12 Bridge Square | Anoka | (763) 421-7130

**KRISTA ARTISTA** 118 E Main St. | Anoka | (763) 421-7588

LEXINGTON ATHLETIC COMPLEX 4286 121st Ave. NE | Blaine | (763) 785-6164 LILLI PUTT 1349 Coon Rapids Blvd. NW | Coon Rapids | (763) 755-1450

LYRIC ARTS MAIN STREET STAGE 420 Main St. | Anoka | (763) 422-1838

MAJESTIC OAKS GOLF CLUB 701 Bunker Lake Blvd. | Ham Lake | (763) 755-2140

MINNESOTA HELICOPTERS 8891 Airport Road NE | Blaine | 763-784-4354

NATIONAL SPORTS CENTER 1750 105th Ave. NE | Blaine | (763) 785-5600

NORTH SUBURBAN CENTER FOR THE ARTS 110 77th Way NE | Fridley | (763) 574-1850

**NORTHTOWN MALL** 398 Northtown Dr. NE | Blaine | (763) 786-9704

NSC SUPER RINK 1750 105th Ave. NE | Blaine | (763) 785-5600

RIVERDALE VILLAGE 12761 Riverdale Blvd. | Coon Rapids | (651) 374-9901

ROSELAWN STABLES 24069 Rum River Blvd. | St. Francis | (763) 753-5517

ROUND BARN TRADING COMPANY 13736 Marigold St. NW | Andover | (763) 433-2276

**RUMRIVER ART CENTER** 2665 4th Ave. #103 | Anoka | (763) 323-8830 RUM RIVER HILLS GOLF CLUB 16659 St. Francis Blvd. NW | St. Francis | (763) 753-3339

RUNNING ACES CASINO, HOTEL & RACETRACK 15201 Zurich St. | Columbus | (651) 925-4600

SERUM'S GOOD TIME EMPORIUM 213 Jackson St. | Anoka | (763) 421-7522

SPRINGBROOK NATURE CENTER 100 85th Ave. NW | Fridley | (763) 572-3588

**THE ANOKA COUNTY HISTORICAL SOCIETY** 2135 3rd Ave. N | Anoka | (763) 421-0600

**THE BIG WHITE HOUSE** 1900 3rd Ave. | Anoka | (763) 506-0562

**THE FUN LAB** 10650 Baltimore St. NE Suite 300 | Blaine | (763) 392-4522

**THE LINKS AT NORTHFOLK** 9333 Alpine Dr. NW | Ramsey | (763) 241-0506

**THE ROOKERY ACTIVITY CENTER** 7690 Village Dr. | Lino Lakes | (651) 982-2468

URBAN AIR TRAMPOLINE & ADVENTURE PARK 10 Coon Rapids Blvd. NW | Coon Rapids | (763) 244-1701

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### **DNR LICENSE CENTERS**

You can purchase hunting and fishing licenses, cross-country ski passes and snowmobile trail stickers through the Electronic License System. Online <u>www.dnr.state.mn.us</u>, Toll Free: 1 (888) 646-6367 Or visit one of the ELS agents available throughout the area:

#### **ANDOVER**

**CASEY'S GENERAL STORE (#3890)** 15246 Blue Bird St. NW | Andover | (763) 413-8900

WALMART SUPERCENTER (#1999) 1851 Bunker Lake Blvd. NW | Andover | (763) 354-1559

**ANOKA** HOLIDAY STATIONSTORE (#75) 460 Main St. W | Anoka | (763) 422-4075

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HOLIDAY STATIONSTORE (#379) 9933 Ulysses St. NE | Blaine | (763) 783-2865

**THE FLY ANGLER** 10091 Central Ave. NE | Blaine | (763) 572-3782

WALMART SUPERCENTER (#5976) 11505 Ulysses St. NE | Blaine | (763) 354-1979

CENTERVILLE CENTER MARKET LLC 1801 Main St. | Centerville | (651) 426-3460

CIRCLE PINES DEPUTY REGISTRAR (#150) 9201 Lexington N #9 | Circle Pines | (763) 784-5780

FLEET FARM 10250 Lexington Ave. NE | Circle Pines | (763) 785-4647 CIRCLE PINES (Contd.) HOLIDAY STATIONSTORE (#306) 4167 Ball Rd. NE | Circle Pines | (763) 785-4237

**OLSON'S MARKET** 10102 Sunset Ave. | Circle Pines | (763) 784-2242

**WALMART SUPERCENTER (#3498)** 4369 Ball Rd. NE | Circle Pines | (763) 784-0147

COON RAPIDS COON RAPIDS ACE HARDWARE 9680 Foley Blvd. NW | Coon Rapids | (763) 755-1762

**COON RAPIDS HOLIDAY (#3514)** 1855 Gateway Dr. | Coon Rapids | (651) 731-0515

DICK'S SPORTING GOODS (#619) 12661 Riverdale Blvd. Springdale Mall | Coon Rapids | (763) 323-8611

HOLIDAY STATIONSTORE (#259) 202 101st Ave. NW | Coon Rapids | (763) 785-9405

HOLIDAY STATIONSTORE (#309) 12480 Foley Blvd. NW | Coon Rapids | (763) 755-2511

HOLIDAY #3849 10120 University Ave. Nw | Coon Rapids | (763) 398-0091

**SPORTSMAN'S WAREHOUSE** 3420 124th Ave. NW | Coon Rapids | (651) 502-7700

WALMART (#1562) 13020 Riverdale Dr. | Coon Rapids | (763) 421-2622 EAST BETHEL GO FOR IT 3255 Viking Blvd. NE | East Bethel | (651) 395-2174

HOLIDAY #2653861 1341 187th Ave. NE | East Bethel | (763) 434-1673

**SPEEDWAY (#105)** 4825 Viking Blvd. NE | East Bethel | (763) 413-3337

**FRIDLEY** HOLIDAY STATIONSTORE (#188) 5695 Hackmann Ave. NE | Fridley | (763) 572-2271

WALMART SUPERCENTER (#1952) 8450 University Ave. NE | Fridley | (763) 780-9400

HAM LAKE HOLIDAY STATIONSTORE (#223) 1442 Cosstown Blvd. NE | Ham Lake | (612) 434-4699

**1 STOP MARKET** 16205 Lexington Ave. NE | Ham Lake | (763) 999-5098

LINO LAKES BILL'S SUPERETTE (#12) 8020 Lake Dr. | Lino Lakes | (651) 200-4449

HOLIDAY STATIONSTORE (#376) 7509 Lake Dr. | Lino Lakes | (651) 784-3436 NOWTHEN BILL'S SUPERETTE (#11) 8077 Viking Blvd. | Nowthen| (763) 241-5576

OAK GROVE BILL'S SUPERETTE #10 3271 Viking Blvd. | Oak Grove | (763) 213-1425

**SPEEDWAY #73** 3166 Viking Blvd. | Oak Grove | (763) 753-6332

**RAMSEY** HOLIDAY STATIONSTORE (#323) 14350 Xkimo St. NW | Ramsey | (763) 422-8397

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SPRING LAKE PARK VADOS BAIT COMPANY 7895 Hwy. 65 | Spring Lake Park | (763) 784-6728

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WYOMING LINWOOD COUNTRY STORE 21831 VIking Blvd. NE | Wyoming| (651) 462-5512

85% of plant life is found in the ocean
Fire usually moves faster uphil than downhill
Wildfires can reach speeds of 14 miles per hour
For every human there are around 200 million insects
The only continent with no active volcances is Australia
You can only see a rainbow if you have your back to the sun
Oak trees produce acorns when they are around 50 years old
Parks run by the National Park Service have around 3 million campers per year
The record high in the U.S. was in Death Valley, CA at 134F

The record high in the U.S. was in Death Valley, CA at 134F and the record low was in Prospect Creek, AK at -79F

### 7ISHING SEASONS

#### **INLAND WATERS**

Lake Trout 12/30/23 - 03/31/24 Lakes entirely within the BWCA Lake Trout

01/13/24 - 03/31/24 Lakes partially or completely outside the BWCA

Bullhead

03/01/24 - 02/28/25 **Burbot** (eelpout)

03/01/24 - 02/28/25

#### **Channel Catfish**

03/01/24 - 02/28/25 **Cisco** (tullibee), whitefish 03/01/24 - 02/28/25

Crappie

03/01/24 - 02/28/25

Gar 03/01/24 - 02/28/25

**Other** 

03/01/24 - 02/28/25 Perch

03/01/24 - 02/28/25

Rock Bass

03/01/24 - 02/28/25

Smelt

03/01/24 - 02/28/25

Sunfish

03/01/24 - 02/28/25

#### White Bass

03/01/24 - 02/28/25

**Flathead Catfish** 

04/01/24 - 11/30/24 **Largemouth Bass** 

05/11/24 - 02/23/25 Northeastern Minnesota

**Northern Pike** 05/11/24 - 02/23/25 Sauger 05/11/24 - 02/23/25 Smallmouth Bass 05/11/24 - 02/23/25 Northeastern Minnesota Walleve 05/11/24 - 02/23/25 **Largemouth Bass** 05/25/24 - 02/28/25, Statewide except the northeast **Smallmouth Bass** 05/25/24 - 09/08/24, Statewide except the northeast **Sturgeon** - catch-and-release 06/16/24 - 04/14/25 Smallmouth Bass - catch-and-release 09/09/24 - 02/23/25, Statewide except the northeast \*Contact the MN DNR for specific zone information/ dates: 1 (888) 646-6367 www.dnr.state.mn.us scan the OR code



(Fishing licenses are effective from March 1 to the last day of February of the following year. A fishing license for the current 2024-25 license year is effective until Feb. 29, 2025.)

Boating safety is critical for anyone who operates a boat or spends time on the water. Here are some general boating safety tips to keep in mind:

.

Always wear a life jacket while boating. Make sure the life jacket is appropriate for your weight and is U.S. Coast Guard approved. Check the weather forecast before you go boating and keep an eye on changing conditions. If you notice darkening clouds, rough winds or sudden drops in temperature, get off the water. Use navigation aids like buoys and beacons to help you navigate safely. • Maintain your boat: Keep your boat well-maintained and in good working condition. Make sure all safety equipment is in good condition and functioning properly. **Avoid alcohol:** Do not drink alcohol while operating a boat. It is illegal and increases the likelihood of accidents. Observe speed limits and maintain a safe speed based on conditions. Remember, slower speeds may be necessary in crowded areas or in inclement weather. - Be aware of ot Watch for other boats and be aware of their movements. Always assume other boaters may not see you. • Know the rules: Learn and follow boating safety laws and regulations. This includes rules for navigation, safety equipment, and right-of-way. Always let someone know where you are going and when you plan to return. File a float

plan with a trusted person or a marina. Consider taking a boating safety course to improve your skills and knowledge.

By following these general boating safety tips, you can reduce the likelihood of accidents and enjoy a safe and enjoyable time on the water.

### HUNTING SEASONS

#### For general information on firearm safety training call: 1 (888) 646-6367 or (651) 296-6157. Contact the MN DNR for specific zone areas/dates: Online: www.dnr.state.mn.us, Toll Free: 1 (888) 665-4236. You can purchase hunting and fishing licenses by phone: 1 (888) 665-4236.

#### HUNTING

#### Bear

08/16/24 Baiting start date - Permit areas & no-quota area 09/1/24 - 10/13/24 Permit areas & no-quota area

#### Deer

09/14/24 - 12/31/24 Archery - Statewide 10/17/24 - 10/20/24 Early Antlerless 10/17/24 - 10/20/24 Youth - Statewide 11/9/24 - 11/24/24 Firearm (Season A) 100 Series permit areas 11/9/24 - 11/17/24 Firearm (Season A) 200 & 300 Series permit areas 11/23/24 - 12/1/24 Firearm (Season B) 300 Series permit areas 11/30/24 - 12/15/24 Muzzleloader - Statewide

#### Badger

10/19/24 - 03/16/25 North furbearer zone 10/26/24 - 03/16/25 South furbearer zone

#### Bobcat

12/14/24 - 01/19/25 North of I-94 & U.S. Highway 10

#### Fox, Gray & Red

10/19/24 - 03/15/25 North furbearer zone 10/19/24 - 03/15/25 South furbearer zone

#### Opossum

10/19/24 - 03/15/25 North furbearer zone 10/19/24 - 03/15/25 South furbearer zone

#### Rabbit

09/14/24 - 02/28/25 Jack - Statewide 09/14/24 - 02/28/25 Cottontail & Snowshoe Hare - Statewide

#### Raccoon

10/19/24 - 03/15/25 North furbearer zone 10/19/24 - 03/15/25 South furbearer zone

**Squirrel, Gray & Fox** 09/14/24 - 02/28/25 Gray & Fox - Statewide

#### Grouse

09/14/24 - 01/1/25 Ruffed & Spruce - Statewide 09/21/24 - 12/4/24 Sharp-Tailed -Northwest zone

#### Pheasant

10/12/24 - 01/1/25 Ring-Necked - Statewide

#### Wild Turkey

04/17/24 - 05/31/24 Spring - Youth - Statewide 04/17/24 - 05/31/24 Spring - Archery - Statewide 04/17/24 - 04/23/24 Spring - A season - Statewide 04/24/24 - 04/30/24 Spring - B season - Statewide 05/1/24 - 05/7/24 Spring - C season - Statewide 05/8/24 - 05/14/24 Spring - D season - Statewide 05/15/24 - 05/21/24 Spring - E season - Statewide 05/22/24 - 05/31/24 Spring - F season - Statewide 09/28/24 - 10/27/24 Fall - Statewide

#### TRAPPING

**Badger** 10/19/24 - 03/16/25 North furbearer zone 10/26/24 - 03/16/25 South furbearer zone

#### **Bobcat** 12/14/24 - 01/19/25 North of I-94 & U.S. Highway 10

Fox

10/19/24 - 03/15/25 Gray & Red - North furbearer zone 10/19/24 - 03/15/25 Gray & Red - South furbearer zone

#### Opossum

10/19/24 - 03/15/25 North furbearer zone 10/19/24 - 03/15/25 South furbearer zone

SUN

#### Rabbit

09/14/24 - 02/28/25 Jack - Statewide 09/14/24 - 02/28/25 Cottontail & Snowshoe Hare - Statewide

#### Raccoon

10/19/24 - 03/15/25 North furbearer zone 10/19/24 - 03/15/25 South furbearer zone

#### **Squirrel**

09/14/24 - 02/28/25 Gray & Fox - Statewide

\*Check the MN DNR website for updates. https://www.dnr.state.mn.us or scan the QR code



#### Call For HVAC/Plumbing Services 612-357-3411

#### **HVAC Services:**

Furnace / AC Boilers / In floor heat Unit heaters Heat pumps Ductwork Air cleaners Humidification <u>Plumbing Services</u> Water heaters Water softeners Kitchen and bathroom Backflow preventers Waste, vent and water piping Gas piping

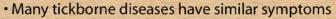
Licensed - Bonded - Insured Wa Residential/Commercial Contractor over 25 years. Quality work, integrity and superior customer service guarantee.

MECHANICAL

### **Diseases & Prevention**

You can get a tickborne disease if you are bitten by a tick that is infected • Tickborne diseases are increasing throughout the United States. • Personal protection methods can help reduce the odds of a tick bite while enjoying the outdoors

#### Some symptoms of a tickborne disease



**Blacklegged (Deer) Tick** 

Powassan virus diseas

Lyme disease

Anaplasmosis

Babesiosis

Ehrlichiosis

• Symptoms usually show up within 2-4 weeks of being bitten Watch for symptoms like:

- Rash
- Fever
- Headache
- Fatigue
- Muscle or joint aches

Blacklegged Tick

American Dog Tick Coverage

Lone Star Tick Coverage

#### **Tick Removal**

Prompt tick removal is important. Use tweezers to grasp the tick close to its mouth. Gently and slowly pull the tick straight outward. Do not squeeze the ticks' body. Wash the area and apply an antiseptic to the bite.

Watch for early signs and symptoms of a tickborne disease. Don't use folk remedies like Petroleum Jelly or a burnt match.

American Dog (Wood) Tick

Tularemia

**Rocky Mountain Spotted Fever** 

Lone Star Tick Ehrlichiosis Tularemia Heartland virus disease Southern Tick-Associated Rash Illness (STARI)

#### **Protect Yourself from Tickborne Diseases**

1-Know when and where you're at risk

 Primarily Mid-May through Mid-July

 Wooded and brushy areas – Blacklegged Tick
 Grassy or wooded areas – American Dog Tick
 2-Wear EPA-registered tick repellent

 DEET 20-30% on skin or clothing
 Permethrin 0.5% on clothing
 3-Check yourself for ticks
 Shower after being outdoors
 Check at least once a day

 Remove ticks ASAP!

### COMPOSTING in Your Backyard

Yard trimmings and food scraps make up nearly 15% to 30% of waste produced by the average household in USA. Composting leaves, grass clippings, and kitchen scraps, creates a nice black dirt to use around your yard. It also can reduce what goes to landfills and your use of fertilizer and water around your yard.

#### How to get started composting

Make a compost bin or you can buy one
 Place yard waste in and mix in kitchen scraps
 Water as needed, to keep moist
 Mix it with a shovel or pitchfork once in a while

#### What to compost

#### Food scraps such as banana peels and coffee grounds are good to compost. The best results come from mixing the right materials like, nitrogen-rich (greens), carbon-rich (browns), water, and air. Get the mixture correct and you will have good guality compost.

#### What not to compost

Although a lot of stuff is compostable, you should stay away from composting things that will attract scavengers or create bad odors. Some things you should not add to your compost are pet feces, diseased plants, weeds gone to seed, ashes, dairy, oils and food with meat or bones.

#### How long will it take?

Most likely you will produce compost in six months to a year depending on your management methods. To make compost faster keep the correct moisture levels and turn the pile every once in awhile.

#### Using the finished compost

Compost is not a fertilizer but it can contain nutrients which improves plant growth. By using compost, you can improve the soil around your plants, flowers and throughout your yard, it also reduces your use of fertilizer and water. Another good use for your compost is to use it for your potted plants.



### BICYCLE SAFETY

# Be Aware of your Surroundings

#### • Always wear a properly fitting bike helmet as most serious injuries are to the head. • Be sure your handlebars, seat and wheels fit snugly. • Keep your bike in good shape by checking and oiling your chain, making sure your brakes work properly and maintaining your tire pressure. • Always ride with both hands on the handlebars except when doing turn signals. • When leaving a driveway, curb or alleyway always stop and check for traffic in both directions. • Cross only at intersections. • Use the crosswalk to walk your bike across busy intersections and follow the traffic signals. • Never ride against traffic. Travel in the same direction as the cars. • Whenever you can, use bike routes and avoid busy streets. • Don't ride near parked cars as doors can open and cause accidents. • Obey all traffic signs and traffic lights. • When biking with friends, ride in a single file. • Always pass other bikers or pedestrians on the left and say "On your left!" to make your presence known. Always use bicycle hand signals to alert traf-

### ATV SAFETY

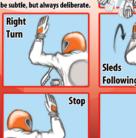
#### Read the owner's manual

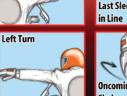
and know your vehicle thoroughly. • Check your vehicle before you ride. • Wear protective equipment and clothing. • Don't lend your vehicle to unskilled riders. • Supervise young or inexperienced riders. • Never carry a passenger on vehicles meant for one rider. • Do not operate under the influence of drugs or alcohol. • Drive at speeds that are appropriate to trail conditions. • Stay to the right on trails. • Stay away from thin ice, open water and wetlands • Know the weather forecast. • Make sure headlights and taillights work properly. • Maintain safe distances between other riders. • Reduce your speed when riding at night. • Yield to other motor vehicles and trail users. • Young or beginning riders are encouraged to take a safety training course.

### SNOWMOBILE SAFETY

• Do not consume alcohol or take drugs prior to or during your snowmobile trip. Doing so increases your chances of injury or death. Slow down and don't cut to the inside of the trail corners. It's dangerous and illegal. • If you snowmobile at night, don't override your lights. • Always use the buddy system. Never ride off alone. • Drowning is one of the causes of many snowmobile fatalities. Whenever possible, avoid the ice. • Wear sensible, protective clothing designed for operating a snowmobile. • Use a full size helmet, goggles, or visor to prevent injuries from twigs, stones, ice chips and other debris. • Avoid wearing long scarves. They may get caught in moving parts of the snowmobile. • Know the terrain you are going to ride. If unfamiliar to you, ask someone who has traveled over it before. • Know the weather forecast, especially the ice and snow conditions. • Be sure your snowmobile is in top-notch mechanical condition throughout the months of use. • Familiarize yourself with the snowmobile you are driving. Thoroughly read the manual that accompanies the snowmobile. • Do not pursue domestic or wild animals. That is not the conduct of a sportsman. Report such violations to the nearest law enforcement officer.

Snoumobile Hand Signals Communication is an essential part of safe riding. Hand signals are a practical way to communicate between other riders and traffic. Be sure to give easy to see and clear hand signals when snownobiling. Hand signals should never







Please

#### PRIVATE PROPERTY NO TRESPASSING

respect private property and no trespassing signs. Stay on trails. Exercise extreme caution on all lakes and streams. Obey all

state and local laws and ordinances. Do not operate snowmobiles/ATV's on county roads or state highways.

fic of your changing direction.

### ANOKA COUNTY TRAILS



Fishing is a good way to get out and relax. It can also be a time to bond with family or friends. Fishing is healthy as well, being outside and active is good for the body and eating fish can be beneficial. There's also the excitement of never knowing what kind of fish is going to take the bait or how big it is going to be. Plus fishing helps support wild life management.

#### 30 - Anoka County · Resident Guide

The Best of Minnesota Outdoors

Hiking: Superior Hiking Trail, Lake Superior Silver Creek Trail, Jay Cooke State Park North River Trail, Afton State Park Glacial Pothole Trail, Interstate State Park Sioux Hustler Trail, Superior National Forest

Fishing: Bass: Lake Vermilion, Tower Walleye: Leech Lake, Walker Muskellunge: Lake Oscar, Holmes City Northern Pike: Lake of the Woods, Warroad

Golf Courses: Interlachen, Edina • Spring Hill, Wayzata Hazeltine National, Chaska Giants Ridge Golf & Ski Resort, Biwabik The Wilderness at Fortune Bay, Tower

Mountain Biking: Cuyuna Lakes, Ironton • Lebanon Hills, Eagan Elm Creek Park, Champlin • Brewer Park, Duluth Spirit Mountain, Duluth • Piedmont, Duluth

Skiing: Lutsen Mountains, Lutsen • Afton Alps, Afton Elm Creek Winter Rec. Area, Maple Grove Powder Ridge Ski Area, Kimball Giants Ridge Golf & Ski Resort, Biwabik

### Closing up the cabin

#### Some Common Things To Check Inside The Cabin

Make sure the water and electric are set up for winter • Set the thermostat to the correct temperature for the area • If you don't heat in the winter and live in a cold area, drain the pipes • Turn off the hot water heater • Winterize appliances that use water • Clean the furnace filter • Inspect the sump pump
Unplug computers and major appliances (Leave the door cracked on the refrigerator if you unplug it) • Seal your linens in a container • Remove perishable food • Close dampers and seal the fireplace

#### Some Common Things To Check Outside The Cabin

Look for air leaks around the cabin and seal with caulk or insulation - Insulate pipes in crawl spaces with heat tape or heat cables • Open cabinet doors so heat can get to the pipes under the sink • Clean and store boats and equipment • Winterize gas-powered equipment • Remove leaves and debris around the cabin
Store lawn furniture and decorations • Mow • Clean gutters and inspect roof • Drain hoses and sprinklers • Inspect your septic tank
Take the dock in

### DID YOU KNOW .... ???

• The name "Anoka" is from the Indigenous Dakota word "Anokatanhan", which translates to "On (or from) both sides".

• Anoka county is the 4th most populated county within Minnesota.

• Anoka (City) is known as the "Halloween Capitol" of the world, due to it being one of the first cities to have a Halloween parade in the 1920's.

• Andover only has 1 recreational lake within the city, Crooked Lake.

• In 2011, Circle Pines was voted the 3rd most perfect suburb to live in by CNBC.

• In 2016, Columbia Heights was given the " All American City Award" by the National Civic League.

• Fridley has a sister city- Fourmies, Nord in France.

• Ham Lake originally was named "Glen Cary". A Scottish name meaning "beautiful valley".

• Hill Top consists of 16 city blocks, which is only .12 miles.

• The city of Nowthen does not have its own police department.

### BUTTERED-UP

# Send in YAIP Favorite Recipe

For a chance to be published in our next guide!

### info@lincolnmarketing.us



#### INGREDIENTS

steaks (ribeye or sirloin are

good choices) Salt and pepper

2 tablespoons unsalted butter

Enjoy your delicious

buttered-up steak!

cloves garlic, minced

Fresh herbs (optional)

#### Simple meal with a Gourmet Feel

#### INSTRUCTIONS

**1** Take the steaks out of the refrigerator and let them come to room temperature for about 30 minutes. This helps the steak cook more evenly.

**2** Preheat your oven to 400°F.

**3** Season the steaks generously with salt and pepper on both sides.

**4** Heat a large skillet over high heat until very hot. Add the steaks and cook for about 2-3 minutes per side, until nicely browned.

**5** Remove the steaks from the skillet and place them on a baking sheet.

**6** In the same skillet, add the butter and garlic. Cook for about 30 seconds, stirring constantly, until the garlic is fragrant.

**7** Pour the garlic butter over the steaks on the baking sheet.

8 Place the baking sheet in the oven and cook for about 5-7 minutes for

medium-rare doneness, or longer if you prefer your steak more well-done.

**9** Remove the steaks from the oven and let them rest for a few minutes before slicing.

**10** Serve the steak with any remaining butter from the baking sheet and fresh herbs if desired.

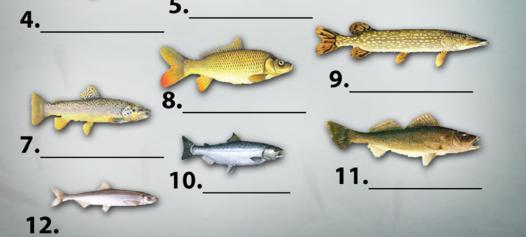
PREP: 35 MIN • TOTAL: 50 MIN

34 - Anoka County • Resident Guide

MAN LINCOLNMARKETING.US -

#### 36 - Anoka County · Resident Guide

Answers: 1. Bass 2. Crappie 3. Sunfish 4. Catfish 5. Herring 6. Muskellung 7. Trout 8. Carp 9. Northern Pike 10. Salmon 11. Walleye 12. Smelt





Do you know the Midwest fish species? Identify the fish below.

2.

MIDWEST FISH QUIZ



LOCALLY

