

Celebrating 60 Years of Serving Older Adults!



Crest View Lutheran Home The needs of older adults continues to change through these 60 years of ministry. Today in the care center. Crest View Lutheran Home (we accept and serve people of all faiths without preference), we offer short term rehab care, specialized dementia care and chronic long term care



Crest View on 42nd The assisted living building that is a "spoke of our hub on the campus" offers both assisted living and memory care in a special area



The market rate rental senior hous-

ing housing on our campus offers

a community for people who want

to move before the "need occurs"

and offers optional services if you

do need them. "Better a year too

early than a day too late" to make

the decision to move to a commu-

desired, worship services on the

privacy of your own apartment.

Rovce Place The assisted living building on our campus offers housing for older adults who are in need of services to remain more independent. We also offer respite care, both overnight and vacation services.



campus, and an array of other services so that you can enjoy the retirement years, and still have the pus offers housing for seniors on limited incomes

For more information on the services, please call 763-782-1601 or email info@crestviewcares.org or visit our website at www.crestviewcares.org

Crest View Senior Community At Blaine

Crest View is developing a second campus in Blaine. There will be senior housing, assisted living and memory care. For more information about the Blaine Campus, please call 763-782-1601.





For more information call: 763-782-1601 or email info@crestviewcares.org www.crestviewcares.org

Home Health Care

Crest View Home Health Care offers home care in the privacy of your home, wherever you call home, This is a Medicare and Medicaid certified agency with contracts with most major insurance providers.

Crest View Foundation Crest View Foundation accepts gifts to enable us to enhance our ministry at all levels of service to older adults

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Discover what personability can do for you.



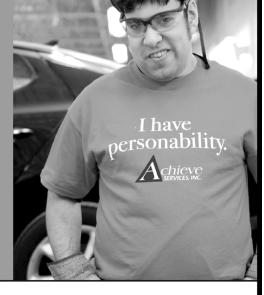




Table of Contents

2	Local Area Ev	ents
3	Anoka Count	y Resident Services
4	Anoka Count	y History
5-7	Anoka Count	y Communities
	Andover	•
	Anoka	
	Blaine	
	Columbia Heights	,
	Coon Rapids	
	East Bethel	
	Fridley	
	Ham Lake	
	Lino Lakes	
	Ramsey	
8-9	Parks & Recr	eation
11	Local Area At	tractions
12-13	DNR License	Centers
14	Minnesota H	unting Seasons
16	Minnesota Fi	shing Seasons
21	Anoka Count	y Bicycle Trails
24	Anoka Count	y Snowmobile Trails
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Local Area Events

JANUARY

Snowflake Days | Coon Rapids Sno-Ball Dance | Coon Rapids Winterfest | Fridley

FEBRUARY

North Metro Home & Garden Show | Blaine Taste of Blaine Ham Lake Snowbowl Valentine Luncheon | Spring Lake Park

MARCH

Spring Egg Hunt | Blaine

APRIL

Business Expo | St. Francis Business Expo | Ramsey Environmental Expo | Ramsey

MAY

Anoka Classic Car Show | Anoka Diva Days | Anoka National Sports Center Soccer Tourn. | Blaine Baseball Night | Coon Rapids Recycle Day | Ramsey

JUNE

St. Stephens Summerfest | Anoka USA Boys International Hockey Tourn. | Blaine Columbia Heights Parade 49er Days | Fridley Sunday in the Park Car Show | Spring Lake Park Tower Days | Spring Lake Park Pioneer Days | St. Francis

2 Anoka County | Resident Guide

JULY

Family Fun Fest | Andover Anoka County Fair | Anoka Riverfest & Craft Fair | Anoka Family Fun Night | Blaine Schwan's USA Cup Soccer Tourn. | Blaine Booster Day | East Bethel St. Francis Golf Tourn.

AUGUST

USA Girls International Hockey Tourn. | Blaine 3M Championship | Blaine Fete des Lacs | Centerville Ham Lake Open Golf Classic Night to Unite | Ramsey Ramsey City Appreciation Day

SEPTEMBER

Fall Fest | Columbus Happy Days Festival | Ramsey Family Hayride & Cookout | Spring Lake Park

OCTOBER

Anoka Halloween Halloween Gray Ghost 5K Run & Walk | Anoka Octoberfest | St. Francis Harvest Festival | Spring Lake Park

NOVEMBER

Santa Breakfast | Spring Lake Park Turkey Shoot | Spring Lake Park

DECEMBER

Christmas Tree Lighting | Anoka A Hometown Holiday | Anoka St. Francis Lighting of the Park

Anoka County Resident Services

(763)323-5700
911
323-5380
323-5300
717-7730
323-5730
422-7487
785-3695
323-6400





Anoka County History (Anoka, County Seat)

Once part of Ramsey and Benton Counties, Anoka County was settled in the 1850s by fur traders. Communities developed near railway centers and nearby rivers and lakes. By 1869, Anoka County was established and the name was a combination of Indian words meaning both side of working waters. Early industry included agriculture and lumbering and the city of Anoka was selected as the county seat. A courthouse was built in 1878, remaining unchanged until 1955 when it was remodeled to house a variety of government offices. After World War II, Anoka County began to grow as community developments attracted new citizens. Today Anoka County is home to approximately 327,090 residents.

Anoka County Communities

ANDOVER – pop. 30,442 ANOKA (COUNTY SEAT) – pop. 17,289 BETHEL – pop. 539 BLAINE – pop. 55,042 CENTERVILLE – pop. 3,737 CIRCLE PINES – pop. 5,395 COLUMBIA HEIGHTS – pop. 18,210 COLUMBUS – pop. 3,986 COON RAPIDS – pop. 61,832 EAST BETHEL – pop. 11,895 FRIDLEY – pop. 25,868 HAM LAKE – pop. 15,020 HILLTOP – pop. 683 LEXINGTON – pop. 1,997 LINO LAKES – pop. 20,174 NOWTHEN – pop. 3,557 OAK GROVE – pop. 8,245 RAMSEY – pop. 23,734 ST. FRANCIS – pop. 7,261 SPRING LAKE PARK – pop. 6,458 *Populations are approximate.

ANDOVER

First organized in 1857 as Round Lake Township, then Grow Township in honor of Senator Galusha A. Grow, Andover grew as a railway community. In 1972 Andover Village was established and the community took its name after its first railway station. In 1972 Andover was incorporated as a city and the area continued to develop. Over 400 acres of parks are located within Andover, providing a variety of recreational opportunities. Today Andover is home to approximately 30,442 residents.

ANOKA (COUNTY SEAT)

Once home to Indians, Anoka was first settled in 1844 by Joseph Belanger. Belanger established a trading post, attracting more settlers. By 1854 sawmills and specialty shops were thriving. As the lumber industry declined, Anoka became a potato producing center. In 1884 many businesses in the city were destroyed by fire, but the community quickly rebuilt and was selected as the county seat. In 1920 the city created a movement to deter Halloween pranks and the Anoka Halloween Celebration was developed. Anoka is now widely recognized as the Halloween Capitol of the World. Today Anoka is home to approximately 17,289 residents.

BLAINE

Blaine was once part of Anoka until 1877 when it was organized as its own township. The community was named in honor of Senator James G. Blaine. Blaine grew slowly until after World War II when starter developments attracted new residents. As a result, Blaine's population grew dramatically from 1,694 in 1950 to 20,640 in 1970. Today Blaine is home to approximately 55,042 residents.

Anoka County Communities

COLUMBIA HEIGHTS

In 1898 Columbia Heights separated from Fridley Township and its name was chosen by a community contest. The first school was built in 1894 and the area grew as an agricultural community. Columbia Heights was incorporated as a city in 1921 and has continued to grow. Today Columbia Heights is home to approximately 18,210 residents.

COON RAPIDS

Once part of Anoka, Coon Rapids was organized in 1857. Early residents were predominantly farmers until 1881 when a brick yard was established. In 1914 a dam was built by the Mississippi Power Company and Coon Rapids grew quickly as a result. Streets were platted and businesses were established to accommodate the needs of the dam workers. The dam was named Coon Creek Rapids and the community took its name. Coon Creek Rapids was shortened to Coon Rapids in 1959 when the city became incorporated. Today Coon Rapids is home to approximately 61,832 residents.



Anoka County Communities

EAST BETHEL

East Bethel was settled in the 1880s and named after a community in Maine. Early settlers were farmers and the area began to grow as the railroad arrived. In 1959 East Bethel was incorporated as a city and the area continued to thrive. Over 48 square miles of lakes and wetlands can be found within city limits. Today East Bethel is home to approximately 11,895 residents.

FRIDLEY

Fridley was first settled by John Banfill in 1847. Once known as Manomin, Fridley was platted in 1851. A post office was established in 1853 and the area grew as an agricultural community. Manomin was changed to Fridley in 1879 in honor of Representative Abram Fridley. Fridley was incorporated as a city in 1949 and has continued to grow and develop. Today Fridley is home to approximately 25,868 residents.

HAM LAKE

Ham Lake was settled in 1855 and first recognized as Glen Cary, Scottish for beautiful valley. Because Glen Cary was difficult for residents to pronounce, the community was renamed Ham Lake. In 1871 Ham Lake was organized as a township and its population reached 253. It was incorporated as a city in 1974 and the area continued to thrive. Today Ham Lake is home to approximately 15,020 residents.

LINO LAKES

Settled in 1850, Lino Lakes was once part of Centerville. The community was organized in 1857 and the Lino Post Office was established. In 1955 Lino Lakes separated from Centerville and the community was named in honor of its first post office. Today Lino Lakes is home to approximately 20,174 residents.

RAMSEY

Settled in the 1850s, Ramsey grew as an agricultural community. It was named in honor of Alexander Ramsey, first Governor of Minnesota Territory. As the railroad arrived, Ramsey continued to grow and develop. In 2009 the Northstar Commuter Rail was constructed, adding to Ramsey's development. Today Ramsey is home to approximately 23,734 residents.

Parks & Recreation

BUNKER HILLS REGIONAL PARK

12800 Bunker Prairie Rd. | Coon Rapids Located on 1,600 acres, Bunker Hills Regional Park features the Bunker Beach Water Park, Bunker Park Stables, Bunker Hills Golf Course, Anoka County's Veteran's Memorial, campground, archery range, activity center, disc golf course, playground equipment, nature trails and picnic areas.

COON LAKE COUNTY PARK

5450 197th Ave. NE | Columbus Located on 125 acres, Coon Lake County Park features a swimming beach, boat launch, playground equipment, volleyball court, nature trails and picnic areas.

COON RAPIDS DAM REGIONAL PARK

9750 Egret Blvd. | Coon Rapids Located on 446 acres, Coon Rapids Dam Regional Park features a boat launch, nature trails and picnic areas.

ISLANDS OF PEACE COUNTY PARK

200 Charles St. NE | Fridley Islands of Peace County Park features a wildlife sanctuary, nature trails and picnic areas.

KORDIAK COUNTY PARK

1845 49th Ave. | Columbia Heights Located on 29 acres, Kordiak County Park features nature trails and picnic areas.

LAKE GEORGE COUNTY PARK

3100 217th Ave. NW | Oak Grove Located on 270 acres, Lake George County Park features a swimming beach, boat launch, playground equipment, volleyball court, nature trails and picnic areas.

LOCKE COUNTY PARK

840 71st Ave. NE | Fridley Locke County Park features a dog park, playground equipment, nature trails and picnic areas.

MANOMIN COUNTY PARK

6666 East River Rd. | Fridley Located on 15 acres, Manomin County Park features the Banfill Tavern, Banfill-Locke Center for the Arts, nature trails and picnic areas.

MARTIN-ISLAND LINWOOD LAKES REGIONAL PARK

22480 Martin Lake Rd. | Linwood Township Located on 737 acres, Martin-Island Linwood Lakes Regional Park features Camp Salie, a swimming beach, playground equipment, nature trails and picnic areas.

MISSISSIPPI WEST REGIONAL PARK

7550 Sunwood Dr. NW | Ramsey Located on 273 acres, Mississippi West Regional Park features an educational center, playground equipment, nature trails and picnic areas.

Parks & Recreation

RICE CREEK CHAIN OF LAKES PARK RESERVE

7401 Main St. | Lino Lakes

Located on 5,500 acres, Rice Creek Chain of Lakes Park Reserve features the Wargo Nature Center, Chomonix Golf Course, a boat launch, fishing pier, playground equipment, nature trails and picnic areas.

RIVERFRONT REGIONAL PARK

5100 East River Rd. | Fridley Located on 139 acres, Riverfront Regional Park features the Riedel Farm Estate, nature trails and picnic areas.

RUM RIVER CENTRAL REGIONAL PARK

17955 Roanoke St. NW | Ramsey Located on 434 acres, Rum River Regional Park features a boat launch, nature trails and picnic areas.

RUM RIVER NORTH COUNTY PARK

23100 Rum River Blvd. | St. Francis Located on 80 acres, Rum River North County Park features a fishing pier, playground equipment, nature trails and picnic areas.

RUM RIVER SOUTH REGIONAL PARK

3000 Ferry St. N | Anoka Rum River South Regional Park features a boat launch, nature trails and picnic areas.

SANDHILL CRANE NATURE AREA

Located on 533 acres, the Sandhill Crane Nature Area features a wildlife sanctuary, nature trails and picnic areas.

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Tips on Recycling & Living Greener

Recycle as much as you can. Even simple everyday things, such as plastic bottles and aluminum cans, can make a huge difference.

aluminum cans, can make a huge difference. Switch your incandescent light bulbs to

compact fluorescent ones. Save money and energy.

Bring your own reusable shopping bags with you to the supermarket or the mall. Donate your unwanted clothing to a lo-

electronics and even vehicles can be accepted. **Recycle your used ink and toner car**

tridges. Most office supply stores accept used cartridges.

cal charity. Eyeglasses, household items,

Recycle your used batteries. This prevents poisonous mercury from seeping into our water supplies and soil. Switch to rechargeable ones.



Switch to unbleached toilet paper, paper towels and coffee filters. Avoiding bleached products can help preserve our water supply and soil. Unplug any unused appliances. Your cellphone charger uses electricity, even when your phone isn't charging - especially if you are not going to be home.

Bring your own lunch. You'll avoid using non-recyclable styrofoam to-go containers and unnecessary throw-away packaging.

Start a compost bin in your yard. There
 are even ones that you can store under your kitchen sink.

Be crafty. Let old items be an inspiration for a craft project and re-purpose old items. Punch holes in tin cans to make candle luminaries or use empty yogurt containers to organize nuts an bolts.

Have a green-cleaning product party. Invite your friends over to make enough vinegar-based homemade cleaners to share.

Run your washer/dryer/dishwasher after 5pm. This is when less electricity is being used, especially in larger cities. In air-conditioned summer months this can help prevent blackouts.

Local Area Attractions

THE ANOKA COUNTY HISTORICAL SOCIETY 2135 3rd Ave. N | Anoka | (763) 421-0600

BLAINBROOK ENTERTAINMENT CENTER 12000 Central Ave. NE | Blaine | (763) 755-8686

BROOKHALL BANQUET CENTER 11930 Central Ave. NE | Blaine | (763) 755-8731

THE BRIDGES GOLF COURSE 2850 82nd Lane NE | Blaine | (763) 785-9063

BRUNSWICK ZONE 11351 Ulysses St. NE | Blaine | (763) 561-2230

BUNKER HILLS GOLF COURSE 12800 Bunker Prairie Rd. NW | Coon Rapids | (763) 767-5331

COMPLETE HELICOPTERS, INC. 1500 99th Lane NE | Blaine | (763) 639-4986

COON RAPIDS ARTS COMMISSION 11155 Robinson Dr. | Coon Rapids | (763) 767-6493

COURTYARDS OF ANDOVER 13545 Martin St. NW | Andover | (763) 434-4626

GOOSE LAKE FARM & WINERY 6760 213th Ave. NW | Nowthen | (763) 753-9632

HIDDEN HAVEN GOLF CLUB 20520 Polk St. NE | East Bethel | (763) 434-4626

KATE HAVEN GOLF COURSE 8791 Lexington Ave. NE | Circle Pines | (763) 786-2945

LINE DRIVE SPORTS CORPORATION 479 Apollo Dr. #20 | Lino Lakes | (651) 490-7898

THE LINKS AT NORFOLK 9333 Alpine Dr. NW | Ramsey | (763) 241-0506 LYRIC ARTS MAIN STREET STAGE 420 Main St. | Anoka | (763) 422-1838

MAJESTIC OAKS GOLF CLUB 701 Bunker Lake Blvd. | Ham Lake | (763) 755-2140

MAPLE GROVE ARTS COUNCIL P.O. Box 2009 | Ham Lake | (763) 755-2140

NATIONAL SPORTS CENTER 1700 105th Ave. NE | Ham Lake | (763) 755-2140

NORTHTOWN MALL 398 Northtown Dr. NE | Blaine | (763) 786-9704

PROKART INDOORS 1201 97th Ave. NE | Blaine | (952) 808-7223

ROSE LAWN STABLES 24069 Rum River Blvd. | St. Francis | (763) 753-5517

RUM RIVER HILLS GOLF CLUB 16659 St. Francis Blvd. NW | St. Francis | (763) 753-3339

SPRINGBROOK NATURE CENTER 100 85th Ave. NW | Fridley | (763) 572-3588

SPRING LAKE PARK AMUSEMENT 1066 Co. Rd. 10 NE | Spring Lake Park | (763) 786-4994

TPC OF THE TWIN CITIES 11444 Tournament Players Pkwy. | Blaine | (763) 795-0800

TWIN CITIES FLIGHT TRAINING 8891 Airport Rd. | Blaine | (763) 780-4375

VIKING MEADOWS GOLF CLUB 1788 Viking Blvd. NE | East Bethel | (763) 434-4205

WARGO NATURE CENTER 7701 Main St. | Lino Lakes | (651) 429-8007



DNR License Centers

You can purchase hunting and fishing licenses, cross-country ski passes and snowmobile trail stickers through the Electronic License System. Online: www.dnr.state.mn.us, Toll-Free: 1 (888) 665-4236 or visit one of the ELS agents available throughout Anoka County:

ANDOVER

LAKES CONOCO ANDOVER 15246 Blue Bird St. NW | Andover | (763) 413-8900

ANOKA HOLIDAY STATION STORE (#75) 460 Main St. W | Anoka | (763) 422-4075

KMART (#3897) 1100 Hwy. 10 W | Anoka | (763) 427-7507

BETHEL COOPER'S CORNER 23705 NE Hwy. 65 | Bethel | (763) 434-3010

BLAINE BLAINE LICENSE CENTER 10995 Club W Pkwy. NE #700 | Blaine | (763) 323-5202

CAPRA'S SPORTING GOODS INC. 8565 Hwy. 65 NE | Blaine | (763) 780-4557

THE FLY ANGLER 10091 Central Ave. NE | Blaine | (763) 572-3782

GANDER MOUNTAIN, LLC (#487) 10650 Baltimore St. NE | Blaine | (763) 783-7200 BLAINE, CONTD. HOLIDAY STATION STORE (#379) 9933 Ulysses St. NE | Blaine | (763) 783-2865

WALMART #3498 4405 Pheasant Ridge Dr. NE | Blaine | (763) 784-0147

CENTERVILLE CENTER MART, LLC 1801 Main St. | Centerville | (651) 426-4880

CIRCLE PINES DEPUTY REGISTRAR (#150) 9201 Lexington N | Circle Pines | (763) 784-5780

HOLIDAY STATION STORE (#306) 4167 Ball Rd. NE | Circle Pines | (763) 785-4237

MILLS FLEET FARM 10250 Lexington Ave. NE | Circle Pines | (763) 785-4647

OLSON'S CIRCLE PINES 10102 Sunset Ave. | Circle Pines | (763) 784-2242

COLUMBIA HEIGHTS COLUMBIA HEIGHTS LICENSE CENTER 3982 Central Ave. NE | Columbia Heights | (763) 789-7202

DNR License Centers

COON RAPIDS AVERAGE JOE'S ARCHERY 3050 Coon Rapids Blvd. | Coon Rapids | (763) 208-5717

COON RAPIDS LICENSE CENTER 455 99th Ave. NW #100 | Coon Rapids | (763) 785-5999

DICK'S SPORTING GOODS (#619) 12661 Riverdale Blvd. | Coon Rapids | (763) 323-8611

HOLIDAY STATION STORE (#259) 202 101st Ave. NW | Coon Rapids | (763) 785-9405

HOLIDAY STATION STORE (#309) 12480 Foley Blvd. NW | Coon Rapids | (763) 755-2511

HOLIDAY STATION STORE (#3514) 1855 Gateway Dr. | Coon Rapids | (651) 731-0515

SPANJERS HARDWARE 9680 Foley Blvd. | Coon Rapids | (763) 755-1762

WALMART (#1562) 13020 Riverdale Dr. | Coon Rapids | (763) 277-9712

EAST BETHEL BLACK BEAR GENERAL STORE 18453 Hwy. 65 NE | East Bethel | (763) 434-2327

CORNER EXPRESS 4825 Viking Blvd. NE | East Bethel | (763) 413-3337

GO FOR IT 3255 Viking Blvd. NE | East Bethel | (651) 395-2174

FRIDLEY HOLIDAY STATION STORE (#188) 5695 Hackmann Ave. NE | Fridley | (763) 572-2271

TRAILS END PRO SPORTS 7597 Hwy. 65 NE | Fridley | (763) 784-9080 FRIDLEY, CONTD. WALMART SUPERCENTER (#1952) 8450 University Ave. NE | Fridley | (763) 780-9400

HAM LAKE HAM LAKE ONE STOP 16205 Lexington Ave. NE | Ham Lake | (763) 434-5102

HAM LAKE LICENSE CENTER 17565 Central Ave. NE #330 | Ham Lake | (763) 413-9717

HOLIDAY STATION STORE (#223) 1442 Cosstown Blvd. NE | Ham Lake | (612) 434-4699

QUAD CENTRAL MOTORSPORTS 16421 Aberdeen St. NE | Ham Lake | (763) 434-1200

RAMSEY HOLIDAY STATION STORE (#323) 14350 Xkimo St. NW | Ramsey | (763) 422-8397

HOLIDAY STATION STORE (#395) 14075 Ramsey Blvd. | Ramsey | (763) 421-3075

RAMSEY LICENSE CENTER 7550 Sunwood Dr. NW | Ramsey | (763) 576-5768

SPRING LAKE PARK VADOS BAIT COMPANY 7895 Hwy. 65 | Spring Lake Park | (763) 784-6728

ST. FRANCIS ST. FRANCIS BAIT & TACKLE, LLC 23624 St. Francis Blvd. | St. Francis | (763) 213-1499

ST. FRANCIS TRUE VALUE HARDWARE 3645 Bridge St. | St. Francis | (763) 753-1265

Minnesota Hunting Seasons

For general information on firearm safety training call: 1 (888) 646-6367 or (651) 296-6157. Contact the MN DNR for specific zone areas: Online: www.dnr.state.mn.us, Toll Free: 1 (888) 665-4236. You can purchase hunting and fishing licenses by phone: 1 (888) 665-4236.

HUNTING RABBIT & SQUIRREL

09/14/13 - 02/28/14

GRAY & RED FOX, BADGER, OPOSSUM & RACCOON (North) 10/19/13 - 03/13/14 (South) 10/19/13 - 03/15/14

GOOSE

(Spring Light Goose) 03/01/13 - 04/30/13 (Early Canada Goose) 09/01/13 - 09/20/13

CROW

07/15/13 - 10/15/13

BEAR

09/01/13 - 10/13/13

MOURNING DOVE

09/01/13 - 10/30/13

SNIPE & RAIL 09/01/13 - 11/04/13

DEER

(Archery) 09/14/13 - 12/31/13 (Youth) 10/17/13 - 10/20/13 (Camp Ripley Archery) 10/17/13 - 10/18/13 (Firearm 2A & 3A) 11/09/13 - 11/17/13 (Firearm 1A) 11/09/13 - 11/24/13 (Firearm 3B) 11/23/13 - 12/01/13 (Muzzleloader) 11/30/13 - 12/15/13

SHARPTAILED GROUSE

09/14/13 - 11/30/13

HUNTING, CONTD. GROUSE & GRAY PARTRIDGE 09/14/13 - 01/01/14

MOOSE (Northeast Zone) 09/28/13 - 10/13/13

TURKEY 09/28/13 - 10/27/13

PHEASANT 10/12/13 - 01/01/14

PRAIRIE CHICKEN 10/19/13 - 10/23/13

FISHER & PINE MARTEN 11/30/13 - 12/05/13

FURBEARER TRAPPING

(North) 10/26/13 - 04/30/14 (South) 11/02/13 - 04/30/14

MINK & MUSKRAT

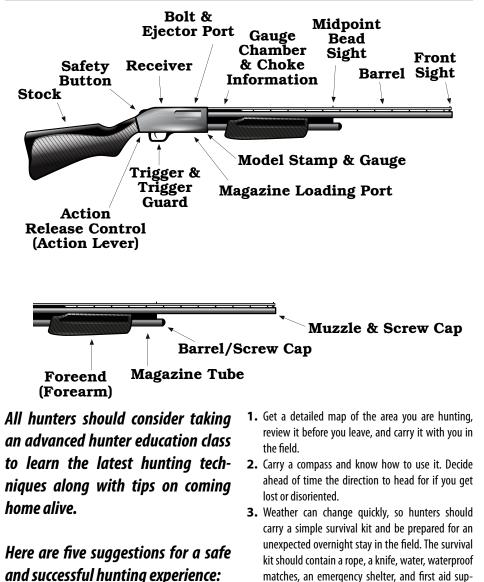
(North) 10/26/13 - 02/28/14 (South) 11/02/13- 02/28/14

OTTER

(North Zone) 10/26/13 - 01/05/14 (South Zone) 11/02/13 - 01/05/14

BOBCAT 11/30/13 - 12/05/13

Hunting Safety



plies.

- **4.** If you are on the water, make sure to wear a personal flotation device (life preserver).
- Know your hunting partners' physical and emotional limitations, as well as your own, and don't push your partners or yourself beyond those limits.

14 Anoka County | Resident Guide

Minnesota Fishing Seasons

BOWFISHING 05/01/13 - 02/23/14

WALLEYE, SAUGER & NORTHERN PIKE 05/11/13 - 02/23/14

LARGEMOUTH BASS*

05/11/13 - 02/23/14

SMALLMOUTH BASS* (Catch & Release)09/09/13 - 02/23/14

LAKE TROUT*

(BWCA) 12/29/12 - 03/31/13 (Outside BWCA) 01/12/13 - 03/31/13 05/11/13 - 09/30/14 **STREAM TROUT*** (Southeast) 01/01/13 - 03/31/13 (Catch & Release) Spring: 04/01/13 - 04/12/13 Summer: 05/11/13 - 10/31/13 Fall: 09/15/13 - 09/30/13 (All Lakes) 05/11/13 - 10/31/13

Muskie 06/01/13 - 12/01/13

Take-a-kid fishing weekend 06/07/13 - 06/09/13

*Contact the MN DNR for specific zone information by calling: 1 (888) 646-6367.

Common Fish Species

March 1		}
Bass	Crappie	Smelt
		*
Catfish	Muskellunge	Sunfish
Carp	Northern Pike	Trout
Ciscos-Tullibe-Herring	Salmon	Walleye



Boating Safety

Operating Watercraft

Follow these guidelines to help prevent and prepare for capsizing, swamping, or someone falling overboard.

Make sure that you and your passengers are wearing life jackets while the boat is moving.

Attach the ignition safety lanyard to your wrist, clothes, or life jacket.

Don't allow anyone to sit on the gunwale, bow, seat backs, motor cover, or areas not designed for seating. Also, don't let anyone sit on pedestal seats when craft is not in idle.

Don't overload your boat. Balance the load of passengers and gear stored on-board.

Keep your center of gravity low by not allowing people to stand up or move around while craft is in motion.

In small boats, don't allow anyone to lean beyond the gunwale.

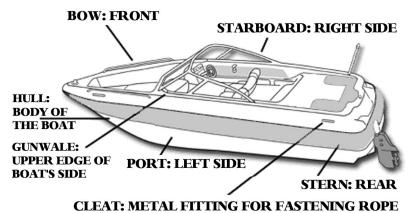
Turn boat at slow rates of speed.

Secure the anchor line to the bow, never to the stern.

Don't risk operating water craft in rough conditions or bad weather.

Boating Safety

Know Your Craft



BEAM: MAXIMUM WIDTH OF BOAT



COME ABOARD BOAT. **DRAFT: DEPTH OF WATER NEEDED**

KEEL: CENTERLINE OF BOAT OR EXTENSION OF HULL (INCREASES STABILITY)

Who May Operate a Motorboat (Other Than a Personal Watercraft)

For engines 25 horsepower or less:

Those under age 12 may operate without restrictions. For engines over 25 horsepower through 75 horsepower:

Those under age 12 must have someone 21 years of age or older on board within reach of the controls.

For engines over 75 horsepower:

No children under age 12 may operate, even with an adult on board.

18 Anoka County | Resident Guide

Other restrictions apply to boat operators 12 to 17 years old:

Operators from 12 to 17 years of age may operate engines of 25 horsepower or lower with no restrictions. For engines over 25 horsepower: Operators 12 to 17 years of age must have:

A watercraft operator's permit, or someone age21 years or older old on board within reach of the controls.

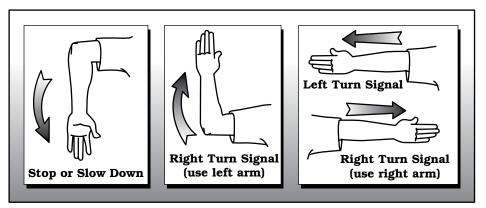
ATV Safety

- Read the owner's manual and know your vehicle thoroughly.
- Check your vehicle before you ride.
- Wear protective equipment and clothing.
- Don't lend your vehicle to unskilled riders.
- Supervise young or inexperienced riders.
- Never carry a passenger on vehicles meant for one rider.
- Do not operate under the influence of drugs or alcohol.
- Drive at speeds that are appropriate to trail conditions.
- Stay to the right on trails.
- Stay away from thin ice, open water and wetlands
- Know the weather forecast.
- Make sure headlights and taillights work properly.
- Maintain safe distances between other riders.
- Reduce your speed when riding at night.
- Yield to other motor vehicles and trail users.
- Young or beginning riders are encouraged to take a safety training course.



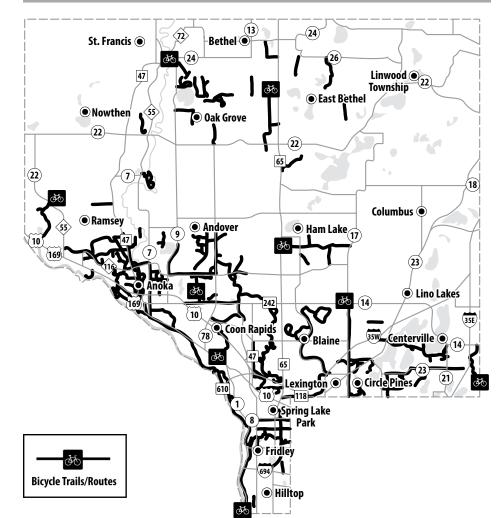
Bicycle Safety

- Always wear a properly fitting bike helmet as most serious injuries are to the head.
- Be sure your handlebars, seat and wheels fit snugly.
- Keep your bike in good shape by checking and oiling your chain, making sure your brakes work properly and maintaining your tire pressure.
- Always ride with both hands on the handlebars except when doing turn signals.
- When leaving a driveway, curb or alleyway always stop and check for traffic in both directions.
- Cross only at intersections.
- Use the crosswalk to walk your bike across busy intersections and follow the traffic signals.
- Never ride against traffic. Travel in the same direction as the cars.
- Whenever you can, use bike routes and avoid busy streets.
- Don't ride near parked cars as doors can open and cause accidents.
- Obey all traffic signs and traffic lights.
- When biking with friends, ride in a single file.
- Always pass other bikers or pedestrians on the left and say "On your left!" to make your presence known.
- Always use bicycle hand signals to alert traffic of your changing direction.





Anoka County Bicycle Trails



Snowmobile Safety

- Do not consume alcohol or take drugs prior to or during your snowmobile trip. Doing so increases your chances of injury or death.
- Slow down and don't cut to the inside of the trail corners. It's dangerous and illegal.
- If you snowmobile at night, don't override your lights.
- Always use the buddy system. Never ride off alone.
- Drowning is one of the causes of many snowmobile fatalities. Whenever possible, avoid the ice.
- Wear sensible, protective clothing designed for operating a snowmobile.
- Use a full size helmet, goggles, or visor to prevent injuries from twigs, stones, ice chips and other debris.
- Avoid wearing long scarves. They may get caught in moving parts of the snowmobile.
- Know the terrain you are going to ride. If unfamiliar to you, ask someone who has traveled over it before.
- Know the weather forecast, especially the ice and snow conditions.
- Be sure your snowmobile is in top-notch mechanical condition throughout the months of use.
- Familiarize yourself with the snowmobile you are driving. Thoroughly read the manual that accompanies the snowmobile.
- Do not pursue domestic or wild animals. That is not the conduct of a sportsman. Report such violations to the nearest law enforcement officer.

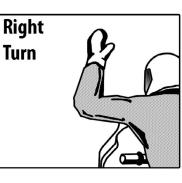


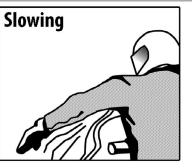
Common Trail Signs

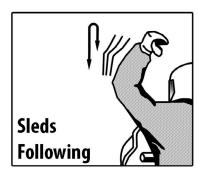
Snowmobile Safety

Communication is an essential part of safe riding. Hand signals are a practical way to communicate between other riders and traffic.

Be sure to give easy to see and clear hand signals when snowmobiling. Hand signals should never be subtle, but always deliberate.

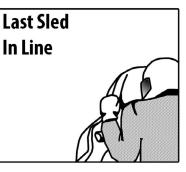








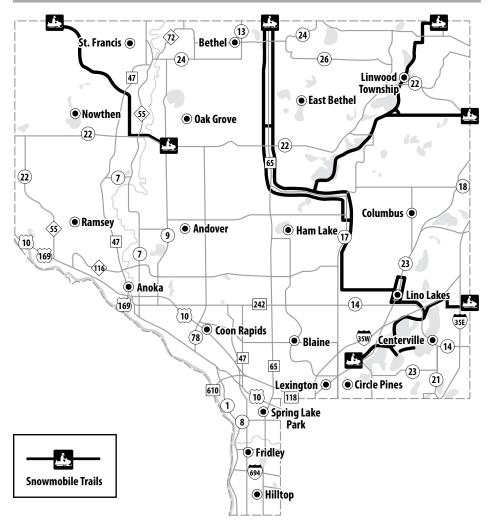








Anoka County Snowmobile Trails





Emergency Planning

ESCAPE ROUTES

Everyone in your family should know the best ways to exit the house in case of a disaster. Teach your young children how to open sliding doors, windows and other exits. Designate a meeting place where the family can gather after escaping from the house.

FLASHLIGHTS

The whole family needs to know where to find flashlights. Periodically check the batteries.

FULLY CHARGED CELL PHONES

All family members should keep their cell phones charged. Make a habit of charging them, while everyone is asleep. Cell phones can be lifesavers in emergencies.

LIST OF VALUABLES

Keep this document listing your possessions (and if possible, a video of your home interior) in a fireproof safe, or in a safe deposit box at a bank.

COMMUNITY EMERGENCY PLANS

Familiarize yourself with community evacuation plans and neighborhood escape routes. Post a copy of them in a highly visible place in your home.



THUNDERSTORM/TORNADO

- Remove dead branches from trees beforehand to avoid injury or damage.
- After seeing lightning, if you hear thunder in less than 30 seconds, it is recommended that you stay inside for 30 minutes after the thunder has ceased.
- The inside of a car is safer than the outside, as a lightning strike will simply pass through the car as long as you aren't in contact with any metal.
- Unplug all major appliances, as a power surge can cause serious damage.
- Avoid all tall structures and elevated areas as well as large amounts of metal.

FIRES

- Make sure that every level of your house has a smoke detector, and be sure to test them once a month. Have the family plan an emergency exit route.
- Always keep track of any stoves or high-temperature/ high-voltage appliances that are running. Be sure to never leave any cooking unattended.
- Keep lighters and matches away from children.
- If a burn occurs, soak the skin in cool water. If the skin blisters, seek medical assistance.

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26 Anoka County | Resident Guide

ACCREDITE

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• Emergency First-Aid Tips •

FIRST AID FOR INSECT BITES/ANAPHYLAXIS & POISON SAFETY INSECT BITES/ANAPHYLAXIS

Anaphylaxis is a severe allergic reaction from insect bites (latex, food and drug allergies can also cause Anaphylaxis). Typical symptoms include hives, the swelling of lips or eyes, swollen throat, drop in blood pressure, light headedness, confusion, nausea or diarrhea. If someone is having an allergic reaction from an insect bite with these symptoms:

CALL 911.

Administer emergency prescription medication. See if the person is carrying special emergency allergy medicine and give it to them according to the directions.

Loosen tight clothing.

Lay the person down. The person should lay down on their back with feet elevated. Turn them on their side if they are vomiting or bleeding from their mouth to prevent them from choking. If they are not breathing - administer CPR. Most insect bite reactions are mild and cause no allergic reaction. If stung by a bee, use a straight edged object, like a credit card, to scrape away the stinger. Don't use tweezers - they can pinch more venom out of the stinger. Apply an ice pack to the area and take an over the counter pain reliever.

POISON PREVENTION

Teach your children about poison and how it can look like a food or drink. They should always ask an adult before eating or drinking anything. Have them learn the poison control phone number: 1-800-222-1222 and keep it programmed or posted near all your phones. Here are some prevention tips.

Lock up your poisons and medications. Keep them out of the reach of children, lock them up if possible. Make sure your children understand that medicine is not candy.

Follow directions carefully. Read your labels. Be sure to use and store all poisons and medications properly according to recommendations.

Keep your pets safe from household chemicals, too. Don't allow pets near areas that have just been cleaned with chemicals, such as freshly mopped floors or bleached bathtubs and sinks. Clean up any antifreeze/coolant spills. Pets like the flavor but they can die if they ingest it. Store poisonous foods or plants in areas that your pets cannot access. Call your local emergency veterinary hospital if you believe your pet has been poisoned.

IN AN EMERGENCY, DIAL 911

Safety Tips for Parents & For Kids

PARENTS:

- Teach your kids that an emergency is when you need help from a doctor, a police officer or a firefighter.
- Designate a safe place by your house that a child can go to if they need help right away.
- Have your kids memorize your address and phone numbers. They should also know your full name and where you work.

KIDS: FIRE SAFETY

- If you or someone else is on fire remember to STOP, DROP and ROLL. Wrap a blanket on the person to help put out the fire.
- If there is a fire, leave the house as fast as you can! Crawl on the floor to avoid smoke and if the door is hot, don't open it find another way out.
- Learn all the fire exits in your house. Assign a safe place outside for everyone to meet in case of a fire emergency.

HOME ALONE

- Never tell anyone that you are home alone.
- If someone calls and ask for your mom and dad, tell them "They cannot come to the phone right now, can you please call back later?"
- Do not answer the door, unless it is someone that you know your parents have okay'd them to come over.

Emergency Numbers For Kids

KEEP A COPY OF THIS LIST NEAR EACH PHONE IN YOUR HOUSE

MY ADDRESS:
MY PHONE NUMBER:
MOM AT WORK:
MOM CELL PHONE:
DAD AT WORK:
DAD CELL PHONE:
NEIGHBOR:
EMERGENCY CONTACT:
POISON CONTROL: 1-800-222-1222
EMERGENCY DIAL
911

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